

| Supplementary table-1: Characteristics of study population according to hypertension status                                                                                                                           |                      |                      |                      |                      |                      |                      |                      |                      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
|                                                                                                                                                                                                                       | Urban                |                      |                      |                      | Rural                |                      |                      |                      |
|                                                                                                                                                                                                                       | Survey 1             |                      | Survey 2             |                      | Survey 1             |                      | Survey 2             |                      |
|                                                                                                                                                                                                                       | Without hypertension | With hypertension    | Without hypertension | With hypertension    | Without hypertension | With hypertension    | Without hypertension | With hypertension    |
| <b>Age</b><br>[Mean ± SEM]                                                                                                                                                                                            | 45.6±0.2             | 52.0±0.3             | 44.7±0.2             | 48.9±0.3             | 46.0±0.2             | 51.9±0.5             | 45.8±0.2             | 48.2±0.4             |
| <b>Gender</b><br>Women[% (95% C.I.)]                                                                                                                                                                                  | 52.0<br>(50.0, 54.0) | 53.2<br>(49.5, 56.8) | 55.5<br>(52.6, 58.3) | 52.9<br>(49.5, 56.2) | 57.8<br>(55.7, 59.8) | 49.6<br>(43.8, 55.5) | 51.3<br>(48.6, 53.9) | 42.5<br>(38.4, 46.7) |
| <b>Alcohol use (Yes)</b><br>[% (95% C.I.)]                                                                                                                                                                            | 14.0<br>(12.6, 15.5) | 14.2<br>(11.8, 17.0) | 20.8<br>(18.5, 23.2) | 26.1<br>(23.2, 29.1) | 5.5<br>(4.5, 6.7)    | 7.6<br>(4.7, 12.0)   | 30.9<br>(28.5, 33.4) | 39.8<br>(35.8, 43.9) |
| <b>Obesity</b><br>[% (95% C.I.)]                                                                                                                                                                                      | 9.9<br>(8.8, 11.2)   | 19.3<br>(16.5, 22.3) | 13.8<br>(11.8, 16.2) | 27.9<br>(24.7, 31.3) | 1.2<br>(0.8, 1.8)    | 4.0<br>(2.2, 7.1)    | 5.0<br>(4.0, 6.3)    | 12.1<br>(9.7, 15.1)  |
| <b>Abdominal obesity</b><br>[% (95% C.I.)]                                                                                                                                                                            | 62.0<br>(60.0, 64.0) | 72.3<br>(68.9, 75.4) | 67.4<br>(64.6, 70.0) | 83.2<br>(80.6, 85.6) | 50.9<br>(48.7, 53.0) | 72.8<br>(67.0, 77.9) | 67.7<br>(65.1, 70.1) | 82.4<br>(79.0, 85.4) |
| <b>Diabetes Mellitus</b><br>[% (95% C.I.)]                                                                                                                                                                            | 10.3<br>(9.1, 11.7)  | 21.1<br>(18.2, 24.2) | 12.5<br>(10.5, 14.8) | 30.2<br>(26.9, 33.7) | 2.5<br>(1.7, 3.5)    | 6.9<br>(3.6, 12.8)   | 6.6<br>(5.2, 8.5)    | 16.0<br>(12.6, 20.1) |
| <i>Obesity- BMI ≥ 30 Kg/m<sup>2</sup>; Abdominal obesity-Waist-hip-ratio &gt;0.90 for men and &gt;0.85 for women; Diabetes- Fasting Plasma Glucose (FPG) ≥ 126 mg/dl or on medication; SEM-Standard Error of Mean</i> |                      |                      |                      |                      |                      |                      |                      |                      |