

# BMJ Open A population-based study comparing patterns of care delivery on the quality of care for persons living with HIV in Ontario

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**To cite:** Kendall CE, Taljaard M, Younger J, *et al.* A population-based study comparing patterns of care delivery on the quality of care for persons living with HIV in Ontario. *BMJ Open* 2015;**5**:e007428. doi:10.1136/bmjopen-2014-007428

► Prepublication history and additional material is available. To view please visit the journal (<http://dx.doi.org/10.1136/bmjopen-2014-007428>).

Received 11 December 2014  
Revised 16 April 2015  
Accepted 20 April 2015



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## ABSTRACT

**Objectives:** Physician specialty is often positively associated with disease-specific outcomes and negatively associated with primary care outcomes for people with chronic conditions. People with HIV have increasing comorbidity arising from antiretroviral therapy (ART) related longevity, making HIV a useful condition to examine shared care models. We used a previously described, theoretically developed shared care framework to assess the impact of care delivery on the quality of care provided.

**Design:** Retrospective population-based observational study from 1 April 2009 to 31 March 2012.

**Participants:** 13 480 patients with HIV and receiving publicly funded healthcare in Ontario were assigned to one of five patterns of care.

**Outcome measures:** Cancer screening, ART prescribing and healthcare utilisation across models using adjusted multivariable hierarchical logistic regression analyses.

**Results:** Models in which patients had an assigned family physician had higher odds of cancer screening than those in exclusively specialist care (colorectal cancer screening, exclusively primary care adjusted OR (AOR)=3.12, 95% CI (1.90 to 5.13), family physician-dominant co-management AOR=3.39, 95% CI (1.94 to 5.93), specialist-dominant co-management AOR=2.01, 95% CI (1.23 to 3.26)). The odds of having one emergency department visit did not differ among models, although the odds of hospitalisation and HIV-specific hospitalisation were lower among patients who saw exclusively family physicians (AOR=0.23, 95% CI (0.14 to 0.35) and AOR=0.15, 95% CI (0.12 to 0.21)). The odds of antiretroviral prescriptions were lower among models in which patients' HIV care was provided predominantly by family physicians (exclusively primary care AOR=0.15, 95% CI (0.12 to 0.21), family physician-dominant co-management AOR=0.45, 95% CI (0.32 to 0.64)).

**Conclusions:** How care is provided had a potentially important influence on the quality of care delivered. Our key limitation is potential confounding due to the absence of HIV stage measures.

## Strengths and limitations of this study

- Population-based study capturing almost all people living with HIV and receiving care in Ontario, the Canadian province with the highest number of HIV-positive individuals.
- Longitudinal and comprehensive healthcare utilisation.
- Limited ability to capture HIV-specific morbidity may result in residual confounding arising from unmeasured disease stage indicators, such as CD4 cell count.
- Cannot identify people with HIV not receiving care or unaware of their HIV-positive status.

## INTRODUCTION

Patients with chronic disease often see more than one physician for their care. Those with single conditions who receive care from specialist physicians typically have improved disease-specific outcomes.<sup>1</sup> The proportion of patients with chronic disease with single conditions and those who are treated exclusively by a specialist is low;<sup>2–3</sup> however, these patients are less likely to have needs outside of these specialist's scope of practice met.<sup>3–4</sup> Despite the belief that shared care by family physicians and specialists should lead to improved condition-specific and more general outcomes, evidence of this is lacking.<sup>5</sup> Consensus remains, however, that sharing care may mitigate gaps from seeing either provider alone, and that a primary care foundation is required to effectively and economically balance specialist expertise.<sup>6–9</sup>

As people with HIV on combination antiretroviral therapy (ART) have lifespans that approach those of HIV-uninfected individuals,<sup>10</sup> they are likely to acquire comorbidities related to ageing as well as from the

effects of HIV and its treatment.<sup>11–13</sup> As with other chronic conditions, there is evidence that HIV specialists and those providers with more HIV experience provide higher quality of care as measured by HIV-specific indicators.<sup>14–16</sup> However, there is increasing recognition that some care needed for people with HIV falls outside the scope and comfort of many HIV specialists.<sup>17–21</sup> The literature also demonstrates that patients with chronic conditions who do not have a regular family physician are more likely to have emergency department visits and hospital admissions.<sup>22</sup> As such, it is essential that we study to what extent different patterns of care address the needs of this complex population.

