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Epidemic potential of *Escherichia coli* ST131 and *Klebsiella pneumoniae* ST258: A systematic review and meta-analysis.

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4 **Epidemic potential of *Escherichia coli* ST131 and *Klebsiella pneumoniae* ST258: A**
5 **systematic review and meta-analysis**
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ABSTRACT

Objectives - Observational studies have suggested that *Escherichia coli* sequence type (ST) 131 and *Klebsiella pneumoniae* ST258, both frequently resistant to multiple antibiotics, and first described in 2008 and 2009, respectively, have hyperendemic properties. This would be obvious from continuously high incidence and/or prevalence of carriage or infection with these bacteria in specific patient populations. Hyperendemicity could result from increased transmissibility, a longer duration of infectiousness, and/or a higher pathogenic potential as compared to other lineages of the same species.

Primary outcome measures - A systematic literature search was performed to assess the evidence of transmissibility, duration of infectiousness, and pathogenicity for *E. coli* ST131 and *K. pneumoniae* ST258. Meta-regression was performed to quantify these characteristics.

Results - The systematic literature search yielded 386 articles, of which 17 data sources provided information on transmissibility (*E. coli* ST131 n=10; *K. pneumoniae* ST258 n=7), 2 on duration of infectiousness (*E. coli* ST131 n=2), and 305 on pathogenicity (*E. coli* ST131 n=278; *K. pneumoniae* ST258 n=27). Available data on duration of carriage and on transmissibility were insufficient for quantitative assessment. In multivariable meta-regression *E. coli* isolates causing infection were associated with ST131, compared to isolates only causing colonization, suggesting that *E. coli* ST131 can be considered more pathogenic than non-ST131 isolates. Date of isolation, location, and resistance mechanism also influenced the prevalence of ST131. *E. coli* ST131 was 3.4 (95% CI 2.0-5.8) times more pathogenic than non-ST131. For *K. pneumoniae* ST258 there were not enough data for meta-regression assessing the influence of colonization versus infection on ST258 prevalence.

Conclusions - With the currently available data, it cannot be confirmed nor rejected, that *E. coli* ST131 or *K. pneumoniae* ST258 are hyperendemic clones.

STRENGTHS AND LIMITATIONS

- A comprehensive literature search combined with meta-regression analyses was performed to quantify evidence of hyperendemicity of *E. coli* ST131 and *K. pneumoniae* ST258 focussing on transmissibility, durations of infectiousness, and pathogenicity.
- There is a large heterogeneity in reported prevalences and a limited amount of data available on transmissibility and duration of infectiousness.
- With the currently available data, it cannot be confirmed nor rejected, that *E. coli* ST131 or *K. pneumoniae* ST258 are hyperendemic clones.

INTRODUCTION

Infections caused by *Escherichia coli* and *Klebsiella pneumoniae* producing extended-spectrum beta-lactamases (ESBL) or carbapenamases are increasing worldwide. There is growing evidence that certain clonal lineages of these species, such as *E. coli* sequence type (ST) 131 and *K. pneumoniae* ST258, have more epidemic potential than other lineages within their species group. *E. coli* ST131 was first described in 2008¹ and *K. pneumoniae* ST258 in 2009². *E. coli* ST131 is reported from around the globe, both in healthcare settings and in the community^{3,4}, and is mostly associated with ESBL production and fluoroquinolone resistance.^{3,5} *K. pneumoniae* ST258 is mainly associated with *Klebsiella pneumoniae* carbapenemase (KPC) production, and other resistance mechanisms⁶, and is widespread in the USA, and expanding in Europe.⁶⁻⁸ In the scientific literature *E. coli* ST131 and *K. pneumoniae* ST258 are widely considered hyperendemic clones.^{3,5,6,8,9} But the evidence underlying these assumptions is not that obvious.^{3,5} If *E. coli* ST131 or *K. pneumoniae* ST258 are truly hyperendemic clones, interventions may be targeted to these specific clones.

The characteristics of hyperendemicity follow from a simple model in which patients can be susceptible, colonized, or infected (Figure 1). Susceptible hosts can acquire colonization through transmission, either directly (from another colonized or infected person) or indirectly (from the environment or via the hands of health care workers). Both colonized and infected patients contribute to transmission, as long as they are infectious, which can be expressed with the duration of colonization. Duration of colonization can be influenced by fitness cost associated with resistance or by antibiotic use. Colonization can proceed to infection, which typically occurs in a fraction of colonized patients¹⁰ and the

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3 rate of this progression can be expressed as the pathogenicity level. Decolonization can occur in both
4 colonized and infected persons.
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7 To be hyperendemic, a clone has to have advantages over other clones in at least one of the traits
8 transmissibility, duration of colonization, or pathogenicity. Therefore, we define a hyperendemic clone
9 as 'a clone that is more transmissible, has a longer duration of colonization, and/or is more pathogenic
10 than other clones of the same species'. The presence of any or more of these traits will then lead to a
11 continuously high incidence and/or prevalence of carriage or disease in a specific patient population. We
12 performed a systematic review to quantitatively estimate these critical parameters for *E. coli* ST131 and
13 *K. pneumoniae* ST258.
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23 METHODS

24 Search strategy

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26 A PubMed search was performed to retrieve relevant articles published until February 11, 2014. The
27 complete search string can be found in Supplementary Text 1. A cross-reference check was performed
28 to include relevant articles not found during the search. Only English, full-text articles were included.
29 Articles unavailable online were requested from the authors. The MOOSE statement¹¹ was followed for
30 reporting in this paper.
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37 Study selection

38 Titles and abstracts were independently reviewed by two reviewers (MRH and MJDD) and selected for
39 further review if they met the inclusion criteria. Selections were compared between the two reviewers
40 and if consensus was not reached, a third reviewer (MCJB or MJMB) was consulted.
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46 The inclusion criteria for articles on transmissibility were that possible transmissions should be
47 described, and the number of cases should be reported. Outbreak reports were included. Articles
48 focusing on duration of colonization should include at least two cultures per patient taken at two
49 different time points. Pathogenicity was defined as the difference in the prevalence of ST131 or ST258 in
50 infections (clinical isolates) compared to colonization. We considered a clone to be more pathogenic
51 when the relative abundance of this clone in isolates causing infections is higher compared to isolates
52 associated with colonization. Therefore, articles on pathogenicity of *E. coli* ST131 or *K. pneumoniae*
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3 ST258 should report the prevalence or incidence of infections among patients colonized with *E. coli*
4 ST131 or *K. pneumoniae* ST258, the prevalence of *E. coli* ST131 or *K. pneumoniae* ST258 among patients
5 colonized with *E. coli* or *K. pneumoniae*, respectively, or the prevalence of *E. coli* ST131 or *K.*
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10 *pneumoniae* ST258 among at least 10 clinical isolates of *E. coli* or *K. pneumoniae*, respectively.

11 Articles were excluded if they did not contain original data (such as reviews, commentaries, or articles
12 reusing existing datasets), if they considered *E. coli* or *K. pneumoniae* only in non-human sources, or if
13 there was no clear information on the isolate collection or selection.
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16 17 **Data extraction**

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20 Data were extracted by the same two reviewers independently and crosschecked using a standard form
21 developed by the researchers. Data were collected on population and setting, recording if participants
22 were inpatients, outpatients/community residents, travelers, or from another/unknown group. The
23 area/region where the study took place was recorded and categorized into (mainly) from Africa, Asia,
24 Australia, Europe, North America, and South America. It was recorded whether data collection took
25 place during an outbreak period, and if a selection on antibiotic susceptibility or resistance was made,
26 divided into selection on ESBL/AmpC-producing isolates (including third generation cephalosporin-
27 resistant isolates), carbapenem-resistant or carbapenemase-producing Enterobacteriaceae (CRE/CPE,
28 e.g., KPC, OXA-48), other resistance profiles (e.g., ciprofloxacin-resistant, fluoroquinolone-susceptible, or
29 multi-drug resistant), or no selection on resistance. Furthermore, the method to detect sequence types
30 was documented, split up into multi-locus sequence typing (MLST, when all isolates were typed by
31 MLST), extrapolation based on pulsed-field gel electrophoresis (PFGE, when only selected isolates were
32 typed with MLST and the sequence types were inferred based on PFGE type), polymerase chain reaction
33 (PCR, when all isolated underwent PCR-screening for ST-specific alleles), extrapolation based on PCR
34 (mainly MLST for *E. coli* isolates that were positive for O25b-ST131 by PCR), or other/unknown (such as
35 *fumC/fimH* typing). Also, the sample site of the included isolates (percentage of isolates isolated from
36 blood, urine, gastrointestinal, respiratory, wound/abscess, or other sites) and time period of the study
37 were recorded. For the time period, the middle date was used in the model if the study covered a longer
38 time period.
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53 For transmissibility, if available, information was gathered on admission prevalence, number of cases,
54 number of uncolonized patients, and transmission measure given. For duration of colonization, the
55 number of cases and duration of colonization was recorded. For pathogenicity, information was
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collected on the prevalence or incidence of infections in patients colonized with *E. coli* ST131 or *K. pneumoniae* ST258, the prevalence of *E. coli* ST131 or *K. pneumoniae* ST258 in patients colonized with *E. coli* or *K. pneumoniae*, respectively, and/or the prevalence of *E. coli* ST131 or *K. pneumoniae* ST258 in patients infected with *E. coli* or *K. pneumoniae*, respectively.

Quality of the included articles was assured by only including papers with a proper selection of isolates. Furthermore, quality was implicitly incorporated in the data that were collected on the detection method used, the sample sites, whether data were collected during an outbreak, and the setting and time period in which data were collected.

Several studies allowed splitting the data into multiple 'data sources'. For example, if data was available per year or per country, these were recorded separately. Figure 2 shows a flow diagram with the included and excluded articles. Since only 17 data sources were available on transmissibility (10 on *E. coli* ST131 and 7 on *K. pneumoniae* ST258) and 2 on duration of colonization (both on *E. coli* ST131), we could only describe these without quantifying summary measures. For pathogenicity, enough data was available on *E. coli* to do a meta-regression analysis and calculate summary measures.

Meta-regression pathogenicity

In order to evaluate the pathogenicity of *E. coli* ST131 and *K. pneumoniae* ST258 and to assess which factors influence this, meta-regression was performed using all reported data on the prevalence of *E. coli* ST131 in clinical (infection) or screening (colonization) isolates of *E. coli* and for all reported data on the prevalence of *K. pneumoniae* ST258 in clinical (infection) isolates of *K. pneumoniae*. The prevalence estimates (calculated as the number of ST131- or ST258-positive isolates divided by the total number of *E. coli* or *K. pneumoniae* isolates, respectively) and standard errors (SEs) were logit transformed in the analysis. Heterogeneity between studies was evaluated with Cochran's Q and the I^2 statistic.¹² Because of high heterogeneity ($I^2 > 75\%$), a meta-analysis using a generalized linear mixed effect model with random effects per data source was used to assess sources of variability in the overall prevalence estimates. Univariate analyses were performed to identify covariates associated with the overall prevalence estimates. All covariates with a p -value < 0.20 were included in the multivariate model, and backward selection was performed using the likelihood ratio test. There, as we are performing an exploratory analysis, a cut-off of $p < 0.10$ was used to determine statistical significance. The variable describing sample site was not included in the models, because of great dependency on the type of isolate (clinical or screening isolate, e.g. blood isolates representing infection), and the effect of culture

site might not be comparable for isolates representing colonization or infection. The estimated between-study variance (τ^2) was evaluated for the model with and without explanatory parameters. The exponent of the coefficient for colonization/ infection found in the metaregression model is an odds ratio, which can be interpreted as a risk ratio. This was taken as a measure of how much more pathogenic *E. coli* ST131 was compared to non-ST131. I.e., a value of 2 would indicate that per colonized day colonization with ST131 leads two times more often to an infection as compared to colonization with non-ST131. All analyses were performed in R v. 3.0.3 (<http://CRAN.R-project.org>) using the 'metafor' package.

RESULTS

In all, 285 useful data sources were identified (see Figure 2 for the consecutive steps followed for identification). For transmissibility 14 data sources were identified, for duration of carriage 2, and for pathogenicity 269. Most studies (n=206, 72%) were performed in Europe and North America, and 266 (93%) were performed in a non-outbreak setting (Table 1). *E. coli* isolates were most selected on ESBL production or resistance against third-generation cephalosporins, and *K. pneumoniae* isolates on being CRE/CPE. Colonization isolates were most often from gastro-intestinal origin (85.2%), and infection isolates from urine (54.8%) or blood (24.5%).

