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Complete List of Authors:	Liu, He; Hebei Medical University, Office of Academic Affairs Li, Ying; Harbin Medical University, Department of Health Policy and Hospital Management Zhao, Siqi; Hebei Medical University, Department of Nursing Psychology and Humanities Jiao, Mingli; Harbin Medical University, Health policy; Chinese Academy of Social Science, Institute of Quantitative &Technical Economics Lu, Yan; Jiamusi University, School of Public Health Liu, Jinghua; QiQihar Medical University, Department of Health Policy and Hospital Management, School of Public Health Fang, Huiying; Harbin Medical University, Department of Health, Policy and Hospital Management, School of Public Health Sun, Peihang; Harbin Medical University, Department of Health, Policy and Hospital Management, School of Public Health Li, Peng; Harbin Medical University, Department of Health Policy and Hospital Management, School of Public Health Wang, Yameng; Harbin Medical University, Department of Health Policy and Hospital Management Jia, Haonan; Harbin Medical University, Department of Health Policy and Hospital Management Jia, Haonan; Harbin Medical University, Department of Health Policy and Hospital Management, School of Public Health Wu, Yuming; Hebei Medical University, Department of Physiology, School of basic medicine Liu, Limin; The 2nd Affiliated Hospital of Harbin Medical University, Medical record room Zhao, Yanming; The 2nd Affiliated Hospital of Harbin Medical University, CT room Wu, Qunhong; Harbin Medical University, Department of Social Medicine, School of Public Health
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Perceptions of patient safety cultures among medical students: A cross-sectional investigation in Heilongjiang Province, China

He Liu^{1†}, Ying Li^{2†}, Siqi Zhao³, Mingli Jiao^{2,4*}, Yan Lu⁵, Jinghua Liu⁶, Kexin Jiang², Huiying Fang², Peihang Sun², Peng Li², Yameng Wang², Haonan Jia², Yuming Wu^{7*}, Limin Liu⁸, Yanming Zhao⁹, Qunhong Wu^{10*}

- Office of Academic Affairs, Hebei Medical University, 361Zhongshan East Road, Chang'an Di strict, Shijiazhuang 050017, China; E-Mail: 771773207@qq.com (H.L.)
- Department of Health Policy and Hospital Management, School of Public Health, Harbin Medical University, 157 Baojian Road, Nangang District, Harbin 150081, China; E-Mails:1690342267@qq.com(Y.L.);576732775@qq.com(S.Z.); jiangkexin1994@163.com(K.J.); 565453428@qq.com(H.F.);745450570@qq.com (P.S.); 18845146293@163.com(P.L.); 984453904@qq.com(Y.W.); 495150755@163.com(H.J.)
- Department of Nursing Psychology and Humanities, Hebei Medical University, Donggang Road 48, Yuhua District, Shijiazhuang 050017,China;E-Mail: siqizhao1992@foxmail.com(S.Z.)
- Institute of Quantitative & Technical Economics, Chinese Academy of Social Science,
 Jian guo men nei Road, Dongcheng District, Beijing 100000, China; E-Mail: minglijiao@ 126.com(M.J.)
- 5 School of Public Health, Jiamusi University, Jiamusi 154007, China; E-Mail: yanlulyan@163.com(Y.L.)
- 6 School of Public Health, QiQihar Medical University, QiQihar 161006, China; E-Mail: liujinghuajhl@126.com(J.L.)
- 7 Department of physiology, School of basic medicine, Hebei Medical University, 361 Zhongshan Road, Changan District, Shijiazhuang 050017, China; E-Mail: wuyanmingymw@126.com (Y.W.)
- Medical record room, The 2nd Affiliated Hospital of Harbin Medical University, Harbin 150081, China; E-Mail: liuliminlml@126.com (L.L.)
- 9 CT room,The 2nd Affiliated Hospital of Harbin Medical University,Harbin 150081, China;E-Mail: yanmingzhaozym@163.com (Y.Z.)
- Department of Social Medicine, School of Public Health, Harbin Medical University, 157
 Baojian Road, Nangang District, Harbin 150081, China;
 E-Mails:wuqunhong12345@163.com(Q.W.)

†These authors contributed equally to this work.

*Correspondence : minglijiao@126.com; <u>wuqunhong12345@163.com</u>; wuyanmingymw@126.com

Abstract

Objectives: Medical school education plays an important role in promoting patient safety. The present study investigated medical students' perspectives regarding a general patient safety culture, identifying students' educational needs across different institutions and cohorts. The ultimate goal of this assessment was to reveal evidence regarding how to promote patient safety in medical school curricula.

Method: A cross-sectional study was conducted within each of the four medical universities in Heilongjiang province. First through fifth-year medical students completed an anonymous questionnaire—the Attitudes toward Patient Safety Questionnaire III (APSQ-III). Differences in responses across the four universities and cohorts were analyzed.

Results: Overall perceptions of patient safety cultures across the four medical universities were positive. The highest positive response rate was for, "I have a good understanding of patient safety issues as a result of my undergraduate medical training" (range: 58.4%–99.8%), while the lowest positive response rate was for, "medical errors are a sign of incompetence" (14.7%–47.9%).

Younger cohorts had a better awareness of working hours and teamwork. However, fourth and fifth-year students had a better awareness of error inevitability. The lowest positive scores between cohorts included items related to "professional incompetence as an error cause" and "disclosure responsibility."

Conclusions: Perceptions of a patient safety culture among students from various medical schools were positive, suggesting a willingness to learn about this important issue. Policy makers should place a greater focus on varied educational needs across schools and cohorts in order to establish proper curricula.

Keywords: hidden curriculum, medical student, patient safety culture

Strengths and limitations of this study

- 1. Medical student opinions/evaluations regarding patient safety cultures are rather positive.
- Positive perceptions of the patient safety culture tended to decrease from younger to older cohorts.
- The APSQ-III is a new instrument that has yet to be subjected to re-testing for reliability and predictive validity.

1. Introduction

 Hippocrates, who is considered the "father of medicine," proposed the "Hippocratic Oath." This proclamation is made by tens of thousands of medical students worldwide in order to promote a rigorous and enthusiastic attitude toward medial education. Here, the maintenance and promotion of human safety is of utmost importance.

However, as noted a decade ago by the Institute of Medicine (IOM), accountability for patient safety requires a multilayered approach—one that addresses system errors as well as human ones—to help prevent medical errors [1-3]. Advancements in patient safety require a fundamental culture change in healthcare. Reducing harm through an improved safety culture is a global priority [2]. Policy makers, payers, and groups (such as the Agency for Healthcare, Research, and Quality (AHRQ), National Patient Safety Agency, and World Health Organization) have resulted in numerous safety initiatives at the national and institutional level [4]. However, most measures have targeted doctors, managers, and other health care professionals. Less attention has been paid to medical students, the next generation of medical scientists [5].

The clinical practice stage is key for acquiring practical skills among medical students, at which point the student begins to shift roles from "student" to "doctor." To protect the legitimate rights of teachers and medical students and the interests of patients, and to ensure the quality of medical education, the National Health and Family Planning Commission and the Ministry of Education of the People's Republic of China develop a clear regulatory requirements for medical students and medical graduates in clinical trial practice. They point out that the clinical teacher bear the corresponding legal responsibility, if the medical disputes due to the clinical teacher incorrectly guidance. In case the medical students conducting clinical treatment activities without the permission from clinical teacher, individuals will bear the corresponding legal responsibility.

There is now a growing awareness that students are influenced not only by what is taught in a formal curriculum but also by unspoken, powerful messages conveyed through interactions with superiors and educators during students' clinical practice [6-8]. For example, although students are taught before interacting with patients to wash their hands, it is not until they witness doctors engaging in this behavior within a clinical setting that this requirement is truly understood.

One of the medical teachers from Harbin Medical University said that the main purpose of clinical practice is to form proper of "clinical thinking." This lays a solid foundation for the student's

 future work. My teachers not only provided us with knowledge but exemplars of a proper work ethic and style. Thus, I am attempting to pass on these characteristics onto students.

Thus, medical school curricula need to be strengthened to help comprehensively advocate safety training. Work within this "hidden curriculum" can deal with students who may deliver or be taught messages that oppose content from the formal curriculum, professional values, and even practices for safe patient care. During pressure situations, such as those experienced during emergencies, doctors can be challenged with making proper decisions in a timely fashion, which could be an enormous threat to patient safety [9].

Therefore, the nation's medical schools, teaching hospitals, and health systems recognize that achieving greater patient safety requires more than a brief course in an already crowded medical school curriculum. There is a need for a fundamental culture change across all phases of medical education. [10].

Some scholars have addressed issues related to improved patient safety. For instance, we previously observed that open communication, non-punitive responses to errors, and professionalism are key areas of concern regarding medical students' perceptions of the patient safety culture [11]. Leung investigated perspectives of the patient safety culture among medical students in Hong Kong and Singapore and compared students' educational needs. However only a single cohort was surveyed; they did not consider differences in educational need across cohorts [12].

Patient safety education in areas with low medical standards and high medical risks, as is the case within developing countries like China, are just getting started [13]. There are a few reports exploring safety education content and teaching methods in China [14]. However, patient safety education has not been fully implemented within curricula and clinical practice. Lack of knowledge regarding patient safety remains a common reason for medical errors [15]. The first important question, then, is to determine what knowledge medical students are specifically lacking. Additionally, information is needed regarding cognitive components of students' perceptions of the patient safety culture. Finally, we need to assess students' explicit educational needs and what should be focused upon within a patient safety curriculum. Understanding these various components are the first steps in providing patient safety education.

Low levels of hospital management, limited personal technology, and other issues are prevalent in

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developing countries. Thus, patient safety problems tend to be more serious than what is observed in developed countries [16]. Addressing safety education for medical students in developing countries is particularly urgent. The WHO Director General, Margaret Chan, highlighted patient safety as a key task going forward [17]. This led to the publication of a Chinese version of the "WHO Patient Safety Course Guide" in July 2012 in support of a resolution from the Ministry of Health (National Health and Family Planning Commission of the People's Republic of China). Heilongjiang province, as the healthcare center of Northeast China, has the largest area and availability of health resources. Harbin Medical University has the best educational reputation level with the most stringent entrance requirements. Qiqihar Medical University, Mudanjiang Medical University, and the Medical College of Jiamusi University are also prominent (along with their three-level hospitals) in Heilongjiang province. The China Health Statistics Yearbook (2014) revealed that there are 21,158 medical and health institutions in the Heilongjiang region, with medical services covering about 3.813 thousand people from the local population [15]. This is equivalent to three times the population of Beijing and half of the UK population. Understanding the baseline patient safety culture, and identifying important and urgent educational needs, is critical for the effective design and successful implementation of education programs at Heilongjiang's medical institutions [15]. Thus, the present paper evaluated the patient safety culture from students' perceptions. This was done to explore factors critical to transforming patient safety perspectives and address students' educational needs.

2. Methods

2.1 Sampling and Data collection

We conducted a cross-sectional survey within the four, aforementioned medical universities in Heilongjiang province. This was done to determine undergraduate students' perceptions of their patient safety culture and educational needs. All medical universities in the province were assessed. None of the students had received any prior formal teaching on patient safety, enabling the assessment of any baseline safety culture among these students. Cooperation was obtained from managers in the student offices. We randomly selected 726 (response rate: 90.8%) students from Harbin Medical University, 631 (78.9) students from QiQihar Medical University, 459 (57.4) students from Mudanjiang Medical University, and 682 (85.3) students from the Medical College of Jiamusi University. First through fifth-year students were sampled. With this procedure, we obtained 2,498 valid questionnaires (total response rate: 78.1%).

2.2 Questionnaire

The survey instrument used was the Attitudes toward Patient Safety Questionnaire III (APSQ-III)[12,18-21], specifically designed for students and covered nine key factors of patient safety culture. The APSQ-III assesses students on various factors regarding a patient safety culture, rather than examining differences in their actual education. Therefore, this measure can more accurately reflect realistic educational needs [12].

The questionnaire consists of 26 items covering nine key patient safety factors:

- (a) patient safety training received (items 1–3);
- (b) error reporting confience (items 4–6);
- (c) working hours as an error cause (items 7–9);
- (d) error inevitability (items 10–12);
- (e) professional incompetence as an error cause (items 13–16);
- (f) disclosure responsibility (items 17–19);
- (g) team functioning (items 20 and 21);
- (h) patient involvement in reducing error (items 22 and 23);
- and (i) importance of patient safety in the curriculum (items 24–26).

2.3 Data analyses

Responses were recorded on a five-point Likert scale, with 5 = strongly agree and 1 = strongly

2.4 Ethics approval

The study protocol was reviewed and approved by the Research Ethics Committee of Harbin Medical University. Before the survey, approval was also obtained from each school. All participants voluntarily and anonymously participated and provided their written informed consent.

3. Results

Of the Year 1-5 students who responded to the demographic questions, 1,055 (42.4%) were male, and 1,435 (57.4%) were female. Response rates varied between cohorts (from first to fifth-years): 399 (16%); 483 (19.3%); 587 (23.5%); 746 (29.9%); 283 (11.3%).

Table 2 summarizes safety culture perceptions, by survey domain, for the combined group and the four subgroups. The overall highest scores were for, "patient safety training received," "patient involvement in reducing errors," "I have a good understanding of patient safety issues as a result of my undergraduate medical training," and "patients have an important role in preventing medical errors." The lowest average domain scores were for, "professional incompetence as an error cause," "disclosure responsibility," "medical errors are a sign of incompetence," and "it is not necessary to report errors, which do not result in adverse outcomes for the patient."

Specific to each medical institution, the highest level of positive safety perceptions was from Mudanjiang Medical College, with the highest score for the "patient safety training received" domain. Jiamusi Medical College was second with their highest domain score for "working hours as an error cause." Qiqihar Medical University reported their highest score for "patient involvement in reducing errors." The lowest score among these three institutions was for "professional incompetence as an error cause." The lowest positive patient safety perceptions came from Harbin Medical University, with their highest domain score for "patient safety training received," and their lowest score for "error reporting confidence." There was a statistically significant difference between schools on responses to all nine key patient safety factors.

Table 3 summarizes safety culture perceptions based on survey domain for the combined group and for the five subgroups. The table displays results sorted by safety domain score. Perceptions of patient safety culture varied based on cohort. All five cohorts had a positive perception of "patient safety training received" and "patient involvement in reducing errors." Moreover, first and second-year students' perceptions of "working hours as an error cause" were high. Third-year students had a better awareness of "team functioning." In addition to the aforementioned domains, fourth and fifth-year students also had a deep understanding of "error inevitability." The lowest scores were in the "professional incompetence as an error cause" and "importance of patient safety in the curriculum" domains for all cohorts. There was a statistically significant difference between cohorts on responses to all items.

4. Discussions

 Since patient safety is a top health care priority, all medical undergraduates should have the necessary capacity to ensure minimal patient harm as they embark on their future career. Education and training are key to achieving this goal. New patient safety curricula across various medical colleges will need to adjust their teaching methods according to students' focal needs. As medical students are an integral part of our future health care systems, their experiences during school (and their perceptions of the patient safety culture) have an important influence on their attitudes toward patient safety and their behaviors within this domain [22]. Screening perceptions in key areas regarding patient safety is an opportunity to improve clinical acumen and future medical education. The present findings provide explicit medical student perspectives relevant to critical clinical services. Such information can be utilized by medical directors and clinical service supervisors for real-time assessment while promoting a safety culture. The APSQ-III has a stable factor structure and criterion validity; it can also distinguish between different student subgroups [12]. We conducted the present study to demonstrate how the APSQ-III can identify differences between different cohorts across several medical universities in Northeastern China.

Overall, our study highlights that medical student opinions/evaluations regarding patient safety cultures are rather positive [23]. It was interesting to observe that although none of our participants had received any formal teaching on the subject, students from all four universities were more likely to report good training on the subject (84.9%). This is the same with a previous study from Gilberto Ka Kit Leung in HongKong[12]. The good training evaluation on the subject in our study may be due to a common psychological phenomenon of escape responsibility of student in China and a misunderstanding of what should be taught and the difference with mass media teaching. Many of them do not want to face the errors or defects, suggesting that we are likely to exist professionalism within the organization. Students who experience professional behavior may be unwilling to report things they believe are wrong in order to avoid poor evaluations and to fit in with their teams[4]. We may should be more vigilant to prevent the students to misunderstood of the patient safety education course for fear of exposing deficiencies.

A few study limitations should be noted. First, despite good criterion validity, the APSQ-III is a new instrument that has yet to be subjected to re-testing for reliability and predictive validity.

 Nevertheless, the APSQ-III was first used to compare patient safety cultures in different schools and cohorts within Mainland China. While the present sample was taken from only one region in China, we covered all of the medical colleges within a rather large province. Thus, the present study represents an important first step toward patient safety education in China. We believe that educators can help create a sense of hidden patient safety curricula by building on our findings. Schools could use percent positive scores to determine where to prioritize improvement efforts[4]. Compared with results from Leung, their three highest scores were for "working hours as an error cause," "error inevitability," and "importance of patient safety in the curriculum." "Patient involvement in reducing error" and "team functioning" received the lowest overall scores in that previous study [12]. In the present study, "patient involvement in reducing errors" and "patient safety training received" were the most positively endorsed domains, while "professional incompetence as an error cause" and "disclosure responsibility" were strong barriers to positive student patient safety perceptions.

Our study found that responses to the "professional incompetence as an error cause" domain were negative, especially for the following items: "medical errors are a sign of incompetence" (32.5%), "medical students generally consider errors as inevitable" (74.9), and "even the most experienced and competent doctors make errors" (84.3%); however, the students lack a proper understanding regarding the reasons for errors. Our results are similar to a study in the US by Moskowitz et al., which revealed that students are uncertain as to what defines an error and what leads to a medical error [19].

