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Diagnostic routes and time intervals for colorectal cancer in 10 international jurisdictions; findings from the International Cancer Benchmarking Partnership (ICBP)

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Diagnostic routes and time intervals for colorectal cancer in 10 international jurisdictions; findings from the International Cancer Benchmarking Partnership (ICBP)

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ABSTRACT

Objective: International differences in colorectal cancer (CRC) survival and stage at diagnosis have been reported previously. They may be linked to differences in time intervals and routes to diagnosis. The International Cancer Benchmarking Partnership Module 4 (ICBP M4) reports the first international comparison of routes to diagnosis for CRC patients and the time intervals from symptom onset until the start of treatment. Data came from patients in ten jurisdictions across six countries (Canada, the UK, Norway, Sweden, Denmark and Australia).

Design: CRC patients were identified via cancer registries. Data on symptomatic and screened patients were collected; questionnaire data from patients' primary care physicians and specialists, as well as information from treatment records or databases, supplemented patient data from the questionnaires. Routes to diagnosis and the key time intervals were described, as were betweenjurisdiction differences in time intervals, using quantile regression.

Participants: A total of 14,664 eligible CRC patients diagnosed between 2013 and 2015 were identified, of which 2,866 were included in the analyses.

Primary and secondary outcome measures: Interval lengths in days (primary), reported patient symptoms (secondary).

Results: The main route to diagnosis for patients was symptomatic presentation and the most commonly reported symptom was 'bleeding/blood in stool'. The median intervals between jurisictions ranged from: 21 to 49 days (patient); 0 to 12 days (primary care); 27 to 76 days (diagnostic); and 77 to 168 days (total, from first symptom to treatment start). Including screen-detected cases did not significantly alter the overall results.

Conclusion: ICBP M4 demonstrates important differences in time intervals between ten jurisdictions internationally. The differences may justify efforts to reduce intervals in some jurisdictions.

Strengths and limitations of this study

- This is the first international study of this scale to use standarised survey methods to systematically
 examine key intervals from patients first noticing symptoms or bodily changes until the start of
 treatment for their colorectal cancer
- Questionnaire data were enriched and validated with registry data (cancer registry and screening programmes) and data rules were applied consistentlyto ensure validity
- As with all questionnaire based studies, there may be some response differences due to participant interpretation, cohort characteristics and sampling strategy, but we did not find obvious differences between study participants which could bias our results.
- While our analyses adjusted for age, gender and comorbidity, we were unable to adjust for ethnicity and education due to different classification systems in participating countries
- Understanding variations in diagnostic and treatment intervals for colorectal cancer patients may, in
 jurisdictions with longer intervals, signal the need for improvements in service configuration and
 patient pathways.

BACKGROUND

Colorectal cancer (CRC) is a leading cause of morbidity and mortality and places a major burden on health systems; worldwide 1.36 million new cases are diagnosed every year.[1] CRC is the second most common cause of death due to cancer in Europe, accounting for more than 200,000 deaths per year.[2] Prognosis strongly depends on stage at diagnosis, and the disease can mostly be cured if diagnosed at an early stage. Survival has increased over the last several years in Europe.[3] However, there remains substantial international variation in both 1 and 5 year survival, with countries such as the United Kingdom and Denmark having significantly poorer survival than other countries such as Sweden, Canada and Australia (Figure 1).[4] Some of the variation derives from differences in stage at diagnosis which in turn is a result of the pathway to diagnosis and treatment.[5] Therefore, it is crucial to investigate international differences in this pathway for CRC.

FIGURE 1

Module 4 of the International Cancer Benchmarking Partnership (ICBP M4) focusses on the routes to diagnosis and length of diagnostic and treatment intervals as a means of understanding differences in cancer prognosis between countries.[6] This will help shape policy and practice interventions in participating jurisdictions.

Diagnosis of CRC can be difficult; the symptoms are often vague (e.g. fatigue and non-specific abdominal pain), and this poses a significant diagnostic challenge for primary care, where most patients with CRC present.[7-12] There is growing evidence that prolonged diagnostic and treatment intervals are associated with poorer outcomes in CRC.[13-14] Access to investigations such as flexible sigmoidoscopy and colonoscopy is a further key issue; open access may expedite diagnosis and effect short diagnostic intervals.[12,15]

Many countries have implemented screening – typically faecal occult blood test (FOBT)-based – which can make a significant contribution to improved CRC outcomes.[16] However, currently, the large majority of CRC diagnoses are based on symptomatic presentation– for example, seeking help in primary care or attending emergency services.[7,17]

This study aims to systematically compare the diagnostic routes and time intervals from first noticing symptoms to start of treatment in CRC patients in ten healthcare systems with broadly similar access to high quality treatment and valid cancer registration.[6]

METHODS

The methods for ICBP M4 have been described.[18] In brief, we recruited patients through cancer registries in ten jurisdictions (Victoria, Manitoba, Ontario, Denmark, Northern Ireland, Norway, Sweden, England, Scotland and Wales). The target was to recruit 200 symptomatic recently diagnosed CRC patients per jurisdiction and to the patient, primary care, diagnostic, treatment and total intervals (Figure 2).

FIGURE 2

In defining these intervals we used principles articulated in the Aarhus Statement.[19] Data were collected from patients, their primary care physician (PCP) and their cancer treatment specialists (CTSs) as well as cancer registries. When calculating the route and time intervals we used predefined rules including a data 'hierarchy' around these information sources (Supplementary File 1). Based on a standardised protocol, teams within each jurisdiction established data collection processes with registries; survey logistics and data management were adapted to each local setting.

Data were transferred in anonymised format to the analysis team at Aarhus University – all data sources were combined into a single database.

Identification of study population

Eligible patients were consecutive patients aged 40 years or more with a first-diagnosis of CRC, ICD10 coded as C18.0-C18.9, C20.0 and C20.9.[20] Patients who had had another non-index cancer earlier were eligible, but those with synchronous different primary cancers were excluded[18].

Each jurisdiction used a registry-based identification to enhance validity. We aimed to recruit patients 3-6 months after diagnosis; this avoided approaching patients too soon after diagnosis, while mimimising recall bias from a long period post-diagnosis.

Recruitment was via cancer registries; either through 1) sending a letter to the relevant healthcare professional, requesting a pre-addressed envelope be forwarded to the patient on confirmation the person was aware of the diagnosis, or 2) registries via the research team or directly sent a letter to the patient.[18] Consent was required from all patients prior to participation and data transfer.

Data sources

Data from three questionnaires of eligible patients, their PCP and CTSs (Supplementary Files 2-4) were combined with information from participating cancer registries.

1. Survey data

Questionnaires were developed collaboratively with all jurisdictions. For consented patients, based on practice lists or the patient's response, a questionnaire was sent to the PCP with whom they were listed or who had been primarily involved in the diagnostic pathway. The patients and PCPs were asked about milestones, symptoms and route to cancer diagnosis. A questionnaire was sent to the CTSs who were first involved in the treatment. Jurisdictional differences in local recruitment processes are detailed in Supplementary File 5.

2. Registry data

To enhance complete and valid data on date of diagnosis, stage and screening status, data were collected through cancer registries wherever possible. Date of diagnosis was defined based on an established International Agency for Research on Cancer (IARC) hierarchy and stage was preferably given in tumour, node and metastasis (TNM) and Duke's.[21,22]

Data handling

Local teams entered data and questionnaire responses. They were validated for obvious errors where possible and queries discussed with local contacts. All survey data underwent cleaning centrally (Aarhus University) to ensure that the same explicit rules were applied on the full dataset. Patients where age, date of diagnosis or date of consent were unknown were excluded.

As described the data rules allowed the combination of data from different sources in a standardised way that ensured reproducibility and transparency (Supplementary File 1). The rules, based on the Aarhus Statement,[19] employed a 'hierarchy' principle in terms of the order in which data sources (patient, PCP, CTS, registry) should take precedence where responses between sources differed, and included imputation rules based on the available data. The exact rule was guided by the measure in question – for example, patient interval was collected primarily from the patient questionnaire whereas primary care time-points were collected from the PCP questionnaire. All the measures were further validated using algorithms for outliers and out of range responses (e.g. negative time intervals).

Although the protocol mandated contacting patients within a 3-6-month time window after diagnosis, some local registries needed to extend this period, primarily due to delays in recording the cancer diagnosis.

Measures of routes to diagnosis

We defined routes to diagnosis for CRC using categories derived from the Aarhus Statement check-list – the following categories were used in the anaylsis:[19]

Screening

- Symptomatic:
 - o Visit PCP
 - Visit PCP and Accident and Emergency (A&E)
 - A&E
 - Investigation for another problem
- Other/unknown routes to diagnosis

Measures of time intervals

To ensure international comparison the time interval definition was adapted from the Aarhus Statement and included the following time-points:[19]

- First onset of symptoms: the time-point when first bodily change(s) and/or symptom(s) are noticed by the patient.
- First presentation to healthcare: the time-point at which it would be at least possible for the clinician seeing the patient to have started investigating.
- First referral to secondary care: the time-point at which the PCP refers the patient (and responsibility of the patient) to secondary/specialist care.
- Date of diagnosis: date the definite diagnosis was made, defined by the IARC hierarchy.[21]
- Date of start of treatment: the date where the patient started curative or palliative treatment or a
 decision not to treat.

The time intervals were calculated as the number of days between these time-points (Figure 2). For screen detected CRC, the patient and primary care interval were not applicable, with other intervals calculated using screening date as the first time-point. All time-points were validated manually and negative intervals were set to 0 days. Missing day was imputed based on specific rules to ensure that the direction of a possible misclassification bias was known (Supplementary File 1).

Establishing screening status

CRC patients were categorised using data rules as 'screen-detected', 'symptomatic' or 'other presentation'. In some jurisdictions it was possible to identify screen-detected cancers from registries; in others this categorisation depended on questionnaire responses. Due to differences in the understanding and registration of screening across jurisdictions, we specified symptom-based detection should include all patients who reported symptoms or A&E/primary care presentation, even if the patient had indicated 'screening' as the diagnostic route (unless their PCP or CTS specified a screening route). For UK countries

the distinction between a screen-detected and non-screen-detected CRC was validated using registry data on screen-detected through public programs.

Covariates

Health status was measured using the self-reported general health item from the 36-Item Short Form Health Survey (SF36).[23] Comorbidity was assessed from the patient survey as presence of four diseases (stroke, diabetes, lung or heart diseases) and categorised into: 'none', 'medium' (one or two) or 'high' (three or four). Educational level was categorised as 'low' (vocational school or lower) and 'high' (university or higher). Symptoms reported were divided into two categories: 'a CRC specific symptom' or 'other symptoms'. This was based on a symptom coding done independently by two PCP-authors (DW and PV) with the aim of identifying symptoms where clinical suspicion could be raised.[24]

Statistical analysis

Quantile regression was used to estimate differences in intervals between all jurisdictions.[25] We compared the 50th, 75th and 90th percentiles. Wales was used as the reference jurisdiction as it had the lowest CRC survival according to the ICBP Module 1 cancer survival benchmark.[4] Quantile regression allows a comparison on the interval scale with optimal information on differences. Counting days, we used the 'qcount' procedure proposed by Miranda (2006).[26] Parameters were calculated with 1000 jittered samples. The differences in intervals between jurisdictions were calculated as marginal effects after quantile regression by setting the continuous covariate age to its mean value and the categorical covariates (gender and comorbidity) to their modes. Significance level was set to 0.05 or less, and 95% confidence intervals (95%CI) were calculated when appropriate. Statistical analyses were carried out using STATA v14 software.

Sensitivity and validity analyses

All analyses were undertaken using the 6 and 9 months cut-off criteria for allowable interval from diagnosis to questionnaire completion. To estimate the effect of using patient reported intervals only, a sensitivity analysis based solely on patient data was performed. The effect of excluding patients for whom at least one time interval hadn't been reported was also investigated.

Kappa coefficient and overall agreement percentage assessed the agreement on routes to diagnosis (screening and symptomatic presentation) between the different data sources. Kappa coefficients were interpreted using Landis' and Koch's criteria:[27] 0.00 - 0.20 =slight, 0.21 - 0.40 =fair, 0.41 - 0.60 =moderate, 0.61 - 0.80 =substantial, above 0.80 =almost perfect.

Agreement between the different data sources was also assessed by Lin's concordance correlation coefficient (CCC).[28] The ICBP M4 definition of screening-status was validated against registry data on screening where available, and assessed by Kappa and overall agreement percentage.

Patient involvement

The research questions for this survey drew on an extensive literature elating diagnosis and treatment delays leading to negative patient experiences. While patient experience was not a primary outcome measure for this study, patients were given the opportunity to comment on their experience through questionnaire free-text response options (under separate analysis). Patients were involved in the piloting of study instruments to ascertain if recruitment and questionnaire content and dissemination strategies were appropriate. Each jurisdiction has committed to comunicating the findings and local implications of this study to organisations representing their study participants.

RESULTS

Patient characteristics and participation

Of 14,664 eligible patients, 3,881 returned completed questionnaires (a 31% response rate, ranging from 19% in Norway to 69% in Denmark). Of these, 2,866 (95%) were included in the analyses after application of inclusion and exclusion criteria. The study flow with identification, exclusion and responses for each jurisdiction is seen in Table 1.

Table 1: Patient flow from identification to analyses for all ten jurisdictions and totally.

| Jurisdiction | | /ales | | gland | | otland | | Ireland | | nmark | | nitoba | | orway | | veden | | ntario | | toria | Т | otal |
|---------------------------------------|-------|---------|-------|---------|-------|---------|------------------|---------|-------------------------|---------|------------------|---------|-------|---------|------------------|---------|-------|---------|-------|---------|--------|---------|
| Start date | | .0-2013 | 01-1 | 1-2013 | | 12-2013 | | 08-2013 | | 10-2013 | | 5-2013 | | 09-2014 | | 02-2014 | | 04-2014 | | 7-2013 | | |
| - 1 | _ | (%) | n | · / | | (%) | | (%) | | (%) | | (%) | | (%) | | (%) | | (%) | | (%) | | (%) |
| Eligible patients a. b | 1.274 | (100%) | 1.314 | (100%) | 1.852 | (92.4%) | 568 | (45.0%) | 490 | (79.9%) | 1.288 | (84.6%) | 1.860 | (95.5%) | 537 | (85.8%) | 5.585 | (71.8%) | 1.170 | (58.7%) | 14.664 | (76.9%) |
| Packs sent to GP ^c | 1.274 | (100%) | 1.198 | (91.2%) | 1.070 | (57.8%) | | | | | | | | | | | | | | | 3.542 | (79.8%) |
| - Pack not forwarded by GP | 211 | (16.6%) | 87 | (7.3%) | 103 | (9.6%) | | | | | | | | | | | | | | | 401 | (11.3%) |
| - Unsure if pack forwarded by GP | 333 | (26.1%) | 362 | (30.2%) | 209 | (19.5%) | | | | | | | | | | | | | | | 904 | (25.5%) |
| - Pack forwarded by GP | 730 | (57.3%) | 749 | (62.5%) | 758 | (70.8%) | | | | | | | | | | | | | | | 2.237 | (63.2%) |
| Patients contacted by GP c. d | 1.063 | (83.4%) | 1.111 | (92.7%) | 967 | (90.4%) | | | | | | | | | | | | | | | 3.141 | (88.7%) |
| Patients approached directly c | | | | | | | 555 | (97.7%) | 490 | (100%) | 761 | (59.1%) | 1.860 | (100%) | 537 | (100%) | 5.099 | (91.3%) | 1.049 | (89.7%) | 10.351 | (70.6%) |
| - Patient died | | | | | | | | | | | 49 | (3.2%) | | | | | 139 | (1.8%) | | | 188 | (1.8%) |
| - Other | | | | | | | 13 | (1.0%) | | | 26 | (1.7%) | | | | | 368 | (4.7%) | | | 407 | (3.9%) |
| - No address | | | | | | | | | | | 11 | (0.7%) | | | | | 309 | (4.0%) | | | 320 | (3.1%) |
| | | | | | | | | | | | | | | | | | | | | | | |
| Patient responses | | | | | | | | | | | | | | | | | | | | | | |
| (% of eligible patients) | 314 | (24.6%) | 285 | (21.7%) | 337 | (18.2%) | 283 | (49.8%) | 340 | (69.4%) | 274 | (21.3%) | 358 | (19.2%) | 319 | (59.4%) | 899 | (16.1%) | 472 | (40.3%) | 3.881 | (26.5%) |
| Patient responses | | | | | | | | | | | | | | | | | | | | | | |
| (% of contacted) ^e | 314 | (29.5%) | 285 | (25.7%) | 337 | (34.9%) | 283 | | 340 | (69.4%) | | (40.6%) | 358 | (19.2%) | 319 | (59.4%) | 899 | (21.0%) | 472 | (45.0%) | 3.881 | (30.9%) |
| - Did not fulfil eligibility criteria | 7 | (2.2%) | 1 | (0.4%) | | | 1 | (0.4%) | | | 1 | (0.4%) | | | | | | | | | 10 | (0.3%) |
| - Received after submission | | | | | | | 20 | (7.1%) | | | | | | | | | | | 55 | (11.7%) | 75 | (2.1%) |
| - Other | 7 | (2.2%) | | | 57 | (16.9%) | 6 | (2.1%) | 16 | (4.7%) | 11 | (4.0%) | | | | | 45 | (5.0%) | 127 | (26.9%) | 269 | (7.6%) |
| | | | | | | | | | | | | | | | | | | | | | | |
| Patient surveys forwarded for | | | | | | | | | | | | | | | | | | | | | | |
| analyses | 300 | | 284 | (99.6%) | | (83.1%) | | (90.5%) | 324 | | | (95.6%) | | (100%) | 319 | (100%) | 854 | (95.0%) | 290 | (61.4%) | 3.527 | (90.9%) |
| Excluded for analyses – total | 17 | | | (3.5%) | | (2.5%) | | (1.2%) | 7 | . , | | (1.5%) | | (20.1%) | 8 | (2.5%) | 532 | (62.3%) | | (0.3%) | 661 | (18.7%) |
| - Not sampled | 0 | (0%) | 0 | (0%) | | (0%) | | (0%) | 0 | (0%) | 0 | (0%) | | (0%) | 0 | , | 494 | (57.8%) | 0 | (0%) | 494 | (14%) |
| - Previous cancer | 0 | (0%) | 3 | (1.1%) | | (0%) | | (0%) | 0 | (0%) | | (0%) | | (0%) | 0 | | | | 0 | (0%) | 4 | (0.1%) |
| - Unknown date of consent | 0 | (0%) | 0 | (0%) | | (0%) | | (0%) | 0 | (0%) | | (0%) | | (0.8%) | | (1.9%) | 0 | | 0 | (0%) | 9 | (0.3%) |
| - Unknown date of diagnosis | 0 | (0%) | 0 | (0%) | | (0%) | | (0%) | 0 | (0%) | | (0.4%) | | (1.7%) | 0 | , , | | | 0 | (0%) | 7 | (0.2%) |
| - Consent too late/too early | 17 | (5.7%) | 7 | (2.5%) | | (2.5%) | | (1.2%) | 0 | (0%) | 3 | (1.1%) | 60 | . , | 1 | , | | (4.3%) | | (0.3%) | 136 | (3.9%) |
| - Other | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 7 | (2.2%) | 0 | (0%) | 3 | (0.8%) | 1 | (0.3%) | 0 | (0%) | 0 | (0%) | 11 | (0.3%) |
| Patient surveys anlysed | | | | | | | | | | | | | | | | | | | | | | |
| (% of forwarded surveys) | 283 | (94.3%) | 274 | (96.5%) | 273 | (97.5%) | 253 | (98.8%) | 317 | (97.8%) | 258 | (98.5%) | 286 | (79.9%) | 311 | (97.5%) | 322 | (89.4%) | 289 | (99.7%) | 2.866 | (94.5%) |
| GP surveys analysed | | | | | | | | | | | | | | | | | | | | | | |
| (% of analysed patients) | 234 | (82.7%) | 225 | (82.1%) | 224 | (82.1%) | 213 | (84.2%) | 241 | (76.0%) | 148 | (57.4%) | 169 | (59.1%) | n/a | n/a | 121 | (37.7%) | 199 | (68.9%) | 1.774 | (69.5%) |
| Specialist surveys analysed | | | | | | | | | | | | | | | | | | | | | | |
| (% of analysed patients) | 164 | (58.0%) | 156 | (56.9%) | 179 | (65.6%) | n/a ^g | n/a | 187 ^g | (59%) | n/a ^h | n/a | 64 | (22.4%) | n/a ^h | n/a | 89 | (27.7%) | 99 | (34.3%) | 938 | (45.9%) |

^a Eligible according to protocol: i.e. woman, 40 years or more, alive, consented to participate within nine months of diagnosis, diagnosed with breast cancer (ICD-10: C50.0-C50.9), behaviour code ICD-0-3=3 and without prior history of cancer of the breast or synchronous primary breast cancer. ^b In some jurisdictions some 'eligible' patients had pre-opted out from being contacted and a small number where GP information was not available. ^cPercentages of eligible patients. ^d Maximum of potentially contacted patients, i.e. sum of packs forwarded by GP and packs unsure if forwarded by GP. ^ePercentages of patients contacted by GP (see note d) for Wales, England and Scotland or percentages of patients contacted directly by a registry excl. non-accessible patients (all other jurisdictions). ^fPercentages of patient responses. ^eData obtained from registries instead: N Ireland from from the N.Ireland Cancer Registry supported by extracts from clinical datasets; Denmark from the Danish Colorectal Cancer Group (DCCG). ^h Data not collected in this jurisdiction. ^l initially additionally 1,458 cases were eligible but excluded for this study as urban sample size was reached. ^l Additionally 92 cases were ineligible based on registry-criteria exclusions and a further 108 excluded after treating doctor approach. ^k Denominator = total number of forwarded cases excl. patients not included in analytic sample in Ontario. ^l Denominator = total number of analysed cases excl. patients from Sweden, Manitoba & N Ireland.

The characteristics of the included patients are detailed in Table 2. For tumour stage the proportion of missing stage was high in Norway due to lack of registry data.

Table 2. The characteristics of the 2866 patients aged 40 or over with a first diagnosis of CRC included in the analyses (% if nothing else stated)

| | Wales | England | Scotland | N Ireland | Denmark | Manitoba | Norway | Sweden | Ontario | Victoria | Total |
|--------------------------------------|------------|------------|------------|------------|------------|---------------------|------------|------------|------------|------------|------------|
| | (N=283) | (N=274) | (N=273) | (N=253) | (N=317) | (N=258) | (N=286) | (N=311) | (N=322) | (N=289) | (N=2866) |
| Age years | | | | | | | | | | | |
| Median (IQI) | 71 (65,79) | 71 (64,78) | 70 (61,77) | 67 (60,74) | 71 (65,77) | 69 (59,77) | 70 (62,77) | 72 (65,79) | 69 (61,77) | 66 (58,76) | 70 (62,77) |
| Age years (Symptomatic patients) | (N=208) | (N=212) | (N=192) | (N=214) | (N=311) | (N=176) | (N=264) | (N=307) | (N=257) | (N=220) | (N=2361) |
| Median (IQI) | 72 (64,81) | 72 (64,80) | 72 (61,80) | 67 (59,76) | 71 (65,77) | 73 (60,81) | 70 (62,77) | 72 (65,79) | 69 (61,77) | 69 (57,77) | 71 (62,78) |
| Age years (Screen-detected patients) | (N=73) | (N=58) | (N=78) | (N=35) | (N=0) | (N=81) | (N=18) | (N=0) | (N=55) | (N=62) | (N=460) |
| Median (IQI) | 67 (65,73) | 68 (65,74) | 66 (62,72) | 68 (63,70) | n/a | 65 (57 <i>,</i> 70) | 69 (61,74) | n/a | 68 (63,72) | 65 (60,69) | 67 (63,72) |
| Gender | | | | | | | | | | | |
| Male | 59.0 | 56.2 | 58.6 | 58.9 | 59.0 | 56.6 | 51.4 | 51.1 | 56.5 | 56.1 | 56.3 |
| Health State | | | | | | | | | | | |
| Good | 80.6 | 84.7 | 84.6 | 75.5 | 82.3 | 88.0 | 74.1 | 78.8 | 85.1 | 82.4 | 81.6 |
| Fair | 13.8 | 11.7 | 10.6 | 17.4 | 13.6 | 9.3 | 22.0 | 16.1 | 11.5 | 12.1 | 13.8 |
| Poor | 5.0 | 3.3 | 3.3 | 6.7 | 1.6 | 1.9 | 2.8 | 3.2 | 2.5 | 4.2 | 3.4 |
| Missing | 0.7 | 0.4 | 15 | 0.4 | 2.5 | 0.8 | 1.1 | 1.9 | 0.9 | 1.4 | 1.2 |
| Comorbidity ¹ | | | | | | | | | | | |
| No | 52.7 | 58.8 | 57.1 | 55.3 | 50.2 | 63.2 | 61.9 | 58.5 | 53.7 | 61.9 | 57.2 |
| Medium | 44.2 | 38.7 | 41.8 | 43.5 | 46.7 | 34.9 | 35.0 | 35.1 | 31.4 | 35.6 | 38.6 |
| High | 2.5 | 2.6 | 0.7 | 1.2 | 1.9 | 1.6 | 3.2 | 4.5 | 1.9 | 1.7 | 2.2 |
| Missing | 0.7 | 0.0 | 0.4 | 0.0 | 1.3 | 0.4 | 0.0 | 1.9 | 13.0 | 0.7 | 2.0 |
| Education | | | | | | | 7 | | | | |
| Low | 76.7 | 80.7 | 74.7 | 77.5 | 76.0 | 80.2 | 75.2 | 78.8 | 73.3 | 77.5 | 77.0 |
| High | 15.6 | 14.2 | 19.8 | 13.0 | 12.0 | 17.8 | 18.9 | 20.3 | 23.9 | 21.5 | 17.8 |
| Missing | 7.8 | 5.1 | 5.5 | 9.5 | 12.0 | 1.9 | 5.9 | 1.0 | 2.8 | 1.0 | 5.2 |
| Ethnicity | | | | | | | | | | | |
| White | 99.9 | 98.5 | 98.5 | 99.6 | 95.9 | 93.4 | 99.7 | 99.4 | 92.6 | 94.5 | 97.1 |
| Asian | 0.4 | 0.4 | 0.7 | 0.0 | 0.3 | 1.9 | 0.0 | 0.3 | 5.9 | 2.4 | 1.3 |
| Black | 0.0 | 0.0 | 0.4 | 0.0 | 0.0 | 0.4 | 0.0 | 0.0 | 0.6 | 0.0 | 0.1 |
| Other | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 3.5 | 0.0 | 0.0 | 0.3 | 0.0 | 0.4 |
| Missing | 0.0 | 1.1 | 0.4 | 0.4 | 3.8 | 0.8 | 0.3 | 0.3 | 0.6 | 3.1 | 1.1 |
| Smoking | | | | | | | | | | | |
| Currently | 4.2 | 2.6 | 8.1 | 9.1 | 11.4 | 8.9 | 7.0 | 4.8 | 4.4 | 4.8 | 6.5 |
| In the past | 55.5 | 54.7 | 51.3 | 49.0 | 55.2 | 50.8 | 56.3 | 52.7 | 59.3 | 51.6 | 53.8 |
| Never | 39.9 | 41.2 | 40.7 | 39.5 | 31.6 | 39.9 | 36.4 | 42.4 | 35.4 | 42.6 | 38.8 |
| Missing | 0.4 | 1.5 | 0.0 | 2.4 | 1.9 | 0.4 | 0.3 | 0.0 | 0.9 | 1.0 | 0.9 |
| Tumor stage – TNM & Dukes | | | | | | | | | | | |
| 0 | 0.4 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.6 | 0.0 | 0.1 |
| I | 19.4 | 20.8 | 18.7 | 18.2 | 20.5 | 17.1 | 3.9 | 16.7 | 27.0 | 26.0 | 19.0 |
| II | 25.4 | 29.6 | 32.6 | 29.6 | 36.0 | 28.3 | 4.9 | 26.1 | 32.0 | 35.6 | 28.1 |
| | 20 | _5.0 | | _5.0 | 23.0 | | | _0.1 | | 20.0 | _0.1 |

| | Wales (N=283) | England (N=274) | Scotland (N=273) | N Ireland (N=253) | Denmark (N=317) | Manitoba (N=258) | Norway (N=286) | Sweden (N=311) | Ontario (N=322) | Victoria (N=289) | Total (N=2866) |
|---|------------------|--------------------|---------------------|----------------------|--------------------|---------------------|-------------------|-------------------|--------------------|---------------------|-------------------|
| III | 40.3 | 30.7 | 35.9 | 37.6 | 24.6 | 39.5 | 7.0 | 31.5 | 28.0 | 29.1 | 30.1 |
| IV | 9.5 | 16.1 | 12.1 | 13.4 | 13.9 | 11.6 | 4.6 | 17.4 | 6.5 | 8.3 | 11.3 |
| Missing | 5.0 | 2.6 | 0.7 | 1.2 | 5.0 | 3.5 | 79.7 | 8.4 | 5.9 | 1.0 | 11.4 |
| Tumor stage – TNM & Dukes | (N=208) | (N=212) | (N=192) | (N=214) | (N=311) | (N=176) | (N=264) | (N=307) | (N=256) | (N=220) | (N=2360) |
| (Symptomatic patients) | | | | | | | | | | | |
| 0 | 0.5 | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.4 | 0.0 | 0.1 |
| 1 | 16.4 | 17.0 | 13.5 | 14.0 | 20.9 | 15.3 | 3.8 | 16.6 | 22.6 | 20.9 | 16.2 |
| II | 26.4 | 30.7 | 34.9 | 31.8 | 35.1 | 29.6 | 4.2 | 26.4 | 33.5 | 36.8 | 28.6 |
| III | 39.9 | 31.6 | 36.5 | 38.3 | 25.1 | 36.9 | 7.2 | 31.6 | 29.6 | 30.9 | 29.9 |
| IV | 11.5 | 17.0 | 14.1 | 14.5 | 13.8 | 13.1 | 4.9 | 17.3 | 8.2 | 10.0 | 12.4 |
| Missing | 5.3 | 3.3 | 1.0 | 1.4 | 5.1 | 5.1 | 79.9 | 8.1 | 5.8 | 1.4 | 12.8 |
| Tumor stage – TNM & Dukes (Screen-detected patients) | (N=73) | (N=58) | (N=78) | (N=35) | (N=0) | (N=81) | (N=18) | (N=0) | (N=55) | (N=62) | (N=460) |
| 0 | 0.0 | 0.0 | 0.0 | 0.0 | n/a | 0.0 | 0.0 | n/a | 1.8 | 0.0 | 0.2 |
| I | 28.8 | 36.2 | 30.8 | 40.0 | n/a | 21.0 | 5.6 | n/a | 47.3 | 47 | 33.3 |
| II | 23.3 | 24.1 | 28.2 | 17.1 | n/a | 24.7 | 16.7 | n/a | 21.8 | 29.0 | 24.4 |
| III | 41.1 | 27.6 | 33.3 | 34.3 | n/a | 45.7 | 5.6 | n/a | 21.8 | 21.0 | 32.0 |
| IV | 2.7 | 12.1 | 7.7 | 8.6 | n/a | 8.6 | 0.0 | n/a | 0.0 | 3.2 | 5.9 |
| Missing | 4.1 | 0.0 | 0.0 | 0.0 | n/a | 0.0 | 72.2 | n/a | 7.3 | 0.0 | 4.4 |

¹ Comorbidity coded as none=no reported, medium=1-2 reported and high=3+ reported Abbreviations: IQI=inter-quartile interval; n/a=not applicable

Routes to diagnosis

Routes to diagnosis were broadly similar, with the exception of screening; of all patients, 16.1% had a screen detected CRC, ranging from 6.3% in Norway to 31.4% in Manitoba (Table 3). In Denmark and Sweden CRC-screening had not been implemented at the time of study and screening status in Norway was determined by information from local screening trials. The proportion of screen-detected cancers in Northern Ireland is lower as most were excluded in the recruitment process. Overall (excluding Northern Ireland), most (82.2%) respondents presented with a symptomatic CRC. A high level of agreement was found between ICBP and registry data for screening status (Table 3). PCP data indicated 53.1% of the symptomatic patients were urgently referred with a suspicion of cancer; ranging from 36.6% in Ontario to 69.3% in Wales (data not shown).

