Supplementary figure A

Enrollment

Assessed for eligibility (n=221)

Obtained informed consent (n=180)

Baseline assessments

Concealed randomisation (n=180)

Allocation

Allocated to occupational therapy group (n=90)
  Received allocated intervention (n=90)

Allocated to control group (n=90)
  Received allocated intervention (n=90)

Follow-ups

4 months follow-up (immediately before surgical consultation) (n=86)
  Lost to follow-up (n=4). Reasons recorded:
  Did not meet at follow-up (n=2), No time (n=1), Sick spouse (n=1)

18 months follow-up (n=83)
  Lost to follow-up (n=3). Reasons recorded:
  Another surgery needed (n=1), Serious hand injury (n=1). Reason not recorded (n=1)

24 months follow-up (n=84)
  Reappeared at follow up (n=1). Reason not recorded

4 months follow-up (immediately before surgical consultation) (n=84)
  Lost to follow-up (n=6). Reasons recorded:
  Did not want appointment with surgeon (n=1), Wanted conservative treatment (n=1), Travelling (n=1), Had moved (n=1), Did not want to participate any more (n=2)

18 months follow-up (n=81)
  Lost to follow-up (n=3). Reasons recorded:
  No CMC diagnosis (n=1), Surgeon recommended conservative treatment (n=1). Reason not recorded (n=1)

24 months follow-up (n=83)
  Reappeared at follow up (n=2). Reason recorded:
  Came back after trying conservative treatment (n=1), Reason not recorded (n=1)

Analysed

Quality-adjusted life-years (n=90)
  Cost collected from patient medical records (n=90)
  Self-reported costs (n=83-86)

Quality-adjusted life-years (n=90)
  Cost collected from patient medical records (n=90)
  Self-reported costs (n=81-84)