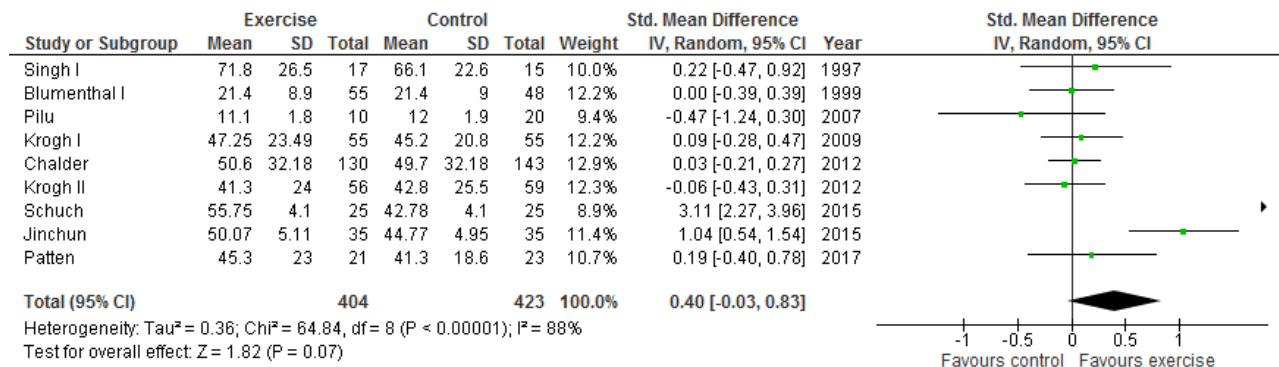


Article:

Exercise for patients with major depression: A systematic review with meta-analysis and trial sequential-analysis

Supplementary Figure S8-S10

Figure S8. The effect of exercise on quality of life in patients diagnosed with depression



Quality of life was assessed using different scales: Singh I, Chalder and Patten used the SF-36, Blumenthal used Life Satisfaction Index, Pilu and Schuch used the WHOQOL, Krogh I and Krogh II used the WHO-Five Well-being Scale, and Jinchun used the GQOLI-74.

Figure S9. The effect of exercise on depression severity after the intervention in patients diagnosed with depression

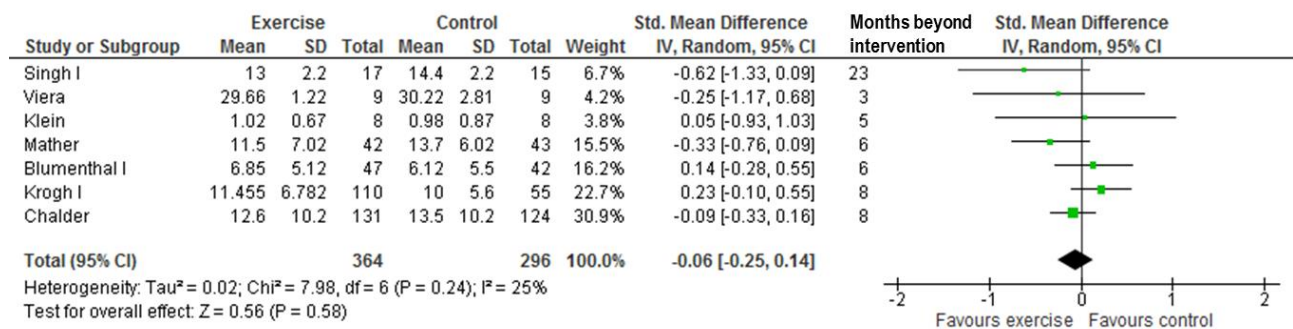


Figure S10. The effect of exercise on risk of lack of remission after the intervention in patients diagnosed with depression

