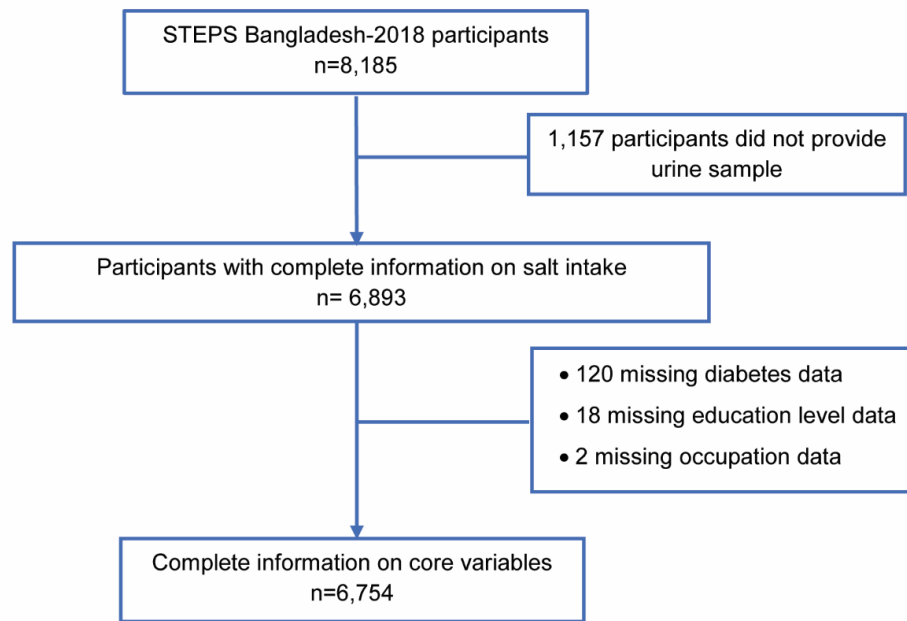


Supplementary Tables & figures

Supplementary Figure 1. Flow chart illustrating selection of eligible participants (n=6,754)

Supplementary Table 1. Characteristics of all study participants, overall and by sex (n=6,754).

Characteristics	Male N= 3,161	Female N= 3,593	Total N= 6,754
Age, median (IQR), y	35 (26,50)	34 (25,47)	35 (25,49)
Place of Residence			
Rural	1,655 (78.9%)	1,937 (81.5%)	3,592 (80.2%)
Urban	1,506 (21.1%)	1,656 (18.5%)	3,162 (19.8%)
Education			
No education	1,465 (44.4%)	1,699 (48.1%)	3,164 (46.3%)
Primary	844 (27.8%)	1,256 (34.6%)	2,100 (31.2%)
Secondary	365 (12.3%)	323 (9.7%)	688 (11.0%)
More than secondary	487 (15.5%)	315 (7.6%)	802 (11.5%)
Occupation			
Professional	1,294 (34.0%)	217 (5.2%)	1,511 (19.6%)
Manual labour	820 (26.0%)	170 (3.3%)	990 (14.6%)
Home maker	5 (0.3%)	3,080 (86.4%)	3,085 (43.4%)
Agriculture	731 (25.5%)	19 (0.5%)	750 (13.1%)
Unemployed & retired	147 (5.1%)	32 (1.5%)	179 (3.3%)
Students & others	164 (0.1%)	75 (3.1%)	239 (6.0%)
Smoking			
Never smoker	1,076 (38.7%)	3,537 (97.8%)	4,613 (68.3%)
Ever smoker	2,085 (61.3%)	56 (2.2%)	2,141 (31.7%)
Chewable tobacco users			
Never users	2,013 (68.6%)	2,312 (67.0%)	4,325 (67.8%)
Ever users	1,148 (31.4%)	1,281 (33.0%)	2,429 (32.2%)
Body mass index, mean (95%CI)	21.8 (CI:21.6-21.9)	23.4 (CI:23.1-23.7)	22.6 (CI:22.4-22.7)
Spot urinary Sodium (mmol/L)	93.0 (54.0,157.0)	100.0 (58.1,165.1)	96.0 (56.8,162.0)
Spot urinary Creatinine (mg/dL)	80 (45,145)	60 (35,105)	70 (40,125)
Predicted 24-hour urinary creatinine (mg/day)	1510.6 (1304.2,1683.6)	972.3 (887.6, 1054.1)	1106.7 (956.6,1477.6)
Diabetes			
Yes	321 (8.9%)	328 (8.0%)	649 (8.4%)
No	2,840 (91.1%)	3,265 (92.0%)	6,105 (91.6%)

*Data are presented as weighted mean (SD) for continuous variables (normally distributed), weighted median (IQR) for non-normally distributed continuous variables, and unweighted frequency and weighted percentages for categorical measures.

**Abbreviations: IQR, Interquartile range; N, number of participants; CI, 95% Confidence Interval.