

Embase search strategy

Results	Search Type	Actions
1	exp episodic cluster headache/ or exp cluster headache/ or exp episodic tension headache/ or exp headache/ or exp chronic tension headache/ or exp new daily persistent headache/ or exp secondary headache/ or exp tension headache/ or exp chronic daily headache/ or exp chronic cluster headache/ or exp primary headache/	169154
2	exp migraine aura/ or exp migraine/ or exp migraine with aura/ or exp migraine without aura/	49214
3	(headache* or migraine*).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]	237102
4	1 or 2 or 3	237110
5	exp psychosocial disorder/ or exp psychosocial rehabilitation/	10636
6	psychosocial.ti,ab.	87239
7	exp mindfulness/	1510
8	mindfulness.ti,ab.	3601
9	exp cognitive therapy/	38259
10	(cognitive therapy or CBT).ti,ab.	12047
11	exp group therapy/	19810
12	group therapy.ti,ab.	5890
13	exp self care/	56277
14	(self-management or self management or self-care).ti,ab.	28351
15	(training adj5 program*).ti,ab.	48441

16	(behavioral or behavioural).ti,ab.	312459
17	pain treatment*.ti,ab.	5673
18	5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17	544331
19	4 and 18	7302

Embase

7308 records

PSYCHINFO search strategy:

((SU.EXACT.EXPLODE("Migraine Headache") OR SU.EXACT.EXPLODE("Headache") OR SU.EXACT.EXPLODE("Muscle Contraction Headache")) OR (headache* OR migraine*)) AND ((SU.EXACT.EXPLODE("Psychosocial Factors") OR SU.EXACT.EXPLODE("Psychosocial Development") OR SU.EXACT.EXPLODE("Psychosocial Rehabilitation")) OR SU.EXACT.EXPLODE("Interdisciplinary Treatment Approach") OR SU.EXACT.EXPLODE("Mindfulness") OR SU.EXACT.EXPLODE("Cognitive Behavior Therapy") OR SU.EXACT.EXPLODE("Diagnostic and Statistical Manual") OR SU.EXACT.EXPLODE("Group Psychotherapy") OR SU.EXACT.EXPLODE("Self Management") OR (psychosocial OR interdisciplinary OR multidisciplinary OR mindfulness OR cbt OR "cognitive therapy" OR manual OR manuals OR workbook* OR "group therapy" OR "self management" OR "SELF-MANAGEMENT" OR "self care" OR "self-care" OR training w/5 program*))

2293 RECORDS

WEB OF SCIENCE search strategy:

TOPIC:(headache* or migraine*) **AND TOPIC:**(psychosocial or interdisciplinary or multidisciplinary or mindfulness or CBT or "cognitive therapy" or manual or manuals or workbook* or "self management" or "self-management" or "self care" or "self-care" or training near/5 program*)

Timespan: All years. **Indexes:** SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH.

Web of Science: 3494 records

MEDLINE search strategy:

Results	Search Type	Actions
1	exp episodic cluster headache/ or exp cluster headache/ or exp episodic tension headache/ or exp headache/ or exp chronic tension headache/ or exp new daily persistent headache/ or exp secondary headache/ or exp tension headache/ or exp chronic daily headache/ or exp chronic cluster headache/ or exp primary headache/	48852
2	exp migraine aura/ or exp migraine/ or exp migraine with aura/ or exp migraine without aura/	22896
3	(headache* or migraine*).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	82415
4	1 or 2 or 3	82487
5	exp psychosocial disorder/ or exp psychosocial rehabilitation/	0
6	psychosocial.ti,ab.	59845
7	exp mindfulness/	526
8	mindfulness.ti,ab.	1975
9	exp cognitive therapy/	18234
10	(cognitive therapy or CBT).ti,ab.	6794
11	exp group therapy/	23492
12	group therapy.ti,ab.	3338
13	exp self care/	43310
14	(self-management or self management or self-care).ti,ab.	18088
15	(training adj5 program*).ti,ab.	32257

16	(behavioral or behavioural).ti,ab.	227064
17	pain treatment*.ti,ab.	3237
18	5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17	390498
19	4 and 18	2201

Medline 2201 records