

ACTIVITY HISTORY QUESTIONNAIRE

1. In **THE LAST SIX WEEKS**, how many weeks and how many hours per week (on average) did you participate in PE class?
 _____ hours per week _____ number of weeks
2. In **THE LAST SIX WEEKS**, did you participate in any sports (**NOT including PE class**)? Yes No
 If **yes**, please estimate the average number of hours per week you participated in each sport:

SPORT	HOURS PER WEEK	NUMBER OF WEEKS		SPORT	HOURS PER WEEK	NUMBER OF WEEKS
Aerobics				Floor hockey		
Alpine skiing				Football		
Badminton				Golf		
Baseball				Gymnastics		
Basketball				Hiking/ Scrambling		
Boxing (incl. kick)				Hockey		
Cross-country skiing				Horse riding		
Cycling (road or mtn)				Lacrosse		
Dance				Martial arts		
Dirt biking				Rock climbing		
Diving				Rollerblading		
Field hockey				Rugby		
Figure skating				Running		
Other (please describe): _____				Other (please describe): _____		