

Supplemental

Table 1a and 1b: Main characteristics of patients, caregivers and health professionals participating in the qualitative pre-investigation.

Table 1a: Main characteristics of the patients and caregivers participating in the qualitative pre-investigation

		Patients	Relatives
		N	N
Sex	Women	10	3
	Men	9	1
Age	< 65	9	2
	≥ 65	10	2
	Mean	63.2 years	64.5 years
Heart disease (patient)	Ischaemic heart disease	9	1
	Atrial fibrillation	8	2
	Heart failure	7	2
	Heart valve disease	2	0
Cohabitation status	Living alone	5	0
	Living with others	16	4
Employment status	Employed full time	5	2
	Employed part time	2	0
	Not employed	12	1
Education	Basic school	1	0
	Upper secondary or vocational school	3	0
	Short-cycle higher education	0	0
	Medium-cycle higher education	7	2
	Long-cycle higher education	3	0
	Unclassifiable	5	2
Relative	Spouse	-	3
	Daughter	-	1

Table 1b: Main characteristics of the health professionals participating in the qualitative pre-investigation

		N
Sex	Women	5
	Men	3
Health profession	Physician	2
	Nurse	3
	Physiotherapist	1
	Psychologist	1
	Social worker	1
Sector	Hospital	5
	General practice	1
	Municipality	1
	Patient organisation	1