

Supplementary Table 2 – Special Shoulder Tests

Special Shoulder Tests	
Stability	Apprehension
	Relocation
	Jerk test
Subacromial shoulder pain	Painful arch
	Neer
	Hawkings-Kennedy
Rotator cuff tests	Drop arm (SSP)
	Full can (SSP)
	Empty can/Jobe (SSP)
	Starter sign/ zero-degree abduction test (SSP)
	External rotation lag sign (SSP, ISP)
	5 th finger test (ISP)
	Resisted External Rotation Test (ISP)
	Hornblower (TM)
	Lift off (SSC)
	Internal Rotation Lag Sign (SSC)
	Belly-press (SSC)
	Bear Hug (SSC)
	AC-joint
Finger sign	
Cross-body adduction	
O'Brian / Active compression test	
Long head of biceps and superior labrum	Speeds (LHB)
	Yergason (LHB)
	O'Brian (LHB, SLAP)

SA=subacromial, SSP=supraspinatus, ISP=infraspinatus, TM=teres minor, SSC=subscapularis, AC= acromioclavicular, LHB= long head of biceps, SLAP= superior labrum from anterior to posterior