

## Appendix 1: Search strategy

MEDLINE (Ovid) search terms

Search conducted in MEDLINE (Ovid) on November 22, 2022 resulting in 2046 retrievals

AB (father OR parent\* OR pregnant OR partner OR spouse OR couple OR husband) OR TI (father OR parent\* OR pregnant OR partner OR spouse OR couple OR husband) OR MJ (parents OR spouses)

AND

AB (preventive intervention OR preventive nursing OR preventive care OR nursing care OR nursing intervention OR trial) OR TI (preventive intervention OR preventive nursing OR preventive care OR nursing care OR nursing intervention OR trial) OR MJ (preventive health services OR preventive psychiatry OR public health nursing OR health promotion OR community mental health services OR controlled trial)

AND

AB (depression OR peri\* depression OR post\*-depression OR ante\* depression OR depress\*) OR TI (depression OR peri\* depression OR post\*-depression OR ante\* depression OR depress\*) OR MJ (depression OR postpartum)

AND limited to English

AND limited to publication after 2011

Ichushi-Web search terms

Search conducted in Ichushi-Web on November 22, 2022 resulting in 1721 retrievals

AB (chichioya OR chichi OR ninshin OR pahntonah OR haigusha OR fuhfu OR otto) OR TI (chichioya OR chichi OR ninshin OR pahntonah OR haigusha OR fuhfu OR otto) OR MJ (chichi OR ryoushin OR ninshin OR haigusha)

AND

AB (yobou OR kango OR kea OR rinsho-shiken) OR TI (yobou OR kango OR kea OR rinsho-shiken) OR MJ (yobouteki-hokeniryousahbisu OR hokeneiseichishiki/taido/jissenn OR kenkou-kyouiku OR koushu-eisei OR kenkou-zoushin OR seishin-kango OR seishin-hoken OR rinsho-shiken)

AND

AB (utsu OR shusanki-utsu OR sango-utsu) OR TI (utsu OR shusanki-utsu OR sango-utsu) OR MJ (utsubyou)

AND limited to publication after 2011

**Appendix 2: Data extraction instrument**

Citation	Title	
	Author(s)	
	Year of publication	
	Journal	
Study information	Study design	
	Country	
	Purpose	
	Participants _ Recruiting method _ Response fraction	
	Methods	
Intervention	Content	
	Delivery mode	
	Intensity	
	Timing	
	Provider	
	Theoretical basis	
	Whether the intervention has	

	been used/tested before	
	Level of prevention	
Outcome		
Findings		
Reviewer's comment		