Table 3. The overall route (symptomatic or screened) for CRC in each jurisdiction (%) and place of initial presentation for symptomatic patients

| | Wales | England | Scotland | N Ireland ¹ | Denmark | Manitoba | Norway ² | Sweden | Ontario | Victoria | Total |
|--|---------|---------|----------|------------------------|---------|----------|---------------------|---------|---------|----------|----------|
| | (N=283) | (N=274) | (N=273) | (N=253) | (N=317) | (N=258) | (N=286) | (N=311) | (N=322) | (N=289) | (N=2866) |
| Symptomatic | 73.5 | 77.3 | 70.3 | 84.6 | 98.1 | 68.2 | 92.3 | 99.0 | 79.8 | 76.1 | 82.4 |
| Visit PCP, Visit PCP and A&E ³ | 77.4 | 82.6 | 92.3 | 83.2 | 82.3 | 67.1 | 78.4 | 51.8 | 62.3 | 73.2 | 73.2 |
| A&E ³ | 7.2 | 3.8 | 0.5 | 6.5 | 3.2 | 9.1 | 4.6 | 11.7 | 8.2 | 8.6 | 6.7 |
| Investigation for another problem ³ | 6.7 | 4.7 | 4.8 | 3.3 | 9.3 | 9.7 | 9.9 | 32.9 | 11.3 | 7.3 | 11.1 |
| Other ³ | 8.7 | 9.0 | 2.4 | 7.0 | 5.1 | 14.2 | 7.2 | 3.6 | 18.3 | 10.9 | 8.9 |
| Screening | 25.8 | 21.2 | 28.6 | 13.8 | 0.0 | 31.4 | 6.3 | 0.0 | 17.1 | 21.5 | 16.1 |
| Other | 0.7 | 1.5 | 1.1 | 1.6 | 1.9 | 1.0 | 1.4 | 1.0 | 3.1 | 2.4 | 1.5 |

Agreement between the ICBP M4 Presentation-rule (without using registry data) and registry information to define if a CRC case was screen detected:

| Jurisdiction | Number of | between ICBP4 and Registry | | |
|--------------|-----------|----------------------------|-------|-------------|
| | cases | % | Карра | (95%CI) |
| Wales | 277 | 92 | 0.78 | (0.68-0.86) |
| England | 259 | 95 | 0.84 | (0.74-0.92) |
| Scotland | 270 | 93 | 0.83 | (0.75-0.90) |
| N Ireland | 251 | 94 | 0.75 | (0.61-0.87) |

¹ In N Ireland the proportion of screen detected CRC cases was lower as these patients were primarily excluded from the eligible group

Symptom prompting concern

The proportion (%) of patients and PCPs reporting symptoms are shown in Table 4 (for Northern Ireland and Sweden, only patient data were collected). The most common symptom reported by PCP respondents was rectal bleeding (40% of respondents), followed by change in bowel habit. While every third patient indicated fatigue as a key symptom, it was rarely reported by PCPs.

² The reporting of screening status in Norway was based on local screening trials.

³ Percentage of Symptomatic-route

Table 4. The symptoms experienced by patients before presentation and the presenting symptosm seen by the PCP for the 2,361 patients aged 40 or over with a first diagnosis of CRC who had a symptom based diagnosis. All figures are %

| | Wales | England | Scotland | N Ireland | Denmark | Manitoba | Norway | Sweden | Ontario | Victoria | Total |
|--|------------------|---------|----------|-----------|---------|----------|---------|---------|---------|----------|----------|
| First symptom (reported by patient) | (N=208) | (N=212) | (N=192) | (N=214) | (N=311) | (N=176) | (N=264) | (N=307) | (N=257) | (N=220) | (N=2361) |
| Bleeding/blood in stool | 43.8 | 41.0 | 37.5 | 43.0 | 34.7 | 42.0 | 51.9 | 47.2 | 50.6 | 37.3 | 43.: |
| Bowel habit change | 42.3 | 33.5 | 33.9 | 42.1 | 31.8 | 27.3 | 28.4 | 35.8 | 48.3 | 31.4 | 35.5 |
| Fatigue | 31.3 | 33.5 | 34.4 | 37.9 | 19.3 | 31.3 | 24.6 | 30.0 | 31.5 | 29.6 | 29.7 |
| Abdominal pain | 24.0 | 25.0 | 28.7 | 27.6 | 19.3 | 26.7 | 22.0 | 19.2 | 22.2 | 28.2 | 23.7 |
| Weight loss | 18.8 | 19.3 | 22.4 | 17.3 | 14.2 | 14.7 | 14.0 | 18.2 | 15.6 | 16.4 | 16.9 |
| Other | 40.4 | 35.9 | 37.0 | 42.5 | 27.3 | 34.7 | 31.1 | 40.1 | 18.7 | 30.5 | 33.4 |
| No symptoms | 6.7 | 3.8 | 9.9 | 4.7 | 9.7 | 14.8 | 7.6 | 9.5 | 5.8 | 8.2 | 8.0 |
| Missing | 1.4 | 1.9 | 2.6 | 1.9 | 10.3 | 3.4 | 3.0 | 1.0 | 1.2 | 0.9 | 3.0 |
| Number of symptoms per patient | | | | | | | | | | | |
| Median (IQI) | 2(1,3) | 2(1,3) | 2(1,3) | 2(1,3) | 1(1,2) | 2(1,3) | 2(1,2) | 2(1,3) | 2(1,3) | 2(1,3) | 2(1,3) |
| Presenting symptom (reported by PCP) | (N=140) | (N=151) | (N=132) | (N=0) | (N=212) | (N=77) | (N=134) | (N=0) | (N=82) | (N=118) | (N=1046) |
| Bleeding/blood in stool | 37.1 | 33.8 | 33.3 | n/a | 29.1 | 26.0 | 29.1 | n/a | 32.9 | 33.9 | 31.9 |
| Bowel habit change | 33.6 | 27.8 | 21.2 | n/a | 26.9 | 16.9 | 17.9 | n/a | 19.5 | 21.2 | 24.1 |
| Fatigue | 4.3 | 1.3 | 3.8 | n/a | 7.6 | 5.2 | 4.5 | n/a | 9.8 | 8.5 | 5 |
| Abdominal pain | 20.7 | 15.2 | 17.4 | n/a | 18.9 | 16.9 | 12.7 | n/a | 15.9 | 26.3 | 18.1 |
| Weight loss | 8.6 | 6.6 | 8.3 | n/a | 7.6 | 1.3 | 3.0 | n/a | 3.7 | 6.8 | 6.2 |
| Other | 36.4 | 30.5 | 36.4 | n/a | 34.9 | 27.3 | 33.6 | n/a | 18.3 | 39.8 | 33.2 |
| No symptoms | 3.6 | 4.6 | 6.8 | n/a | 0.5 | 15.6 | 0.0 | n/a | 3.7 | 1.7 | 3.7 |
| Missing | 8.6 | 8.6 | 9.1 | n/a | 16.5 | 26.0 | 8.2 | n/a | 17.1 | 11.0 | 12.4 |
| Cancer-specificity of symptom presented | | | | • | | | | | | | |
| Cancer-specific symptom | 67.9 | 66.2 | 56.1 | n/a | 57.6 | 46.8 | 53.0 | n/a | 48.8 | 63.6 | 58.6 |
| Non-specific symptom | 20.0 | 20.5 | 28.0 | n/a | 25.5 | 11.7 | 38.8 | n/a | 30.5 | 23.7 | 25.2 |
| No symptoms /missing | 12.1 | 13.3 | 15.9 | n/a | 17.0 | 41.6 | 8.2 | n/a | 20.7 | 12.7 | 16.2 |
| Abbreviations: IQI=inter-quartile interval; n/ | a=not applicable | | | | | | 7/ | · | | | |

Time intervals

The median patient interval varied from 21 days (Denmark) to 49 days (Wales) (Table 5). Differences in days between intervals (using Wales as a reference) were calculated as marginal effects after quantile regression by setting the continuous covariate age to its mean value and categorical covariates (gender and comorbidity) to their modes. Table 6 shows the adjusted patient median interval was 25 days shorter in Denmark than in Wales; none were longer compared to Wales (Supplementary File 6).

Table 5. The time intervals (days) for each of the ten jurisdictions depicted as median, 75th and 90th percentiles. In Sweden no data on the primary care interval was available

| | | Wales | England | Scotland | N Irelan | d | Denmark | Manitob | а | Norway | | Sweden | | Ontario | | Victoria |
|----------------------------|--------------------------|---------|---------|----------|----------|-----|---------|---------|-----|---------|-----|---------|-----|---------|-----|----------|
| Patient Interval | Number | (n=195) | (n=199) | (n=175) | (n=199) | | (n=292) | (n=134) | | (n=240) | | (n=266) | | (n=230) | | (n=199) |
| (Symptomatic patients) | Median | 49 | 34 | 30 | | 35 | 21 | | 34 | | 36 | | 31 | | 31 | 2 |
| | 75 th centile | 92 | 118 | | | 88 | 62 | | 92 | | 92 | | 92 | | 96 | 6 |
| | 90 th centile | 249 | 346 | 181 | | 312 | 180 | | 215 | | 218 | | 201 | | 304 | 23 |
| Primary Care interval | Number | (n=157) | (n=152) | (n=127) | (n=160) | | (n=207) | (n=72) | | (n=124) | | (n=0) | | (n=77) | | (n=117) |
| (Symptomatic patients) | Median | 3 | 2 | 4 | | 0 | 1 | | 4 | | 12 | | n/a | | 1 | 9 |
| | 75 th centile | 20 | 21 | 28 | | 14 | 10 | | 30 | | 39 | | n/a | | 23 | 32 |
| | 90 th centile | 78 | 54 | 93 | | 54 | 51 | | 210 | | 82 | | n/a | | 70 | 128 |
| Diagnostic interval | Number | (n=194) | (n=196) | (n=174) | (n=190) | | (n=290) | (n=133) | | (n=229) | | (n=249) | | (n=218) | | (n=197) |
| (Symptomatic patients) | Median | 60 | 48 | 38 | | 64 | 27 | | 76 | | 37 | | 36 | | 54 | 28 |
| | 75 th centile | 155 | 86 | 91 | | 111 | 66 | | 162 | | 85 | | 82 | | 146 | 60 |
| | 90 th centile | 284 | 201 | 164 | | 238 | 129 | | 365 | | 222 | | 196 | | 312 | 200 |
| Diagnostic interval | Number | (n=69) | (n=56) | (n=76) | (n=35) | | (n=0) | (n=25) | | (n=14) | | (n=0) | | (n=50) | | (n=38) |
| (Screen-detected patients) | Median | 35 | 25 | 36 | | 0 | n/a | | 66 | | 22 | | n/a | | 3 | 40 |
| | 75 th centile | 65 | 46 | 49 | | 0 | n/a | | 111 | | 48 | | n/a | | 43 | 64 |
| | 90 th centile | 99 | 70 | 76 | | 0 | n/a | | 206 | | 84 | | n/a | | 120 | 122 |
| Diagnostic interval | Number | (n=263) | (n=252) | (n=250) | (n=225) | | (n=290) | (n=158) | | (n=243) | | (n=249) | | (n=268) | | (n=235) |
| (All patients) | Median | 52 | 43 | 37 | | 47 | 27 | | 72 | | 36 | | 36 | | 44 | 28 |
| | 75 th centile | 120 | 76 | | | 101 | 66 | | 139 | | 85 | | 82 | | 128 | 64 |
| | 90 th centile | 242 | 176 | 151 | | 207 | 129 | | 320 | | 212 | | 196 | | 278 | 178 |
| Treatment interval | Number | (n=197) | (n=206) | (n=185) | (n=208) | | (n=306) | (n=161) | | (n=258) | | (n=281) | | (n=248) | | (n=209) |
| (Symptomatic patients) | Median | 39 | 31 | 33 | | 25 | 14 | | 34 | | 18 | | 35 | | 33 | 14 |
| | 75 th centile | 59 | 47 | 56 | | 40 | 19 | | 59 | | 29 | | 52 | | 54 | 29 |
| | 90 th centile | 83 | 60 | 79 | | 58 | 28 | | 97 | | 45 | | 65 | | 79 | 47 |
| Treatment interval | Number | (n=72) | (n=58) | (n=78) | (n=34) | | (n=0) | (n=79) | | (n=17) | | (n=0) | | (n=52) | | (n=60) |
| (Screen-detected patients) | Median | 44 | 39 | 49 | | 38 | n/a | | 38 | | 19 | | n/a | | 40 | 17 |
| | 75 th centile | 68 | 46 | 71 | | 52 | n/a | | 61 | | 27 | | n/a | | 54 | 35 |
| | 90 th centile | 80 | 62 | 91 | | 61 | n/a | | 83 | | 43 | | n/a | | 88 | 44 |
| Treatment interval | Number | (n=271) | (n=268) | (n=266) | (n=246) | | (n=312) | (n=240) | | (n=279) | | (n=284) | | (n=310) | | (n=276) |
| (All patients) | Median | 41 | 34 | 37 | | 27 | 14 | | 35 | | 18 | , | 36 | . , | 34 | 15 |
| | 75 th centile | 63 | 47 | 63 | | 42 | 19 | | 60 | | 28 | | 53 | | 54 | 29 |
| | 90 th centile | 80 | 61 | 87 | | 59 | 27 | | 88 | | 43 | | 65 | | 82 | 44 |
| Total interval | Number | (n=154) | (n=165) | (n=147) | (n=175) | | (n=249) | (n=123) | | (n=210) | | (n=238) | | (n=214) | | (n=168) |
| (Symptomatic patients) | Median | 168 | 145 | | . , | 138 | 77 | , , | 154 | . , | 108 | , , | 127 | , , | 124 | 90 |
| , , | 75 th centile | 304 | 248 | | | 235 | 146 | | 307 | | 203 | | 224 | | 251 | 182 |
| | 90 th centile | 365 | 365 | | | 365 | 248 | | 365 | | 312 | | 365 | | 365 | 357 |
| Total interval | Number | (n=222) | (n=221) | (n=223) | (n=209) | | (n=249) | (n=148) | | (n=224) | | (n=238) | | (n=262) | | (n=205) |
| (All patients) | Median | 128 | 112 | , | . , | 111 | 77 | . , | 136 | . , | 102 | , | 127 | , , | 105 | 74 |
| (passass) | 75 th centile | 239 | 201 | 159 | | 211 | 146 | | 266 | | 194 | | 224 | | 230 | 153 |
| | 90 th centile | 365 | 365 | | | 365 | 248 | | 365 | | 307 | | 365 | | 365 | 320 |

Table 6. Analyses of the differences in intervals (days) between Wales as the reference and the other nine jurisdictions.

| | | Wales | England | Scotland | N Ireland | Denmark | Manitoba | Norway | Sweden | Ontario | Victoria |
|------------------------|--|------------|-----------------------|------------------------|-----------------------|-------------------------|---------------------|-----------------------|-----------------------|----------------------|------------------------|
| Patient Interval | Number | (n=195) | (n=199) | (n=175) | (n=199) | (n=292) | (n=134) | (n=240) | (n=266) | (n=230) | (n=199) |
| (Symptomatic patients) | Median | 49 (ref.) | -6 (-25,13) | -14 (-29,2) | -11 (-42,20) | -25 (-38,-11) | -11 (-30,9) | -9 (-46,27) | -7 (-21,7) | -13 (-30,4) | -23 (-32,-15) |
| | 75 th centile | 92 (ref.) | 14 (-9,38) | -28 (-44,-12) | -13 (-32,6) | -28 (-47,-9) | 1 (-28,30) | -3 (-22,16) | 0 (-29,29) | 11 (-8,29) | -30 (-51,-9) |
| | 90 th centile | 249 (ref.) | 23 (-14,60) | -74 (-124,-24) | 26 (10,42) | -60 (-174,55) | -17 (-65,31) | -43 (-85,0) | -43 (-60,-27) | 3 (-109,115) | -33 (-87,21) |
| Primary Care interval | Number | (n=157) | (n=152) | (n=127) | (n=160) | (n=207) | (n=72) | (n=124) | (n=0) | (n=77) | (n=117) |
| (Symptomatic patients) | Median | 3 (ref.) | -2 (-5,2) | 1 (-4,6) | -3 (-5,0) | -2 (-5,1) | 0 (-8,8) | 7 (3,12) | n/a | -2 (-5,1) | 6 (0,13) |
| | 75 th centile | 20 (ref.) | -1 (-14,12) | 9 (-6,25) | -7 (-20,6) | -10 (-25,4) | 9 (-3,21) | 21 (3,39) | n/a | 3 (-8,15) | 13 (-6,31) |
| | 90 th centile | 78 (ref.) | -14 (-31,3) | 42 (11,73) | -23 (-64,17) | -19 (-91,53) | 124 (63,186) | 36 (0,71) | n/a | 3 (-43,49) | 36 (-16,88) |
| Diagnostic interval | Number | (n=194) | (n=196) | (n=174) | (n=190) | (n=290) | (n=133) | (n=229) | (n=249) | (n=218) | (n=197) |
| (Symptomatic patients) | Median | 60 (ref.) | -11 (-18,-4) | -20 (-27,-13) | 5 (-6,16) | -29 (-35,-24) | 14 (-1,29) | -20 (-28,-12) | -19 (-35,-3) | -1 (-11,8) | -28 (-35,-21) |
| | 75 th centile | 155 (ref.) | -56 (-119,7) | -59 (-113,-5) | -44 (-81,-7) | -83 (-110,-55) | -6 (-60,47) | -67 (-93,-42) | -65 (-117,-13) | -3 (-52,46) | -81 (-131,-32) |
| | 90 th centile | 284 (ref.) | -78 (-116,-40) | -114 (-132,-96) | -54 (-89,-19) | -130 (-161,-99) | 33 (9,56) | -80 (-114,-46) | -86 (-116,-56) | 15 (-2,32) | -78 (-103,-53) |
| Diagnostic interval | Number | (n=69) | (n=56) | (n=76) | (n=35) | (n=0) | (n=25) | (n=14) | (n=0) | (n=50) | (n=38) |
| (Screen-detected | Median | 35 (ref.) | -8 (-13,-4) | 3 (-2,8) | -32 (-36,-28) | n/a | 31 (19,43) | -15 (-24,-5) | n/a | -25 (-34,-15) | 1 (-8,10) |
| patients) | 75 th centile | 65 (ref.) | -18 (-28,-8) | -12 (-29,4) | -63 (-70,-55) | n/a | 36 (6,66) | -24 (-42-,6) | n/a | -17 (-26,-8) | 6 (-20,33) |
| | 90 th centile | 99 (ref.) | -17 (-28,-6) | 12 (-16,41) | -98 (-101,-96) | n/a | 90 (32,147) | -35 (-43,-27) | n/a | 40 (30,51) | 32 (25,40) |
| Diagnostic interval | Number | (n=263) | (n=252) | (n=250) | (n=225) | (n=290) | (n=158) | (n=243) | (n=249) | (n=268) | (n=235) |
| (All patients) | Median | 52 (ref.) | -9 (-15,-4) | -13 (-19,-7) | -2 (-12,7) | -22 (-28,-17) | 21 (13,29) | -14 (-24,-3) | -13 (-21,-4) | -4 (-11,2) | -21 (-26,-15) |
| | 75 th centile | 120 (ref.) | -34 (-49,-18) | -38 (-53,-23) | -10 (-31,10) | -44 (-56,-32) | 22 (4,41) | -29 (-50,-9) | -27 (-38,-17) | 18 (2,34) | -46 (-57,-34) |
| | 90 th centile | 242 (ref.) | -73 (-101,-45) | -91 (-118,-64) | -41 (-57,-24) | -106 (-127,-85) | 50 (7,94) | -53 (-88,-18) | -59 (-88,-30) | 44 (27,61) | -54 (-82,-26) |
| Treatment interval | Number | (n=197) | (n=206) | (n=185) | (n=208) | (n=306) | (n=161) | (n=258) | (n=281) | (n=248) | (n=209) |
| (Symptomatic | Median | 39 (ref.) | -6 (-11,-1) | -5 (-11,0) | -13 (-19,-8) | -24 (-27,-21) | -5 (-14,5) | -20 (-23,-16) | -3 (-8,2) | -6 (-10,-1) | -23 (-28,-19) |
| patients) | 75 th centile | 59 (ref.) | -13 (-18,-8) | -4 (-11,4) | -19 (-24,-13) | -41 (-48,-34) | 0 (-9,10) | -30 (-37,-24) | -8 (-16,-1) | -6 (-12,0) | -31 (-38,-25) |
| | 90 th centile | 83 (ref.) | -27 (-38,-16) | -5 (-20,11) | -29 (-42,-17) | -61 (-72,-50) | 4 (-13,20) | -43 (-59,-27) | -24 (-35,-14) | -8 (-21,4) | -42 (-52,-31) |
| Treatment interval | Number | (n=72) | (n=58) | (n=78) | (n=34) | (n=0) | (n=79) | (n=17) | (n=0) | (n=52) | (n=60) |
| (Screen-detected | Median | 44 (ref.) | -4 (-14,5) | 3 (-6,12) | -5 (-15,5) | n/a | -8 (-17,2) | -28 (-41,-16) | n/a | -8 (-14,-2) | -26 (-36,-16) |
| patients) | 75 th centile | 68 (ref.) | -22 (-26,-19) | 0 (-5,5) | -22 (-25,-18) | n/a | -13 (-22,-3) | -45 (-49,-42) | n/a | -23 (-26,-20) | -37 (-45,-29) |
| | 90 th centile | 80 (ref.) | -21 (-32,-9) | 6 (-3,14) | -23 (-31,-15) | n/a | -6 (-15,3) | -37 (-45,-30) | n/a | 11 (-1,22) | -42 (-51,-33) |
| Treatment interval | Number | (n=271) | (n=268) | (n=266) | (n=246) | (n=312) | (n=240) | (n=279) | (n=284) | (n=310) | (n=276) |
| (All patients) | Median | 41 (ref.) | -6 (-10,-2) | -2 (-9,5) | -13 (-18,-9) | -26 (-30,-21) | -4 (-10,1) | -22 (-27,-16) | -5 (-10,0) | -6 (-11,-1) | -24 (-29,-20) |
| | 75 th centile | 63 (ref.) | -15 (-21,-8) | 2 (-10,14) | -19 (-27,-11) | -42 (-50,-35) | 0 (-7,7) | -32 (-39,-24) | -9 (-16,-1) | -8 (-17,2) | -32 (-46,-17) |
| | 90 th centile | 80 (ref.) | -24 (-31,-17) | 3 (-12,18) | -25 (-34,-17) | -59 (-66,-51) | 4 (-4,12) | -41 (-54,-29) | -22 (-30,-15) | -4 (-19,11) | -40 (-50,-30) |
| Total interval | Number | (n=154) | (n=165) | (n=147) | (n=175) | (n=249) | (n=123) | (n=210) | (n=238) | (n=214) | (n=168) |
| (Symptomatic patients) | Median | 168 (ref.) | -30 (-55,-6) | -52 (-99,-5) | -36 (-93,21) | -92 (-106,-78) | -25 (-86,35) | -63 (-74,-52) | -43 (-63,-24) | -44 (-98,9) | -85 (-97,-73) |
| | 75 th centile | 304 (ref.) | -35 (-78,8) | -101 (-130,-71) | -34 (-91,22) | -137 (-177,-97) | -10 (-24,4) | -84 (-129,-38) | -62 (-92,-32) | -44 (-91,2) | -117 (-137,-97) |
| | 90 th centile | 365 (ref.) | 0 (-1,0) | -39 (-47,-32) | 0 (-1,0) | -125 (-134,-116) | 0 (-1,0) | -49 (-58,-41) | 0 (-1,0) | 0 (-1,0) | -7 (-16,1) |
| Total interval | Number | (n=222) | (n=221) | (n=223) | (n=209) | (n=249) | (n=148) | (n=224) | (n=238) | (n=262) | (n=205) |
| (All patients) | Median | 128 (ref.) | -13 (-35,9) | -22 (-36,-8) | -14 (-38,10) | -46 (-62,-30) | 10 (-13,32) | -19 (-34,-5) | -1 (-16,15) | -18 (-34,-2) | -44 (-70,-18) |
| | 75 th centile 90 th centile | 239 (ref.) | -32 (-63,-1) | -81 (-126,-35) | -26 (-64,12) | -89 (-137,-41) | 10 (-33,52) | -43 (-70,-17) | -18 (-59,23) | -16 (-80,49) | -88 (-119,-57) |
| | | 365 (ref.) | -1 (-2,0) | -108 (-129,-88) | | -118 (-127,-109) | 0 (-2,2) | -56 (-80,-32) | 0 (-1,0) | 0 (-2,1) | -46 (-54,-37) |

The differences for the 50th (median), 75th and 90th percentiles are calculated as marginal effects after quantile regression by setting the continuous covariate age to its mean value and categorical covariates (gender and comorbidity) to their modes. The actual number of days are included for Wales in Table 5.



The median primary care interval was 12 days in Norway (Table 5), statistically significantly longer than Wales (Table 6). For the 10% of patients waiting longest for referral, the longest intervals were observed in Manitoba, Victoria and Scotland (210, 128 and 93 days, respectively) (Table 5). This interval at the 90th percentile was either 4 months (Manitoba) or 1 month (Victoria and Scotland) longer than in Wales (Table 6).

The median diagnostic interval for symptomatic patients ranged from 27-28 days in Denmark and Victoria to 76 days in Manitoba. At 90th percentile it ranged from 4 months in Denmark to 10 months in Ontario (Table 5). All jurisdictions had shorter median diagnostic intervals compared to Wales, except Northern Ireland and Manitoba, where the intervals were 5 and 14 days longer, respectively (Table 6).

The shortest median treatment intervals for all patients (about 2 weeks) were observed in Denmark, Victoria and Norway. In other jurisdictions this interval was 1 month or more (Table 5). All jurisdictions had shorter treatment intervals compared to Wales, except Scotland and Manitoba (Table 6).

The median total interval (from first symptom to treatment start) for all CRC patients was between 74 days (Victoria) and 136 days (Manitoba) (Table 5). In Scotland, Denmark, Norway and Victoria, this interval was statistically significantly shorter than in Wales (Table 6).

Sensitivity and validity analyses

Changing the cut-off survey completion date from 9 months post-diagnosis to the per-protocol 6 months changed the number of included patients. However, the estimates of routes to diagnosis and time intervals were not significantly altered and the trend was the same as in the main analyses (results not shown). Sensitivity analysis based solely on patient data for those whose reporting on all time intervals was complete did not change the trend (results not shown). Comparing patient and PCP reported routes (screening and symptomatic presentation) and registry data on screening showed that agreement ranged from moderate to almost perfect (Kappa 0.59-0.86).

Comparing the dates between the different data sources showed a high agreement between all data sources for all categories of dates ($CCC \ge 0.95$ for date of diagnosis, CCC = 0.94 for date of treatment and CCC = 0.92 for date of first presentation to primary care). The analysis of the ICBP M4 definition of screening route compared with registry data showed an almost perfect agreement (Kappa>0.80) in two jurisdictions and substantial (Kappa>0.70) in two jurisdictions (Table 3).

DISCUSSION

Our study showed marked variation in the proportion of screen-detected cancers, lengths of diagnostic and treatment (and total) intervals between jurisdictions. Patient intervals were shortest in Denmark and longest in Wales; longer primary care intervals were present in Norway, Scotland, Manitoba and Victoria. Differences in primary care intervals do not necessarily reflect PCP delay - they may arise from PCPs undertaking more invesigations prior to referral. Overall, the differences are marked and suggest the need, in some jurisdictions, for revised diagnostic pathways to reduce the time taken for patients to be diagnosed and treated.

