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Towards the genetic basis of cerebral venous thrombosis. The BEAST consortium: a study protocol

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Manuscripts

Towards the genetic basis of cerebral venous thrombosis.

The BEAST consortium: a study protocol

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For peer review only

Abstract

Introduction

Cerebral venous thrombosis (CVT) is a rare cerebrovascular condition accounting for less than 1% of all stroke cases and mainly affects young adults. Its genetic aetiology is not clearly elucidated.

Methods and analysis

To better understand the genetic basis of CVT, we have established an international biobank of CVT cases, BEAST (Biorepository to Establish the Aetiology of Sinovenous Thrombosis) which aims to recruit highly phenotyped cases initially of European descent and later from other populations. As an initial step, the consortium plans to undertake a genome-wide association analysis of CVT using the Illumina Infinium HumanCoreExome BeadChip to assess the association and impact of common and low frequency genetic variants on CVT risk by using a case-control study design. Furthermore, we aim to identify interactions of genetic variants with several environmental and comorbidity factors which will likely contribute to improve the understanding of the biological mechanisms underlying this complex disease.

Ethics and dissemination

BEAST meets all ethical standards set by local institutional review boards for each of the participating sites. The research outcomes will be published in international peer-reviewed open access journals with high impact and visibility. The results will be presented at both national and international meetings to highlight the contributions into improving the understanding of the mechanisms underlying this uncommon but important disease. This

international DNA repository will become an important resource for
investigators in the field of haematological and vascular disorders.

Keywords: cerebral venous thrombosis, ischemic stroke, genetics.

For peer review only

87 **Strengths and limitations of this study**

- 88 • This study is the largest collaboration on cerebral venous thrombosis
89 conducted to-date and has the advantage that it includes highly phenotyped
90 individuals.
- 91 • This is the first study that aims to perform a genome-wide association
92 analysis to assess the association and impact of common and low frequency
93 genetic variants on CVT risk.
- 94 • Identifying genetic variants associated with CVT risk will likely
95 contribute to improving our understanding of the biological mechanisms
96 underlying this disease and may lead to the discovery of novel therapeutic
97 targets.
- 98 • A potential limitation of the study is the difficulty of recruiting a large
99 number of cases due to the very low incidence and prevalence of this
100 condition. Major efforts are being made to include as many research centres
101 able to investigate this disease across Europe and beyond.

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Background

Cerebral venous thrombosis (CVT) is a rare cerebrovascular condition that accounts for <1% of all strokes [1], with an overall annual incidence estimated at 1.32 per 100 000 person-years [2]. CVT commonly affects young adults and is more prevalent in women, accounting for approximately 75% of the adult affected patients [3]. It can lead to mortality or severe morbidity but generally has a good clinical outcome particularly following early identification of less severe cases using advanced imaging [4].

The condition has two broadly different aetiological mechanisms: thrombosis of either cerebral veins with local effects caused by venous obstruction or of the dural sinuses which may cause intracranial hypertension. However, both processes usually occur simultaneously in most patients with thrombosis often present in more than one sinus [1, 5, 6]. Compared to arterial thrombosis, CVT is less frequent in terms of incidence and more variable in its clinical presentation and neuroimaging [7].

The condition has multiple risk factors (Table 1) and presents as a diagnostic and therapeutic challenge given the diversity of symptomatic presentation and variety of putative aetiological factors.

Neither the genetic component of CVT nor its heritability has been widely assessed mainly because of its low incidence and lack of large number of cases. However, there is reasonable evidence to support a genetic predisposition to CVT.

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3 127 A significant proportion of cases (approximately 13-25%) have no risk factors
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5 128 identified [7, 1] suggesting that undetermined genetic factors may at least
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7 129 partly account for this unexplained risk. Although it is a more rare condition, it
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10 130 does not usually cluster in families and there is no evidence to suggest a
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12 131 Mendelian inheritance.
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14 132 The genetic component of CVT has so far been assessed mainly by
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16 133 candidate gene studies. Approximately 22% of cases are known to have
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18 134 inherited thrombophilia [1], explaining why most candidate gene studies have
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21 135 assessed mutations associated with this condition such as factor V Leiden
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23 136 and prothrombin G20120A mutation [8]. Other mutations investigated by
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25 137 candidate gene studies have included the MTHFR C677T polymorphism (risk
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27 138 factor for hyperhomocysteinemia) [9], the plasminogen activator inhibitor-1
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29 139 (PAI-1) 4G/5G polymorphism (risk factor for thrombosis) [10], protein Z G79A
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31 140 polymorphism (involved in formation of blood clots) [11], and Janus Kinase-2
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33 141 V617F mutation (involved in making hematopoietic cells more sensitive to
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35 142 growth factors) [12]. However, the results from such individual candidate gene
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37 143 studies have been conflicting mainly because of lack of sufficient power due
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39 144 to the low number of cases. One large meta-analysis on 1183 CVT cases and
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41 145 5189 controls that pooled together results from 26 candidate gene studies
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43 146 highlighted significant associations of factor V Leiden G1691A mutation
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45 147 (OR=2.40; 95%CI=1.75-3.30; $P<10^{-5}$) and prothrombin G20120A mutation
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47 148 (OR=5.48; 95%CI=3.88-7.74; $P<10^{-5}$) in adult populations [13]. Interestingly,
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50 149 this study also found that genes involved in the clotting cascade provide a
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52 150 greater level of thrombosis risk in the cerebral venous circulation compared to
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54 151 its arterial circulation implying a larger genetic liability for CVT compared to
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152 sporadic ischaemic stroke [13]. Moreover, previous studies suggested a
153 stronger genetic component in younger stroke patients compared to older
154 stroke cases providing additional evidence to support a strong genetic
155 susceptibility to CVT [14-16].

156 Other thrombophilic factors involved in the coagulation pathway that are
157 associated with an increased risk of CVT are: protein C, protein S and
158 antithrombin deficiencies [17]. These prothrombotic factors are also
159 associated with an increased risk of deep vein thrombosis and pulmonary
160 embolism [18, 19] suggesting that all these venous thrombosis conditions may
161 have a common genetic component.

162 An important characteristic of the disease is the higher prevalence in women.
163 Large epidemiologic studies have confirmed that oral contraceptive (OC)
164 users, particularly users of third-generation OCs, are at increased risk of
165 venous thromboembolism [20-22]. Although contraceptive drugs are an
166 important factor in explaining this gender distribution, genetic factors
167 interacting with pharmacological or environmental determinants may also play
168 a significant role. In addition, very little is known about why the rate of CVT is
169 relatively low given widespread environmental exposures on a population
170 level (e.g. oral contraceptives, sinus infections etc.), suggesting that an
171 underlying background genetic risk may contribute to increasing the incidence
172 of CVT in those with common exposures.

173 To better understand the genetic basis of CVT, we have established an
174 international biorepository of highly characterized CVT cases, BEAST. The
175 BEAST Consortium includes CVT cases recruited from currently 10 centres
176 across seven countries in Europe, and one each from the USA and Mexico.

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178 Our study aims firstly to assess the association and impact of common and
179 low frequency genetic variants on CVT risk by using a case-control study
180 design and secondly, to identify interactions of genetic variants with several
181 environmental and comorbidity factors which collectively will likely contribute
182 to a better understanding of the biological mechanisms underlying this
183 complex disease.
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185 **Methods**

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187 **Study participants**

188 **Cases**

189 The ongoing international BEAST Consortium has to-date recruited DNA and
190 clinical data from 745 CVT patients (aged ≥ 18 years) from 12 research
191 centres located in the following countries: Belgium, Finland, Greece, Italy, the
192 Netherlands, Portugal, UK, USA and Mexico.

193 In all cases, CVT is confirmed by computed tomography (CT) or magnetic
194 resonance (MR) brain imaging and dedicated venography (CTA (computed
195 tomography angiography), MRA (magnetic resonance angiography), or
196 conventional angiogram). The inclusion criteria for cases are presented in
197 Table 2. Detailed phenotypic data is provided by each participating centre
198 (Table 3).

199 Due to differences in the genetic structure between the different populations
200 participating to the study [23], cases will be split for genetic association
201 analysis into 4 groups: West European, South European (Italian and
202 Portuguese), Finnish and Mexican cases, to obtain homogenous populations.
203 The US population is all European origin (non-Hispanic white). The results will
204 be presented per ancestral population and then subjected to a pooled meta-
205 analysis of all populations.

