Preferences for psychological therapy or support

This set of questions is seeking to develop an understanding of your preferences for therapy treatment.

1. Do you have a preference for the number of therapy sessions you might get?
   - 1-3
   - 4-8
   - 9-16
   - 17-30
   - Don’t know

2. How important is it that your treatment:
   - Includes being given medication?
     - Not important
     - Somewhat important
     - Very important
   - Includes a talking therapy?
     - Not important
     - Somewhat important
     - Very important
   - Addresses any feelings of anxiety?
     - Not important
     - Somewhat important
     - Very important
MUSE ARMS Feasibility Trial: Preferences Questionnaire; v1.0, 12.03.2023
IRAS Project ID: 323903

Addresses any feeling of low mood?
- Not important
- Somewhat important
- Very important

Helps you understand the causes of any unusual sensory experiences, such as hearing a voice?
- Not important
- Somewhat important
- Very important

Helps you learn to manage any unusual sensory experiences?
- Not important
- Somewhat important
- Very important

Helps you feel less distressed about any unusual sensory experiences?
- Not important
- Somewhat important
- Very important

3. What are your preferences for the way the therapist/clinical care team works with you?
   Please rate how important you think the following statements are:

I am given space to talk and feel heard
- Not important
- Somewhat important
- Very important
I work with my therapist to help me make sense of my experiences

- Not important
- Somewhat important
- Very important

I am involved in setting my own goals

- Not important
- Somewhat important
- Very important

I am given new ideas of how to cope with my experiences

- Not important
- Somewhat important
- Very important

4. How much do you hope to get the MUSE therapy?

- I would prefer to be allocated to MUSE based therapy
- I don’t mind one way or the other whether I receive MUSE based therapy
- I would prefer to be allocated to the treatment as usual.