Appendix 2 A: Interview guide for Religious leaders

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Project title: The role of religious beliefs on adherence to antiretroviral therapy in the Cape Town Metropole

Place of the interview: _____

Name of interviewer: _____

Date of interview: _____

Short introductory remarks, explain the purpose of the study and the purpose of the discussion, and reassurance about confidentiality. Thank you for agreeing to participate in this research study.

Section A: Socio-demographic characteristics

1 How old are you? _____
2 Place of residence_____
3 Gender_____
4 Marital status _____
5 What is your level of education? Select one of the following: College, High school. Bachelors, Masters or Doctorate_____
6 What denomination is your church _____

Section B

Questions focused on general knowledge about HIV/AIDS and treatment

a) What do you know about HIV? (Probe methods of HIV transmission, diagnosis, people at risk, prevention, and the difference between HIV and AIDS and treatment)

Section C

Questions focused on a Christian's self-evaluation of his or her risk of developing problems as a result of non-adherence to ART

a) Why do you think Pentecostals go for HIV testing?
b) What do you think influences committed Pentecostals diagnosed with HIV to start taking ART (Probe the risk of developing AIDS-related complications)?
c) What do you think can go wrong with a committed Pentecostal patient who fails to take

ART as prescribed?

d) What situation will prompt you to advise a Pentecostal to stop taking ART as prescribed?

Section D

Questions focused on a Christian's self-assessment of the severity of the consequences of non-adherence to ART

a) What comes to your mind when you think of a Pentecostal patient not taking ART as prescribed? (Probe answers for details)

b) What are the consequences of not adhering to ART you are most worried about for non-adhering patients? (Probe answers for details)

c) What Christian religious beliefs do you think can affect the way Pentecostal patients think about the consequences of non-adherence to ART? (Probe experiences with such beliefs and where they come from etc.)

d)

Section E

Our questions focused on how a Christian self-evaluates the benefits of adhering to ART?

a) How do you think Pentecostal PLHIV are benefiting from taking ART?

b) What makes you feel good about Pentecostal HIV patients who are adhering to ART?

c) What is your opinion about instant, miraculous or spiritual healing of HIV/AIDS? (Probe experiences and testimonies on spiritual healing, items used on TV, social media, etc.)

d) What other things do you believe can help HIV/AIDS patients who do not take ART as prescribed?

e) What advice will you give to Pentecostal PLHIV concerning their Christian religious beliefs and their adherence to ART?

Section F

Questions focused on a Christian's evaluation of the barriers to taking ART as prescribed

a) How do you think Christian religious beliefs of Pentecostal PLHIV can affect their adherence to ART?

b) What Pentecostal ways of life do you think can affect their adherence to ART? (Probe stigma, unintended disclosure issues, beliefs on spiritual healing, pastors or reverends' instructions to focus only on prayers and church activities for healing, competing interests between time to attend religious activities and time to take ART as prescribed).

c) What other factors do you think can hinder PLHIV from adhering to ART? (Probe Social, financial, therapy, and healthcare systems-related barriers to adherence to ART)

Section G

Questions focused on the support that Christian PLHIV receive from Pentecostal Christian leaders

a) What comes to your mind when you think of the support needed by Pentecostal PLHIV who are not adhering to ART?

b) What HIV prevention strategies do you give to members of your congregation? (Probe strategies including condoms, PrEP, and how often they are used)?

c) How do you support Pentecostal PLHIV who are not adhering to adhere to ART (Probe social, emotional financial, material, spiritual, projects, programs or activities, etc.)?

d) What challenges do you face while supporting Pentecostal PLHIV are not adhering to ART?
e) Is there anything you will like to tell me further about Christian religious beliefs and adherence to ART in this community?

Thank you for your time

Appendix 2 B: Interview guide for Pentecostal Christians living with HIV

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Project title: The role of religious beliefs on adherence to antiretroviral therapy in the Cape Town Metropole

Place of the interview: _____

Name of interviewer: _____

Date of interview: _____

Short introductory remarks, explain the purpose of the study and the purpose of the discussion, and reassurance about confidentiality. Thank them for agreeing to participate in this research study.

Section A: Socio-demographic characteristics

1 How old are you? _____
2 Place of residence_____
3 Gender_____
4 Marital status _____
5 What is your level of education? Select one of the following: College, High school. Bachelors, Masters or Doctorate_____
6 What denomination is your church _____

Section B
Questions focused on general knowledge about HIV/AIDS and treatment

a) What do you know about HIV? (Probe methods of HIV transmission, diagnosis, people at risk, prevention, and the difference between HIV and AIDS and treatment)

Section C
Questions focused on a Christian's self-evaluation of his or her risk of developing problems as a result of non-adherence to ART

a) When did you start taking ART (Probe the risk of developing AIDS-related complications)?
b) What are you most worried about concerning not taking ART as prescribed?
c) What will you do if you were told by a famous man of God or your Christian leader to stop taking ART and focus on divine healing? (Probe the respondent's response)

Section D

Questions focused on a Christian's self-assessment of the severity of the consequences of non-adherence to ART

a) What consequences of not adhering to ART are you most worried about? (Probe answers for details)
b) What beliefs affect your thinking about the consequences of not adhering to ART? (Probe answers for examples of Christian religious beliefs and where they come from).