Medical students generally agreed that medical errors are human-caused and that medical errors are a sign of incompetence (32.5%). This shows that the present sample of medical students lack awareness regarding systematic errors. Long working hours and medical staff incompetence were noted by several students as important reasons for errors. This may indicate that the students are placing an emphasis on human factors resulting in errors. This is in line with findings from a previous study involving Hong Kong students in which a majority of students reported that "if they work hard, they can eliminate errors" as an effective strategy for preventing future errors [25]. These findings could suggest a need for emphasizing the potential roles of other factors (e.g. system errors and procedural complexity) during the occurrence of medical errors.

Several students reported positive evaluations of their error reporting confidence but a punitive

 evaluation surrounding their responsibility in reporting (i.e., what and how to report when witnessing a problem with patient care). Medical students' high confidence in reporting medical errors (74.9%) is similar with results from a Turkish study conducted by Karaoglu et al. They found that 60.7% (n = 147) of students stated that they would report an error to the hospital committee if they, themselves, made a medical error. Furthermore, 68.6% (n = 166) of the students stated that they would report a medical error they witnessed [26-27].

In Flin et al.'s study, the majority of students stated they would speak up about an error. However, this result was a bit confusing, since students also endorsed the item, "it is not necessary to report errors that do not result in adverse outcomes for the patient" (60.8%). More than 50% of students from the Medical College at Jiamusi University agreed with this statement, as well. All members of the medical team, including medical students, should be able to recognize unsafe conditions, report errors, and improve error disclosure if not sufficiently conducted. This persistent cultural change should contribute to the eradication of errors and reduce patient safety concerns [28-31]. Several students agreed with the following statements: "my training is preparing me to understand the causes of medical errors" (84.8%) and "I have a good understanding of patient safety issues as a result of my undergraduate medical training" (85.2%). This illustrates that medical students have high expectations regarding patient safety education, which is in line with a study from Madigosky et al. This US-based study revealed that an awareness of patient safety and medical errors can be increased and sustained through the use of an experiential curriculum, which students rated as a valuable experience [32-33].

Insights can also be gained from the similarities observed between the four medical schools. The descending order of positive perceptions regarding patient safety cultures from the four universities are as follows: Mudanjiang Medical University, the Medical College of Jiamusi University, Qiqihar Medical University, and Harbin Medical University. There was no evidence of different reporting practices between the four medical schools. Yet, differences in local patient safety cultures, as well as differences in students' social and cultural backgrounds, may be significant contributing factors[29]. However, the present study design did not enable an exploration of these factors. We could only determine aspects of a future teaching focus. Mudanjiang Medical University, the Medical College of Jiamusi University, and Qiqihar Medical University would likely target education toward the classification, and underlying mechanisms, of

medical errors. Harbin Medical University might target confidence in error reporting as an area for improvement.

Our results also revealed that positive perceptions of the patient safety culture tended to decrease from younger to older cohorts. The first-year students held the highest perceptions, while the third-year students are the focus of concern. Results revealed a shift in this cohort, which may be due to third-year students entering into clinical practice. Thus, this stage could be a proper target for intervention in terms of improving future practice and behaviors among clinicians [32-33].

Our results are counter to those from other countries. For example, Flin et al.'s study in the UK found that the majority first year students reported "medium low" or "average" levels of knowledge regarding errors and patient safety issues [34-38].

In conclusion, our study builds on prior research assessing student experiences with the impact of "hidden curricula" on patient safety in China. Our results further suggest that medical students' perceptions regarding patient safety cultures can provide a tool for guiding medical education. Institutions should have an increased emphasis on issues related to the reasons behind medical errors and error reporting. Shifts in patient safety cultures should be based on situations affecting different schools and cohorts, especially among third-year medical students. Longitudinal studies using a validated instrument should also be conducted to better evaluate patient safety education programs and their relative impact on local healthcare development. Further studies should explore the culture of reporting errors and how students in nursing and healthcare profession programs address these errors.

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Author contributions statement:

Mingli Jiao, Qunhong Wu, Ying Li and He Liu. designed the study; Jinghua Liu, Limin Liu, Yanming Zhao, Kexin Jiang, Huiying Fang, Peihang Sun, Peng Li, Yameng Wang, Haonan Jia and Yan Lu collected the data; He Liu, Ying Li, and Yuming Wu analysed the data; He Liu, Ying Li, Mingli Jiao, Siqi Zhao drafted the manuscript; and Mingli Jiao contributed to the manuscript's revision. All authors approved the final manuscript for publication.

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Table 1. Participant demographic characteristics.

				No. (%) of 1	espondents			
	Ger	nder			Level			Overall
subgroups	M	F	First Year	Second Year	Third year	Fourth year	Fifth Year	
\mathbf{A}^\square	322 (44.4)	404 (55.6)	111 (15.3)	132 (18.2)	154 (21.2)	245 (33.7)	84 (11.6)	726 (29.1)
B^{\square}	261 (41.7)	366 (58.3)	186 (29.5)	146 (23.1)	117 (18.5)	100 (15.8)	82 (13)	631 (25.3)
\mathbf{C}^\square	167 (36.4)	292 (63.6)	36 (7.8)	115 (25.1)	110 (24)	131 (28.5)	67 (14.6)	459 (18.4)
D^{\square}	305 (45)	377 (55)	66 (9.7)	90 (13.2)	206 (30.2)	270 (39.6)	50 (7.3)	682 (27.3)
Total	1055 (42.4)	1435 (57.4)	399 (16)	483 (19.3)	587 (23.5)	746 (29.9)	283 (11.3)	2498
	nJiang Medica al College of J	iamusi Universit	y.					

[□]A = Harbin Medical University.

B = Qiqihar Medical University.

C = MuDanJiang Medical University.

D = Medical College of Jiamusi University.

Table 2. Items from the APSQ-III that demonstrated significant differences between the four medical universities.

medical universities.		Positi	ve respoi	ıses (%)		
Domain		Positive responses (%) Between schools				
	Overall		B*	C*		
Patient safety training received	84.9	57.3	90	99.4	98.5	
My training is preparing me to understand the causes of medical errors.	84.8	56.6	89.7	99	99	
I have a good understanding of patient safety issues as a result of my	85.2	58.4	90.2	99.8	97	
undergraduate medical training.						
3. My training is preparing me to prevent medical errors.	84.7	56.8	90.1	99.3	99.4	
error reporting confidence	74.9	53.1	75.8	85.6	88.1	
4. I would feel comfortable reporting any errors I had made, no matter how serious	71.6	52.9	68.5	80.5	85.7	
the outcome had been for the patient.						
5. I would feel comfortable reporting any errors other people had made, no matter	76.7	53.4	79.8	88.1	89.5	
how serious the outcome had been for the patient.						
6. I am confident I can talk openly to my supervisor about an error I had made, even	76.5	53.1	79	88.1	89.2	
if it resulted in potential or actual harm to my patient.						
working hours as an error cause	83.4	56.2	88.2	98	98.7	
7. Shorter shifts for doctors will reduce medical errors.	81.7	53.9	85.9	97.1	97.3	
8. By not taking regular breaks during shifts, doctors are at an increased risk of	84.7	57.8	89.8	98.9	99.5	
making errors.						
9. The number of hours doctors work increases the likelihood of making medical	83.8	56.8	89	97.9	99.4	
errors.						
error inevitability	74.9	55.2	80.9	87.1	82.2	
10. Even the most experienced and competent doctors make errors.	84.3	56.7	89.4	99.8	98.7	
11. A true professional does not make mistakes or errors.	68.9	53	79.3	86.1	64.8	
12. Human error is inevitable.	71.6	56	73.9	75.4	83.2	
professional incompetence as an error cause	58.4	53.25	59.6	61	60	
13. Most medical errors result from careless nurses [†]	68.1	56.8	79	79.3	62.1	
14. If people paid more attention at work, medical errors would be avoided [†]	67.2	53.2	62.5	72.8	80.1	
15. Most medical errors result from careless doctors [†]	65.8	55.1	74.2	77.1	61.4	
16. Medical errors are a sign of incompetence [†]	32.5	47.9	22.7	14.7	36.5	
disclosure responsibility	69.4	55.1	72.6	78.4	74.8	
17. It is not necessary to report errors which do not result in adverse outcomes for	60.8	57.6	70.7	69.8	48.8	
the patient †						
18. Doctors have a responsibility to disclose errors to patients only if the errors	80.8	55	85.2	93.8	94.5	
result in patient harm.						
19. All medical errors should be reported.	66.7	52.6	61.9	71.6	81	
team functioning	76.9	55.7	77.5	87.6	91.8	
20. Better multidisciplinary teamwork will reduce medical errors.	69.2	54.9	64.5	75.4	84.5	

21. Teaching students teamwork skills will reduce medical errors.	84.7	56.6	90.5	99.8	99.1			
patient involvement in reducing errors	84.7	56.7	90.2	99.4	98.7			
22. Patients have an important role in preventing medical errors.	85.1	56.1	90.5	99.5	98.6			
23. Encouraging patients to be more involved in their care can help to reduce the	84.5	57.3	90	99.3	98.8			
risk of medical errors occurring.								
importance of patient safety in the curriculum	71.6	56.4	78.5	82.4	74.4			
24. Teaching students about patient safety should be an important priority in medical	84.1	55.9	89.5	99.1	98.6			
students' training.								
25. Patient safety issues cannot be taught; they can only be learned through clinical	46.6	55.8	55.4	50	25.3			
experience, which is gained when one is qualified.								
26. Learning about patient safety issues before I qualify will enable me to become a	85	57.5	90.7	99.3	99.4			
more effective doctor.								
Overall	678.8	498.9	713.3	778.9	767.2			
A = Harbin Medical University.								

[□]B = Qiqihar Medical University.

C = MuDanJiang Medical University.

D = Medical College of Jiamusi University.

[‡] Positive responses are those with "agree" or "strongly agree." The denominator for each question may vary because not every student responded to every question in the survey.

[†] Negatively worded item, where the percent positive response is based on those who responded, "strongly disagree" or "disagree."

Table 3. Items on the APSQ-III that demonstrated significant differences between the five cohorts.

		Positive responses (%) [†]									
S	-		Pati								
c h o o l s	Grades	Overall	ent safet y traini ng recei	Error reportin g confide nce	Workin g hours as an error cause	Error inevitabi lity	Professional incompetence as an error cause	Discl osure respo nsibili ty	Team functi oning	Patient involvement in reducing errors	Importance of patient safety in the curriculum
	first	632	78.6	73.4	79.7	71.9	56.6	66.4	73.9	80.8	50.7
	second	591.3	74.3	62.9	74.4	71.4	56	66.6	64	71.9	49.8
A	third	176.4	57.1	52.9	56.2	52.8	51.9	51.4	57.5	55.1	41.5
	fourth	391	43.1	40	40.5	45.4	51.1	48.7	42.7	42.8	37.6
	fifth	401	45.2	46.4	42.6	41.1	51.8	46.6	51.2	42.7	33.7
	first	751.2	99.4	84.7	95.8	86	61.5	78.2	84.1	98.9	62.6
	second	760.8	97.2	86.8	95	91.1	66.3	78.5	87	99.1	59.8
В	third	717.8	98	72.7	95.9	83.8	59.2	63.3	81.3	100	63.5
	fourth	745.1	98.9	86.5	97.3	84.4	60.9	77.5	78.8	97.3	63.5
	fifth	507	61.4	51.9	61.2	61.6	51.5	57.4	56.1	58.7	47.2
	first	771.6	99.1	90.3	96.1	91.9	62	84.1	86.4	98.2	63.5
	second	761	99.6	90.3	98.3	84.2	63.6	81.2	81.1	99.5	63.2
C	third	757.6	100	83.4	97.9	87.1	60.7	78.2	91	100	59.3
	fourth	743.3	97	77.9	96.9	86.9	60	75.2	87.2	95.7	66.5
	fifth	744.4	99.7	79.9	99.4	85.2	58.5	70.9	92.6	100	58.2
	first	751.4	99.1	87.1	99.2	86	63.3	72.7	90.2	97.1	56.7
	second	752.2	98.5	88.7	99.2	83.2	61.3	77.5	91	98.2	54.6
D	third	745.4	97.1	87.2	97.2	82.9	59.9	74.8	89.3	99.2	57.8
	fourth	739.7	100	96.1	100	74.2	52.3	67	97.7	100	52.4
	fifth	738.3	100	78	100	79.3	41	74.9	100	100	65.1

A = Harbin Medical University.

[□]B = Qiqihar Medical University.

[□]C = MuDanJiang Medical University.

D = Medical College of Jiamusi University.

[†]Positive responses are those who responded, "agree" or "strongly agree." The denominator for each question may vary because not every student responded to every question in the survey.

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Complete List of Authors:	Liu, He; Hebei Medical University, Office of Academic Affairs Li, Ying; Harbin Medical University, Department of Health Policy and Hospital Management Zhao, Siqi; Hebei Medical University, Department of Nursing Psychology and Humanities Jiao, Mingli; Harbin Medical University, Health policy; Chinese Academy of Social Science, Institute of Quantitative &Technical Economics Lu, Yan; Jiamusi University, School of Public Health Liu, Jinghua; QiQihar Medical University Jiang, Kexin; Harbin Medical University, Department of Health Policy and Hospital Management, School of Public Health Fang, Huiying; Harbin Medical University, Department of Health, Policy and Hospital Management, School of Public Health Sun, Peihang; Harbin Medical University, Department of Health, Policy and Hospital Management, School of Public Health Li, Peng; Harbin Medical University, Department of Health Policy and Hospital Management, School of Public Health Wang, Yameng; Harbin Medical University, Department of Health Policy and Hospital Management Jia, Haonan; Harbin Medical University, Department of Health Policy and Hospital Management, School of Public Health Wu, Yuming; Hebei Medical University, Department of Physiology, School of basic medicine Liu, Limin; The 2nd Affiliated Hospital of Harbin Medical University, Medical record room Zhao, Yanming; The 2nd Affiliated Hospital of Harbin Medical University, CT room Wu, Qunhong; Harbin Medical University, Department of Social Medicine, School of Public Health
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Tot beet etien only **SCHOLARONE™** Manuscripts

- 1 Perceptions of patient safety culture among medical students: A cross-sectional
- 2 investigation in Heilongjiang Province, China
- 3 He Liu^{1†}, Ying Li^{2†}, Siqi Zhao³, Mingli Jiao^{2,4*}, Yan Lu⁵, Jinghua Liu⁶, Kexin Jiang², Huiying
- 4 Fang², Peihang Sun², Peng Li², Yameng Wang², Haonan Jia², Yuming Wu^{7*}, Limin Liu⁸,
- 5 Yanming Zhao⁹, Qunhong Wu^{10*}

- Office of Academic Affairs, Hebei Medical University, 361 Zhongshan East Road, Chang'an Di
 strict, Shijiazhuang 050017, China; E-Mail: 771773207@qq.com (H.L.)
- 8 2 Department of Health Policy and Hospital Management, School of Public Health, Harbin
- 9 Medical University, 157 Baojian Road, Nangang District, Harbin 150081, China;
- 10 E-Mails:1690342267@qq.com(Y.L.);576732775@qq.com(S.Z.);
- 11 jiangkexin1994@163.com(K.J.); 565453428@qq.com(H.F.);745450570@qq.com (P.S.);
- 12 18845146293@163.com(P.L.); 984453904@qq.com(Y.W.); 495150755@163.com(H.J.)
- 13 Department of Psychology and Humanities Nursing, Hebei Medical University, Donggang
- Road 48, Yuhua District, Shijiazhuang 050017,China;E-Mail:
- siqizhao1992@foxmail.com(S.Z.)
- 16 4 Institute of Quantitative & Technical Economics, Chinese Academy of Social Science,
- 5 Jian guo men nei Road, Dongcheng District, Beijing 100000, China; E-Mail: minglijiao@
- 18 126.com(M.J.)
- 19 5 School of Public Health, Jiamusi University, Jiamusi 154007, China; E-Mail:
- 20 yanlulyan@163.com(Y.L.)
- 21 6 School of Public Health, QiQihar Medical University, QiQihar 161006, China; E-Mail:
- 22 liujinghuajhl@126.com(J.L.)
- 23 7 Department of physiology, School of basic medicine, Hebei Medical University, 361 Zhongshan
- Road, Changan District, Shijiazhuang 050017, China; E-Mail: wuyanmingymw@126.com
- 25 (Y.W.)
- 26 8 Medical record room, The 2nd Affiliated Hospital of Harbin Medical University,
- 27 Harbin 150081, China; E-Mail: liuliminlml@126.com (L.L.)
- 28 9 CT room, The 2nd Affiliated Hospital of Harbin Medical University, Harbin 150081,
- 29 China; E-Mail: yanmingzhaozym@163.com (Y.Z.)
- 30 10 Department of Social Medicine, School of Public Health, Harbin Medical University, 157
- 31 Baojian Road, Nangang District, Harbin 150081, China;
- E-Mails:wuqunhong12345@163.com(Q.W.)
- [†]These authors contributed equally to this work.
- 35 *Correspondence : minglijiao@126.com; wuqunhong12345@163.com;
- 36 wuyanmingymw@126.com