Administrative data have been used to measure care for several populations in Ontario. For example, it has been used to study the relative extent to which patients with chronic conditions receive care from specialists and family physicians, as well as the quality of care provided.<sup>22–23</sup> Building on a theoretical framework of the specialist–primary care physician interface,<sup>24</sup> we have previously developed and characterised a typology of care for people with HIV based on actual patterns of care.<sup>25</sup> We delineated the following care models: exclusively primary care, shared care with the family physician being the dominant HIV physician, shared care with the HIV specialist being the dominant HIV physician, exclusively specialist care and low engagement. We found that most HIV patients were linked to their usual family physician, and few saw exclusively HIV specialists.

Most of the existing literature exploring outcomes for specialist versus generalist care has used a dichotomous approach, ignoring the reality that many patients with chronic disease require care from more than one physician to meet their varied needs. Furthermore, the lack of standardisation of provider terminology in the HIV literature has complicated delineation of which physicians are currently providing care.<sup>26</sup> For example, studies describe ‘HIV primary care’ regardless of the specialty of the physician. Our typology overcomes these issues by using a continuum of shared care provided by physician specialty. The main objective of this study is to assess the delivery of care as described by this typology, in particular, to examine differences in health services delivery and adherence to cancer screening among the main typology models. This evaluative approach allows for adjustment of factors known to affect the receipt of primary care services, including patient demographic and clinical characteristics, as well as the intensity of outpatient visits.

## METHODS

### Data sources

We used the administrative databases at the Institute for Clinical Evaluative Sciences (ICES) for this cross-sectional study. These databases are made available to accredited researchers through a data sharing agreement with the Ontario Ministry of Health and Long

Term Care. These individual-level data are linked using a coded identification number in accordance with the provincial Personal Health Information Protection Act. The databases used include the Registered Persons Database, which includes mortality and demographic data for all residents eligible for provincial healthcare, the Ontario Health Insurance Plan (OHIP) billing claims system, which contains 95% of physician services conducted in the province; the Discharge Abstract Database, which captures all provincial hospital discharge data; the National Ambulatory Care Reporting System, which contains information on visits to emergency departments; Citizen and Immigration Canada data, which contain information on individuals granted permanent residency in Canada; the Client Agency Program Enrolment registry, which tracks patient enrolment to individual family physicians; the ICES Physician Database, which comprises information from the OHIP Corporate Provider Database (CPDB), the Ontario Physician Human Resource Data Centre (OPHRDC) database and the OHIP database of physician billings regarding physician demographics, training and practice setting; and the Ontario Drug Benefits (ODB), claims database of prescriptions to individuals covered by the public system (those aged 65 years and older and those receiving social assistance (Ontario Works, Ontario Disability Support Program or the subsidised Trillium programme)).

### Eligible population

We identified eligible individuals in Ontario from the Registered Persons Database. Using OHIP billing claims, we applied a previously validated algorithm to people 18 years of age and older and living in Ontario between 1 April 1992 and 31 March 2012.<sup>27</sup> The algorithm has a sensitivity of 96.2% (95% CI 95.2% to 97.9%) and specificity of 99.6% (95% CI 99.1% to 99.8%) for identifying people with HIV and receiving care in Ontario. We excluded patients with an invalid or out-of-province residence on 1 July 2009 (n=277). As physicians in community health centres (CHCs) do not provide billing to OHIP, we excluded those patients within our cohort who were known to be receiving care in CHCs between 2008 and 2010 (n=17).<sup>28</sup> Furthermore, we excluded patients who died during the 3-year study period (n=510) to avoid misclassifying their typology of care based on censored visit pattern data.

### Assignment of patients to a typology category

We used the OHIP database to identify all outpatient healthcare visits made by cohort patients between 1 April 2009 and 31 March 2012. We then used a previously reported and validated approach to assign patients to one of five typology models (table 1):<sup>25</sup> exclusively primary care, family physician-dominant co-management, specialist-dominant co-management, exclusively specialist care and low engagement. Briefly, patients were assigned based on their outpatient healthcare visits, including the specialty of

