

## Patient and family focus group interview guide: Intervention Group

	Examples of general questions	Examples of prompts and prompts
<b>Physiotherapy</b>	I'd like to ask now about the help you/your relative got to help you/them get back on your/their feet. You/they were offered extra help from (RAs) as part of the study...	<ul style="list-style-type: none"> <li>• How important was physiotherapy to your (or your relative's) overall recovery?</li> <li>• Did you have any hopes or expectations on the physiotherapy you (or your relative) might receive on the wards?</li> <li>• How would you describe the physiotherapy you/they received on the wards?</li> <li>• Did you/they feel that you/they had enough physiotherapy?</li> <li>• Tell me more about the extra help you received from the Rehabilitation Assistants (names)?</li> <li>• What kinds of things were most helpful to you?</li> <li>• Was there anything that could have been done differently or better?</li> <li>• How confident did you feel about progressing your/their recovery after you/they got home?</li> </ul>
<b>Nutritional care</b>	People often lose a lot of weight and muscle whilst they're very ill in ICU...	<ul style="list-style-type: none"> <li>• How important was eating/nutrition to your (or your relative's) overall recovery?</li> <li>• What kind of help did you get with that from the ward Dietitian?</li> <li>• How helpful was that in progressing your/their recovery?</li> <li>• Tell me more about what the Rehabilitation Assistants (names) did to help you with eating and nutrition?</li> <li>• Was there anything that could have been done differently or better?</li> <li>• How confident did you feel about eating/ nutritional issues after you/they got home?</li> </ul>
<b>Case management</b>	I'd like to ask more generally about your care on the wards...	<ul style="list-style-type: none"> <li>• To what extent do you think the ward staff understood what you (or your relative) had been through in Intensive Care?</li> <li>• Did you feel that you/they got as much help as you/they needed with things like washing, getting dressed, etc.</li> <li>• In what ways did that affect your/their care and recovery?</li> <li>• How involved were you in decisions about your getting home?</li> <li>• Did you know what kinds of arrangements were being made on your behalf?</li> <li>• Did you feel as involved as you wanted to be in those kinds of arrangements?</li> <li>• Tell me about the sorts of things the Rehabilitation Assistants (names) did to help you with these issues?</li> <li>• If you were told that you would receive support or equipment after you got home, did that actually happen?</li> <li>• If not, what were you able to do about it?</li> <li>• What would have been helpful to you?</li> </ul>
<b>Information</b>	How much did you know or understand about what brought you into Intensive Care and what happened while you were there?	<ul style="list-style-type: none"> <li>• You will have been offered a visit from one of the <b>ICU Consultants</b> while you were you on the wards, so that they could explain what happened to you...</li> <li>• How useful was that? Was the timing ok? Were you able to ask the questions you wanted to?</li> <li>• You will also have received <b>a letter</b> describing what happened to you in easily understandable language</li> <li>• How useful was that? In what way? Some of you may have received the letter after you got home...how was that for you</li> </ul>

