

APPENDIX C. World Health Organization Disability Assessment Schedule 2.0, 36 items (WHODAS-2 36-item) over six domains, with the corresponding International Classification of Functioning, Disability and Health (ICF) codes.^{*,†}

Domain and item	Domain question	ICF code
	In the last 30 days, how much difficulty did you have in: (0) None. (1) Mild. (2) Moderate. (3) Severe. (4) Extreme/Cannot do.	
D1: Understanding and communicating		
D1.1	Concentrating on doing something for 10 minutes	d160 Focusing attention; b140 Attention functions; d110-d129 Purposeful sensory experiences
D1.2	Remembering to do important things	b144 Memory functions
D1.3	Analyzing and finding solutions to problems in day-to-day life	d175 Solving problems; d130-d159 Basic learning
D1.4	Learning a new task, for example, learning how to get to a new place	d1551 Acquiring complex skills
D1.5	Generally understanding what people say	d310 Communicating with - receiving - spoken messages
D1.6	Starting and maintaining a conversation	d3500 Starting a conversation; d3501 Sustaining a conversation
D2: Getting around	In the last 30 days, how much difficulty did you have in:	
D2.1	Standing for long periods such as 30 minutes	d4154 Maintaining a standing position
D2.2	Standing up from sitting down	d4104 Standing
D2.3	Moving around inside your home	d4600 Moving around within the home
D2.4	Getting out of your home	d4602 Moving around outside the home and other buildings
D2.5	Walking a long distance such as a kilometer (or equivalent)	d4501 Walking long distances
D3: Self-care	In the last 30 days, how much difficulty did you have in:	
D3.1	Washing your whole body	d5101 Washing whole body
D3.2	Getting dressed	d540 Dressing
D3.3	Eating	d550 Eating
D3.4	Staying by yourself for a few days	d510-d650 Combination of multiple self-care and domestic life tasks
D4: Getting along	In the last 30 days, how much difficulty did you have in	
D4.1	Dealing with people you do not know	d730 Relating with strangers
D4.2	Maintaining a friendship	d7500 Informal relationships with friends
D4.3	Getting along with people who are close to you	d760 Family relationships; d770 Intimate relationships; d750 Informal social relationships
D4.4	Making new friends	d7500 Informal relationships with friends; d7200 Forming relationships
D4.5	Sexual activities	d7702 Sexual relationships
D5: Life activities	In the last 30 days, how much difficulty did you have in:	
D5.1	Taking care of your household responsibilities	d6 Domestic life

Domain and item	Domain question	ICF code
D5.2	Doing most important household tasks well	d640 Doing housework; d210 Undertaking a single task; d220 Undertaking multiple tasks
D5.3	Getting all the household work done that you needed to do	d640 Doing housework; d210 Undertaking a single task; d220 Undertaking multiple tasks
D5.4	Getting your household work done as quickly as needed	d640 Doing housework; d210 Undertaking a single task; d220 Undertaking multiple tasks
D5.5	Your day-to-day work/school	d850 Remunerative employment; d830 Higher education; d825 Vocational training; d820 School education
D5.6	Doing your most important work/school tasks well	d850 Remunerative employment; d830 Higher education; d825 Vocational training; d820 School education; d210 Undertaking a single task; d220 Undertaking multiple tasks
D5.7	Getting done all the work that you needed to do	d850 Remunerative employment; d830 Higher education; d825 Vocational training; d820 School education; d210 Undertaking a single task; d220 Undertaking multiple tasks
D5.8	Getting your work done as quickly as needed	d850 Remunerative employment; d830 Higher education; d825 Vocational training; d820 School education; d210 Undertaking a single task; d220 Undertaking multiple tasks
D6: Participation in society	How much of a problem do you have:	
D6.1	Joining in community activities	d910 Community life
D6.2	Because of barriers or hindrances in the world	d9 Community, social and civic life
D6.3	Living with dignity	d940 Human rights
D6.4	From time spent on health condition	Not applicable (impact question)
D6.5	Feeling emotionally affected	b152 Emotional functions
D6.6	Because health is a drain on your financial resources	d8700 Personal economic resources
D6.7	With your family facing difficulties due to your health	Not applicable (impact question)
D6.8	Doing things for relaxation or pleasure by yourself	d920 Recreation and leisure

* The WHODAS 2.0 also includes two preliminary sections which enquire about demographic variables and general health. These sections are to be used if the WHODAS 2.0 is used alone, but may be dropped or modified if WHODAS 2.0 is used in conjunction with other instruments that already collect such information. A final optional section enquires about the attributes and impact of identified problems.

† Modified from Üstün *et al* 2010 (Ustun TB, Chatterji S, Kostanjsek N, Rehm J, Kennedy C, Epping-Jordan J et al. Developing the World Health Organization Disability Assessment Schedule 2.0. *Bull World Health Organ* 2010; 88(11):815-823.)

The World Health Organisation Disability Assessment Schedule, WHODAS 2.0, 36 items, can be found at: <http://www.who.int/classifications/icf/whodasii/en/> (latest access 8 September 2015).