**Table 1** Typology of specialist–primary care physician interface

Primary care-dominant models	<ol style="list-style-type: none"> <li>1. Exclusively primary care—patient is assigned to a regular family physician who provides most care; no infectious disease or internal medicine physician provides any HIV care</li> <li>2. Family physician-dominant co-management—patient is assigned to a regular family physician who provides the majority (50% or more) of HIV-related care; specialist physician provides some HIV care</li> </ol>
Specialist-dominant models	<ol style="list-style-type: none"> <li>3. Specialist-dominant co-management—patient is assigned to a regular family physician, but specialist physician provides the majority (50% or more) of HIV-related care</li> <li>4. Specialist care only—patient is not assigned to a regular family physician; specialist physician provides all HIV-related care</li> <li>5. Low engagement—patient is not assigned to a regular family physician and has no specialist physician providing HIV care</li> </ol>

the physician seen (primary care or HIV specialist) and their billing codes submitted (HIV related or not) for the study period of 1 April 2009 to 31 March 2012 (figure 1). Patients were assigned to a usual provider of primary care if they were contractually rostered to a family physician, or if they had at least 50% of their primary care services provided by one individual family physician. In contrast to the USA, internal medicine specialists in Canada are primarily consultant physicians, and do not routinely provide ongoing primary care; thus, both infectious disease and internal medicine specialists are included as HIV specialists in our models.

### Patient characteristics

Patient age, sex and postal code on 1 April 2009 were obtained from the Registered Persons Database (RPDB). We used postal codes at the neighbourhood level linked to 2006 Statistics Canada census data to assign income quintiles and rurality scores. Rurality was assigned categorically into major urban areas (score 0–9), non-major urban areas (10–39) and rural areas (40 or higher) according to the Rurality Index of Ontario.<sup>29</sup>

We used data from Citizenship and Immigration Canada to identify recent immigrants as well as immigrants from HIV-endemic regions of Africa and the Caribbean. This group represents a growing proportion of new and prevalent HIV infections in Canada, is often demographically different from other groups and has health outcomes that differ from other groups living with HIV.<sup>30–33</sup>

We used the ODB claims database to identify individuals who were eligible for public drug coverage.

The Johns Hopkins Adjusted Clinical Group System was used to ascertain comorbidity by assigning patients to up to 32 distinct Aggregated Diagnosis Groups (ADGs).<sup>34</sup> We assigned patients to low (<5 ADGs), medium (6–9 ADGs) and high ( $\geq 10$  ADGs) comorbidity categories.<sup>34–35</sup> People with mental health conditions between 1 April 2007 and 1 April 2009 were broadly captured using an algorithm previously validated to identify people receiving mental health services in the primary care setting.<sup>36</sup>

We used OHIP billing claims to identify the number of outpatient visits patients made to the family physicians and HIV specialists to whom they were assigned during the study period.

### Physician speciality

We obtained information about self-designated physician speciality for the fiscal year 2009 from the ICES Physician Database.

