

## **Supplement 1: Interview topic guide**

*Questions related to the personal and social experiences of younger stroke survivors extracted from the topic guide of the larger qualitative study.*

1. Please tell me what it was like for you having a stroke.
2. How has being young influenced your experience?
3. Please tell me about any physical effects of your stroke.
4. Please tell me about any psychological effects of your stroke.
5. Please tell me about how your working life or study has been impacted by stroke.
6. How has stroke impacted your finances?
7. Please tell me about how your leisure activities have been impacted by stroke.
8. In what ways has your relationship with your partner/children/parents/friends been affected by stroke?