39 Abstract

- **Objectives:** Medical school education plays an important role in promoting patient
- safety. The present study aimed to assess medical students' perceptions of patient
- 42 safety culture, and also to identify the educational needs of these students and provide
- evidence on the most important content for a curriculum relating to patient safety.
- 44 Method: A cross-sectional study was conducted within each of the four medical
- 45 universities in Heilongjiang province. First through fifth-year medical students
- 46 completed an anonymous questionnaire—the Attitudes toward Patient Safety
- 47 Questionnaire III (APSQ-III). Differences in responses across the four universities
- and cohorts were analysed.
- 49 Results: Overall perceptions of patient safety cultures across the four medical
- 50 universities were positive. The highest positive response rate was for, 'I have a good
- understanding of patient safety issues as a result of my undergraduate medical
- training' (range: 58.4%–99.8%), while the lowest positive response rate was for,
- 'medical errors are a sign of incompetence' (14.7%–47.9%).
- 54 Younger cohorts had a better awareness of working hours and teamwork. However,
- fourth and fifth-year students had a better awareness of error inevitability. The lowest
- 56 positive scores between cohorts included items related to 'professional incompetence
- as an error cause' and 'disclosure responsibility'.
- 58 Conclusions: Perceptions of patient safety culture among students from various
- 59 medical schools were positive, suggesting a willingness to learn about this important
- 60 issue. Policy makers should place a greater focus on varied educational needs across
- schools and cohorts to establish proper curricula.
- **Keywords**: medical education, patient safety, medicine students

Strengths and limitations of this study

65 Strengths:

- This is the first use of the APSQ-III to compare patient safety in different schools
- and cohorts within a developing country (China)
- We covered almost all of the medical colleges within a rather large province

- This study provides the necessary evidence for educators to design future interventions and create a sense of focus on patient safety in medical education
- 71 Limitations:

- APSQ-III is a new instrument, the reliability and validity of which have not yet been retested
- Our study is limited by the potential for non-response bias. Students who responded to the survey may have been more likely than their peers to be interested in patient safety, which may have led to inflation of the attitude ratings

1. Introduction

- Hippocrates, who is considered the 'father of medicine', proposed the 'Hippocratic
- Oath'. This oath is taken by medical students worldwide to promote a rigorous and
- 80 enthusiastic attitude toward medial education. Hence, the maintenance and promotion
- of human safety is of utmost importance.
- However, as noted a decade ago by the Institute of Medicine (IOM), accountability
- for patient safety requires a multi-layered approach—one that addresses system errors
- as well as human ones—to help prevent medical errors [1-3]. Advancements in patient
- safety require a fundamental culture change in healthcare. Reducing harm through an
- 86 improved safety culture is a global priority [2]. Policy makers, payers, and groups
- 87 (such as the Agency for Healthcare, Research, and Quality (AHRQ), National Patient
- 88 Safety Agency, and World Health Organization) have resulted in numerous safety
- 89 initiatives at the national and institutional level [4]. However, most measures have
- 90 targeted doctors, managers, and other health care professionals. Less attention has
- been paid to medical students, the next generation of medical scientists [5].
- 92 The clinical practice stage is key for acquiring practical skills among medical students,
- 93 at which point the student begins to shift roles from 'student' to 'doctor'. To protect
- 94 the rights of teachers and medical students and the interests of patients, and to ensure
- 95 the quality of medical education, the National Health and Family Planning
- Commission and the Ministry of Education of the People's Republic of China develop
- 97 clear regulatory requirements for medical students and medical graduates in clinical
- trial practice. While clinical teachers bear legal responsibility for medical disputes due

to incorrect guidance, when medical students conduct clinical treatment activities without the permission of the clinical teacher, individuals bear the corresponding legal responsibility. There is now a growing awareness that students are influenced not only by what is taught in the formal curriculum, but also by unspoken, powerful messages conveyed through interactions with superiors and educators during students' clinical practice [6-8]. For example, although students are taught to wash their hands before interacting with patients, it is not until they witness doctors engaging in this behaviour within a clinical setting that this requirement is truly understood. One of the medical teachers from Harbin Medical University said that the main purpose of clinical practice is to form proper 'clinical thinking'. This lays a solid foundation for the student's future work. My teachers not only provided us with knowledge but exemplars of proper work ethic and style. Thus, I am attempting to pass on these characteristics to students. Medical school curricula need to be strengthened to comprehensively advocate safety training. Work within this 'hidden curriculum' can deal with students who may engage in or be taught practices that oppose content from the formal curriculum, professional values, and even safe patient care. During pressure situations, such as those experienced during emergencies, doctors can be challenged with making proper decisions in a timely fashion, which could be an enormous threat to patient safety [9]. Therefore, the nation's medical schools, teaching hospitals, and health systems recognize that achieving greater patient safety requires more than a brief course in an already crowded medical school curriculum. There is a need for a fundamental culture change across all phases of medical education. [10]. Some scholars have addressed issues related to improved patient safety. For instance, we previously observed that open communication, non-punitive responses to errors, and professionalism are key areas of concern regarding medical students' perceptions of the patient safety culture [11]. Leung investigated perspectives of the patient safety culture among medical students in Hong Kong and Singapore and compared students' educational needs. However, only a single cohort was surveyed; this study did not

consider differences in educational need across cohorts [12]. Patient safety education in areas with low medical standards and high medical risks, as is the case in developing countries like China, is in its infancy [13]. While a few reports have explored safety education content and teaching methods in China [14], patient safety education has not been fully implemented within curricula and clinical practice. Lack of knowledge regarding patient safety remains a common reason for medical errors [15]. The first important question, then, is to determine what knowledge medical students are specifically lacking. Additionally, information is needed regarding cognitive components of students' perceptions of patient safety culture. Finally, we need to assess students' explicit educational needs and what should be focused upon within a patient safety curriculum. Understanding these various components are the first steps in providing patient safety education. Low levels of hospital management, limited personal technology, and other issues are prevalent in developing countries. Thus, patient safety problems tend to be more serious than what is observed in developed countries [16]. Addressing safety education for medical students in developing countries is particularly urgent. The WHO Director General, Margaret Chan, highlighted patient safety as a key task going forward [17]. This led to the publication of a Chinese version of the 'WHO Patient Safety Course Guide' in July 2012 in support of a resolution from the Ministry of Health (National Health and Family Planning Commission of the People's Republic of China). Heilongjiang province, as the healthcare centre of Northeast China, has the largest area and availability of health resources, while Harbin Medical University has the best educational reputation with the most stringent entrance requirements. Qiqihar Medical University, Mudanjiang Medical University, and the Medical College of Jiamusi University are also prominent (along with their three-level hospitals) in Heilongjiang province. The China Health Statistics Yearbook (2014) revealed that there are 21,158 medical and health institutions in the Heilongjiang region, with medical services covering about 3,813 thousand people from the local population [15]. This is equivalent to three times the population of Beijing and half of the UK population.

- Understanding the baseline patient safety culture, and identifying important and urgent educational needs, is critical for the effective design and successful implementation of education programs at Heilongjiang's medical institutions [15]. Thus, the present study evaluated patient safety culture from students' perspectives. This was done to explore factors critical to transforming patient safety perspectives
- and address students' educational needs.

2. Methods

2.1 Sampling and Data collection

We conducted a cross-sectional survey within the four, aforementioned medical universities in Heilongjiang province. Cooperation was obtained from managers in the student offices. Some schools offered courses in doctor-patient relations and evidence-based medicine, but there was no dedicated and systematic patient safety course. None of the students had received any prior formal teaching on patient safety, enabling a baseline assessment of safety culture among these students. We used systematic random sampling to select 800 medical students from a roster of all medical undergraduates at each school. We provided these students with detailed explanations of the objective of this investigation; some students expressed interest in participating in the survey, while others declined to participate. Students who were willing to participate in the investigation were given two days to complete the questionnaire anonymously; they were asked to then return it to a box provided in the counselor's office. Respondents' names and other identifiers were not collected. Using this procedure, we obtained 2489 valid questionnaires (total response rate: 78.1%). Of the students who participated, 726 (response rate: 90.8%) came from Harbin Medical University, 631 (78.9%) from Qiqihar Medical University, 459 (57.4%) from Mudanjiang Medical University, and 682 (85.3%) from the Medical College of Jiamusi University.

2.2 Questionnaire

- 186 The survey instrument used was the Attitudes toward Patient Safety Questionnaire III
- 187 (APSQ-III) [12,18-21], which was specifically designed for students and covers nine
- 188 key factors related to patient

- safety culture. The APSQ-III assesses various factors regarding patient safety culture,
- rather than examining differences in patient safety education. Therefore, this measure
- can more accurately reflect realistic educational needs [12].
- The questionnaire consists of 26 items covering nine key patient safety factors:
- 193 (a) patient safety training received (items 1–3);
- (b) error reporting confidence (items 4–6);
- (c) working hours as an error cause (items 7–9);
- 196 (d) error inevitability (items 10–12);
- (e) professional incompetence as an error cause (items 13–16);
- 198 (f) disclosure responsibility (items 17–19);
- (g) team functioning (items 20 and 21);
- 200 (h) patient involvement in reducing error (items 22 and 23);
- and (i) importance of patient safety in the curriculum (items 24–26).
- **2.3 Data analyses**

- Responses were recorded on a five-point Likert scale, with 5 = strongly agree and 1 = 1
- strongly disagree. Responses were grouped into agree (i.e. 4 or 5) and disagree (i.e. 1
- or 2), and overall percentages were obtained [12]. The chi-square test was used to
- 206 compare the rate of positive responses between schools and cohort subgroups. We
- also excluded unanswered questions from the analyses. Level of significance was set
- 208 at p < 0.05.
- **2.4 Ethics approval**
- The study protocol was reviewed and approved by the Research Ethics Committee of
- Harbin Medical University. Before the survey, approval was also obtained from each
- school. All participants voluntarily and anonymously participated and provided their
- written informed consent.
- **3. Results**
- 215 Of the Year 1–5 students who responded to the demographic questions, 1,055 (42.4%)
- were male, and 1,435 (57.4%) were female. Response rates varied between cohorts
- 217 (from first to fifth-years): 399 (16%); 483 (19.3%); 587 (23.5%); 746 (29.9%); 283
- 218 (11.3%) (Table 1).

Table 2 summarizes safety culture perceptions, by survey domain, for the combined group and the four subgroups. The overall highest scores were for, 'patient safety training received', 'patient involvement in reducing errors', 'I have a good understanding of patient safety issues as a result of my undergraduate medical training', and 'patients have an important role in preventing medical errors'. The lowest average domain scores were for, 'professional incompetence as an error cause', 'disclosure responsibility', 'medical errors are a sign of incompetence', and 'it is not necessary to report errors, which do not result in adverse outcomes for the patient'. Specific to each medical institution, the highest level of positive safety perceptions was from Mudanjiang Medical College, with the highest score for the 'patient safety training received' domain. Jiamusi Medical College was second with their highest domain score for 'working hours as an error cause'. Qiqihar Medical University reported their highest score for 'patient involvement in reducing errors'. The lowest score among these three institutions was for 'professional incompetence as an error cause'. The lowest positive patient safety perceptions came from Harbin Medical University, with their highest domain score for 'patient safety training received', and their lowest score for 'error reporting confidence'. There was a statistically significant difference between schools on responses to all nine key patient safety factors. Table 3 summarizes safety culture perceptions based on survey domains for the combined group and for the five subgroups. The table displays results sorted by safety domain score. Perceptions of patient safety culture varied based on cohort. All five cohorts had a positive perception of 'patient safety training received' and 'patient involvement in reducing errors'. Moreover, first and second-year students' perceptions of 'working hours as an error cause' were high. Third-year students had a better awareness of 'team functioning'. In addition to the aforementioned domains, fourth and fifth-year students also had a deep understanding of 'error inevitability'. The lowest scores were in the 'professional incompetence as an error cause' and 'importance of patient safety in the curriculum' domains for all cohorts. There was a significant difference (p < 0.05) between cohorts on responses to the factors 'patient safety training received', 'error reporting confidence', 'working hours as an error cause', 'error inevitability', 'team functioning', 'patient involvement in reducing errors', and 'importance of patient safety in the curriculum'.

4. Discussion

As patient safety is a top health care priority, all medical undergraduates should have the necessary capacity to ensure minimal patient harm as they embark on their future career. Education and training are key to achieving this goal [4]. As medical students are an integral part of our future health care systems, their experiences during school (and their perceptions of patient safety culture) have an important influence on their attitudes toward patient safety and their behaviours within this domain [22]. Screening perceptions in key areas regarding patient safety is an opportunity to improve clinical acumen and future medical education. The present findings provide explicit medical student perspectives relevant to critical clinical services. Such information can be utilized by medical directors and clinical service supervisors for real-time assessment while promoting a safety culture. The APSQ-III has a stable factor structure and criterion validity; it can also distinguish between different student subgroups [12]. We conducted the present study to demonstrate how the APSQ-III can identify differences between different cohorts across several medical universities in Northeast China. Overall, our study highlights that medical student opinions/evaluations regarding patient safety cultures are positive [23]. Interestingly, although none of our participants had received any formal teaching on the subject, students from all four universities were more likely to report having been trained well in the subject (84.9%). This finding is similar to that of a previous study by Gilberto Ka Kit Leung in Hong Kong [12], and may be due to a common psychological phenomenon of escaping responsibility among students in China, which refers to the notion that students in this culture are struggling to cope with and protect themselves in an intensely hierarchical environment. This means that not only are they afraid to tell the truth, but they also fear the effects of doing so on teachers' evaluations of them. Many students do not want to acknowledge errors or defects, and may be unwilling to report problems to avoid poor evaluations or to fit in with their teams [4]. Thus, we may need to be more vigilant to prevent this fear of exposing deficiencies.

Compared with results from Leung, their three highest scores were for 'working hours as an error cause', 'error inevitability', and 'importance of patient safety in the curriculum'. 'Patient involvement in reducing error' and 'team functioning' received the lowest overall scores in that previous study [12]. In the present study, 'patient involvement in reducing errors' and 'patient safety training received' were the most positively endorsed domains, while 'professional incompetence as an error cause' and 'disclosure responsibility' were strong barriers to positive student patient safety perceptions. In contrast with students in Hong Kong, mainland students responded positively to items relating to 'patient involvement in reducing errors'. A possible reason for this is that patients in Hong Kong must follow the arrangements made by public medical institutions with regard to waiting lists, hospitalisation, and surgery, in accordance with the process established for their illness. They can't choose their doctors for themselves, but are generally trusting of doctors and hospitals. In mainland China, however, the patient's understanding of their diagnosis and treatment has been continuously improving, and the traditional medical model has gradually been replaced by active patient participation [24]. The process of medical decision-making is undertaken by the doctor and patient together, and the patient has the right to choose their doctor independently. In addition, medical staff often encourage patients and their families to participate in procedures relating to diagnosis and treatment [25]. This may include encouraging patients or family members to participate in examining the label on an infusion bottle for the name of the drug, reading drug information, and so on. Furthermore, previous work has shown that patient participation can reduce the occurrence of medical errors [26]. Therefore, Chinese medical students have positive attitudes on the item. Our study found that responses to the 'professional incompetence as an error cause' domain were negative, especially for the following items: 'medical errors are a sign of incompetence' (32.5%), 'medical students generally consider errors as inevitable' (74.9%), and 'even the most experienced and competent doctors make errors' (84.3%); however, the students lack a proper understanding regarding the reasons for errors. Our results are similar to those of Moskowitz et al., who found that students in the US

were uncertain what defined an error and what led to medical errors [19]. Medical students generally agreed that medical errors are caused by humans and a sign of incompetence (32.5%). This shows that the present sample of medical students lacked awareness regarding systematic errors. Long working hours and medical staff incompetence were noted by several students as important reasons for errors. This may indicate that the students were placing an emphasis on human factors resulting in errors. This is in line with findings from a previous study involving Hong Kong students in which a majority of students reported that 'if they work hard, they can eliminate errors' was an effective strategy for preventing future errors [27]. These findings could suggest a need for emphasizing the potential role of other factors (e.g. system errors and procedural complexity) during the occurrence of medical errors. Several students reported positive evaluations of their error reporting confidence, but a punitive evaluation surrounding their responsibility in reporting (i.e. what and how to report when witnessing a problem with patient care). Medical students' high confidence in reporting medical errors (74.9%) is similar to the results of a Turkish study conducted by Karaoglu et al [28-29]. They found that 60.7% (n = 147) of students stated that they would report an error to the hospital committee if they, themselves, made a medical error. Furthermore, 68.6% (n = 166) of the students stated that they would report a medical error they witnessed. In Flin et al.'s study, the majority of students stated they would speak up about an error. However, this result was a bit confusing, since students also endorsed the item, 'it is not necessary to report errors that do not result in adverse outcomes for the patient' (60.8%)[30]. More than 50% of students from the Medical College at Jiamusi University agreed with this statement, as well. All members of the medical team, including medical students, should be able to recognize unsafe conditions, report errors, and improve error disclosure if not sufficiently conducted. This persistent cultural change should contribute to the eradication of errors and reduce patient safety concerns [31-33]. Several students agreed with the following statements: 'my training is preparing me to understand the causes of medical errors' (84.8%) and 'I have a good understanding of

patient safety issues as a result of my undergraduate medical training' (85.2%). This illustrates that medical students have high expectations regarding patient safety education, which is in line with the findings of Madigosky et al [34]. This US-based study revealed that awareness of patient safety and medical errors can be increased and sustained through the use of an experiential curriculum, which students rated as a valuable experience [34-35]. Insights can also be gained from the similarities observed between the four medical schools. The descending order of positive perceptions regarding patient safety cultures from the four universities were as follows: Mudanjiang Medical University, the Medical College of Jiamusi University, Qiqihar Medical University, and Harbin Medical University. There was no evidence of different reporting practices between the four medical schools. Yet, differences in local patient safety cultures, as well as differences in students' social and cultural backgrounds, may be significant contributing factors [31]. However, the present study design did not enable an exploration of these factors; we could only determine focal aspects of future teaching. For example, Mudanjiang Medical University, the Medical College of Jiamusi University, and Qiqihar Medical University would likely target education toward the classification, and underlying mechanisms of medical errors. In contrast, Harbin Medical University might target confidence in error reporting as an area for improvement. Our results are counter to those from other countries. For example, Flin et al.'s study in the UK found that the majority of first-year students reported 'medium low' or 'average' levels of knowledge regarding errors and patient safety issues [36-40]. Our results revealed that positive perceptions of patient safety culture tended to decrease from younger to older cohorts. As seen in Table 3, more senior students appeared to have less positive perceptions of 'error reporting confidence' and 'the importance of patient safety in the curriculum'. Possible reasons include their experience of working in strong clinical hierarchies, which is known to have a negative influence on error reporting and disclosure of medical errors [41]. It is likely that this decrease in medical error disclosure emerges as result of the increasing awareness and more

realistic self-assessment that students develop during the process of medical education [42]. It could also be the result of inadequate training and preparation of young doctors. Additionally, more senior students appeared to have less positive perceptions of 'the importance of patient safety in the curriculum'. A possible reason for this is that from the first grade to the fifth grade in the university, with the increasing number of courses and pressure of examinations, students do not want to add new courses to the curriculum. However, the underlying reason for this state remains to be established. One of the limitations of this study is a possible non-response bias. Students who agreed to respond to the survey may have been more likely than their non-responding peers to be interested in patient safety. This greater level of interest may have led to inflation of attitude ratings. Another limitation is that the study made use of a non-standardised survey instrument. Nevertheless, this is the first use of the APSQ-III to compare patient safety cultures in different schools and cohorts within mainland China. While the present sample was taken from only one region in China, we covered almost all of the medical colleges within a rather large province. Furthermore, we recruited a cohort of medical students across five years of their programs. Thus, the present study represents an important first step toward patient safety education research in China. We believe that our findings can help educators develop curricula for patient safety education. In conclusion, our study researched perceptions of patient safety culture among medical students in China. Our results further suggest that medical students' perceptions regarding patient safety cultures can provide a tool for guiding medical education. Institutions should have an increased emphasis on issues related to the reasons behind medical errors and error reporting. Shifts in patient safety cultures should be based on situations affecting different schools and cohorts, especially among third-year medical students. Longitudinal studies using a validated instrument should also be conducted to better evaluate patient safety education programs and their relative impact on local healthcare development. Further studies should explore the culture of reporting errors and how students in nursing and healthcare profession

programs address these errors.