Table 1: Characteristics of included studies

| | EC transmissibility (n=7) | KP transmissibility (n=7) | EC duration (n=2) | EC pathogenicity colonization (n=25) | EC pathogenicity infection (n=214) | KP pathogenicity colonization (n=2) | KP pathogenicity infection (n=27) | KP pathogenicity colonization & infection (n=1) |
|------------------------------------|---------------------------|---------------------------|-------------------|--------------------------------------|------------------------------------|-------------------------------------|-----------------------------------|---|
| Number of isolates (mean, sd) | | | | 66 (77) | 112 (325) | 20 (23) | 43 (70) | |
| Number of isolates (median, iqr) | | | | 39 (21 - 64) | 45 (18 - 100) | 20 (12 - 28) | 20 (14 - 43.5) | |
| Population - inpatients | 2 (28.6%) | 5 (71.4%) | 1 (50.0%) | 6 (24.0%) | 104 (48.6%) | 2 (100.0%) | 18 (66.7%) | 0 (0.0%) |
| Population - outpatients/community | 4 (57.1%) | 2 (28.6%) | 0 (0.0%) | 15 (60.0%) | 23 (10.7%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Population - mixed | 1 (14.3%) | 0 (0.0%) | 0 (0.0%) | 2 (8.0%) | 56 (26.2%) | 0 (0.0%) | 2 (7.4%) | 1 (100.0%) |
| Population - travellers | 0 (0.0%) | 0 (0.0%) | 1 (50.0%) | 2 (8.0%) | 2 (0.9%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Population - other/unknown | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 29 (13.6%) | 0 (0.0%) | 7 (25.9%) | 0 (0.0%) |
| Continent - Africa | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 13 (6.1%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |

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|---|-----------|------------|------------|------------|-------------|------------|------------|------------|
| Continent - Asia | 1 (14.3%) | 0 (0.0%) | 0 (0.0%) | 6 (24.0%) | 35 (16.4%) | 0 (0.0%) | 4 (14.8%) | 0 (0.0%) |
| Continent - Australia | 0 (0.0%) | 0 (0.0%) | 1 (50.0%) | 3 (12.0%) | 9 (4.2%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Continent - Europe | 3 (42.9%) | 6 (85.7%) | 1 (50.0%) | 11 (44.0%) | 81 (37.9%) | 2 (100.0%) | 12 (44.4%) | 0 (0.0%) |
| Continent - North America | 3 (42.9%) | 1 (14.3%) | 0 (0.0%) | 5 (20.0%) | 74 (34.6%) | 0 (0.0%) | 6 (22.2%) | 1 (100.0%) |
| Continent - South America | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 2 (0.9%) | 0 (0.0%) | 5 (18.5%) | 0 (0.0%) |
| Outbreak setting | 1 (14.3%) | 7 (100.0%) | 0 (0.0%) | 1 (4.0%) | 4 (1.9%) | 1 (50.0%) | 8 (29.6%) | 0 (0.0%) |
| Selection - ESBL/3GC-R | 6 (85.7%) | 0 (0.0%) | 1 (50.0%) | 17 (68.0%) | 156 (72.9%) | 2 (100.0%) | 0 (0.0%) | 0 (0.0%) |
| Selection - CRE/CPE | 0 (0.0%) | 6 (85.7%) | 0 (0.0%) | 0 (0.0%) | 6 (2.8%) | 0 (0.0%) | 25 (92.6%) | 1 (100.0%) |
| Selection - other | 1 (14.3%) | 0 (0.0%) | 1 (50.0%) | 2 (8.0%) | 32 (15.0%) | 0 (0.0%) | 2 (7.4%) | 0 (0.0%) |
| Selection - none | 0 (0.0%) | 1 (14.3%) | 0 (0.0%) | 6 (24.0%) | 20 (9.3%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Detection - MLST | 5 (71.4%) | 3 (42.9%) | 0 (0.0%) | 7 (28.0%) | 116 (54.2%) | 1 (50.0%) | 18 (66.7%) | 0 (0.0%) |
| Detection - extrapolation based on PFGE | 1 (14.3%) | 2 (28.6%) | 0 (0.0%) | 3 (12.0%) | 15 (7.0%) | 1 (50.0%) | 9 (33.3%) | 1 (100.0%) |
| Detection - extrapolation based on PCR | 1 (14.3%) | 0 (0.0%) | 2 (100.0%) | 14 (56.0%) | 70 (32.7%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Detection - CH | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 12 (5.6%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Detection - other/unknown | 0 (0.0%) | 2 (28.6%) | 0 (0.0%) | 1 (4.0%) | 1 (0.5%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Site - blood | 1 (14.3%) | 2 (28.6%) | 0 (0.0%) | 0 (0.0%) | 54 (25.2%) | 0 (0.0%) | 5 (18.5%) | 0 (0.0%) |
| Site - urine | 2 (28.6%) | 2 (28.6%) | 1 (50.0%) | 2 (8.0%) | 122 (57.0%) | 0 (0.0%) | 10 (37.0%) | 1 (100.0%) |
| Site - gastro-intestinal tract | 4 (57.1%) | 3 (42.9%) | 1 (50.0%) | 22 (88.0%) | 4 (1.9%) | 1 (50.0%) | 6 (22.2%) | 0 (0.0%) |
| Site - respiratory tract | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 1 (4.0%) | 3 (1.4%) | 1 (50.0%) | 2 (7.4%) | 0 (0.0%) |
| Site - wound | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 1 (0.5%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Site - other/unknown | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 30 (14.0%) | 0 (0.0%) | 4 (14.8%) | 0 (0.0%) |

EC: *E. coli*, KP: *K. pneumoniae*. Site: site from which most isolates were identified

Transmissibility

There were 14 studies reporting transmissibility of *E. coli* ST131 (n=7) and *K. pneumoniae* ST258 (n=7), some being case-reports or describing single possible transmission events (Table 2). Transmission events for *E. coli* ST131 have been described or suggested in household (n=3), day care (n=1), and hospital settings (n=4). For *K. pneumoniae* ST258 all sources reported on transmission events in hospital settings, and all included CRE/CPE.

Transmissibility can be quantified by the number of transmissions per patient or patient-days at risk, which requires information on the number of index cases, number of transmissions and number of days or patients at risk. Yet, one or more of these aspects, especially time at risk, is missing in all studies but one. Most studies are cross-sectional studies, in which transmission cannot be proven.

Differences in transmission capacity between *E. coli* ST131 and non-ST131, or between *K. pneumoniae* ST258 and non-ST258, have not been quantified, precluding any conclusion on the relative transmissibility of *E. coli* ST131 and *K. pneumoniae* ST258 compared to other clonal lineages.

Table 2: Summary of articles describing transmissibility of *E. coli* ST131 and *K. pneumoniae* ST258

| Author | Country | Year | Setting | Organism | Index cases (n) | Secondary cases (n) | Un-colonized | Exposure time |
|------------------------------|-------------|-------------|---|----------------------------|-------------------------------|---------------------|--------------|---|
| Blanc 2014 ¹³ | France | 2012 | Day care centers | <i>E. coli</i> ST131 | 7 | | | |
| Giuffrè 2013 ¹⁴ | Italy | 2012 | Neonatal intensive care unit | <i>E. coli</i> ST131 | 15 | | 88 | |
| Adler 2012 ¹⁵ | Israel | 2008-2009 | Geriatric rehabilitation wards | <i>E. coli</i> ST131 | 21 | 23 | 367 | |
| Hilty 2012 ¹⁶ | Switzerland | 2008-2010 | University hospital | <i>E. coli</i> non-ST131 | 31 | 36 | 367 | 48 index inpatients for a total of 400 000 patient-days |
| | | | | <i>E. coli</i> ST131 | 13 | 2 | 36 | |
| | | | Household | <i>E. coli</i> non-ST131 | 27 | 2 | 48 | |
| | | | | <i>E. coli</i> ST131 | 15 | 7 | 19 | |
| Owens 2011 ¹⁷ | USA | Before 2011 | Household | <i>E. coli</i> ST131 | 2 | | | |
| Johnson 2010 ¹⁸ | USA | Before 2010 | Household | <i>E. coli</i> ST131 | 1 | 1 | 1 | |
| Ender 2009 ¹⁹ | USA | Before 2009 | Hospital | <i>E. coli</i> ST131 | 1 | 1 | | |
| Giuffrè 2013 ²⁰ | Italy | 2012 | Neonatal intensive care unit | <i>K. pneumoniae</i> ST258 | 10 | | 44 | |
| Tofteland 2013 ²¹ | Norway | 2010 | Intensive care unit | <i>K. pneumoniae</i> ST258 | 6 | | | |
| Morris 2012 ²² | Ireland | 2011 | 2 Hospitals | <i>K. pneumoniae</i> ST258 | 11 | | | |
| Agodi 2011 ²³ | Italy | 2009 | Hospital | <i>K. pneumoniae</i> ST258 | 16 | | | |
| Won 2011 ²⁴ | USA | 2008 | Acute care hospitals and long-term acute care hospitals | <i>K. pneumoniae</i> ST258 | 33 (+ 7 presumed cases) | | | |
| Marchese 2010 ²⁵ | Italy | 2009 | Neuro-rehabilitation unit | <i>K. pneumoniae</i> ST258 | 4 (+3 at time of publication) | | | |
| Mammaia 2010 ²⁶ | Italy | 2009 | Intensive care unit | <i>K. pneumoniae</i> ST258 | 13 | | | |

Duration of carriage

The duration of carriage of *E. coli* ST131 was investigated in two studies. In one study colonization with *E. coli* was still apparent after 12 months in 64% (n=9) and 40% (n=14) of those carrying *E. coli* ST131 or other STs, respectively (p=0.12).²⁷ In another study, of two patients acquiring colonization with *E. coli* ST131 during travel, one was a prolonged carrier with this strain. The definition of prolonged carriage was not given however.²⁸ The duration of carriage of *K. pneumoniae* ST258 has not been determined.

Pathogenicity

E. coli

From 239 data sources, we retrieved data from 25,722 *E. coli* isolates (1,657 associated with colonization and 24,065 with infection). Prevalence of *E. coli* ST131 in these studies ranged from 0% to 100% (Supplementary Figure 1), with high statistical heterogeneity between studies ($I^2=98.1\%$, 95% CI 97.7%-98.4%).

In univariable meta-regression the *E. coli* ST131 prevalence in individual studies increased in time, and appeared to be influenced by whether isolates were associated with infection or colonization, resistance patterns used for isolate selection, and location where the study was performed (p -value < 0.20; Table 3). These variables were included in the multivariable meta-regression model, and time, location, and selection remained significantly associated with *E. coli* ST131 prevalence (Table 4). No significant effects were present for study population, microbiological methods used to detect ST131, or whether the study was performed in an outbreak situation or not.

The prevalence of ST131 was highest if *E. coli* isolates were selected upon the presence of ESBL production or third generation cephalosporin resistance, and lowest if derived from non-selective media. Prevalence of *E. coli* ST131 was highest in North America, and lowest in South America. The estimated prevalence of ST131 in *E. coli*, given particular values of the covariates, can be derived from the regression equation (Table 4). For example, the estimated logit (prevalence ST131) for isolates causing infection, selected on presence of ESBL, in North America in January 2010 is given by $-3.0020 + 12 \times 0.0180 + 1.2353 + 1.4858 + 0.3395 = 0.2746$, which corresponds to a prevalence of ST131 of $\exp(0.2746)/(1+\exp(0.2746)) = 56.8\%$. The estimated prevalence in the reference category (January 2009, colonization, no selection on resistant profile, Europe) is $\exp(-2.940)/(1+\exp(-2.940)) = 5.0\%$.

In the multivariable meta-regression model *E. coli* ST131 was significantly associated with infection compared to colonization, suggesting that ST131 isolates are more pathogenic than non-ST131 isolates. From the infection/colonization coefficient we can calculate the relative pathogenicity of *E. coli* ST131 compared to non-ST131. We found that *E. coli* ST131 is 3.4 (95% CI 2.0-5.8) times more pathogenic than non-ST131. Supplementary Figure 2 shows the proportion of ST131 found in infection isolates compared to colonization isolates as estimated by the meta-regression model.

The estimated between-study variance (τ^2) reduced from 1.28 in the model without parameters to 0.90 in the final model, implying that a high level of heterogeneity remained.

Table 3: Effect of covariates on prevalence of ST131 in *E. coli* (univariable random effects meta-regression models)

| | P-value |
|---|----------|
| Study period (per month ^a) | < 0.0001 |
| Infection or colonization | 0.0011 |
| Colonization | |
| Infection | |
| Outbreak setting | 0.9893 |
| Selection of isolates based on resistance pattern | < 0.0001 |
| no selection on resistance profile | |
| ESBL/3GC-R | |
| CRE/CPE | |
| other | |
| Study population | 0.9383 |
| Inpatients | |
| Outpatients / community | |
| Mixed | |
| Travelers | |
| Other / unknown | |
| Location | 0.0071 |
| Europe | |
| North America | |
| South America | |
| Australia | |
| Asia | |
| Africa | |
| Method used to detect ST131 | 0.5312 |
| MLST | |
| Extrapolation based on PFGE | |
| PCR | |

Extrapolation based on PCR
Other/unknown

CRE/CPE: carbapenem-resistant Enterobacteriaceae/carbapenemase-producing Enterobacteriaceae

ESBL/3GC-R: extended-spectrum beta-lactamases/third-generation cephalosporin resistance

MLST: multi-locus sequence typing

PCR: polymerase chain reaction

PFGE: pulsed-field gel electrophoresis

^aReference date: 1 January 2009

Table 4: Effect of covariates on prevalence of ST131 in *E. coli* (multivariable random effects meta-regression model)

| | Estimate (SE ^a) | P-value |
|---|-----------------------------|---------|
| Intercept | -3.0020 (0.3351) | |
| Study period (per month ^b) | 0.0180 (0.0025) | <0.0001 |
| Infection or colonization | | <0.0001 |
| Colonization | Reference | |
| Infection | 1.2353 (0.2649) | |
| Selection of isolates based on resistance pattern | | <0.0001 |
| no selection on resistance profile | Reference | |
| ESBL/3GC-R | 1.4858 (0.2578) | |
| CRE/CPE | 0.5575 (0.5632) | |
| other | 0.9444 (0.2951) | |
| Location | | <0.0001 |
| Europe | Reference | |
| North America | 0.3395 (0.1770) | |
| South America | -2.1666 (1.2034) | |
| Australia | -0.4926 (0.3658) | |
| Asia | -0.2399 (0.2133) | |
| Africa | -0.0390 (0.3770) | |

CRE/CPE: carbapenem-resistant Enterobacteriaceae/carbapenemase-producing Enterobacteriaceae

ESBL/3GC-R: extended-spectrum beta-lactamases/third-generation cephalosporin resistance

SE: standard error

^aParameter estimates (SEs) are presented on a logit scale.

^bReference date: 1 January 2009.

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3 *K. pneumoniae*
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6 There were 27 and two data sources providing information on the prevalence of ST258 *K. pneumoniae* in
7 clinical and colonizing isolates, respectively (Supplementary Figure 3). Because of limited data on
8 colonization, quantitative analyses were performed for clinical isolates only.
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11 In the univariable meta-regression model, study period, outbreak setting yes/no, selection of isolates
12 based on resistance pattern, study population, geographic location, and method used to detect ST258
13 were all associated with a higher prevalence of ST258 with a p -value < 0.20 and were, thus, included in
14 the multivariable model (Table 5). This model yielded a significant increasing effect in time of the
15 prevalence of ST258 in *K. pneumoniae* isolates, as well as an effect of resistance patterns on the
16 prevalence of ST258 in *K. pneumoniae* (Table 6). ST258 prevalence was associated with selection of
17 isolates on CRE-positivity, but the number of data sources describing isolates that are not CRE/CPE is low
18 (not selected on resistance pattern, $n=1$ or selected on ESBL, $n=1$). Furthermore, study population
19 characteristics also appeared to influence ST258 prevalence in *K. pneumoniae*, with higher prevalence of
20 ST258 in inpatients, compared to “other” populations. Yet, the “other” group is not defined accurately,
21 precluding firm conclusions. No data sources were available for outpatients or persons residing in the
22 community. Finally, reported ST258 prevalence was higher in Asia and Australia than in other
23 continents.
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26 The method of sequence type detection (9 data sources with extrapolation based on MLST of selected
27 isolates; 18 data sources using MLST for all isolates) or whether data was collected during an outbreak (8
28 data sources) or not ($n=19$) were not associated with a higher prevalence of ST258.
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31 The estimated prevalence of ST258 in *K. pneumoniae*, given particular values of the covariates, can be
32 derived from the regression equation. For example, the estimated logit (prevalence of ST258) for
33 isolates selected on presence of CRE in hospital inpatients in North America in January 2010 is given by -
34 $0.8794 + 12 * 0.0588 + 2.4991 + 0.7178 = 3.0431$, which corresponds to a prevalence of ST258 of
35 $\exp(3.0431)/(1+\exp(3.0431)) = 95.4\%$. The estimated prevalence in the reference category (January
36 2009, non CRE/CPE, hospital inpatients, Europe) is $\exp(-0.8794)/(1+\exp(-0.8794)) = 29.3\%$.
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39 The estimated between-study variance (τ^2) reduced from 7.87 in the model without parameters to 1.43
40 in the final model, indicating a considerable improvement, but still a high level of heterogeneity.
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ST258 was not detected in the two studies reporting on colonization with *K. pneumoniae*, that included in 36 and 4 isolates.^{146,173} This precludes any quantification of the pathogenicity of *K. pneumoniae* ST258.

