

Table S1. Search Strategy

EMBASE was searched on 1 February 2017 from date of inception to current.

Journal articles containing ambiguity or lacking information were contacted on in an earlier revision of the manuscript.

Final search terms for EMBASE conducted on 1 February 2017 and are reported below.

1	befriend*.mp.		39	mental health program*.mp.
2	companion.mp.	23		mental health
3	Friends/		40	organisation.mp.
4	lay helper.mp.	24		41
5	compeer.mp.			mental health service.mp.
6	peer.mp.	25		42
7	buddy.mp.			mental health care.mp.
8	unpaid carer.mp.	26		43
9	informal caregiver.mp.			psychiatry.mp.
10	voluntary caregiver.mp.	27		44
11	naturalistic support.mp.			psychiatric scheme.mp.
12	supported socialisation.mp.	28		45
13	psychosocial support.mp.			psychiatric charity.mp.
14	supported friendship.mp.	29		46
15	peer assistance.mp.			psychiatric project.mp.
16	intentional friendship.mp.	30		47
17	consumer run services.mp.			psychiatric program*.mp.
18	consumers as providers.mp.	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12		48
19	consumer-as-providers.mp.			psychiatric organisation.mp.
20	community support.mp.	31		49
21	community services.mp.			psychiatric service.mp.
22	paraprofessional*.mp.	or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30		50
				psychiatric care.mp.
		32		51
				psychosis.mp.
				52
				schizophrenia.mp.
				53
				severe mental illness.mp.
				54
				depression.mp.
				55
				anxiety.mp.
				56
				disorder.mp.
				57
				eating disorder.mp.
				58
				phobia.mp.
				32 or 33 or 34 or 35 or 36
				59
				or 37 or 38 or 39 or 40 or 41 or 42 or 43 or 44 or 45
		33		
				mental illness.mp.
		34		
				mental problem.mp.
		35		
				mental disorder.mp.
		36		
				mental health scheme.mp.
		37		
				mental health charity.mp.
		38		
				mental health project.mp.

or 46 or 47 or 48 or 49 or 50 or 51 or 52 or 53 or 54 or 55 or 56 or 57 or 58	75 health.mp.	93 altruistic.mp.
	76 physical.mp.	94 psychological health.mp.
	60 or 61 or 62 or 63 or 64	95 functioning.mp.
60 end of life care.mp.	77 or 65 or 66 or 67 or 68 or 69 or 70 or 71 or 72 or 73	96 happiness.mp.
	or 74 or 75 or 76	97 satisfaction.mp.
61 palliative care.mp.	78 motivation*.mp.	98 self-esteem.mp.
62 dementia.mp.	79 motive*.mp.	99 empowerment.mp.
63 dementia care*.mp.	80 reason*.mp.	100 well-being.mp.
64 physical disabilities.mp.	81 opinion*.mp.	101 outcome*.mp.
65 HIV.mp.	82 attitude*.mp.	78 or 79 or 80 or 81 or 82
66 AIDS.mp.	83 experience*.mp.	or 83 or 84 or 85 or 86 or
67 cancer.mp.	84 reward*.mp.	87 or 88 or 89 or 90 or 91
68 diabetes.mp.	85 benefit*.mp.	102 or 92 or 93 or 94 or 95 or
69 heart failure.mp.	86 success*.mp.	96 or 97 or 98 or 99 or 100
70 alcohol*.mp.	87 drawback*.mp.	or 101
71 drug abuse.mp.	88 negativ*.mp.	103 31 and 59 and 102
72 obsessive compulsive disorder.mp.	89 positiv*.mp.	104 31 and 77 and 102
73 autism.mp.	90 failure*.mp.	105 31 and 59 and 103 and 104
74 health condition.mp.	91 challenge*.mp.	106 limit 105 to humans
	92 difficult*.mp.	