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Author contributions statement:

Mingli Jiao, Qunhong Wu, Ying Li and He Liu. designed the study; Jinghua Liu, Limin Liu, Yanming Zhao, Kexin Jiang, Huiying Fang, Peihang Sun, Peng Li, Yameng Wang, Haonan Jia and Yan Lu collected the data; He Liu, Ying Li, and Yuming Wu analysed the data; He Liu, Ying Li, Mingli Jiao, Siqi Zhao drafted the manuscript; and Mingli Jiao contributed to the manuscript's revision. All authors approved the final manuscript for publication.

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Table 1. Participant demographic characteristics.

	No. (%) of respondents										
subgrou	Gen	der		Level							
ps	M	F	First Year	Secon d Year	Third year	Fourth year	Fifth Year				
	322	404	111	132	154	245	84	726			
A^*	(44.	(55.	(15	(18.2	(21.	(33.7	(11.	(29.			
	4)	6)	.3))	2))	6)	1)			
	261	366	186	146	117	100	82	631			
\mathbf{B}^*	(41.	(58.	(29	(23.1	(18.	(15.8	(13)	(25.			
	7)	3)	.5))	5))	(13)	3)			
C*	167	292	36	115	110	131	67	459			

	(36.	(63.	(7.	(25.1	(24)	(28.5	(14.	(18.
	4)	6)	8)))	6)	4)
	305	377	66	90	206	270	50	682
D^*	(45	(55	(9.	(13.2	(30.	(39.6	(7.3	(27.
))	7))	2)))	3)
	1055	1435	399	483	587	746	283	
Total	(42.	(57.	(16	(19.3	(23.	(29.9	(11.	2498
	4)	4)))	5))	3)	

^{*}A = Harbin Medical University.

Table 2. Items from the APSQ-III that demonstrated significant differences between the four medical universities.

<i>'</i>	Po	Positive responses (%) [†]						
Domain	Over	Between schools						
	all	A^*	B^*	C*	D^*			
Patient safety training received	84.9	57.	90	99.	98.5			
		3		4				
1. My training is preparing me to understand the	84.8	56.	89.	99	99			
causes of medical errors.		6	7					
2. I have a good understanding of patient safety	85.2	58.	90.	99.	97			
issues as a result of my undergraduate medical		4	2	8				
training.								
3. My training is preparing me to prevent medical	84.7	56.	90.	99.	99.4			
errors.		8	1	3				
error reporting confidence	74.9	53.	75.	85.	88.1			
		1	8	6				

^{*}B = Qiqihar Medical University.

^{*}C = MuDanjiang Medical University.

^{*}D = Medical College of Jiamusi University.

4. I would feel comfortable reporting any errors I	71.6	52.	68.	80.	85.7
had made, no matter how serious the outcome had		9	5	5	
been for the patient.					
5. I would feel comfortable reporting any errors	76.7	53.	79.	88.	89.5
other people had made, no matter how serious the		4	8	1	
outcome had been for the patient.					
6. I am confident I can talk openly to my supervisor	76.5	53.	79	88.	89.2
about an error I had made, even if it resulted in		1		1	
potential or actual harm to my patient.					
working hours as an error cause	83.4	56.	88.	98	98.7
		2	2		
7. Shorter shifts for doctors will reduce medical	81.7	53.	85.	97.	97.3
errors.		9	9	1	
8. By not taking regular breaks during shifts, doctors	84.7	57.	89.	98.	99.5
are at an increased risk of making errors.		8	8	9	
9. The number of hours doctors work increases the	83.8	56.	89	97.	99.4
likelihood of making medical errors.		8		9	
error inevitability	74.9	55.	80.	87.	82.2
		2	9	1	
10. Even the most experienced and competent	84.3	56.	89.	99.	98.7
doctors make errors.		7	4	8	
11. A true professional does not make mistakes or	68.9	53	79.	86.	64.8
errors.			3	1	
12. Human error is inevitable.	71.6	56	73.	75.	83.2
			9	4	
professional incompetence as an error cause	58.4	53.	59.	61	60
		25	6		
13. Most medical errors result from careless nurses [†]	68.1	56.	79	79.	62.1
		8		3	

14. If people paid more attention at work, medical	67.2	53.	62.	72.	80.1
errors would be avoided [†]		2	5	8	
15. Most medical errors result from careless doctors [†]	65.8	55.	74.	77.	61.4
		1	2	1	
16. Medical errors are a sign of incompetence [†]	32.5	47.	22.	14.	36.5
		9	7	7	
disclosure responsibility	69.4	55.	72.	78.	74.8
		1	6	4	
17. It is not necessary to report errors which do not	60.8	57.	70.	69.	48.8
result in adverse outcomes for the patient [†]		6	7	8	
18. Doctors have a responsibility to disclose errors	80.8	55	85.	93.	94.5
to patients only if the errors result in patient harm.			2	8	
19. All medical errors should be reported.	66.7	52.	61.	71.	81
		6	9	6	
team functioning	76.9	55.	77.	87.	91.8
		7	5	6	
20. Better multidisciplinary teamwork will reduce	69.2	54.	64.	75.	84.5
medical errors.		9	5	4	
21. Teaching students teamwork skills will reduce	84.7	56.	90.	99.	99.1
medical errors.		6	5	8	
patient involvement in reducing errors	84.7	56.	90.	99.	98.7
		7	2	4	
22. Patients have an important role in preventing	85.1	56.	90.	99.	98.6
medical errors.		1	5	5	
23. Encouraging patients to be more involved in	84.5	57.	90	99.	98.8
their care can help to reduce the risk of medical		3		3	
errors occurring.					
importance of patient safety in the curriculum	71.6	56.	78.	82.	74.4
		4	5	4	

24. Teaching students about patient safety should be	84.1	55.	89.	99.	98.6
an important priority in medical students' training.		9	5	1	
25. Patient safety issues cannot be taught; they can	46.6	55.	55.	50	25.3
only be learned through clinical experience, which is		8	4		
gained when one is qualified.					
26. Learning about patient safety issues before I	85	57.	90.	99.	99.4
qualify will enable me to become a more effective		5	7	3	
doctor.					

^{*}A = Harbin Medical University.

- [‡] Positive responses are those with 'agree' or 'strongly agree'. The denominator for
- each question may vary because not every student responded to every question in the
- 549 survey.

- [†] Negatively worded item, where the percent positive response is based on those who
- responded, 'strongly disagree' or 'disagree.'

Table 3. Items on the APSQ-III that demonstrated significant differences between the

554 five cohorts.

S					Positive	e responses	s (%) [‡]			
				Work		ъ с :	Disc			Importa
С		Patient	Error	ing		Professi	losu	Tea	Patient	nce of
h	Gra	safety	reportin	hours	Error	onal	re	m	involve	patient
0	des	training	g	as an	inevi	incompe	resp	fun	ment in	safety
0		received	confide	error	tabili	tence as	onsi	ctio	reducin	in the
1		*	*		ty*	an error		nin	*	
S			nce	cause *		cause	bilit	g^*	g errors	curricul *
							У			um
A	first	78.6	73.4	79.7	71.9	56.6	66.4	73.	80.8	50.7

^{*}B = Qiqihar Medical University.

^{*}C = MuDanJiang Medical University.

^{*}D = Medical College of Jiamusi University.

								9		
	seco nd	74.3	62.9	74.4	71.4	56	66.6	64	71.9	49.8
	thir d	57.1	52.9	56.2	52.8	51.9	51.4	57. 5	55.1	41.5
	four th	43.1	40	40.5	45.4	51.1	48.7	42. 7	42.8	37.6
	fifth	45.2	46.4	42.6	41.1	51.8	46.6	51. 2	42.7	33.7
	first	99.4	84.7	95.8	86	61.5	78.2	84. 1	98.9	62.6
	seco nd	97.2	86.8	95	91.1	66.3	78.5	87	99.1	59.8
В	thir d	98	72.7	95.9	83.8	59.2	63.3	81.	100	63.5
	four th	98.9	86.5	97.3	84.4	60.9	77.5	78. 8	97.3	63.5
	fifth	61.4	51.9	61.2	61.6	51.5	57.4	56. 1	58.7	47.2
	first	99.1	90.3	96.1	91.9	62	84.1	86. 4	98.2	63.5
	seco nd	99.6	90.3	98.3	84.2	63.6	81.2	81.	99.5	63.2
C	thir d	100	83.4	97.9	87.1	60.7	78.2	91	100	59.3
	four th	97	77.9	96.9	86.9	60	75.2	87. 2	95.7	66.5
	fifth	99.7	79.9	99.4	85.2	58.5	70.9	92. 6	100	58.2

	first	99.1	87.1	99.2	86	63.3	72.7	90. 2	97.1	56.7
	seco nd	98.5	88.7	99.2	83.2	61.3	77.5	91	98.2	54.6
D	thir d	97.1	87.2	97.2	82.9	59.9	74.8	89. 3	99.2	57.8
	four th	100	96.1	100	74.2	52.3	67	97. 7	100	52.4
	fifth	100	78	100	79.3	41	74.9	100	100	65.1
О	first	93.5	82.5	91.7	82.7	60.4	74.4	82. 5	93.5	58.1
v e	seco nd	91.9	81.6	90.9	82.6	61.9	75.8	79. 9	91.5	56.9
r a	thir d	87.4	74.6	86.4	76	57.8	67	79. 7	87.9	54.9
1	four th	80.7	73.2	79.5	68.2	54.4	63.9	75. 3	80	51.5
	fifth	72.4	61.8	71.7	64.7	51.6	60.4	71	71	49.1

^{555 *}P<0.05

^{*}A = Harbin Medical University.

^{*}B = Qiqihar Medical University.

^{*}C = MuDanJiang Medical University.

^{*}D = Medical College of Jiamusi University.

Positive responses are those who responded, 'agree' or 'strongly agree.' The

denominator for each question may vary because not every student responded to every

question in the survey.

STROBE Statement—Checklist of items that should be included in reports of *cross-sectional studies*

	Item No	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title	1
		or the abstract	2
		(b) Provide in the abstract an informative and balanced summary of	2
		what was done and what was found	
Introduction			2.5
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	3-6
Objectives	3	State specific objectives, including any prespecified hypotheses	6
Methods			
Study design	4	Present key elements of study design early in the paper	6
Setting	5	Describe the setting, locations, and relevant dates, including periods	6
-		of recruitment, exposure, follow-up, and data collection	
Participants	6	(a) Give the eligibility criteria, and the sources and methods of	6
		selection of participants	
Variables	7	Clearly define all outcomes, exposures, predictors, potential	6
		confounders, and effect modifiers. Give diagnostic criteria, if	
		applicable	
Data sources/	8*	For each variable of interest, give sources of data and details of	6-7
measurement		methods of assessment (measurement). Describe comparability of	
		assessment methods if there is more than one group	
Bias	9	Describe any efforts to address potential sources of bias	6
Study size	10	Explain how the study size was arrived at	6
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If	6-7
		applicable, describe which groupings were chosen and why	
Statistical methods	12	(a) Describe all statistical methods, including those used to control	7
		for confounding	
		(b) Describe any methods used to examine subgroups and interactions	6
		(c) Explain how missing data were addressed	6
		(d) If applicable, describe analytical methods taking account of	6
		sampling strategy	
		(e) Describe any sensitivity analyses	
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers	7-8、18-19
-		potentially eligible, examined for eligibility, confirmed eligible,	
		included in the study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic,	7
-		clinical, social) and information on exposures and potential	
		confounders	
		(b) Indicate number of participants with missing data for each	6、18-19
		variable of interest	
Outcome data	15*	Report numbers of outcome events or summary measures	6-9
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted	

		estimates and their precision (eg, 95% confidence interval). Make	
		clear which confounders were adjusted for and why they were	
		included	
		(b) Report category boundaries when continuous variables were	
		categorized	
		(c) If relevant, consider translating estimates of relative risk into	
		absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and	
		interactions, and sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	9-12、18-24
Limitations	19	Discuss limitations of the study, taking into account sources of	13
		potential bias or imprecision. Discuss both direction and magnitude	
		of any potential bias	
Interpretation	20	Give a cautious overall interpretation of results considering	13
	4	objectives, limitations, multiplicity of analyses, results from similar	
		studies, and other relevant evidence	
Generalisability	21	Discuss the generalisability (external validity) of the study results	13
Other information			
Funding	22	Give the source of funding and the role of the funders for the present	17-18
		study and, if applicable, for the original study on which the present	
		article is based	

^{*}Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

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Perceptions of patient safety culture among medical students: A cross-sectional investigation in Heilongjiang Province, China

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Secondary Subject Heading:	Health policy, Medical education and training
Keywords:	medical education, patient safety, medicine students

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- 1 Perceptions of patient safety culture among medical students: A cross-sectional
- 2 investigation in Heilongjiang Province, China
- 3 He Liu^{1†}, Ying Li^{2†}, Siqi Zhao³, Mingli Jiao^{2,4*}, Yan Lu⁵, Jinghua Liu⁶, Kexin Jiang², Huiying
- 4 Fang², Peihang Sun², Peng Li², Yameng Wang², Haonan Jia², Yuming Wu^{7*}, Limin Liu⁸,
- 5 Yanming Zhao⁹, Qunhong Wu^{10*}

- Office of Academic Affairs, Hebei Medical University, 361 Zhongshan East Road, Chang'an Di strict, Shijiazhuang 050017, China; E-Mail: 771773207@qq.com (H.L.)
- 8 2 Department of Health Policy and Hospital Management, School of Public Health, Harbin
- 9 Medical University, 157 Baojian Road, Nangang District, Harbin 150081, China;
- 10 E-Mails:1690342267@qq.com(Y.L.);576732775@qq.com(S.Z.);
- 11 jiangkexin1994@163.com(K.J.); 565453428@qq.com(H.F.);745450570@qq.com (P.S.);
- 12 18845146293@163.com(P.L.); 984453904@qq.com(Y.W.); 495150755@163.com(H.J.)
- 13 Department of Psychology and Humanities Nursing, Hebei Medical University, Donggang
- Road 48, Yuhua District, Shijiazhuang 050017,China;E-Mail:
- siqizhao1992@foxmail.com(S.Z.)
- 16 4 Institute of Quantitative & Technical Economics, Chinese Academy of Social Science,
- 5 Jian guo men nei Road,Dongcheng District, Beijing100000,China;E-Mail:minglijiao@
- 18 126.com(M.J.)
- 19 5 School of Public Health, Jiamusi University, Jiamusi 154007, China; E-Mail:
- 20 yanlulyan@163.com(Y.L.)
- 21 6 School of Public Health, QiQihar Medical University, QiQihar 161006, China; E-Mail:
- 22 liujinghuajhl@126.com(J.L.)
- 23 7 Department of physiology, School of basic medicine, Hebei Medical University, 361 Zhongshan
- Road, Changan District, Shijiazhuang 050017, China; E-Mail: wuyanmingymw@126.com
- 25 (Y.W.)
- 26 8 Medical record room, The 2nd Affiliated Hospital of Harbin Medical University,
- 27 Harbin 150081, China; E-Mail: liuliminlml@126.com (L.L.)
- 28 9 CT room, The 2nd Affiliated Hospital of Harbin Medical University, Harbin 150081,
- 29 China; E-Mail: yanmingzhaozym@163.com (Y.Z.)
- 30 10 Department of Social Medicine, School of Public Health, Harbin Medical University, 157
- 31 Baojian Road, Nangang District, Harbin 150081, China;
- E-Mails:wuqunhong12345@163.com(Q.W.)
- [†]These authors contributed equally to this work.
- 35 *Correspondence : minglijiao@126.com; wuqunhong12345@163.com; and
- 36 wuyanmingymw@126.com