The only study in which both colonization and infection with *K. pneumoniae* ST258 were investigated included a set of seven KPC-producing *K. pneumoniae* ST258 isolates collected from a long-term acute care facility in South Florida.¹⁹⁴ Three patients were colonized, and four had both colonization and infection. Again, the sample size is too small for drawing conclusions.

Table 5: Effect of covariates on prevalence of ST258 in clinical isolates of *K. pneumoniae* (univariable random effects meta-regression models)

| | P-value |
|---|---------|
| Study period (per month ^a) | 0.0875 |
| Outbreak setting | 0.0147 |
| No | |
| Yes | |
| Selection of isolates based on resistance pattern | 0.1333 |
| Non-CRE/CPE | |
| CRE/CPE | |
| Study population | 0.0071 |
| Inpatients | |
| Mixed | |
| Other/unknown | |
| Location | 0.0415 |
| Europe | |
| North America | |
| South America | |
| Asia (including Australia) | |
| Method used to detect ST258 | 0.1569 |
| MLST | |
| Extrapolation based on PFGE | |

CRE/CPE: carbapenem-resistant Enterobacteriaceae/carbapenemase-producing Enterobacteriaceae

MLST: multi-locus sequence typing

PFGE: pulsed-field gel electrophoresis

^aReference date: 1 January 2009

Table 6: Effect of covariates on prevalence of ST258 in clinical isolates of *K. pneumoniae* (multivariable random effects meta-regression model)

| | Estimate (SE ^a) | P-value |
|---|-----------------------------|----------|
| Intercept | -0.8794 (1.1010) | 0.4244 |
| Study period (per month ^b) | 0.0588 (0.0257) | 0.0221 |
| Selection of isolates based on resistance pattern | | |
| Non-CRE/CPE | Reference | 0.0264 |
| CRE/CPE | 2.4991 (1.1257) | |
| Study population | | < 0.0001 |
| Inpatients | Reference | |
| Mixed | -5.7152 (1.4969) | |
| Other/unknown | -2.9060 (0.7049) | |
| Location | | 0.0553 |
| Europe | Reference | |
| North America | 0.7178 (0.9240) | |
| South America | 0.6296 (0.9180) | |
| Asia (including Australia) | -2.4943 (0.9626) | |

CRE/CPE: carbapenem-resistant Enterobacteriaceae/carbapenemase-producing Enterobacteriaceae

SE: standard error

^aParameter estimates (SEs) are presented on a logit scale.

^bReference date: 1 January 2009.

DISCUSSION

Based on published information we conclude that there is evidence that *E. coli* ST131 is more pathogenic than *E. coli* non-ST131, but not for increased transmissibility or prolonged duration of carriage. Because of the heterogeneity in the data it cannot be concluded (nor rejected) that *E. coli* ST131 is a hyperendemic clone. For *K. pneumoniae* ST258 the published data precluded any conclusion on increased transmissibility, longer duration of carriage or increased pathogenicity.

Several limitations in our study should be acknowledged. Because of our search strategy, the prevalence of *E. coli* ST131 and *K. pneumoniae* ST258 that were retrieved are likely overestimations of the real prevalence. We required the articles to report ST131/ST258 in their title and/or abstract and therefore articles that did not report this or that did not detect ST131/ST258 in their study may have been missed. Since the prevalence is dependent on factors including time, location, resistance pattern, population studied and possibly variables not included in this review (e.g., patient-specific details like age, gender),

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3 we deemed it not meaningful to estimate an overall prevalence of ST131 in *E. coli* or ST258 in *K.*
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5 *pneumoniae*.

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7 We also did not create a funnel plot to assess publication bias, as such an analysis also assumes that
8 there is one overall effect or prevalence. Thus, publication bias cannot be excluded. It is possible that
9 identification of *E. coli* ST131 or *K. pneumoniae* ST258 stimulates publication, because of the current
10 interest in these clones. However, this will most likely equally influence studies reporting infection and
11 colonization isolates, which would not influence our conclusions. In our analysis, we used grouped
12 variables (e.g., continent instead of country), as there are limitations to the number of variables that can
13 be studied.
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20 There could also be differences in detecting infection and colonization associated isolates. Infection
21 isolates are mainly collected retrospectively, when a pattern or outbreak is recognized, whereas
22 colonization isolates are more often collected prospectively. Yet, since determination of sequence types
23 is unambiguous it is unlikely that such differences have affected our conclusions.
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28 Our analysis clearly demonstrates that more – and better designed – studies are needed to determine
29 whether *E. coli* ST131 and *K. pneumoniae* ST258 are truly hyperendemic clones. This would be possible
30 with a prospective cohort study of a population (e.g., the general population or hospitalized patients)
31 with a certain contact structure, in which carriage with *E. coli* or *K. pneumoniae* is regularly (e.g. weekly
32 or monthly) determined. For determination of transmissibility genotyping should be performed,
33 preferably with highly discriminatory methods, and preferably with inclusion of multiple isolates per
34 patient.¹⁹⁵ The duration of exposure to persons colonized or infected with *E. coli* ST131/*K. pneumoniae*
35 ST258 should be determined to calculate the number of acquisitions per unit of time. Carriers could be
36 studied in more detail to determine the duration of carriage and the infection rate (and duration until
37 infection), preferably with inclusion of the effects of antibiotic use on these parameters. There should
38 be a sufficient duration of follow-up, and isolates should be characterized to determine whether
39 multiple isolates represent persistent carriage or recolonization with different strains.
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49 In conclusion, current evidence does not allow the conclusion that *E. coli* ST131 and *K. pneumoniae*
50 ST258 are hyperendemic clones.
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DECLARATION OF INTERESTS

All authors have no competing interests to declare.

AUTHOR CONTRIBUTIONS

MJDD and MRH performed the systematic literature search, reviewed and summarized data from each selected article, performed the analyses, and wrote the first draft of the manuscript. MJDD, MRH, MJMB, and MCJB all revised the manuscript.

DATA SHARING STATEMENT

Extracted data are available from the authors.

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3 **Figure legends**
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7 **Figure 1:** Simple model
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10 **Figure 2:** Flowchart of article selection
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For peer review only

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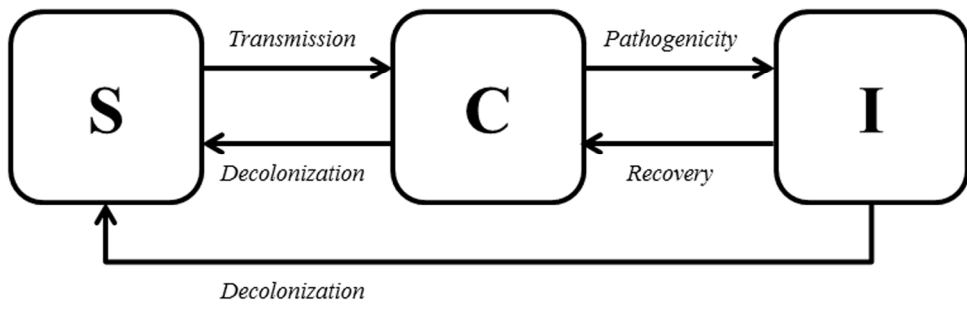


Figure 1: Simple model
209x67mm (300 x 300 DPI)

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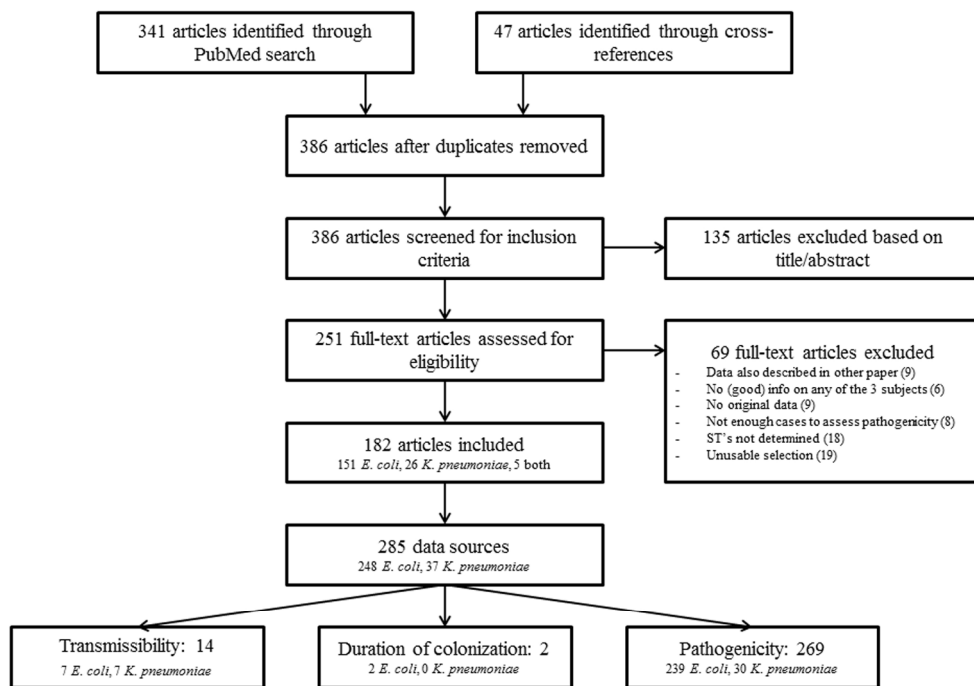


Figure 2: Flowchart of article selection
254x190mm (300 x 300 DPI)

Supplementary Material

Supplementary Text 1. Search string.

((k. pneumoniae[All Fields] AND (st258[All Fields] OR st 258[All Fields] OR (((“sequence”[All Fields] AND type[All Fields]) OR sequence type[All Fields]) AND 258[All Fields]))) OR (e. coli[All Fields] AND (st131[All Fields] OR st 131[All Fields] OR (((“sequence”[All Fields] AND type[All Fields]) OR sequence type[All Fields]) AND 131[All Fields])))

AND

(

(“transmission”[Subheading] OR transmissi*[All Fields] OR transmit*[All Fields] OR spread*[All Fields] OR disease outbreaks[All Fields] OR (disease[All Fields] AND outbreaks[All Fields]) OR outbreak*[All Fields] OR “gene transfer, horizontal”[MeSH Terms] OR (gene[All Fields] AND (“transfer”[All Fields] OR “transfers”[All Fields]) AND horizontal[All Fields]) OR horizontal gene transfer*[All Fields] OR conjugation*[All Fields] OR (“plasmids”[MeSH Terms] OR plasmid*[All Fields]) AND (“transfer”[All Fields] OR “transfers”[All Fields]))

OR

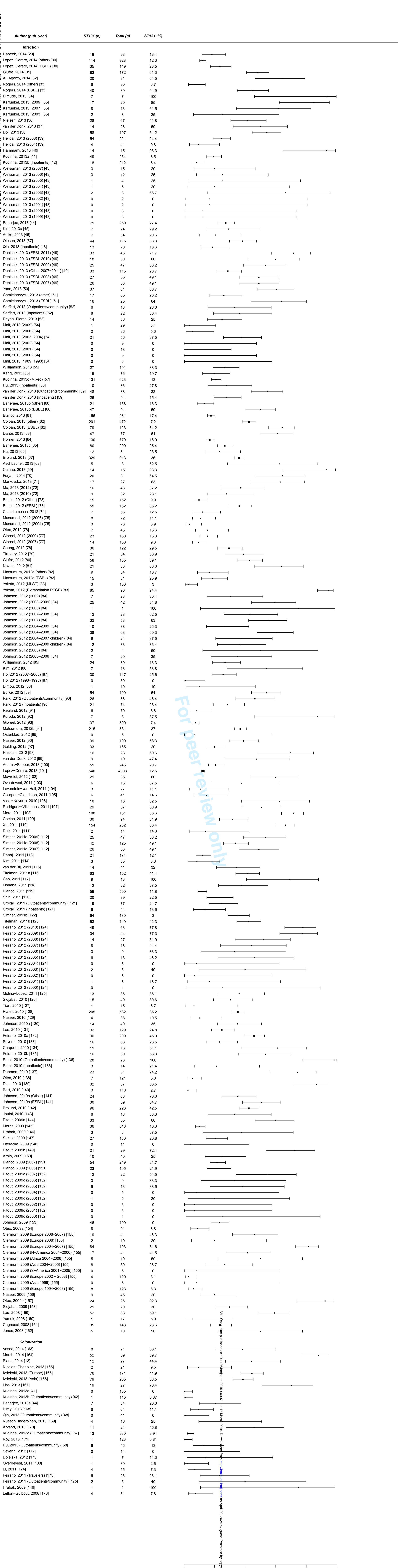
((colonis*[All Fields] OR coloniz*[All Fields]) AND (duration*[All Fields] OR (“period”[All Fields] OR “periods”[All Fields]) OR times[All Fields])) OR (infectious[All Fields] AND (“period”[All Fields] OR “periods”[All Fields] OR times[All Fields] OR interval[All Fields] OR intervals[All Fields])) OR (“generation”[All Fields] AND (times[All Fields] OR interval[All Fields] OR intervals[All Fields]))