206 **Controls**

207 The inclusion criteria for the control population are presented in Table 2.
208 For the West European CVT cohort, BEAST study will use data from
209 previously genotyped control samples, namely 2,469 British controls from the

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3 210 1958 British Birth Cohort part of the Wellcome Trust Case Control Consortium
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5 211 (WTCCC) [24, 25].
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7 212 In addition, we have recruited healthy age- and sex-matched controls
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10 213 numbering 300 Italians for the South European cohort, 230 Finnish for the
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12 214 Finnish cohort, and 100 Mexicans for the Mexican cohort.
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14 215 **Ethical considerations**

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16 216 BEAST meets all ethical standards set by local institutional review boards for
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18 217 each of the participating sites. Written informed consent is obtained for all
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21 218 CVT patients and controls at each participating research centre. Patient
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23 219 confidentiality is protected and patient details are encrypted.
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25 220 **Biological samples**

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27 221 Peripheral blood samples from all participants are collected in EDTA-coated
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29 222 vials or sodium citrate vacutainers using venipuncture. Genomic DNA is
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31 223 extracted from peripheral blood using commercially available DNA isolation
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33 224 kits and stored at -80°C.
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36 225 **Genotyping**

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38 226 **Cases**

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41 227 DNA samples for all CVT cases will be processed on the HumanCoreExome
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43 228 BeadChip v1.0 (Illumina, Inc., San Diego, CA) using standard protocols at the
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45 229 Genetic and Molecular Epidemiology Laboratory, McMaster University,
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47 230 Canada.
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50 231 The Illumina Infinium HumanCoreExome BeadChip contains approximately
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52 232 240,000 exome focused markers, as well as approximately 240,000 common
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54 233 tagSNP markers. The functional exonic markers include non-synonymous
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234 variants, stop altering variants, splice coding variants and variants located in
235 promoter regions.

236 **Controls**

237 The WTCCC British control sample was genotyped using the HumanExome
238 BeadChip v1.0 (Illumina, Inc., San Diego, CA). The Illumina HumanExome
239 Beadchip includes 247,870 markers focused on protein-altering variants
240 selected from >12,000 exome and genome sequences representing multiple
241 ethnicities and complex traits.

242 The Finnish controls have already been genotyped using the Illumina Infinium
243 HumanCoreExome BeadChip, while other control samples (Italian and
244 Mexican) will be genotyped with the same array.

245 **Data analysis**

246 We will perform case-control analysis using logistic regression assuming an
247 additive genetic model to assess the association of the genotyped markers
248 with CVT risk. Rigorous quality control procedures will be applied according to
249 the recommended exome chip processing protocol [26].

250 Population stratification analysis and testing for relatedness will be conducted,
251 and outliers will be removed from analysis. To investigate residual population
252 stratification, genomic inflation factors will be calculated. Quantile-Quantile
253 plots will be performed to assess the quality of the association results. Meta-
254 analysis of the association results for the participating cohorts will be
255 performed using a fixed effect model and inverse variance method of
256 weighted beta coefficients and standard errors from each study. Furthermore,
257 the putative positive findings will be confirmed by replication in independent

258 cohorts to exclude spurious associations. We are currently collaborating with
259 additional centers to recruit a replication cohort.

260 We will also assess the interactions of significant polymorphisms with
261 environmental and comorbidity risk factors, severity of clinical presentation
262 and outcome. We will perform sex stratified analysis, adjusting for age, and
263 conduct several comparisons (e.g. between OC users and female non-users,
264 cases with ischemic stroke (IS) and cases without IS, cases with factor V
265 Leiden mutation and cases without the mutation), to highlight the influence of
266 genetic factors between different patient groups.

267 **Sample size and power**

268 Power calculations were performed using the genetic power calculator CaTS
269 [27]. With the current BEAST repository of 745 CVT cases and a total of
270 approximately 3000 controls, the study has 80% power to detect a relative risk
271 (RR) of 1.6 at a significant P-value < 10⁻⁷ with a population allele frequency of
272 30%. However, the likely genetic liability of this condition [13] suggests that
273 this power calculation may be conservative.

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Discussion

The BEAST consortium is the largest DNA repository of highly characterized CVT cases established to-date. The study aims to improve our understanding of the genetics of CVT by firstly investigating the influence of common and low frequency genetic variants on CVT risk and, secondly, by identifying interactions of genetic variants with environmental and comorbidity risk factors. Comprehensive investigation into the genetics of CVT holds the potential to allow at-risk groups to be identified, as well as disease severity and prognosis to be determined.

In the past several years, the genome-wide association (GWA) approach facilitated by technological developments of high density genome-wide genotyping arrays has been applied for many complex diseases and has been successful in identifying thousands of novel common genetic variants associated with disease risk [28]. However, for ischemic stroke GWA has not been as successful with few genetic variants identified [29-34] likely due to the paucity of power in detecting common genetic variants with small effects which require very large cohorts [35]. Another likely reason for the limited positive results is the clinical heterogeneity of ischemic stroke which is known to be influenced by a heterogeneous collection of disease pathways.

Considering that CVT is a rare form of stroke affecting a much younger population and a more clinically homogenous form of stroke, we hypothesize it is likely to be influenced by rare genetic variants with potentially larger effects compared to sporadic stroke.

The use of the Illumina Infinium HumanCoreExome BeadChip, which includes a significant number of exonic markers, will increase the probability of

identifying functional genetic markers with potential large effects. The exome contains a large amount of rare protein-altering variants (missense, nonsense single-base substitutions, insertion–deletions) that are predicted to have functional roles and/or to be deleterious [36, 37] which probably account for a considerable amount of the disease-causing mutations [38]. Thus, although the initial sample size of our CVT cohort is small due to the low prevalence/incidence of this disease, this highly phenotyped clinical and DNA repository of CVT cases has the potential of identifying novel coding functional variants associated with CVT with potential large effects. Increasing the sample size with more CVT cases and replicating any initial findings is clearly necessary and is being directly addressed by the BEAST consortium. Currently, the main limitation of our study is the insufficient power to detect genetic variants with small effects using the genome wide approach due to the sample size of our study but continuous efforts are being made to enhance enrollment. An important advantage of our study is the thorough phenotyping using stringent inclusion and exclusion criteria and collection of large amount of clinical variables enabling not just genetic analysis but also allowing differences of associated risk factors or outcomes to be evaluated.

Establishing a large DNA repository of CVT cases worldwide will help elucidate its genetics leading to an improvement in our understanding of the pathophysiological mechanisms underlying this disease, identifying groups at risk and potentially facilitating the identification of novel therapeutic targets.

List of abbreviations

CVT: cerebral venous thrombosis

BEAST: biorepository to establish the aetiology of sinovenous thrombosis

OR: odds ratio

CI: confidence interval

P: P-value

OC: oral contraceptive

CT: computed tomography

MR: magnetic resonance

CTA: computed tomography angiography

MRA: magnetic resonance angiography

WTCCC: Wellcome Trust Case Control Consortium

IS: ischemic stroke

RR: relative risk

GWA: genome-wide association

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

IC was involved in study design, recruitment, contributed to developing the final protocol and drafted the manuscript.

TM was involved in study design, recruitment, contributed to revising the manuscript.

MSK, AH, RD were involved in lab analysis and management of samples.

SH, EH, TMM, JP, SMZ, MCB, SMP, PB, EP, PC, MC, PC, AT, RS, GF, DC were involved in recruitment and lab analysis.

MM, EG, KS, AA, SD, GP, JMF, VT, AP, JJM, IM, JMC, TT are senior investigators who contributed with recruitment and sample collection.

PS conceived the idea and is the principal investigator of BEAST who developed the final protocol and drafted the manuscript.

All authors contributed intellectually to the protocol and draft versions of the manuscript and approved the final manuscript.