39 Abstract

- **Objectives:** Medical school education plays an important role in promoting patient
- safety. The present study aimed to assess medical students' perceptions of patient
- 42 safety culture, and to identify the educational needs of these students and provide
- evidence on the most important content for a curriculum relating to patient safety.
- 44 Method: A cross-sectional study was conducted within each of the four medical
- 45 universities in Heilongjiang province. First through fifth-year medical students
- 46 completed an anonymous questionnaire—the Attitudes toward Patient Safety
- 47 Questionnaire III (APSQ-III). Differences in responses across the four universities
- and cohorts were analysed.
- 49 Results: Overall perceptions of patient safety cultures across the four medical
- 50 universities were positive. The highest positive response rate was for, 'I have a good
- understanding of patient safety issues because of my undergraduate medical training'
- 52 (range: 58.4%–99.8%), while the lowest positive response rate was for, 'medical
- errors are a sign of incompetence' (14.7%–47.9%).
- Younger cohorts had a better awareness of working hours and teamwork. However,
- fourth and fifth-year students had a better awareness of error inevitability. The lowest
- 56 positive scores between cohorts included items related to 'professional incompetence
- as an error cause' and 'disclosure responsibility'.
- 58 Conclusions: Students' self-assessment of patient safety culture were positive,
- 59 although none of students had received any formal curriculum content on patient
- safety. Policy makers should place a greater focus on varied educational needs across
- schools and cohorts to establish proper curricula.
- **Keywords**: medical education, patient safety, medicine students

Strengths and limitations of this study

65 Strengths:

- This is the first use of the APSQ-III to compare patient safety in different schools
- and cohorts within a developing country (China)
- We covered almost all of the medical colleges within a rather large province

- This study provides the necessary evidence for educators to design future interventions and create a sense of focus on patient safety in medical education
- 71 Limitations:

- APSQ-III is a new instrument, the reliability and validity of which have not yet been retested
- Our study is limited by the potential for non-response bias. Students who responded to the survey may have been more likely than their peers to be interested in patient safety, which may have led to inflation of the attitude ratings

1. Introduction

- Hippocrates, who is considered the 'father of medicine', proposed the 'Hippocratic
- 79 Oath'. Medical students take this oath worldwide to promote a rigorous and
- 80 enthusiastic attitude toward medial education. Hence, the maintenance and promotion
- of patient safety is of utmost importance.
- However, as noted a decade ago by the Institute of Medicine (IOM), accountability
- for patient safety requires a multi-layered approach—one that addresses system errors
- as well as human ones—to help prevent medical errors [1-3]. Advancements in patient
- safety require a fundamental culture change in healthcare. Reducing harm through an
- 86 improved safety culture is a global priority [2]. Policy makers, payers, and groups
- 87 (such as the Agency for Healthcare, Research, and Quality (AHRQ), National Patient
- 88 Safety Agency, and World Health Organization) have developed numerous safety
- 89 initiatives at the national and institutional level [4]. However, most measures have
- 90 targeted doctors, managers, and other health care professionals. Less attention has
- been paid to medical students, the next generation of medical scientists [5].
- 92 The clinical practice stage is key for acquiring practical skills among medical students,
- 93 at which point the student begins to shift roles from 'student' to 'doctor'. To protect
- 94 the rights of teachers and medical students and the interests of patients, and to ensure
- 95 the quality of medical education, the National Health and Family Planning
- Commission and the Ministry of Education of the People's Republic of China develop
- 97 clear regulatory requirements for medical students and medical graduates in clinical
- 98 trial practice. While clinical teachers bear legal responsibility for medical disputes due

to incorrect guidance, when medical students conduct clinical treatment activities without the permission of the clinical teacher, individuals bear the corresponding legal responsibility. There is now a growing awareness that students are influenced not only by what is taught in the formal curriculum, but also by unspoken, powerful messages conveyed through interactions with superiors and educators during students' clinical practice [6-8]. For example, although students are taught to wash their hands before interacting with patients, it is not until they witness doctors engaging in this behaviour within a clinical setting that this requirement is truly understood. One of the medical teachers from Harbin Medical University said that the main purpose of clinical practice is to form proper 'clinical thinking'. This lays a solid foundation for the student's future work. My teachers not only provided us with knowledge but exemplars of proper work ethic and style. Thus, I am attempting to pass on these characteristics to students. Medical school curricula need to be strengthened to comprehensively advocate safety training. Work within this 'hidden curriculum' can deal with students who may engage in or be taught practices that oppose content from the formal curriculum, professional values, and even safe patient care. During pressure situations, such as those experienced during emergencies, doctors can be challenged with making proper decisions in a timely fashion, which could be an enormous threat to patient safety [9]. Therefore, the nation's medical schools, teaching hospitals, and health systems recognize that achieving greater patient safety requires more than a brief course in an already crowded medical school curriculum. There is a need for a fundamental culture change across all phases of medical education. [10]. Some scholars have addressed issues related to improved patient safety. For instance, we previously observed that open communication, non-punitive responses to errors, and professionalism are key areas of concern regarding medical students' perceptions of the patient safety culture [11]. Leung investigated perspectives of the patient safety culture among medical students in Hong Kong and Singapore and compared students' educational needs. However, the study only surveyed two cohorts of second-year

medical students, and it did not consider students in different years of medical school.

[12].Patient safety education in areas with low medical standards and high medical risks, as is the case in developing countries like China, is in its infancy [13]. While a few reports have explored safety education content and teaching methods in China [14], patient safety education has not been fully implemented within curricula and clinical practice. Ensuring the safety of patients is the primary task of medical staff. Medical students should have the capacity to ensure the safety of patients in the process of pursuing a medical career in the future. Patient safety education for medical students is to curb or reduce medical errors from the source and to promote patient safety. [13]. The first important question, then, is to determine what knowledge medical students are specifically lacking. Additionally, information is needed regarding cognitive components of students' perceptions of patient safety culture. Finally, we need to assess students' explicit educational needs and what should be focused upon within a patient safety curriculum. Understanding these various components are the first steps in providing patient safety education. Low levels of hospital management, limited personal technology, and other issues are prevalent in developing countries; therefore, patient safety problems tend to be more serious than what is observed in developed countries [15]. Addressing safety education for medical students in developing countries is particularly urgent. The WHO Director General, Margaret Chan, highlighted patient safety as a key task going forward [16]. This led to the publication of a Chinese version of the 'WHO Patient Safety Course Guide' in July 2012 in support of a resolution from the Ministry of Health (National Health and Family Planning Commission of the People's Republic of China). Heilongjiang province, as the healthcare centre of Northeast China, has the largest

area and availability of health resources, and it has more than 30 million people [17],

while Harbin Medical University has the best educational reputation with the most

stringent entrance requirements. Qiqihar Medical University, Mudanjiang Medical

University, and the Medical College of Jiamusi University are also prominent (along

with their three-level hospitals) in Heilongjiang province. The four medical schools provide medical and health service personnel training for the province. The medical students as the future medical workers trained by the medical schools in the region need to bear some pressure and mission. However, there are few studies on patient safety culture of medical students. Understanding the baseline patient safety culture, and identifying important and urgent educational needs, is critical for the effective design and successful implementation of education programs at Heilongjiang's medical institutions. Consequently, we evaluated patient safety culture from students' perspectives. This was done to explore factors critical to transforming patient safety perspectives and address students' educational needs.

2. Methods

2.1 Sampling and Data collection

In 2014, a cross-sectional survey was conducted with four medical schools in Heilongjiang province. Cooperation was obtained from managers in the student offices. Some schools offered courses in doctor-patient relations and evidence-based medicine, but there was no dedicated and systematic patient safety course. None of the students had received any prior formal teaching on patient safety, enabling a baseline assessment of safety culture among these students. We used systematic random sampling to select 800 clinical medical students from a roster of all medical undergraduates at each school. We provided these students with detailed explanations of the objective of this investigation; some students expressed interest in participating in the survey, while others declined to participate. Students who were willing to participate in the investigation were given two days to complete the questionnaire anonymously; they were asked to then return it to a box provided in a counsellor's office. Respondents' names and other identifiers were not collected. Using this procedure, we obtained 2498 valid questionnaires (total response rate: 78.1%). Of the students who participated, 726 (response rate: 90.8%) came from Harbin Medical University, 631 (78.9%) from Qiqihar Medical University, 459 (57.4%) from Mudanjiang Medical University, and 682 (85.3%) from the Medical College of Jiamusi University.

2.2 Questionnaire

- We used the Attitudes toward Patient Safety Questionnaire III (APSQ-III) [12,18-21],
- which was specifically designed for students and covers nine key factors related to
- patient safety culture. The APSQ-III assesses several factors regarding patient safety
- culture, rather than examining differences in patient safety education. Therefore, this
- measure can more accurately reflect realistic educational needs [12].
- The questionnaire consists of 26 items covering nine key patient safety factors:
- 196 (a) patient safety training received (items 1–3);
- 197 (b) error reporting confidence (items 4–6);
- 198 (c) working hours as an error cause (items 7–9);
- 199 (d) error inevitability (items 10–12);
- 200 (e) professional incompetence as an error cause (items 13–16);
- 201 (f) disclosure responsibility (items 17–19);
- 202 (g) team functioning (items 20 and 21);
- 203 (h) patient involvement in reducing error (items 22 and 23);
- and (i) importance of patient safety in the curriculum (items 24–26).

2.3 Data analyses

- 206 Responses were recorded on a five-point Likert scale, with 5 = strongly agree and 1 =
- strongly disagree. Responses were grouped into agree (i.e. 4 or 5) and disagree (i.e. 1
- or 2), and overall percentages were obtained [12]. An analysis of variance was used to
- compare the rate of positive responses between students in different years of medical school.
- We also excluded unanswered questions from the analyses. Level of significance was
- 211 set at p < 0.05.

2.4 Ethics approval

- The study protocol was reviewed and approved by the Research Ethics Committee of
- Harbin Medical University. Before the survey, approval was also obtained from each
- school. All participants voluntarily and anonymously participated and provided their
- written informed consent.

3. Results

Of the Year 1–5 students who responded to the demographic questions, 1,055 (42.4%)

were male, and 1,435 (57.4%) were female. Response rates varied between cohorts (from first to fifth-years): 399 (16%); 483 (19.3%); 587 (23.5%); 746 (29.9%); 283 (11.3%) (Table 1). Table 2 summarizes safety culture perceptions, by survey domain, for the combined group and the four subgroups. The overall highest scores were for, 'patient safety training received', 'patient involvement in reducing errors', 'I have a good understanding of patient safety issues as a result of my undergraduate medical training', and 'patients have an important role in preventing medical errors'. The lowest average domain scores were for, 'professional incompetence as an error cause', 'disclosure responsibility', 'medical errors are a sign of incompetence', and 'it is not necessary to report errors, which do not result in adverse outcomes for the patient'. Specific to each medical institution, the highest level of positive safety perceptions was from Mudanjiang Medical College, with the highest score for the 'patient safety training received' domain. Jiamusi Medical College was second with their highest domain score for 'working hours as an error cause'. Qiqihar Medical University reported their highest score for 'patient involvement in reducing errors'. The lowest score among these three institutions was for 'professional incompetence as an error cause'. The lowest positive patient safety perceptions came from Harbin Medical University, with their highest domain score for 'patient safety training received', and their lowest score for 'error reporting confidence'. There was a statistically significant difference between schools on responses to all nine key patient safety factors. Table 3 summarizes safety culture perceptions based on survey domains for the combined group and for the five subgroups. The table displays results sorted by safety domain score. Perceptions of patient safety culture varied based on cohort. All five cohorts had a positive perception of 'patient safety training received' and 'patient involvement in reducing errors'. Moreover, first and second-year students' perceptions of 'working hours as an error cause' were high. Third-year students had a better awareness of 'team functioning'. In addition to the aforementioned domains, fourth and fifth-year students also had a deep understanding of 'error inevitability'. The lowest scores were in the 'professional incompetence as an error cause' and

'importance of patient safety in the curriculum' domains for all cohorts. Table 4 shows that there was a significant difference (p < 0.05) between cohorts on responses to the factors 'patient safety training received', 'error reporting confidence', 'working hours as an error cause', 'error inevitability', 'team functioning', 'patient involvement in reducing errors', and 'importance of patient safety in the curriculum'.

4. Discussion

As patient safety is a top health care priority, all medical undergraduates should have the necessary capacity to ensure minimal patient harm as they embark on their future career. Education and training are key to achieving this goal [4]. As medical students are an integral part of our future health care systems, their experiences during school (and their perceptions of patient safety culture) have an important influence on their attitudes toward patient safety and their behaviours within this domain [22]. Screening perceptions in key areas regarding patient safety is an opportunity to improve clinical acumen and future medical education. The present findings provide explicit medical student perspectives relevant to critical clinical services. Such information can be utilized by medical directors and clinical service supervisors for real-time assessment while promoting a safety culture. The APSO-III has a stable factor structure and criterion validity; it can also distinguish between diverse student subgroups [12]. We conducted the present study to demonstrate how the APSQ-III can identify differences between different cohorts across several medical universities in Northeast China. Overall, our study highlights that medical student opinions/evaluations regarding patient safety cultures are positive [23]. Interestingly, although none of our participants had received any formal teaching on the subject, students from all four universities were more likely to report having been trained well in the subject (84.9%). This finding is similar to that of a previous study by Leung in Hong Kong [12], who revealed that the result could be due to students' misunderstanding or an inability to distinguish teaching from what had been leaned from the public media. We believe that this may be due to a common psychological phenomenon of escaping responsibility among students in China, which refers to the notion that students in this culture are struggling to cope with and protect themselves in an intensely hierarchical

environment. This means that not only are they afraid to tell the truth, but they also fear the effects of doing so on teachers' evaluations of them. Many students do not want to acknowledge errors or defects, and they may be unwilling to report problems to avoid poor evaluations or to fit in with their teams [4]. Therefore, more attention must be paid to the phenomenon of reluctance to "speak up" in Chinese culture and more vigilance is required to prevent this fear of exposing deficiencies.

Compared with results from Leung, their three highest scores were for 'working hours as an error cause', 'error inevitability', and 'importance of patient safety in the curriculum'. 'Patient involvement in reducing error' and 'team functioning' received the lowest overall scores in that previous study [12]. In the present study, 'patient involvement in reducing errors' and 'patient safety training received' were the most positively endorsed domains, while 'professional incompetence as an error cause' and 'disclosure responsibility' were strong barriers to positive student patient safety perceptions. In contrast with students in Hong Kong, mainland students responded positively to items relating to 'patient involvement in reducing errors'. A probable reason for this is that patients in Hong Kong must follow the arrangements made by public medical institutions regarding waiting lists, hospitalisation, and surgery, in accordance with the process established for their illness. They cannot choose their doctors for themselves; however, they are generally trusting of doctors and hospitals. In mainland China, however, the patient's understanding of their diagnosis and treatment has been continuously improving, and the traditional medical model has gradually been replaced by active patient participation [24]. The doctor and patient undertake the process of medical decision-making together, and the patient has the right to choose their doctor independently. In addition, medical staff often encourage patients and their families to participate in procedures relating to diagnosis and treatment [25]. This may include encouraging patients or family members to participate in examining the label on an infusion bottle for the name of the drug, reading drug information, and so on. Furthermore, previous work has shown that patient participation can reduce the occurrence of medical errors [26]; therefore,

Chinese medical students have positive attitudes on the item. Our study found that responses to the 'professional incompetence as an error cause' domain were negative, especially for the following items: 'medical errors are a sign of incompetence' (32.5%), 'medical students generally consider errors as inevitable' (74.9%), and 'even the most experienced and competent doctors make errors' (84.3%); however, the students lack a proper understanding regarding the reasons for errors. Our results are similar to those of Moskowitz et al., who found that students in the US were uncertain what defined an error and what led to medical errors [19]. Medical students generally agreed that medical errors are caused by humans and a sign of incompetence (32.5%). This shows that the present sample of medical students lacked awareness regarding systematic errors. Long working hours and medical staff incompetence were noted by several students as important reasons for errors. This may indicate that the students were placing an emphasis on human factors resulting in errors. This is in line with findings from a previous study involving Hong Kong students, where most students reported that 'if they work hard, they can eliminate errors' was an effective strategy for preventing future errors [27]. These findings could suggest a need for emphasizing the potential role of other factors (e.g. system errors and procedural complexity) during the occurrence of medical errors. Several students reported positive evaluations of their error reporting confidence, but a punitive evaluation surrounding their responsibility in reporting (i.e. what and how to report when witnessing a problem with patient care). Medical students' high confidence in reporting medical errors (74.9%) is similar to the results of a Turkish study conducted by Karaoglu et al [28-29]. They found that 60.7% (n = 147) of students stated that they would report an error to the hospital committee if they, themselves, made a medical error. Furthermore, 68.6% (n = 166) of the students stated that they would report a medical error they witnessed. In Flin et al.'s study, most students stated they would speak up about an error. However, this result was a bit confusing, since students also endorsed the item, 'it is not necessary to report errors that do not result in adverse outcomes for the patient' (60.8%)[30]. More than 50% of students from the Medical College at Jiamusi