The interval differences did not show an obvious correlation with earlier reported survival differences –[4] jurisdictions with poorer survival did not consistently show longer intervals, and vice versa. While this may question the validity of our findings, and/or the relationship between diagnostic intervals and survival, it is important to note these analyses were several years apart, and there may have been significant health system changes since the survival comparisons. Nevertheless, our study adds to a growing body of evidence on routes to diagnosis and time intervals; there are few similar examples involving multiple countries in the literature.[29]

Many factors underpin the differences observed between jurisdictions, such as structural differences in healthcare delivery (e.g. care pathways, availability and accessibility of diagnostic and treatment facilities, etc.). Differences in routes to diagnosis were influenced by the presence or absence of screening programmes (in Denmark and Sweden CRC-screening had not been implemented at the time of study). Patient interval variation may reflect differences in symptom awareness or health-seeking behaviour. However, a study which compared awareness of cancer symptoms, attitudes towards cancer and barriers to attending a PCP did not demonstrated statistically significant differences.[30] It is possible that other factors, such as culture, rurality, economic or patient-specific barriers and facilitators, influence this important part of the pathway.[31]

There were significant differences in primary care intervals; overall these intervals were much longer than those found in our breast cancer analyses.[32] This raises important questions about diagnostic processes within primary care. There are widespread calls for PCPs to play a greater role in improving outcomes in CRC.[33] Indeed, it is now widely acknowledged that primary care has a major role in cancer control at all stages of the patient journey.[34] Nevertheless, there is some evidence based on observational associations that prolonged intervals might be associated with stonger 'gatekeeper' systems.[35] Further, independent of the nature of symptoms, investigation in primary care has been noted to be associated with later referral for specialist assessment for CRC and other cancers - so a long primary care interval may mean that PCPs are doing more before they refer[36]. Hence, PCP access to and use of investigations and differing national

cancer referral guidance may influence primary care intervals. There were differences in diagnostic intervals, suggesting that once patients have been referred to secondary care there is considerable variation in their experiences; differences in treatment intervals were less marked. These variations suggest there is room for improvement in reducing the total interval and its various sub-intervals, and that guidance on optimal pathways should be better implemented. Each participating jurisdiction will likely draw unique conclusions about the most appropriate response to our findings.

Strengths and weaknesses

A major strength of this study is its use of standardised survey methods in a broad range of jurisdictions to systematically examine the various components of these intervals and to describe and compare, between countries, patient journeys to a cancer diagnosis and treatment. To ensure comparability across jurisdictions, our surveys drew on existing instruments and went through an extensive process of cognitive testing, piloting and translation and adaptation.[18]

Data quality was enriched by information from national cancer registries and our algorithms showed very good agreement for jurisdictions where validation was possible. Using validated identification of CRC patients minimised the risk of missing cancer cases during inclusion and of selection bias. Further, the use of registries made it possible to exclude patients with previous cancer in the same site, providing a homogeneous group of newly diagnosed CRC patients in need of diagnostic work-up.

It was evident that there were subtle differences in the understanding of 'screening' between jurisdictions. Patients do not always distinguish between tests for screening and those for symptom-based diagnosis. Including data from registries and triangulating patient and PCP data enhanced the validity of 'screen-detected versus non-screen-detected' information, but the underlying factors varied between jurisdictions – for example, in Australia PCPs often provide screening FOBTs during consultations whereas this is rare in the UK and Scandinavia. To counter these inconsistencies, we applied our validated data rules which showed a high agreement with screening registries.

There are inevitable differences in questionnaire interpretation, characteristics of non-responders and availability of supplementary data for validation purposes. There are always considerations with questionnaire interpretation but the methodology and analysis of data sought to minimise or account for this as much as possible. Further, we used triangulation and comprehensive data rules to ensure validity, consistency and preserve statistical precision.[18] We included registry data where possible (screening, stage, date of diagnosis) and developed reliable rules for imputation based on these registry data. To minimise misclassification from data entry and handling, data entry was internally audited by local teams

and data interpretation was reduced to an absolute minimum and only performed centrally. Recall bias was minimised by the triangulation of different data sources and by ensuring that the patients received the questionnaire with a limited time window after the cancer diagnosis.

The overall response of 31% for the patient survey varied between jurisdictions. There were likely differences in the selection bias in individual jurisdictions; Our patient sampling strategy will have led to some differences in the composition of our samples, as some patients were included directly from registries, some via PCPs and, in Northern Ireland, research nurses checked lists of potentially eligible patients to confirm eligibility. We have no mechanism to examine the direction of such possible selection bias. However, comparison of participating patients on a number of variables (including comorbidity, self-assessed health, smoking, stage, presenting symptom) did not show obvious differences with potential to bias our results. We also compared age, sex and stage of cancer amongst participants versus eligible patients and found no significant differences. There were different classification systems for ethnicity and education across jurisdictions which would lead to biased estimates if included in the regression model, even if mapped or harmonised – hence, they were excluded. There were few respondents from minority ethnic groups, limiting the generalisability of our findings; further work should target these groups as they are likely to have unique characteristics in their routes to diagnosis.

Confounding from aspects related to the diagnostic route for CRC was diminished by adjusting for age, gender and comorbidity. It is possible that there is some residual confounding which can bias the results in different directions. The statistical precision of the study was high as we were able to show clinically significant differences of one week in time intervals.

Comparison with other studies

Other studies have examined symptoms and routes to diagnosis for patients with CRC – although rarely in more than a single setting. A UK study on patients diagnosed in 2001-2002 and 2007-2008 reported median diagnostic intervals of 100 and 80 days respectively.[37] A Danish study showed median diagnostic intervals for CRC of between 31 and 55 days, depending on the timing of measurement in relation to implementation of pathway guidance.[38] The difference between the present study and the former may stem from methodology issues, especially data sources (i.e. databases vs. surveys).

A study in Spain showed a symptom to diagnosis interval for CRC of 128 days and symptom to treatment interval of 155 days – these authors found that nature of symptoms, perceived seriousness of symptoms by patients, and place of first presentation influenced diagnostic and treatment intervals.[39] Sampling strategies and survey differences will have influenced the results, making it difficult to compare these

studies; nevertheless, they confirm that our results are broadly consistent with previous, single-jurisdiction studies.

The pattern of symptoms in ICBP participants was similar to other studies.[40] CRC is known to be a cancer that clinically presents with either 'alarm' symptoms, or more vague symptoms; there is evidence that doctors and patients respond less promptly to some symptoms of CRC than others – and that this can be influenced by the presence of co-morbid conditions.[41] However, the minor differences in symptom patterns seen in Table 4 are insufficient to explain the between-jurisdiction variation we've demonstrated in routes to diagnosis and diagnostic, treatment and total intervals.

Explaining observed differences between jurisdictions

The variation we see between jurisdictions mostly derives from differences in the extent to which healthcare systems support expedited CRC diagnosis and treatment; indeed, some health system characteristics, such as access and patient mobility between healthcare providers, may influence cancer outcomes - although these factors require further exploration.[42] In Denmark there have been a number of reforms specifically designed to reduce diagnostic intervals.[43] This study indicates a potential to optimise diagnostic routes for CRC in some jurisdictions. This should ideally be in conjunction with screening efforts which is gaining traction across many Western countries in response to policy and guideline initiaves.[44]

CONCLUSION

This study demonstrates considerable absolute and relative differences between jurisdictions in time intervals from first symptom until treatment for CRC. These differences do not demonstrate an obvious relationship with survival differences between the jurisdictions. The median total interval, which varied between 74 and 136 days, indicates that there is unrealised potential to optimise pathways for CRC. The main differences were found for structural parts of the pathway (e.g. those not relating to patient behaviours/actions). Further, there is a 'tail' of patients waiting many months longer to start treatment for their cancer which may affect their outcomes. While our study highlights important international differences in routes to diagnosis, further research is needed to understand these differences, and elucidate the contribution of patient pathway guidance and implementation, and health system structures. Nevertheless, the data provide important prompts for jurisdictions and suggest considerable room for improvement in some areas; they will also serve as a benchmark for measuring the effectiveness of future interventions.

List of abbreviations

ICBP M4 – International Cancer Benchmarking Partnership Module 4

PCP – primary care physician

CTS – cancer treatment specialist

CRC - colorectal cancer

Author's contribution

DW, PV, UM, AZF, HJ planned the study design, data collection, carried out the analyses and wrote the draft manuscript. All authors were responsible for local data collection, management and interpretation. All authors have participated in writing and have approved the final manuscript version.

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Competing Interests

None

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Availability of data and material

The data that support the findings of this study are available from the named authors from each ICBP jurisdiction, but restrictions apply to the availability of these data and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of the ICBP Programme Board. Please contact the ICBP Programme Management team, based at Cancer Research UK, with any queries (icbp@cancer.org.uk).

Ethics approval and consent to participate

For each local data collection, there were specific procedures and approvals which included anonymised data transfer to University College London and Aarhus University (Supplementary file 5). Approvals were received from the following institutions: Cancer Council Victoria Human Research Ethics Committee [HREC 1125]; Health Research Ethics Board, University of Manitoba [HS15227 (H2012:105)]; Research Resource Ethics Committee, CancerCare Manitoba [RRIC#28-2012]; University of Toronto Research Ethics Board [27881]; The Danish Data Protection Agency [2013-41-2030]; Swedish Ethics Review Board, Uppsala [2013/306]; Norway Regional committees for medical and health research ethics [2013/136/REK nord]; England, Wales and Scotland, NRES Committee East Midlands – Derby 2, local R&D for each health board

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Figure 1 - Survival differences for colorectal cancer demonstrated in the International Cancer Benchmarking Partnership Module 1.[4]

Figure 2 – Diagnosis and treatment of colorectal cancer: Illustration of key time points and intervals.[19]

Supplementary File 1 – Data rules

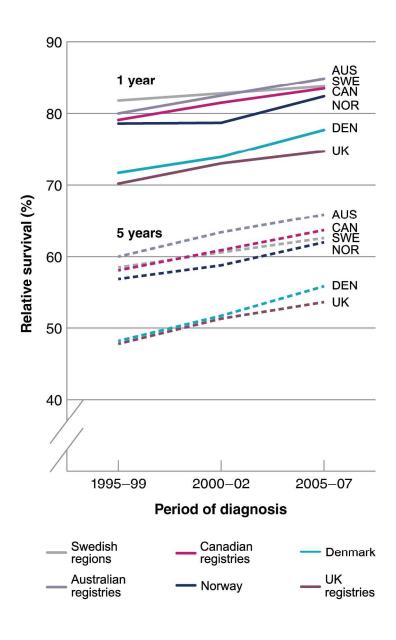
Supplementary File 2 – Sample CRC patient questionnaire

Supplementary File 3 – Sample CRC primary care questionnaire

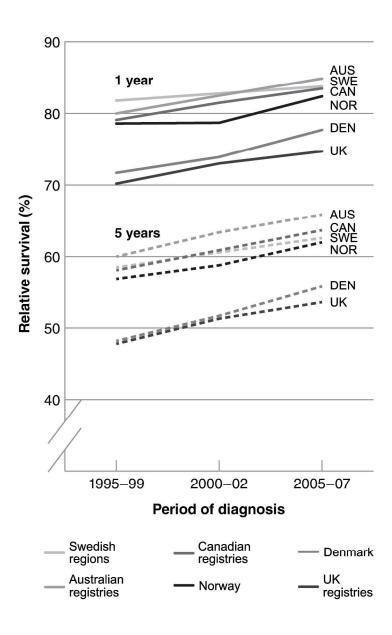
Supplementary File 4 – Sample CRC specialist questionnaire

appro.
ession analysis diag. Supplementary File 5 - Ethical approval, Working and Academic Reference Groups

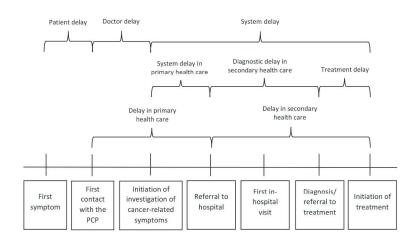
Supplementary File 6 – Regression analysis diagrams (based on Table 6)



206x312mm (300 x 300 DPI)



206x312mm (300 x 300 DPI)



209x297mm (300 x 300 DPI)

Supplementary file 1: ICBPM4 Rules for missing, incomplete, multiple response and out of range data

1. Oversampling/Participation in local screening trials

- a) To handle oversampling in Ontario, include only the first 360 consecutive CRC patients;
- b) In jurisdictions with no national screen program: exclude patients participated in local screen trials.

2. Language/Participation in study/Presence of cancer

Exclude patients who checked "No, I don't understand the language" or "I don't want to participate in this study" or "I don't have cancer".

3. Survey responders

- a) Exclude Patient/PCP/Specialist survey from the analysis, if it was not written by Patient/PCP/Specialist (example: a medical oncologist completed a PCP survey);
- b) In the case of duplicates, include only the first survey (example: 2 specialists completed surveys for the same patient).

4. Gender

Exclude patients with unknown Gender.

5. <u>Age</u>

- a) Exclude patients with unknown age;
- b) Exclude patients younger 40 years;
- c) Use registry data, if Age is reported by both patient and registry.

6. No cancer or Previous cancer in the same organ

- a) Exclude patients with no cancer based on registry data;
- b) Exclude patients with previous cancer in the same organ based on data from registry or free-text for Presentation in the patient survey.

7. Date of consent

Exclude patients with date of consent which is unknown, before 01.01.2013 or in the future.

8. Multiple responses to Dates

If multiple responses were given to the dates (of first symptom; screening; first presentation to primary care; referral; diagnosis; treatment start), then use the earliest date.

9. Order of Dates

The dates must be in the following order -

- a) First symptom; first presentation to Primary Care; referral; diagnosis; treatment start.
- b) Screening; diagnosis; treatment start.

If not, check for mistakes.

10. Date of first symptom

Date of first symptom is defined as date of first symptom from patient data.

11. Date of first presentation

Date of first presentation to Primary Care is defined as (in the order of declining priority):

- a) date of first presentation to Primary Care from PCP data;
- b) date of first presentation to Primary Care and A&E from PCP data;
- c) date of first presentation to Primary Care from patient data.

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12. Date of referral

Date of referral is defined as date of referral from PCP data.

13. Date of screening

Date of screening is defined as (in the order of declining priority):

- a) date of screening from registry;
- b) date of screening from patient data.

14. Date of diagnosis

Definition

- a) If Registry reports both date of histological confirmation and date of confirming investigation, then use date of histological confirmation.
- b) Date of diagnosis (based on patient data, PCP data, specialist data, registry data) is defined as (in the order of declining priority):
 - date of diagnosis from registry;
 - date of histological confirmation (from specialist data, PCP data);
 - date of biopsy (from specialist data, PCP data);
 - date of confirming investigation (from specialist data, PCP data);
 - date of first hospital admission (from specialist data, PCP data);
 - date of MDT confirmation (from specialist data, PCP data);
 - date patient was told (from specialist data, PCP data);
 - other date of diagnosis (from specialist data, PCP data, patient data);

Choose a Date from a lower level of hierarchy, if the Date from a higher level is after the Date of consent or more than 9 months (=271 days) before the Date of consent.

Exclusion criteria

- a) Unknown date of diagnosis;
- b) Date of diagnosis is after the date of consent;
- c) Date of diagnosis is more than 9 months before the Date of consent.

15. Date of treatment start

- a) Date of treatment start from patient data is defined as the earliest of the treatment dates for Surgery, Chemo, Radio and Other;
- b) Date of treatment start (based on registry data, specialist data, patient data) is defined as (in the order of declining priority):
 - date of treatment start from registry data,
 - date of treatment start from specialist data,
 - date of treatment start from patient data,
 - anticipated date of treatment from patient data.

16. Imputation of missing day in the date

Imputation rules for missing day (given month and year are known):

- a) Set missing day to '16';
- b) Consider adjacent dates in a backwards order (from "Treatment" to "First symptom"). For each pair of such adjacent dates: If dates are not in a logical order (e.g. "Treatment" is before "Diagnosis"), but month and year are the same in both dates, and the day was imputed to '16' in one of the dates:
 - Recode the day imputed earlier to '16' to the day from the adjacent date.

17. Considering time

If patient gave multiple answers to the "How long did you have symptoms before contacting a doctor?" question, then use the option with the shortest time interval.

18. Delay arranging appointment

If patient gave multiple answers to the "How long did it take to get an appointment with PCP?" question, then

use the option with the shortest time interval.

19. <u>Duration of symptoms</u>

If PCP gave multiple answers to the "Duration of symptoms" question, then use the option with the shortest time interval

20. Definition of Presentation

- A. Define Presentation within a Data Source (Patient, PCP)
 - 1. Review the free-text for Presentation (Patient, PCP) and re-code, if possible.
 - 2. If PCP reports 'VisitPCP and AE' or 'VisitPCP' as Presentation and no symptoms, then check Patient's records. If Patient reports 'Screening' and no symptoms, then re-code Presentation for this case as 'Screening'.
 - 3. If PCP reports 'Screening' as Presentation and at least one symptom (or "Duration of Symptoms"), then re-code Presentation to 'Other non-screen-detected'-option.
 - 4. If PCP reports 'Other' as Presentation and at least one symptom (or "Duration of Symptoms"), then re-code Presentation to 'Other non-screen-detected'-option.
 - 5. If Patient reports 'Screening' as Presentation and at least one symptom (or date of first symptom), then re-code Presentation to 'Other non-screen-detected'- option.
 - 6. If Patient reports 'Other' as Presentation and at least one symptom (or date of first symptom or "Considering time" or "Delay arranging appointment", then re-code Presentation to 'Other non-screen-detected'-option.
 - 7. In the case of multiple Presentation responses (Patient, PCP sources) use a single option (in the order of declining priority):
 - a) 'VisitPCP and AE',
 - b) 'VisitPCP', 'AE' (if both 'VisitPCP' and 'AE' are given, then re-code as 'VisitPCP and AE'),
 - c) 'Other non-screen-detected',
 - d) 'Screening',
 - e) 'Investigation for another problem',
 - f) 'Other"

B. Define Presentation from Alternative Data

If Presentation hasn't been reported in either of data sources, then define it as (in the order of declining priority):

- 1. 'Other non-screen-detected', if PCP reports at least one symptom (or "Duration of symptoms");
- 2. 'Other non-screen-detected', if Patient reports at least one symptom (or date of first symptom);
- 3. 'Other non-screen-detected', if Patient reports "Considering time" or "Delay arranging appointment" and no screening date;
- 4. 'Screening', if Patient reports screening date and no symptoms and no date of first symptom;
- 5. 'Other non-screen-detected', if jurisdiction=England, Age <58 or >76 years.

C. Define Presentation from Data Source Hierarchy

- 1. In Wales, England, Scotland, N Ireland and Manitoba: if Registry reports 'Screening' use Presentation data from Registry data.
- 2. In Wales, England, Scotland, N Ireland and Manitoba: if Registry reports 'No Screening' use Presentation data from (in the order of declining priority):
 - a) PCP data;
 - b) Patient data;

If PCP (or Patient, in the case of PCP data is not available) reports 'Screening', then code Presentation as 'Other non-screen-detected'. If information from PCP and Patient datasets is missing, then code Presentation as 'Other non-screen-detected'.

3. In Wales, England, Scotland, N Ireland and Manitoba: if screening status from Registry is missing – use Presentation data from (in the order of declining priority):

- a) PCP data;
- b) Patient data;
- 4. For Denmark, Norway, Ontario and Victoria use Presentation data from (in the order of declining priority):
 - a) PCP data;
 - b) Patient data.
- 5. In Sweden use Presentation data from Patient data.

21. Patient interval

The Patient interval for non-screen-detected patients is defined as (in the order of declining priority):

- a) "Date of first presentation to Primary Care" minus "Date of first symptom";
- b) If the interval in (a) is unknown or negative: Calculate the interval as the low boundary of "Considering time" plus the low boundary of "Delay arranging appointment";
- c) If the interval in (a) is unknown or negative and the interval in (b) is unknown: Calculate the interval as the low boundary of "Duration of symptoms interval".

22. Primary Care interval

The Primary Care interval for non-screen-detected is defined as "Date of referral" minus "Date of first presentation to Primary Care".

23. <u>Diagnostic interval</u>

- a) The Diagnostic interval for non-screen-detected is defined as "Date of diagnosis" minus "Date of first presentation to Primary Care";
- b) The Diagnostic interval for screen-detected patients is defined as "Date of diagnosis" minus "Date of screening".

24. Treatment interval

The Treatment interval is defined as "Date of treatment start" minus "Date of diagnosis".

25. Total interval

- a) The Total interval for non-screen-detected patients is defined as "Date of treatment start" minus "Date of first symptom";
- b) The Total interval for screen-detected patients is defined as "Date of treatment start" minus "Date of screening".

26. Range of Time intervals

The time intervals (Patient, Primary Care, Diagnosis, Treatment, Total) must be in range 0-1 year.

If > 1 year: set the interval to 365 days

If negative: set the interval to 0.

For each jurisdiction calculate the number of imputations due to:

- a) unknown day in a date (given known month and year);
- b) very large(>1 year) interval;
- c) negative interval.

27. Type of treatment

If patient ticked both "Yes" and "No" as answers to the "Type of treatment (Surgery, Chemotherapy, Radiotherapy)" questions, then choose "Yes" answer.

28. Health state

If patient gave multiple answers to the "Health state" question, then use the option with a better health condition.

29. Comorbidity

- a) If patient ticked both "Yes" and "No" as answers to the "Comorbidity (Heart disease, Stroke, Lung disease, Diabetes)" questions, then choose "Yes" answer;
- b) If both patient and PCP report "Comorbidity", then use the PCP Data.

30. Ethnicity

- a) If patient didn't report "Ethnicity", then use the information from (in the order of declining priority):
 - "Ethnicity_Other_Details";
 - "Other main language spoken at home";
 - "The main language spoken at home" (only for Victoria);
 - "The main language spoken at home is the chief one for this jurisdiction"="Yes" given "Main language spoken at home is other than the main one for this jurisdiction"="No";
- b) Consider Ethnicity as unknown, if answers to the "Ethnicity" question are multiple and belong to different categories ('white', 'Asian', 'black', 'other').

31. Education

If patient gave multiple answers to the "Education" question, then use the option with a higher level of education.

32. Smoking Current

- a) If patient ticked both "Yes" and "No" as answers to the "Smoking Current" question, then use "Yes" answer;
- b) If patient hasn't ticked neither "Yes" nor "No, then consider this case as Unknown.

33. Smoking Number

If patient reports "SmokingNumber" as text, then re-code using following rules:

- a) Where there is a number smoked /day accept number;
- b) Where a range has been given take the upper value;
- c) Where patient has put 10+ or 20+ capture this as 11 or 21;
- d) Where number of cigarettes smoked in the past and currently being smoked are provided average the numbers;
- e) Non entries code as ".";
- f) Non-smokers (eg, "nil", "N/A") are coded as "0".

34. Smoked ever

- a) If patient ticked both "Yes" and "No" as answers to the "Smoking ever" question, then use "Yes" answer;
- b) If patient hasn't ticked neither "Yes" nor "No": consider it as "Yes", if patient is a current smoker ("Smoking_Current="Yes"") or has specified a number of cigarettes ("SmokingNumber">0). Otherwise consider this case as Unknown.
- c) If patient has ticked "No": recode it to "Yes", if patient is a current smoker ("Smoking_Current="Yes").

35. Nature of referral

- a) Review free-text for "Nature of referral" (PCP Data) and re-code, if possible;
- b) In the case of multiple responses, use a single option as (in the order of declining priority):
 - "Referral for immediate admission";
 - "Urgent referral";
 - "Less urgent referral";
 - "General referral";
 - "No referral";
 - "Other".

36. Stage-TNM

- a) If specialist gave multiple responses to the "Stage_TNM" question, then use the highest category;
- b) If registry gave multiple responses to the "Stage_TNM", then use a single option (in the order of declining priority):
 - stage at time of diagnosis
 - stage at surgery
 - stage at oncology
- c) If "Stage_TNM" is reported by both the specialist and registry, then use the registry data;
- d) If "Stage_TNM" is unknown or "not able to stage", then use "Stage_Duke".

37. Stage Dukes

- a) If specialist gave multiple responses to the "Stage_Dukes" question, then use the highest category;
- b) If "Stage_Dukes" is reported by both the specialist and registry, then use the registry data.





International Cancer Benchmarking Partnership Module 4

Patient questionnaire

Colorectal Cancer

Thank you very much for taking the time to fill in this questionnaire – it should take about 20 minutes to complete. We are sending the questionnaire to a large sample of people who we understand have had a diagnosis of colorectal cancer. If this has been sent to you in error and you do not have cancer, please do not continue and return the documents in the prepaid envelope.

Our aim is to gain a better understanding of the process by which people have their cancer diagnosed. We would also like to find out more about the symptoms they experience (if any), and the pathway they follow from start of symptoms to treatment of their cancer. This will help in identifying ways in which cancers can be diagnosed quickly and effectively. Thank you once again for your time.

This information is confidential and will not be passed to anyone involved in your treatment.



Consent form

Please read the consent form and sign your name and date **BELOW**.

If you require any clarification, please do not hesitate to ring the study team members. Their contact details are found on the information sheet.

Please be reassured that your responses are completely confidential and will not be passed to anyone involved in your treatment. For the purposes of the study it is important that you agree to consent to all the statements listed below.

- I confirm that I have read the attached information sheet and I understand why the research is being done.
- I am willing for the team to request information from my GP and hospital doctors which is relevant to the audit as described in the information sheet.
- I give permission for my details (name, address) to be given to the cancer registry (NHS Information Centre for Health and Social Care) for follow up.
- I agree for the information I have provided and any other relevant information from my medical records to be stored as described in the information sheet under the custodianship of University College London.
- I consent to sharing of coded data which contains no personal identifiers between researchers, some of whom are located outside the European Union.
- I consent for use of my data if I become mentally incapacitated during the course of the project.

I agree to all the statements listed and consent to participate in the study.

| Name (Please print) | | |
|---|-----------------------------------|--------|
| Signature: | Date: | |
| If we have any questions, ma (Please tick) | y we phone you for clarification? | Yes No |
| If Yes , please provide your te | elephone number: | |



1. Please can you confirm the details of your GP/GP practice (name, practice address – as best as you can remember): We appreciate that you may have more than one GP involved in your care – in which case, we are interested in the GP you would say provides the majority of your care, particularly relating to the cancer you've had diagnosed.

| Name | OT | doctor | |
|------|----|--------|--|
| | | | |

Name of practice

Address





2. Which of the following best describes the events which led to your diagnosis of cancer? (please tick only ONE answer)



| I had symptoms/I noticed a bodily change and went to see a doctor (e.g. GP) | |
|---|--|
| I had symptoms/I noticed a bodily change and went/was taken to Accident and Emergency (A&E) | |
| I had seen a doctor/GP with symptoms, but went/was taken to Accident and Emergency (A&E) when things worsened | |
| I was being investigated by my doctor(s) for another problem during which time the cancer was discovered | |
| I had a cancer screening test as part of a colorectal screening programme (e.g. the NHS Bowel Cancer Screening Programme in England – NHS BCSP) | |

What date did you have this screening test? If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year

Other (please describe):



Other (please describe):



3. The following health concerns or symptoms are commonly experienced with colorectal cancer.

| Rectal bleeding or blood in faeces (poo) |
|---|
| Change in bowel habit |
| Unexplained tiredness/fatigue |
| Unexplained weight loss |
| Pelvic or abdominal pain |
| Skin went yellow |
| Abdominal distension/increased abdominal size/persistent bloating |

Please write down ALL health concern(s) or symptom(s) you may have had before contacting a doctor or taking part in screening. It does not matter if they are not included in the list above:

| Please write your health concern(s) or symptom(s) in the boxes below: | |
|---|---|
| 1) | |
| 2) | |
| 3) | |
| 4) | |
| 5) | |
| 6) | |
| | Т |



This is not applicable to me (e.g. I did not have any symptoms), please tick



4. Please write down your best estimate of the date you noticed the first of these health concern(s) or symptom(s). If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year

| D D | M | M | Y | Y | Y | Y |
|-----|---|---|---|---|---|---|
|-----|---|---|---|---|---|---|



This is not applicable to me (e.g. I had no symptoms), please tick

5. Approximately how long did you have health concern(s) or symptom(s) before contacting a doctor? (Please think of the first visit to the doctor, not re-visits after that). Please tick only ONE answer.

| Less than 1 week | |
|---------------------|--|
| 1-2 weeks | |
| 3-4 weeks | |
| 5-7 weeks | |
| 2-5 months | |
| 6-12 months | |
| More than 12 months | |

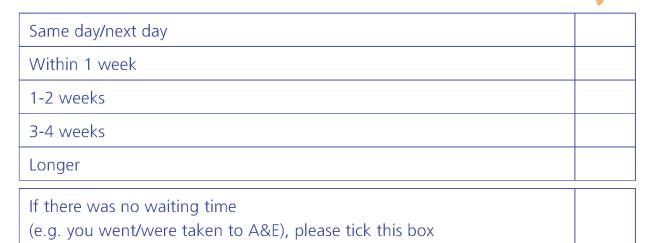


This is not applicable to me (e.g. I had no symptoms), please tick



6a. Once you contacted a practice about your health concern(s) or symptom(s), how long did it take to get an appointment with a doctor? (Please think of the first visit to the doctor, to discuss your health concern(s) or symptom(s)).

Please tick only **ONE** answer.