OR

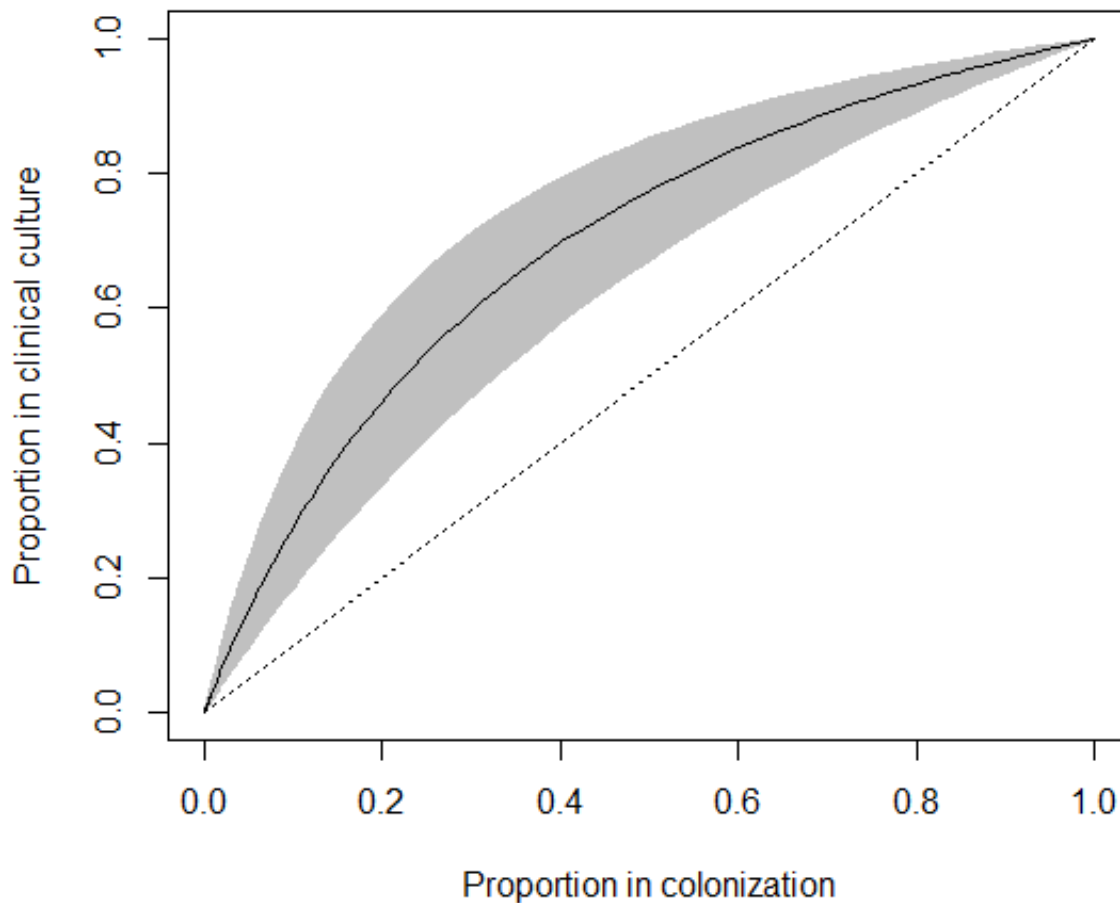
(“pathogenicity”[Subheading] OR pathogenic*[All Fields] OR virulen*[All Fields] OR “virulence”[MeSH Terms] OR infectiv*[All Fields] OR infectious[All Fields] OR infectious*[All Fields])

)

Supplementary Figure 1: Forest plot showing proportion ST131 in *E. coli*



Supplementary Figure 2: Differences in proportion ST131 in colonization versus infection as given by the metaregression model.



The confidence interval should be interpreted as the confidence interval for the mean effect and not the individual effect. If one would average the proportions *E. coli* ST131 found in 100 studies, the mean should fall within the limits of the confidence interval of this graph 95% of the times.

Supplementary Figure 3: Forest plot showing proportion ST258 in *K. pneumoniae*

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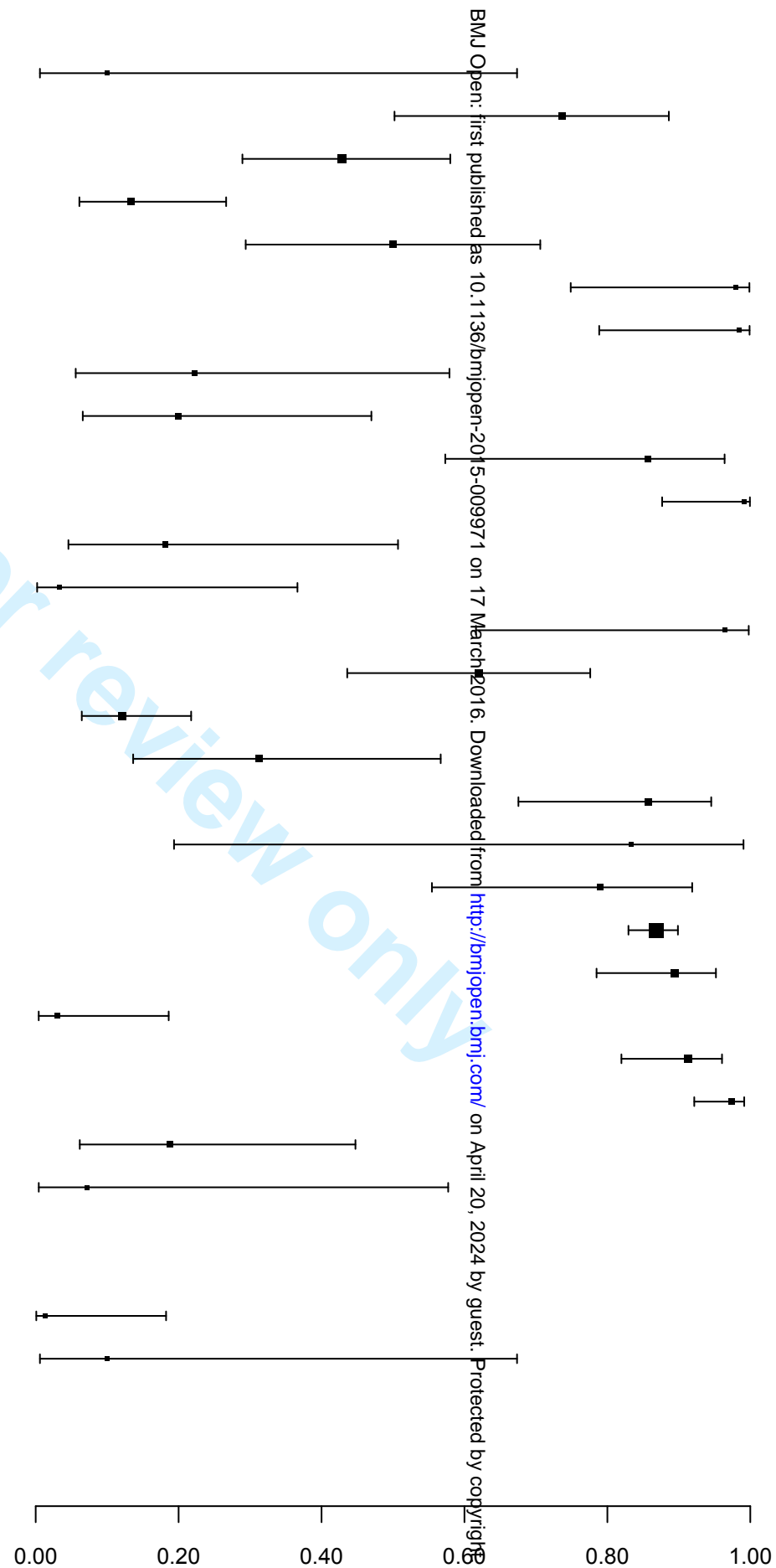
Author (pub. year) **ST258 (n)** **Total (n)** **ST258 (%)**

Infection

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|--------------------------------------|-----|-----|------|
| Lascols, 2013 (S-America) [177] | 0 | 4 | 0 |
| Lascols, 2013 (N-America) [177] | 14 | 19 | 72.2 |
| Lascols, 2013 (Europe) [177] | 18 | 42 | 0 |
| Lascols, 2013 (Asia/Australia) [177] | 6 | 45 | 0 |
| Castanheira, 2013 [178] | 10 | 20 | 50 |
| Rodriguez-Zulueta, 2013 [179] | 24 | 24 | 100 |
| Di Carlo, 2013 [180] | 30 | 30 | 100 |
| Aschbacher, 2013 [68] | 2 | 9 | 22.2 |
| Hrabak, 2014 [181] | 3 | 15 | 20 |
| Jain, 2013 [182] | 12 | 14 | 85.7 |
| Cejas, 2012 [183] | 57 | 57 | 100 |
| Warburg, 2012 [184] | 2 | 11 | 18.2 |
| Dimou, 2012 [88] | 0 | 14 | 0 |
| Morris, 2012 [185] | 13 | 13 | 100 |
| Richter, 2012 [186] | 18 | 29 | 62.1 |
| Adler, 2012 [187] | 9 | 74 | 12.2 |
| Osterblad, 2012 [95] | 5 | 16 | 31.3 |
| Mamma, 2012 [188] | 24 | 28 | 85.7 |
| Mataseje, 2011 (MLST) [188] | 2 | 2 | 100 |
| Mataseje, 2011 (Extrapolation PFGE) | 15 | 19 | 78.9 |
| Giakkoupi, 2011 [189] | 322 | 371 | 86.8 |
| Andrade, 2011 [190] | 51 | 57 | 89.5 |
| Shin, 2011 [120] | 1 | 33 | 3 |
| Gomez, 2011 [191] | 63 | 69 | 91.3 |
| Baraniak, 2011 [192] | 111 | 114 | 97.4 |
| Cuzon, 2010 [193] | 3 | 16 | 18.8 |
| Hrabak, 2009 [146] | 0 | 6 | 0 |

Colonization

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|----------------------|---|----|---|
| Dolejska, 2012 [173] | 0 | 36 | 0 |
| Hrabak, 2009 [146] | 0 | 4 | 0 |



MOOSE Checklist for Meta-analyses of Observational Studies

| Item No | Recommendation | Reported on Page No |
|---|--|---|
| Reporting of background should include | | |
| 1 | Problem definition | 3-4 |
| 2 | Hypothesis statement | 4 |
| 3 | Description of study outcome(s) | 4 |
| 4 | Type of exposure or intervention used | - |
| 5 | Type of study designs used | - |
| 6 | Study population | N/A |
| Reporting of search strategy should include | | |
| 7 | Qualifications of searchers (eg, librarians and investigators) | 4 |
| 8 | Search strategy, including time period included in the synthesis and key words | 4 + Supplementary Text 1 |
| 9 | Effort to include all available studies, including contact with authors | 4 |
| 10 | Databases and registries searched | 4 |
| 11 | Search software used, name and version, including special features used (eg, explosion) | N/A |
| 12 | Use of hand searching (eg, reference lists of obtained articles) | 4 |
| 13 | List of citations located and those excluded, including justification | - |
| 14 | Method of addressing articles published in languages other than English | 4 |
| 15 | Method of handling abstracts and unpublished studies | 4 |
| 16 | Description of any contact with authors | 4 |
| Reporting of methods should include | | |
| 17 | Description of relevance or appropriateness of studies assembled for assessing the hypothesis to be tested | 5 |
| 18 | Rationale for the selection and coding of data (eg, sound clinical principles or convenience) | - |
| 19 | Documentation of how data were classified and coded (eg, multiple raters, blinding and interrater reliability) | 5 |
| 20 | Assessment of confounding (eg, comparability of cases and controls in studies where appropriate) | N/A |
| 21 | Assessment of study quality, including blinding of quality assessors, stratification or regression on possible predictors of study results | 5 |
| 22 | Assessment of heterogeneity | 6 |
| 23 | Description of statistical methods (eg, complete description of fixed or random effects models, justification of whether the chosen models account for predictors of study results, dose-response models, or cumulative meta-analysis) in sufficient detail to be replicated | 6-7 |
| 24 | Provision of appropriate tables and graphics | 7 |
| Reporting of results should include | | |
| 25 | Graphic summarizing individual study estimates and overall estimate | 10 + Supplementary Figure 1 and 2 |
| 26 | Table giving descriptive information for each study included | 7-8 (Table 1) |
| 27 | Results of sensitivity testing (eg, subgroup analysis) | - |
| 28 | Indication of statistical uncertainty of findings | 10-14 |

| Item No | Recommendation | Reported on Page No |
|---|---|---------------------|
| Reporting of discussion should include | | |
| 29 | Quantitative assessment of bias (eg, publication bias) | 16 |
| 30 | Justification for exclusion (eg, exclusion of non-English language citations) | - |
| 31 | Assessment of quality of included studies | 16 |
| Reporting of conclusions should include | | |
| 32 | Consideration of alternative explanations for observed results | 16 |
| 33 | Generalization of the conclusions (ie, appropriate for the data presented and within the domain of the literature review) | N/A |
| 34 | Guidelines for future research | 16 |
| 35 | Disclosure of funding source | 17 |

From: Stroup DF, Berlin JA, Morton SC, et al, for the Meta-analysis Of Observational Studies in Epidemiology (MOOSE) Group. Meta-analysis of Observational Studies in Epidemiology. A Proposal for Reporting. *JAMA*. 2000;283(15):2008-2012. doi: 10.1001/jama.283.15.2008.

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BMJ Open

Epidemic potential of *Escherichia coli* ST131 and *Klebsiella pneumoniae* ST258: A systematic review and meta-analysis.

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| Secondary Subject Heading: | Epidemiology |
| Keywords: | MICROBIOLOGY, Systematic review, Meta-regression, <i>Escherichia coli</i> , <i>Klebsiella pneumoniae</i> , hyperendemicity |
| | |

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Epidemic potential of *Escherichia coli* ST131 and *Klebsiella pneumoniae* ST258: A systematic review and meta-analysis

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Key words: Systematic review, meta-regression, *Escherichia coli*, *Klebsiella pneumoniae*, hyperendemicity

Word count: 3593

ABSTRACT

Objectives - Observational studies have suggested that *Escherichia coli* sequence type (ST) 131 and *Klebsiella pneumoniae* ST258 have hyperendemic properties. This would be obvious from continuously high incidence and/or prevalence of carriage or infection with these bacteria in specific patient populations. Hyperendemicity could result from increased transmissibility, longer duration of infectiousness, and/or higher pathogenic potential as compared to other lineages of the same species. The aim of our research is to quantitatively estimate these critical parameters for *E. coli* ST131 and *K. pneumoniae* ST258, in order to investigate whether *E. coli* ST131 and *K. pneumoniae* ST258 are truly hyperendemic clones.

