

## Supplemental Material 5.

### 'No Conversation Too Tough'

#### Post-training Main Questionnaire.

Now that you have taken part in the Ruth Strauss Foundation Training Programme we'd like you to complete some further questionnaires to help us evaluate the course.

In this first section, we ask how you think the training was organised and delivered.

	Strongly Agree	Agree	Somewhat Agree	Disagree	Strongly Disagree
1. The pre-course communication and joining instructions were clear.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. The training objectives were clearly defined.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. The content was organised well and easy to follow.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. The topics covered were relevant to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. There was enough time given to each of the topic areas.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. The facilitators were knowledgeable about the topics covered.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. The facilitators	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

were well prepared.					
8. The facilitators worked well together.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. The training support materials helped increase my knowledge and skills.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. The range of training support materials was about right.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. There was enough time allocated for the training as a whole.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. The training objectives were met.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. The roleplay scenario depicted felt realistic.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. The roleplay actor performed authentically.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. The roleplay activity created a comfortable space to practise my	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

<b>communication skills.</b>					
------------------------------	--	--	--	--	--

**Thinking about the venue where the training was held. How comfortable did you find it? Please select one option below.**

- Not at all comfortable
- Slightly comfortable
- Moderately comfortable
- Very comfortable
- Extremely comfortable

**How would you rate the number of participants on the course? Were there about the right number, too many or not enough? Please select one option.**

- About the right number
- Too many
- Not enough

**How did you find the amount of rest periods built into the course? Please select one option.**

- About the right number
- Too many
- Not enough

**How useful did you find the breakout sessions? Please select one option.**

- Not at all useful
- Slightly useful
- Moderately useful
- Very useful
- Extremely useful

**How did you find the opportunity to meet and get to know other participants? Was this very poor, poor, fair, good, or excellent? Please select one option.**

- Very poor
- Poor
- Fair
- Good
- Excellent

We'd now like to find out what you thought of the course content.

**Can you tell us how satisfied you were with the content of the course? Please select one option.**

- Not at all satisfied
- Slightly satisfied
- Moderately satisfied
- Very satisfied
- Extremely satisfied

**Thinking about the topics covered, how relevant were they to the training objectives? Please select one option.**

- Extremely relevant
- Very relevant
- Moderately relevant
- Slightly relevant
- Not at all relevant

**Were there any other topics you would have liked included?**

- No
- Yes, please describe. \_\_\_\_\_

**Were there any topics you would suggest leaving out in future?**

- No
- Yes, please describe. \_\_\_\_\_

**Did you learn as much as you expected?** *Please select one option below that describes your expectation.*

- Did not meet my expectation
- Fell below my expectation
- Met my expectation
- Was above my expectation
- Far exceeded my expectation

Training courses can be taught with different styles and methods to meet different learning needs.

**Can you tell us if the style of teaching and learning in the Ruth Strauss Foundation Training Programme was comfortable for your needs?** *Please select one option below.***The methods of teaching and learning in the course were:**

- ... just right for me.
- ... mostly right for me.
- ... not right for me.

Please explain your answer:

\_\_\_\_\_

Thinking about supporting patients whose cancer cannot be cured and who have dependent children.

Below are some questions about the strength of your intentions and feelings as a result of the training.

**For each question below, please indicate your response from 0 (low) to 100 (high):**

	<b>Response (write down a number from 0-100):</b>
<b>How strong is your intention to use what you have learned through the training in your practice?</b>	
<b>How strongly do you feel that the training will be useful for supporting patients?</b>	
<b>How strongly do you feel that the training will leave you more satisfied in the work you do with patients?</b>	
<b>How strongly do you feel that the training has encouraged you to seek out more knowledge and understanding about working with patients with dependent children?</b>	

Last in this section, can you tell us what you will do differently in your practice from now on?

---

On the next page are some questions about recommending the training and influencing practice.

**Which of the following professional health care groups do you think would most benefit from the training course? Select as many as you prefer.**

- Tumour-specific CNSs
- Palliative Care CNSs/Nurses
- Lead Nurses
- Chemotherapy Nurses
- District Nurses
- Oncologists, Consultants
- Allied Health Care Professionals
- Community Nurses
- Social workers
- Educators
- Other, please describe. \_\_\_\_\_
- None of these

**How likely are you to recommend the course?** *Please select one option.*

- Very unlikely
- Unlikely
- Not sure
- Quite likely
- Very likely

Below are some statements about attitudes to change.

Please can you tell us how much you agree or disagree with each?

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
I will share my learning from the training with other colleagues and contacts.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Now that I have completed the training, I will be able to change or influence practice in my workplace.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Now that I have completed the training, I will be able to change or influence wider practice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Did your organisation support your attendance on the course?

- Yes, please explain how: \_\_\_\_\_
- No

The following statements refer to being supported to have conversations with patients about the needs of their dependent children.

How much do you agree or disagree with each?

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
There is enough support available within my workplace to help me reflect on these conversations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It would be helpful to me if there was a community of peers that I could engage with for support in respect of these conversations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like to deal with my feelings about these conversations in private.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



We'd like to get your thoughts on the course overall, and if you wish, you can take the opportunity to elaborate on your previous answers.

**Could you tell us what aspects of the course *worked well* for you?**

---

**And, please could you tell us what aspects *worked less well* for you?**

---

**Are there any ways you think the course could be improved?**

---

**Is there anything else you would like to tell us about the training course?**

---