

Supplemental File 1

Webinar content

Session 1:

- Background on smoking in pregnancy and relevance to vulnerable subgroups including the Indigenous context.
- Non-confrontational history taking.
- Engagement of vulnerable pregnant smokers.
- Assessment of smoking in Indigenous and vulnerable women - nicotine dependence and motivation.
- Assessing socio-cultural aspects and environmental smoking.
- Culturally competent care - importance and content.
- Non-didactic counselling styles.
- Concept and benefit of 'teachable moments'.

Session 2:

- The ABCD approach – Ask-Brief advice-Cessation medications-Discuss psychosocial context.
- Behaviour change techniques (BCTs) successful in pregnancy, e.g. goal setting, setting a quit date, problems solving, and boosting self-efficacy.
- How to tailor advice to the client.
- Interventions of differing intensity - brief to intensive.
- Involving the family in smoking management and smoke-free environments.
- Supportive counselling and follow up.
- Psychosocial support.
- Use of optimised resources.
- Referral mechanisms.
- Ancillary resources available: Quitline, on-line and mobile phone apps.

Session 3:

- Using NRT in pregnancy:
 - Initiating NRT, and how to advise about NRT - NRT algorithm for pregnancy – step-wise titration.
 - Dosage management
 - Side-effects
 - Indications/contra-indications
 - Promoting adherence
- Use of the CO meter as a motivational tool, and for monitoring and validating abstinence.
- Advising re cannabis and e-cigarettes.