Primary outcome measures - A systematic literature search was performed to assess the evidence of transmissibility, duration of infectiousness, and pathogenicity for *E. coli* ST131 and *K. pneumoniae* ST258. Meta-regression was performed to quantify these characteristics.

Results - The systematic literature search yielded 639 articles, of which 19 data sources provided information on transmissibility (*E. coli* ST131 n=9; *K. pneumoniae* ST258 n=10), 2 on duration of infectiousness (*E. coli* ST131 n=2), and 324 on pathogenicity (*E. coli* ST131 n=285; *K. pneumoniae* ST258 n=39). Available data on duration of carriage and on transmissibility were insufficient for quantitative assessment. In multivariable meta-regression *E. coli* isolates causing infection were associated with ST131, compared to isolates only causing colonization, suggesting that *E. coli* ST131 can be considered more pathogenic than non-ST131 isolates. Date of isolation, location, and resistance mechanism also influenced the prevalence of ST131. *E. coli* ST131 was 3.2 (95% CI 2.0-5.0) times more pathogenic than non-ST131. For *K. pneumoniae* ST258 there were not enough data for meta-regression assessing the influence of colonization versus infection on ST258 prevalence.

Conclusions - With the currently available data, it cannot be confirmed nor rejected, that *E. coli* ST131 or *K. pneumoniae* ST258 are hyperendemic clones.

STRENGTHS AND LIMITATIONS

- A comprehensive literature search combined with meta-regression analyses was performed to quantify evidence of hyperendemicity of *E. coli* ST131 and *K. pneumoniae* ST258 focussing on transmissibility, durations of infectiousness, and pathogenicity.
- There is a large heterogeneity in reported prevalences and a limited amount of data available on transmissibility and duration of infectiousness.
- With the currently available data, it cannot be confirmed nor rejected, that *E. coli* ST131 or *K. pneumoniae* ST258 are hyperendemic clones.

INTRODUCTION

Infections caused by *Escherichia coli* and *Klebsiella pneumoniae* producing extended-spectrum beta-lactamases (ESBL) or carbapenamases are increasing worldwide. There is growing evidence that certain clonal lineages of these species, such as *E. coli* sequence type (ST) 131 and *K. pneumoniae* ST258, have more epidemic potential than other lineages within their species group. *E. coli* ST131 was first described in 2008[1] and *K. pneumoniae* ST258 in 2009[2]. *E. coli* ST131 is reported from around the globe, both in healthcare settings and in the community[3,4], and is mostly associated with ESBL production and fluoroquinolone resistance.[3,5] *K. pneumoniae* ST258 is mainly associated with *Klebsiella pneumoniae* carbapenemase (KPC) production, and other resistance mechanisms[6], and is widespread in the USA, and expanding in Europe.[6–8] In the scientific literature *E. coli* ST131 and *K. pneumoniae* ST258 are widely considered hyperendemic clones.[3,5,6,8,9] But the evidence underlying these assumptions is not that obvious.[3,5] If *E. coli* ST131 or *K. pneumoniae* ST258 are truly hyperendemic clones, interventions may be targeted to these specific clones.

From a simple model in which patients can be susceptible, colonized, or infected (Figure 1), the characteristics of hyperendemicity follow as explained below. Susceptible hosts can acquire colonization through transmission, either directly (from another colonized or infected person) or indirectly (from the environment or via the hands of health care workers). Both colonized and infected patients contribute to transmission, as long as they are infectious, which can be expressed with the duration of colonization. Duration of colonization can be influenced by fitness cost associated with resistance or by antibiotic use. Colonization can proceed to infection, which typically occurs in a fraction of colonized patients[10] and

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3 the rate of this progression can be expressed as the pathogenicity level. Decolonization can occur in
4 both colonized and infected persons.
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7 To be hyperendemic, a clone has to have advantages over other clones in at least one of the traits
8 transmissibility, duration of colonization, or pathogenicity. Therefore, we define a hyperendemic clone
9 as 'a clone that is more transmissible, has a longer duration of colonization, and/or is more pathogenic
10 than other clones of the same species'. The presence of any or more of these traits will then lead to a
11 continuously high incidence and/or prevalence of carriage or disease in a specific patient population. We
12 performed a systematic review to quantitatively estimate these critical parameters for *E. coli* ST131 and
13 *K. pneumoniae* ST258, in order to investigate whether *E. coli* ST131 and *K. pneumoniae* ST258 are truly
14 hyperendemic clones.
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25 **METHODS**

26 **Search strategy**

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28 A PubMed and EMBASE search was performed to retrieve relevant articles published until January 1,
29 2015. The complete search string can be found in Supplementary Text 1. A cross-reference check was
30 performed to include relevant articles not found during the search. Only English, full-text articles were
31 included. Articles unavailable online were requested from the authors. The MOOSE statement[11] was
32 followed for reporting in this paper.
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39 **Study selection**

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41 Titles and abstracts were independently reviewed by two reviewers (MRH and MJDD) and selected for
42 further review if they met the inclusion criteria. Selections were compared between the two reviewers
43 and if consensus was not reached, a third reviewer (MCJB or MJMB) was consulted.
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48 The inclusion criteria for articles on transmissibility were that possible transmissions should be
49 described, and the number of cases should be reported. Outbreak reports were included. Articles
50 focusing on duration of colonization should include at least two cultures per patient taken at two
51 different time points. Pathogenicity was defined as the difference in the prevalence of ST131 or ST258 in
52 infections (clinical isolates) compared to colonization. We considered a clone to be more pathogenic
53 when the relative abundance of this clone in isolates causing infections is higher compared to isolates
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3 associated with colonization. Therefore, articles on pathogenicity of *E. coli* ST131 or *K. pneumoniae*
4 ST258 should report the prevalence or incidence of infections among patients colonized with *E. coli*
5 ST131 or *K. pneumoniae* ST258, the prevalence of *E. coli* ST131 or *K. pneumoniae* ST258 among patients
6 colonized with *E. coli* or *K. pneumoniae*, respectively, or the prevalence of *E. coli* ST131 or *K.*
7 *pneumoniae* ST258 among at least 10 clinical isolates of *E. coli* or *K. pneumoniae*, respectively.
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12 Articles were excluded if they did not contain original data (such as reviews, commentaries, or articles
13 reusing existing datasets), if they considered *E. coli* or *K. pneumoniae* only in non-human sources, or if
14 there was no clear information on the isolate collection or selection.
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18 19 **Data extraction**

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21 Data were extracted by the same two reviewers independently and crosschecked using a standard form
22 developed by the researchers. Data were collected on population and setting, recording if participants
23 were inpatients, outpatients/community residents, travelers, or from another/unknown group. The
24 area/region where the study took place was recorded and categorized into (mainly) from Africa, Asia,
25 Australia, Europe, North America, and South America. It was recorded whether data collection took
26 place during an outbreak period, and if a selection on antibiotic susceptibility or resistance was made,
27 divided into selection on ESBL/AmpC-producing isolates (including third generation cephalosporin-
28 resistant isolates), carbapenem-resistant or carbapenemase-producing Enterobacteriaceae (CRE/CPE,
29 e.g., KPC, OXA-48), other resistance profiles (e.g., ciprofloxacin-resistant, fluoroquinolone-susceptible, or
30 multi-drug resistant), or no selection on resistance. Furthermore, the method to detect sequence types
31 was documented, split up into multi-locus sequence typing (MLST, when all isolates were typed by
32 MLST), extrapolation based on pulsed-field gel electrophoresis (PFGE, when only selected isolates were
33 typed with MLST and the sequence types were inferred based on PFGE type), polymerase chain reaction
34 (PCR, when all isolated underwent PCR-screening for ST-specific alleles), extrapolation based on PCR
35 (mainly MLST for *E. coli* isolates that were positive for O25b-ST131 by PCR), or other/unknown (such as
36 *fumC/fimH* typing). Also, the sample site of the included isolates (percentage of isolates isolated from
37 blood, urine, gastrointestinal, respiratory, wound/abscess, or other sites) and time period of the study
38 were recorded. For the time period, the middle date was used in the model if the study covered a longer
39 time period.
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55 For transmissibility, if available, information was gathered on admission prevalence, number of cases,
56 number of uncolonized patients, and transmission measure given. For duration of colonization, the
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number of cases and duration of colonization was recorded. For pathogenicity, information was collected on the prevalence or incidence of infections in patients colonized with *E. coli* ST131 or *K. pneumoniae* ST258, the prevalence of *E. coli* ST131 or *K. pneumoniae* ST258 in patients colonized with *E. coli* or *K. pneumoniae*, respectively, and/or the prevalence of *E. coli* ST131 or *K. pneumoniae* ST258 in patients infected with *E. coli* or *K. pneumoniae*, respectively.

Quality of the included articles was assured by only including papers with a proper selection of isolates. Furthermore, quality was implicitly incorporated in the data that were collected on the detection method used, the sample sites, whether data were collected during an outbreak, and the setting and time period in which data were collected.

Several studies allowed splitting the data into multiple 'data sources'. For example, if data was available per year or per country, these were recorded separately. Figure 2 shows a flow diagram with the included and excluded articles. Since only 19 data sources were available on transmissibility (9 on *E. coli* ST131 and 10 on *K. pneumoniae* ST258) and 2 on duration of colonization (both on *E. coli* ST131), we could only describe these without quantifying summary measures. For pathogenicity, enough data was available on *E. coli* to do a meta-regression analysis and calculate summary measures.

Meta-regression pathogenicity

In order to evaluate the pathogenicity of *E. coli* ST131 and *K. pneumoniae* ST258 and to assess which factors influence this, meta-regression was performed using all reported data on the prevalence of *E. coli* ST131 in clinical (infection) or screening (colonization) isolates of *E. coli* and for all reported data on the prevalence of *K. pneumoniae* ST258 in clinical (infection) isolates of *K. pneumoniae*. The prevalence estimates (calculated as the number of ST131- or ST258-positive isolates divided by the total number of *E. coli* or *K. pneumoniae* isolates, respectively) and standard errors (SEs) were logit transformed in the analysis. Heterogeneity between studies was evaluated with Cochran's Q and the I^2 statistic.[12] Because of high heterogeneity ($I^2 > 75\%$), a meta-analysis using a generalized linear mixed effect model with random effects per data source was used to assess sources of variability in the overall prevalence estimates. Univariate analyses were performed to identify covariates associated with the overall prevalence estimates. All covariates with a p -value < 0.20 were included in the multivariate model, and backward selection was performed using the likelihood ratio test. There, as we are performing an exploratory analysis, a cut-off of $p < 0.10$ was used to determine statistical significance. The variable describing sample site was not included in the models, because of great dependency on the type of

isolate (clinical or screening isolate, e.g. blood isolates representing infection), and the effect of culture site might not be comparable for isolates representing colonization or infection. The estimated between-study variance (τ^2) was evaluated for the model with and without explanatory parameters. The exponent of the coefficient for colonization/ infection found in the metaregression model is an odds ratio, which can be interpreted as a risk ratio. This was taken as a measure of how much more pathogenic *E. coli* ST131 was compared to non-ST131. I.e., a value of 2 would indicate that per colonized day colonization with ST131 leads two times more often to an infection as compared to colonization with non-ST131. All analyses were performed in R v. 3.0.3 (<http://CRAN.R-project.org>) using the 'metafor' package.

RESULTS

In all, 345 useful data sources were identified (see Figure 2 for the consecutive steps followed for identification). For transmissibility 19 data sources were identified, for duration of carriage 2, and for pathogenicity 324. Most studies (n=206, 72%) were performed in Europe and North America, and 266 (93%) were performed in a non-outbreak setting (Table 1). *E. coli* isolates were most selected on ESBL production or resistance against third-generation cephalosporins, and *K. pneumoniae* isolates on being CRE/CPE. Colonization isolates were most often from gastro-intestinal origin (85.2%), and infection isolates from urine (54.8%) or blood (24.5%).

Table 1: Characteristics of included studies

| | EC transmissibility (n=9) | KP transmissibility (n=10) | EC duration (n=2) | EC pathogenicity colonization (n=35) | EC pathogenicity infection (n=249) | KP pathogenicity colonization (n=3) | KP pathogenicity infection (n=35) | KP pathogenicity colonization & infection (n=1) |
|------------------------------------|---------------------------|----------------------------|-------------------|--------------------------------------|------------------------------------|-------------------------------------|-----------------------------------|---|
| Number of isolates (mean, sd) | | | | 58 (67) | 129 (357) | 59 (69) | 40 (64) | |
| Number of isolates (median, iqr) | | | | 36 (21 - 62) | 53 (20 - 115) | 36 (20 - 87) | 20 (14 - 41) | |
| Population - inpatients | 2 (22.2%) | 8 (80.0%) | 1 (50.0%) | 11 (31.4%) | 128 (51.4%) | 3 (100.0%) | 24 (68.6%) | 0 (0.0%) |
| Population - outpatients/community | 6 (66.7%) | 2 (20.0%) | 0 (0.0%) | 18 (51.4%) | 25 (10.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Population - mixed | 1 (11.1%) | 0 (0.0%) | 0 (0.0%) | 2 (5.7%) | 63 (25.3%) | 0 (0.0%) | 2 (5.7%) | 1 (100.0%) |
| Population - travellers | 0 (0.0%) | 0 (0.0%) | 1 (50.0%) | 3 (8.6%) | 3 (1.2%) | 0 (0.0%) | 1 (2.9%) | 0 (0.0%) |
| Population - other/unknown | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 30 (12.0%) | 0 (0.0%) | 9 (25.7%) | 0 (0.0%) |