This is not applicable to me (e.g. I had no symptoms), please tick

6b.What was the date you first saw your doctor about your health concern(s) or symptom(s)? If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year

| D | D | M | M | Y | Y | Y | Y |
|---|---|---|---|---|---|---|---|
|---|---|---|---|---|---|---|---|



This is not applicable to me (e.g. I had no symptoms), please tick



7. How many times did you visit the following for the investigation of your symptoms before your cancer was diagnosed?

| | Please write down the number of visits |
|---|--|
| GP | |
| Hospital | |
| Consultant/specialist outside of a hospital | |
| | \checkmark |

This is not applicable to me (e.g. I had no symptoms)

8a.After your doctor referred you to a specialist, how long did it take you to get an appointment? Please tick only ONE answer.

| Less than 1 week | |
|---------------------|--|
| 1-2 weeks | |
| 3-4 weeks | |
| 5-7 weeks | |
| 2-5 months | |
| 6-12 months | |
| More than 12 months | |



This is not applicable to me (eg my doctor did not refer me), please tick



8b.What was the date of your first appointment with a doctor, involved in investigating and/or treating your cancer, to whom you were referred?If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year

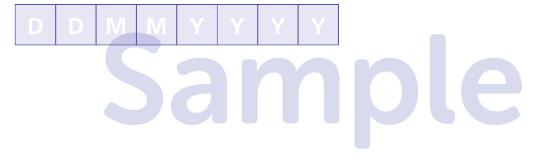




This is not applicable to me (e.g. my doctor did not refer me), please tick

9. What was the date you were told you had cancer? If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year





10. Have you had any of the following treatments for your cancer yet? If so, please can you estimate the date this treatment started? Please tick ALL that apply. If you cannot remember the exact date, you can fill in the month and the year.

| | Type of treatme | ent | Date of treatment (give first date if you had more than one) | | | | |
|----|---------------------------|-------|--|--|--|--|--|
| a. | Surgery | Yes | Day (optional), month, year | | | | |
| | | No | D D M M Y Y Y | | | | |
| b. | Chemotherapy | Yes | Day (optional), month, year | | | | |
| | | No No | D D M M Y Y Y | | | | |
| C. | Radiotherapy | Yes | Day (optional), month, year | | | | |
| | | No | D M M Y Y Y | | | | |
| d. | Other | Yes | Day (optional), month, year | | | | |
| | Please specify: | No No | D D M M Y Y Y | | | | |
| | | | | | | | |
| e. | Treatment not started yet | Yes | | | | | |



| 11. Who is the consultant doctor | who has | taken | responsibility | for | diagnosing |
|----------------------------------|---------|-------|----------------|-----|------------|
| and or/treating your cancer? | | | | | |

| Name of consultant: |
|----------------------|
| Hospital name: |
| Hospital department: |

12. Looking back to the 2 years before you were diagnosed with cancer,

would you say your general health was (Please tick only ONE answer):

general health and other health problems you may have had in the past.

| | Y |
|-----------|---|
| Very good | |
| Good | |
| Fair | |
| Poor | |
| Very poor | |

13. Have you been treated before for any of the conditions below?Please tick 'yes' or 'no' for each condition:

| Heart disease | Yes No |
|---------------|--------|
| Stroke | Yes No |
| Lung disease | Yes No |
| Diabetes | Yes No |



Finally, a little more information about you. The information you provide below will help us to analyse the results of the survey in more detail.

14.Which of these best describes your ethnic group? (please tick one box, as appropriate). If you are descended from more than one ethnic or racial group, please tick the group you consider you belong to, or tick 'any other ethnic group'.

| | 1 | | | | | | |
|--|---|---------|--|----------------------|--|--------------------|--|
| White | | Chinese | | Black - Caribbean | | Black - African | |
| Black - other | | Indian | | Pakistani | | Bangladeshi | |
| Any other ethnic group, please specify | | | | | | | |

15. What is the main language spoken in your home? Please tick

| English | |
|------------------------|--|
| Other, please specify: | |

16. What is the highest level of education you have achieved?

Please tick only **ONE** answer.

| Finished school at or before the age of fifteen | |
|--|--|
| Completed GCSEs, O-levels or equivalent | |
| Completed A Levels or equivalent | |
| Completed further education but not a degree | |
| Completed a Bachelor's degree / Masters degree / PhD | |
| Other, please specify: | |



| 17. Have you ever smoked cigarettes, including hand-rolled ones, pipes or cigars? |
|---|
| Yes No |
| 18. Are you a current smoker, smoking either cigarettes, |
| including hand-rolled ones, pipes or cigars? |
| maidanig nana renea enes, pipes er algare. |
| Yes No |
| 19. If you are a current smoker or have smoked in the past, how many cigarettes, including hand-rolled ones, pipes or cigars on average do you smoke/have you smoked per day? |
| Number per day: |
| |



20. Further comments

Please add anything else that you would like to tell us about your cancer diagnosis or treatment.

Sample

Thank you very much for taking the time to complete this questionnaire.



International Cancer Benchmarking Partnership Module 4

Primary Care Audit

Colorectal Cancer

Thank you very much for agreeing to fill in this questionnaire. As part of an international study examining differences in cancer survival, we are sending the questionnaire to health care providers of a sample of consented patients with cancer.

Our aim is to gain a better understanding of the process by which people have their cancer diagnosed – the symptoms they experience, and the pathway they follow from onset of symptoms to treatment of their cancer. This will help in identifying ways in which cancers can be diagnosed and treated quickly and effectively. Thank you once again for your time.

Please can you refer to your patient's notes in completing the questionnaire as this will help in obtaining accurate data on time points.

If you would prefer to return this questionnaire without the patient details, please tear off along the dotted line

ID-number: Jurisdiction-ID + Patient-ID:





Patient information

ID-number: Jurisdiction-ID + Patient-ID:

Full name:

Address:

Postcode:

Date of birth:

|--|



1. Duration of symptoms

Please estimate how long your patient had symptom(s), attributable to colorectal cancer, before attending your practice (or other health service).

We appreciate that identifying a 'date of first symptom' is not always straightforward – particularly when there are multiple and/or chronic symptoms. Nevertheless, we hope you can provide a 'best estimate'.

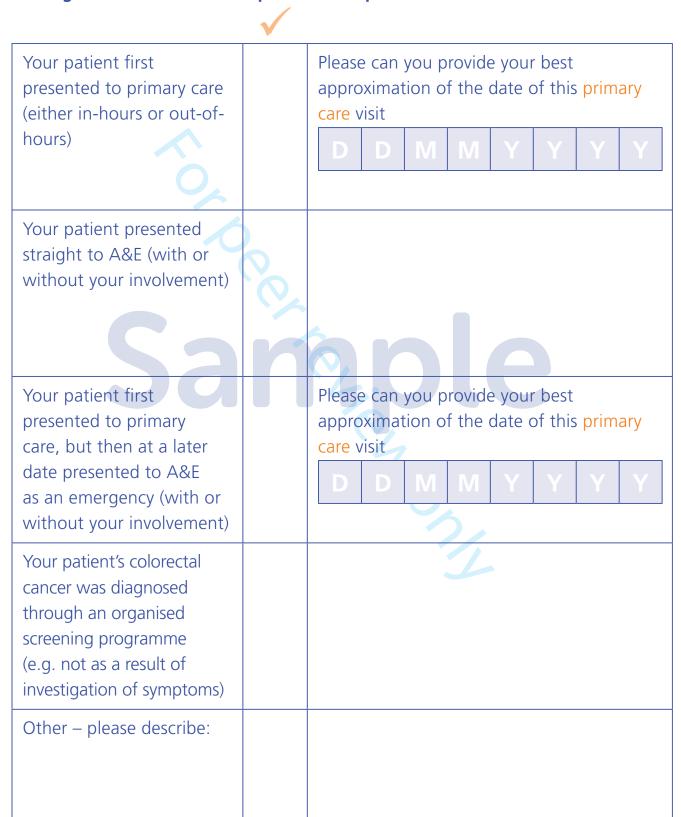
| | V | |
|---|---|--|
| Estimate of symptom duration (please tick one): | | What were the symptoms? Please describe: |
| Less than 1 week | | |
| 1 to 4 weeks | | |
| 5 to 7 weeks | | |
| 2-5 months | | 70, |
| 6-12 months | | |
| More than 12 months | | |
| Not possible to estimate | | |
| No symptoms | | |

(e.g. screen detected cancers)



2. Pathway of presentation

2.1Through what route did the patient first present? Please tick ONE.

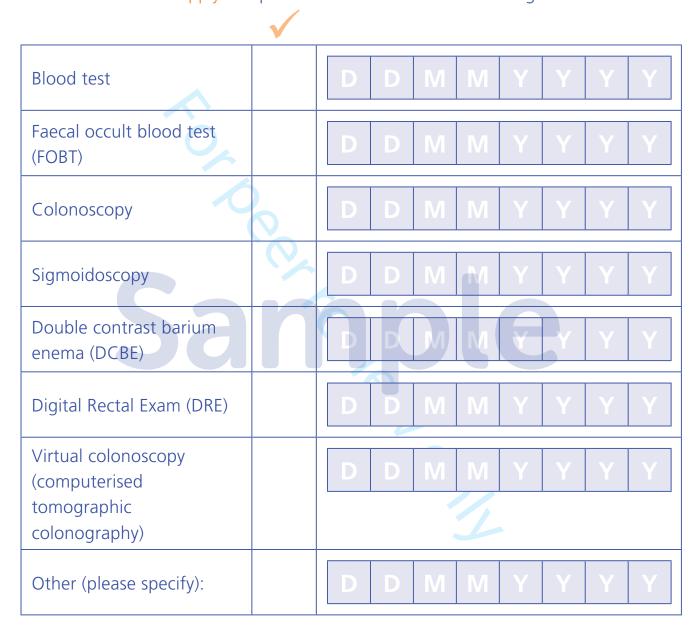




3. Date you ordered any tests/investigations in response to symptom(s).

We are interested in any kind of tests/investigations (e.g. imaging etc) that you may have ordered. Please only consider the tests/investigations that you ordered yourself.

Please tick ALL that apply and put in the date that the test/investigation was ordered:



4. Date of referral to specialist medical services

At what date did you **first** refer the patient to hospital or another specialist transferring the responsibility for on-going investigation/treatment to other medical services?





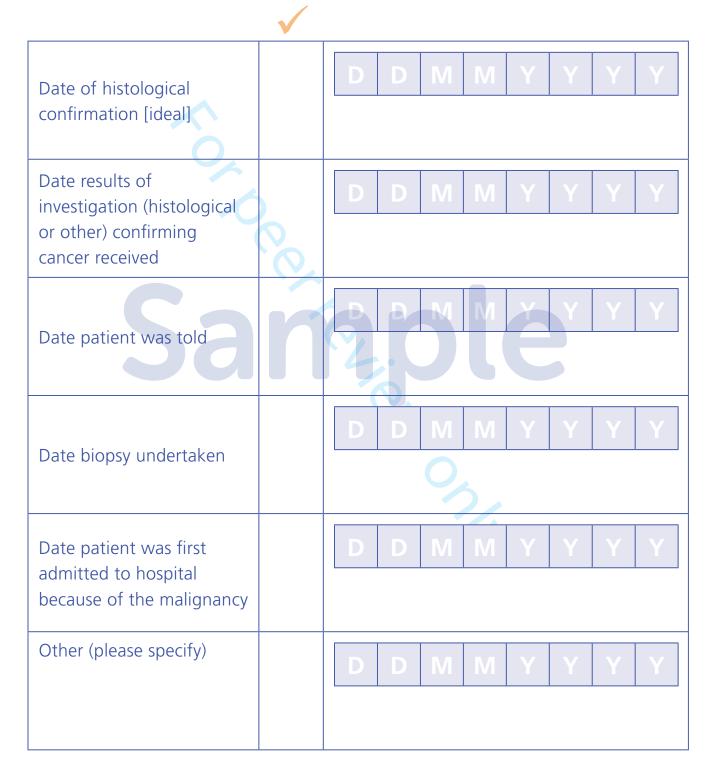
| _ | ь і | | | C . I | | • | |
|----------|-----|--------|----------|-------|------|-----------|------|
| — | N | ווודבו | α | T TI | nic | refei | rrai |
| J. | IΝ | ıatuı | | | 1113 | I G I G I | ıaı |

| N | ature of this referral | | | | | | | | | |
|--|--|--------|---------|-------|-------|--------|------|--------|------|----|
| D | o you know the date that the | patie | nt w | as se | en fo | r this | refe | rral? | | |
| | Yes, please provide the date: | D | D | M | M | Y | Y | Y | Υ | |
| | No | | | | | | | | | |
| 2 Id | you did make a referral to sp | eciali | st ser | vices | , whi | ch of | the | follov | wing | be |
| | escribes the nature/characteri | | | | | | | | _ | |
| | | | | | | | | | • | / |
| | Emergency admission: a referral for immediate admission | to A&I | E (or e | quiva | lent) | | | | | |
| | An urgent referral for assessment of cancer symptoms/signs/test results (Note this will be within 2 weeks for England/Wales) | | | | | | | | | |
| A less urgent referral in which cancer is raised as a possibility (Note this will be greater than 2 weeks for England/Wales) | | | | | | | | | | |
| A more general referral for investigation and assessment without cancer mentioned | | | | | | | | | | |
| | No referral was made | | | 7 | | | | | | |
| | Other – please describe | | | | 0, | | | | | |
| | ould you say this patient's di redominantly in the public or | | | | - | | | | • | |
| | Public healthcare system | | | | | | | | | |
| | Private healthcare system | | | | | | | | | |



6. Date of colorectal cancer diagnosis

This can be decided in different ways. Please provide whichever of the following dates you have to hand. Please tick **all** that apply.





7. Additional information

Finally, we are interested to know what other conditions your patient has, and the severity/impact of these conditions

Have you and/or any of your partners treated this patient (or has the patient been to hospital) for any of the following conditions? Please tick all that apply:

| Yes No |
|--------------------|
| Yes No |
| Yes No |
| Yes No |
| bout this patient? |
| |
| |
| |
| |
| |

Thank you very much for taking the time to complete this questionnaire.



International Cancer Benchmarking Partnership Module 4

Specialist Care Audit

Colorectal Cancer

Thank you very much for agreeing to fill in this questionnaire – it should take about 10 minutes to complete. As part of an international study examining differences in cancer survival, we are sending the questionnaire to health care providers of a sample of patients with cancer.

Our aim is to gain a better understanding of the process by which people have their cancer diagnosed – the symptoms they experience, and the pathway they follow from onset of symptoms to treatment of their cancer. We hope you can help us with information on this patient's cancer journey once they were referred to specialist cancer services. This will help in identifying ways in which cancers can be diagnosed and treated quickly and effectively.

Thank you once again for your time

Please can you refer to your patient's notes in completing the questionnaire, as this will help in obtaining accurate data on time points.

If you would prefer to return this questionnaire without the patient details, please tear off along the dotted line.

Your patient

is participating in the study.





Patient information

ID-number: Jurisdiction-ID + Patient-ID:

Full name:

Address:

Postcode:

Date of birth:



1. Date patient first attended hospital/specialist services related to their cancer diagnosis. We appreciate this date can at times be difficult to identify, particularly when there have been multiple visits in the lead up to a definitive diagnosis. Put another way, it's the date that the hospital/specialist service assumed responsibility for on-going investigation/treatment for your patient.

Day (optional), month, year

| D D | M | M | Y | Y | Y | Y |
|-----|---|---|---|---|---|---|
|-----|---|---|---|---|---|---|

2. How was the patient referred to the hospital/specialist services related to their cancer diagnosis? Please tick.

Was it through a:

| | V | | V |
|--------------------------------------|---|--|---|
| GP referral | | Screening | |
| Referral from general surgery clinic | | Medical specialist/ Consultant referral | |
| Other referral – please specify: | | | |

3. Where did this first contact/appointment happen? Please tick.

Which of the following best describes where this first contact/appointment took place?

| | V | | V |
|--|----------|---|----------|
| Emergency department ('A&E') | | Medical outpatient department, please specify which department | |
| Oncology general outpatient department | | Surgical outpatient department, please specify which department | |
| Other – please specify: | | | |



4. Date of diagnosis

This can be decided in different ways.

Please tick and complete as many of the following dates as possible.



| Date of histological | | Day (optional), month, year |
|--|----|-----------------------------|
| confirmation (ideal) | | D D M M Y Y Y |
| Date results of investigation | | Day (optional), month, year |
| confirming cancer received | 5_ | D D M M Y Y Y |
| Date patient was told | 60 | Day (optional), month, year |
| | | D D M M Y Y Y |
| Date of biopsy | | Day (optional), month, year |
| | | D D M M Y Y Y Y |
| Date patient was first | | Day (optional), month, year |
| admitted to hospital because of the malignancy | | D D M M Y Y Y |
| Date of MDT confirmation | | Day (optional), month, year |
| of diagnosis | | D D M M Y Y Y |
| Other (please specify): | | Day (optional), month, year |
| | | D D M M Y Y Y |



5. Date treatment for the cancer commenced

Based on your records, when would you say that any treatment specifically targeting the patient's cancer started?

Day (optional), month, year



6. Additional information

Please can you provide any further information on the patient's cancer:

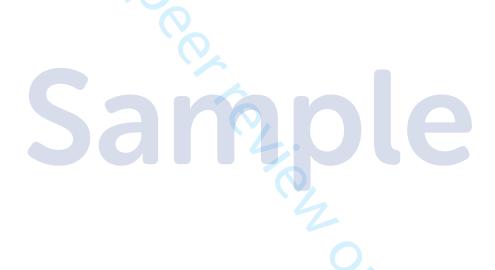
| TNM, please tick as appro | priate: | Duke's , please tick as appropriate: |
|---------------------------|---------|---|
| 0 | | A |
| | | В |
| IIA | | |
| IIB | | DESTRUCTION |
| IIC | | |
| IIIA | | 7 |
| IIIB | | O ₂ |
| IIIC | | |
| IV | | |
| Not able to stage | | |



6.1 Histological subtype:

| • | / |
|------|---|
| - 10 | |

| Adenocarcinoma | |
|-----------------------------------|--|
| Mucinous (colloid) adenocarcinoma | |
| Signet-ring cell carcinoma | |
| Other (please specify): | |
| | |





Further comments





| Name (and title): | |
|--------------------------------|----------|
| Signature: | |
| Date: | |
| Are you a (please tick below): | √ |
| Surgeon | |
| Medical Oncologist | |
| Clinical Oncologist | |
| Clinical Nurse Specialist | |
| Other (please specify): | |

Thank you very much for taking the time to complete this questionnaire.

Supplementary File 5 – Ethical approvals, recruitment practices, ICBP M4 working group and ARG

Section 1 – Ethical and other approvals obtained in each Module 4 participating jurisdiction

| | Date of Ethics | Approvals obtained | Reference |
|-----------|------------------|---|-------------------|
| | Approval | | |
| Victoria | 4 September 2012 | Cancer Council Victoria Human Research | HREC 1125 |
| | | Ethics Committee | |
| Manitoba | 7 March 2013 | Health Research Ethics Board, University of | HS15227 |
| | | Manitoba | (H2012:105) |
| | | Possarch Possaurea Ethics Committee | |
| | 15 April 2013 | Research Resource Ethics Committee, CancerCare Manitoba | RRIC#28-2012 |
| | | Cancercare Manitoba | |
| Ontario | 7 November 2013 | University of Toronto Research Ethics Board | 27881 |
| | 28 January 2014 | | |
| Denmark | 6 August 2013 | The Danish Data Protection Agency | 2013-41-2030 |
| | | | |
| | 19 June 2013 | According to Danish law and the Central | 1-10-72-20-13 |
| | | Denmark Region Committees on Health | |
| | | Research Ethics, approval by the National | |
| | | Committee on Health Research Ethics was not | |
| | | required as no biomedical intervention was | |
| | | performed. | |
| Sweden | 23 October 2013 | Ethics Review Board, Uppsala | 2013/306 |
| | | | |
| Norway | 04 April 2013 | Regional committees for medical and health | 2013/136/REK nord |
| | | research ethics | |
| Wales | 16 November 2012 | NRES Committee East Midlands – Derby 2, | 11/EM/0420 |
| | | local R&D for each health board | |
| Scotland | 16 November 2012 | NRES Committee East Midlands – Derby 2, | 11/EM/0420 |
| | | R&D for each health board, | |
| | | Privacy Advisory Committee, | |
| | | CHI Advisory Group | |
| N Ireland | 1 June 2012 | ORECNI Ethical approval, local governance for | 12/NI/0053 |
| | | each health Trust | |
| England | 16 November 2012 | NRES Committee East Midlands – Derby 2 | 11/EM/0420 |
| | | R&D for each Clinical Research Network | |

Section 2 – Local recruitment practice in each Module 4 participating jurisdiction

| | Recruitment practice variation |
|-----------|--|
| Victoria | The relevant healthcare professional confirmed eligibility prior to questionnaire mail-out to patients. Additional patients were recruited (above the required 200 symptomatic CRC patients) to meet the needs of a local study. |
| Manitoba | The data from cancer treatment specialists was not available. |
| Ontario | Additional patients were recruited (above the required 200 symptomatic CRC patients) to meet the needs of a local study. |
| Denmark | The cancer treatment specialist data were completed using clinical databases instead of through a survey. |
| Sweden | Only patients answered the survey – no primary care or cancer treatment specialist data available. |
| Norway | Some patients received and completed their surveys up to 9 months post diagnosis; their data were included (although flagged for subsequent analysis of any resulting sampling bias). |
| Wales | No variation. |
| Scotland | No variation. |
| N Ireland | The cancer treatment specialist data were collected directly from registries instead of through a survey. Some screen-detected cancer patients were excluded in the identification process. |
| England | No variation. |

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in General Practice and Prof Una MacLeod, Senior Lecturer in General Practice and Primary Care, Hull-York Medical School, United Kingdom

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Supplementary File 6 – graphs of regression analysis for symptomatic patients (based on Table 6). The difference in the length of jurisdiction's intervals are shown compared to the reference Wales (days).

| | Patien | t interval | Primary care interval* | Diagnostic interval | Treatment interval | Total interval |
|--------------------------|-----------|--------------|------------------------|--|----------------------|-----------------|
| | Sweden | 8 | Victoria | Sweden B = | Sweden | Sweden |
| | Victoria | | Ontario | Victoria Op Op Op Op Op Op Op Op | Victoria | Victoria |
| (ile) | Ontario | \mathbf{z} | Norway | Ontario D | Ontario | Ontario <u></u> |
| percentile) | Norway | 8 | | Norway pu | Norway | Norway |
| | Manitoba | Z | Manitoba | Norway published Special Speci | Manitoba [| Manitoba |
| Median (50 th | Denmark | | Denmark | Denmark & & III | Denmark | Denmark |
| dian | N Ireland | S | N Ireland | N Ireland 0.1 | N Ireland ■ | N Ireland |
| Š S | Scotland | \boxtimes | Scotland | Scotland 36/ | Scotland | Scotland |
| | England | 8 | England | Scotland 136/bmjop | England ■ | England |
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| | | | | - φ | | |
| | Sweden | | Victoria 🔻 | Sweden | Sweden ■ | Sweden |
| | Victoria | | Ontario | Victoria | Victoria | Victoria |
| | Ontario | 3 | Norway | Ontario 27 | Ontario | Ontario |
| 1 N | Norway | E . | Manitoba | Norway | Norway | Norway |
| N | Manitoba | E | | Manitoba Ber E | Manitoba | Manitoba |
| 2 [| Denmark | | Denmark | Denmark & & & & & & & & & & & & & & & & & & & | Denmark | Denmark Denmark |
| 5 | N Ireland | | N Ireland | N Ireland | N Ireland ■ | N Ireland |
| | Scotland | | Scotland | Scotland | Scotland | Scotland |
| | England | \square | England | England | England ■ | England |
| | -140 -70 | 0 70 140 | -140 -70 0 70 | 140 -140 -70 To 0 70 | 140 -140 -70 0 70 14 | -140 -70 0 70 1 |
| | | | | http:// | 7 = 2 = | |
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| | Victoria | | Ontario | Victoria | Victoria | Victoria |
| | Ontario | 3 | Norway | Ontario 👼 🖫 | Ontario 🖺 | Ontario |
| bercentile | Norway | | Manitoba | Norway | Norway | Norway |
| | Manitoba | | | Manitoba On Appri. | Manitoba 3 | Manitoba |
| Z [| Denmark 📉 | | Denmark | Denmark 7 | Denmark | Denmark |
| ן א | N Ireland | - | N Ireland | N Ireland | N Ireland | N Ireland |
| | Scotland | | Scotland | Scotland | Scotland | Scotland |
| | England | | England | England © | England ■■ | England |
| | -140 -70 | 0 70 140 | -140 -70 0 70 | 140 -140 -70 T 0 70 | 140 -140 -70 0 70 14 | -140 -70 0 70 |

^{*} Sweden did not provide any data for the primary care interval, and so has not been included in these graphs.

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Differences in interval lengths (in days) are shown for the median, 75th and 90th percentiles compared to the reference used for the regression analyses, Wales. Wales is represented by the axis, with jurisdictions with shorter intervals shown to the right of the axis for each graph. Statistically significant results are shown in solid bars, whilst non-significant results are shown with a pattern fill.

BMJ Open

Diagnostic routes and time intervals for colorectal cancer patients in ten international jurisdictions; findings from a cross-sectional study from the International Cancer Benchmarking Partnership (ICBP)

| Journal: | BMJ Open |
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| Manuscript ID | bmjopen-2018-023870.R1 |
| Article Type: | Research |
| Date Submitted by the Author: | 23-Jul-2018 |
| Complete List of Authors: | Weller, David; University of Edinburgh, Centre for Population Health Sciences Menon, Usha; University College London, Zalounina Falborg, Alina; Research Unit for General Practice, Department of Public Health, Aarhus University Jensen, Henry; Research Unit for General Practice, Department of Public Health, Aarhus University Barisic, Andriana; Cancer Care Ontario, Renal Network Knudsen, Anne Kari; Oslo University Hospital , European Palliative Care Research Centre (PRC), Department of Oncology Bergin, Rebecca; Cancer Council Victoria, Centre for Behavioral Research in Cancer; University of Melbourne, Department of General Practice Brewster, David; University of Edinburgh, Centre for Population Health Sciences; NHS National Services Scotland, Scottish Cancer Registry, Information Services Division Cairnduff, Victoria; Northern Ireland Cancer Registry Gavin, Anna; Queen's University Belfast, Northern Ireland Cancer Registry Grunfeld, Eva; University of Toronto, Department of Family and Community Medicine Harland, Elizabeth; CancerCare Manitoba, Department of Epidemiology and Cancer Registry Lambe, Mats; Karolinska Institutet Law, Rebecca-Jane; Bangor University, North Wales Centre for Primary Care Research Lin, Yulan; Oslo University Hospital , European Palliative Care Research Centre (PRC), Department of Oncology Malmberg, Martin; Skanes universitetssjukhus Lund, Department of Oncology Turner, Donna Neal, RD; Bangor University, North Wales Centre for Primary Care Research; University of Leeds, Academic Unit of Primary Care Research; University of Leeds, Academic Unit of Primary Care White, Victoria; Cancer Council Victoria, Centre for Behavioral Research in Cancer; Deakin University School of Psychology Harrison, Samantha; Cancer Research UK, Policy and Information Working Group, ICBP; Cancer Research UK, Policy and Information Vedsted, Peter; Research Unit for General Practice, Department of Public |

| Primary Subject Heading : | Epidemiology |
|----------------------------------|---|
| Secondary Subject Heading: | General practice / Family practice, Health policy, Health services research, Oncology |
| Keywords: | Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, Organisation of health services < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, International health services < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, Gastrointestinal tumours < ONCOLOGY, Epidemiology < ONCOLOGY |



Diagnostic routes and time intervals for colorectal cancer patients in ten international jurisdictions; findings from a cross-sectional study from the International Cancer Benchmarking Partnership (ICBP).

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Word count: 4,319

^{*} Equal contribution

Keywords: colorectal cancer, routes to diagnosis, time intervals, international health systems, symptomatic presentation

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ABSTRACT

Objective: International differences in colorectal cancer (CRC) survival and stage at diagnosis have been reported previously. They may be linked to differences in time intervals and routes to diagnosis. The International Cancer Benchmarking Partnership Module 4 (ICBP M4) reports the first international comparison of routes to diagnosis for CRC patients and the time intervals from symptom onset until the start of treatment. Data came from patients in ten jurisdictions across six countries (Canada, the UK, Norway, Sweden, Denmark and Australia).

Design: CRC patients were identified via cancer registries. Data on symptomatic and screened patients were collected; questionnaire data from patients' primary care physicians and specialists, as well as information from treatment records or databases, supplemented patient data from the questionnaires. Routes to diagnosis and the key time intervals were described, as were betweenjurisdiction differences in time intervals, using quantile regression.

Participants: A total of 14,664 eligible CRC patients diagnosed between 2013 and 2015 were identified, of which 2,866 were included in the analyses.

Primary and secondary outcome measures: Interval lengths in days (primary), reported patient symptoms (secondary).

Results: The main route to diagnosis for patients was symptomatic presentation and the most commonly reported symptom was 'bleeding/blood in stool'. The median intervals between jurisdictions ranged from: 21 to 49 days (patient); 0 to 12 days (primary care); 27 to 76 days (diagnostic); and 77 to 168 days (total, from first symptom to treatment start). Including screen-detected cases did not significantly alter the overall results.

Conclusion: ICBP M4 demonstrates important differences in time intervals between ten jurisdictions internationally. The differences may justify efforts to reduce intervals in some jurisdictions.

Strengths and limitations of this study

- This is the first international study of this scale to use standarised survey methods to systematically
 examine key intervals from patients first noticing symptoms or bodily changes until the start of
 treatment for their colorectal cancer
- Questionnaire data were enriched and validated with registry data (cancer registry and screening programmes) and data rules were applied consistentlyto ensure validity
- As with all questionnaire based studies, there may be some response differences due to participant interpretation, cohort characteristics and sampling strategy, but we did not find obvious differences between study participants which could bias our results.
- While our analyses adjusted for age, gender and comorbidity, we were unable to adjust for ethnicity and education due to different classification systems in participating countries
- Understanding variations in diagnostic and treatment intervals for colorectal cancer patients may, in
 jurisdictions with longer intervals, signal the need for improvements in service configuration and
 patient pathways.

