

## Supplementary File 1: Health Professional Interview Guide

1. Informed consent and demographics
  - Obtain informed consent
  - Collect demographic data and clinical characteristics

2. Introduction

Can you please tell me briefly about your role in caring for patients on hemodialysis

- *clinical management, use of evidence based practice guidelines or policies*

3. Current practice and decision-making regarding diet and lifestyle management

- a) Could you outline, in general, what you suggest or recommend to patients on hemodialysis in terms of diet and lifestyle management?
  - b) What aspect of the renal diet do you think is the most/least important in hemodialysis and why?
    - *E.g. Potassium / phosphate / fluid / salt / diabetic diet/ other*
  - c) In the context of caring for patients on hemodialysis as a whole (medications, dialysis etc) on a scale of 0 (not important at all) to 10 (most important), how would you rate the importance of diet in managing patient on hemodialysis and why?
  - d) What do you think is the most/least challenging part of lifestyle (diet, physical activity) management for you to deal with? And why.
    - *E.g. Lack of knowledge / education, Social factors, Financial constraints*
  - e) Can you give examples of when patient preferences/behavior conflicts with what is clinically recommended, how do you navigate those situations?
  - f) Do you have any “success stories” where a patient changed their lifestyle and had improved outcomes?
4. Suggestions for improving diet and lifestyle management
    - a) Can you suggest some things that might help promote behavior, particularly related to nutrition and physical activity in the hemodialysis population?
      - *E.g. Technology, counseling techniques*