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<th>Examples of general questions</th>
<th>Examples of prompts and prompts</th>
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| **Physiotherapy**   | I’d like to ask now about the kind of help people got to help you get back on your feet and ready for hospital discharge… | • How important was physiotherapy to your (or your relative’s) overall recovery?  
• Did you have any hopes or expectations on the physiotherapy you (or your relative) might receive on the wards?  
• How would you describe the physiotherapy you (or your relative) received?  
• Did you feel that you/they had enough physiotherapy?  
• How effective was physiotherapy in terms of progressing your/their recovery?  
• How confident did you feel about progressing your/their recovery after you/they got home? |
| **Nutritional support** | People often lose a lot of weight and muscle whilst they’re very ill in ICU… | • How important was eating/nutrition to you (or your relative’s) overall recovery?  
• What kind of help did you/they get with that?  
• Did you get the kind of help you felt you/they needed with eating and nutrition?  
• How confident did you feel about eating/nutritional issues after you/they got home? |
| **Case management** | I’d like to ask more generally about your care on the wards… | • To what extent do you think that the staff understood what you (or your relative) had been through in Intensive Care?  
• Did you feel that you/they got as much help as you/they needed with things like washing, getting dressed, etc?  
• In what ways did that affect your/their care and your/their recovery?  
• How involved were you in decisions about your getting home?  
• Did you know what kinds of arrangements were being made on your/their behalf?  
• Did you feel as involved as you wanted to be in those kinds of arrangements?  
• If you/they were told that you/they would receive support or equipment after you got home, did that actually happen?  
• If not, what were you able to do about that?  
• What would have been helpful for you? |
| **Information provision** | How much did you know or understand about what brought you into Intensive Care and what happened while you were there? | • It’s very common not to remember much…or to have very “jumbled” picture of what happened. Your family may very well have filled in some of the blanks for you…  
• How important was that information to you when you were on the ward?  
• Would it have been useful for someone (perhaps a doctor or a nurse) go through exactly what happened, and to be able to ask questions?  
• Would some written information have been useful?  
• When would it be best to receive that kind of information (if you wanted it)?  
• Do you think visiting the ICU before you went home might have been useful? |