### Outcome measures

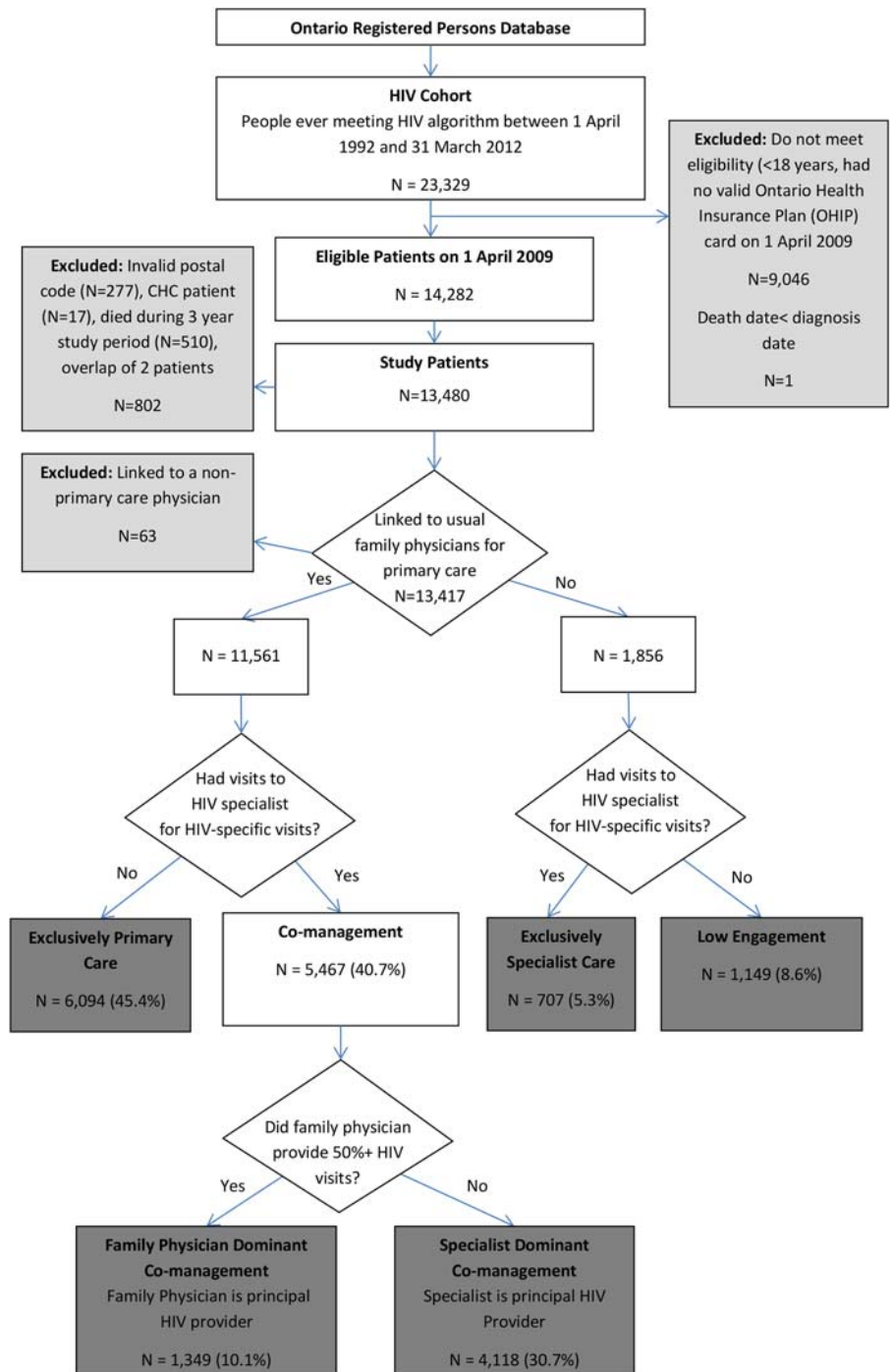
Outcomes were selected using preselected indicators of health services delivery and technical quality of primary care using administrative data in the primary care setting.<sup>37</sup> Quality of primary care outcomes (cancer screening) included: adherence to colorectal cancer screening (ascertained as one screening test (faecal occult blood or colonoscopy) over 2 years for eligible individuals aged 50–74 years), adherence to breast cancer screening (ascertained as one mammography test over 2 years for eligible women aged 50–69 years) and adherence to cervical cancer screening (ascertained as one cervical screening test over 2 years in eligible women aged 21–69 years). Health service utilisation outcomes were measured over the latter 18 months of the 3-year study period (1 October 2010–31 March 2012) and included: any emergency department visits, any low-acuity emergency department visits, any hospital admissions (excluding maternity and same day surgery) and any HIV-specific hospitalisations (defined as any hospitalisation for which HIV was the primary diagnosis). Finally, one HIV-specific outcome, the receipt of any ART prescription among those eligible for ODB (n=8302), was included.

### Statistical analysis

Descriptive statistics were generated to compare patient demographic and clinical characteristics among the five typologies. Summary measures of the outcome measures (frequencies and proportions) were calculated for patients in each of the typologies.

We conducted multivariable hierarchical logistic regression analyses to examine the association between typology category and quality of care outcomes. We excluded patients in the low engagement category from this analysis, because their healthcare utilisation and outcome patterns differed significantly from the other

**Figure 1** Flow diagram of study participants and typology assignments (CHC, community health centre).



models. Family physicians and HIV specialists were modelled as random effects, where possible, to account for clustering of patients by providers. Typology category, modelled as a four-level categorical variable, was entered as the main effect of interest. We estimated unadjusted and adjusted ORs for typology, together with 95% CIs. We adjusted for the following patient covariates: age, sex, neighbourhood income quintile, rurality, immigrant status, comorbidity, mental health comorbidity, as well as the number of outpatient visits. The method of pseudolikelihood estimation was used to estimate the models. If a model adjusting for the two sources of clustering

failed to converge, we specified only the family physician as a random effect. All statistical analyses used the SAS procedure GENMOD using SAS V.9.3 (SAS Institute, Cary, North Carolina, USA).