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369 **Table 1: Risk factors associated with CVT [3, 7]**

Genetic prothrombotic conditions
<ul style="list-style-type: none"> • Antithrombin deficiency • Protein C and S deficiency • Factor V Leiden mutation • Prothrombin G20120A mutation • Hyperhomocystinemia caused by MTHFR C677T polymorphism
Acquired prothrombotic states
<ul style="list-style-type: none"> • Nephrotic syndrome • Antiphospholipid antibodies • Pregnancy • Puerperium
Systemic inflammatory disease
<ul style="list-style-type: none"> • Systemic lupus erythematosus • Inflammatory bowel disease • Wegener's granulomatosis • Behcet's syndrome • Sarcoidosis • Thyroid disease
Systemic infectious disease
<ul style="list-style-type: none"> • Bacterial: Septicemia, endocarditis, typhoid, tuberculosis • Viral: Measles, hepatitis, encephalitis, herpes, HIV, cytomegalovirus • Parasitic: Malaria, trichinosis • Fungal: Aspergillosis

Head and neck infections

- Extradural: Mastoiditis, sinusitis, otitis, facial cellulitis, osteomyelitis, tonsillitis
- Intradural/parenchymal: Abscess, empyema, meningitis

Hematologic disorders

- Polycythemia (primary and secondary)
- Thrombocythemia
- Anemia (including paroxysmal nocturnal hemoglobinuria)
- Sickle cell disease

Drugs

- Oral contraceptives
- L-asparaginase therapy
- Hormone supplement therapy

Systemic malignancies

- Visceral carcinomas
- Lymphomas
- Leukemia
- Myeloproliferative disease

Central nervous system tumors

- Meningioma, metastases, carcinomatous infiltration

Gastro-intestinal disease

- Ulcerative colitis, Crohn disease

Cardiac disease

- Congenital heart disease, cardiac insufficiency, pacemaker

Mechanical causes and trauma

- Head injury, injury to sinuses or jugular vein, neurosurgical procedures, jugular vein catheterization, lumbar puncture.

Others

- Cerebral infarcts and hemorrhage
- Arteriovenous malformations
- Dural arteriovenous malformation
- Arachnoid cyst
- Internal jugular compression
- Severe exfoliative dermatitis
- Severe dehydration of any cause

Idiopathic

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383 **Table 2: Inclusion criteria for CVT cases and controls**

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Inclusion criteria for CVT cases	Inclusion criteria for controls
Age ≥ 18 years at the time of enrolment	Age ≥ 18 years at the time of enrolment
CVT determined using: - computed tomography (CT) or magnetic resonance (MR) brain imaging - dedicated venography (CTA, MRA, or conventional angiogram)	No previous history of CVT/stroke or any other thrombotic or chronic condition
Patient or relative provision of informed written consent	Provision of informed written consent

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Table 3: Phenotypic data provided by each participating centre

Demographic data (age, sex, ethnicity).
Date of CVT diagnosis.
Clinical presentation and symptoms.
Neuroimaging information including sinus/vein involved and extent of oedema, haemorrhage.
Family history of thrombotic or cerebrovascular event.
Thrombophilia screening information: <ul style="list-style-type: none"> - protein C and S deficiencies, - genetic polymorphisms (factor V G1691A mutation, prothrombin G20210A mutation), - antiphospholipid antibodies, - Lupus anticoagulant, - hyperhomocysteinemia.
Risk factors and associated conditions: <ul style="list-style-type: none"> - other venous thrombosis, - transient risk factors, - pregnancy, - puerperium, - systemic or brain infections, - systemic inflammatory disease, - hematologic disorders, - drugs (oral contraceptives, L-asparaginase therapy, hormone replacement therapy),

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<ul style="list-style-type: none">- malignancies,- bowel disease,- cardiac disease,- mechanical causes and trauma (head injury, surgery etc),- severe dehydration of any cause.
Modified Rankin Scale at last follow up.

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Manuscripts

Towards the genetic basis of cerebral venous thrombosis.

The BEAST consortium: a study protocol

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Abstract

Introduction

Cerebral venous thrombosis (CVT) is a rare cerebrovascular condition accounting for less than 1% of all stroke cases and mainly affects young adults. Its genetic aetiology is not clearly elucidated.

Methods and analysis

To better understand the genetic basis of CVT, we have established an international biobank of CVT cases, BEAST (Biorepository to Establish the Aetiology of Sinovenous Thrombosis) which aims to recruit highly phenotyped cases initially of European descent and later from other populations. To date we have recruited 745 CVT cases from 12 research centres. As an initial step, the consortium plans to undertake a genome-wide association analysis of CVT using the Illumina Infinium HumanCoreExome BeadChip to assess the association and impact of common and low frequency genetic variants on CVT risk by using a case-control study design. Replication will be performed to confirm putative findings. Furthermore, we aim to identify interactions of genetic variants with several environmental and comorbidity factors which will likely contribute to improve the understanding of the biological mechanisms underlying this complex disease.

Ethics and dissemination

BEAST meets all ethical standards set by local institutional review boards for each of the participating sites. The research outcomes will be published in international peer-reviewed open access journals with high impact and visibility. The results will be presented at both national and international

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3 87 meetings to highlight the contributions into improving the understanding of the
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5 88 mechanisms underlying this uncommon but important disease. This
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8 89 international DNA repository will become an important resource for
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10 90 investigators in the field of haematological and vascular disorders.
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14 92 **Keywords:** cerebral venous thrombosis, ischemic stroke, genetics.
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94 **Strengths and limitations of this study**

- 95 • This study is the largest collaboration on cerebral venous thrombosis
96 conducted to-date and has the advantage that it includes highly phenotyped
97 individuals.
- 98 • This is the first study that aims to perform a genome-wide association
99 analysis to assess the association and impact of common and low frequency
100 genetic variants on CVT risk.
- 101 • Identifying genetic variants associated with CVT risk will likely
102 contribute to improving our understanding of the biological mechanisms
103 underlying this disease and may lead to the discovery of novel therapeutic
104 targets.
- 105 • A potential limitation of the study is the difficulty of recruiting a large
106 number of cases due to the very low incidence and prevalence of this
107 condition. Major efforts are being made to include as many research centres
108 able to investigate this disease across Europe and beyond.

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Background

Cerebral venous thrombosis (CVT) is a rare cerebrovascular condition that accounts for <1% of all strokes [1], with an overall annual incidence estimated at 1.32 per 100 000 person-years [2]. CVT commonly affects young adults and is more prevalent in women, accounting for approximately 75% of the adult affected patients [3]. It can lead to mortality or severe morbidity but generally has a good clinical outcome particularly following early identification of less severe cases using advanced imaging [4].

The condition has two broadly different aetiological mechanisms: thrombosis of cerebral veins with local effects caused by venous obstruction and thrombosis of the dural sinuses which may cause intracranial hypertension. However, both processes usually occur simultaneously in most patients with thrombosis often present in more than one sinus [1, 5, 6]. Compared to arterial thrombosis, CVT is less frequent in terms of incidence and more variable in its clinical presentation and neuroimaging [7].

The condition has multiple risk factors (Table 1) and presents as a diagnostic and therapeutic challenge given the diversity of symptomatic presentation and variety of putative aetiological factors.

CVT is a rare manifestation of venous thromboembolism (VTE). Compared to CVT, traditional venous thrombosis manifestations such as deep vein thrombosis (DVT) and pulmonary embolism (PE) are much more common and are diseases of aging [8].

There is a lack of data evaluating the risk of CVT recurrence, as well as whether the risk factors for CVT are similar to those for DVT and PE. One

