

Appendix. The characteristics of included and excluded participants due to missing data

Variable	Excluded (n=516)	Included (n=2956)	<i>P</i> Value
Age, years	69.6(7.0)	70.0(7.0)	0.173
Sex, n (%)			0.436
Male	243(47.1%)	1447(49.0%)	
Female	273(52.9%)	1509(51.0%)	
Race/ethnicity, n (%)			<0.001
Mexican Americans	47(9.1%)	274(9.3%)	
Other Hispanics	55(10.7%)	292(9.9%)	
Non-Hispanic Whites	152(29.5%)	1428(48.3%)	
Non-Hispanic Blacks	196(38.0%)	644(21.8%)	
Other	66(12.8%)	318(10.8%)	
Education, n (%)			<0.001
Below high school	170(33.0%)	850(28.7%)	
High school graduate	123(23.8%)	421(14.2)	
Some college or above	219(42.4%)	1428(48.3%)	
Depressive symptoms	3.1(4.2)	3.5(4.8)	0.136
Smoking, n (%)			0.578
Never	265(51.4%)	1472(49.8%)	
Former	189(36.6%)	1095(37.0%)	
Current	59(11.4%)	385(13.0%)	
Body mass index, n (%)			0.001
<18.5 kg/m ²	16(3.1%)	44(1.5%)	
18.5-24.9 kg/m ²	134(26.0%)	758(25.6%)	
25.0-29.9 kg/m ²	142(27.5%)	1046(35.4%)	
≥30 kg/m ²	202(39.1%)	1051(35.6%)	
Physical activity, hours/week	8.1(10.0)	8.7(10.7)	0.558
Total cholesterol, mg/dL	192.5(45.9)	190.2(42.7)	0.385
Systolic blood pressure, mmHg	136.3(21.7)	133.5(27.0)	0.032
Digit Symbol Substitution Test	43.1(17.1)	45.8(17.5)	0.004
CERAD W-L delayed recall	5.6(2.5)	5.8(2.4)	0.093
CERAD W-L immediate recall	18.2(5.3)	18.5(5.0)	0.300
Animal Fluency Test	15.8(5.5)	16.4(5.6)	0.030