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|---|-----------|-------------|-----------|------------|-------------|-----------|------------|------------|
| Continent - Africa | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 2 (5.7%) | 16 (6.4%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Continent - Asia | 2 (22.2%) | 0 (0.0%) | 0 (0.0%) | 9 (25.7%) | 42 (16.9%) | 0 (0.0%) | 4 (11.4%) | 0 (0.0%) |
| Continent - Australia | 0 (0.0%) | 0 (0.0%) | 1 (50.0%) | 3 (8.6%) | 10 (4.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Continent - Europe | 4 (44.4%) | 7 (70.0%) | 1 (50.0%) | 14 (40.0%) | 96 (38.6%) | 2 (66.7%) | 14 (40.0%) | 0 (0.0%) |
| Continent - North America | 3 (33.3%) | 1 (10.0%) | 0 (0.0%) | 7 (20.0%) | 79 (31.7%) | 1 (33.3%) | 11 (31.4%) | 1 (100.0%) |
| Continent - South America | 0 (0.0%) | 2 (20.0%) | 0 (0.0%) | 0 (0.0%) | 6 (2.4%) | 0 (0.0%) | 6 (17.1%) | 0 (0.0%) |
| Outbreak setting | 3 (33.3%) | 10 (100.0%) | 0 (0.0%) | 1 (2.9%) | 4 (1.6%) | 1 (33.3%) | 8 (22.9%) | 0 (0.0%) |
| Selection - ESBL/3GC-R | 8 (88.9%) | 0 (0.0%) | 1 (50.0%) | 23 (65.7%) | 182 (73.1%) | 2 (66.7%) | 0 (0.0%) | 0 (0.0%) |
| Selection - CRE/CPE | 0 (0.0%) | 9 (90.0%) | 0 (0.0%) | 0 (0.0%) | 8 (3.2%) | 1 (33.3%) | 29 (82.9%) | 1 (100.0%) |
| Selection - other | 1 (11.1%) | 0 (0.0%) | 1 (50.0%) | 5 (14.3%) | 31 (12.4%) | 0 (0.0%) | 5 (14.3%) | 0 (0.0%) |
| Selection - none | 0 (0.0%) | 1 (10.0%) | 0 (0.0%) | 7 (20.0%) | 28 (11.2%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Detection - MLST | 6 (66.7%) | 4 (40.0%) | 0 (0.0%) | 10 (28.6%) | 134 (53.8%) | 1 (33.3%) | 25 (71.4%) | 0 (0.0%) |
| Detection - extrapolation based on PFGE | 1 (11.1%) | 3 (30.0%) | 0 (0.0%) | 3 (8.6%) | 15 (6.0%) | 1 (33.3%) | 9 (25.7%) | 1 (100.0%) |
| Detection - extrapolation based on PCR | 2 (22.2%) | 0 (0.0%) | (100.0%) | 21 (60.0%) | 83 (33.3%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Detection - CH | 0 (0.0%) | 1 (10.0%) | 0 (0.0%) | 0 (0.0%) | 13 (5.2%) | 1 (33.3%) | 0 (0.0%) | 0 (0.0%) |
| Detection - other/unknown | 0 (0.0%) | 2 (20.0%) | 0 (0.0%) | 1 (2.9%) | 4 (1.6%) | 0 (0.0%) | 1 (2.9%) | 0 (0.0%) |
| Site - blood | 1 (11.1%) | 3 (30.0%) | 0 (0.0%) | 0 (0.0%) | 64 (25.7%) | 0 (0.0%) | 7 (20.0%) | 0 (0.0%) |
| Site - urine | 2 (22.2%) | 3 (30.0%) | 1 (50.0%) | 2 (5.7%) | 143 (57.4%) | 1 (33.3%) | 12 (34.3%) | 1 (100.0%) |
| Site - gastro-intestinal tract | 6 (66.7%) | 3 (30.0%) | 1 (50.0%) | 32 (91.4%) | 5 (2.0%) | 1 (33.3%) | 7 (20.0%) | 0 (0.0%) |
| Site - respiratory tract | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 1 (2.9%) | 3 (1.2%) | 1 (33.3%) | 3 (8.6%) | 0 (0.0%) |
| Site - wound | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) | 1 (0.4%) | 0 (0.0%) | 0 (0.0%) | 0 (0.0%) |
| Site - other/unknown | 0 (0.0%) | 1 (10.0%) | 0 (0.0%) | 0 (0.0%) | 33 (13.3%) | 0 (0.0%) | 6 (17.1%) | 0 (0.0%) |

EC: *E. coli*, KP: *K. pneumoniae*. Site: site from which most isolates were identified

Transmissibility

There were 19 studies reporting transmissibility of *E. coli* ST131 (n=9) and *K. pneumoniae* ST258 (n=10), some being case-reports or describing single possible transmission events (Table 2). Transmission events for *E. coli* ST131 have been described or suggested in household (n=4), day care (n=1), nursing home (n=1), and hospital settings (n=4). For *K. pneumoniae* ST258 all sources reported on transmission events in hospital settings, and all included CRE/CPE.

Transmissibility can be quantified by the number of transmissions per patient or patient-days at risk, which requires information on the number of index cases, number of transmissions and number of days or patients at risk. Yet, one or more of these aspects, especially time at risk, is missing in all studies but one. Most studies are cross-sectional studies, in which transmission cannot be proven.

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3 Differences in transmission capacity between *E. coli* ST131 and non-ST131, or between *K. pneumoniae*
4 ST258 and non-ST258, have not been quantified, precluding any conclusion on the relative
5 transmissibility of *E. coli* ST131 and *K. pneumoniae* ST258 compared to other clonal lineages.
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Table 2: Summary of articles describing transmissibility of *E. coli* ST131 and *K. pneumoniae* ST258

| Author | Country | Year | Setting | Organism | Resistance mechanism | Index cases (n) | Secondary cases (n) | Un-colonized | Exposure time |
|----------------------|-----------------|-------------|---|----------------------------|-----------------------------|-------------------------|---------------------|--------------|---|
| Veenemans 2014[13] | The Netherlands | 2013 | Nursing homes | <i>E. coli</i> ST131 | ESBL | 5 and 3 | | | |
| Kojima 2014[14] | Japan | 2009-2010 | Household | <i>E. coli</i> ST131 | ESBL | 1 | 2 | | |
| Blanc 2014[15] | France | 2012 | Day care centers | <i>E. coli</i> ST131 | ESBL | 7 | | | |
| Giuffrè 2013[16] | Italy | 2012 | Neonatal intensive care unit | <i>E. coli</i> ST131 | ESBL | 15 | | 88 | |
| Adler 2012[17] | Israel | 2008-2009 | Geriatric rehabilitation wards | <i>E. coli</i> ST131 | ESBL | 21 | 23 | 367 | |
| Hilty 2012[18] | Switzerland | 2008-2010 | University hospital | <i>E. coli</i> non-ST131 | ESBL | 31 | 36 | 367 | 48 index inpatients for a total of 400,000 patient-days |
| | | | | <i>E. coli</i> ST131 | ESBL | 13 | 2 | 36 | |
| | | | | <i>E. coli</i> non-ST131 | ESBL | 27 | 2 | 48 | |
| | | | Household | <i>E. coli</i> ST131 | ESBL | 15 | 7 | 19 | |
| | | | | <i>E. coli</i> non-ST131 | ESBL | 42 | 13 | 49 | |
| Owens 2011 [19] | USA | Before 2011 | Household | <i>E. coli</i> ST131 | ESBL | 2 | | | |
| Johnson 2010[20] | USA | Before 2010 | Household | <i>E. coli</i> ST131 | Fluoro-quinolone resistance | 1 | 1 | 1 | |
| Ender 2009[21] | USA | Before 2009 | Hospital | <i>E. coli</i> ST131 | ESBL | 1 | 1 | | |
| Marquez 2014[22] | Uruguay | 2011 | Intensive care unit | <i>K. pneumoniae</i> ST258 | KPC | 1 | 1 | 3 | |
| Garza-Ramos 2014[23] | Mexico | 2012-2013 | 2 Hospitals | <i>K. pneumoniae</i> ST258 | KPC | 15 and 3 | | | |
| Gaibani 2014[24] | Italy | 2010 | Hospital | <i>K. pneumoniae</i> ST258 | KPC | 11 | | | |
| Giuffrè 2013[25] | Italy | 2012 | Neonatal intensive care unit | <i>K. pneumoniae</i> ST258 | KPC | 10 | | 44 | |
| Tofteland 2013[26] | Norway | 2010 | Intensive care unit | <i>K. pneumoniae</i> ST258 | KPC | 6 | | | |
| Morris 2012[27] | Ireland | 2011 | 2 Hospitals | <i>K. pneumoniae</i> ST258 | KPC | 11 | | | |
| Agodi 2011[28] | Italy | 2009 | Hospital | <i>K. pneumoniae</i> ST258 | KPC | 16 | | | |
| Won 2011[29] | USA | 2008 | Acute care hospitals and long-term acute care hospitals | <i>K. pneumoniae</i> ST258 | KPC | 33 (+ 7 presumed cases) | | | |

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|-------------------|-------|------|---------------------------|----------------------------|-----|-------------------------------|
| Marchese 2010[30] | Italy | 2009 | Neuro-rehabilitation unit | <i>K. pneumoniae</i> ST258 | KPC | 4 (+3 at time of publication) |
| Mammaia 2010[31] | Italy | 2009 | Intensive care unit | <i>K. pneumoniae</i> ST258 | KPC | 13 |

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Duration of carriage

The duration of carriage of *E. coli* ST131 was investigated in two studies. In one study colonization with *E. coli* was still apparent after 12 months in 64% (n=9) and 40% (n=14) of those carrying *E. coli* ST131 or other STs, respectively (p=0.12).[32] In another study, of two patients acquiring colonization with *E. coli* ST131 during travel, one was a prolonged carrier with this strain. The definition of prolonged carriage was not given however.[33] The duration of carriage of *K. pneumoniae* ST258 has not been determined.

Pathogenicity

E. coli

From 285 data sources, we retrieved data from 34,253 *E. coli* isolates (2,041 associated with colonization and 32,212 with infection). Prevalence of *E. coli* ST131 in these studies ranged from 0% to 100% (Supplementary Figure 1), with high statistical heterogeneity between studies ($I^2=96.9\%$).

In univariable meta-regression the *E. coli* ST131 prevalence in individual studies increased in time, and appeared to be influenced by whether isolates were associated with infection or colonization, resistance patterns used for isolate selection, and location where the study was performed (p-value < 0.20; Table 3). These variables were included in the multivariable meta-regression model, and time, location, and selection remained significantly associated with *E. coli* ST131 prevalence (Table 4). No significant effects were present for study population, microbiological methods used to detect ST131, or whether the study was performed in an outbreak situation or not.

The prevalence of ST131 was highest if *E. coli* isolates were selected upon the presence of ESBL production or third generation cephalosporin resistance, and lowest if derived from non-selective media. Prevalence of *E. coli* ST131 was highest in North America, and lowest in South America. The estimated prevalence of ST131 in *E. coli*, given particular values of the covariates, can be derived from the regression equation (Table 4). For example, the estimated logit (prevalence ST131) for isolates causing infection, selected on presence of ESBL, in North America in January 2010 is given by $2.9668 + 12 \times 0.0140 + 1.1545 + 1.3826 + 0.4436 = 0.1819$, which corresponds to a prevalence of ST131 of $\exp(0.1819)/(1+\exp(0.1819)) = 54.5\%$. The estimated prevalence in the reference category (January 2009, colonization, no selection on resistant profile, Europe) is $\exp(-2.9668)/(1+\exp(-2.9668)) = 4.9\%$.

In the multivariable meta-regression model *E. coli* ST131 was significantly associated with infection compared to colonization, suggesting that ST131 isolates are more pathogenic than non-ST131 isolates.

From the infection/colonization coefficient we can calculate the relative pathogenicity of *E. coli* ST131 compared to non-ST131. We found that *E. coli* ST131 is 3.2 (95% CI 2.0-5.0) times more pathogenic than non-ST131. Supplementary Figure 2 shows the proportion of ST131 found in infection isolates compared to colonization isolates as estimated by the meta-regression model.

The estimated between-study variance (τ^2) reduced from 1.68 in the model without parameters to 1.1 in the final model, implying that a high level of heterogeneity remained.

Table 3: Effect of covariates on prevalence of ST131 in *E. coli* (univariable random effects meta-regression models)

| | P-value |
|---|----------|
| Study period (per month ^a) | 0.0011 |
| Infection or colonization | 0.0002 |
| Colonization | |
| Infection | |
| Outbreak setting | 0.9112 |
| Selection of isolates based on resistance pattern | < 0.0001 |
| no selection on resistance profile | |
| ESBL/3GC-R | |
| CRE/CPE | |
| other | |
| Study population | 0.6219 |
| Inpatients | |
| Outpatients / community | |
| Mixed | |
| Travelers | |
| Other / unknown | |
| Location | < 0.0001 |
| Europe | |
| North America | |
| South America | |
| Australia | |
| Asia | |
| Africa | |
| Method used to detect ST131 | 0.3598 |
| MLST | |
| Extrapolation based on PFGE | |
| PCR | |
| Extrapolation based on PCR | |
| Other/unknown | |

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3 CRE/CPE: carbapenem-resistant Enterobacteriaceae/carbapenemase-producing Enterobacteriaceae

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5 ESBL/3GC-R: extended-spectrum beta-lactamases/third-generation cephalosporin resistance

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7 MLST: multi-locus sequence typing

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9 PCR: polymerase chain reaction

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11 PFGE: pulsed-field gel electrophoresis

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13 ^aReference date: 1 January 2009

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17 **Table 4:** Effect of covariates on prevalence of ST131 in *E. coli* (multivariable random effects meta-
18 regression model)

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| | Estimate (SE ^a) | P-value |
|---|-----------------------------|---------|
| Intercept | -2.9668 (0.2959) | |
| Study period (per month ^b) | 0.0140 (0.0023) | <0.0001 |
| Infection or colonization | | <0.0001 |
| Colonization | Reference | |
| Infection | 1.1545 (0.2281) | |
| Selection of isolates based on resistance pattern | | <0.0001 |
| no selection on resistance profile | Reference | |
| ESBL/3GC-R | 1.3826 (0.2207) | |
| CRE/CPE | 0.5994 (0.4879) | |
| other | 0.9058 (0.2709) | |
| Location | | <0.0001 |
| Europe | Reference | |
| North America | 0.4436 (0.1675) | |
| South America | -2.2868 (0.6101) | |
| Australia | -0.4209 (0.3407) | |
| Asia | -0.3657 (0.1927) | |
| Africa | -0.2246 (0.3154) | |

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43 CRE/CPE: carbapenem-resistant Enterobacteriaceae/carbapenemase-producing Enterobacteriaceae

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45 ESBL/3GC-R: extended-spectrum beta-lactamases/third-generation cephalosporin resistance

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47 SE: standard error

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49 ^aParameter estimates (SEs) are presented on a logit scale.

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51 ^bReference date: 1 January 2009.

K. pneumoniae

There were 35 and three data sources providing information on the prevalence of ST258 *K. pneumoniae* in clinical and colonizing isolates, respectively (Supplementary Figure 3). Because of limited data on colonization, quantitative analyses were performed for clinical isolates only.