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3 135 recent study has found that after a 10 year follow up on patients with DVT and
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5 136 PE only 5.2% developed CVT [9], while for CVT patients only 5.8% developed
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7 137 later on DVT/PE [10]. Therefore, no significant link between CVT and DVT/PE
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10 138 has been found so far.
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12 139 Interestingly, one study has found no differences in thrombophilia markers
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14 140 between CVT and DVT/PE patients, however the frequency of other risk
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16 141 factors, such as oral contraceptive use, pregnancy or puerperium was
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18 142 significantly different [11]. CVT showed to be more frequent in women,
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20 143 secondary to hormonal factors and less often secondary to trauma,
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22 144 immobilisation or surgery compared to DVT/PE patients [11].
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24 145 Therefore, it is not clear why CVT occurs less often than DVT/PE, and age
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26 146 dependent differences in the risk profile between CVT and DVT/ PE, as well
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28 147 as genetic factors may play a role in the pathogenesis. Thus, due to its rarity
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30 148 and risk profile, CVT represents a particular form of venous
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32 149 thromboembolism.
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36 150 Neither the genetic component of CVT nor its heritability has been widely
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38 151 assessed mainly because of its low incidence and lack of large number of
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40 152 cases. However, there is reasonable evidence to support a genetic
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42 153 predisposition to CVT.
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44 154 A significant proportion of cases (approximately 13-25%) have no risk factors
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46 155 identified [7, 1] suggesting that undetermined genetic factors may at least
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48 156 partly account for this unexplained risk. Although it is a more rare condition, it
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50 157 does not usually cluster in families and there is no evidence to suggest a
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52 158 Mendelian inheritance.
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3 159 The genetic component of CVT has so far been assessed mainly by
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5 160 candidate gene studies. As CVT is known to be associated with inherited
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7 161 thrombophilia [1], most candidate gene studies have assessed mutations
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10 162 associated with this condition such as factor V Leiden and prothrombin
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12 163 G20120A mutation [12]. Other mutations investigated by candidate gene
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14 164 studies have included the MTHFR C677T polymorphism (risk factor for
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16 165 hyperhomocysteinemia) [13], the plasminogen activator inhibitor-1 (PAI-1)
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18 166 4G/5G polymorphism (risk factor for thrombosis) [14], protein Z G79A
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21 167 polymorphism (involved in formation of blood clots) [15], and Janus Kinase-2
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23 168 V617F mutation (involved in making hematopoietic cells more sensitive to
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25 169 growth factors) [16]. However, the results from such individual candidate gene
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27 170 studies have been conflicting mainly because of lack of sufficient power due
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29 171 to the low number of cases. One large meta-analysis on 1183 CVT cases and
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31 172 5189 controls that pooled together results from 26 candidate gene studies
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33 173 highlighted significant associations of factor V Leiden G1691A mutation
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35 174 (OR=2.40; 95%CI=1.75-3.30; $P<10^{-5}$) and prothrombin G20120A mutation
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37 175 (OR=5.48; 95%CI=3.88-7.74; $P<10^{-5}$) in adult populations [17]. Interestingly,
38
39 176 this study also found that genes involved in the clotting cascade provide a
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41 177 greater level of thrombosis risk in the cerebral venous circulation compared to
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43 178 its arterial circulation implying a larger genetic liability for CVT compared to
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45 179 sporadic ischaemic stroke [17]. Moreover, previous studies suggested a
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47 180 stronger genetic component in younger stroke patients compared to older
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49 181 stroke cases providing additional evidence to support a strong genetic
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51 182 susceptibility to CVT [18-20].
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3 183 Other thrombophilic factors involved in the coagulation pathway that are
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5 184 associated with an increased risk of CVT are: protein C, protein S and
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7 185 antithrombin deficiencies [21]. These prothrombotic factors are also
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10 186 associated with an increased risk of deep vein thrombosis and pulmonary
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12 187 embolism [22, 23] suggesting that all these venous thrombosis conditions may
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14 188 have a common genetic component.
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16 189 An important characteristic of the disease is the higher prevalence in women.
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18 190 Large epidemiologic studies have confirmed that oral contraceptive (OC)
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21 191 users, particularly users of third-generation OCs, are at increased risk of
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23 192 venous thromboembolism [24-26]. Although contraceptive drugs are an
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25 193 important factor in explaining this gender distribution, genetic factors
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27 194 interacting with pharmacological or environmental determinants may also play
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29 195 a significant role. In addition, very little is known about why the rate of CVT is
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31 196 relatively low given widespread environmental exposures on a population
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33 197 level (e.g. oral contraceptives, sinus infections etc.), suggesting that an
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35 198 underlying background genetic risk may contribute to increasing the incidence
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37 199 of CVT in those with common exposures.
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39 200 To better understand the genetic basis of CVT, we have established an
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41 201 international biorepository of highly characterized CVT cases, BEAST. The
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43 202 BEAST Consortium includes CVT cases recruited from currently 10 centres
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45 203 across seven countries in Europe, and one each from the USA and Mexico.
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51 205 Our study aims firstly to assess the association and impact of common and
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53 206 low frequency genetic variants on CVT risk by using a case-control study
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55 207 design and secondly, to identify interactions of genetic variants with several
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208 environmental and comorbidity factors which collectively will likely contribute
209 to a better understanding of the biological mechanisms underlying this
210 complex disease.

211

For peer review only

212 **Methods**

213

214 **Study participants**

215 **Cases**

216 The ongoing international BEAST Consortium has to-date recruited DNA and
217 clinical data from 745 CVT patients (aged ≥ 18 years) from 12 research
218 centres located in the following countries: Belgium, Finland, Greece, Italy, the
219 Netherlands, Portugal, UK, USA and Mexico.

220 In all cases, CVT is confirmed by computed tomography (CT) or magnetic
221 resonance (MR) brain imaging and dedicated venography (CTA (computed
222 tomography angiography), MRA (magnetic resonance angiography), or
223 conventional angiogram). The inclusion criteria for cases are presented in
224 Table 2. Detailed phenotypic data is provided by each participating centre
225 (Table 3).

226 Due to differences in the genetic structure between the different populations
227 participating to the study [27], cases will be split for genetic association
228 analysis into 4 groups: West European, South European (Italian and
229 Portuguese), Finnish and Mexican cases, to obtain homogenous populations.
230 The US population is all European origin (non-Hispanic white). The results will
231 be presented per ancestral population and then subjected to a pooled meta-
232 analysis of all populations.

233 **Controls**

234 The inclusion criteria for the control population are presented in Table 2.
235 For the West European CVT cohort, BEAST study will use data from
236 previously genotyped control samples, namely 2,469 British controls from the

1958 British Birth Cohort part of the Wellcome Trust Case Control Consortium
(WTCCC) [28, 29].

In addition, we have recruited healthy age- and sex-matched controls
numbering 300 Italians for the South European cohort, 230 Finnish for the
Finnish cohort, and 100 Mexicans for the Mexican cohort.

Ethical considerations

BEAST meets all ethical standards set by local institutional review boards for
each of the participating sites. Written informed consent is obtained for all
CVT patients and controls at each participating research centre. Patient
confidentiality is protected and patient details are encrypted.

Biological samples

Peripheral blood samples from all participants are collected in EDTA-coated
vials or sodium citrate vacutainers using venipuncture. Genomic DNA is
extracted from peripheral blood using commercially available DNA isolation
kits and stored at -80°C.

Genotyping

Cases

DNA samples for all CVT cases will be processed on the HumanCoreExome
BeadChip v1.0 (Illumina, Inc., San Diego, CA) using standard protocols at the
Genetic and Molecular Epidemiology Laboratory, McMaster University,
Canada.

The Illumina Infinium HumanCoreExome BeadChip contains approximately
240,000 exome focused markers, as well as approximately 240,000 common
tagSNP markers. The functional exonic markers include non-synonymous

261 variants, stop altering variants, splice coding variants and variants located in
262 promoter regions.

263 **Controls**

264 The WTCCC British control sample was genotyped using the HumanExome
265 BeadChip v1.0 (Illumina, Inc., San Diego, CA). The Illumina HumanExome
266 Beadchip includes 247,870 markers focused on protein-altering variants
267 selected from >12,000 exome and genome sequences representing multiple
268 ethnicities and complex traits.

269 The Finnish controls have already been genotyped using the Illumina Infinium
270 HumanCoreExome BeadChip, while other control samples (Italian and
271 Mexican) will be genotyped with the same array.

272 **Data analysis**

273 We will perform case-control analysis using logistic regression assuming an
274 additive genetic model to assess the association of the genotyped markers
275 with CVT risk. Rigorous quality control procedures will be applied according to
276 the recommended exome chip processing protocol [30].
277 Population stratification analysis and testing for relatedness will be conducted,
278 and outliers will be removed from analysis. To investigate residual population
279 stratification, genomic inflation factors will be calculated. Quantile-Quantile
280 plots will be performed to assess the quality of the association results. Meta-
281 analysis of the association results for the participating cohorts will be
282 performed using a fixed effect model and inverse variance method of
283 weighted beta coefficients and standard errors from each study. Furthermore,
284 the putative positive findings will be confirmed by replication in independent

285 samples to exclude spurious associations. We are currently collaborating with
286 additional centers to recruit a replication sample.

287 We will conduct a reciprocal look up in genome-wide association studies
288 (GWAS) of other venous thrombosis conditions (DVT/PE) and potentially
289 pooling of analyses from these studies if available.