BACKGROUND

Colorectal cancer (CRC) is a leading cause of morbidity and mortality and places a major burden on health systems; worldwide 1.36 million new cases are diagnosed every year.[1] CRC is the second most common cause of death due to cancer in Europe after female breast cancer, accounting for more than 200,000 deaths per year.[2] Prognosis strongly depends on stage at diagnosis, and the disease can mostly be cured if diagnosed at an early stage. Survival has increased over the last several years in Europe.[3] However, there remains substantial international variation in both 1- and 5-year survival, with countries such as the United Kingdom and Denmark having significantly poorer survival than other countries such as Sweden, Canada and Australia (Figure 1).[4] Some of the variation derives from differences in stage at diagnosis which in turn is a result of the pathway to diagnosis and treatment.[5] Therefore, it is crucial to investigate international differences in this pathway for CRC.

FIGURE 1

The International Cancer Benchmarking Partnership (ICBP) aims to not only quantify survival differences in comparable countries but to explore factors which may impact on observed differences.[6] Module 4 (ICBP M4) focusses on the routes to diagnosis and length of diagnostic and treatment intervals as a means of understanding differences in cancer prognosis between countries. This may help shape policy and practice interventions in participating jurisdictions. [6]

Diagnosis of CRC can be difficult; the symptoms are often vague (e.g. fatigue and non-specific abdominal pain), and this poses a significant diagnostic challenge for primary care, where most patients with CRC present.[7-12] There is growing evidence that prolonged diagnostic and treatment intervals are associated with poorer outcomes in CRC.[13,14] Access to investigations such as flexible sigmoidoscopy and colonoscopy is a further key issue; open access may expedite diagnosis and effect short diagnostic intervals.[12,15]

Many countries have implemented screening – typically faecal occult blood test (FOBT)-based – which can make a significant contribution to improved CRC outcomes.[16] However, currently, the large majority of CRC diagnoses are based on symptomatic presentation – for example, seeking help in primary care or attending emergency services.[7,17]

This study aims to systematically compare the diagnostic routes and time intervals from first noticing symptoms to start of treatment in CRC patients in ten healthcare systems with broadly similar access to high quality treatment and valid cancer registration.[6]

METHODS

The methods for ICBP M4 have been described.[18] In brief, we recruited patients through cancer registries in ten jurisdictions: Victoria (Australia); Manitoba and Ontario (Canada) Denmark; , Norway; Sweden; England, Scotland, Northern Ireland and Wales (United Kingdom). The target was to recruit 200 symptomatic recently diagnosed CRC patients per jurisdiction and to measure the patient, primary care, diagnostic, treatment and total intervals (Figure 2).

FIGURE 2

In defining these intervals we used principles articulated in the Aarhus Statement.[19] Data were collected from patients, their primary care physician (PCP) and their cancer treatment specialists (CTSs) as well as cancer registries. When calculating the route and time intervals we used predefined rules including a data 'hierarchy' around these information sources (Supplementary File 1). Based on a standardised protocol, teams within each jurisdiction established data collection processes with registries; survey logistics and data management were adapted to each local setting.

Data were transferred in anonymised format to the analysis team at Aarhus University – all data sources were combined into a single database.

Identification of study population

Eligible patients were consecutive patients aged 40 years or more with a first-diagnosis of CRC, ICD10 coded as C18.0-C18.9, C20.0 and C20.9.[20] Patients who had had another non-index cancer earlier were eligible, but those with synchronous different primary cancers were excluded.[18]

Each jurisdiction used a registry-based identification to enhance validity. We aimed to recruit patients 3 – 6 months after diagnosis; this avoided approaching patients too soon after diagnosis, while minimising recall bias from a long period post-diagnosis.

Recruitment was via cancer registries; either through 1) sending a letter to the relevant healthcare professional, requesting a pre-addressed envelope be forwarded to the patient on confirmation the person was aware of the diagnosis, or 2) the local research team or registry directly sending a letter to the patient.[18] Consent was required from all patients prior to surveys being sent to PCPS and CTS and for data transfer.

Data sources

Data from three questionnaires of eligible patients, their PCP and CTSs (Supplementary Files 2-4) were combined with information from participating cancer registries. Development, validation and implementation of these surveys is explained elsewhere.[18]

1. Survey data

Questionnaires were developed collaboratively with all jurisdictions. For consented patients, based on practice lists or the patient's response, a questionnaire was sent to the PCP with whom they were listed or who had been primarily involved in the diagnostic pathway. The patients and PCPs were asked about milestones, symptoms and route to cancer diagnosis. A questionnaire was sent to the CTSs who were first involved in the treatment. Jurisdictional differences in local recruitment processes are detailed in Supplementary File 5.

2. Registry data

To enhance complete and valid data on date of diagnosis, stage and screening status, data were collected through cancer registries wherever possible. Date of diagnosis was defined based on an established International Agency for Research on Cancer (IARC) hierarchy and stage was preferably given in tumour, node and metastasis (TNM) and Duke's.[21,22]

Data handling

Local teams entered data and questionnaire responses. The records were checked for obvious errors (eg. dates in future) and queries were discussed and resolved with local contacts, who checked repsones against original survey. All survey data underwent cleaning centrally (Aarhus University) to ensure that the same explicit rules were applied on the full dataset. Patients where age, date of diagnosis or date of consent were unknown were excluded.

As described the data rules allowed the combination of data from different sources in a standardised way that ensured reproducibility and transparency (Supplementary File 1). The rules, based on the Aarhus Statement,[19] employed a 'hierarchy' principle in terms of the order in which data sources (patient, PCP, CTS, registry) should take precedence where responses between sources differed, and included imputation rules based on the available data. The exact rule was guided by the measure in question – for example, patient interval was collected primarily from the patient questionnaire whereas primary care time-points were collected from the PCP questionnaire. All the measures were further validated using algorithms for outliers and out of range responses (e.g. negative time intervals).

Although the protocol mandated contacting patients within a 3-6-month time window after diagnosis, some local registries needed to extend this period, primarily due to delays in recording the cancer diagnosis.

Measures of routes to diagnosis

We defined routes to diagnosis for CRC using categories derived from the Aarhus Statement check-list – the following categories were used in the analysis:[19]

Screening

- Symptomatic:
 - Visit PCP
 - Visit PCP and Accident and Emergency (A&E)
 - A&E
 - Investigation for another problem
- Other/unknown routes to diagnosis

Measures of time intervals

To ensure international comparison the time interval definition was adapted from the Aarhus Statement and included the following time-points:[19]

- First onset of symptoms: the time-point when first bodily change(s) and/or symptom(s) are noticed by the patient.
- First presentation to healthcare: the time-point at which it would be at least possible for the clinician seeing the patient to have started investigating.
- First referral to secondary care: the time-point at which the PCP refers the patient (and responsibility of the patient) to secondary/specialist care.
- Date of diagnosis: date the definite diagnosis was made, defined by the IARC hierarchy.[21]
- Date of start of treatment: the date where the patient started curative or palliative treatment or a
 decision not to treat.

The time intervals were calculated as the number of days between these time-points (Figure 2). For screen detected CRC, the patient and primary care interval were not applicable, with other intervals calculated using screening date as the first time-point. All time-points were validated manually and negative intervals were set to 0 days. Missing day was imputed based on specific rules to ensure that the direction of a possible misclassification bias was known (Supplementary File 1).

Establishing screening status

CRC patients were categorised using data rules as 'screen-detected', 'symptomatic' or 'other presentation'. In some jurisdictions it was possible to identify screen-detected cancers from registries; in others this categorisation depended on questionnaire responses. Due to differences in the understanding and registration of screening across jurisdictions, we specified symptom-based detection should include all patients who reported symptoms or A&E/primary care presentation, even if the patient had indicated 'screening' as the diagnostic route (unless their PCP or CTS specified a screening route). For UK countries the distinction between a screen-detected and non-screen-detected CRC was validated using registry data on screen-detected through public programs.

Covariates

Health status was measured using the self-reported general health item from the 36-Item Short Form Health Survey (SF36).[23] Comorbidity was assessed from the patient survey as presence of four diseases (stroke, diabetes, lung or heart diseases) and categorised into: 'none', 'medium' (one or two) or 'high' (three or four). Educational level was categorised as 'low' (vocational school or lower) and 'high' (university or higher). Symptoms reported were divided into two categories: 'a CRC specific symptom' or 'other symptoms'. This was based on a symptom coding done independently by two PCP-authors (DW and PV) with the aim of identifying symptoms where clinical suspicion could be raised.[24]

Statistical analysis

Quantile regression was used to estimate differences in intervals between all jurisdictions.[25] We compared the 50th, 75th and 90th percentiles. Wales was used as the reference jurisdiction as it had the lowest CRC survival according to the ICBP Module 1 cancer survival benchmark.[4] Quantile regression allows a comparison on the interval scale with optimal information on differences. Counting days, we used the 'qcount' procedure proposed by Miranda (2006).[26] Parameters were calculated with 1000 jittered samples. The differences (in days) in intervals between jurisdictions (using Wales as a reference) were calculated as marginal effects after quantile regression by setting the continuous covariate age to its mean value and the categorical covariates (gender and comorbidity) to their modes. Significance level was set to 0.05 or less, and 95% confidence intervals (95% CI) were calculated when appropriate. Statistical analyses were carried out using STATA v14 software.

Sensitivity and validity analyses

All analyses were undertaken using the 6 and 9 months cut-off criteria for allowable interval from diagnosis to questionnaire completion. To estimate the effect of using patient reported intervals only, a sensitivity

analysis based solely on patient data was performed. The effect of excluding patients for whom at least one time interval hadn't been reported was also investigated.

Kappa coefficient and overall agreement percentage assessed the agreement on routes to diagnosis (screening and symptomatic presentation) between the different data sources. Kappa coefficients were interpreted using Landis' and Koch's criteria:[27] 0.00 - 0.20 =slight, 0.21 - 0.40 =fair, 0.41 - 0.60 =moderate, 0.61 - 0.80 =substantial, above 0.80 =almost perfect.

Agreement between the different data sources was also assessed by Lin's concordance correlation coefficient (CCC).[28] The ICBP M4 definition of screening-status was validated against registry data on screening where available, and assessed by Kappa and overall agreement percentage.

Patient involvement

The research questions for this survey drew on an extensive literature elating diagnosis and treatment delays leading to negative patient experiences. While patient experience was not a primary outcome measure for this study, patients were given the opportunity to comment on their experience through questionnaire free-text response options (under separate analysis). Patients were involved in the piloting of study instruments to ascertain if recruitment and questionnaire content and dissemination strategies were appropriate, described elsewhere.[18] Each jurisdiction has committed to communicating the findings and local implications of this study to organisations representing their study participants.

RESULTS

Patient characteristics and participation

Of 14,664 eligible patients, 3,881 returned completed questionnaires (a 31% response rate, ranging from 19% in Norway to 69% in Denmark). Of these, 2,866 (95%) were included in the analyses after application of inclusion and exclusion criteria. The study flow with identification, exclusion and responses for each jurisdiction is seen in Table 1.

Table 1: Patient flow from identification to analyses for all ten jurisdictions and totally.

| Jurisdiction | | /ales | | gland | | otland | | Ireland | | enmark | | nitoba | | orway | | veden | | ntario | | toria | Т | otal |
|---|------|---------|------|---------|------|---------|------------------|---------|-------------------------|---------|------|---------|------|---------|------|---------|------|----------------------|------|---------|-------|---------|
| Start date | 04-1 | .0-2013 | 01-1 | 1-2013 | 01-1 | 12-2013 | | 08-2013 | | 10-2013 | 01-0 | 5-2013 | 01-0 | 09-2014 | | 02-2014 | | 04-2014 | | 7-2013 | | |
| | n | (%) | n | (%) | n | (%) | n | (%) | n | (%) | n | (%) | n | (%) | n | (%) | n | (%) | n | (%) | n | (%) |
| Eligible patients ^{a. b} | 1274 | (100%) | 1314 | (100%) | 1852 | (92.4%) | 568 | (45.0%) | 490 | (79.9%) | 1288 | (84.6%) | 1860 | (95.5%) | 537 | (85.8%) | 5585 | (71.8%) ⁱ | 1170 | (58.7%) | 14664 | (76.9%) |
| Packs sent to PCP ^c | 1274 | (100%) | 1198 | (91.2%) | 1070 | (57.8%) | | | | | | | | | | | | | | | 3542 | (79.8%) |
| - Pack not forwarded by PCP | 211 | (16.6%) | 87 | (7.3%) | 103 | (9.6%) | | | | | | | | | | | | | | | 401 | (11.3%) |
| - Unsure if pack forwarded by PCP | 333 | (26.1%) | 362 | (30.2%) | 209 | (19.5%) | | | | | | | | | | | | | | | 904 | (25.5%) |
| - Pack forwarded by PCP | 730 | (57.3%) | 749 | (62.5%) | 758 | (70.8%) | | | | | | | | | | | | | | | 2237 | (63.2%) |
| Patients contacted by PCP c. d | 1063 | (83.4%) | 1111 | (92.7%) | 967 | (90.4%) | | | | | | | | | | | | | | | 3141 | (88.7%) |
| Patients approached directly ^c | | | | | | | 555 | (97.7%) | 490 | (100%) | | (59.1%) | 1860 | (100%) | 537 | (100%) | 5099 | (91.3%) | 1049 | (89.7%) | 10351 | (70.6%) |
| - Patient died | | | | | | | | | | | 49 | (3.2%) | | | | | 139 | (1.8%) | | | 188 | (1.8%) |
| - Other | | | | | | | 13 | (1.0%) | | | 26 | , | | | | | 368 | (4.7%) | | | 407 | (3.9%) |
| - No address | | | | | | | | | | | 11 | (0.7%) | | | | | 309 | (4.0%) | | | 320 | (3.1%) |
| Patient responses | | | | | | | | | | | | | | | | | | | | | | |
| (% of eligible patients) | 314 | (24.6%) | 285 | (21.7%) | 337 | (18.2%) | 283 | (49.8%) | 340 | (69.4%) | 274 | (21.3%) | 358 | (19.2%) | 319 | (59.4%) | 899 | (16.1%) | 472 | (40.3%) | 3881 | (26.5%) |
| Patient responses | | | | | | | | | | | | | | | | | | | | | | |
| (% of contacted) ^e | 314 | (29.5%) | 285 | (25.7%) | 337 | (34.9%) | 283 | (52.2%) | 340 | (69.4%) | 274 | (40.6%) | 358 | (19.2%) | 319 | (59.4%) | 899 | (21.0%) | 472 | (45.0%) | 3881 | (30.9%) |
| - Did not fulfil eligibility criteria | 7 | (2.2%) | 1 | (0.4%) | | | 1 | | | | 1 | (0.4%) | | | | | | | | | 10 | (0.3%) |
| - Received after submission | | | | | | | 20 | (7.1%) | | | | | | | | | | | 55 | (11.7%) | 75 | (2.1%) |
| - Other | 7 | (2.2%) | | | 57 | (16.9%) | 6 | (2.1%) | 16 | (4.7%) | 11 | (4.0%) | | | | | 45 | (5.0%) | 127 | (26.9%) | 269 | (7.6%) |
| | | | | | | | | | | | | | | | | | | | | | | |
| Patient surveys forwarded for | | | | | | | | | | | | | | | | | | | | | | |
| analyses [†] | 300 | (95.5%) | 284 | (99.6%) | 280 | (83.1%) | 256 | (90.5%) | 324 | (95.3%) | 262 | (95.6%) | 358 | (100%) | 319 | (100%) | 854 | (95.0%) | 290 | (61.4%) | 3527 | (90.9%) |
| Excluded for analyses – total | 17 | (5.7%) | 10 | (3.5%) | 7 | (2.5%) | 3 | (1.2%) | 7 | (2.2%) | 4 | (1.5%) | 72 | (20.1%) | 8 | (2.5%) | 532 | (62.3%) | 1 | (0.3%) | 661 | (18.7%) |
| - Not sampled | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 494 | (57.8%) | 0 | (0%) | 494 | (14%) |
| - Previous cancer | 0 | (0%) | 3 | (1.1%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 1 | (0.1%) | 0 | (0%) | 4 | (0.1%) |
| - Unknown date of consent | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 3 | (0.8%) | 6 | (1.9%) | 0 | (0%) | 0 | (0%) | 9 | (0.3%) |
| - Unknown date of diagnosis | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 1 | (0.4%) | 6 | (1.7%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 7 | (0.2%) |
| - Consent too late/too early | 17 | (5.7%) | 7 | (2.5%) | 7 | (2.5%) | 3 | (1.2%) | 0 | (0%) | 3 | (1.1%) | 60 | (16.8%) | 1 | (0.3%) | 37 | (4.3%) | 1 | (0.3%) | 136 | (3.9%) |
| - Other | 0 | (0%) | 0 | (0%) | 0 | (0%) | 0 | (0%) | 7 | (2.2%) | 0 | (0%) | 3 | (0.8%) | 1 | (0.3%) | 0 | (0%) | 0 | (0%) | 11 | (0.3%) |
| Patient surveys analysed | | | | | | | | | | | | | | | | | | | | | | |
| (% of forwarded surveys) | 283 | (94.3%) | 274 | (96.5%) | 273 | (97.5%) | 253 | (98.8%) | 317 | (97.8%) | 258 | (98.5%) | 286 | (79.9%) | 311 | (97.5%) | 322 | (89.4%) | 289 | (99.7%) | 2866 | (94.5%) |
| PCP surveys analysed | | | | | | | | | | | | | | | | | | | | | | |
| (% of analysed patients) | 234 | (82.7%) | 225 | (82.1%) | 224 | (82.1%) | 213 | (84.2%) | 241 | (76.0%) | 148 | (57.4%) | 169 | (59.1%) | n/a | n/a | 121 | (37.7%) | 199 | (68.9%) | 1774 | (69.5%) |
| Specialist surveys analysed | | | | | | | | | | | | | | | | | | | | | | |
| (% of analysed patients) | 164 | (58.0%) | 156 | (56.9%) | 179 | (65.6%) | n/a ^g | n/a | 187 ^g | (59%) | n/aʰ | n/a | 64 | (22.4%) | n/aʰ | n/a | 89 | (27.7%) | 99 | (34.3%) | 938 | (45.9%) |

^a Eligible according to protocol: i.e. woman, 40 years or more, alive, consented to participate within nine months of diagnosis, diagnosed with breast cancer (ICD-10: C50.0-C50.9), behaviour code ICD-0-3=3 and without prior history of cancer of the breast or synchronous primary breast cancer. ^b In some jurisdictions some 'eligible' patients had pre-opted out of being contacted and in a small number PCP information was not available. ^c Percentages of eligible patients. ^d Maximum of potentially contacted patients, i.e. sum of packs forwarded by PCP and packs unsure if forwarded by PCP. ^e Percentages of patients contacted by PCP (see note d) for Wales, England and Scotland or percentages of patients contacted directly by a registry excl. non-accessible patients (all other jurisdictions). ^f Percentages of patient responses. ^g Data obtained from registries instead: N Ireland from the N Ireland Cancer Registry, supported by extracts from clinical datasets; Denmark from the Danish Colorectal Cancer Group (DCCG). ^h Data not collected in this jurisdiction. ⁱ initially 1458 additional cases were eligible but excluded for this study as urban sample size was reached. ^j Additionally 92 cases were ineligible based on registry-criteria exclusions and a further 108 excluded after approaching the treating doctor. ^k Denominator = total number of forwarded cases excl. patients from Sweden. ^m Denominator = total number of analysed cases excl. patients from Sweden. ^m Denominator = total number of analysed cases excl. patients from Sweden. ^m Denominator = total number of analysed cases excl. patients

The characteristics of the included patients are detailed in Table 2. The patient questionnaire was completed at a median of 5 months following diagnosis. For tumour stage the proportion of missing stage was high in Norway due to lack of registry data.

Table 2. The characteristics of the 2866 patients aged 40 or over with a first diagnosis of CRC included in the analyses (% if nothing else stated)

| | Wales | England | Scotland | N Ireland | Denmark | Manitoba | Norway | Sweden | Ontario | Victoria | Total |
|---|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| | (N=283) | (N=274) | (N=273) | (N=253) | (N=317) | (N=258) | (N=286) | (N=311) | (N=322) | (N=289) | (N=2866) |
| Median (range) interval for diagnosis to questionnaire completion in months | 5 (3,9) | 5 (1,9) | 5 (3,9) | 4 (2,6) | 5 (0.5,8) | 6 (3,9) | 7 (0.03,9) | 4 (0.5,7) | 6 (1,9) | 6 (3,9) | 5 (0.03,9) |
| Age years | • | | | | | | | | | | |
| Median (IQI) | 71 (65,79) | 71 (64,78) | 70 (61,77) | 67 (60,74) | 71 (65,77) | 69 (59,77) | 70 (62,77) | 72 (65,79) | 69 (61,77) | 66 (58,76) | 70 (62,77) |
| Age years (Symptomatic patients) | (N=208) | (N=212) | (N=192) | (N=214) | (N=311) | (N=176) | (N=264) | (N=307) | (N=257) | (N=220) | (N=2361) |
| Median (IQI) | 72 (64,81) | 72 (64,80) | 72 (61,80) | 67 (59,76) | 71 (65,77) | 73 (60,81) | 70 (62,77) | 72 (65,79) | 69 (61,77) | 69 (57,77) | 71 (62,78) |
| Age years (Screen-detected patients) | (N=73) | (N=58) | (N=78) | (N=35) | (N=0) | (N=81) | (N=18) | (N=0) | (N=55) | (N=62) | (N=460) |
| Median (IQI) | 67 (65,73) | 68 (65,74) | 66 (62,72) | 68 (63,70) | n/a | 65 (57,70) | 69 (61,74) | n/a | 68 (63,72) | 65 (60,69) | 67 (63,72) |
| Gender | | | | | | | | | | | |
| Male | 59.0 | 56.2 | 58.6 | 58.9 | 59.0 | 56.6 | 51.4 | 51.1 | 56.5 | 56.1 | 56.3 |
| Health State | | | | | | | | | | | |
| Good | 80.6 | 84.7 | 84.6 | 75.5 | 82.3 | 88.0 | 74.1 | 78.8 | 85.1 | 82.4 | 81.6 |
| Fair | 13.8 | 11.7 | 10.6 | 17.4 | 13.6 | 9.3 | 22.0 | 16.1 | 11.5 | 12.1 | 13.8 |
| Poor | 5.0 | 3.3 | 3.3 | 6.7 | 1.6 | 1.9 | 2.8 | 3.2 | 2.5 | 4.2 | 3.4 |
| Missing | 0.7 | 0.4 | 15 | 0.4 | 2.5 | 0.8 | 1.1 | 1.9 | 0.9 | 1.4 | 1.2 |
| Comorbidity ¹ | | | | | | | | | | | |
| No | 52.7 | 58.8 | 57.1 | 55.3 | 50.2 | 63.2 | 61.9 | 58.5 | 53.7 | 61.9 | 57.2 |
| Medium | 44.2 | 38.7 | 41.8 | 43.5 | 46.7 | 34.9 | 35.0 | 35.1 | 31.4 | 35.6 | 38.6 |
| High | 2.5 | 2.6 | 0.7 | 1.2 | 1.9 | 1.6 | 3.2 | 4.5 | 1.9 | 1.7 | 2.2 |
| Missing | 0.7 | 0.0 | 0.4 | 0.0 | 1.3 | 0.4 | 0.0 | 1.9 | 13.0 | 0.7 | 2.0 |
| Education | | | | | | | | | | | |
| Low | 76.7 | 80.7 | 74.7 | 77.5 | 76.0 | 80.2 | 75.2 | 78.8 | 73.3 | 77.5 | 77.0 |
| High | 15.6 | 14.2 | 19.8 | 13.0 | 12.0 | 17.8 | 18.9 | 20.3 | 23.9 | 21.5 | 17.8 |
| Missing | 7.8 | 5.1 | 5.5 | 9.5 | 12.0 | 1.9 | 5.9 | 1.0 | 2.8 | 1.0 | 5.2 |
| Ethnicity | | | | | | | | | | | |
| White | 99.9 | 98.5 | 98.5 | 99.6 | 95.9 | 93.4 | 99.7 | 99.4 | 92.6 | 94.5 | 97.1 |
| Asian | 0.4 | 0.4 | 0.7 | 0.0 | 0.3 | 1.9 | 0.0 | 0.3 | 5.9 | 2.4 | 1.3 |
| Black | 0.0 | 0.0 | 0.4 | 0.0 | 0.0 | 0.4 | 0.0 | 0.0 | 0.6 | 0.0 | 0.1 |
| Other | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 3.5 | 0.0 | 0.0 | 0.3 | 0.0 | 0.4 |
| Missing | 0.0 | 1.1 | 0.4 | 0.4 | 3.8 | 0.8 | 0.3 | 0.3 | 0.6 | 3.1 | 1.1 |
| Smoking | | | | | | | | | | | |
| Currently | 4.2 | 2.6 | 8.1 | 9.1 | 11.4 | 8.9 | 7.0 | 4.8 | 4.4 | 4.8 | 6.5 |
| In the past | 55.5 | 54.7 | 51.3 | 49.0 | 55.2 | 50.8 | 56.3 | 52.7 | 59.3 | 51.6 | 53.8 |
| Never | 39.9 | 41.2 | 40.7 | 39.5 | 31.6 | 39.9 | 36.4 | 42.4 | 35.4 | 42.6 | 38.8 |
| Missing | 0.4 | 1.5 | 0.0 | 2.4 | 1.9 | 0.4 | 0.3 | 0.0 | 0.9 | 1.0 | 0.9 |
| Tumour stage – TNM & Duke's | | | | | | | | | | | |
| 0 | 0.4 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.6 | 0.0 | 0.1 |

| | Wales (N=283) | England (N=274) | Scotland (N=273) | N Ireland (N=253) | Denmark (N=317) | Manitoba (N=258) | Norway (N=286) | Sweden (N=311) | Ontario (N=322) | Victoria (N=289) | Total (N=2866) |
|-----------------------------|------------------|--------------------|---------------------|----------------------|--------------------|---------------------|-------------------|-------------------|--------------------|---------------------|-------------------|
| 1 | 19.4 | 20.8 | 18.7 | 18.2 | 20.5 | 17.1 | 3.9 | 16.7 | 27.0 | 26.0 | 19.0 |
| II | 25.4 | 29.6 | 32.6 | 29.6 | 36.0 | 28.3 | 4.9 | 26.1 | 32.0 | 35.6 | 28.1 |
| III | 40.3 | 30.7 | 35.9 | 37.6 | 24.6 | 39.5 | 7.0 | 31.5 | 28.0 | 29.1 | 30.1 |
| IV | 9.5 | 16.1 | 12.1 | 13.4 | 13.9 | 11.6 | 4.6 | 17.4 | 6.5 | 8.3 | 11.3 |
| Missing | 5.0 | 2.6 | 0.7 | 1.2 | 5.0 | 3.5 | 79.7 | 8.4 | 5.9 | 1.0 | 11.4 |
| Tumour stage – TNM & Duke's | (N=208) | (N=212) | (N=192) | (N=214) | (N=311) | (N=176) | (N=264) | (N=307) | (N=256) | (N=220) | (N=2360) |
| (Symptomatic patients) | | | | | | | | | | | |
| 0 | 0.5 | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.4 | 0.0 | 0.1 |
| I | 16.4 | 17.0 | 13.5 | 14.0 | 20.9 | 15.3 | 3.8 | 16.6 | 22.6 | 20.9 | 16.2 |
| II | 26.4 | 30.7 | 34.9 | 31.8 | 35.1 | 29.6 | 4.2 | 26.4 | 33.5 | 36.8 | 28.6 |
| III | 39.9 | 31.6 | 36.5 | 38.3 | 25.1 | 36.9 | 7.2 | 31.6 | 29.6 | 30.9 | 29.9 |
| IV | 11.5 | 17.0 | 14.1 | 14.5 | 13.8 | 13.1 | 4.9 | 17.3 | 8.2 | 10.0 | 12.4 |
| Missing | 5.3 | 3.3 | 1.0 | 1.4 | 5.1 | 5.1 | 79.9 | 8.1 | 5.8 | 1.4 | 12.8 |
| Tumour stage – TNM & Duke's | (N=73) | (N=58) | (N=78) | (N=35) | (N=0) | (N=81) | (N=18) | (N=0) | (N=55) | (N=62) | (N=460) |
| (Screen-detected patients) | | | | | | | | | | | |
| 0 | 0.0 | 0.0 | 0.0 | 0.0 | n/a | 0.0 | 0.0 | n/a | 1.8 | 0.0 | 0.2 |
| I | 28.8 | 36.2 | 30.8 | 40.0 | n/a | 21.0 | 5.6 | n/a | 47.3 | 47 | 33.3 |
| II | 23.3 | 24.1 | 28.2 | 17.1 | n/a | 24.7 | 16.7 | n/a | 21.8 | 29.0 | 24.4 |
| III | 41.1 | 27.6 | 33.3 | 34.3 | n/a | 45.7 | 5.6 | n/a | 21.8 | 21.0 | 32.0 |
| IV | 2.7 | 12.1 | 7.7 | 8.6 | n/a | 8.6 | 0.0 | n/a | 0.0 | 3.2 | 5.9 |
| Missing | 4.1 | 0.0 | 0.0 | 0.0 | n/a | 0.0 | 72.2 | n/a | 7.3 | 0.0 | 4.4 |

¹ Comorbidity coded as no=none reported, medium=1-2 reported and high=3+ reported

Abbreviations: IQI=inter-quartile interval; n/a=not applicable

Routes to diagnosis

Routes to diagnosis were broadly similar, except for screening; of all patients, 16.1% had a screen detected CRC, ranging from 6.3% in Norway to 31.4% in Manitoba (Table 3). In Denmark and Sweden CRC-screening had not been implemented at the time of study and screening status in Norway was determined by information from local screening trials. The proportion of screen-detected cancers in Northern Ireland is lower as most were excluded in the recruitment process, with the local team actively including symptomatic patients in order to reach the target of 200 symptomatic patients. Overall (excluding Northern Ireland), most (82.2%) respondents presented with a symptomatic CRC. A high level of agreement was found between ICBP and registry data for screening status (Table 3). PCP data indicated that percentage of the symptomatic patients urgently referred with a suspicion of cancer was less than 50% in Ontario, Denmark, Manitoba, Norway (37.8%, 39.6%, 46.8%, 47.8%, correspondingly) and larger than 50% in Scotland, Northern Ireland, Victoria, England, Wales (51.5%, 57.1%, 57.6%, 67.6%, 69.3%, correspondingly).

