

Supplementary Table: Estimates of the relationship between support outcomes and bereavement exposure (suicide *versus* non-suicide sudden death)

Exposure group	Non-suicide sudden death (n=2818)		Suicide (n = 614)				
	Prevalence n (%)	Odds ratio (reference)	Prevalence n (%)	Unadjusted odds ratio (95% CI)	p value*	Adjusted ^a odds ratio (95% CI)	p value*
receipt of formal support post-bereavement	1048 (37)	1	221 (36)	0.96 (0.79-1.16)	0.644	1.08 (0.88-1.31)	0.472
receipt of informal support post- bereavement	1887 (67)	1	389 (63)	0.82 (0.67-0.99)	0.042	0.78† (0.64-0.96)	0.018
Secondary outcomes							
no support post- bereavement ^b	557 (20)	1	141 (23)	1.31 (1.05-1.62)	0.016	1.32 (1.06-1.67)	0.014
immediate receipt of support (<1 week)	1219 (43)	1	219 (36)	0.74 (0.61-0.90)	0.002	0.74† (0.61-0.90)	0.003
delayed receipt of valuable support (>6 months)	1105 (39)	1	271 (44)	1.24 (1.02-1.49)	0.028	1.28 (1.05-1.56)	0.017
use of formal support exclusively ^c	293/2131 (14)	1	68/441 (15)	1.18 (0.88-1.59)	0.264	1.27 (0.93-1.72)	0.130
help sought for post- bereavement self-harm ^d	50/154 (32)	1	19/56 (34)	1.02 (0.52-2.02)	0.949	1.22 (0.57-2.61)	0.612

^a adjusted for age, gender, socio-economic status, pre-loss depression, pre-loss suicidal and non-suicidal self-harm, other family history of suicide (excluding index bereavement), time since bereavement, and kinship to the deceased.

^b outcome excluded those who solely endorsed that they chose to handle the bereavement alone

^c in sub-set of n=2,572 receiving support after bereavement

^d in sub-set of n=210 who had attempted suicide post-bereavement

* significance threshold of p=0.05 for primary outcomes and p=0.01 for secondary outcomes

† association no longer significant when stigma added to final adjusted model