

Setting up a singing group like Sing Your Lungs Out

We provide links below to two short videos of this singing group and a “10 practical top tips ” document for setting up a community singing group for people living with COPD which we hope will inform, motivate and encourage others to set up singing groups.

https://www.dropbox.com/sc/boc5sr7hkcbi6tz/AAAlbUQqOWyvDeJGTnoXVcg-a?preview=NO_Graphics_02.mp4

<https://www.youtube.com/watch?v=fduau0jV09o>

http://www.mrinz.ac.nz/pdfs/How_to_set_up_SYLO.pdf