

## Supplementary Materials 2

### *Ovid Medline Example Search Strategy*

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Database: Ovid MEDLINE(R) Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily, Ovid MEDLINE and Versions(R)

Search Strategy:

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- 1 (Sleep\$ or Insomnia\$ or nightmare\$ or hypersomnia\$ or parasomnia\$ or narcolepsy or circadian rhythm\$ or restless leg syndrome or apnea or apnoea).ti,ab. (180111)
- 2 Sleep/ or Sleep Disorders, Circadian Rhythm/ or Sleep Disorders, Intrinsic/ or Narcolepsy/ or Restless Legs Syndrome/ or Sleep Apnea Syndromes/ or "Sleep Initiation and Maintenance Disorders"/ or Parasomnias/ (70224)
- 3 1 or 2 (193630)
- 4 (psychological health or distress or mental or psychiat\$ or affect or depress\$ or mood or stress or anxious or anxiety or phobi\$ or obsessive compulsive disorder\$ or OCD or psychos#s or psychotic or schiz\$ or bipolar or bi-polar or hallucination\$ or delusion\$ or eating disorder\$ or eating disturbance\$ or anorexia or bulimia or binge eating or wellbeing or well-being or).ti,ab. (2200869)
- 5 Stress, Psychological/ or Anxiety Disorders/ or Obsessive-Compulsive Disorder/ or Phobic Disorders/ or exp "Feeding and Eating Disorders"/ or Anorexia Nervosa/ or Binge-Eating Disorder/ or Bulimia Nervosa/ or Depressive Disorder/ or Hallucinations/ or Delusions/ or Anxiety/ or Depression/ or psychotic disorders/ (379929)
- 6 4 or 5 (2283788)
- 7 3 and 6 (57412)
- 8 randomized controlled trial.pt. (446587)
- 9 controlled clinical trial.pt. (91788)
- 10 randomized.ab. (389502)
- 11 placebo.ab. (183719)
- 12 drug therapy.fs. (1928261)
- 13 randomly.ab. (270741)
- 14 trial.ab. (409336)

- 15 groups.ab. (1670961)
- 16 or/8-15 (3972831)
- 17 exp animals/ not humans.sh. (4311313)
- 18 16 not 17 (3433652)
- 19 7 and 18 (19379)
- 20 (trial\$ or intervention\$ or treatment\$).ti,ab. (4565976)
- 21 7 and 20 (23924)
- 22 21 not 19 (11896)

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