290 We will undertake a subgroup analysis of CVT cases with and without history
291 of other venous thrombosis conditions (DVT/PE). We will also undertake a
292 subgroup analysis of CVT cases with and without inherited thrombophilia.

293 We will assess the interactions of significant polymorphisms with
294 environmental and comorbidity risk factors, severity of clinical presentation
295 and outcome.

296 The power for gene-environment interactions depends on the magnitude of
297 the environmental exposure frequency. Therefore, the power is higher if the
298 exposure frequency is low and is lower if the exposure is high [31].

299 We will perform sex stratified analysis, adjusting for age, and conduct several
300 comparisons (e.g. between OC users and female non-users, cases with factor
301 V Leiden mutation and cases without the mutation), to highlight the influence
302 of genetic factors between different patient groups. We will also stratify the
303 data by ischemic stroke (IS) status (cases with IS versus cases without IS).

304 **Sample size and power**

305 Power calculations were performed using the genetic power calculator CaTS
306 [32]. With the current BEAST repository of 745 CVT cases and a total of
307 approximately 3000 controls, the study has 80% power to detect a relative risk
308 (RR) of 1.6 at a significant P-value $< 10^{-7}$ with a population allele frequency of

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309 30%. However, the likely genetic liability of this condition [17] suggests that
310 this power calculation may be conservative.
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For peer review only

Discussion

The BEAST consortium is the largest DNA repository of highly characterized CVT cases established to-date. The study aims to improve our understanding of the genetics of CVT by firstly investigating the influence of common and low frequency genetic variants on CVT risk and, secondly, by identifying interactions of genetic variants with environmental and comorbidity risk factors. Comprehensive investigation into the genetics of CVT holds the potential to allow at-risk groups to be identified, as well as disease severity and prognosis to be determined.

In the past several years, the genome-wide association (GWA) approach facilitated by technological developments of high density genome-wide genotyping arrays has been applied for many complex diseases and has been successful in identifying thousands of novel common genetic variants associated with disease risk [33]. However, for ischemic stroke GWA has not been as successful with few genetic variants identified [34-39] likely due to the paucity of power in detecting common genetic variants with small effects which require very large cohorts [40]. Another likely reason for the limited positive results is the clinical heterogeneity of ischemic stroke which is known to be influenced by a heterogeneous collection of disease pathways.

Considering that CVT is a rare form of stroke affecting a much younger population and a more clinically homogenous form of stroke, we hypothesize it is likely to be influenced by rare genetic variants with potentially larger effects compared to sporadic stroke.

The use of the Illumina Infinium HumanCoreExome BeadChip, which includes a significant number of exonic markers, will increase the probability of

identifying functional genetic markers with potential large effects. The exome contains a large amount of rare protein-altering variants (missense, nonsense single-base substitutions, insertion–deletions) that are predicted to have functional roles and/or to be deleterious [41, 42] which probably account for a considerable amount of the disease-causing mutations [43]. Thus, although the initial sample size of our CVT cohort is small due to the low prevalence/incidence of this disease, this highly phenotyped clinical and DNA repository of CVT cases has the potential of identifying novel coding functional variants associated with CVT with potential large effects. Increasing the sample size with more CVT cases and replicating any initial findings is clearly necessary and is being directly addressed by the BEAST consortium. Currently, the main limitation of our study is the insufficient power to detect genetic variants with small effects using the genome wide approach due to the sample size of our study but continuous efforts are being made to enhance enrollment. An important advantage of our study is the thorough phenotyping using stringent inclusion and exclusion criteria and collection of large amount of clinical variables enabling not just genetic analysis but also allowing differences of associated risk factors or outcomes to be evaluated.

Establishing a large DNA repository of CVT cases worldwide will help elucidate its genetics leading to an improvement in our understanding of the pathophysiological mechanisms underlying this disease, identifying groups at risk and potentially facilitating the identification of novel therapeutic targets.

List of abbreviations

CVT: cerebral venous thrombosis

BEAST: biorepository to establish the aetiology of sinovenous thrombosis

OR: odds ratio

CI: confidence interval

P: P-value

OC: oral contraceptive

CT: computed tomography

MR: magnetic resonance

CTA: computed tomography angiography

MRA: magnetic resonance angiography

WTCCC: Wellcome Trust Case Control Consortium

IS: ischemic stroke

RR: relative risk

GWA: genome-wide association

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

IC was involved in study design, recruitment, contributed to developing the final protocol and drafted the manuscript.

TM was involved in study design, recruitment, contributed to developing the final protocol and revising the manuscript.

MSK, TP, AH, RD were involved in lab analysis and management of samples.

SH, EH, TMM, JP, SMZ, MCB, SMP, PB, EP, PC, MC, PC, AT, RS, GF, DC were involved in recruitment and lab analysis.

MM, EG, MZ, KS, AA, SD, GP, JMF, VT, AP, JJM, IM, JMC, TT are senior investigators who contributed with recruitment and sample collection.

PS conceived the idea and is the principal investigator of BEAST who developed the final protocol and drafted the manuscript.

All authors contributed intellectually to the protocol and draft versions of the manuscript and approved the final manuscript.

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406 **Table 1: Risk factors associated with CVT [3, 7]****Genetic prothrombotic conditions**

- Antithrombin deficiency
- Protein C and S deficiency
- Factor V Leiden mutation
- Prothrombin G20120A mutation
- Hyperhomocystinemia caused by MTHFR C677T polymorphism

Acquired prothrombotic states

- Nephrotic syndrome
- Antiphospholipid antibodies
- Pregnancy
- Puerperium

Systemic inflammatory disease

- Systemic lupus erythematosus
- Inflammatory bowel disease
- Wegener's granulomatosis
- Behcet's syndrome
- Sarcoidosis
- Thyroid disease

Systemic infectious disease

- Bacterial: Septicemia, endocarditis, typhoid, tuberculosis
- Viral: Measles, hepatitis, encephalitis, herpes, HIV, cytomegalovirus
- Parasitic: Malaria, trichinosis
- Fungal: Aspergillosis

Head and neck infections

- Extradural: Mastoiditis, sinusitis, otitis, facial cellulitis, osteomyelitis, tonsillitis
- Intradural/parenchymal: Abscess, empyema, meningitis

Hematologic disorders

- Polycythemia (primary and secondary)
- Thrombocythemia
- Anemia (including paroxysmal nocturnal hemoglobinuria)
- Sickle cell disease

Drugs

- Oral contraceptives
- L-asparaginase therapy
- Hormone supplement therapy

Systemic malignancies

- Visceral carcinomas
- Lymphomas
- Leukemia
- Myeloproliferative disease

Central nervous system tumors

- Meningioma, metastases, carcinomatous infiltration

Gastro-intestinal disease

- Ulcerative colitis, Crohn disease

Cardiac disease

- Congenital heart disease, cardiac insufficiency

Mechanical causes and trauma

- Head injury, injury to sinuses or jugular vein, neurosurgical procedures, jugular vein catheterization, lumbar puncture.

Others

- Cerebral infarcts and hemorrhage
- Arteriovenous malformations
- Dural arteriovenous malformation
- Arachnoid cyst
- Internal jugular compression
- Severe exfoliative dermatitis
- Severe dehydration of any cause

Idiopathic

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Table 2: Inclusion criteria for CVT cases and controls

Inclusion criteria for CVT cases	Inclusion criteria for controls
Age ≥ 18 years at the time of enrolment	Age ≥ 18 years at the time of enrolment
CVT determined using: - computed tomography (CT) or magnetic resonance (MR) brain imaging - dedicated venography (CTA, MRA, or conventional angiogram)	No previous history of CVT/stroke or any other thrombotic or chronic condition
Patient or relative provision of informed written consent	Provision of informed written consent

Table 3: Phenotypic data provided by each participating centre

Demographic data (age, sex, ethnicity).
Date of CVT diagnosis.
Clinical presentation and symptoms.
Neuroimaging information including sinus/vein involved and extent of oedema, haemorrhage.
Family history of thrombotic or cerebrovascular event.
Thrombophilia screening information: <ul style="list-style-type: none"> - protein C and S deficiencies, - genetic polymorphisms (factor V G1691A mutation, prothrombin G20210A mutation), - antiphospholipid antibodies, - Lupus anticoagulant, - hyperhomocysteinemia.
Risk factors and associated conditions: <ul style="list-style-type: none"> - other venous thrombosis, - transient risk factors, - pregnancy, - puerperium, - systemic or brain infections, - systemic inflammatory disease, - hematologic disorders, - drugs (oral contraceptives, L-asparaginase therapy, hormone replacement therapy),

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<ul style="list-style-type: none">- malignancies,- bowel disease,- cardiac disease,- mechanical causes and trauma (head injury, surgery etc),- severe dehydration of any cause.
Modified Rankin Scale at last follow up.

