

Additional File 3: The ATTEND Study- Carer interview guide

Purpose of the interview: *Capture what it is like for carers to manage patients post stroke. How the burden could be made easier/better/worse. How the intervention package might influence this (or not); or how the trial might influence this (or not).*

Area of Interest	Initial Broad Descriptive Questions	Possible Probing Questions (These are a guide only. Depending on what the carer tells you, you do not have to ask all these questions or use the words exactly as written.)
Health care experience	<p>Can you tell me about experience in caring for your family member?</p> <p>How did you find the care in the hospital?</p>	<ul style="list-style-type: none"> - What type of support do you get from family, community or social groups with looking after your family member's health? - What other roles/responsibilities do you have in your family? How do you balance this with caring for your family member post stroke?
Satisfaction/problems with the intervention package	<p>What are your thoughts about the treatment for helping your family member post stroke?</p> <p>What has been the most helpful?</p>	<ul style="list-style-type: none"> - What did you think of the hospital visit, the home visits? (if in the intervention arm) - What was helpful? (eg. stroke recovery trajectory, how to identify low mood, importance of specific activities) - What was not helpful? - Would you be happy to recommend this type of care to someone else, if applicable. - How can the doctor or the stroke unit improve their care? - What has been most important in helping your family member get better?

<p>Asking about specific components if not already covered</p>	<p>Information about stroke trajectory, risk, identification of low mood</p> <p>Goal setting</p> <p>Positioning, transfers and mobility</p> <p>Task oriented training, the use of the cultural manual</p> <p>Discharge planning</p>	<ul style="list-style-type: none"> - How do you know what you know about stroke? Is it from family, SC, doctor. - How was it trying to help your family member achieve goals that were set? <ul style="list-style-type: none"> o What are the things that helped? And what things didn't? - How was it to do the training and to maintain mobility etc? <ul style="list-style-type: none"> o What are the things that might make your stop helping your family member? (pain?, tiredness, low mood, others helping?) - Can you describe any time or situation when he or she didn't want to do your training exercises? <ul style="list-style-type: none"> o What were some reasons for stopping? - Who would you speak to if you were having trouble with following the rehab training and tasks for your family member? <ul style="list-style-type: none"> o When have you had to do this? - Did the discharge planning in the hospital help? In what way?
	<p>Relationships</p>	<p>How would you describe your relationship with your health providers (stroke coordinators, doctors, nurses, physiotherapists?)</p> <p>With your family member post stroke as compared to before the stroke? (could be sensitive)</p>
<p>Translation to current practice</p>	<p>Would you recommend this intervention to others?</p>	<ul style="list-style-type: none"> - Has the cost of care been an issue for your family? If the intervention package required a fee, would you pay for it? Have other costs, e.g. cost of attending GP, travel to the health service, other specialist services, etc. been an issue? - Now that the study is over, would you think the intervention helped in your family members' recovery or would your family have managed anyway? (intervention arm) - What other things would have helped you in your recovery and what more supports would you like in an ideal situation?

<p>General views about the trial</p>	<p>What are your thoughts about ATTEND trial in general?</p>	<ul style="list-style-type: none"> • How have you found being involved in the study? <ul style="list-style-type: none"> ○ What things did/didn't you like about being involved? • Tell me how you think the study worked, and what it was hoping to achieve? • What were the things that made you want to participate in the study initially? <ul style="list-style-type: none"> ○ What were the benefits to you of participating? • What concerns did you have about participating in this study? <ul style="list-style-type: none"> ○ Were there any things that may have stopped you from participating initially? ○ What were the risks of participating in the study? • Once you and your family member were enrolled, what would have changed your mind about being in the study? <ul style="list-style-type: none"> ○ Did you feel that you could withdraw at any time? • Did you know who to contact if you had any concerns about the trial? • What were your thoughts about your privacy throughout this study?
<p>Concluding questions</p>		<ul style="list-style-type: none"> • Are there things which we can do better to improve the study or the running of the trial? • Is there something else that you would like to say, that we have not talked about in this interview?