

Online supplementary file 3

World Health Organization Trial Registration Data Set

Data category	Information
Primary registry and trial identifying number	CinicalTrials.gov: NCT02558647
Date of registration in primary registry	September 24, 2015
Secondary identifying numbers	Regional Committees for Medical and Health Research Ethics in South East Norway (2015/134).
Source(s) of monetary or material support	The Norwegian Research Council, grant number 239985; and the Liaison Committee for education, research and innovation in Central Norway, grant number 90061500.
Primary sponsor	Norwegian Institute of Public Health
Secondary sponsor(s)	None
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Contact for scientific queries	HK (havard.kallestad@ntnu.no), ØV (oystein.vedaa@ntnu.no) , BS (Borge.Sivertsen@fhi.no)
Public title	Population-based treatment of insomnia via the internet
Scientific title	A large-scale randomized controlled trial of online cognitive behavior therapy for insomnia compared with online patient education about sleep.
Countries of recruitment	Norway
Health condition(s) or problem(s) studied	Insomnia
Intervention(s)	Active treatment: Online Cognitive Behavior Therapy for Insomnia (Sleep Healthy Using The internet, SHUTi). Comparator: Online patient education about sleep
Key inclusion and exclusion criteria	Inclusion: Age \geq 18 years old. Score on the Insomnia Severity Index \geq 12 Exclusion criteria: Individuals scoring >10 on the Epworth Sleepiness Scale (ESS), and/or answering that they usually or every day snore and stop breathing and have difficulties staying awake during the day (i.e., they positively endorse pre-selected indicators of sleep apnoea); self-report of the presence of any medical conditions where a fully automated CBT-I may be contra-indicated (e.g. epilepsy, bipolar disorder, schizophrenia or psychotic disorders, and recent heart surgery); and/or participating in shift work.
Study type	Interventional Allocation: Randomized intervention model. Parallel assignment model: Blind (subject) Primary purpose: Treatment
Date of first enrolment	February 2016
Target sample size	1500
Recruitment status	Recruiting
Primary outcome(s)	The Insomnia Severity Index
Key secondary outcomes	Sleep Diaries, Diurnal preference, Mental health, Physical health, Sick leave, Medication use, Health resource use.