

Supplementary Table 1: Results from the baseline GAD-7, PHQ-8 and EQ-5D-3L questionnaires

| Participant Characteristics | Baseline (N=80) |
|---------------------------------------|------------------------|
| GAD-7 | |
| No Anxiety | 33.7% |
| Mild Anxiety | 30.0% |
| Moderate Anxiety | 18.8% |
| Severe Anxiety | 13.8% |
| Missing Data | 3.7% |
| PHQ-8 | |
| No Significant Symptoms | 27.5% |
| Mild | 37.5% |
| Moderate | 20.0% |
| Moderately Severe | 12.5% |
| Severe | 1.25% |
| EQ-5D-3L Visual Analogue Scale | |
| Mean | 62.2 |
| Range | 3-100 |
| Standard Deviation | 17.0 |

*Includes missing or refusal to answer