## RESULTS

A total of 13 480 individuals were eligible for our study on 1 April 2009 and were assigned to typology categories as described in figure 1. The characteristics of HIV patients differed among the care models, as shown in table 2. Both specialist-dominant models (exclusively specialist

Table 2 Patient characteristics among typology models

Patient characteristics	Exclusively primary care N=6094	Family physician-dominant co-management N=1349	Specialist-dominant co-management N=4118	Exclusively specialist care N=707	Low engagement N=1149
Male sex	5128 (84.1%)	1194 (88.5%)	3013 (73.2%)	525 (74.3%)	959 (83.5%)
Age category (years)					
18–35	1064 (17.5%)	169 (12.5%)	753 (18.3%)	161 (22.8%)	166 (14.4%)
36–49	3265 (53.6%)	705 (52.3%)	2136 (51.9%)	387 (54.7%)	617 (53.7%)
50–65	1523 (25.0%)	439 (32.5%)	1092 (26.5%)	149 (21.1%)	317 (27.6%)
>65	242 (4.0%)	36 (2.7%)	137 (3.3%)	10 (1.4%)	49 (4.3%)
Neighbourhood income quintile					
Quintile 1 (lowest)	1623 (26.6%)	430 (31.9%)	1538 (37.3%)	288 (40.7%)	373 (32.5%)
Quintile 2	1236 (20.3%)	248 (18.4%)	881 (21.4%)	156 (22.1%)	218 (19.0%)
Quintile 3	1025 (16.8%)	220 (16.3%)	638 (15.5%)	92 (13.0%)	206 (17.9%)
Quintile 4	1024 (16.8%)	193 (14.3%)	526 (12.8%)	93 (13.2%)	174 (15.1%)
Quintile 5 (highest)	1129 (18.5%)	238 (17.6%)	510 (12.4%)	75 (10.6%)	159 (13.8%)
Missing	57 (0.9%)	20 (1.5%)	25 (0.6%)	≤5	19 (1.7%)
Rurality index					
Major urban	5553 (91.1%)	1263 (93.6%)	3596 (87.3%)	617 (87.3%)	1030 (89.6%)
Non-major urban	450 (7.4%)	61 (4.5%)	409 (9.9%)	73 (10.3%)	86 (7.5%)
Rural	80 (1.3%)	20 (1.5%)	96 (2.3%)	16 (2.3%)	30 (2.6%)
Missing	11 (0.2%)	≤5	17 (0.4%)	≤5	≤5
Immigrant status					
Canadian born	5145 (84.4%)	1144 (84.8%)	3009 (73.1%)	505 (71.4%)	968 (84.2%)
Immigrant from Africa or the Caribbean	413 (6.8%)	108 (8.0%)	718 (17.4%)	153 (21.6%)	90 (7.8%)
Immigrant from Europe and Western Nations	132 (2.2%)	22 (1.6%)	75 (1.8%)	13 (1.8%)	36 (3.1%)
Immigrant from other nations	404 (6.6%)	70 (5.2%)	315 (7.6%)	36 (5.1%)	160 (13.9%)
Mental health condition	2384 (39.1%)	675 (50.0%)	1688 (41.0%)	216 (30.6%)	160 (13.9%)
Number of ADGs					
High	1167 (19.1%)	496 (36.8%)	1121 (27.2%)	145 (20.5%)	76 (6.6%)
Medium	1968 (32.3%)	502 (37.2%)	1547 (37.6%)	166 (23.5%)	66 (5.7%)
Low	2959 (48.6%)	351 (26.0%)	1450 (35.2%)	396 (56.0%)	1007 (87.6%)
Number of visits to the usual family physician (mean, SD)	13.6±13.4	19.6±15.1	8.6±15.9	NA	NA
Number of visits to HIV specialists (mean, SD)	NA	4.9±4.5	9.1±6.1	8.2±6.9	NA

ADGs, adjusted diagnosis groups; NA, not available.

care and specialist-dominant co-management) had the highest proportions of female patients, those in younger age categories, those living in the lowest income neighbourhoods and non-major urban settings, and non-Canadian born patients, in particular those originating from Africa and the Caribbean. The family physician-dominant co-management model had the highest proportion of patients in the highest comorbidity category.

