

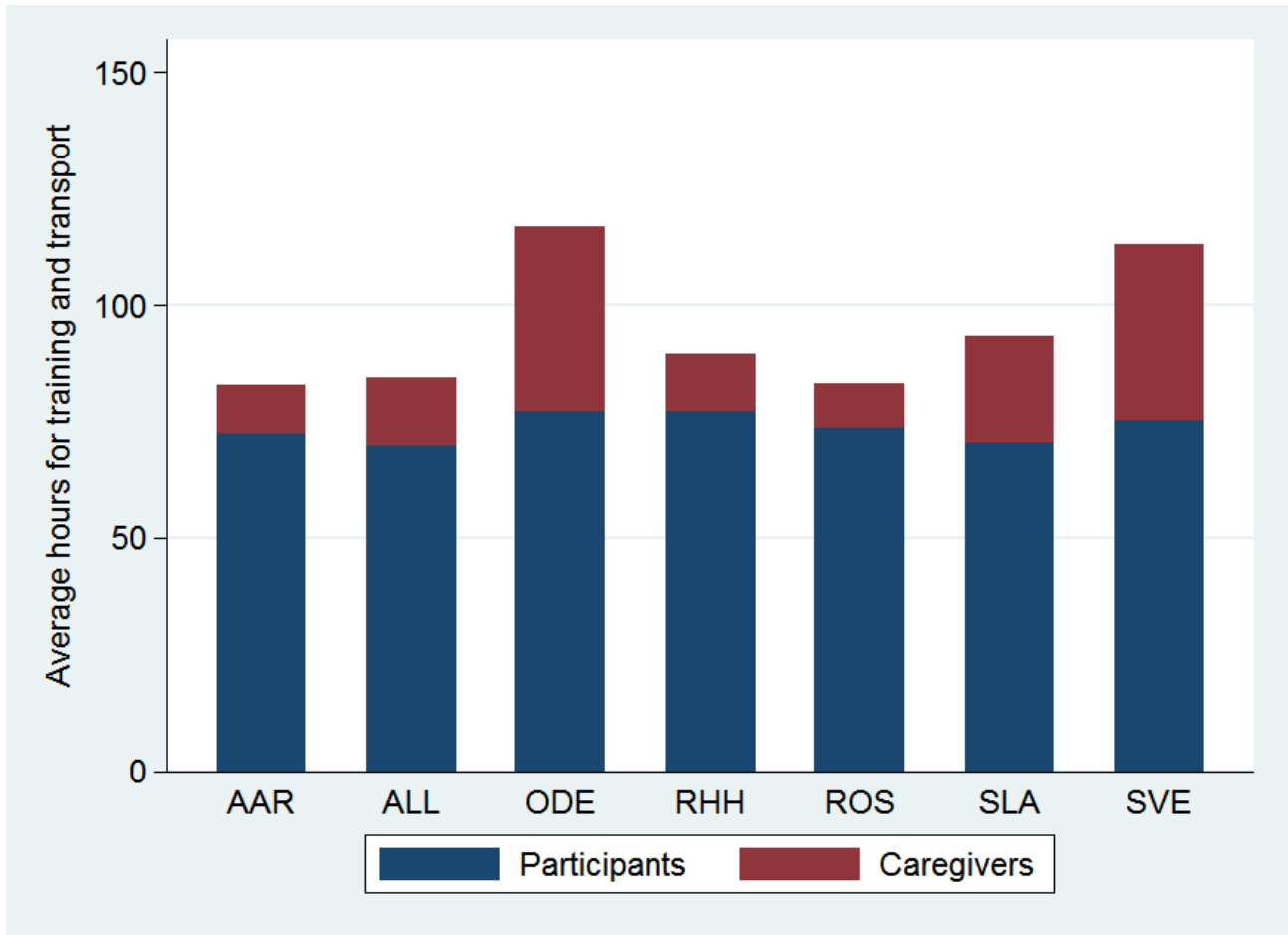
Supplementary Table 1 Baseline characteristics and intervention resource use and cost.

Characteristics	Control Group	Intervention Group	<i>p</i> -value
n(%)	93 (46.5%)	107 (53.5%)	
Female, n (%)	36 (38.7)	51 (47.7)	0.205
Age (mean) years (SD)	70.82 (7.28)	69.32 (7.48)	0.154
Caregiver living with patients (%)	66 (71.00)	78 (72.90)	0.875
MMSE score (SD)	24.14 (3.83)	23.81 (3.37)	0.522
Hamilton score (SD)	2.00 (2.46)	1.92 (2.61)	0.816
PASE score (SD)	102.45 (50.96)	111.45 (54.02)	0.229
Resource use and cost			
Average participant training time, (hours)		74.13 (22.02)	
Average caregiver accompanying time (hours)		19.81 (31.31)	
Mean cost per patient, € (SD)			
Including transport		608.44 (2.08)	
Excluding transport		495.91 (14.10)	

Abbreviations: MMSE, mini mental state examination range from 0 (severe impairment) to 30 (no impairment).

PASE, Physical activity scale for the elderly, with higher scores indicating higher levels of habitual physical activity

Supplementary Figure 1 Average time use (hours) per participant by Memory Clinic (n=107)



Supplementary Figure 2 Distribution of EQ-VAS and EQ-5D responses by participants and caregivers. Blue and red plots indicate baseline and 16 weeks measurements, respectively