Table 3. The overall route (symptomatic or screened) for CRC in each jurisdiction (%) and place of initial presentation for symptomatic patients

| () / | Wales | England | Scotland | N Ireland ¹ | Denmark | Manitoba | Norway ² | Sweden | Ontario | Victoria | Total |
|--|---------|---------|----------|------------------------|---------|----------|---------------------|---------|---------|----------|----------|
| | (N=283) | (N=274) | (N=273) | (N=253) | (N=317) | (N=258) | (N=286) | (N=311) | (N=322) | (N=289) | (N=2866) |
| Symptomatic | 73.5 | 77.3 | 70.3 | 84.6 | 98.1 | 68.2 | 92.3 | 99.0 | 79.8 | 76.1 | 82.4 |
| Visit PCP, Visit PCP and A&E ³ | 77.4 | 82.6 | 92.3 | 83.2 | 82.3 | 67.1 | 78.4 | 51.8 | 62.3 | 73.2 | 73.2 |
| A&E ³ | 7.2 | 3.8 | 0.5 | 6.5 | 3.2 | 9.1 | 4.6 | 11.7 | 8.2 | 8.6 | 6.7 |
| Investigation for another problem ³ | 6.7 | 4.7 | 4.8 | 3.3 | 9.3 | 9.7 | 9.9 | 32.9 | 11.3 | 7.3 | 11.1 |
| Other ³ | 8.7 | 9.0 | 2.4 | 7.0 | 5.1 | 14.2 | 7.2 | 3.6 | 18.3 | 10.9 | 8.9 |
| Screening | 25.8 | 21.2 | 28.6 | 13.8 | 0.0 | 31.4 | 6.3 | 0.0 | 17.1 | 21.5 | 16.1 |
| Other | 0.7 | 1.5 | 1.1 | 1.6 | 1.9 | 1.0 | 1.4 | 1.0 | 3.1 | 2.4 | 1.5 |

Agreement between the ICBP M4 Presentation-rule (without using registry data) and registry information to define if a CRC case was screen detected:

| Jurisdiction | Number of | between ICBP4 and Registry | | |
|---------------|-----------|----------------------------|-------|-------------|
| 3411341341311 | cases | % | Карра | (95%CI) |
| Wales | 277 | 92 | 0.78 | (0.68-0.86) |
| England | 259 | 95 | 0.84 | (0.74-0.92) |
| Scotland | 270 | 93 | 0.83 | (0.75-0.90) |
| N Ireland | 251 | 94 | 0.75 | (0.61-0.87) |

¹ In N Ireland the proportion of screen detected CRC cases was lower as these patients were primarily excluded from the eligible group ² The reporting of screening status in Norway was based on local screening trials.

³ Percentage of Symptomatic-route

Symptom prompting concern

The proportion (%) of patients and PCPs reporting symptoms are shown in Table 4 (for Northern Ireland and Sweden, only patient data were collected). The most common symptom reported by PCP respondents was rectal bleeding (40% of respondents), followed by change in bowel habit. While every third patient indicated fatigue as a key symptom, it was rarely reported by PCPs.

Table 4. The symptoms experienced by patients before presentation and the presenting symptoms seen by the PCP for the 2,361 patients aged 40 or over with a first diagnosis of CRC who had a symptom based diagnosis. All figures are %

| | Wales | England | Scotland | N Ireland | Denmark | Manitoba | Norway | Sweden | Ontario | Victoria | Total |
|---|---------|---------|----------|-----------|---------|----------|---------|---------|---------|----------|----------|
| First symptom (reported by patient) | (N=208) | (N=212) | (N=192) | (N=214) | (N=311) | (N=176) | (N=264) | (N=307) | (N=257) | (N=220) | (N=2361) |
| Bleeding/blood in stool | 43.8 | 41.0 | 37.5 | 43.0 | 34.7 | 42.0 | 51.9 | 47.2 | 50.6 | 37.3 | 43.1 |
| Bowel habit change | 42.3 | 33.5 | 33.9 | 42.1 | 31.8 | 27.3 | 28.4 | 35.8 | 48.3 | 31.4 | 35.5 |
| Fatigue | 31.3 | 33.5 | 34.4 | 37.9 | 19.3 | 31.3 | 24.6 | 30.0 | 31.5 | 29.6 | 29.7 |
| Abdominal pain | 24.0 | 25.0 | 28.7 | 27.6 | 19.3 | 26.7 | 22.0 | 19.2 | 22.2 | 28.2 | 23.7 |
| Weight loss | 18.8 | 19.3 | 22.4 | 17.3 | 14.2 | 14.7 | 14.0 | 18.2 | 15.6 | 16.4 | 16.9 |
| Other | 40.4 | 35.9 | 37.0 | 42.5 | 27.3 | 34.7 | 31.1 | 40.1 | 18.7 | 30.5 | 33.4 |
| No symptoms | 6.7 | 3.8 | 9.9 | 4.7 | 9.7 | 14.8 | 7.6 | 9.5 | 5.8 | 8.2 | 8.0 |
| Missing | 1.4 | 1.9 | 2.6 | 1.9 | 10.3 | 3.4 | 3.0 | 1.0 | 1.2 | 0.9 | 3.0 |
| Number of symptoms per patient | | | | | | | | | | | |
| Median (IQI) | 2(1,3) | 2(1,3) | 2(1,3) | 2(1,3) | 1(1,2) | 2(1,3) | 2(1,2) | 2(1,3) | 2(1,3) | 2(1,3) | 2(1,3) |
| Presenting symptom (reported by PCP) | (N=140) | (N=151) | (N=132) | (N=0) | (N=212) | (N=77) | (N=134) | (N=0) | (N=82) | (N=118) | (N=1046) |
| Bleeding/blood in stool | 37.1 | 33.8 | 33.3 | n/a | 29.1 | 26.0 | 29.1 | n/a | 32.9 | 33.9 | 31.9 |
| Bowel habit change | 33.6 | 27.8 | 21.2 | n/a | 26.9 | 16.9 | 17.9 | n/a | 19.5 | 21.2 | 24.1 |
| Fatigue | 4.3 | 1.3 | 3.8 | n/a | 7.6 | 5.2 | 4.5 | n/a | 9.8 | 8.5 | 5 |
| Abdominal pain | 20.7 | 15.2 | 17.4 | n/a | 18.9 | 16.9 | 12.7 | n/a | 15.9 | 26.3 | 18.1 |
| Weight loss | 8.6 | 6.6 | 8.3 | n/a | 7.6 | 1.3 | 3.0 | n/a | 3.7 | 6.8 | 6.2 |
| Other | 36.4 | 30.5 | 36.4 | n/a | 34.9 | 27.3 | 33.6 | n/a | 18.3 | 39.8 | 33.2 |
| No symptoms | 3.6 | 4.6 | 6.8 | n/a | 0.5 | 15.6 | 0.0 | n/a | 3.7 | 1.7 | 3.7 |
| Missing | 8.6 | 8.6 | 9.1 | n/a | 16.5 | 26.0 | 8.2 | n/a | 17.1 | 11.0 | 12.4 |
| Cancer-specificity of symptom presented | | | | | | | | | | | |
| Cancer-specific symptom | 67.9 | 66.2 | 56.1 | n/a | 57.6 | 46.8 | 53.0 | n/a | 48.8 | 63.6 | 58.6 |
| Non-specific symptom | 20.0 | 20.5 | 28.0 | n/a | 25.5 | 11.7 | 38.8 | n/a | 30.5 | 23.7 | 25.2 |
| No symptoms /missing | 12.1 | 13.3 | 15.9 | n/a | 17.0 | 41.6 | 8.2 | n/a | 20.7 | 12.7 | 16.2 |

Abbreviations: IQI=inter-quartile interval; n/a=not applicable

Time intervals

The median patient interval varied from 21 days (Denmark) to 49 days (Wales) (Table 5). Table 6 shows the adjusted patient median interval was 25 days shorter in Denmark than in Wales; none were longer compared to Wales (Supplementary File 6).



Table 5. The time intervals (days) for each of the ten jurisdictions depicted as median, 75th and 90th percentiles. In Sweden no data on the primary care interval was available

| | | Wales | England | Scotland | N Ireland | d | Denmark | Manitob | | Norway | | Sweden | | Ontario | | Victoria |
|----------------------------|-----------------------------|---------|---------|----------------|-----------|-----|---------|---------|-----|---------|-----|---------|-----|---------|-----|----------|
| Patient Interval | Number | (n=195) | (n=199) | (n=175) | (n=199) | | (n=292) | (n=134) | | (n=240) | | (n=266) | | (n=230) | | (n=199) |
| (Symptomatic patients) | Median | 49 | 34 | 30 | | 35 | 21 | | 34 | | 36 | | 31 | | 31 | 2 |
| | 75 th percentile | 92 | 118 | 73 | | 88 | 62 | | 92 | | 92 | | 92 | | 96 | 63 |
| | 90 th percentile | 249 | 346 | 181 | | 312 | 180 | | 215 | | 218 | | 201 | | 304 | 23 |
| Primary Care interval | Number | (n=157) | (n=152) | (n=127) | (n=160) | | (n=207) | (n=72) | | (n=124) | | (n=0) | | (n=77) | | (n=117) |
| (Symptomatic patients) | Median | 3 | 2 | | | 0 | 1 | | 4 | | 12 | | n/a | | 1 | 9 |
| | 75 th percentile | 20 | 21 | 28 | | 14 | 10 | | 30 | | 39 | | n/a | | 23 | 32 |
| | 90 th percentile | 78 | 54 | 93 | | 54 | 51 | | 210 | | 82 | | n/a | | 70 | 128 |
| Diagnostic interval | Number | (n=194) | (n=196) | (n=174) | (n=190) | | (n=290) | (n=133) | | (n=229) | | (n=249) | | (n=218) | | (n=197) |
| (Symptomatic patients) | Median | 60 | 48 | 38 | | 64 | 27 | | 76 | | 37 | | 36 | | 54 | 28 |
| | 75 th percentile | 155 | 86 | 91 | | 111 | 66 | | 162 | | 85 | | 82 | | 146 | 60 |
| | 90 th percentile | 284 | 201 | 164 | | 238 | 129 | | 365 | | 222 | | 196 | | 312 | 200 |
| Diagnostic interval | Number | (n=69) | (n=56) | (n=76) | (n=35) | | (n=0) | (n=25) | | (n=14) | | (n=0) | | (n=50) | | (n=38) |
| (Screen-detected patients) | Median | 35 | 25 | 36 | | 0 | n/a | | 66 | | 22 | | n/a | | 3 | 40 |
| | 75 th percentile | 65 | 46 | 49 | | 0 | n/a | | 111 | | 48 | | n/a | | 43 | 64 |
| | 90 th percentile | 99 | 70 | 76 | | 0 | n/a | | 206 | | 84 | | n/a | | 120 | 122 |
| Diagnostic interval | Number | (n=263) | (n=252) | (n=250) | (n=225) | | (n=290) | (n=158) | | (n=243) | | (n=249) | | (n=268) | | (n=235) |
| (All patients) | Median | 52 | 43 | <u>></u> 37 | | 47 | 27 | | 72 | | 36 | | 36 | | 44 | 28 |
| | 75 th percentile | 120 | 76 | 72 | | 101 | 66 | | 139 | | 85 | | 82 | | 128 | 64 |
| | 90 th percentile | 242 | 176 | 151 | | 207 | 129 | | 320 | | 212 | | 196 | | 278 | 178 |
| Treatment interval | Number | (n=197) | (n=206) | (n=185) | (n=208) | | (n=306) | (n=161) | | (n=258) | | (n=281) | | (n=248) | | (n=209) |
| (Symptomatic patients) | Median | 39 | 31 | 33 | | 25 | 14 | | 34 | | 18 | | 35 | | 33 | 14 |
| | 75 th percentile | 59 | 47 | 56 | | 40 | 19 | | 59 | | 29 | | 52 | | 54 | 29 |
| | 90 th percentile | 83 | 60 | 79 | | 58 | 28 | | 97 | | 45 | | 65 | | 79 | 47 |
| Treatment interval | Number | (n=72) | (n=58) | (n=78) | (n=34) | | (n=0) | (n=79) | | (n=17) | | (n=0) | | (n=52) | | (n=60) |
| (Screen-detected patients) | Median | 44 | 39 | 49 | | 38 | n/a | | 38 | | 19 | | n/a | | 40 | 17 |
| | 75 th percentile | 68 | 46 | 71 | | 52 | n/a | | 61 | | 27 | | n/a | | 54 | 35 |
| | 90 th percentile | 80 | 62 | 91 | | 61 | n/a | | 83 | | 43 | | n/a | | 88 | 44 |
| Treatment interval | Number | (n=271) | (n=268) | (n=266) | (n=246) | | (n=312) | (n=240) | | (n=279) | | (n=284) | | (n=310) | | (n=276) |
| (All patients) | Median | 41 | 34 | 37 | | 27 | 14 | | 35 | | 18 | | 36 | | 34 | 15 |
| | 75 th percentile | 63 | 47 | 63 | | 42 | 19 | | 60 | | 28 | | 53 | | 54 | 29 |
| | 90 th percentile | 80 | 61 | 87 | | 59 | 27 | | 88 | | 43 | | 65 | | 82 | 44 |
| Total interval | Number | (n=154) | (n=165) | (n=147) | (n=175) | | (n=249) | (n=123) | | (n=210) | | (n=238) | | (n=214) | | (n=168) |
| (Symptomatic patients) | Median | 168 | 145 | 120 | | 138 | 77 | | 154 | | 108 | | 127 | | 124 | 90 |
| | 75 th percentile | 304 | 248 | 184 | | 235 | 146 | | 307 | | 203 | | 224 | | 251 | 182 |
| | 90 th percentile | 365 | 365 | 326 | | 365 | 248 | | 365 | | 312 | | 365 | | 365 | 357 |
| Total interval | Number | (n=222) | (n=221) | (n=223) | (n=209) | | (n=249) | (n=148) | | (n=224) | | (n=238) | | (n=262) | | (n=205) |
| (All patients) | Median | 128 | 112 | 103 | | 111 | 77 | | 136 | | 102 | | 127 | | 105 | 7/ |
| , | 75 th percentile | 239 | 201 | 159 | | 211 | 146 | | 266 | | 194 | | 224 | | 230 | 153 |
| | 90 th percentile | 365 | 365 | 253 | | 365 | 248 | | 365 | | 307 | | 365 | | 365 | 320 |

Table 6. Analyses of the differences in intervals (days) between Wales as the reference and the other nine jurisdictions.

| | | Wales | England | Scotland | N Ireland | Denmark | Manitoba | Norway | Sweden | Ontario | Victoria |
|------------------------|-----------------------------|------------|-----------------------|------------------------|-----------------------|-------------------------|---------------------|-----------------------|-----------------------|----------------------|------------------------|
| Patient Interval | Number | (n=195) | (n=199) | (n=175) | (n=199) | (n=292) | (n=134) | (n=240) | (n=266) | (n=230) | (n=199) |
| (Symptomatic patients) | Median | 49 (ref.) | -6 (-25,13) | -14 (-29,2) | -11 (-42,20) | -25 (-38,-11) | -11 (-30,9) | -9 (-46,27) | -7 (-21,7) | -13 (-30,4) | -23 (-32,-15) |
| | 75 th percentile | 92 (ref.) | 14 (-9,38) | -28 (-44,-12) | -13 (-32,6) | -28 (-47,-9) | 1 (-28,30) | -3 (-22,16) | 0 (-29,29) | 11 (-8,29) | -30 (-51,-9) |
| | 90 th percentile | 249 (ref.) | 23 (-14,60) | -74 (-124,-24) | 26 (10,42) | -60 (-174,55) | -17 (-65,31) | -43 (-85,0) | -43 (-60,-27) | 3 (-109,115) | -33 (-87,21) |
| Primary Care interval | Number | (n=157) | (n=152) | (n=127) | (n=160) | (n=207) | (n=72) | (n=124) | (n=0) | (n=77) | (n=117) |
| (Symptomatic patients) | Median | 3 (ref.) | -2 (-5,2) | 1 (-4,6) | -3 (-5,0) | -2 (-5,1) | 0 (-8,8) | 7 (3,12) | n/a | -2 (-5,1) | 6 (0,13) |
| | 75 th percentile | 20 (ref.) | -1 (-14,12) | 9 (-6,25) | -7 (-20,6) | -10 (-25,4) | 9 (-3,21) | 21 (3,39) | n/a | 3 (-8,15) | 13 (-6,31) |
| | 90 th percentile | 78 (ref.) | -14 (-31,3) | 42 (11,73) | -23 (-64,17) | -19 (-91,53) | 124 (63,186) | 36 (0,71) | n/a | 3 (-43,49) | 36 (-16,88) |
| Diagnostic interval | Number | (n=194) | (n=196) | (n=174) | (n=190) | (n=290) | (n=133) | (n=229) | (n=249) | (n=218) | (n=197) |
| (Symptomatic patients) | Median | 60 (ref.) | -11 (-18,-4) | -20 (-27,-13) | 5 (-6,16) | -29 (-35,-24) | 14 (-1,29) | -20 (-28,-12) | -19 (-35,-3) | -1 (-11,8) | -28 (-35,-21) |
| | 75 th percentile | 155 (ref.) | -56 (-119,7) | -59 (-113,-5) | -44 (-81,-7) | -83 (-110,-55) | -6 (-60,47) | -67 (-93,-42) | -65 (-117,-13) | -3 (-52,46) | -81 (-131,-32) |
| | 90 th percentile | 284 (ref.) | -78 (-116,-40) | -114 (-132,-96) | -54 (-89,-19) | -130 (-161,-99) | 33 (9,56) | -80 (-114,-46) | -86 (-116,-56) | 15 (-2,32) | -78 (-103,-53) |
| Diagnostic interval | Number | (n=69) | (n=56) | (n=76) | (n=35) | (n=0) | (n=25) | (n=14) | (n=0) | (n=50) | (n=38) |
| (Screen-detected | Median | 35 (ref.) | -8 (-13,-4) | 3 (-2,8) | -32 (-36,-28) | n/a | 31 (19,43) | -15 (-24,-5) | n/a | -25 (-34,-15) | 1 (-8,10) |
| patients) | 75 th percentile | 65 (ref.) | -18 (-28,-8) | -12 (-29,4) | -63 (-70,-55) | n/a | 36 (6,66) | -24 (-42-,6) | n/a | -17 (-26,-8) | 6 (-20,33) |
| | 90 th percentile | 99 (ref.) | -17 (-28,-6) | 12 (-16,41) | -98 (-101,-96) | n/a | 90 (32,147) | -35 (-43,-27) | n/a | 40 (30,51) | 32 (25,40) |
| Diagnostic interval | Number | (n=263) | (n=252) | (n=250) | (n=225) | (n=290) | (n=158) | (n=243) | (n=249) | (n=268) | (n=235) |
| (All patients) | Median | 52 (ref.) | -9 (-15,-4) | -13 (-19,-7) | -2 (-12,7) | -22 (-28,-17) | 21 (13,29) | -14 (-24,-3) | -13 (-21,-4) | -4 (-11,2) | -21 (-26,-15) |
| | 75 th percentile | | -34 (-49,-18) | -38 (-53,-23) | -10 (-31,10) | -44 (-56,-32) | 22 (4,41) | -29 (-50,-9) | -27 (-38,-17) | 18 (2,34) | -46 (-57,-34) |
| | 90 th percentile | 242 (ref.) | -73 (-101,-45) | -91 (-118,-64) | -41 (-57,-24) | -106 (-127,-85) | 50 (7,94) | -53 (-88,-18) | -59 (-88,-30) | 44 (27,61) | -54 (-82,-26) |
| Treatment interval | Number | (n=197) | (n=206) | (n=185) | (n=208) | (n=306) | (n=161) | (n=258) | (n=281) | (n=248) | (n=209) |
| (Symptomatic | Median | 39 (ref.) | -6 (-11,-1) | -5 (-11,0) | -13 (-19,-8) | -24 (-27,-21) | -5 (-14,5) | -20 (-23,-16) | -3 (-8,2) | -6 (-10,-1) | -23 (-28,-19) |
| patients) | 75 th percentile | 59 (ref.) | -13 (-18,-8) | -4 (-11,4) | -19 (-24,-13) | -41 (-48,-34) | 0 (-9,10) | -30 (-37,-24) | -8 (-16,-1) | -6 (-12,0) | -31 (-38,-25) |
| | 90 th percentile | 83 (ref.) | -27 (-38,-16) | -5 (-20,11) | -29 (-42,-17) | -61 (-72,-50) | 4 (-13,20) | -43 (-59,-27) | -24 (-35,-14) | -8 (-21,4) | -42 (-52,-31) |
| Treatment interval | Number | (n=72) | (n=58) | (n=78) | (n=34) | (n=0) | (n=79) | (n=17) | (n=0) | (n=52) | (n=60) |
| (Screen-detected | Median | 44 (ref.) | -4 (-14,5) | 3 (-6,12) | -5 (-15,5) | n/a | -8 (-17,2) | -28 (-41,-16) | n/a | -8 (-14,-2) | -26 (-36,-16) |
| patients) | 75 th percentile | 68 (ref.) | -22 (-26,-19) | 0 (-5,5) | -22 (-25,-18) | n/a | -13 (-22,-3) | -45 (-49,-42) | n/a | -23 (-26,-20) | -37 (-45,-29) |
| | 90 th percentile | 80 (ref.) | -21 (-32,-9) | 6 (-3,14) | -23 (-31,-15) | n/a | -6 (-15,3) | -37 (-45,-30) | n/a | 11 (-1,22) | -42 (-51,-33) |
| Treatment interval | Number | (n=271) | (n=268) | (n=266) | (n=246) | (n=312) | (n=240) | (n=279) | (n=284) | (n=310) | (n=276) |
| (All patients) | Median | 41 (ref.) | -6 (-10,-2) | -2 (-9,5) | -13 (-18,-9) | -26 (-30,-21) | -4 (-10,1) | -22 (-27,-16) | -5 (-10,0) | -6 (-11,-1) | -24 (-29,-20) |
| | 75 th percentile | 63 (ref.) | -15 (-21,-8) | 2 (-10,14) | -19 (-27,-11) | -42 (-50,-35) | 0 (-7,7) | -32 (-39,-24) | -9 (-16,-1) | -8 (-17,2) | -32 (-46,-17) |
| | 90 th percentile | 80 (ref.) | -24 (-31,-17) | 3 (-12,18) | -25 (-34,-17) | -59 (-66,-51) | 4 (-4,12) | -41 (-54,-29) | -22 (-30,-15) | -4 (-19,11) | -40 (-50,-30) |
| Total interval | Number | (n=154) | (n=165) | (n=147) | (n=175) | (n=249) | (n=123) | (n=210) | (n=238) | (n=214) | (n=168) |
| (Symptomatic patients) | Median | 168 (ref.) | -30 (-55,-6) | -52 (-99,-5) | -36 (-93,21) | -92 (-106,-78) | -25 (-86,35) | -63 (-74,-52) | -43 (-63,-24) | -44 (-98,9) | -85 (-97,-73) |
| | 75 th percentile | 304 (ref.) | -35 (-78,8) | | | -137 (-177,-97) | -10 (-24,4) | -84 (-129,-38) | -62 (-92,-32) | -44 (-91,2) | -117 (-137,-97) |
| | 90 th percentile | 365 (ref.) | 0 (-1,0) | -39 (-47,-32) | 0 (-1,0) | -125 (-134,-116) | 0 (-1,0) | -49 (-58,-41) | 0 (-1,0) | 0 (-1,0) | -7 (-16,1) |
| Total interval | Number | (n=222) | (n=221) | (n=223) | (n=209) | (n=249) | (n=148) | (n=224) | (n=238) | (n=262) | (n=205) |
| (All patients) | Median | 128 (ref.) | -13 (-35,9) | -22 (-36,-8) | -14 (-38,10) | -46 (-62,-30) | 10 (-13,32) | -19 (-34,-5) | -1 (-16,15) | -18 (-34,-2) | -44 (-70,-18) |
| | 75 th percentile | 239 (ref.) | -32 (-63,-1) | -81 (-126,-35) | -26 (-64,12) | -89 (-137,-41) | 10 (-33,52) | -43 (-70,-17) | -18 (-59,23) | -16 (-80,49) | -88 (-119,-57) |
| | 90 th percentile | 365 (ref.) | -1 (-2,0) | -108 (-129,-88) | -1 (-3,1) | -118 (-127,-109) | 0 (-2,2) | -56 (-80,-32) | 0 (-1,0) | 0 (-2,1) | -46 (-54,-37) |

The differences for the 50th (median), 75th and 90th percentiles are calculated as marginal effects after quantile regression by setting the continuous covariate age to its mean value and categorical covariates (gender and comorbidity) to their modes. The actual number of days are included for Wales in Table 5.



The median primary care interval was 12 days in Norway (Table 5), statistically significantly longer than Wales (Table 6). For the 10% of patients waiting longest for referral, the longest intervals were observed in Manitoba, Victoria and Scotland (210, 128 and 93 days, respectively) (Table 5). This interval at the 90th percentile was either 4 months (Manitoba) or 1 month (Victoria and Scotland) longer than in Wales (Table 6).

The median diagnostic interval for symptomatic patients ranged from 27-28 days in Denmark and Victoria to 76 days in Manitoba. At the 90th percentile it ranged from 4 months in Denmark to 10 months in Ontario (Table 5). All jurisdictions had shorter median diagnostic intervals compared to Wales, except Northern Ireland and Manitoba, where the intervals were 5 and 14 days longer, respectively (Table 6).

The shortest median treatment intervals for all patients (about 2 weeks) were observed in Denmark, Victoria and Norway. In other jurisdictions this interval was 1 month or more (Table 5). All jurisdictions had shorter treatment intervals compared to Wales, except Scotland and Manitoba (Table 6).

The median total interval (from first symptom to treatment start) for all CRC patients was between 74 days (Victoria) and 136 days (Manitoba) (Table 5). In Scotland, Denmark, Norway and Victoria, this interval was statistically significantly shorter than in Wales (Table 6).

Sensitivity and validity analyses

Changing the cut-off survey completion date from 9 months post-diagnosis to the per-protocol 6 months changed the number of included patients. However, the estimates of routes to diagnosis and time intervals were not significantly altered and the trend was the same as in the main analyses (results not shown). Sensitivity analysis based solely on patient data for those whose reporting on all time intervals was complete did not change the trend (results not shown). Comparing patient and PCP reported routes (screening and symptomatic presentation) and registry data on screening showed that agreement ranged from moderate to almost perfect (Kappa 0.59-0.86).

Comparing the dates between the different data sources showed a high agreement between all data sources for all categories of dates ($CCC \ge 0.95$ for date of diagnosis, CCC = 0.94 for date of treatment and CCC = 0.92 for date of first presentation to primary care). The analysis of the ICBP M4 definition of screening route compared with registry data showed an almost perfect agreement (Kappa>0.80) in two jurisdictions and substantial (Kappa>0.70) in two jurisdictions (Table 3).

DISCUSSION

Our study showed marked variation in the proportion of screen-detected cancers, lengths of diagnostic and treatment (and total) intervals between jurisdictions. Patient intervals were shortest in Denmark and longest in Wales; longer primary care intervals were present in Norway, Scotland, Manitoba and Victoria. Differences in primary care intervals do not necessarily reflect PCP delay - they may arise from PCPs undertaking more investigations prior to referral. Overall, the differences are marked and suggest the need, in some jurisdictions, for revised diagnostic pathways to reduce the time taken for patients to be diagnosed and treated.

The interval differences did not show an obvious association with earlier reported survival differences – jurisdictions with poorer survival did not consistently show longer intervals, and vice versa.[4]] While this may question the validity of our findings, and/or the relationship between diagnostic intervals and survival, it is important to note these analyses were several years apart, and there may have been significant health system changes since the survival comparisons. Nevertheless, our study adds to a growing body of evidence on routes to diagnosis and time intervals; there are few similar examples involving multiple countries in the literature.[29]

Many factors underpin the differences observed between jurisdictions, such as structural differences in healthcare delivery (e.g. care pathways, availability and accessibility of diagnostic and treatment facilities, etc.). Differences in routes to diagnosis were influenced by the presence or absence of screening programmes (in Denmark and Sweden CRC-screening had not been implemented at the time of study). Patient interval variation may reflect differences in symptom awareness or health-seeking behaviour. However, a study which compared awareness of cancer symptoms, attitudes towards cancer and barriers to attending a PCP did not demonstrated statistically significant differences.[30] It is possible that other factors, such as culture, rurality, economic or patient-specific barriers and facilitators, influence this important part of the pathway.[31]

There were significant differences in primary care intervals; overall these intervals were much longer than those found in our breast cancer analyses.[32] This raises important questions about diagnostic processes within primary care. There are widespread calls for PCPs to play a greater role in improving outcomes in CRC.[33] Indeed, it is now widely acknowledged that primary care has a major role in cancer control at all stages of the patient journey.[34] Nevertheless, there is some evidence based on observational associations that prolonged intervals might be associated with stronger 'gatekeeper' systems.[35] Further, independent of the nature of symptoms, investigation in primary care has been noted to be associated with later referral for specialist assessment for CRC and other cancers - so a long primary care interval may mean that PCPs are doing more before they refer[36]. Hence, PCP access to and use of investigations and differing national

cancer referral guidance may influence primary care intervals. There were differences in diagnostic intervals, suggesting that once patients have been referred to secondary care there is considerable variation in their experiences; differences in treatment intervals were less marked. These variations suggest there is room for improvement in reducing the total interval and its various sub-intervals, and that guidance on optimal pathways should be better implemented. Each participating jurisdiction will likely draw unique conclusions about the most appropriate response to our findings.