Prevalence of outcomes varied by patients among typology models (table 3). Patients in exclusively specialist care had the lowest observed proportions of all cancer screening manoeuvres. Models with two providers (both family physician and HIV specialist) had the highest observed proportion of having an emergency department visit. The observed proportions of patients with any low-acuity emergency department visit, hospital admission and HIV-specific hospital admission were lowest among patients in exclusively primary care. The observed proportion of patients prescribed ART when eligible for public drug coverage was lowest among patients in exclusively primary care. Patients in low engagement primary care had uniformly poor quality of care on all measures, and were not compared with other care delivery models in further analyses.

Figure 2 summarises the results of the hierarchical logistic regression analyses of all outcomes, adjusted for patient-level characteristics (the adjusted model results for all outcomes are shown in the online supplementary appendix). The adjusted ORs for each typology category versus the reference category (exclusively specialist care) are displayed, together with 95% CIs. Compared with those in exclusively specialist care, patients in all other typology categories had higher odds of adherence to cancer screening, although not all findings were statistically significant (colorectal cancer screening, exclusively primary care adjusted OR (AOR)=3.12, 95% CI (1.90 to 5.13), family physician-dominant co-management AOR=3.39, 95% CI (1.94 to 5.93), specialist-dominant co-management AOR=2.01, 95% CI (1.23 to 3.26)).

There were no significant differences in the odds of any emergency department visit and any low-triage emergency department, but the odds of any hospital admission (AOR=0.23, 95% CI (0.14 to 0.35)) and any HIV-specific hospital admission were significantly lower among patients in exclusively primary care (AOR=0.15, 95% CI (0.12 to 0.21)).

The odds of receiving ART were significantly lower in the exclusively primary care and family physician-dominant co-management (exclusively primary care AOR=0.15, 95% CI (0.12 to 0.21), family physician-dominant co-management AOR=0.45, 95% CI (0.32 to 0.64), specialist-dominant co-management AOR=0.84, 95% CI (0.63 to 1.13)).

## DISCUSSION

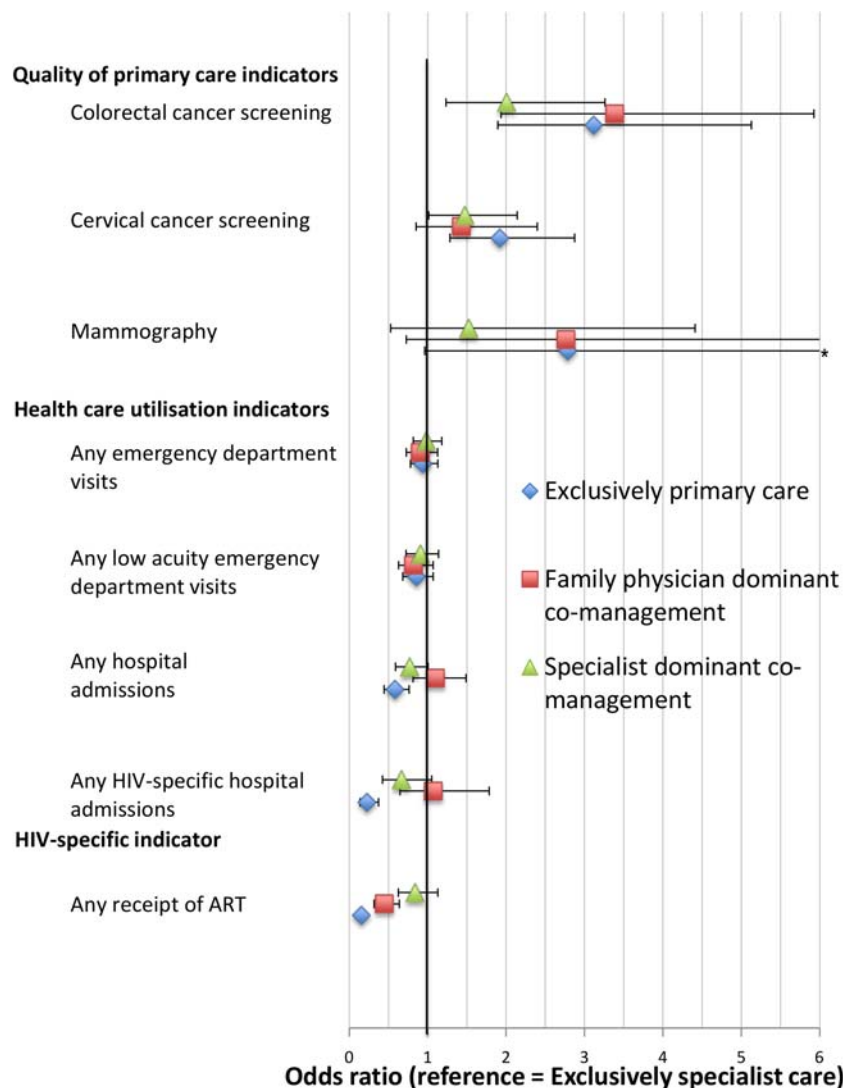
Healthcare should evolve to meet the needs of people living with HIV as they increasingly age and become a

