

Database: Ovid MEDLINE

Search nr	Term	Comment
<i>Concept 1 – Population</i>		
1	exp Dementia/ OR exp Cognition Disorders/ OR Cognitive Dysfunction/	[MeSH]
2	(dement* or Alzheimer* or lewy* or frontotemporal or FTD or FTLD or tvFTD or OBS or OBD or (lewy* adj2 bod*) or organic brain syndrome* or organic brain disease or organic brain disorder* or (ARD or AAMI or AACD or MCI or A-MCI or N-MCI or M-MCI or aMCI or MCIa or CIND or MCD or MNC or MNCD or NCD) or ag* associated cogniti* decline or ag* associated memory impairment or mild cognitive impairment or neurocognitive disorder* or preclinical AD or pre-clinical AD or (pre adj clinical AD)).ti,ab.	[Title/Abstract]
3	1 OR 2	
<i>Concept 2 – Intervention</i>		
4	exp Counseling/ OR exp Behavior Therapy/ OR exp Psychotherapy/ OR exp Bibliotherapy/	[MeSH]
5	((non adj pharmacologic*) or non-pharmacologic* or nonpharmacologic* or cognitive restructuring or cognitive reframing or behavio* activation or activity scheduling or problem solving or (cCBT or iCBT or ehealth or e-health or teletherapy or telehealth) or (self adj help) or (self adj manag*) or (self adj administer*) or (psycho* adj therapy) or (cognitive adj2 therap*) or (behavio* adj2 therap*) or (CBT or psychotherapy or psychodynamic or counseling or counselling or psychoeducation* or psychosocial or psychosocial) or (group adj therap*) or (group adj treatment*) or (group adj intervention*) or (group adj support) or psycho education*).ti,ab.	[Title/Abstract]
6	4 OR 5	
<i>Concept 3 – Outcome</i>		
7	exp Depression/ OR exp Anxiety/ OR exp Anxiety Disorders/ OR exp Mood Disorders/ OR Affective Symptoms/ OR Psychological Distress/	[MeSH]
8	("quality of life" or (mental adj health) or (mental adj distress) or (mental adj illness) or (psycholo*	[Title/Abstract]

	adj distress) or (neuropsycholog* or neuropsychiatric) or (mood or emotion* or affective or wellbeing or well-being or distress) or (negative adj affect) or Depress* or Melanchol* or Dysphori* or (anxiety or anxious or stress or worr*) or (well adj being)).ti,ab.	
9	7 OR 8	
<i>Concept 4 – Study design</i>		
10	exp Randomized Controlled Trial/ OR exp Clinical Trial/ OR Meta-Analysis/ OR Random Allocation/	[MeSH]
11	(random* controlled trial* or (RCT or Trial or review or meta-analysis) or (random* adj allocat*)).ti,ab.	[Title/Abstract]
12	10 OR 11	
<i>Final results</i>	3 AND 6 AND 9 AND 12	