338	University agreed with this statement, as well. All members of the medical team,
339	including medical students, should be able to recognize unsafe conditions, report
340	errors, and improve error disclosure if not sufficiently conducted. This persistent
341	cultural change should contribute to the eradication of errors and reduce patient safety
342	concerns [31-33].
343	Several students agreed with the following statements: 'my training is preparing me to
344	understand the causes of medical errors' (84.8%) and 'I have a good understanding of
345	patient safety issues because of my undergraduate medical training' (85.2%). This
346	illustrates that medical students have grand expectations regarding patient safety
347	education, which is in line with the findings of Madigosky and colleagues [34]. This
348	US-based study revealed that awareness of patient safety and medical errors can be
349	increased and sustained using an experiential curriculum, which students rated as a
350	valuable experience [34-35].
351	Insights can also be gained from the similarities observed between the four medical
352	schools. The descending order of positive perceptions regarding patient safety cultures
353	from the four universities were as follows: Mudanjiang Medical University, the
354	Medical College of Jiamusi University, Qiqihar Medical University, and Harbin
355	Medical University. There was no evidence of different reporting practices between
356	the four medical schools. Yet, differences in local patient safety cultures, as well as
357	differences in students' social and cultural backgrounds, may be significant
358	contributing factors [31]. However, the present study design did not enable an
359	exploration of these factors; we could only determine focal aspects of future teaching.
360	For example, Mudanjiang Medical University, the Medical College of Jiamusi
361	University, and Qiqihar Medical University would likely target education toward the
362	classification, and underlying mechanisms of medical errors. In contrast, Harbin
363	Medical University might target confidence in error reporting as an area for
364	improvement.
365	Our results are counter to those from other countries. For example, Flin et al.'s study
366	in the UK found that most first-year students reported 'medium low' or 'average'
367	levels of knowledge regarding errors and patient safety issues [36-40]. Our results

revealed that positive perceptions of patient safety culture tended to decrease from younger to older cohorts. As seen in Table 3, more senior students appeared to have less positive perceptions of 'error reporting confidence' and 'the importance of patient safety in the curriculum'. Possible reasons include their experience of working in strong clinical hierarchies, which is known to have a negative influence on error reporting and disclosure of medical errors [41]. It is likely that this decrease in medical error disclosure emerges as result of the increasing awareness and more realistic self-assessment that students develop during the process of medical education [42]. It could also be the result of inadequate training and preparation of young doctors. Additionally, more senior students appeared to have less positive perceptions of 'the importance of patient safety in the curriculum'. A likely reason for this is that from the first grade to the fifth grade in university, with the increasing number of courses and pressure of examinations, students do not want to add new courses to the curriculum. However, the underlying reason for this remains to be established. One of the limitations of this study is a possible non-response bias. Students who agreed to respond to the survey may have been more likely than their non-responding peers to be interested in patient safety. This greater level of interest may have led to inflation of attitude ratings. Another limitation is that the study made use of a non-standardised survey instrument, and that the APSO-III is a self-assessment questionnaire which addresses students' self-assessment of patient safety culture rather than the actual teachings provided. Therefore, the present results may not be indicative of students' actual skills and knowledge. Moreover extrapolation of the findings to other medical colleges should be done with caution. Nevertheless, this is the first use of the APSQ-III to compare patient safety cultures in different schools and cohorts within mainland China. While the present sample was taken from only one region in China, we covered almost all the medical colleges within a rather large province. Furthermore, we recruited a cohort of medical students across five years of their programs; therefore, the present study represents an important first step toward patient safety education research in China. We believe that our findings can help educators develop curricula for patient safety education.

In conclusion, our study researched perceptions of patient safety culture among medical students in China. Our results further suggest that medical students' perceptions regarding patient safety cultures can provide a tool for guiding medical education. Institutions should have an increased emphasis on issues related to the reasons behind medical errors and error reporting. Shifts in patient safety cultures should be based on situations affecting different schools and cohorts, especially among third-year medical students. Longitudinal studies using a validated instrument should also be conducted to better evaluate patient safety education programs and their relative impact on local healthcare development. Further studies should explore the culture of reporting errors and how students in nursing and healthcare profession programs address these errors.

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- 534 Author contributions statement:
- Mingli Jiao, Qunhong Wu, Ying Li and He Liu. designed the study; Jinghua Liu, Limin
- Liu, Yanming Zhao, Kexin Jiang, Huiying Fang, Peihang Sun, Peng Li, Yameng Wang,
- Haonan Jia and Yan Lu collected the data; He Liu, Ying Li, and Yuming Wu analysed
- 538 the data; He Liu, Ying Li, Mingli Jiao, Siqi Zhao drafted the manuscript; and Mingli
- 539 Jiao contributed to the manuscript's revision. All authors approved the final
- manuscript for publication.
- Conflict of interest declaration: The authors declare no conflict of interest
- Data sharing statement: Data are available from the corresponding author upon
- 543 request.

Table 1 Participants' demographic characteristic

Characteristic	Number. (%) of respondents					
Characteristic	A	В	C	D		
Gender						
Male	322 (44.4)	261 (41.7)	167 (36.4)	305 (45)		
Female	404 (55.6)	366 (58.3)	292 (63.6)	377 (55)		
Year in medical school						
First year	111 (15.3)	186 (29.5)	36 (7.8)	66 (9.7)		
Second year	132 (18.2)	146 (23.1)	115 (25.1)	90 (13.2)		
Third year	154 (21.2)	117 (18.5)	110 (24)	206 (30.2)		
Fourth year	245 (33.7)	100 (15.9)	131 (28.5)	270 (39.6)		
Fifth year	84 (11.6)	82 (13)	67 (14.6)	50 (7.3)		
Overall	726 (29.1)	631 (25.3)	459 (18.4)	682 (27.3)		

- 550 A = Harbin Medical University; B = Qiqihar Medical University; C = Mudanjiang
- Medical University; D = Medical College of Jiamusi University.

Table 2 Student responses to the items in the APSQ-III.

	Positive responses (%) [†]				
Domain		Between schools			
		A	В	C	D
Patient safety training received	84.9	57.3	90	99.4	98.5
1. My training is preparing me to understand the causes of medical errors.	84.8	56.6	89.7	99	99
2. I have a good understanding of patient safety issues as a result of my undergraduate medical	85.2	58.4	90.2	99.8	97
training.					
3. My training is preparing me to prevent medical errors.	84.7	56.8	90.1	99.3	99.4
Error reporting confidence	74.9	53.1	75.8	85.6	88.1
4. I would feel comfortable reporting any errors I had made, no matter how serious the outcome had	71.6	52.9	68.5	80.5	85.7
been for the patient.					
5. I would feel comfortable reporting any errors other people had made, no matter how serious the	76.7	53.4	79.8	88.1	89.5
outcome had been for the patient.					
6. I am confident I can talk openly to my supervisor about an error I had made, even if it resulted in	76.5	53.1	79	88.1	89.2
potential or actual harm to my patient.					
Working hours as an error cause	83.4	56.2	88.2	98	98.7

7. Shorter shifts for doctors will reduce medical errors.	81.7	53.9	85.9	97.1	97.3
8. By not taking regular breaks during shifts, doctors are at an increased risk of making errors.	84.7	57.8	89.8	98.9	99.5
9. The number of hours doctors work increases the likelihood of making medical errors.	83.8	56.8	89	97.9	99.4
Error inevitability	74.9	55.2	80.9	87.1	82.2
10. Even the most experienced and competent doctors make errors.	84.3	56.7	89.4	99.8	98.7
11. A true professional does not make mistakes or errors. †	68.9	53	79.3	86.1	64.8
12. Human error is inevitable.	71.6	56	73.9	75.4	83.2
Professional incompetence as an error cause		53.25	59.6	61	60
13. Most medical errors result from careless nurses	68.1	56.8	79	79.3	62.1
14. If people paid more attention at work, medical errors would be avoided [†]	67.2	53.2	62.5	72.8	80.1
15. Most medical errors result from careless doctors [†]	65.8	55.1	74.2	77.1	61.4
16. Medical errors are a sign of incompetence [†]	32.5	47.9	22.7	14.7	36.5
Disclosure responsibility		55.1	72.6	78.4	74.8
17. It is not necessary to report errors which do not result in adverse outcomes for the patient [†]	60.8	57.6	70.7	69.8	48.8
18. Doctors have a responsibility to disclose errors to patients only if the errors result in patient		55	85.2	93.8	94.5
harm.					
19. All medical errors should be reported.	66.7	52.6	61.9	71.6	81

Team functioning	76.9	55.7	77.5	87.6	91.8
20. Better multidisciplinary teamwork will reduce medical errors.	69.2	54.9	64.5	75.4	84.5
21. Teaching students teamwork skills will reduce medical errors.	84.7	56.6	90.5	99.8	99.1
Patient involvement in reducing errors	84.7	56.7	90.2	99.4	98.7
22. Patients have an important role in preventing medical errors.	85.1	56.1	90.5	99.5	98.6
23. Encouraging patients to be more involved in their care can help to reduce the risk of medical	84.5	57.3	90	99.3	98.8
errors occurring.					
Importance of patient safety in the curriculum	71.6	56.4	78.5	82.4	74.4
24. Teaching students about patient safety should be an important priority in medical students'	84.1	55.9	89.5	99.1	98.6
training.					
25. Patient safety issues cannot be taught; they can only be learned through clinical experience,	46.6	55.8	55.4	50	25.3
which is gained when one is qualified. †					
26. Learning about patient safety issues before I qualify will enable me to become a more effective	85	57.5	90.7	99.3	99.4
doctor.					

A = Harbin Medical University; B = Qiqihar Medical University; C = Mudanjiang Medical University; D = Medical College of Jiamusi University; †Positive responses are those with 'agree' or 'strongly agree'. The denominator for each question may vary because not every student responded to every question in the survey; † Negatively worded item, where the percent positive response is based on those who

responded, 'strongly disagree' or 'disagree.'

Table 3 Student responses to the nine factors in the APSQ-III.

]	Positive respons	es (%) [‡]			
	Year in	Patient	Error	Working	Working Professional					Importance
Schools	medical	safety	Error	hours as	Error	incompetence	Disclosure	Team	involvement	of patient
	school	training	reporting confidence	an error	inevitability	as an error	responsibility	functioning	in reducing	safety in the
		received	confidence	cause		cause			errors	curriculum
A	first	78.6	73.4	79.7	71.9	56.6	66.4	73.9	80.8	50.7
	second	74.3	62.9	74.4	71.4	56	66.6	64	71.9	49.8
	third	57.1	52.9	56.2	52.8	51.9	51.4	57.5	55.1	41.5
	fourth	43.1	40	40.5	45.4	51.1	48.7	42.7	42.8	37.6
	fifth	45.2	46.4	42.6	41.1	51.8	46.6	51.2	42.7	33.7
В	first	99.4	84.7	95.8	86	61.5	78.2	84.1	98.9	62.6
	second	97.2	86.8	95	91.1	66.3	78.5	87	99.1	59.8
	third	98	72.7	95.9	83.8	59.2	63.3	81.3	100	63.5
	fourth	98.9	86.5	97.3	84.4	60.9	77.5	78.8	97.3	63.5

	fifth	61.4	51.9	61.2	61.6	51.5	57.4	56.1	58.7	47.2
C	first	99.1	90.3	96.1	91.9	62	84.1	86.4	98.2	63.5
	second	99.6	90.3	98.3	84.2	63.6	81.2	81.1	99.5	63.2
	third	100	83.4	97.9	87.1	60.7	78.2	91	100	59.3
	fourth	97	77.9	96.9	86.9	60	75.2	87.2	95.7	66.5
	fifth	99.7	79.9	99.4	85.2	58.5	70.9	92.6	100	58.2
D	first	99.1	87.1	99.2	86	63.3	72.7	90.2	97.1	56.7
	second	98.5	88.7	99.2	83.2	61.3	77.5	91	98.2	54.6
	third	97.1	87.2	97.2	82.9	59.9	74.8	89.3	99.2	57.8
	fourth	100	96.1	100	74.2	52.3	67	97.7	100	52.4
	fifth	100	78	100	79.3	41	74.9	100	100	65.1

A = Harbin Medical University; B = Qiqihar Medical University; C = Mudanjiang Medical University; D = Medical College of Jiamusi

Table 4 Factors in the APSQ-III that demonstrated significant differences between the five cohorts of four schools.

University; [†]Positive responses are those who responded, 'agree' or 'strongly agree.' The denominator for each question may vary because not every student responded to every question in the survey.

medical	Patient	Error	Working		Professional			Patient	Importance	
school	safety		hours as	Error	incompetence	Disclosure	Team	involvement	of patient	
	training	reporting *	an error	inevitability*	as an error	responsibility	functioning*	in reducing	safety in the	
	received*	ceived cause cause			cause			errors*	curriculum*	
first	93.5	82.5	91.7	82.7	60.4	74.4	82.5	93.5	58.1	
second	91.9	81.6	90.9	82.6	61.9	75.8	79.9	91.5	56.9	
third	87.4	74.6	86.4	76	57.8	67	79.7	87.9	54.9	
fourth	80.7	73.2	79.5	68.2	54.4	63.9	75.3	80	51.5	
fifth	72.4	61.8	71.7	64.7	51.6	60.4	71	71	49.1	

^{*}P<0.05; *Positive responses are those who responded, 'agree' or 'strongly agree.' The denominator for each question may vary because not

every student responded to every question in the survey.

STROBE Statement—Checklist of items that should be included in reports of *cross-sectional studies*

	Item No	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title	1
		or the abstract	
		(b) Provide in the abstract an informative and balanced summary of	2
		what was done and what was found	
Introduction	•		
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	3-6
Objectives	3	State specific objectives, including any prespecified hypotheses	6
Methods			
Study design	4	Present key elements of study design early in the paper	6
Setting	5	Describe the setting, locations, and relevant dates, including periods	6
-		of recruitment, exposure, follow-up, and data collection	
Participants	6	(a) Give the eligibility criteria, and the sources and methods of	6
		selection of participants	
Variables	7	Clearly define all outcomes, exposures, predictors, potential	6
		confounders, and effect modifiers. Give diagnostic criteria, if	
		applicable	
Data sources/	8*	For each variable of interest, give sources of data and details of	6-7
measurement		methods of assessment (measurement). Describe comparability of	
		assessment methods if there is more than one group	
Bias	9	Describe any efforts to address potential sources of bias	6
Study size	10	Explain how the study size was arrived at	6
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If	6-7
		applicable, describe which groupings were chosen and why	
Statistical methods	12	(a) Describe all statistical methods, including those used to control	7
		for confounding	
		(b) Describe any methods used to examine subgroups and interactions	6
		(c) Explain how missing data were addressed	6
		(d) If applicable, describe analytical methods taking account of	6
		sampling strategy	
		(e) Describe any sensitivity analyses	
Results	•		
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers	7-8、19
		potentially eligible, examined for eligibility, confirmed eligible,	
		included in the study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic,	7
		clinical, social) and information on exposures and potential	
		confounders	
		(b) Indicate number of participants with missing data for each	6、19
		variable of interest	
Outcome data	15*	Report numbers of outcome events or summary measures	6-9
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted	

		1
	estimates and their precision (eg, 95% confidence interval). Make	
	clear which confounders were adjusted for and why they were	
	included	
	(b) Report category boundaries when continuous variables were	
	categorized	
	(c) If relevant, consider translating estimates of relative risk into	
	absolute risk for a meaningful time period	
17	Report other analyses done—eg analyses of subgroups and	
	interactions, and sensitivity analyses	
18	Summarise key results with reference to study objectives	9-12、19-25
19	Discuss limitations of the study, taking into account sources of	13
	potential bias or imprecision. Discuss both direction and magnitude	
	of any potential bias	
20	Give a cautious overall interpretation of results considering	13
	objectives, limitations, multiplicity of analyses, results from similar	
	studies, and other relevant evidence	
21	Discuss the generalisability (external validity) of the study results	13
22	Give the source of funding and the role of the funders for the present	17-18
	study and, if applicable, for the original study on which the present	
	article is based	
	18 19 20 21	clear which confounders were adjusted for and why they were included (b) Report category boundaries when continuous variables were categorized (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period 17 Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses 18 Summarise key results with reference to study objectives 19 Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias 20 Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence 21 Discuss the generalisability (external validity) of the study results 22 Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present

^{*}Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

BMJ Open

Perceptions of patient safety culture among medical students: A cross-sectional investigation in Heilongjiang Province, China

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Complete List of Authors:	Liu, He; Hebei Medical University, Office of Academic Affairs Li, Ying; Harbin Medical University, Department of Health Policy and Hospital Management Zhao, Siqi; Hebei Medical University, Department of Nursing Psychology and Humanities Jiao, Mingli; Harbin Medical University, Health policy; Chinese Academy of Social Science, Institute of Quantitative &Technical Economics Lu, Yan; Jiamusi University, School of Public Health Liu, Jinghua; QiQihar Medical University, Department of Health Policy and Hospital Management, School of Public Health Fang, Huiying; Harbin Medical University, Department of Health, Policy and Hospital Management, School of Public Health Sun, Peihang; Harbin Medical University, Department of Health, Policy and Hospital Management, School of Public Health Li, Peng; Harbin Medical University, Department of Health Policy and Hospital Management, School of Public Health Wang, Yameng; Harbin Medical University, Department of Health Policy and Hospital Management Jia, Haonan; Harbin Medical University, Department of Health Policy and Hospital Management Jia, Haonan; Harbin Medical University, Department of Physiology, School of basic medicine Liu, Limin; The 2nd Affiliated Hospital of Harbin Medical University, Medical record room Zhao, Yanming; The 2nd Affiliated Hospital of Harbin Medical University, CT room Wu, Qunhong; Harbin Medical University, Department of Social Medicine, School of Public Health
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- 1 Perceptions of patient safety culture among medical students: A cross-sectional
- 2 investigation in Heilongjiang Province, China
- 3 He Liu^{1†}, Ying Li^{2†}, Siqi Zhao³, Mingli Jiao^{2,4*}, Yan Lu⁵, Jinghua Liu⁶, Kexin Jiang², Huiying
- 4 Fang², Peihang Sun², Peng Li², Yameng Wang², Haonan Jia², Yuming Wu⁷, Limin Liu⁸,
- 5 Yanming Zhao⁹, Qunhong Wu^{10*}

