

Supplemental material

Table 1. Amino acid profile of the intervention product

Amino acid	Grams per 100 gram
Serine	0.473
Glutamic acid	1.58
Proline	0.560
Glycine	0.166
Alanine	0.499
Valine	0.527
Isoleucine	0.546
Leucine	0.998
Tyrosine	0.258
Phenylalanine	0.291
Lysine	0.852
Histidine	0.170
Arginine	0.242
Aspartic acid	0.947
Threonine	0.620
Tryptophan	0.137
Cystein +Cystine	0.181
Methionine	0.210

Particulated whey protein concentrate, name: Nutralac YO-8078.
Analysis performed by Eurofins Steins Laboratorium A/S, DK.