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STROBE 2007 (v4) Statement—Checklist of items that should be included in reports of *case-control studies*

Section/Topic	Item #	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study’s design with a commonly used term in the title or the abstract	4
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	4
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	7-10
Objectives	3	State specific objectives, including any prespecified hypotheses	11
Methods			
Study design	4	Present key elements of study design early in the paper	12
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	12-13
Participants	6	(a) Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls	12-13; 23
		(b) For matched studies, give matching criteria and the number of controls per case	
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	14-15; 24-25
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	13-14
Bias	9	Describe any efforts to address potential sources of bias	14
Study size	10	Explain how the study size was arrived at	15
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	15
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	14-15
		(b) Describe any methods used to examine subgroups and interactions	15
		(c) Explain how missing data were addressed	14
		(d) If applicable, explain how matching of cases and controls was addressed	12-14
		(e) Describe any sensitivity analyses	15
Results			NA (protocol paper)

Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	
		(b) Indicate number of participants with missing data for each variable of interest	
Outcome data	15*	Report numbers in each exposure category, or summary measures of exposure	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	17
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	18
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	17-18
Generalisability	21	Discuss the generalisability (external validity) of the study results	18
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	20

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.

BMJ Open

Towards the genetic basis of cerebral venous thrombosis. The BEAST consortium: a study protocol

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Manuscripts

Towards the genetic basis of cerebral venous thrombosis.

The BEAST consortium: a study protocol

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Abstract

Introduction

Cerebral venous thrombosis (CVT) is a rare cerebrovascular condition accounting for less than 1% of all stroke cases and mainly affects young adults. Its genetic aetiology is not clearly elucidated.

Methods and analysis

To better understand the genetic basis of CVT, we have established an international biobank of CVT cases, BEAST (Biorepository to Establish the Aetiology of Sinovenous Thrombosis) which aims to recruit highly phenotyped cases initially of European descent and later from other populations. To date we have recruited 745 CVT cases from 12 research centres. As an initial step, the consortium plans to undertake a genome-wide association analysis of CVT using the Illumina Infinium HumanCoreExome BeadChip to assess the association and impact of common and low frequency genetic variants on CVT risk by using a case-control study design. Replication will be performed to confirm putative findings. Furthermore, we aim to identify interactions of genetic variants with several environmental and comorbidity factors which will likely contribute to improve the understanding of the biological mechanisms underlying this complex disease.

Ethics and dissemination

BEAST meets all ethical standards set by local institutional review boards for each of the participating sites. The research outcomes will be published in international peer-reviewed open access journals with high impact and visibility. The results will be presented at both national and international

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3 87 meetings to highlight the contributions into improving the understanding of the
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5 88 mechanisms underlying this uncommon but important disease. This
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8 89 international DNA repository will become an important resource for
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10 90 investigators in the field of haematological and vascular disorders.
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14 92 **Keywords:** cerebral venous thrombosis, ischemic stroke, genetics.
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94 **Strengths and limitations of this study**

- 95 • This study is the largest collaboration on cerebral venous thrombosis
96 conducted to-date and has the advantage that it includes highly phenotyped
97 individuals.
- 98 • This is the first study that aims to perform a genome-wide association
99 analysis to assess the association and impact of common and low frequency
100 genetic variants on CVT risk.
- 101 • Identifying genetic variants associated with CVT risk will likely
102 contribute to improving our understanding of the biological mechanisms
103 underlying this disease and may lead to the discovery of novel therapeutic
104 targets.
- 105 • A potential limitation of the study is the difficulty of recruiting a large
106 number of cases due to the very low incidence and prevalence of this
107 condition. Major efforts are being made to include as many research centres
108 able to investigate this disease across Europe and beyond.

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Background

Cerebral venous thrombosis (CVT) is a rare cerebrovascular condition that accounts for <1% of all strokes [1], with an overall annual incidence estimated at 1.32 per 100 000 person-years [2]. CVT commonly affects young adults and is more prevalent in women, accounting for approximately 75% of the adult affected patients [3]. It can lead to mortality or severe morbidity but generally has a good clinical outcome particularly following early identification of less severe cases using advanced imaging [4].

The condition has two broadly different aetiological mechanisms: thrombosis of cerebral veins with local effects caused by venous obstruction and thrombosis of the dural sinuses which may cause intracranial hypertension. However, both processes usually occur simultaneously in most patients with thrombosis often present in more than one sinus [1, 5, 6]. Compared to arterial thrombosis, CVT is less frequent in terms of incidence and more variable in its clinical presentation and neuroimaging [7].

The condition has multiple risk factors (Table 1) and presents as a diagnostic and therapeutic challenge given the diversity of symptomatic presentation and variety of putative aetiological factors.

CVT is a rare manifestation of venous thromboembolism (VTE). Compared to CVT, traditional venous thrombosis manifestations such as deep vein thrombosis (DVT) and pulmonary embolism (PE) are much more common and are diseases of aging [8].

There is a lack of data evaluating the risk of CVT recurrence, as well as whether the risk factors for CVT are similar to those for DVT and PE. One

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3 135 recent study has found that after a 10 year follow up on patients with DVT and
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5 136 PE only 5.2% developed CVT [9], while for CVT patients only 5.8% developed
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7 137 later on DVT/PE [10]. Therefore, no significant link between CVT and DVT/PE
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10 138 has been found so far.
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12 139 Interestingly, one study has found no differences in thrombophilia markers
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14 140 between CVT and DVT/PE patients, however the frequency of other risk
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16 141 factors, such as oral contraceptive use, pregnancy or puerperium was
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18 142 significantly different [11]. CVT showed to be more frequent in women,
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20 143 secondary to hormonal factors and less often secondary to trauma,
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22 144 immobilisation or surgery compared to DVT/PE patients [11].
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24 145 Therefore, it is not clear why CVT occurs less often than DVT/PE, and age
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26 146 dependent differences in the risk profile between CVT and DVT/ PE, as well
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28 147 as genetic factors may play a role in the pathogenesis. Thus, due to its rarity
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30 148 and risk profile, CVT represents a particular form of venous
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32 149 thromboembolism.
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36 150 Neither the genetic component of CVT nor its heritability has been widely
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38 151 assessed mainly because of its low incidence and lack of large number of
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40 152 cases. However, there is reasonable evidence to support a genetic
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42 153 predisposition to CVT.
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44 154 A significant proportion of cases (approximately 13-25%) have no risk factors
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46 155 identified [7, 1] suggesting that undetermined genetic factors may at least
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48 156 partly account for this unexplained risk. Although it is a more rare condition, it
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50 157 does not usually cluster in families and there is no evidence to suggest a
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52 158 Mendelian inheritance.
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3 159 The genetic component of CVT has so far been assessed mainly by
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5 160 candidate gene studies. As CVT is known to be associated with inherited
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7 161 thrombophilia [1], most candidate gene studies have assessed mutations
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10 162 associated with this condition such as factor V Leiden and prothrombin
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12 163 G20120A mutation [12]. Other mutations investigated by candidate gene
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14 164 studies have included the MTHFR C677T polymorphism (risk factor for
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16 165 hyperhomocysteinemia) [13], the plasminogen activator inhibitor-1 (PAI-1)
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18 166 4G/5G polymorphism (risk factor for thrombosis) [14], protein Z G79A
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21 167 polymorphism (involved in formation of blood clots) [15], and Janus Kinase-2
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23 168 V617F mutation (involved in making hematopoietic cells more sensitive to
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25 169 growth factors) [16]. However, the results from such individual candidate gene
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27 170 studies have been conflicting mainly because of lack of sufficient power due
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29 171 to the low number of cases. One large meta-analysis on 1183 CVT cases and
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31 172 5189 controls that pooled together results from 26 candidate gene studies
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33 173 highlighted significant associations of factor V Leiden G1691A mutation
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35 174 (OR=2.40; 95%CI=1.75-3.30; $P<10^{-5}$) and prothrombin G20120A mutation
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37 175 (OR=5.48; 95%CI=3.88-7.74; $P<10^{-5}$) in adult populations [17]. Interestingly,
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39 176 this study also found that genes involved in the clotting cascade provide a
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41 177 greater level of thrombosis risk in the cerebral venous circulation compared to
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43 178 its arterial circulation implying a larger genetic liability for CVT compared to
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45 179 sporadic ischaemic stroke [17]. Moreover, previous studies suggested a
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47 180 stronger genetic component in younger stroke patients compared to older
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49 181 stroke cases providing additional evidence to support a strong genetic
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51 182 susceptibility to CVT [18-20].
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3 183 Other thrombophilic factors involved in the coagulation pathway that are
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5 184 associated with an increased risk of CVT are: protein C, protein S and
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7 185 antithrombin deficiencies [21]. These prothrombotic factors are also
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10 186 associated with an increased risk of deep vein thrombosis and pulmonary
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12 187 embolism [22, 23] suggesting that all these venous thrombosis conditions may
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14 188 have a common genetic component.
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16 189 An important characteristic of the disease is the higher prevalence in women.
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18 190 Large epidemiologic studies have confirmed that oral contraceptive (OC)
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21 191 users, particularly users of third-generation OCs, are at increased risk of
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23 192 venous thromboembolism [24-26]. Although contraceptive drugs are an
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25 193 important factor in explaining this gender distribution, genetic factors
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27 194 interacting with pharmacological or environmental determinants may also play
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29 195 a significant role. In addition, very little is known about why the rate of CVT is
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31 196 relatively low given widespread environmental exposures on a population
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33 197 level (e.g. oral contraceptives, sinus infections etc.), suggesting that an
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35 198 underlying background genetic risk may contribute to increasing the incidence
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37 199 of CVT in those with common exposures.
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39 200 To better understand the genetic basis of CVT, we have established an
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41 201 international biorepository of highly characterized CVT cases, BEAST. The
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43 202 BEAST Consortium includes CVT cases recruited from currently 10 centres
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45 203 across seven countries in Europe, and one each from the USA and Mexico.
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51 205 Our study aims firstly to assess the association and impact of common and
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53 206 low frequency genetic variants on CVT risk by using a case-control study
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55 207 design and secondly, to identify interactions of genetic variants with several
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208 environmental and comorbidity factors which collectively will likely contribute
209 to a better understanding of the biological mechanisms underlying this
210 complex disease.