In the univariable meta-regression model, outbreak setting yes/no, selection of isolates based on resistance pattern, study population, and geographic location were all associated with a higher prevalence of ST258 with a p -value < 0.20 and were, thus, included in the multivariable model (Table 5). If data were collected during an outbreak of *K. pneumoniae*, this was associated with a higher prevalence of ST258 (Table 6). Furthermore, the model yielded a significant effect of resistance patterns on the prevalence of ST258 in *K. pneumoniae*. ST258 prevalence was associated with selection of isolates on CRE-positivity, but the number of data sources describing isolates that are not CRE/CPE is low and varied ($n=5$). Furthermore, study population characteristics also appeared to influence ST258 prevalence in *K. pneumoniae*, with higher prevalence of ST258 in inpatients, compared to “other” populations. Yet, the “other” group is not defined accurately, precluding firm conclusions. Only one data source was available for outpatients or persons residing in the community. Finally, reported ST258 prevalence was lower in Asia and Australia than in other continents.

The estimated prevalence of ST258 in *K. pneumoniae*, given particular values of the covariates, can be derived from the regression equation. For example, the estimated logit (prevalence of ST258) for isolates selected on presence of CRE in hospital inpatients in North America during an outbreak is given by $-0.0320 + 2.8038 + 0.3332 = 3.1050$, which corresponds to a prevalence of ST258 of $\exp(3.1050)/(1+\exp(3.1050)) = 95.7\%$. The estimated prevalence in the reference category (during an outbreak, non CRE/CPE, hospital inpatients, Europe) is $\exp(-0.0320)/(1+\exp(-0.0320)) = 50.8\%$.

The estimated between-study variance (τ^2) reduced from 6.43 in the model without parameters to 2.25 in the final model, indicating a considerable improvement, but still a high level of heterogeneity.

ST258 was not detected in two studies reporting on colonization with *K. pneumoniae*, that included in 36 and 4 isolates.[184,219] Only from the study of van Duin et al.[224] we can deduce a prevalence of ST258 in *K. pneumoniae* of 31% in colonizing isolates. This precludes any quantification of the pathogenicity of *K. pneumoniae* ST258.

The only study in which both colonization and infection with *K. pneumoniae* ST258 were investigated included a set of seven KPC-producing *K. pneumoniae* ST258 isolates collected from a long-term acute care facility in South Florida.[245] Three patients were colonized, and four had both colonization and infection. Again, the sample size is too small for drawing conclusions.

Table 5: Effect of covariates on prevalence of ST258 in clinical isolates of *K. pneumoniae* (univariable random effects meta-regression models)

| | P-value |
|---|---------|
| Study period (per month ^a) | 0.6109 |
| Outbreak setting | 0.0052 |
| Selection of isolates based on resistance pattern | 0.0543 |
| Non-CRE/CPE | |
| CRE/CPE | |
| Study population | 0.0265 |
| Inpatients | |
| Mixed | |
| Other/unknown | |
| Location | 0.1013 |
| Europe | |
| North America | |
| South America | |
| Asia (including Australia) | |
| Method used to detect ST258 | 0.2253 |
| MLST | |
| Extrapolation based on PFGE | |

CRE/CPE: carbapenem-resistant Enterobacteriaceae/carbapenemase-producing Enterobacteriaceae

MLST: multi-locus sequence typing

PFGE: pulsed-field gel electrophoresis

^aReference date: 1 January 2009

Table 6: Effect of covariates on prevalence of ST258 in clinical isolates of *K. pneumoniae* (multivariable random effects meta-regression model)

| | Estimate (SE ^a) | P-value |
|---|-----------------------------|---------|
| Intercept | -0.0320 (1.0008) | 0.9745 |
| Outbreak setting | | < 0.05 |
| Yes | Reference | |
| No | -1.7725 (0.7833) | |
| Selection of isolates based on resistance pattern | | < 0.01 |
| Non-CRE/CPE | Reference | |
| CRE/CPE | 2.8038 (0.9445) | |
| Study population | | < 0.01 |
| Inpatients | Reference | |
| Mixed | -3.8232 (1.5480) | |
| Other/unknown | -2.2908 (0.7255) | |
| Location | | < 0.05 |
| Europe | Reference | |
| North America | 0.3332 (0.7607) | |
| South America | 0.4213 (0.9038) | |
| Asia (including Australia) | -2.0716 (0.7833) | |

CRE/CPE: carbapenem-resistant Enterobacteriaceae/carbapenemase-producing Enterobacteriaceae

SE: standard error

^aParameter estimates (SEs) are presented on a logit scale.

^bReference date: 1 January 2009.

DISCUSSION

Based on published information we conclude that there is evidence that *E. coli* ST131 is more pathogenic than *E. coli* non-ST131, but not for increased transmissibility or prolonged duration of carriage. Because of the heterogeneity in the data it cannot be concluded (nor rejected) that *E. coli* ST131 is a hyperendemic clone. For *K. pneumoniae* ST258 the published data precluded any conclusion on increased transmissibility, longer duration of carriage or increased pathogenicity.

Several limitations in our study should be acknowledged. Because of our search strategy, the prevalence of *E. coli* ST131 and *K. pneumoniae* ST258 that were retrieved are likely overestimations of the real prevalence. We required the articles to report ST131/ST258 in their title and/or abstract and therefore articles that did not report this or that did not detect ST131/ST258 in their study may have been missed. Since the prevalence is dependent on factors including time, location, resistance pattern, population

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3 studied and possibly variables not included in this review (e.g., patient-specific details like age, gender),
4 we deemed it not meaningful to estimate an overall prevalence of ST131 in *E. coli* or ST258 in *K.*
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6 *pneumoniae*.
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9 We also did not create a funnel plot to assess publication bias, as such an analysis also assumes that
10 there is one overall effect or prevalence. Thus, publication bias cannot be excluded. It is possible that
11 identification of *E. coli* ST131 or *K. pneumoniae* ST258 stimulates publication, because of the current
12 interest in these clones. However, this will most likely equally influence studies reporting infection and
13 colonization isolates, which would not influence our conclusions. Also, the finding of ESBL or KPC might
14 instigate investigation of sequence types. As 70% of the included studies on *E. coli* selected isolates
15 based on the presence of ESBL or 3GC-R our findings might be more applicable to ESBL-producing *E. coli*
16 ST131 than all *E. coli* ST131 in general. The same holds for *K. pneumoniae*, for which around 90% of
17 included studies selected isolates based on the presence of carbapenemase production of carbapenem
18 resistance, mainly corresponding to KPC-production. In our analysis, we used grouped variables (e.g.,
19 continent instead of country), as there are limitations to the number of variables that can be studied.
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29 There could also be differences in detecting infection and colonization associated isolates. Infection
30 isolates are mainly collected retrospectively, when a pattern or outbreak is recognized, whereas
31 colonization isolates are more often collected prospectively. Yet, since determination of sequence types
32 is unambiguous it is unlikely that such differences have affected our conclusions.
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37 Our analysis clearly demonstrates that more – and better designed – studies are needed to determine
38 whether *E. coli* ST131 and *K. pneumoniae* ST258 are truly hyperendemic clones. This would be possible
39 with a prospective cohort study of a population (e.g., the general population or hospitalized patients)
40 with a certain contact structure, in which carriage with *E. coli* or *K. pneumoniae* is regularly (e.g. weekly
41 or monthly) determined. As *K. pneumoniae* ST258 is mainly a healthcare-associated pathogen, choice of
42 study population might be different than for *E. coli* ST131, that is also a community-associated
43 pathogen. For determination of transmissibility genotyping should be performed, preferably with highly
44 discriminatory methods, and preferably with inclusion of multiple isolates per patient.[246] The duration
45 of exposure to persons colonized or infected with *E. coli* ST131/*K. pneumoniae* ST258 should be
46 determined to calculate the number of acquisitions per unit of time. Carriers could be studied in more
47 detail to determine the duration of carriage and the infection rate (and duration until infection),
48 preferably with inclusion of the effects of antibiotic use on these parameters. There should be a
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3 sufficient duration of follow-up, and isolates should be characterized to determine whether multiple
4 isolates represent persistent carriage or recolonization with different strains.
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8 In conclusion, current evidence does not allow the conclusion that *E. coli* ST131 and *K. pneumoniae*
9 ST258 are hyperendemic clones.
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DECLARATION OF INTERESTS

All authors have no competing interests to declare.

AUTHOR CONTRIBUTIONS

MJDD and MRH performed the systematic literature search, reviewed and summarized data from each selected article, performed the analyses, and wrote the first draft of the manuscript. MJDD, MRH, MJMB, and MCJB all revised the manuscript.

DATA SHARING STATEMENT

No additional data available

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Figure legends

Figure 1: Simple model

Figure 2: Flowchart of article selection

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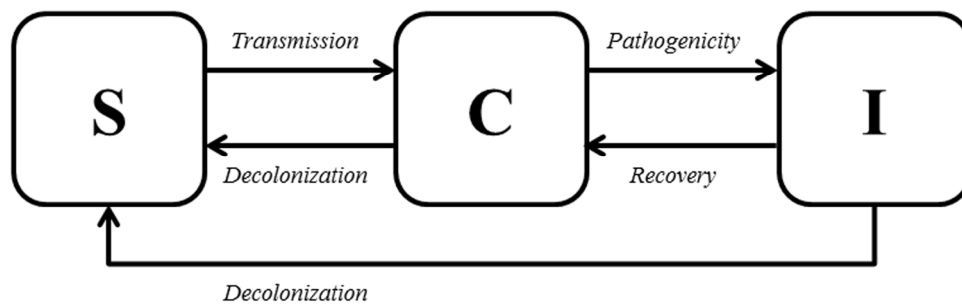


Figure 1: Simple model
209x67mm (300 x 300 DPI)

peer review only

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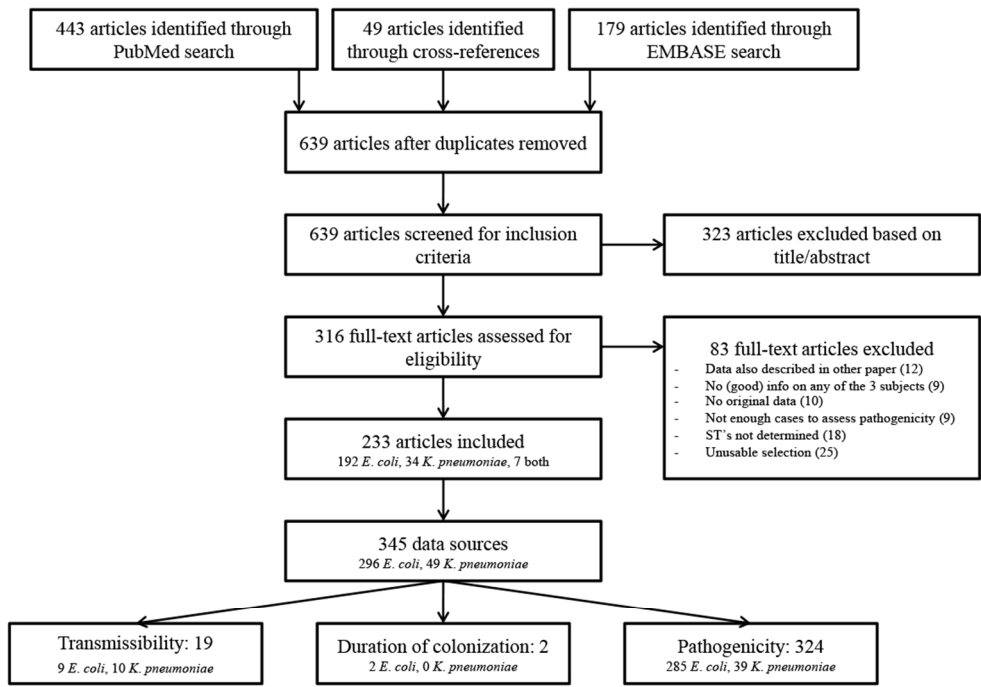


Figure 2: Flowchart of article selection
99x75mm (300 x 300 DPI)

Review only

Supplementary Material

Supplementary Text 1. Search string.

((k. pneumoniae[All Fields] AND (st258[All Fields] OR st 258[All Fields] OR (((“sequence”[All Fields] AND type[All Fields]) OR sequence type[All Fields]) AND 258[All Fields]))) OR (e. coli[All Fields] AND (st131[All Fields] OR st 131[All Fields] OR (((“sequence”[All Fields] AND type[All Fields]) OR sequence type[All Fields]) AND 131[All Fields])))

AND

(

(“transmission”[Subheading] OR transmissi*[All Fields] OR transmit*[All Fields] OR spread*[All Fields] OR disease outbreaks[All Fields] OR (disease[All Fields] AND outbreaks[All Fields]) OR outbreak*[All Fields] OR “gene transfer, horizontal”[MeSH Terms] OR (gene[All Fields] AND (“transfer”[All Fields] OR “transfers”[All Fields]) AND horizontal[All Fields]) OR horizontal gene transfer*[All Fields] OR conjugation*[All Fields] OR (“plasmids”[MeSH Terms] OR plasmid*[All Fields]) AND (“transfer”[All Fields] OR “transfers”[All Fields]))

OR

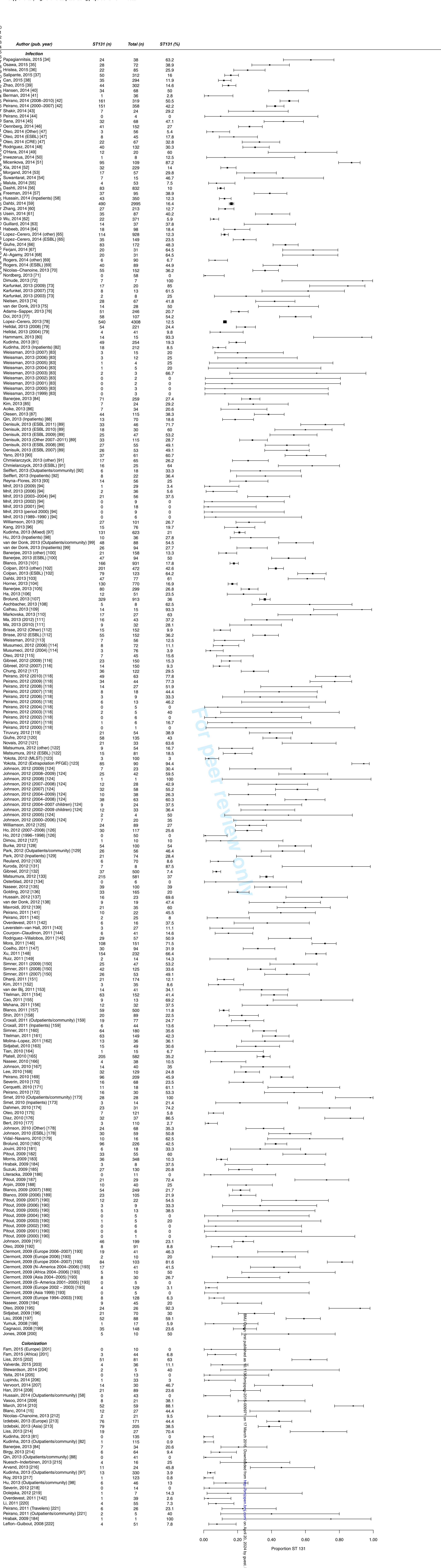
((colonis*[All Fields] OR coloniz*[All Fields]) AND (duration*[All Fields] OR (“period”[All Fields] OR “periods”[All Fields]) OR times[All Fields])) OR (infectious[All Fields] AND (“period”[All Fields] OR “periods”[All Fields] OR times[All Fields] OR interval[All Fields] OR intervals[All Fields])) OR (“generation”[All Fields] AND (times[All Fields] OR interval[All Fields] OR intervals[All Fields]))