- Office of Academic Affairs, Hebei Medical University, 361 Zhongshan East Road, Chang'an District, Shijiazhuang 050017, China; E-Mail: 771773207@qq.com (H.L.)
- 9 2 Department of Health Policy and Hospital Management, School of Public Health, Harbin
- Medical University, 157 Baojian Road, Nangang District, Harbin 150081, China; E-Mails:
- 11 1690342267@qq.com (Y.L.); 576732775@qq.com (S.Z.); jiangkexin1994@163.com (K.J.);
- 12 565453428@qq.com (H.F.); 745450570@qq.com (P.S.); 18845146293@163.com (P.L.);
- 13 984453904@qq.com (Y.W.); 495150755@163.com (H.J.)
- 14 3 Department of Psychology and Humanities Nursing, Hebei Medical University, Donggang
- Road 48, Yuhua District, Shijiazhuang 050017, China; E-Mail: siqizhao1992@foxmail.com
- 16 (S.Z.)
- 17 4 Institute of Quantitative & Technical Economics, Chinese Academy of Social Science, 5 Jian
- guo men nei Road, Dongcheng District, Beijing 100000, China; E-Mail: minglijiao@
- 19 126.com (M.J.)
- 20 5 School of Public Health, Jiamusi University, Jiamusi 154007, China; E-Mail:
- yanlulyan@163.com (Y.L.)
- 22 6 School of Public Health, Qiqihar Medical University, Qiqihar 161006, China; E-Mail:
- 23 liujinghuajhl@126.com (J.L.)
- 24 7 Department of physiology, School of Masic medicine, Hebei Medical University, 361
- 25 Zhongshan Road, Changan District, Shijiazhuang 050017, China; E-Mail:
- wuyanmingymw@126.com (Y.W.)
- 27 8 Medical Record Room, The 2nd Affiliated Hospital of Harbin Medical University,
- Harbin 150081, China; E-Mail: liuliminlml@126.com (L.L.)
- 29 9 CT Room, The 2nd Affiliated Hospital of Harbin Medical University, Harbin 150081, China;
- 30 E-Mail: yanmingzhaozym@163.com (Y.Z.)
- 31 10 Department of Social Medicine, School of Public Health, Harbin Medical University, 157
- 32 Baojian Road, Nangang District, Harbin 150081, China; E-Mail: wuqunhong12345@163.com
- (Q.W.)
- 35 †These authors contributed equally to this work.
- *Correspondence: minglijiao@126.com and wuqunhong12345@163.com

Abstract

- **Objectives:** The medical school education plays an important role in promoting
- 42 patient safety. In this study, we assess medical students' perceptions of patient safety
- culture, identify their educational needs, and provide evidence on the most important
- content relating to patient safety for the medical school curriculum.
- **Method:** This cross-sectional study was conducted in four medical universities in
- 46 Heilongjiang province. First through fifth year medical students completed an
- 47 anonymous questionnaire—the Attitudes toward Patient Safety Questionnaire III
- 48 (APSQ-III). We analysed the differences in responses across the four universities and
- 49 cohorts.
- **Results:** Overall perceptions of patient safety culture across the four medical
- universities were positive. The highest positive response rate was for 'I have a good
- 52 understanding of patient safety issues as a result of my undergraduate medical training'
- frange: 58.4%–99.8%), whereas the lowest positive response rate was for 'medical
- errors are a sign of incompetence' (14.7%–47.9%). Respondents in the earlier years of
- 55 school tended to have more positive responses for items concerning working hours
- and teamwork; however, fourth and fifth year students had more positive responses
- 57 for error inevitability. Items with the lowest positive response rates across the cohorts
- 58 included items related to 'professional incompetence as a cause of error' and
- 'disclosure responsibility'.
- **Conclusions:** While students had generally positive views of the patient safety culture,
- 61 none of them had been exposed to any formal curriculum content on patient safety.
- 62 Policymakers should focus more on how educational needs vary across schools and
- 63 cohorts in order to establish appropriate curricula.
- **Keywords**: medical education, patient safety, medicine students

Strengths and limitations of this study

- 67 his is the first study to use the APSQ-III to compare patient safety culture
- across different medical schools and grades in Heilongjiang province, China.

- 69 We covered almost all the medical colleges in Heilongjiang province.
- 70 The study is limited by the potential non-response bias. Students who responded
- to the survey might have been more interested than their peers in patient safety,
- which might have inflated the attitude ratings.
- 73 The results might not be generalisable to all medical colleges in China, although
- our sample size was large.

1. Introduction

- Providing patients with a safe and comfortable medical environment is an important
- 77 task for medical and healthcare organizations worldwide. Indeed, in 1999, the
- 78 Institute of Medicine (IOM) released a report called 'To Err Is Human: Building a
- 79 Safer Health System' to highlight the importance of patient safety. Studies conducted
- in several countries have shown that a lack of attention to patient safety can lead to
- medical errors, which in turn can harm patients and increase their hospitalization
- 82 time.^{2 3} Hence, the maintenance and promotion of patient safety is of utmost
- 83 importance.
- The advancement of patient safety requires a fundamental change in the healthcare
- 85 culture. Reducing harm through an improved safety culture is a global priority.⁴
- 86 Policymakers, payers, and groups such as the Agency for Healthcare Research and
- 87 Quality (AHRQ), National Patient Safety Agency, and World Health Organization
- have developed numerous safety initiatives at the national and institutional levels.⁵
- 89 However, most of these initiatives targeted doctors, managers, and other healthcare
- 90 professionals—rather less attention has been paid to medical students, who are the
- 91 next generation of medical workers.⁶ It is essential for medical students to have a
- 92 good understanding of the patient safety culture. Because this understanding will
- 93 doubtlessly influence their treatment of patient safety issues throughout their working
- 94 lives
- 95 In 1980, Hilfiker proposed that medical graduates lack the ability to handle medical
- 96 errors. Even by 1998, Pilpel and his colleagues found that there was not yet any
- 97 formal document for medical students that described how to handle medical errors.⁸
- While the launch of the 'Building a Safer Health Care System' in 1999 triggered a

global discussion of patient safety issues, 1 a later study by Leape et al. concluded that the status of patient safety education is not optimal.⁹ The Australian Health Safety and Quality Committee published the National Patient Safety Education Framework (NPSF) in 2005. 10 Then, in 2008, the WHO launched the first expert committee on patient safety issues in undergraduate medical curricula. 11 Subsequently, the Patient Safety Alliance conducted pilot studies in 11 schools worldwide, and proposed that advocacy for patient safety activities is one of the most important WHO initiatives in the 21st century globally. The primary prerequisite for the implementation of education on patient safety culture is to understand medical students' current awareness of a safety culture. To this end, Carruthers et al. used the Attitudes toward Patient Safety Questionnaire (APSQ) to study medical students' perceptions of the patient safety culture. ¹² Similarly, Liao et al. surveyed 367 medical students at three medical colleges in the United States about the patient safety culture.⁵ while Bowman et al. explored knowledge of patient safety culture among 170 medical students at the University of California at San Francisco. 13 Leung et al. surveyed second year students at medical schools in Hong Kong and Singapore about their perceptions of the patient safety culture and compared their different educational needs. 14 However, patient safety education in areas with low medical standards and high medical risks—for example, in developing countries like China—is still in its infancy. 15 One thing we do understand, from a report exploring safety education content and teaching methods in China. 16 is that patient safety education has not been fully implemented within the curricula and clinical practice therein. Heilongjiang province, as the healthcare centre of Northeast China, has the largest area and availability of health resources, and it has more than 30 million people.¹⁷ Heilongjiang province has four prominent medical schools that provide medical and health service personnel training for the entire province: Harbin Medical University, Qiqihar Medical University, Mudanjiang Medical University, and the Medical College of Jiamusi University. Of these, Harbin Medical University has the best educational reputation and most stringent entrance requirements, although the others (along with

their affiliated tertiary hospitals) have good reputations as well. However, there are no studies examining perceptions of a patient safety culture among medical students in Heilongjiang province, and few in China as a whole. Understanding current perceptions of the patient safety culture and identifying medical students' most urgent educational needs in that area, is critical for the effective design and successful implementation of education programs at Heilongjiang's medical institutions. Consequently, we evaluated the students' perceptions of the patient safety culture at these four medical schools, with the goal of identifying domains critical to transforming patient safety perspectives and addressing students' educational needs.

2. Methods

2.1 Sampling and Data collection

In 2014, we conducted a cross-sectional survey of four medical schools in Heilongjiang province. The cooperation of the schools was obtained by contacting the managers of the student affairs offices. While some of these schools offered courses in doctor-patient relations and evidence-based medicine, none of them had a dedicated or systematic patient safety course. Furthermore, none of the students had received any prior formal teaching on patient safety. As such, we could obtain a baseline assessment of these students' views on the patient safety culture. We used systematic random sampling to select 800 clinical medical students from a roster of all medical undergraduates at each school. We provided these students with detailed explanations of the objective of this investigation; some students expressed interest in participating in the survey, while others declined to participate. Students who were willing to participate were given two days to complete the questionnaire anonymously, after which they returned it to a box provided in a counsellor's office. We did not collect respondents' names or any other identifiers. Using this procedure, we obtained 2498 valid questionnaires (total response rate: 78.1%). Of the students who participated, 726 (response rate: 90.8%) came from Harbin Medical University, 631 (78.9%) from Qiqihar Medical University, 459 (57.4%) from Mudanjiang Medical University, and 682 (85.3%) from the Medical College of Jiamusi University.

2.2 Questionnaire

- We used the APSQ-III, 12 14 18-20 which was specifically designed for students and
- 160 covers nine key domains related to the patient safety culture. The APSQ-III assesses
- several domains regarding patient safety culture, rather than examining differences in
- patient safety education. As such, it can more accurately reflect realistic educational
- needs. 14 The APSQ-III has a stable domain structure and criterion validity; it can also
- distinguish between diverse student subgroups. 14
- 165 The questionnaire comprises 26 items covering nine key patient safety domains:
- 166 (a) patient safety training received (items 1–3);
- (b) error reporting confidence (items 4–6);
- 168 (c) working hours as an error cause (items 7–9);
- (d) error inevitability (items 10–12);
- (e) professional incompetence as an error cause (items 13–16);
- (f) disclosure responsibility (items 17–19);
- (g) team functioning (items 20 and 21);
- (h) patient involvement in reducing error (items 22 and 23); and
- (i) importance of patient safety in the curriculum (items 24–26).
- **2.3 Data analyses**
- 176 Responses were recorded on a five-point Likert scale, with 5 = strongly agree and 1 =
- strongly disagree. Responses were grouped into agree (i.e. 4 or 5) and disagree (i.e. 1
- or 2), and overall percentages were obtained. ¹⁴ An analysis of variance was used to
- compare the positive responses rate among students in different years of medical
- school. We also excluded unanswered questions from the analyses. The significance
- 181 was set at p < 0.05.
- **2.4 Patient and public involvement**
- Patients and public are not involved in the process of this study. As described in more
- detail in the methods section, we investigated the cognition of medical students on
- patient safety culture. And the participants will be informed of the study results via
- lectures in their schools.
- **2.5 Ethics approval**

The study protocol was reviewed and approved by the Research Ethics Committee of Harbin Medical University. Before conducting the survey, we obtained approval from each school. All participants voluntarily and anonymously participated and provided their written informed consent.

3. Results

- Of the students who responded to the demographic questions, 1,055 (42.4%) were male, and 1,435 (57.4%) were female. The response rates varied among the school year cohorts: first year, 399 (16%); second year, 483 (19.3%); third year, 587 (23.5%);
- 196 fourth year, 746 (29.9%); and fifth year, 283 (11.3%) (Table 1).
- Table 2 summarizes the patient safety culture perceptions, by survey domain, for the total sample and the four subgroups by medical school. The overall highest positive response rates were for the following domains: 'patient safety training received', 'patient involvement in reducing errors', 'I have a good understanding of patient safety issues as a result of my undergraduate medical training', and 'patients have an important role in preventing medical errors'. The lowest positive response rates were for the domains 'professional incompetence as an error cause', 'disclosure responsibility', 'medical errors are a sign of incompetence', and 'it is not necessary to report errors, which do not result in adverse outcomes for the patient'.
- When looking at specific medical schools, the highest positive response rates were found in Mudanjiang Medical College, for the domain 'patient safety training received'. Jiamusi Medical College had the second highest rates overall, and its highest positive response rate was for the domain 'working hours as an error cause'. In Qiqihar Medical University, the highest positive response rate was for 'patient involvement in reducing errors'. In all four institutions, the lowest positive response rate was for 'professional incompetence as an error cause'. The overall lowest positive response rates came from Harbin Medical University; the highest positive response rate was for the domain 'patient safety training received', and the lowest for 'error reporting confidence'. We observed statistically significant differences among the schools in their responses to all nine key patient safety domains.
- Table 3 summarizes the patient safety culture perceptions for the total sample and five

school year cohorts, according to the APSQ-III domains. Perceptions of patient safety culture varied noticeably according to school year. All five cohorts had a positive perception of 'patient safety training received' and 'patient involvement in reducing errors'. However, first and second year students had more positive perceptions of 'working hours as an error cause', while third year students had a more positive view of 'team functioning'. Besides the aforementioned domains, fourth and fifth year students had high positive response rates for 'error inevitability'. The lowest positive response rates were for 'professional incompetence as an error cause' and 'importance of patient safety in the curriculum' for all cohorts. As shown in Table 4, there was a significant difference (p < 0.05) among cohorts in their positive response rates for 'patient safety training received', 'error reporting confidence', 'working hours as an error cause', 'error inevitability', 'team functioning', 'patient involvement in reducing errors', and 'importance of patient safety in the curriculum'.

4. Discussion

Patient safety is a top health care priority, and all medical undergraduates must have the necessary capacity to minimize patient harm as they embark on their future career. Education and training are key to achieving this goal.⁵ Medical students' experiences at medical school, as well as their perceptions of the patient safety culture, have an important influence on their attitudes toward patient safety and their behaviours within this domain.²¹ Therefore, screening their perceptions of the key areas of patient safety, as in the present study, offers an opportunity to improve their clinical acumen and future medical education. It can also be utilized by medical directors and clinical service supervisors for real-time assessment in promoting a safety culture. We also conducted the present study to demonstrate how the APSQ-III can be used to identify differences among school year cohorts across several medical universities in Northeast China.

The findings of this study highlight that medical students tend to have generally positive perceptions of the patient safety culture.²² Interestingly, although none of our participants had received any formal teaching on the subject, students from all four universities tended to report that they had been trained in this subject well (84.9%).

This finding is similar to that of a previous study by Leung et al. in Hong Kong, ¹⁴ who proposed that the result could be due to students' misunderstanding or an inability to distinguish teaching from they have learned from public media. We also believe that this is because of a rather common psychological phenomenon among students in China—that is, escaping responsibility. This phenomenon refers to the idea that Chinese students are struggling to cope with and protect themselves in an intensely hierarchical environment, which manifests as a fear of telling the truth because of its potential impact on teachers' evaluations of them. Accordingly, many students do not want to acknowledge errors or defects, and may be unwilling to report problems to avoid poor evaluations or to fit in within their teams.⁵ Therefore, more attention should be paid to this reluctance to 'speak up' in Chinese culture, and greater vigilance is required to prevent a fear of exposing deficiencies. Leung et al. found the highest positive response rates for 'working hours as an error cause', 'error inevitability', and 'importance of patient safety in the curriculum', whereas 'patient involvement in reducing error' and 'team functioning' had the lowest overall positive response rates. 14 By contrast, in the present study, 'patient involvement in reducing errors' and 'patient safety training received' had the highest positive response rates, while 'professional incompetence as an error cause' and 'disclosure responsibility' had the lowest. In contrast with students in Hong Kong, students in mainland China responded positively to items relating to 'patient involvement in reducing errors'. A probable reason for this finding is that patients in Hong Kong must adhere to the illness-specific arrangements made by public medical institutions regarding waiting lists, hospitalisation, and surgery. Additionally, they cannot choose their own doctors (however, they are generally trusting of doctors and hospitals). In mainland China, however, patients' understanding of their diagnosis and treatment has been continuously improving, and the traditional medical model is gradually being replaced with more active patient participation.²³ The doctor and patient undertake the process of medical decision-making together, and the patient has the right to choose their doctor independently. In addition, medical staff in mainland China often encourage patients and their families to participate in diagnosis- and

treatment-related procedures.²⁴ This might include encouraging patients or family members to participate in examining the label on an infusion bottle to obtain the name of the drug, reading drug information, and so on. Previous research has shown that patient participation can reduce the occurrence of medical errors. 25 All these points might explain why Chinese medical students show positive attitudes for this domain. We found that responses to the 'professional incompetence as an error cause' domain were more negative compared to responses in the other domains, especially for the following items: 'medical errors are a sign of incompetence' (32.5%), 'medical students generally consider errors as inevitable' (74.9%), and 'even the most experienced and competent doctors make errors' (84.3%). These findings suggest that students lack a proper understanding of the causes for certain errors. Our results are similar to those of Moskowitz et al., who found that students in the US were uncertain as to what constituted an error and what caused errors. 18 Medical students generally agreed that medical errors are caused by humans and a sign of incompetence (32.5%), showing that they lacked awareness of systematic errors. Furthermore, a number of students agreed that long working hours and medical staff incompetence were important causes of errors. This finding indicates that the students emphasized human factors in judging the causes of errors, which aligns with findings from a previous study on students from Hong Kong: in that study, most students reported that 'if they work hard, they can eliminate errors' was an effective strategy for preventing future errors. ²⁶ These findings suggest a need for emphasizing the potential role of other factors (e.g. systemic errors and procedural complexity) during the occurrence of medical errors. Several students reported positive perceptions of their error reporting confidence, but had less positive perceptions of their responsibility for reporting (i.e. what and how to report a problem with patient care when they witness it). Their highly positive views on reporting medical errors (74.9%) are similar to the results of a Turkish study conducted by Karaoglu et al., 2728 who found that 60.7% (n = 147) of students stated that they would report an error to the hospital committee if they had made it themselves. Furthermore, 68.6% (n = 166) of the students in that study stated that they

would report a medical error if they witnessed one. In Flin et al.'s study, most students reported that they would speak up about an error. However, this result was somewhat confusing, since students also had high positive response rates for the item, 'it is not necessary to report errors that do not result in adverse outcomes for the patient' (60.8%).²⁹ More than 50% of the students attending the Medical College at Jiamusi University agreed with this statement. All members of the medical team, including medical students, should be able to recognize unsafe conditions, report errors, and strive to improve error disclosure in settings where it is lacking. This persistent cultural change should contribute to the eradication of errors and reduce patient safety concerns. 30-32 Numerous students agreed with the following statements: 'my training is preparing me to understand the causes of medical errors' (84.8%) and 'I have a good understanding of patient safety issues because of my undergraduate medical training' (85.2%). This finding illustrates that medical students tend to have grand expectations regarding patient safety education, which is in line with the findings of Madigosky et al. 33 This US-based study also revealed that awareness of patient safety and medical errors can be increased and sustained via an experiential curriculum, which students rated as a valuable experience. 13 33 Insights can be gleaned from the differences observed among the four medical schools. The four universities ranked as follows in their positive response rates, in descending order: Mudanjiang Medical University, the Medical College of Jiamusi University, Qiqihar Medical University, and Harbin Medical University. Notably, we found no evidence of different reporting practices between the four medical schools. Possibly, the differences in local patient safety cultures, as well as students' social and cultural backgrounds, are significant contributing factors to these different positive response rates.³⁰ However, the present study design did not enable an exploration of these factors; we could only determine the focal aspects of future teaching. For example, Mudanjiang Medical University, the Medical College of Jiamusi University, and Qiqihar Medical University might target education toward the classification and underlying mechanisms of medical errors. In contrast, Harbin Medical University

might target students' confidence in error reporting as an area for improvement.