**Table 3** Prevalence of quality indicators among typology models

Prevalence of quality indicator (N reflects the number eligible for the outcome)	Exclusively primary care N=6094	Family physician-dominant co-management N=1349	Specialist-dominant co-management N=4118	Exclusively specialist care N=707	Low engagement N=1149
Cancer screening outcomes					
Colorectal cancer screening (N=2829)	478 (42.2%)	125 (48.1%)	306 (33.1%)	24 (16.2%)	12 (3.3%)
Cervical cancer screening (N=2323)	421 (50.9%)	66 (45.8%)	464 (46.0%)	57 (33.7%)	33 (18.9%)
Mammography (N=591)	139 (55.4%)	26 (63.4%)	112 (48.7%)	10 (32.3%)	4 (10.5%)
Health services delivery outcomes					
Any emergency department visits	1815 (29.8%)	483 (35.8%)	1452 (35.3%)	221 (31.3%)	122 (10.6%)
Any low-acuity emergency department visits	876 (14.4%)	233 (17.3%)	714 (17.3%)	119 (16.8%)	70 (6.1%)
Any hospital admissions	470 (7.7%)	226 (16.8%)	479 (11.6%)	82 (11.6%)	33 (2.9%)
Any HIV-specific hospital admissions	57 (0.9%)	76 (5.6%)	121 (2.9%)	25 (3.5%)	≤5
Number of specialist types seen ≥2	3630 (59.6%)	1024 (75.9%)	2712 (65.9%)	395 (55.9%)	150 (13.1%)
HIV-specific outcome					
Any receipt of ART among ODB eligible patients (N=8302)	2271 (66.1%)	866 (85.7%)	2683 (86.6%)	467 (87.3%)	72 (32.3%)

ART, antiretroviral therapy; ODB, Ontario Drug Benefits.

**Figure 2** Hierarchical logistic regression analyses of study outcomes by typology category (ORs (95% CIs)) (reference=exclusively specialist care). ART, antiretroviral therapy.



more diverse population. Quality care is influenced by many patient, provider and system factors. Of factors that influenced care in our study, we found by far the most important influence on care was how care is provided and shared between specialist and primary care physicians. We found that people with HIV with more family physician care received better cancer screening and had lower odds of hospital admissions. In fact, patients in exclusively specialist care had colorectal cancer screening rates that were half of those in primary care-dominant models. Those with more HIV specialist care received better disease-specific care (both diabetes care and, importantly, ART). Those identified as having low engagement in care, that is, no identified usual primary care provider and no HIV specialist, had very poor care. These findings highlight that there is no one current model of healthcare delivery for patients with HIV. However, it does suggest on a population level the need for specialist and primary care expertise to cover the broad range of care needs for this increasingly complex population.

People with HIV are known to have lower rates of disease screening than their non-HIV counterparts.<sup>21 38</sup> Compared with specialty care, primary care leads to better health promotion and disease prevention, even in areas of high inequality.<sup>9</sup> As such, we accurately anticipated that patients in models that include the usual family physician would be more likely to have recommended cancer screening manoeuvres, and that this would be most pronounced for models in which the family physician provided the majority of care. This is consistent with some<sup>18</sup> but not all<sup>39</sup> research comparing prevention interventions between generalists and specialists for HIV patients, and as such we were surprised by the magnitude of this difference. In our study, improved cancer screening most likely arises in part due to the continuity of care with a prevention-oriented provider<sup>40 41</sup> who can adhere to prevention recommendations within their own clinical setting.<sup>20</sup>

We found that HIV patients in models in which HIV care is provided predominantly by family physicians were less likely to receive prescriptions for ART. It is possible

that there are differences in the patient characteristics pertaining to HIV stage or ODB eligibility that are not captured within our data. However, despite recent work demonstrating similar ART prescribing between generalists and specialists,<sup>42</sup> it is most likely that this finding supports previous extensive literature demonstrating that specialist care is closely linked to adequate antiretroviral treatment.<sup>14 16</sup>

