



our care through our eyes

Self-harm and Children's Nursing - Survey 1

Welcome

- Thank you for taking the time to complete this survey.
- The survey should take about 10 minutes to complete.
- Your participation is voluntary and any information you provide will be anonymised.
- This survey can be saved part way through by clicking the 'Finish Later' button.
- Please note that once you have clicked on the 'Finish' button your answers are submitted and you cannot return to review or amend the page.

Email address

Email address: * *Required*

About you

Your age *Optional*

Your gender

- Male
- Female

What is your highest educational level?

- Diploma
- Degree (e.g. BSc, BA)
- Post graduate certificate or diploma (e.g. PGCert, PGDip)
- Masters (e.g. MSc, MNursSci, MA, MPhil)
- Doctorate (e.g. PhD, DHSci, DPhil)

What year did you register as a nurse?

Please identify all parts of the NMC register you are on

- Registered Children's nurse
- Registered Mental health nurse

- Registered Adult nurse
- Registered Learning disabilities nurse
- Registered General Nurse

About your job

What is your Agenda for Change (AfC) banding?

- Band 5
- Band 6
- Band 7
- Band 8a

In which clinical area do you work? * *Required*

- D33 (medical long stay/specialities)
- D34 (ENT/Orthopaedics/Maxfac)
- D35 (general surgery)
- E17 (Renal and Urology)
- E37 and E38 (CAU and Medical Short stay)
- E39 (Oncology)
- E40 (Neuro)
- Paediatric Critical Care (PHDU/PICU)
- Other

If you selected Other, please specify:

What year did you start working in your current job?

Experience of working with children and young people who have self-harmed

Have you been involved in the care of a child or young person who has self-harmed?

* *Required*

- Yes
- No
- Don't know / Cannot remember

Have you ever received any training in caring for children and young people who have self-harmed? * *Required*

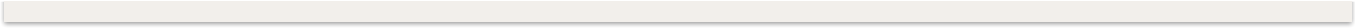
- Yes
- No
- Don't know / Cannot remember

What form did this training take? (please tick all that apply)

- Face-to-face
- On-line
- Distance learning pack
- Work-based training
- Other

If you selected Other, please specify:

What year did you receive this training?



Attitudes towards self-harm in children and young people

Please rate the following statements below * Required

	Strongly disagree	Disagree	Agree	Strongly agree
1. It is not useful for a child who self-harms to have contact with me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I have someone at work with whom I can discuss these children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I feel hopeful that my contact with a young person who self-harms is helpful	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I think that the amount of effort I make when dealing with a self-harming child makes a difference to the outcome	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. My intervention will have no impact on young people who self-harm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. These children usually make me feel angry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Parents of children who self-harm usually make me feel angry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I can empathise with parents/ carers of children who self-harm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Neglectful parents/ carers have self-harming children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Children and adolescents who self-harm waste NHS time and resources	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

11. I think that there is a belief among my colleagues that one should work unsupported with these children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. If I do the wrong thing a child who has self-harmed will kill themselves	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. I rarely find myself thinking about young people who have self-harmed when I am not at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. I am worried that I am going to be blamed for what might happen to these children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Knowledge of self-harm in children and young people

Please rate the following statements * *Required*

	True	False	Don't know
1. Self-harm is more common in girls than boys	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. People who self-harm have an increased likelihood of committing suicide in the future	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Children and adolescents who have been sexually abused are no more likely to self-harm than the general population	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. There is no evidence that intervention by a mental health professional reduces further episodes of self-harm in severity and frequency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. People who self-harm often have poor communication skills and low self-esteem	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Self-harm is more likely to occur among young people who are socio-economically deprived	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Girls are more likely than boys to kill themselves	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. The majority of young people who self-harm present to health services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. People who self-harm usually do not want to die but rather trying to cope with their emotional pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. People who self-harm generally try to hide what they are doing—rather than draw attention to it—because they feel ashamed and afraid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Poisoning is by far the most common means of self-harm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. The severity of self-harm wounds strongly indicates how unwell the CYP is	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Confidence in caring for children and young people who have self-harmed