Our results run counter to those from other countries. For example, Flin et al.'s study in the UK found that most first year students reported 'medium low' or 'average' levels of knowledge regarding errors and patient safety issues. 34-38 Our results revealed that positive perceptions of a patient safety culture tended to decrease as students progressed through medical school. As seen in Table 3, more senior students appeared to have less positive perceptions of 'error reporting confidence' and 'the importance of patient safety in the curriculum'. Possible reasons for these findings include senior students' experience of working in strong clinical hierarchies, which is known to have a negative influence on error reporting and disclosure of medical errors.³⁹ Furthermore, this decrease in medical error disclosure might emerge as result of the increasing awareness and more realistic self-assessment that students develop during the process of medical education. 40 It could also be the result of inadequate training and preparation of young doctors. More senior students also appeared to have less positive perceptions of 'the importance of patient safety in the curriculum'. A likely reason for this finding is that because students face an increasing number of courses and pressure of examinations as they progress from their first to their fifth year, they do not want to add new courses to their curriculum. Still, the precise reason for this remains to be determined. A limitation of this study is the possible non-response bias. Students who agreed to respond to the survey might have been more interested in patient safety than their non-responding peers. This greater level of interest might have led to the inflation of attitude ratings. Another limitation is that we made use of a non-standardised survey instrument. In addition, the APSQ-III is a self-assessment questionnaire that addresses students' own perceptions of a patient safety culture rather than their actual teachings in this area. Therefore, the present results might not be indicative of students' actual

skills and knowledge. Moreover, extrapolation of our findings to other medical

colleges should be done with caution. Nevertheless, this is the first use of the

region in China, we covered almost all the medical colleges within this rather large province. Furthermore, we recruited a cohort of medical students across all five years of their programs; therefore, this study represents an important advancement in research on patient safety education in China. We believe that our findings can help educators develop suitable curricula for a patient safety education. In conclusion, our study explored perceptions of the patient safety culture among medical students in China. These findings suggest that medical students' perceptions of the patient safety culture can provide a tool for guiding medical education. Institutions should focus more on issues related to the causes of medical errors and error reporting. Shifts in patient safety culture should also be based on situations affecting different schools and cohorts, especially among third year medical students. Longitudinal studies using a validated instrument should also be conducted to better evaluate patient safety education programs and their relative impact on local healthcare development. Further studies should also explore the culture of reporting errors and how students in nursing and healthcare education programs address these

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errors.

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504	Mingli Jiao, Qunhong Wu, Ying Li and He Liu. designed the study; Jinghua Liu, Limin
505	Liu, Yanming Zhao, Kexin Jiang, Huiying Fang, Peihang Sun, Peng Li, Yameng Wang,
506	Haonan Jia and Yan Lu collected the data; He Liu, Ying Li, and Yuming Wu analysed
507	the data; He Liu, Ying Li, Mingli Jiao, Siqi Zhao drafted the manuscript; and Mingli
508	Jiao contributed to the manuscript's revision. All authors approved the final
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Table 1 Respondents' demographic characteristics

Characteristic	n (%)						
Characteristic	A	В	C	D			
Gender							
Male	322 (44.4)	261 (41.7)	167 (36.4)	305 (45)			
Female	404 (55.6)	366 (58.3)	292 (63.6)	377 (55)			
Year in medical school							
First	111 (15.3)	186 (29.5)	36 (7.8)	66 (9.7)			
Second	132 (18.2)	146 (23.1)	115 (25.1)	90 (13.2)			
Third	154 (21.2)	117 (18.5)	110 (24)	206 (30.2)			
Fourth	245 (33.7)	100 (15.9)	131 (28.5)	270 (39.6)			
Fifth	84 (11.6)	82 (13)	67 (14.6)	50 (7.3)			
Overall	726 (29.1)	631 (25.3)	459 (18.4)	682 (27.3)			

- A = Harbin Medical University; B = Qiqihar Medical University; C = Mudanjiang
- Medical University; D = Medical College of Jiamusi University

Table 2 Responses to APSQ-III items

	Positive responses (%) [‡]						
Domain	O11	Between schools					
	Overall	A	В	С	D		
Patient safety training received	84.9	57.3	90	99.4	98.5		
1. My training is preparing me to understand the causes of medical errors.	84.8	56.6	89.7	99	99		
2. I have a good understanding of patient safety issues as a result of my undergraduate medical	85.2	58.4	90.2	99.8	97		
training.							
3. My training is preparing me to prevent medical errors.	84.7	56.8	90.1	99.3	99.4		
Error reporting confidence	74.9	53.1	75.8	85.6	88.1		
4. I would feel comfortable reporting any errors I had made, no matter how serious the outcome had	71.6	52.9	68.5	80.5	85.7		
been for the patient.							
5. I would feel comfortable reporting any errors other people had made, no matter how serious the	76.7	53.4	79.8	88.1	89.5		
outcome had been for the patient.							
6. I am confident I can talk openly to my supervisor about an error I had made, even if it resulted in	76.5	53.1	79	88.1	89.2		
potential or actual harm to my patient.							
Working hours as an error cause	83.4	56.2	88.2	98	98.7		

81.7	53.9	85.9	97.1	97.3
84.7	57.8	89.8	98.9	99.5
83.8	56.8	89	97.9	99.4
74.9	55.2	80.9	87.1	82.2
84.3	56.7	89.4	99.8	98.7
68.9	53	79.3	86.1	64.8
71.6	56	73.9	75.4	83.2
58.4	53.25	59.6	61	60
68.1	56.8	79	79.3	62.1
67.2	53.2	62.5	72.8	80.1
65.8	55.1	74.2	77.1	61.4
32.5	47.9	22.7	14.7	36.5
69.4	55.1	72.6	78.4	74.8
60.8	57.6	70.7	69.8	48.8
80.8	55	85.2	93.8	94.5
66.7	52.6	61.9	71.6	81
	84.7 83.8 74.9 84.3 68.9 71.6 58.4 68.1 67.2 65.8 32.5 69.4 60.8 80.8	84.7 57.8 83.8 56.8 74.9 55.2 84.3 56.7 68.9 53 71.6 56 58.4 53.25 68.1 56.8 67.2 53.2 65.8 55.1 32.5 47.9 69.4 55.1 60.8 57.6 80.8 55	84.7 57.8 89.8 83.8 56.8 89 74.9 55.2 80.9 84.3 56.7 89.4 68.9 53 79.3 71.6 56 73.9 58.4 53.25 59.6 68.1 56.8 79 67.2 53.2 62.5 65.8 55.1 74.2 32.5 47.9 22.7 69.4 55.1 72.6 60.8 57.6 70.7 80.8 55 85.2	84.7 57.8 89.8 98.9 83.8 56.8 89 97.9 74.9 55.2 80.9 87.1 84.3 56.7 89.4 99.8 68.9 53 79.3 86.1 71.6 56 73.9 75.4 58.4 53.25 59.6 61 68.1 56.8 79 79.3 67.2 53.2 62.5 72.8 65.8 55.1 74.2 77.1 32.5 47.9 22.7 14.7 69.4 55.1 72.6 78.4 60.8 57.6 70.7 69.8 80.8 55 85.2 93.8

Team functioning	76.9	55.7	77.5	87.6	91.8
20. Better multidisciplinary teamwork will reduce medical errors.	69.2	54.9	64.5	75.4	84.5
21. Teaching students teamwork skills will reduce medical errors.	84.7	56.6	90.5	99.8	99.1
Patient involvement in reducing errors	84.7	56.7	90.2	99.4	98.7
22. Patients have an important role in preventing medical errors.	85.1	56.1	90.5	99.5	98.6
23. Encouraging patients to be more involved in their care can help to reduce the risk of medical	84.5	57.3	90	99.3	98.8
errors occurring.					
Importance of patient safety in the curriculum	71.6	56.4	78.5	82.4	74.4
24. Teaching students about patient safety should be an important priority in medical students'	84.1	55.9	89.5	99.1	98.6
training.					
25. Patient safety issues cannot be taught; they can only be learned through clinical experience,	46.6	55.8	55.4	50	25.3
which is gained when one is qualified. †					
26. Learning about patient safety issues before I qualify will enable me to become a more effective	85	57.5	90.7	99.3	99.4
doctor.					

A = Harbin Medical University; B = Qiqihar Medical University; C = Mudanjiang Medical University; D = Medical College of Jiamusi
University; †Positive responses include responses of 'agree' or 'strongly agree'. The denominator for each question might vary because some
students did not respond to every question in the survey; † Negatively worded item, where the positive response rate is based on responses of

527 'strongly disagree' or 'disagree'.

Table 3 Responses to the nine domains of the APSQ-III

		Positive responses (%) [†]								
	Year in	Patient	Error	Working		Professional			Patient	Importance
Schools	medical	cal safety	Error	hours as	Error	incompetence	Disclosure	Team	involvement	of patient
	school	training	reporting	an error	inevitability	as an error	responsibility	functioning	in reducing	safety in the
		received	confidence	cause		cause			errors	curriculum
A	First	78.6	73.4	79.7	71.9	56.6	66.4	73.9	80.8	50.7
	Second	74.3	62.9	74.4	71.4	56	66.6	64	71.9	49.8
	Third	57.1	52.9	56.2	52.8	51.9	51.4	57.5	55.1	41.5
	Fourth	43.1	40	40.5	45.4	51.1	48.7	42.7	42.8	37.6
	Fifth	45.2	46.4	42.6	41.1	51.8	46.6	51.2	42.7	33.7
В	First	99.4	84.7	95.8	86	61.5	78.2	84.1	98.9	62.6
	Second	97.2	86.8	95	91.1	66.3	78.5	87	99.1	59.8
	Third	98	72.7	95.9	83.8	59.2	63.3	81.3	100	63.5
	Fourth	98.9	86.5	97.3	84.4	60.9	77.5	78.8	97.3	63.5

	Fifth	61.4	51.9	61.2	61.6	51.5	57.4	56.1	58.7	47.2
C	First	99.1	90.3	96.1	91.9	62	84.1	86.4	98.2	63.5
	Second	99.6	90.3	98.3	84.2	63.6	81.2	81.1	99.5	63.2
	Third	100	83.4	97.9	87.1	60.7	78.2	91	100	59.3
	Fourth	97	77.9	96.9	86.9	60	75.2	87.2	95.7	66.5
	Fifth	99.7	79.9	99.4	85.2	58.5	70.9	92.6	100	58.2
D	First	99.1	87.1	99.2	86	63.3	72.7	90.2	97.1	56.7
	Second	98.5	88.7	99.2	83.2	61.3	77.5	91	98.2	54.6
	Third	97.1	87.2	97.2	82.9	59.9	74.8	89.3	99.2	57.8
	Fourth	100	96.1	100	74.2	52.3	67	97.7	100	52.4
	Fifth	100	78	100	79.3	41	74.9	100	100	65.1

A = Harbin Medical University; B = Qiqihar Medical University; C = Mudanjiang Medical University; D = Medical College of Jiamusi

University; [†]Positive responses include responses of 'agree' or 'strongly agree'. The denominator for each question might vary because some

students did not respond to every question in the survey.

Table 4 APSQ-III domains that demonstrated significant differences between the five cohorts across all four schools

	Positive responses (%) [†]										
Year in	Patient	Error	Working		Professional			Patient	Importance		
medical	safety	Error	hours as	Error	incompetence	Disclosure	Team	involvement	of patient		
school	training	reporting	an error	inevitability*	as an error	responsibility	functioning*	in reducing	safety in the		
	received*	confidence	cause*		cause			errors*	curriculum*		
First	93.5	82.5	91.7	82.7	60.4	74.4	82.5	93.5	58.1		
Second	91.9	81.6	90.9	82.6	61.9	75.8	79.9	91.5	56.9		
Third	87.4	74.6	86.4	76	57.8	67	79.7	87.9	54.9		
Fourth	80.7	73.2	79.5	68.2	54.4	63.9	75.3	80	51.5		
Fifth	72.4	61.8	71.7	64.7	51.6	60.4	71	71	49.1		

^{*}P < 0.05; *Positive responses include responses of 'agree' or 'strongly agree'. The denominator for each question might vary because some students did not respond to every question in the survey.

STROBE Statement—Checklist of items that should be included in reports of *cross-sectional studies*

	Item No	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title	1
		or the abstract	2
		(b) Provide in the abstract an informative and balanced summary of	2
		what was done and what was found	
Introduction	1	T	
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	3-5
Objectives	3	State specific objectives, including any prespecified hypotheses	5
Methods			
Study design	4	Present key elements of study design early in the paper	5
Setting	5	Describe the setting, locations, and relevant dates, including periods	5
C		of recruitment, exposure, follow-up, and data collection	
Participants	6	(a) Give the eligibility criteria, and the sources and methods of	5
1		selection of participants	
Variables	7	Clearly define all outcomes, exposures, predictors, potential	5
		confounders, and effect modifiers. Give diagnostic criteria, if	
		applicable	
Data sources/	8*	For each variable of interest, give sources of data and details of	5-6
measurement		methods of assessment (measurement). Describe comparability of	
		assessment methods if there is more than one group	
Bias	9	Describe any efforts to address potential sources of bias	5
Study size	10	Explain how the study size was arrived at	5
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If	5-6
		applicable, describe which groupings were chosen and why	
Statistical methods	12	(a) Describe all statistical methods, including those used to control	6
		for confounding	
		(b) Describe any methods used to examine subgroups and interactions	5
		(c) Explain how missing data were addressed	5
		(d) If applicable, describe analytical methods taking account of	5
		sampling strategy	
		(e) Describe any sensitivity analyses	
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers	6-7、18
- w.w.pw		potentially eligible, examined for eligibility, confirmed eligible,	0 / 1 10
		included in the study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic,	6
20011ptivo data	1 1 7	clinical, social) and information on exposures and potential	
		confounders	
		(b) Indicate number of participants with missing data for each	5、18
		variable of interest	3, 10
Outcome data	15*	Report numbers of outcome events or summary measures	5-8
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted	
1714111 1034113	10	(a) 5170 anadjusted estimates and, it applicable, combander-adjusted]

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	estimates and their precision (eg, 95% confidence interval). Make	
	clear which confounders were adjusted for and why they were	
	included	
	(b) Report category boundaries when continuous variables were	
	categorized	
	(c) If relevant, consider translating estimates of relative risk into	
	absolute risk for a meaningful time period	
17	Report other analyses done—eg analyses of subgroups and	
	interactions, and sensitivity analyses	
18	Summarise key results with reference to study objectives	8-11、18-24
19	Discuss limitations of the study, taking into account sources of	12
	potential bias or imprecision. Discuss both direction and magnitude	
	of any potential bias	
20	Give a cautious overall interpretation of results considering	12
	objectives, limitations, multiplicity of analyses, results from similar	
	studies, and other relevant evidence	
21	Discuss the generalisability (external validity) of the study results	12
22	Give the source of funding and the role of the funders for the present	17
	study and, if applicable, for the original study on which the present	
	article is based	
	18 19 20 21	clear which confounders were adjusted for and why they were included (b) Report category boundaries when continuous variables were categorized (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period 17 Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses 18 Summarise key results with reference to study objectives 19 Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias 20 Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence 21 Discuss the generalisability (external validity) of the study results 22 Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present

^{*}Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.