OR

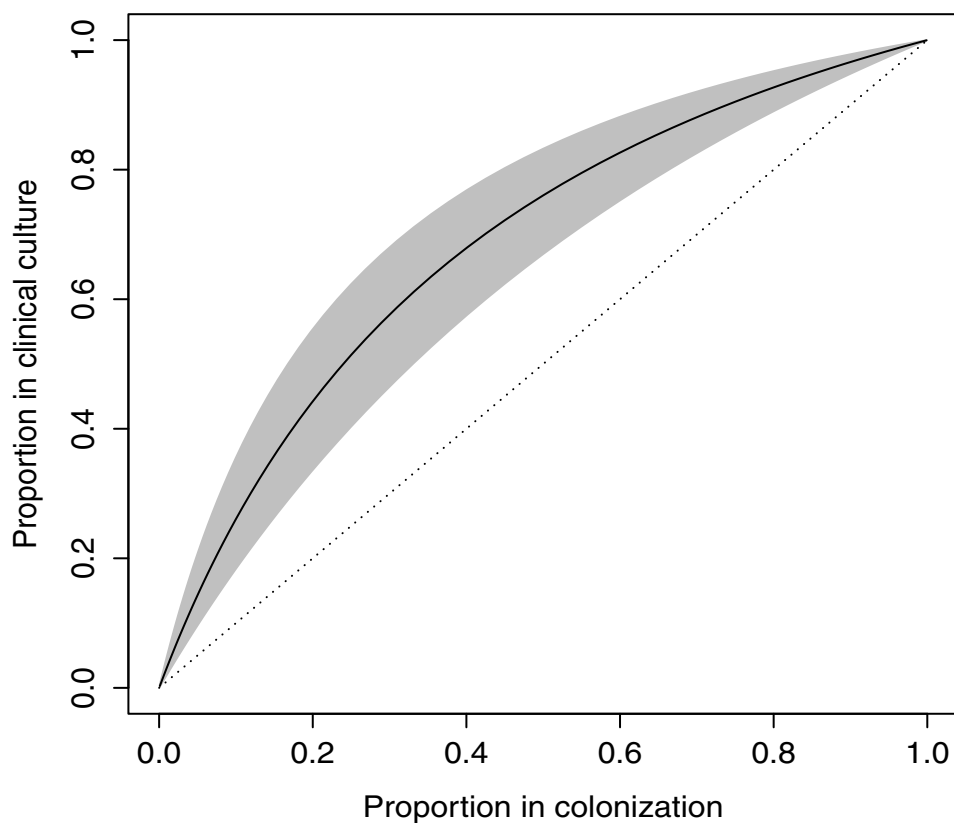
(“pathogenicity”[Subheading] OR pathogenic*[All Fields] OR virulen*[All Fields] OR “virulence”[MeSH Terms] OR infectiv*[All Fields] OR infectious[All Fields] OR infectious*[All Fields])

)

Supplementary Figure 1: Forest plot showing proportion ST131 in *E. coli*



Supplementary Figure 2: Differences in proportion ST131 in colonization versus infection as given by the metaregression model.



The confidence interval should be interpreted as the confidence interval for the mean effect and not the individual effect. If one would average the proportions *E. coli* ST131 found in 100 studies, the mean should fall within the limits of the confidence interval of this graph 95% of the times.

Supplementary Figure 3: Forest plot showing proportion ST258 in *K. pneumoniae*

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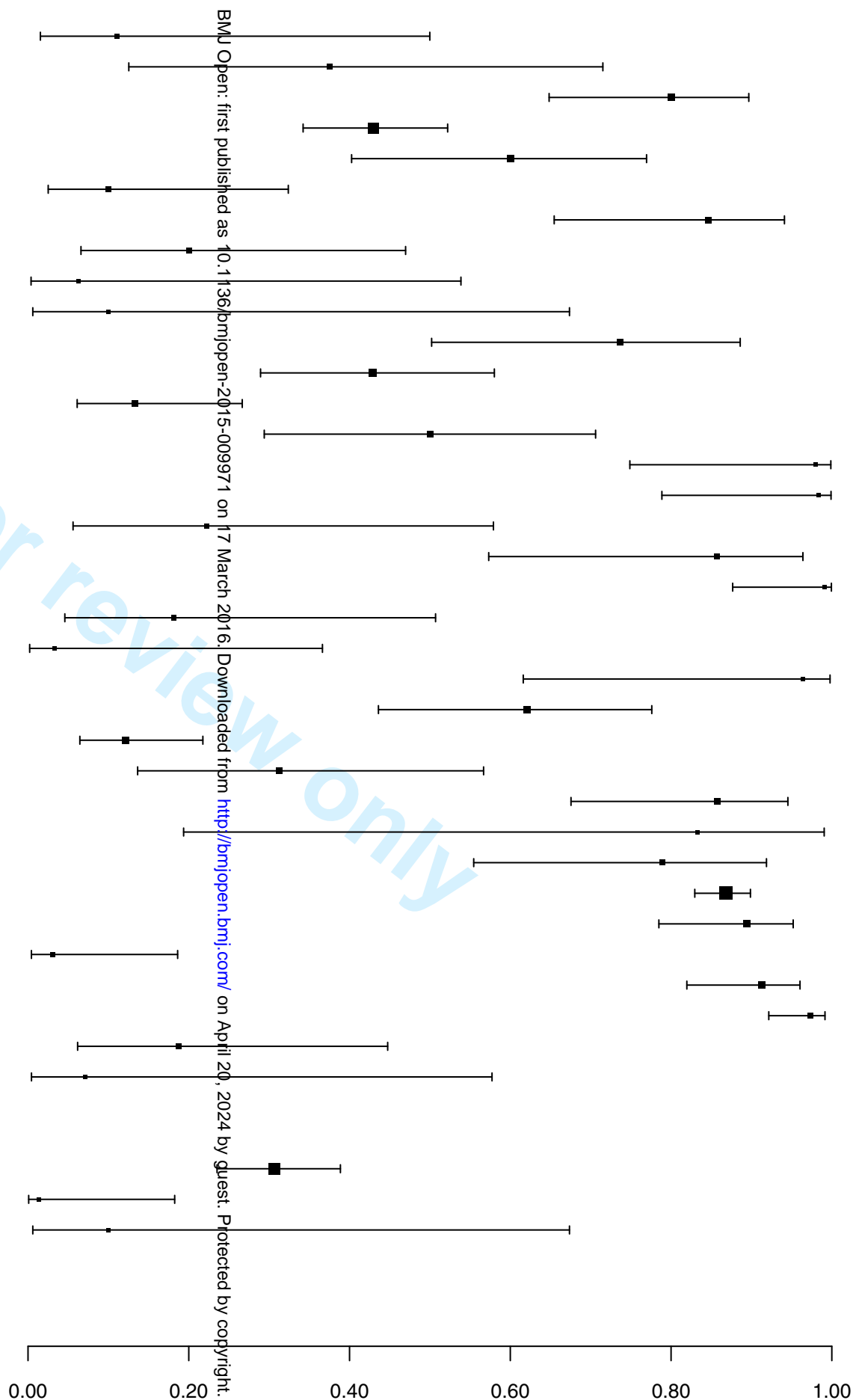
Author (pub. year) **ST258 (n)** **Total (n)** **ST258 (%)**

Infection

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|---|-----|-----|------|
| Peirano, 2014 [44] | 1 | 9 | 11.1 |
| Diago-Navarro, 2014 (Other) [223] | 3 | 8 | 37.5 |
| Diago-Navarro, 2014 (CRE) [223] | 32 | 40 | 80 |
| van Duin, 2014 [224] | 49 | 114 | 43 |
| Mezzatesta, 2014 [225] | 15 | 25 | 60 |
| Ageevets, 2014 [226] | 2 | 20 | 10 |
| Tijet, 2014 [227] | 22 | 26 | 84.6 |
| Hrabak, 2014 [228] | 3 | 15 | 20 |
| Nordberg, 2013 [71] | 0 | 7 | 0 |
| Lascols, 2013 (S-America) [229] | 0 | 4 | 0 |
| Lascols, 2013 (N-America) [229] | 14 | 19 | 73.7 |
| Lascols, 2013 (Europe) [229] | 18 | 42 | 42.9 |
| Lascols, 2013 (Asia/Australia) [229] | 6 | 45 | 13.3 |
| Castanheira, 2013 [230] | 10 | 20 | 50 |
| Rodriguez-Zulueta, 2013 [231] | 24 | 24 | 100 |
| Di Carlo, 2013 [232] | 30 | 30 | 100 |
| Aschbacher, 2013 [108] | 2 | 9 | 22.2 |
| Jain, 2013 [230] | 12 | 14 | 85.7 |
| Cejas, 2012 [234] | 57 | 57 | 100 |
| Warburg, 2012 [235] | 2 | 11 | 18.2 |
| Dimou, 2012 [127] | 0 | 14 | 0 |
| Morris, 2012 [27] | 13 | 13 | 100 |
| Richter, 2012 [236] | 18 | 29 | 62.1 |
| Adler, 2012 [237] | 9 | 74 | 12.2 |
| Osterblad, 2012 [134] | 5 | 16 | 31.3 |
| Mamma, 2012 [238] | 24 | 28 | 85.7 |
| Mataseje, 2011 (MLST) [239] | 2 | 2 | 100 |
| Mataseje, 2011 (Extrapolation PFGE) [239] | 15 | 19 | 78.9 |
| Giakkoupi, 2011 [240] | 322 | 371 | 86.8 |
| Andrade, 2011 [241] | 51 | 57 | 89.5 |
| Shin, 2011 [158] | 1 | 33 | 3 |
| Gomez, 2011 [242] | 63 | 69 | 91.3 |
| Baraniak, 2011 [243] | 111 | 114 | 97.4 |
| Cuzon, 2010 [244] | 3 | 16 | 18.8 |
| Hrabak, 2009 [184] | 0 | 6 | 0 |

Colonization

| | | | |
|----------------------|----|-----|------|
| van Duin, 2014 [224] | 42 | 137 | 30.7 |
| Dolejska, 2012 [219] | 0 | 36 | 0 |
| Hrabak, 2009 [184] | 0 | 4 | 0 |



MOOSE Checklist for Meta-analyses of Observational Studies

| Item No | Recommendation | Reported on Page No |
|---|--|---|
| Reporting of background should include | | |
| 1 | Problem definition | 3-4 |
| 2 | Hypothesis statement | 4 |
| 3 | Description of study outcome(s) | 4 |
| 4 | Type of exposure or intervention used | - |
| 5 | Type of study designs used | - |
| 6 | Study population | N/A |
| Reporting of search strategy should include | | |
| 7 | Qualifications of searchers (eg, librarians and investigators) | 4 |
| 8 | Search strategy, including time period included in the synthesis and key words | 4 + Supplementary Text 1 |
| 9 | Effort to include all available studies, including contact with authors | 4 |
| 10 | Databases and registries searched | 4 |
| 11 | Search software used, name and version, including special features used (eg, explosion) | N/A |
| 12 | Use of hand searching (eg, reference lists of obtained articles) | 4 |
| 13 | List of citations located and those excluded, including justification | - |
| 14 | Method of addressing articles published in languages other than English | 4 |
| 15 | Method of handling abstracts and unpublished studies | 4 |
| 16 | Description of any contact with authors | 4 |
| Reporting of methods should include | | |
| 17 | Description of relevance or appropriateness of studies assembled for assessing the hypothesis to be tested | 5 |
| 18 | Rationale for the selection and coding of data (eg, sound clinical principles or convenience) | - |
| 19 | Documentation of how data were classified and coded (eg, multiple raters, blinding and interrater reliability) | 5 |
| 20 | Assessment of confounding (eg, comparability of cases and controls in studies where appropriate) | N/A |
| 21 | Assessment of study quality, including blinding of quality assessors, stratification or regression on possible predictors of study results | 5 |
| 22 | Assessment of heterogeneity | 6 |
| 23 | Description of statistical methods (eg, complete description of fixed or random effects models, justification of whether the chosen models account for predictors of study results, dose-response models, or cumulative meta-analysis) in sufficient detail to be replicated | 6-7 |
| 24 | Provision of appropriate tables and graphics | 7 |
| Reporting of results should include | | |
| 25 | Graphic summarizing individual study estimates and overall estimate | 10 + Supplementary Figure 1 and 2 |
| 26 | Table giving descriptive information for each study included | 7-8 (Table 1) |
| 27 | Results of sensitivity testing (eg, subgroup analysis) | - |
| 28 | Indication of statistical uncertainty of findings | 10-14 |

| Item No | Recommendation | Reported on Page No |
|---|---|---------------------|
| Reporting of discussion should include | | |
| 29 | Quantitative assessment of bias (eg, publication bias) | 16 |
| 30 | Justification for exclusion (eg, exclusion of non-English language citations) | - |
| 31 | Assessment of quality of included studies | 16 |
| Reporting of conclusions should include | | |
| 32 | Consideration of alternative explanations for observed results | 16 |
| 33 | Generalization of the conclusions (ie, appropriate for the data presented and within the domain of the literature review) | N/A |
| 34 | Guidelines for future research | 16 |
| 35 | Disclosure of funding source | 17 |

From: Stroup DF, Berlin JA, Morton SC, et al, for the Meta-analysis Of Observational Studies in Epidemiology (MOOSE) Group. Meta-analysis of Observational Studies in Epidemiology. A Proposal for Reporting. *JAMA*. 2000;283(15):2008-2012. doi: 10.1001/jama.283.15.2008.

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