Strengths and weaknesses

A major strength of this study is its use of standardised survey methods in a broad range of jurisdictions to systematically examine the various components of these intervals and to describe and compare, between countries, patient journeys to a cancer diagnosis and treatment. To ensure comparability across jurisdictions, our surveys drew on existing instruments and went through an extensive process of cognitive testing, piloting and translation and adaptation.[18]

Data quality was enriched by information from national cancer registries and our algorithms showed very good agreement for jurisdictions where validation was possible. Using validated identification of CRC patients minimised the risk of missing cancer cases during inclusion and of selection bias. Further, the use of registries made it possible to exclude patients with previous cancer in the same site, providing a homogeneous group of newly diagnosed CRC patients in need of diagnostic work-up.

It was evident that there were subtle differences in the understanding of 'screening' between jurisdictions. Patients do not always distinguish between tests for screening and those for symptom-based diagnosis. Including data from registries and triangulating patient and PCP data enhanced the validity of 'screen-detected versus non-screen-detected' information, but the underlying factors varied between jurisdictions – for example, in Australia PCPs often provide screening FOBTs during consultations whereas this is rare in the UK and Scandinavia. To counter these inconsistencies, we applied our validated data rules which showed a high agreement with screening registries.

There are inevitable differences in questionnaire interpretation, characteristics of non-responders and availability of supplementary data for validation purposes. There are always considerations with questionnaire interpretation but the methodology and analysis of data sought to minimise or account for this as much as possible. Further, we used triangulation and comprehensive data rules to ensure validity, consistency and preserve statistical precision.[18] We included registry data where possible (screening, stage, date of diagnosis) and developed reliable rules for imputation based on these registry data. To minimise misclassification from data entry and handling, data entry was internally audited by local teams and data interpretation was reduced to an absolute minimum and only performed centrally. Recall bias was

minimised by the triangulation of different data sources and by ensuring that the patients received the questionnaire with a limited time window after the cancer diagnosis.

The overall response of 31% for the patient survey varied between jurisdictions. There were likely differences in the selection bias in individual jurisdictions; Our patient sampling strategy will have led to some differences in the composition of our samples, as some patients were included directly from registries, some via PCPs and, in Northern Ireland, research nurses checked lists of potentially eligible patients to confirm eligibility. We have no mechanism to examine the direction of such possible selection bias. However, comparison of participating patients on a number of variables (including comorbidity, self-assessed health, smoking, stage, presenting symptom) did not show obvious differences with potential to bias our results. We also compared age, sex and stage of cancer amongst participants versus eligible patients and found no significant differences. There were different classification systems for ethnicity and education across jurisdictions which would lead to biased estimates if included in the regression model, even if mapped or harmonised – hence, they were excluded. There were few respondents from minority ethnic groups, limiting the generalisability of our findings; further work should target these groups as they are likely to have unique characteristics in their routes to diagnosis.

Confounding from aspects related to the diagnostic route for CRC was diminished by adjusting for age, gender and comorbidity. It is possible that there is some residual confounding which can bias the results in different directions. The statistical precision of the study was high as we were able to show clinically significant differences of one week in time intervals.

Comparison with other studies

Other studies have examined symptoms and routes to diagnosis for patients with CRC – although rarely in more than a single setting. A UK study on patients diagnosed in 2001-2002 and 2007-2008 reported median diagnostic intervals of 100 and 80 days respectively.[37] A Danish study showed median diagnostic intervals for CRC of between 31 and 55 days, depending on the timing of measurement in relation to implementation of pathway guidance.[38] The difference between the present study and the former may stem from methodology issues, especially data sources (i.e. databases vs. surveys).

A study in Spain showed a symptom to diagnosis interval for CRC of 128 days and symptom to treatment interval of 155 days – these authors found that nature of symptoms, perceived seriousness of symptoms by patients, and place of first presentation influenced diagnostic and treatment intervals.[39] Sampling strategies and survey differences will have influenced the results, making it difficult to compare these studies; nevertheless, they confirm that our results are broadly consistent with previous, single-jurisdiction studies.

The pattern of symptoms in ICBP participants was similar to other studies.[40] CRC is known to be a cancer that clinically presents with either 'alarm' symptoms, or more vague symptoms; there is evidence that doctors and patients respond less promptly to some symptoms of CRC than others – and that this can be influenced by the presence of co-morbid conditions.[41] However, the minor differences in symptom patterns seen in Table 4 are insufficient to explain the between-jurisdiction variation we have demonstrated in routes to diagnosis and diagnostic, treatment and total intervals.

Explaining observed differences between jurisdictions

The variation we see between jurisdictions mostly derives from differences in the extent to which healthcare systems support expedited CRC diagnosis and treatment; indeed, some health system characteristics, such as access and patient mobility between healthcare providers, may influence cancer outcomes - although these factors require further exploration.[42] In Denmark there have been a number of reforms specifically designed to reduce diagnostic intervals.[43] This study indicates a potential to optimise diagnostic routes for CRC in some jurisdictions. This should ideally be in conjunction with screening efforts which is gaining traction across many Western countries in response to policy and guideline initiatives.[44]

CONCLUSION

This study demonstrates considerable absolute and relative differences between jurisdictions in time intervals from first symptom until treatment for CRC. These differences do not demonstrate an obvious relationship with existing ICBP survival differences between the jurisdictions. ICBP phase 2 will report survival estimates to 2014, at which point it may be possible to explore the relationship between interval lengths and survival estimates in the population. Further work is ongoing to explore the outcome of patients included in this ICBP M4 study alongside the interval lengths observed.

The median total interval, which varied between 74 and 136 days, indicates that there is unrealised potential to optimise pathways for CRC. The main differences were found for structural parts of the pathway (e.g. those not relating to patient behaviours/actions). Further, there is a 'tail' of patients waiting many months longer to start treatment for their cancer which may affect their outcomes. While our study highlights important international differences in routes to diagnosis, further research is needed to understand these differences, and elucidate the contribution of patient pathway guidance and implementation, and health system structures. Nevertheless, the data provide important prompts for jurisdictions and suggest considerable room for improvement in some areas; they will also serve as a benchmark for measuring the effectiveness of future interventions.

List of abbreviations

ICBP M4 – International Cancer Benchmarking Partnership Module 4

PCP - primary care physician

CTS – cancer treatment specialist

CRC - colorectal cancer

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Contributorship statement

DW, PV, UM, AZF, HJ planned the study design, data collection, carried out the analyses and wrote the draft manuscript. DW, PV, UM, HJ, AB, AKK, RJB, DHB, VC, ATG, EG, EH, ML, RJW, YL, MM, DT, RDN, VW, IR and SH were responsible for local data collection (alongside the ICBP Module 4 Working Group), management and interpretation, and have participated in writing and approving the final manuscript version.

Competing Interests

None

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Availability of data and material

The data that support the findings of this study are available from the named authors from each ICBP jurisdiction, but restrictions apply to the availability of these data and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of the ICBP Programme Board. Please contact the ICBP Programme Management team, based at Cancer Research UK, with any queries (icbp@cancer.org.uk).

Ethics approval and consent to participate

For each local data collection, there were specific procedures and approvals which included anonymised data transfer to University College London and Aarhus University (Supplementary file 5). Approvals were received from the following institutions: Cancer Council Victoria Human Research Ethics Committee [HREC 1125]; Health Research Ethics Board, University of Manitoba [HS15227 (H2012:105)]; Research Resource Ethics Committee, CancerCare Manitoba [RRIC#28-2012]; University of Toronto Research Ethics Board [27881]; The Danish Data Protection Agency [2013-41-2030]; Swedish Ethics Review Board, Uppsala [2013/306]; Norway Regional committees for medical and health research ethics [2013/136/REK nord]; England, Wales and Scotland, NRES Committee East Midlands – Derby 2, local R&D for each health board [11/EM/0420]; Northern Ireland ORECNI Ethical approval, local governance for each health Trust [11/EM/0420].

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Figure 1 - Survival differences for colorectal cancer demonstrated in the International Cancer Benchmarking Partnership Module 1.[4]

Figure 2 – Diagnosis and treatment of colorectal cancer: Illustration of key time points and intervals.[19]

Supplementary File 1 – Data rules

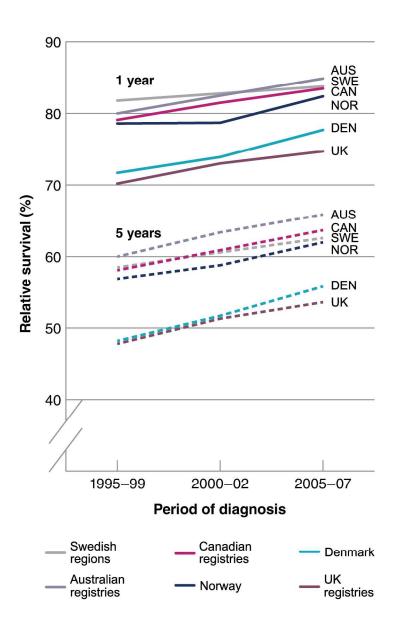
Supplementary File 2 – Sample CRC patient questionnaire

Supplementary File 3 – Sample CRC primary care questionnaire

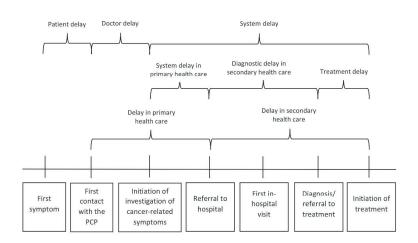
Supplementary File 4 – Sample CRC specialist questionnaire

appro.
ession analysis dia_b. Supplementary File 5 - Ethical approval, Working and Academic Reference Groups

Supplementary File 6 – Regression analysis diagrams (based on Table 6)



206x312mm (300 x 300 DPI)



209x297mm (300 x 300 DPI)

Supplementary file 1: ICBPM4 Rules for missing, incomplete, multiple response and out of range data

1. Oversampling/Participation in local screening trials

- a) To handle oversampling in Ontario, include only the first 360 consecutive CRC patients;
- b) In jurisdictions with no national screen program: exclude patients participated in local screen trials.

2. Language/Participation in study/Presence of cancer

Exclude patients who checked "No, I don't understand the language" or "I don't want to participate in this study" or "I don't have cancer".

3. Survey responders

- a) Exclude Patient/PCP/Specialist survey from the analysis, if it was not written by Patient/PCP/Specialist (example: a medical oncologist completed a PCP survey);
- b) In the case of duplicates, include only the first survey (example: 2 specialists completed surveys for the same patient).

4. Gender

Exclude patients with unknown Gender.

5. <u>Age</u>

- a) Exclude patients with unknown age;
- b) Exclude patients younger 40 years;
- c) Use registry data, if Age is reported by both patient and registry.

6. No cancer or Previous cancer in the same organ

- a) Exclude patients with no cancer based on registry data;
- b) Exclude patients with previous cancer in the same organ based on data from registry or free-text for Presentation in the patient survey.

7. Date of consent

Exclude patients with date of consent which is unknown, before 01.01.2013 or in the future.

8. Multiple responses to Dates

If multiple responses were given to the dates (of first symptom; screening; first presentation to primary care; referral; diagnosis; treatment start), then use the earliest date.

9. Order of Dates

The dates must be in the following order –

- a) First symptom; first presentation to Primary Care; referral; diagnosis; treatment start.
- b) Screening; diagnosis; treatment start.

If not, check for mistakes.

10. Date of first symptom

Date of first symptom is defined as date of first symptom from patient data.

11. Date of first presentation

Date of first presentation to Primary Care is defined as (in the order of declining priority):

- a) date of first presentation to Primary Care from PCP data;
- b) date of first presentation to Primary Care and A&E from PCP data;
- c) date of first presentation to Primary Care from patient data.

12. Date of referral

Date of referral is defined as date of referral from PCP data.

13. Date of screening

Date of screening is defined as (in the order of declining priority):

- a) date of screening from registry;
- b) date of screening from patient data.

14. Date of diagnosis

Definition

- a) If Registry reports both date of histological confirmation and date of confirming investigation, then use date of histological confirmation.
- b) Date of diagnosis (based on patient data, PCP data, specialist data, registry data) is defined as (in the order of declining priority):
 - date of diagnosis from registry;
 - date of histological confirmation (from specialist data, PCP data);
 - date of biopsy (from specialist data, PCP data);
 - date of confirming investigation (from specialist data, PCP data);
 - date of first hospital admission (from specialist data, PCP data);
 - date of MDT confirmation (from specialist data, PCP data);
 - date patient was told (from specialist data, PCP data);
 - other date of diagnosis (from specialist data, PCP data, patient data);

Choose a Date from a lower level of hierarchy, if the Date from a higher level is after the Date of consent or more than 9 months (=271 days) before the Date of consent.

Exclusion criteria

- a) Unknown date of diagnosis;
- b) Date of diagnosis is after the date of consent;
- c) Date of diagnosis is more than 9 months before the Date of consent.

15. Date of treatment start

- a) Date of treatment start from patient data is defined as the earliest of the treatment dates for Surgery, Chemo, Radio and Other;
- b) Date of treatment start (based on registry data, specialist data, patient data) is defined as (in the order of declining priority):
 - date of treatment start from registry data,
 - date of treatment start from specialist data,
 - date of treatment start from patient data,
 - anticipated date of treatment from patient data.

16. Imputation of missing day in the date

Imputation rules for missing day (given month and year are known):

- a) Set missing day to '16';
- b) Consider adjacent dates in a backwards order (from "Treatment" to "First symptom"). For each pair of such adjacent dates: If dates are not in a logical order (e.g. "Treatment" is before "Diagnosis"), but month and year are the same in both dates, and the day was imputed to '16' in one of the dates:
 - Recode the day imputed earlier to '16' to the day from the adjacent date.

17. Considering time

If patient gave multiple answers to the "How long did you have symptoms before contacting a doctor?" question, then use the option with the shortest time interval.

18. Delay arranging appointment

If patient gave multiple answers to the "How long did it take to get an appointment with PCP?" question, then

use the option with the shortest time interval.

19. <u>Duration of symptoms</u>

If PCP gave multiple answers to the "Duration of symptoms" question, then use the option with the shortest time interval.

20. Definition of Presentation

- A. Define Presentation within a Data Source (Patient, PCP)
 - 1. Review the free-text for Presentation (Patient, PCP) and re-code, if possible.
 - 2. If PCP reports 'VisitPCP and AE' or 'VisitPCP' as Presentation and no symptoms, then check Patient's records. If Patient reports 'Screening' and no symptoms, then re-code Presentation for this case as 'Screening'.
 - 3. If PCP reports 'Screening' as Presentation and at least one symptom (or "Duration of Symptoms"), then re-code Presentation to 'Other non-screen-detected'-option.
 - 4. If PCP reports 'Other' as Presentation and at least one symptom (or "Duration of Symptoms"), then re-code Presentation to 'Other non-screen-detected'-option.
 - 5. If Patient reports 'Screening' as Presentation and at least one symptom (or date of first symptom), then re-code Presentation to 'Other non-screen-detected'- option.
 - 6. If Patient reports 'Other' as Presentation and at least one symptom (or date of first symptom or "Considering time" or "Delay arranging appointment", then re-code Presentation to 'Other non-screen-detected'-option.
 - 7. In the case of multiple Presentation responses (Patient, PCP sources) use a single option (in the order of declining priority):
 - a) 'VisitPCP and AE',
 - b) 'VisitPCP', 'AE' (if both 'VisitPCP' and 'AE' are given, then re-code as 'VisitPCP and AE'),
 - c) 'Other non-screen-detected',
 - d) 'Screening',
 - e) 'Investigation for another problem',
 - f) 'Other"

B. Define Presentation from Alternative Data

If Presentation hasn't been reported in either of data sources, then define it as (in the order of declining priority):

- 1. 'Other non-screen-detected', if PCP reports at least one symptom (or "Duration of symptoms");
- 2. 'Other non-screen-detected', if Patient reports at least one symptom (or date of first symptom);
- 3. 'Other non-screen-detected', if Patient reports "Considering time" or "Delay arranging appointment" and no screening date;
- 4. 'Screening', if Patient reports screening date and no symptoms and no date of first symptom;
- 5. 'Other non-screen-detected', if jurisdiction=England, Age <58 or >76 years.

C. Define Presentation from Data Source Hierarchy

- 1. In Wales, England, Scotland, N Ireland and Manitoba: if Registry reports 'Screening' use Presentation data from Registry data.
- 2. In Wales, England, Scotland, N Ireland and Manitoba: if Registry reports 'No Screening' use Presentation data from (in the order of declining priority):
 - a) PCP data;
 - b) Patient data;

If PCP (or Patient, in the case of PCP data is not available) reports 'Screening', then code Presentation as 'Other non-screen-detected'. If information from PCP and Patient datasets is missing, then code Presentation as 'Other non-screen-detected'.

3. In Wales, England, Scotland, N Ireland and Manitoba: if screening status from Registry is missing – use Presentation data from (in the order of declining priority):

- a) PCP data;
- b) Patient data;
- 4. For Denmark, Norway, Ontario and Victoria use Presentation data from (in the order of declining priority):
 - a) PCP data;
 - b) Patient data.
- 5. In Sweden use Presentation data from Patient data.

21. Patient interval

The Patient interval for non-screen-detected patients is defined as (in the order of declining priority):

- a) "Date of first presentation to Primary Care" minus "Date of first symptom";
- b) If the interval in (a) is unknown or negative: Calculate the interval as the low boundary of "Considering time" plus the low boundary of "Delay arranging appointment";
- c) If the interval in (a) is unknown or negative and the interval in (b) is unknown: Calculate the interval as the low boundary of "Duration of symptoms interval".

22. Primary Care interval

The Primary Care interval for non-screen-detected is defined as "Date of referral" minus "Date of first presentation to Primary Care".

23. <u>Diagnostic interval</u>

- a) The Diagnostic interval for non-screen-detected is defined as "Date of diagnosis" minus "Date of first presentation to Primary Care";
- b) The Diagnostic interval for screen-detected patients is defined as "Date of diagnosis" minus "Date of screening".

24. Treatment interval

The Treatment interval is defined as "Date of treatment start" minus "Date of diagnosis".

25. Total interval

- a) The Total interval for non-screen-detected patients is defined as "Date of treatment start" minus "Date of first symptom";
- b) The Total interval for screen-detected patients is defined as "Date of treatment start" minus "Date of screening".

26. Range of Time intervals

The time intervals (Patient, Primary Care, Diagnosis, Treatment, Total) must be in range 0-1 year.

If > 1 year: set the interval to 365 days

If negative: set the interval to 0.

For each jurisdiction calculate the number of imputations due to:

- a) unknown day in a date (given known month and year);
- b) very large(>1 year) interval;
- c) negative interval.

27. Type of treatment

If patient ticked both "Yes" and "No" as answers to the "Type of treatment (Surgery, Chemotherapy, Radiotherapy)" questions, then choose "Yes" answer.

28. Health state

If patient gave multiple answers to the "Health state" question, then use the option with a better health condition.

29. Comorbidity

- a) If patient ticked both "Yes" and "No" as answers to the "Comorbidity (Heart disease, Stroke, Lung disease, Diabetes)" questions, then choose "Yes" answer;
- b) If both patient and PCP report "Comorbidity", then use the PCP Data.

30. Ethnicity

- a) If patient didn't report "Ethnicity", then use the information from (in the order of declining priority):
 - "Ethnicity_Other_Details";
 - "Other main language spoken at home";
 - "The main language spoken at home" (only for Victoria);
 - "The main language spoken at home is the chief one for this jurisdiction"="Yes" given "Main language spoken at home is other than the main one for this jurisdiction"="No";
- b) Consider Ethnicity as unknown, if answers to the "Ethnicity" question are multiple and belong to different categories ('white', 'Asian', 'black', 'other').

31. Education

If patient gave multiple answers to the "Education" question, then use the option with a higher level of education.

32. Smoking Current

- a) If patient ticked both "Yes" and "No" as answers to the "Smoking Current" question, then use "Yes" answer;
- b) If patient hasn't ticked neither "Yes" nor "No, then consider this case as Unknown.

33. Smoking Number

If patient reports "SmokingNumber" as text, then re-code using following rules:

- a) Where there is a number smoked /day accept number;
- b) Where a range has been given take the upper value;
- c) Where patient has put 10+ or 20+ capture this as 11 or 21;
- d) Where number of cigarettes smoked in the past and currently being smoked are provided average the numbers;
- e) Non entries code as ".";
- f) Non-smokers (eg, "nil", "N/A") are coded as "0".

34. Smoked ever

- a) If patient ticked both "Yes" and "No" as answers to the "Smoking ever" question, then use "Yes" answer;
- b) If patient hasn't ticked neither "Yes" nor "No": consider it as "Yes", if patient is a current smoker ("Smoking_Current="Yes"") or has specified a number of cigarettes ("SmokingNumber">0). Otherwise consider this case as Unknown.
- c) If patient has ticked "No": recode it to "Yes", if patient is a current smoker ("Smoking_Current="Yes").

35. Nature of referral

- a) Review free-text for "Nature of referral" (PCP Data) and re-code, if possible;
- b) In the case of multiple responses, use a single option as (in the order of declining priority):
 - "Referral for immediate admission";
 - "Urgent referral";
 - "Less urgent referral";
 - "General referral";
 - "No referral";
 - "Other".

36. Stage-TNM

- a) If specialist gave multiple responses to the "Stage TNM" question, then use the highest category;
- b) If registry gave multiple responses to the "Stage_TNM", then use a single option (in the order of declining priority):
 - stage at time of diagnosis
 - stage at surgery
 - stage at oncology
- c) If "Stage_TNM" is reported by both the specialist and registry, then use the registry data;
- d) If "Stage_TNM" is unknown or "not able to stage", then use "Stage_Duke".

37. Stage Dukes

- a) If specialist gave multiple responses to the "Stage_Dukes" question, then use the highest category;
- b) If "Stage_Dukes" is reported by both the specialist and registry, then use the registry data.





International Cancer Benchmarking Partnership Module 4

Patient questionnaire

Colorectal Cancer

Thank you very much for taking the time to fill in this questionnaire – it should take about 20 minutes to complete. We are sending the questionnaire to a large sample of people who we understand have had a diagnosis of colorectal cancer. If this has been sent to you in error and you do not have cancer, please do not continue and return the documents in the prepaid envelope.

Our aim is to gain a better understanding of the process by which people have their cancer diagnosed. We would also like to find out more about the symptoms they experience (if any), and the pathway they follow from start of symptoms to treatment of their cancer. This will help in identifying ways in which cancers can be diagnosed quickly and effectively. Thank you once again for your time.

This information is confidential and will not be passed to anyone involved in your treatment.



Consent form

Please read the consent form and sign your name and date **BELOW**.

If you require any clarification, please do not hesitate to ring the study team members. Their contact details are found on the information sheet.

Please be reassured that your responses are completely confidential and will not be passed to anyone involved in your treatment. For the purposes of the study it is important that you agree to consent to all the statements listed below.

- I confirm that I have read the attached information sheet and I understand why the research is being done.
- I am willing for the team to request information from my GP and hospital doctors which is relevant to the audit as described in the information sheet.
- I give permission for my details (name, address) to be given to the cancer registry (NHS Information Centre for Health and Social Care) for follow up.
- I agree for the information I have provided and any other relevant information from my medical records to be stored as described in the information sheet under the custodianship of University College London.
- I consent to sharing of coded data which contains no personal identifiers between researchers, some of whom are located outside the European Union.
- I consent for use of my data if I become mentally incapacitated during the course of the project.

I agree to all the statements listed and consent to participate in the study.

| Name (Please print) | | | | |
|--|-----------------------------------|--------|--|--|
| Signature: | Date: | | | |
| If we have any questions, may (Please tick) | y we phone you for clarification? | Yes No | | |
| If Yes , please provide your te | lephone number: | | | |



1. Please can you confirm the details of your GP/GP practice (name, practice address – as best as you can remember): We appreciate that you may have more than one GP involved in your care – in which case, we are interested in the GP you would say provides the majority of your care, particularly relating to the cancer you've had diagnosed.

| Name of doctor | | |
|------------------|--|--|
| Name of practice | | |
| Address | | |
| | | |





Which of the following best describes the events which led to your diagnosis of cancer? (please tick only ONE answer)



| a doctor (e.g. GP) | |
|---|--|
| I had symptoms/I noticed a bodily change and went/was taken to Accident and Emergency (A&E) | |
| I had seen a doctor/GP with symptoms, but went/was taken to Accident and Emergency (A&E) when things worsened | |
| I was being investigated by my doctor(s) for another problem during which time the cancer was discovered | |

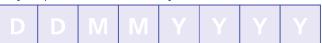
I had a cancer screening test as part of a colorectal screening programme (e.g. the NHS Bowel Cancer Screening Programme in England – NHS BCSP)

Other (please describe):

mple

What date did you have this screening test? If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year



Other (please describe):



3. The following health concerns or symptoms are commonly experienced with colorectal cancer.

| Rectal bleeding or blood in faeces (poo) |
|---|
| Change in bowel habit |
| Unexplained tiredness/fatigue |
| Unexplained weight loss |
| Pelvic or abdominal pain |
| Skin went yellow |
| Abdominal distension/increased abdominal size/persistent bloating |

Please write down ALL health concern(s) or symptom(s) you may have had before contacting a doctor or taking part in screening. It does not matter if they are not included in the list above:

| Please write your health concern(s) or symptom(s) in the boxes below: | |
|---|---|
| 1) | |
| 2) | |
| 3) | |
| 4) | |
| 5) | |
| 6) | |
| | Т |



This is not applicable to me (e.g. I did not have any symptoms), please tick



4. Please write down your best estimate of the date you noticed the first of these health concern(s) or symptom(s). If you cannot remember the exact date, you can fill in the month and the year.

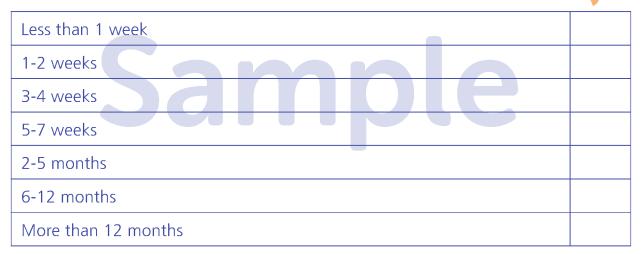
Day (optional), month, year

| D D | M | M | Y | Y | Y | Y |
|-----|---|---|---|---|---|---|
|-----|---|---|---|---|---|---|



This is not applicable to me (e.g. I had no symptoms), please tick

5. Approximately how long did you have health concern(s) or symptom(s) before contacting a doctor? (Please think of the first visit to the doctor, not re-visits after that). Please tick only ONE answer.



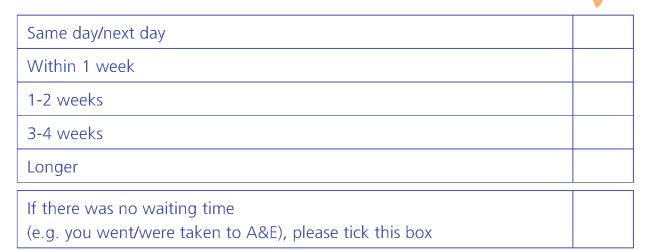


This is not applicable to me (e.g. I had no symptoms), please tick



6a. Once you contacted a practice about your health concern(s) or symptom(s), how long did it take to get an appointment with a doctor? (Please think of the first visit to the doctor, to discuss your health concern(s) or symptom(s)).

Please tick only **ONE** answer.



This is not applicable to me (e.g. I had no symptoms), please tick

6b.What was the date you first saw your doctor about your health concern(s) or symptom(s)? If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year

| D | D | M | М | Y | Y | Y | Y |
|---|---|---|---|---|---|---|---|
|---|---|---|---|---|---|---|---|



This is not applicable to me (e.g. I had no symptoms), please tick



7. How many times did you visit the following for the investigation of your symptoms before your cancer was diagnosed?

| | Please write down the number of visits |
|---|--|
| GP | |
| Hospital | |
| Consultant/specialist outside of a hospital | |
| | √ |

| V |
|----------|
|----------|

This is not applicable to me (e.g. I had no symptoms)

8a. After your doctor referred you to a specialist, how long did it take you to get an appointment? Please tick only ONE answer.

| | · · · · · · · · · · · · · · · · · · · |
|---------------------|---------------------------------------|
| Less than 1 week | |
| 1-2 weeks | |
| 3-4 weeks | |
| 5-7 weeks | |
| 2-5 months | |
| 6-12 months | |
| More than 12 months | |



This is not applicable to me (eg my doctor did not refer me), please tick



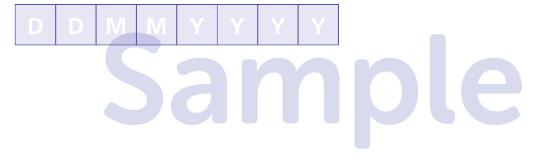
8b.What was the date of your first appointment with a doctor, involved in investigating and/or treating your cancer, to whom you were referred?If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year



9. What was the date you were told you had cancer? If you cannot remember the exact date, you can fill in the month and the year.

