

Supplement 2: quality assessment

Source	Exposure assessment	PMS diagnosis	Confounding	Participation	Target population	Total
Wilsnack 1984 ¹⁶	1	0	0	1	1	3
Stout 1986 ²⁸	0	0	0	0	0	0
Rossignol 1991 ²⁹	0	1	0	0	0	1
Caan 1993 ³⁰	1	1	0	0	0	2
Chuong 1995 ³¹	0	0	0	0	0	0
Deuster 1999 ⁹	1	1	1	0	1	4
Hourani 2004 ³²	1	0	1	0	1	3
Strine 2005 ¹⁰	0	0	0	0	1	1
Bryant 2006 ²²	1	1	0	0	0	2
Gold 2007 ¹³	1	0	0	0	1	2
Reed 2008 ²³	1	1	0	0	0	2
Bertone-Johnson 2009 ¹²	1	1	1	1	1	5
Sadler 2010 ¹⁴	1	1	1	0	0	3
Skrzypulec-Plinta 2010 ¹¹	1	1	1	0	1	4
Forrester-Knauss 2011 ³³	0	1	0	0	1	2
Pinar 2011 ³⁴	0	1	0	1	1	3
Hong 2012 ³⁵	0	1	0	1	1	3
Cheng 2013 ³⁶	0	1	1	1	1	4
Ju 2015 ³⁷	1	0	1	0	1	3