

## ONLINE SUPPLEMENT

### **Supplement to:**

Engaging older people in an Internet platform for cardiovascular risk self-management: a qualitative study among Dutch HATICE participants

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## **Interview guide**

Opening question: *Could you tell me about your experiences with the HATICE platform?*

### **1. Use, experiences and opinion about the platform**

#### **General**

*Did you ever log onto the platform? What pages do you usually visit when you are logged on? What do you use the most and why? What don't you use and why? What do you think about the platform? Does the platform motivate you to change your lifestyle? Why?*

#### **Baseline**

*Why did you choose to participate in HATICE? Did your coach introduce you to the platform during the second visit? What did the coach mention about the platform? What was your first impression? What were your expectations of the platform? What was expected of you?*

#### **Initial phase**

*What were your first experiences with logging onto the platform? What parts of the platform did you use then? What appealed you to use the platform? And what repelled you to use the platform?*

#### **Adherence phase**

*How is that now? Do you use the platform differently now in comparison to the beginning? Why? Are there things that could have increased your use of the platform? If it would be possible, would you keep using the platform after the study ended? Why?*

## **Coach**

*How do you experience the contact with your coach? What do you like? What don't you like? Do you feel that the coach is of added value to the platform? Would you prefer having telephone contact with your coach?*

### **2. Interaction with regular care**

*Do you feel that the platform is of added value to regular care? To what extend? Have you consulted you general practitioner/practice nurse about the platform (or are you going to)? Why?*

*Would you like it if the general practitioner/practice nurse had insight into data from your personal platform? Why? If yes, what data would you like to share and what not?*

*(If applicable) Are there advantages or disadvantages to the platform in comparison to the care of your practice nurse?*