

Appendix B: Participant Information

Staff

Site	Staff Name (pseudonym)	Role and band
Site A	Nathalie	OT B5
	Agata	OT B6
	Alexia	OT B7
	Tom	PT B5
	Joanne	PT B6
	Jackie	PT B7
	Heidi	SLT B5
	Claire	SLT B7
	Tina	TA
	Dr Julie Hiller	Stroke Consultant
	Ann	Therapy Manager (overseeing all therapies throughout the trust)
Site B	Laura	OT B6
	Cheryl	OT B6
	Katie	PT B5
	Susie	PT B6
	Helen	PT B7
	Lucy	Clinical Lead (B8 PT)
	Sinead	SLT B5
	Sandy	SLT B6
	Judy	SLT B7
	Pip	TA
	Linda	Stroke Nurse Specialist
	Dr Stephen Adams	Stroke Consultant
	Site C	Ken
Nancy		OT B7
Rona		Clinical Lead (B8 OT)
Ghita		PT B6
Joanne		PT B7
Mary		SLT B5
Catherine		SLT B6
Becky		TA
Diedre		Therapy Manager
Michael		Consultant

Patients / Carer

Site	Patient name (pseudonym)	Age	Time since stroke and functional level	Social situation / discharge plans
Site A	Eddie	72	3 months post stroke. No movement on right side. Dependent on wheelchair and needing assistance to use it.	'Unbefriended' and previously unemployed. No next of kin. Previous accommodation no longer suitable as not wheelchair accessible. Discharge delayed due to need to re-house with appropriate support.
	Simon (wife, Mrs Rosenfeld, interviewed)	79	1 month post stroke. Dependent on a hoist to move between bed and specialist chair. Increasingly unwell – cause unknown.	Previously had a respected role in community, living with wife and family. As condition deteriorated, family and team planned for him to be discharged to a nursing home when medically stable.
	Yemi	58	2 months post stroke. Left sided weakness. Doubly incontinent and using a hoist to move from bed to wheelchair. Progressing in therapy and managing to stand with support.	Mother of young adult children, employed as a mental health care assistant. On waiting list to be transferred to neuro-rehab unit.
	Rafael	48	2 months post stroke. Made significant progress – at time of interview was able to walk with a stick and making progress with speech and use of right hand.	Was renting a room in a house share, now considered unsuitable due to stairs. Following a lengthy hospital stay, transferred to a nursing home to await rehousing.
Site B	Marcus	61	12 days post stroke. Speech difficulties (expressive dysphasia), arm weakness, able to walk but deemed impulsive and at risk of falls by therapists.	Lives with girlfriend. Discharged home on day of interview with ESD input.
	Richard	80	11 days post stroke. Speech difficulties (dysarthria), right sided weakness, inattention to right side.	Lives alone. Very active and independent prior to stroke. Plan to discharge home with ESD.
	Cerys	89	13 days post stroke. Left sided weakness. Swallowing difficulties. Needing assistance to move between bed and wheelchair. Practising walking with assistance in therapy. Memory problems, sleep difficulties, anxious and low in mood.	Was living with husband in sheltered accommodation. Planned for one week of further rehabilitation then discharge home, but this was delayed as Cerys became unwell with a chest infection.
Site C	Tristan	60	18 days post stroke. Right sided facial and arm weakness. Dysphasia and dysarthria.	Previously lived alone in own flat in, but unable to return there due to uninhabitable condition of flat. Discharge already delayed by 12 days at time of interview, as distant relatives were taking responsibility for re-housing.
	Imran	66	14 days post stroke. Dense left sided weakness. Able to move between bed and wheelchair using a rotastand and assistance of two.	Lives with wife. Aiming to go home with support from ESD.
	John	68	20 days post stroke. Able to walk with supervision. Incontinent. Cognitive impairment. Apraxia.	Lives with wife who has health problems, children are concerned about him being discharged home. Admission prolonged due to family concerns and poorer community services.