Please rate the following statements * *Required*

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
1. I have the ability to care for a child or young person who has self-harmed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I am able to communicate effectively with a child or young person who has self-harmed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I am able to communicate effectively with a parent / carer of a child or young person who has self-harmed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I am confident that I will not make things worse for a child or young person in my care who has self-harmed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. I am able to provide information on a child or young person who has self-harmed to a child and adolescent mental health service (CAMHS) worker	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I am able to remain calm when caring for a child or young person who has self-harmed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I am able to comfort a child or young person in my care who has self-harmed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Self-efficacy towards helping

Please rate the following statements * *Required*

	Not at all True	Barely True	Moderately True	Exactly True
1) I possess the necessary social skills to alleviate the distress of a young person who is experiencing self-harm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2) It is easy for me to comfort a young person who self-harms and is in distress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3) I am capable of providing the appropriate help for a young person who self-harms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4) It is difficult for me to express empathic understanding for a young person who self-harms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5) I could make a young person feel better no matter how depressed they are	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6) I feel awkward when it comes to comforting a young person who self-harms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7) I am not sensitive enough to meet the support needs of a young person who is suffering self-harm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8) I do not trust my skills to communicate in a beneficial way with a young person who self-harms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9) I am not the kind of person who can meet the emotional needs of young people who self-harm who are in a crisis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

10) I have sufficient communication skills to cheer up a young person who self-harms, who is experiencing stress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Continuing Professional Development Questionnaire

Question 1 * Required

	1- Strongly disagree	2	3	4	5	6	7 - Strongly agree
I intend to collaboratively work with and actively involve children and young people who self-harm in their care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 2 * Required

	0-20%	21-40%	41-60%	61-80%	81-100%
To the best of my knowledge, the percentage of my colleagues who collaboratively work with and actively involve children and young people who self-harm in their care is:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 3 * Required

	1- Strongly disagree	2	3	4	5	6	7- Strongly agree
I am confident that I could collaboratively work with and actively involve children and young people who self-harm in their care if I wanted to.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 4 * Required

	1 - Strongly disagree	2	3	4	5	6	7 - Strongly agree
Collaborative working with and actively involving children and young people who self-harm in their care is the ethical thing to do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 5 * Required

	1 - Extremely difficult	2	3	4	5	6	7 - Extremely easy
For me, collaboratively working with and actively involving children and young people who self- harm in their care would be	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 6 * *Required*

	1 - Never	2	3	4	5	6	7 - Always
Now think about a co- worker whom you respect as a professional. In your opinion, does he/she collaboratively work with and actively involve children and young people who self- harm in their care?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 7 * Required

	1 - Strongly disagree	2	3	4	5	6	7 - Strongly agree
I plan to collaboratively work with and actively involve children and young people who self-harm in their care?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 8 * Required

	1 - Useless	2	3	4	5	6	7 - Useful
Overall, I think that for me collaboratively working with and actively involving children and young people who self-harm in their care would be:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 9 * Required

	1 - Strongly disagree	2	3	4	5	6	7 - Strongly agree
Most people who are important to me in my profession collaboratively work with and actively involve children and young people who self-harm in their care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 10 * Required

	1 - Strongly disagree	2	3	4	5	6	7 - Strongly agree
It is acceptable to collaboratively work with and actively involve children and young people who self-harm in their care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 11 * Required

	1 - Strongly disagree	2	3	4	5	6	7 - Strongly agree
I have the ability to collaboratively work with and actively involve children and young people who self-harm in their care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Question 12 * Required

	1 - Harmful	2	3	4	5	6	7 - Beneficial
Overall, I think that for me collaboratively working with and actively involving children and young people who self-harm in their care would be	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Thank you

Thank you for taking the time to complete this survey.