211

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212 **Methods**

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214 **Study participants**

215 **Cases**

216 The ongoing international BEAST Consortium has to-date recruited DNA and
217 clinical data from 745 CVT patients (aged ≥ 18 years) from 12 research
218 centres located in the following countries: Belgium, Finland, Greece, Italy, the
219 Netherlands, Portugal, UK, USA and Mexico.

220 In all cases, CVT is confirmed by computed tomography (CT) or magnetic
221 resonance (MR) brain imaging and dedicated venography (CTA (computed
222 tomography angiography), MRA (magnetic resonance angiography), or
223 conventional angiogram). The inclusion criteria for cases are presented in
224 Table 2. Detailed phenotypic data is provided by each participating centre
225 (Table 3).

226 Due to differences in the genetic structure between the different populations
227 participating to the study [27], cases will be split for genetic association
228 analysis into 4 groups: West European, South European (Italian and
229 Portuguese), Finnish and Mexican cases, to obtain homogenous populations.
230 The US population is all European origin (non-Hispanic white). The results will
231 be presented per ancestral population and then subjected to a pooled meta-
232 analysis of all populations.

233 **Controls**

234 The inclusion criteria for the control population are presented in Table 2.
235 For the West European CVT cohort, BEAST study will use data from
236 previously genotyped control samples, namely 2,469 British controls from the

1958 British Birth Cohort part of the Wellcome Trust Case Control Consortium
(WTCCC) [28, 29].

In addition, we have recruited healthy age- and sex-matched controls
numbering 300 Italians for the South European cohort, 230 Finnish for the
Finnish cohort, and 100 Mexicans for the Mexican cohort.

Ethical considerations

BEAST meets all ethical standards set by local institutional review boards for
each of the participating sites. Written informed consent is obtained for all
CVT patients and controls at each participating research centre. Patient
confidentiality is protected and patient details are encrypted.

Biological samples

Peripheral blood samples from all participants are collected in EDTA-coated
vials or sodium citrate vacutainers using venipuncture. Genomic DNA is
extracted from peripheral blood using commercially available DNA isolation
kits and stored at -80°C.

Genotyping

Cases

DNA samples for all CVT cases will be processed on the HumanCoreExome
BeadChip v1.0 (Illumina, Inc., San Diego, CA) using standard protocols at the
Genetic and Molecular Epidemiology Laboratory, McMaster University,
Canada.

The Illumina Infinium HumanCoreExome BeadChip contains approximately
240,000 exome focused markers, as well as approximately 240,000 common
tagSNP markers. The functional exonic markers include non-synonymous

261 variants, stop altering variants, splice coding variants and variants located in
262 promoter regions.

263 **Controls**

264 The WTCCC British control sample was genotyped using the HumanExome
265 BeadChip v1.0 (Illumina, Inc., San Diego, CA). The Illumina HumanExome
266 Beadchip includes 247,870 markers focused on protein-altering variants
267 selected from >12,000 exome and genome sequences representing multiple
268 ethnicities and complex traits.

269 The Finnish controls have already been genotyped using the Illumina Infinium
270 HumanCoreExome BeadChip, while other control samples (Italian and
271 Mexican) will be genotyped with the same array.

272 **Data analysis**

273 We will perform case-control analysis using logistic regression assuming an
274 additive genetic model to assess the association of the genotyped markers
275 with CVT risk. Rigorous quality control procedures will be applied according to
276 the recommended exome chip processing protocol [30].
277 Population stratification analysis and testing for relatedness will be conducted,
278 and outliers will be removed from analysis. To investigate residual population
279 stratification, genomic inflation factors will be calculated. Quantile-Quantile
280 plots will be performed to assess the quality of the association results. Meta-
281 analysis of the association results for the participating cohorts will be
282 performed using a fixed effect model and inverse variance method of
283 weighted beta coefficients and standard errors from each study. Furthermore,
284 the putative positive findings will be confirmed by replication in independent

285 samples to exclude spurious associations. We are currently collaborating with
286 additional centers to recruit a replication sample.

287 We will conduct a reciprocal look up in genome-wide association studies
288 (GWAS) of other venous thrombosis conditions (DVT/PE) and potentially
289 pooling of analyses from these studies if available.

290 We will undertake a subgroup analysis of CVT cases with and without history
291 of other venous thrombosis conditions (DVT/PE). We will also undertake a
292 subgroup analysis of CVT cases with and without inherited thrombophilia.

293 We will assess the interactions of significant polymorphisms with
294 environmental and comorbidity risk factors, severity of clinical presentation
295 and outcome.

296 The power for gene-environment interactions depends on the magnitude of
297 the environmental exposure frequency. Therefore, the power is higher if the
298 exposure frequency is low and is lower if the exposure is high [31].

299 We will perform sex stratified analysis, adjusting for age, and conduct several
300 comparisons (e.g. between OC users and female non-users, cases with factor
301 V Leiden mutation and cases without the mutation), to highlight the influence
302 of genetic factors between different patient groups. We will also stratify the
303 data by ischemic stroke (IS) status (cases with IS versus cases without IS).

304 **Sample size and power**

305 Power calculations were performed using the genetic power calculator CaTS
306 [32]. With the current BEAST repository of 745 CVT cases and a total of
307 approximately 3000 controls, the study has 80% power to detect a relative risk
308 (RR) of 1.6 at a significant P-value $< 10^{-7}$ with a population allele frequency of

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309 30%. However, the likely genetic liability of this condition [17] suggests that
310 this power calculation may be conservative.
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Discussion

The BEAST consortium is the largest DNA repository of highly characterized CVT cases established to-date. The study aims to improve our understanding of the genetics of CVT by firstly investigating the influence of common and low frequency genetic variants on CVT risk and, secondly, by identifying interactions of genetic variants with environmental and comorbidity risk factors. Comprehensive investigation into the genetics of CVT holds the potential to allow at-risk groups to be identified, as well as disease severity and prognosis to be determined.

