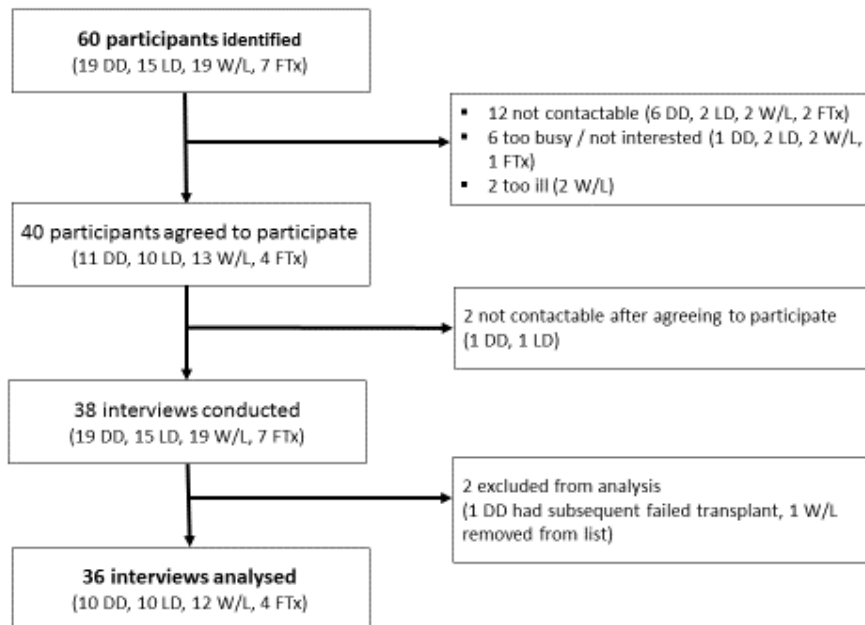


Supplementary files

Appendix 1. Flow diagram of participant recruitment and selection.



Appendix 2. Diagram of themes