Day (optional), month, year



10. Have you had any of the following treatments for your cancer yet? If so, please can you estimate the date this treatment started? Please tick ALL that apply. If you cannot remember the exact date, you can fill in the month and the year.

| | Type of treatment | | Date of treatment (give first date if you had more than one) |
|----|---------------------------|-------|---|
| a. | Surgery | Yes | Day (optional), month, year |
| | | No | D D M M Y Y Y |
| b. | Chemotherapy | Yes | Day (optional), month, year |
| | | No No | D D M M Y Y Y |
| C. | Radiotherapy | Yes | Day (optional), month, year |
| | C | No | D M M Y Y Y |
| d. | Other Please specify: | Yes | Day (optional), month, year |
| | | No | D D M M Y Y Y |
| | | | |
| e. | Treatment not started yet | Yes | |



| 11. Who is the consultant doctor who has taken responsib | ility for diagnosing |
|--|----------------------|
| and or/treating your cancer? | |

| Name of co | nsultant: | | | | | | | | |
|--|--|------------------------|--------------------|-------------|--------------------------------|------------------|-------------|--------------|--------|
| Hospital na | me: | | | | | | | | |
| Hospital de | partment: | | | | | | | | |
| ease can you | interpreting w | _ | | - | | | _ | | |
| vill help us in neral health a Looking bac would you | interpreting your dealt in the second of the second | our respo th proble | onses to many your | this onay l | question have ha e diagr | nnaire d in t | to krihe pa | now a st. | bout y |
| vill help us in neral health a Looking bac | nd other healt | our respo th proble | onses to many your | this onay l | question have ha e diagr | nnaire d in t | to krihe pa | now a st. | bout y |
| vill help us in neral health a Looking bac would you | nd other healt | our respo th proble | onses to many your | this onay l | question have ha e diagr | nnaire d in t | to krihe pa | now a st. | bout y |
| vill help us in heral health a Looking backwould you s Very good | nd other healt | our respo th proble | onses to many your | this onay l | question have ha e diagr | nnaire d in t | to krihe pa | now a st. | bout y |
| vill help us in heral health a Looking backwould you s Very good Good | nd other healt | our respo th proble | onses to many your | this onay l | question have ha e diagr | nnaire d in t | to krihe pa | now a st. | bout y |

| Heart disease | Yes No |
|---------------|--------|
| Stroke | Yes No |
| Lung disease | Yes No |
| Diabetes | Yes No |



Finally, a little more information about you. The information you provide below will help us to analyse the results of the survey in more detail.

14.Which of these best describes your ethnic group? (please tick one box, as appropriate). If you are descended from more than one ethnic or racial group, please tick the group you consider you belong to, or tick 'any other ethnic group'.

| | V | | V | | V | | V |
|----------------|----------|--------------|----------|----------------------|----------|--------------------|----------|
| White | | Chinese | | Black - Caribbean | | Black - African | |
| Black - other | | Indian | | Pakistani | | Bangladeshi | |
| Any other ethr | nic gro | up, please s | specify | | | | |

15. What is the main language spoken in your home? Please tick

| English | |
|------------------------|--|
| Other, please specify: | |

16. What is the highest level of education you have achieved?

Please tick only **ONE** answer.

| Finished school at or before the age of fifteen | |
|--|--|
| Completed GCSEs, O-levels or equivalent | |
| Completed A Levels or equivalent | |
| Completed further education but not a degree | |
| Completed a Bachelor's degree / Masters degree / PhD | |
| Other, please specify: | |



| 17. Have you ever smoked cigarettes, including hand-rolled ones, pipes or cigars? | |
|--|----|
| Yes No | |
| 18. Are you a current smoker, smoking either cigarettes, including hand-rolled ones, pipes or cigars? | |
| Yes No | |
| 19. If you are a current smoker or have smoked in the past, how many cigarettes, including hand-rolled ones, pipes or cigars on average do yo smoke/have you smoked per day? | ou |
| Number per day: | |



20. Further comments

Please add anything else that you would like to tell us about your cancer diagnosis or treatment.

Sample

Thank you very much for taking the time to complete this questionnaire.



International Cancer Benchmarking Partnership Module 4

Primary Care Audit

Colorectal Cancer

Thank you very much for agreeing to fill in this questionnaire. As part of an international study examining differences in cancer survival, we are sending the questionnaire to health care providers of a sample of consented patients with cancer.

Our aim is to gain a better understanding of the process by which people have their cancer diagnosed – the symptoms they experience, and the pathway they follow from onset of symptoms to treatment of their cancer. This will help in identifying ways in which cancers can be diagnosed and treated quickly and effectively. Thank you once again for your time.

Please can you refer to your patient's notes in completing the questionnaire as this will help in obtaining accurate data on time points.

If you would prefer to return this questionnaire without the patient details, please tear off along the dotted line

ID-number: Jurisdiction-ID + Patient-ID:





Patient information

ID-number: Jurisdiction-ID + Patient-ID:

Full name:

Address:

Postcode:

Date of birth:

| D | D | M | M | Y | Y | Y | Y |
|---|---|---|---|---|---|---|---|
|---|---|---|---|---|---|---|---|



1. Duration of symptoms

Please estimate how long your patient had symptom(s), attributable to colorectal cancer, before attending your practice (or other health service).

We appreciate that identifying a 'date of first symptom' is not always straightforward – particularly when there are multiple and/or chronic symptoms. Nevertheless, we hope you can provide a 'best estimate'.

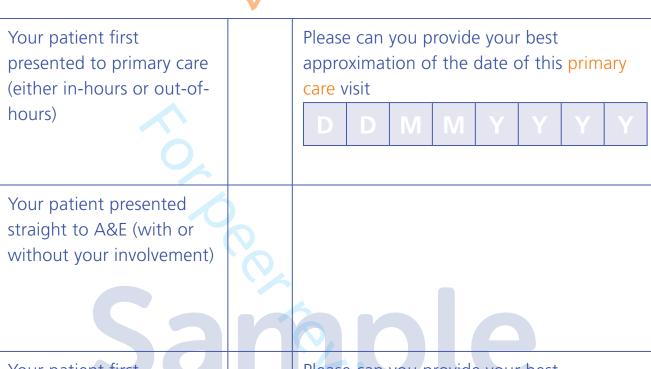
| Estimate of symptom duration (please tick one): | | What were the symptoms? Please describe: |
|---|-----|--|
| Less than 1 week | | |
| 1 to 4 weeks | | nla |
| 5 to 7 weeks | J'4 | |
| 2-5 months | | 70, |
| 6-12 months | | 1 |
| More than 12 months | | |
| Not possible to estimate | | |
| No symptoms (e.g. screen detected cancers) | | |



2. Pathway of presentation

Other – please describe:

2.1Through what route did the patient first present? Please tick ONE.



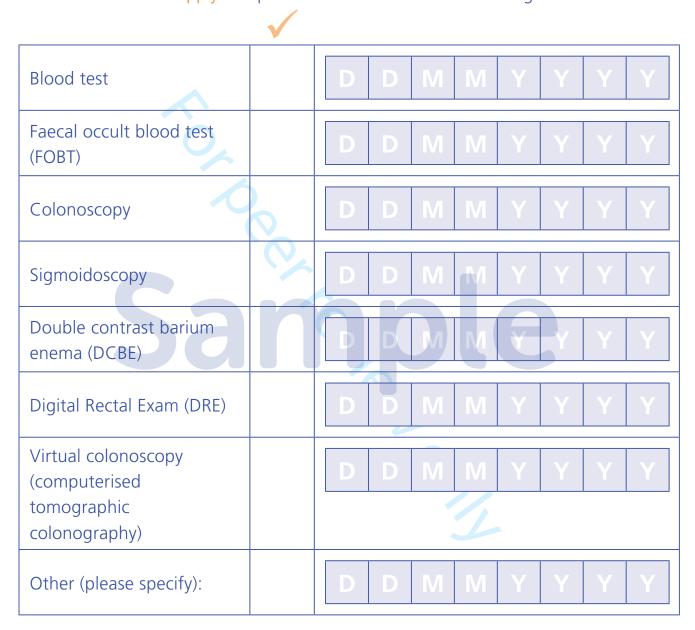
| Your patient first | Please | can | you p | rovid | e your | best | | |
|----------------------------|---|------|-------------|-------|--------|------|---|---|
| presented to primary | approximation of the date of this primary | | | | | ary | | |
| care, but then at a later | care v | isit | > | | | | | |
| date presented to A&E | D | | M | M | Υ | Y | Y | Y |
| as an emergency (with or | | | | | | | | |
| without your involvement) | | | | | | | | |
| Your patient's colorectal | | | | | | | | |
| cancer was diagnosed | | | | | | | | |
| through an organised | | | | | | | | |
| screening programme | | | | | | | | |
| (e.g. not as a result of | | | | | | | | |
| investigation of symptoms) | | | | | | | | |
| | I | | | | | | | |



3. Date you ordered any tests/investigations in response to symptom(s).

We are interested in any kind of tests/investigations (e.g. imaging etc) that you may have ordered. Please only consider the tests/investigations that you ordered yourself.

Please tick ALL that apply and put in the date that the test/investigation was ordered:



4. Date of referral to specialist medical services

At what date did you **first** refer the patient to hospital or another specialist transferring the responsibility for on-going investigation/treatment to other medical services?





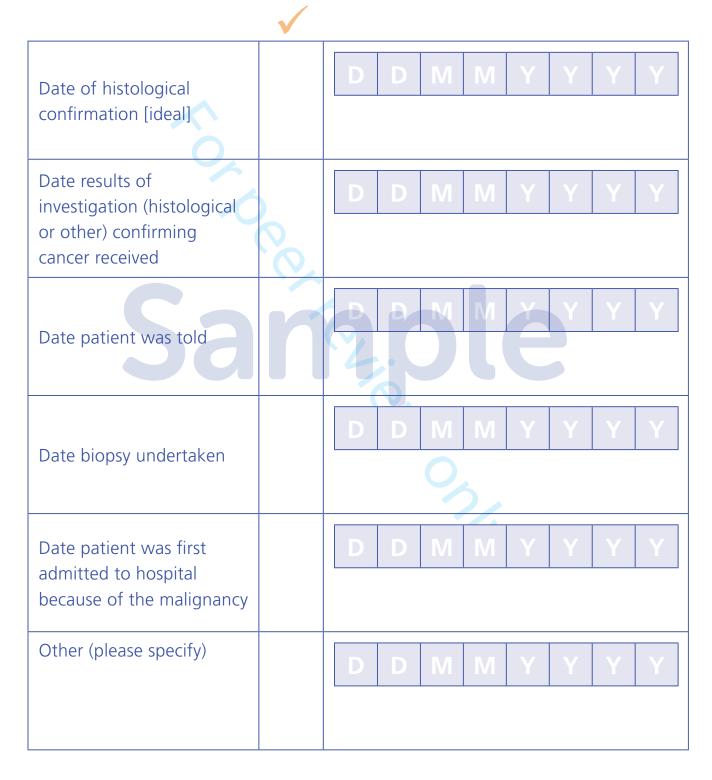
| 5 . I | Na | atuı | re . | of | th | is | ref | err | 'al |
|--------------|----|------|------|----|----|----|-----|-----|-----|
| | | | | _ | • | _ | _ | | |

| Nature of this referral | | | | | | | | | |
|--|---------|---------|--------|-------|---------|---------|--------|------|----------|
| Do you know the date that the | patie | nt w | as se | en fo | r this | refe | rral? | | |
| Yes, please provide the date: | D | D | М | M | Y | Y | Y | Y | |
| No | | | | | | | l | | I |
| If you did make a referral to sp | eciali | st ser | vices | , whi | ch of | the | follov | ving | be |
| describes the nature/characteris | stics o | of this | s refe | rral? | Pleas | e tick | one | | |
| | | | | | | | | • | / |
| Emergency admission: a referral to for immediate admission | o A&I | E (or e | quiva | lent) | | | | | |
| An urgent referral for assessment (Note this will be within 2 weeks | | | | | signs/1 | test re | esults | | |
| A less urgent referral in which call (Note this will be greater than 2 v | | | | | 7 | | | | |
| A more general referral for invest without cancer mentioned | igatio | n and | asses | ssmer | nt | | | | |
| No referral was made | | | 1 | | | | | | |
| Other – please describe | | | | 0, | | | | | |
| Would you say this patient's dia predominantly in the public or predominantly in the public o | | | | - | | | | • | / |
| Public healthcare system | | | | | | | | | |
| Private healthcare system | | | | | | | | | |
| | | | | | | | | | |



6. Date of colorectal cancer diagnosis

This can be decided in different ways. Please provide whichever of the following dates you have to hand. Please tick **all** that apply.





7. Additional information

Finally, we are interested to know what other conditions your patient has, and the severity/impact of these conditions

Have you and/or any of your partners treated this patient (or has the patient been to hospital) for any of the following conditions? Please tick all that apply:

| Cardiovascular disease | Yes No | |
|---|--------|--|
| Stroke | Yes No | |
| Lung disease | Yes No | |
| Diabetes | Yes No | |
| Are there any other comments you would like to make about this patient? | | |
| | | |
| Name (and title): | | |
| Signature: | | |
| Date: | | |
| | | |

Thank you very much for taking the time to complete this questionnaire.



International Cancer Benchmarking Partnership Module 4

Specialist Care Audit

Colorectal Cancer

Thank you very much for agreeing to fill in this questionnaire – it should take about 10 minutes to complete. As part of an international study examining differences in cancer survival, we are sending the questionnaire to health care providers of a sample of patients with cancer.

Our aim is to gain a better understanding of the process by which people have their cancer diagnosed – the symptoms they experience, and the pathway they follow from onset of symptoms to treatment of their cancer. We hope you can help us with information on this patient's cancer journey once they were referred to specialist cancer services. This will help in identifying ways in which cancers can be diagnosed and treated quickly and effectively.

Thank you once again for your time

Please can you refer to your patient's notes in completing the questionnaire, as this will help in obtaining accurate data on time points.

If you would prefer to return this questionnaire without the patient details, please tear off along the dotted line.

Your patient

is participating in the study.





Patient information

ID-number: Jurisdiction-ID + Patient-ID:

Full name:

Address:

Postcode:

Date of birth:



1. Date patient first attended hospital/specialist services related to their cancer diagnosis. We appreciate this date can at times be difficult to identify, particularly when there have been multiple visits in the lead up to a definitive diagnosis. Put another way, it's the date that the hospital/specialist service assumed responsibility for on-going investigation/treatment for your patient.

Day (optional), month, year

| D D M | M | Y | Y | Y |
|-------|---|---|---|---|
|-------|---|---|---|---|

2. How was the patient referred to the hospital/specialist services related to their cancer diagnosis? Please tick.

Was it through a:

| | 1 | |
|--------------------------------------|---|--|
| GP referral | Screening | |
| Referral from general surgery clinic | Medical specialist/ Consultant referral | |
| Other referral – please specify: | | |

3. Where did this first contact/appointment happen? Please tick.

Which of the following best describes where this first contact/appointment took place?

| | V | | V |
|--|----------|---|----------|
| Emergency department ('A&E') | | Medical outpatient department, please specify which department | |
| Oncology general outpatient department | | Surgical outpatient department, please specify which department | |
| Other – please specify: | | | |



4. Date of diagnosis

This can be decided in different ways.

Please tick and complete as many of the following dates as possible.



| Date of histological confirmation (ideal) | | Day (optional), month, year | | |
|--|-----|-----------------------------|--|--|
| | | D D M M Y Y Y | | |
| Date results of investigation confirming cancer received | | Day (optional), month, year | | |
| | 5_ | D D M M Y Y Y | | |
| Date patient was told | 193 | Day (optional), month, year | | |
| | | D D M M Y Y Y | | |
| Date of biopsy | | Day (optional), month, year | | |
| | | D D M M Y Y Y Y | | |
| Date patient was first | | Day (optional), month, year | | |
| admitted to hospital because of the malignancy | | D D M M Y Y Y | | |
| Date of MDT confirmation of diagnosis | | Day (optional), month, year | | |
| | | D D M M Y Y Y | | |
| Other (please specify): | | Day (optional), month, year | | |
| | | D D M M Y Y Y | | |



5. Date treatment for the cancer commenced

Based on your records, when would you say that any treatment specifically targeting the patient's cancer started?

Day (optional), month, year



6. Additional information

Please can you provide any further information on the patient's cancer:

| TNM, please tick as appro | priate: | Duke's , please tick as appropriate: |
|---------------------------|---------|---|
| 0 | | A |
| | | В |
| IIA | | |
| IIB | | D # 19 5 5 |
| IIC | | |
| IIIA | | 7 |
| IIIB | | O ₂ |
| IIIC | | |
| IV | | |
| Not able to stage | | |



6.1 Histological subtype:

| • | / |
|------|---|
| - 10 | |

| Adenocarcinoma | |
|-----------------------------------|--|
| Mucinous (colloid) adenocarcinoma | |
| Signet-ring cell carcinoma | |
| Other (please specify): | |
| | |





Further comments





| Name (and title): | |
|---|----------|
| Signature: | |
| Date: | |
| Are you a (please tick below): Surgeon | ✓ |
| Medical Oncologist | |
| Clinical Oncologist | |
| Clinical Nurse Specialist | |
| Other (please specify): | |

Thank you very much for taking the time to complete this questionnaire.

Supplementary File 5 – Ethical approvals, recruitment practices, ICBP M4 working group and ARG

Section 1 – Ethical and other approvals obtained in each Module 4 participating jurisdiction

| | Date of Ethics | Approvals obtained | Reference | |
|-----------|------------------|---|-------------------|--|
| | Approval | | | |
| Victoria | 4 September 2012 | Cancer Council Victoria Human Research | HREC 1125 | |
| | | Ethics Committee | | |
| Manitoba | 7 March 2013 | Health Research Ethics Board, University of | HS15227 | |
| | | Manitoba | (H2012:105) | |
| | | Passarch Passaurea Ethics Committee | | |
| | 15 April 2013 | Research Resource Ethics Committee, CancerCare Manitoba | RRIC#28-2012 | |
| | | Cancer care Manitoba | | |
| Ontario | 7 November 2013 | University of Toronto Research Ethics Board | 27881 | |
| | 28 January 2014 | | | |
| Denmark | 6 August 2013 | The Danish Data Protection Agency | 2013-41-2030 | |
| | | \bigcirc | | |
| | 19 June 2013 | According to Danish law and the Central | 1-10-72-20-13 | |
| | | Denmark Region Committees on Health | | |
| | | Research Ethics, approval by the National | | |
| | | Committee on Health Research Ethics was not | | |
| | | required as no biomedical intervention was | | |
| | | performed. | | |
| Sweden | 23 October 2013 | Ethics Review Board, Uppsala | 2013/306 | |
| | | | | |
| Norway | 04 April 2013 | Regional committees for medical and health | 2013/136/REK nord | |
| | | research ethics | | |
| Wales | 16 November 2012 | NRES Committee East Midlands – Derby 2, | 11/EM/0420 | |
| | | local R&D for each health board | | |
| Scotland | 16 November 2012 | NRES Committee East Midlands – Derby 2, | 11/EM/0420 | |
| | | R&D for each health board, | | |
| | | Privacy Advisory Committee, | | |
| | | CHI Advisory Group | | |
| N Ireland | 1 June 2012 | ORECNI Ethical approval, local governance for | 12/NI/0053 | |
| | | each health Trust | | |
| England | 16 November 2012 | NRES Committee East Midlands – Derby 2 11/EM/0420 | | |
| | | R&D for each Clinical Research Network | | |

Section 2 – Local recruitment practice in each Module 4 participating jurisdiction

| | Recruitment practice variation | | | | |
|-----------|--|--|--|--|--|
| Victoria | The relevant healthcare professional confirmed eligibility prior to questionnaire mail-out to patients. Additional patients were recruited (above the required 200 symptomatic CRC patients) to meet the needs of a local study. | | | | |
| Manitoba | The data from cancer treatment specialists was not available. | | | | |
| Ontario | Additional patients were recruited (above the required 200 symptomatic CRC patients) to meet the needs of a local study. | | | | |
| Denmark | The cancer treatment specialist data were completed using clinical databases instead of through a survey. | | | | |
| Sweden | Only patients answered the survey – no primary care or cancer treatment specialist data available. | | | | |
| Norway | Some patients received and completed their surveys up to 9 months post diagnosis; their data were included (although flagged for subsequent analysis of any resulting sampling bias). | | | | |
| Wales | No variation. | | | | |
| Scotland | No variation. | | | | |
| N Ireland | The cancer treatment specialist data were collected directly from registries instead of through a survey. Some screen-detected cancer patients were excluded in the identification process. | | | | |
| England | No variation. | | | | |

Section 3 – ICBP Module 4 Working Group

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Medical Centre

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Supplementary File 6 – graphs of regression analysis for symptomatic patients (based on Table 6). The difference in the length of jurisdiction's intervals are shown compared to the reference Wales (days).

| | Patient interval | Primary care interval* | Diagnostic interval | Treatment interval | Total interval |
|---------------|--------------------|------------------------|--|--------------------|--|
| | Sweden | Victoria 3 | Sweden Sweden | Sweden [| Sweden |
| | Victoria 🔳 | Ontario [| Victoria Q 📰 | Victoria | Victoria |
| <u>(</u> | Ontario 🖺 | Norway | Ontario en l | Ontario | Ontario SSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSS |
| bei celliume) | Norway | | Norway E | Norway | Norway |
| | Manitoba 🖺 | Manitoba | Manitoba public Shed | Manitoba E | Manitoba |
| | Denmark | Denmark (| Denmark & & | Denmark | Denmark |
| | N Ireland | N Ireland | N Ireland 2 3 | N Ireland | N Ireland |
| | Scotland 🔯 | Scotland | Scotland Sco | Scotland | Scotland |
| | England [S | England | England Jöp S | England | England |
| | -140 -70 0 70 14 | 40 -140 -70 0 70 140 | -140 -70 N 0 70 140 | -140 -70 0 70 140 | -140 -70 0 70 14 |
| | Sundan | | 18-02 | Cuadaa | Countries |
| | Sweden | Victoria | Sweden 77 | Sweden | Sweden |
| | Victoria | Ontario | Victoria 5 Ontario 27 | Victoria | Victoria |
| | Ontario S | Norway | Ontario 7 2 2 0 Norway | Ontario | Ontario |
| | Norway Manitoba | Manitoba | Manitoba E | Norway Manitoba | Norway Manitoba |
| | Denmark | Denmark 🖺 | Denmark | Denmark | Denmark |
| | N Ireland | N Ireland | N Ireland | N Ireland | N Ireland |
| | Scotland | Scotland | Scotland | Scotland | Scotland |
| | England | England | England | England | England |
| | | 40 -140 -70 0 70 140 | -140 -70 m 0 70 140 | -140 -70 0 70 140 | -140 -70 0 70 1 |
| | | | http://b | | |
| | Sweden | Victoria | Sweden 8 | Sweden | Sweden |
| | Victoria SSSS | Ontario | Victoria 9 | Victoria | Victoria S |
| | Ontario | Norway | Ontario 3. S | Ontario | Ontario |
| | Norway <u> </u> | Manitoba | Norway 9 | Norway | Norway |
| | Manitoba 📉 | Denmark 📉 | Manitoba On Appri. | Manitoba 3 | Manitoba |
| | Denmark | N Ireland | Denmark ,7 | Denmark | Denmark |
| | N Ireland | Scotland | N Ireland | N Ireland | N Ireland |
| | Scotland | | Scotland | Scotland | Scotland |
| | England | England | England Signal | England | England |
| | -140 -70 0 70 14 | -140 -70 0 70 140 | -140 -70 D 0 70 140 | -140 -70 0 70 140 | -140 -70 0 70 1 |

^{*} Sweden did not provide any data for the primary care interval, and so has not been included in these graphs.

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Differences in interval lengths (in days) are shown for the median, 75th and 90th percentiles compared to the reference used for the regression analyses, Wales. Wales is represented by the axis, with jurisdictions with shorter intervals shown to the left of the axis, and jurisdictions with longer intervals shown to the right of the axis for each graph. Statistically significant results $\frac{\aleph}{\theta}$ re shown in solid bars, whilst non-significant results are shown with a pattern fill.

The RECORD statement – checklist of items, extended from the STROBE statement, that should be reported in observational studies using routinely collected health data.

| | Item No. | STROBE items | Location in manuscript where items are reported | RECORD items | Location in manuscript where items are reported |
|----------------------|-------------|--|---|---|---|
| Title and abstra | ict | | | | |
| | 1 | (a) Indicate the study's design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found | Title and abstract – p 1 and 3 | RECORD 1.1: The type of data used should be specified in the title or abstract. When possible, the name of the databases used should be included. RECORD 1.2: If applicable, the geographic region and timeframe within which the study took place should be | Abstract – p 3 Abstract – p 3 |
| | | | orten. | reported in the title or abstract. RECORD 1.3: If linkage between databases was conducted for the study, | N/A |
| | | | 10 | this should be clearly stated in the title or abstract. | |
| Introduction | | | | | |
| Background rationale | 2 | Explain the scientific background and rationale for the investigation being reported | Background – p 4 | 001 | |
| Objectives | 3 | State specific objectives, including any prespecified hypotheses | Background – p 4 | | |
| Methods | | | | | |
| Study Design | 4 | Present key elements of study design early in the paper | Methods – p 5 | | |
| Setting | 5 | Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection | Methods – p 5-7 | | |
| Participants | 6 | (a) Cohort study - Give the eligibility criteria, and the | Methods – p 6 – and as reference to | RECORD 6.1: The methods of study population selection (such as codes or | Provided as reference to |

| | | sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> - Give the eligibility criteria, and the | previous paper. | algorithms used to identify subjects) should be listed in detail. If this is not possible, an explanation should be provided. | previous paper. |
|------------------------------|---|---|---|--|--|
| | | sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> - Give the eligibility criteria, and the sources and methods of selection | | RECORD 6.2: Any validation studies of the codes or algorithms used to select the population should be referenced. If validation was conducted for this study and not published elsewhere, detailed methods and results should be provided. | Provided as appendix and in reference to previous paper. |
| | | of participants (b) Cohort study - For matched studies, give matching criteria and number of exposed and unexposed Case-control study - For matched studies, give matching criteria and the number of controls per case | N/A | RECORD 6.3: If the study involved linkage of databases, consider use of a flow diagram or other graphical display to demonstrate the data linkage process, including the number of individuals with linked data at each stage. | N/A |
| Variables | 7 | Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable. | Methods – p 7-8 – and as reference to previous paper. | RECORD 7.1: A complete list of codes and algorithms used to classify exposures, outcomes, confounders, and effect modifiers should be provided. If these cannot be reported, an explanation should be provided. | N/A |
| Data sources/ measurement | 8 | For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group | Methods – p 6-9 – and as reference to previous paper. | • | |
| Bias | 9 | Describe any efforts to address potential sources of bias | Methods – p 8-9, discussion – p 21-22 – and as reference to | | |

| | | | previous paper. | | |
|----------------------------------|----|---|---|---|-----|
| Study size | 10 | Explain how the study size was arrived at | Methods – p 5 – and as reference to previous paper. | | |
| Quantitative variables | 11 | Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen, and why | Methods – p 8-9 – and as reference to previous paper. | | |
| Statistical methods | 12 | (a) Describe all statistical methods, including those used to control for confounding (b) Describe any methods used to examine subgroups and interactions (c) Explain how missing data were addressed (d) Cohort study - If applicable, explain how loss to follow-up was addressed Case-control study - If applicable, explain how matching of cases and controls was addressed Cross-sectional study - If applicable, describe analytical methods taking account of sampling strategy (e) Describe any sensitivity analyses | Methods – p 8-9 – and as reference to previous paper. | | |
| Data access and cleaning methods | | | | RECORD 12.1: Authors should describe the extent to which the investigators had access to the database population used to create the study population. | N/A |

| Linkage | | | | RECORD 12.2: Authors should provide information on the data cleaning methods used in the study. RECORD 12.3: State whether the study included person-level, institutional-level, or other data linkage across two or more databases. The methods of linkage and methods of linkage quality evaluation should be provided. | Methods – p 6 N/A |
|------------------|----|--|--|--|---|
| Results | | | | | |
| Participants | 13 | (a) Report the numbers of individuals at each stage of the study (<i>e.g.</i> , numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed) (b) Give reasons for non-participation at each stage. (c) Consider use of a flow diagram | Results and as table – p 9-12. Flow diagram in previous paper, referenced. | RECORD 13.1: Describe in detail the selection of the persons included in the study (<i>i.e.</i> , study population selection) including filtering based on data quality, data availability and linkage. The selection of included persons can be described in the text and/or by means of the study flow diagram. | Results and as table. Flow diagram in previous paper, referenced. |
| Descriptive data | 14 | (a) Give characteristics of study participants (e.g., demographic, clinical, social) and information on exposures and potential confounders (b) Indicate the number of participants with missing data for each variable of interest (c) Cohort study - summarise follow-up time (e.g., average and total amount) | Results and as table – p 9-12. | しつりょ | |
| Outcome data | 15 | Cohort study - Report numbers of outcome events or summary measures over time Case-control study - Report numbers in each exposure category, or summary measures | Results and as table – p 12-19. | | |

| | | of exposure Cross-sectional study - Report numbers of outcome events or summary measures | | | |
|----------------|----|--|---------------------------------|--|-------------------------|
| Main results | 16 | (a) Give unadjusted estimates and, if applicable, confounderadjusted estimates and their precision (e.g., 95% confidence interval). Make clear which confounders were adjusted for and why they were included (b) Report category boundaries when continuous variables were categorized (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period | Results and as table – p 12-19. | | |
| Other analyses | 17 | Report other analyses done—e.g., analyses of subgroups and interactions, and sensitivity analyses | Results – p 19. | | |
| Discussion | | | | | |
| Key results | 18 | Summarise key results with reference to study objectives | Discussion – p 20 | 0, | |
| Limitations | 19 | Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias | Discussion – p21-22 | RECORD 19.1: Discuss the implications of using data that were not created or collected to answer the specific research question(s). Include discussion of misclassification bias, unmeasured confounding, missing data, and changing eligibility over time, as they pertain to the study being reported. | Discussion – p21- 22 |
| Interpretation | 20 | Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar | Discussion – p22-23 | | |

| | | studies, and other relevant evidence | | | |
|---|----|---|----------------------------------|--|--|
| Generalisability | 21 | Discuss the generalisability (external validity) of the study results | Discussion, conclusion – p22-23. | | |
| Other Information | | | | | |
| Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based | Funding statement – p 24 | | |
| Accessibility of protocol, raw data, and programming code | | | | RECORD 22.1: Authors should provide information on how to access any supplemental information such as the study protocol, raw data, or programming code. | Availability of data and material statement – p 25 |

^{*}Reference: Benchimol EI, Smeeth L, Guttmann A, Harron K, Moher D, Petersen I, Sørensen HT, von Elm E, Langan SM, the RECORD Working Committee. The REporting of studies Conducted using Observational Routinely-collected health Data (RECORD) Statement. *PLoS Medicine* 2015; in press.

^{*}Checklist is protected under Creative Commons Attribution (<u>CC BY</u>) license.