Article:

Exercise for patients with major depression: A systematic review with meta-analysis and trial sequential-analysis

Supplementary Figure S7

Figure S7. Effect of exercise on risk of serious adverse events for patients diagnosed with depression

	Exercise		Control		Risk Ratio			Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% CI	Year	M-H, Fixed, 95% CI
Singh II	0	36	0	19		Not estimable	2005	
Krogh I	1	110	0	55	57.7%	1.51 [0.06, 36.56]	2009	
Krogh II	1	56	0	59	42.3%	3.16 [0.13, 75.94]	2012	-
Total (95% CI)		202		133	100.0%	2.21 [0.24, 20.21]		
Total events	2		0					
Heterogeneity: Chi ² = 0.10, df = 1 (P = 0.75); $ ^2$ = 0%							F	.01 0.1 1 10 100
Test for overall effect: $Z = 0.70$ (P = 0.48)							U	Favours exercise Favours control