In the past several years, the genome-wide association (GWA) approach facilitated by technological developments of high density genome-wide genotyping arrays has been applied for many complex diseases and has been successful in identifying thousands of novel common genetic variants associated with disease risk [33]. However, for ischemic stroke GWA has not been as successful with few genetic variants identified [34-39] likely due to the paucity of power in detecting common genetic variants with small effects which require very large cohorts [40]. Another likely reason for the limited positive results is the clinical heterogeneity of ischemic stroke which is known to be influenced by a heterogeneous collection of disease pathways.

Considering that CVT is a rare form of stroke affecting a much younger population and a more clinically homogenous form of stroke, we hypothesize it is likely to be influenced by rare genetic variants with potentially larger effects compared to sporadic stroke.

The use of the Illumina Infinium HumanCoreExome BeadChip, which includes a significant number of exonic markers, will increase the probability of

identifying functional genetic markers with potential large effects. The exome contains a large amount of rare protein-altering variants (missense, nonsense single-base substitutions, insertion–deletions) that are predicted to have functional roles and/or to be deleterious [41, 42] which probably account for a considerable amount of the disease-causing mutations [43]. Thus, although the initial sample size of our CVT cohort is small due to the low prevalence/incidence of this disease, this highly phenotyped clinical and DNA repository of CVT cases has the potential of identifying novel coding functional variants associated with CVT with potential large effects. Increasing the sample size with more CVT cases and replicating any initial findings is clearly necessary and is being directly addressed by the BEAST consortium. Currently, the main limitation of our study is the insufficient power to detect genetic variants with small effects using the genome wide approach due to the sample size of our study but continuous efforts are being made to enhance enrollment. An important advantage of our study is the thorough phenotyping using stringent inclusion and exclusion criteria and collection of large amount of clinical variables enabling not just genetic analysis but also allowing differences of associated risk factors or outcomes to be evaluated.

Establishing a large DNA repository of CVT cases worldwide will help elucidate its genetics leading to an improvement in our understanding of the pathophysiological mechanisms underlying this disease, identifying groups at risk and potentially facilitating the identification of novel therapeutic targets.

List of abbreviations

CVT: cerebral venous thrombosis

BEAST: biorepository to establish the aetiology of sinovenous thrombosis

OR: odds ratio

CI: confidence interval

P: P-value

OC: oral contraceptive

CT: computed tomography

MR: magnetic resonance

CTA: computed tomography angiography

MRA: magnetic resonance angiography

WTCCC: Wellcome Trust Case Control Consortium

IS: ischemic stroke

RR: relative risk

GWA: genome-wide association

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

IC was involved in study design, recruitment, contributed to developing the final protocol and drafted the manuscript.

TM was involved in study design, recruitment, contributed to developing the final protocol and revising the manuscript.

MSK, TP, AH, RD were involved in lab analysis and management of samples.

SH, EH, TMM, JP, SMZ, MCB, SMP, PB, EP, PC, MC, PC, AT, RS, GF, DC were involved in recruitment and lab analysis.

MM, EG, MZ, KS, AA, SD, GP, JMF, VT, AP, JJM, IM, JMC, TT are senior investigators who contributed with recruitment and sample collection.

PS conceived the idea and is the principal investigator of BEAST who developed the final protocol and drafted the manuscript.

All authors contributed intellectually to the protocol and draft versions of the manuscript and approved the final manuscript.

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406 **Table 1: Risk factors associated with CVT [3, 7]****Genetic prothrombotic conditions**

- Antithrombin deficiency
- Protein C and S deficiency
- Factor V Leiden mutation
- Prothrombin G20120A mutation
- Hyperhomocystinemia caused by MTHFR C677T polymorphism

Acquired prothrombotic states

- Nephrotic syndrome
- Antiphospholipid antibodies
- Pregnancy
- Puerperium

Systemic inflammatory disease

- Systemic lupus erythematosus
- Inflammatory bowel disease
- Wegener's granulomatosis
- Behcet's syndrome
- Sarcoidosis
- Thyroid disease

Systemic infectious disease

- Bacterial: Septicemia, endocarditis, typhoid, tuberculosis
- Viral: Measles, hepatitis, encephalitis, herpes, HIV, cytomegalovirus
- Parasitic: Malaria, trichinosis
- Fungal: Aspergillosis

Head and neck infections

- Extradural: Mastoiditis, sinusitis, otitis, facial cellulitis, osteomyelitis, tonsillitis
- Intradural/parenchymal: Abscess, empyema, meningitis

Hematologic disorders

- Polycythemia (primary and secondary)
- Thrombocythemia
- Anemia (including paroxysmal nocturnal hemoglobinuria)
- Sickle cell disease

Drugs

- Oral contraceptives
- L-asparaginase therapy
- Hormone supplement therapy

Systemic malignancies

- Visceral carcinomas
- Lymphomas
- Leukemia
- Myeloproliferative disease

Central nervous system tumors

- Meningioma, metastases, carcinomatous infiltration

Gastro-intestinal disease

- Ulcerative colitis, Crohn disease

Cardiac disease

- Congenital heart disease, cardiac insufficiency

Mechanical causes and trauma

- Head injury, injury to sinuses or jugular vein, neurosurgical procedures, jugular vein catheterization, lumbar puncture.

Others

- Cerebral infarcts and hemorrhage
- Arteriovenous malformations
- Dural arteriovenous malformation
- Arachnoid cyst
- Internal jugular compression
- Severe exfoliative dermatitis
- Severe dehydration of any cause

Idiopathic

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Table 2: Inclusion criteria for CVT cases and controls

Inclusion criteria for CVT cases	Inclusion criteria for controls
Age ≥ 18 years at the time of enrolment	Age ≥ 18 years at the time of enrolment
CVT determined using: - computed tomography (CT) or magnetic resonance (MR) brain imaging - dedicated venography (CTA, MRA, or conventional angiogram)	No previous history of CVT/stroke or any other thrombotic or chronic condition
Patient or relative provision of informed written consent	Provision of informed written consent

Table 3: Phenotypic data provided by each participating centre

Demographic data (age, sex, ethnicity).
Date of CVT diagnosis.
Clinical presentation and symptoms.
Neuroimaging information including sinus/vein involved and extent of oedema, haemorrhage.
Family history of thrombotic or cerebrovascular event.
Thrombophilia screening information: <ul style="list-style-type: none"> - protein C and S deficiencies, - genetic polymorphisms (factor V G1691A mutation, prothrombin G20210A mutation), - antiphospholipid antibodies, - Lupus anticoagulant, - hyperhomocysteinemia.
Risk factors and associated conditions: <ul style="list-style-type: none"> - other venous thrombosis, - transient risk factors, - pregnancy, - puerperium, - systemic or brain infections, - systemic inflammatory disease, - hematologic disorders, - drugs (oral contraceptives, L-asparaginase therapy, hormone replacement therapy),

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<ul style="list-style-type: none">- malignancies,- bowel disease,- cardiac disease,- mechanical causes and trauma (head injury, surgery etc),- severe dehydration of any cause.
Modified Rankin Scale at last follow up.

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STROBE 2007 (v4) Statement—Checklist of items that should be included in reports of *case-control studies*

Section/Topic	Item #	Recommendation	Reported on page #
Title and abstract	1	(a) Indicate the study’s design with a commonly used term in the title or the abstract	4
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	4
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	7-10
Objectives	3	State specific objectives, including any prespecified hypotheses	11
Methods			
Study design	4	Present key elements of study design early in the paper	12
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	12-13
Participants	6	(a) Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls	12-13; 23
		(b) For matched studies, give matching criteria and the number of controls per case	
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	14-15; 24-25
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	13-14
Bias	9	Describe any efforts to address potential sources of bias	14
Study size	10	Explain how the study size was arrived at	15
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	15
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	14-15
		(b) Describe any methods used to examine subgroups and interactions	15
		(c) Explain how missing data were addressed	14
		(d) If applicable, explain how matching of cases and controls was addressed	12-14
		(e) Describe any sensitivity analyses	15
Results			NA (protocol paper)

Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	
		(b) Indicate number of participants with missing data for each variable of interest	
Outcome data	15*	Report numbers in each exposure category, or summary measures of exposure	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	17
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	18
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	17-18
Generalisability	21	Discuss the generalisability (external validity) of the study results	18
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	20

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.