## Supplementary File 2: Prompts to assess quality of papers<sup>46</sup>

- 1. Are the aims and objectives of the research clearly stated?
- 2. Is the research design clearly specified and appropriate for the aims and objectives of the research?
- 3. Do the researchers provide a clear account of the process by which their findings were produced?
- 4. Do the researchers display enough data to support their interpretations and conclusions?
- 5. Is the method of analysis appropriate and adequately explicated?