People with chronic conditions who do not have a regular medical doctor have been shown to be more likely to have emergency department visits and hospital admissions.<sup>22 41 43</sup> Surprisingly, we failed to observe significant differences in the frequency of emergency department visits (including low-acuity visits), although patients in exclusively specialist care were more likely to have had a hospital admission (including HIV-specific admissions). Inappropriate emergency department use among HIV patients has been previously attributed to both generalist care and to having multiple clinicians,<sup>44 45</sup> but we saw no influence of these features on emergency department usage. People with HIV in Ontario have higher rates of hospitalisation than those in the general population, with rates higher among those of lower socioeconomic status.<sup>46</sup> Thus, our findings may reflect changes in HIV care and treatment over time, or may be affected by unmeasured indicators of disadvantage, such as HIV disease stage,<sup>47</sup> housing status or employment.<sup>48</sup>

While this typology provides one theoretically grounded and intuitive way to describe and measure how care is delivered, the delivery of primary care is complex. Thus, it is possible that the differences found (and not found) between typology models are influenced by organisational, practice and community factors that are not measured by an administrative definition of shared care.<sup>49</sup> For example, the quality of HIV care has been shown to be improved through case management, multidisciplinary and group practices, extended hours, decision support and clinical information systems, and collocation of clinic activity.<sup>14 20 44 50</sup> In addition, extensive work has shown that physician experience has a strong impact on HIV-specific outcomes,<sup>14-16</sup> whereas our study focused on the impact of physician specialisation.

There are additional limitations to our work. While we used validated measures of comorbidity burden, there are measures of HIV-specific morbidity, such as CD4 counts and time since diagnosis, that are unmeasured in this study. Most importantly, increased HIV severity or advanced disease stage may have led to less focus on preventative care and resultant higher hospitalisations among those in exclusively specialist care.<sup>51</sup> Second, we were unable to measure care delivered outside of the provincial health insurance plan, such as in CHCs (where about 1% of the Ontario population receives primary care<sup>28</sup>), and to those federally insured such as refugee claimants and some Aboriginal populations. Third, it is possible that a small proportion of patients switched physicians or models of care during the 3-year study period.<sup>52</sup> Fourth, ART

prescribing only represents the receipt of one prescription over 18 months and may not reflect actual medication adherence. Fifth, it is possible that residual confounding, such as by income or immigration, could have influenced these results. Finally, while our study provides insight into how patterns of care delivery influence general and disease-specific outcomes for people with HIV, it does not provide information regarding the quality of interaction between providers associated with improved patient outcomes<sup>53</sup> or measures of patient satisfaction associated with different care models.<sup>54</sup>

This study found that a theoretically based typology of how care is delivered had a strong relationship with the quality of care provided for people with HIV, even after adjustment for important patient characteristics such as neighbourhood income, rurality and number of comorbidities. However, it does *suggest* on a population level the need for both specialist and primary care expertise to cover the broad range of care needs for this increasingly complex population. Further work is required to understand how best to integrate specialist and primary care, and to evaluate how this typology relates to actual coordination between providers and patient satisfaction with care.

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**Contributors** CEK, DGM, WH, MT and RHG contributed to the design of the work, and to the acquisition, analysis and interpretation of the data. JY contributed to the acquisition and analysis of the data. All the authors listed contributed to the drafting of the work and revisions. All authors gave their final approval of the final manuscript submitted.

**Funding** This research was funded in part by the Ontario Ministry of Health and Long Term Care (MOHLTC). This study was supported by the Institute for Clinical Evaluative Sciences (ICES), which is funded by an annual grant from the MOHLTC. CEK holds a Canadian Institutes for Health Research (CIHR) Fellowship in the Area of Health Services/Population Health HIV/AIDS Research. RHG is supported as a Clinician Scientist in the Department of Family and Community Medicine at the University of Toronto. DGM holds a chair in Applied Public Health Sciences, CIHR/Public Health Agency of Canada.

**Competing interests** None declared.

**Ethics approval** This study was approved by the Ottawa Hospital and Sunnybrook Health Sciences Centre Research Ethics Boards.

**Provenance and peer review** Not commissioned; externally peer reviewed.

**Data sharing statement** Administrative data used for this study could be accessed because of comprehensive research agreements between Institute



for Clinical Evaluative Sciences (ICES) and Ontario's Ministry of Health and Long-Term Care, and between ICES and Citizenship and Immigration Canada (CIC).

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