Section E

Our questions focused on how a Christian self-evaluates the benefits of adhering to ART?

a) How do you feel about your health since you started taking ART?
b) What makes you feel good about ART since you started using the medication?
c) What do you know about instant miraculous or spiritual healing of HIV/AIDS? (Probe experiences and testimonies on spiritual healing, items used on TV, social media, etc.).
d) What other things do you believe can help you if you do not take your ART as prescribed?
e) What advice will you give to a Pentecostal on ART concerning Christian religious beliefs and adherence to ART?

Section F

Questions focused on a Christian's evaluation of the barriers to taking ART as prescribed

a) What beliefs affect the way you take ART?
b) How does your Christian way of life affect your adherence to ART? (Probe stigma, unintended disclosure issues, beliefs on spiritual healing, instructions from Christian religious leaders to focus on prayers and church rituals for healing, time constraints to fully participate in all church activities, and also to take ART as prescribed).
c) What other factors affect your adherence to ART? (Probe Social, financial, therapy, and healthcare systems-related barriers to adherence to ART)

Section G

Questions focused on the support that Christian PLHIV receive from Pentecostal Christian leaders

a) What comes to your mind when you think of the support you need to adhere to ART?
b) What HIV prevention strategies do your Christian leaders give you? (Probe strategies including condoms, PrEP, and how often they are used)?
c) How do your Christian leaders support you to adhere to ART (Probe social, emotional financial, material, spiritual, projects, programs or activities, etc)?
d) What challenges do you think your Christian leaders face in supporting Pentecostals to adhere to ART?
e) Is there anything you will like to tell me further about your Christian religious beliefs and your adherence to ART?

Thank you for your time

Appendix 2 C: Interview guide for healthcare workers

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Project title: The role of religious beliefs on adherence to antiretroviral therapy in the Cape Town Metropole

Place of the interview: _____

Name of interviewer: _____

Date of interview: _____

Short introductory remarks, explain the purpose of the study and the purpose of the discussion, and reassurance about confidentiality. Thank you for agreeing to participate in this research study.

Section A: Socio-demographic characteristics

1. How old are you? _____
2 Place of residence_____
3 Gender_____
4 Marital status _____
5 What is your level of education? Select one of the following: College, High school. Bachelors, Masters or Doctorate_____
6 What denomination is your church _____

Section B:
Questions focused on a Christian's self-evaluation of his or her risk of developing problems as a result of non-adherence to ART

a) Why do you think Pentecostals test for HIV?
b) How do you think Pentecostal PLHIV assesses the risk linked to non-adherence to ART?
c) What Christian religious beliefs do you think can placate the minds of Pentecostal PLHIV not to worry about developing health complications due to non-adherence to ART?

Section C
Questions focused on a Christian's self-assessment of the severity of the consequences of non-adherence to ART

a) In what way do you think Pentecostal PLHIV assesses the consequences of non-adherence to ART? (Probe answers for details).
b) What health issues worry you the most concerning non-adherence to ART by patients?
c) What are your experiences with Pentecostal PLHIV regarding non-adherence to ART?
d) Which beliefs can diminish a patient's assessment of the consequences of non-adherence to ART?

Section D

Our questions focused on how a Christian self-evaluates the benefits of adhering to ART?

a) How do you think Pentecostal PLHIV are benefiting from ART?
b) What do you know about instant miraculous or spiritual healing of HIV/AIDS? (Probe experiences or testimonies on spiritual healing, items used on TV, social media, etc.).
c) What is your advice to Pentecostal PLHIV concerning their Christian religious beliefs and their adherence to ART?

Section E

Questions focused on a Christian's evaluation of the barriers to taking ART as prescribed

a) How can peoples' beliefs hinder their adherence to ART?
b) What do you know about the Pentecostal way of life that can affect adherence to ART? (Probe stigma, unintended disclosure issues, beliefs on spiritual healing, instructions from Christian religious leaders to focus on prayers and church rituals for healing, time contains to fully participate in all church activities, and also to take ART as prescribed).
c) What other barriers can hinder adherence to ART in Pentecostal PLHIV? (Probe Social, financial, therapy, and healthcare systems-related barriers to adherence to ART?

Section F

Questions focused on the support that Christian PLHIV receive from Pentecostal Christian leaders

a) What comes to your mind when you think of the support needed by Pentecostal PLHIV who are not adhering to ART?
b) What do you know about the HIV prevention strategies used by Pentecostal Christian leaders to help their members (Probe strategies including condoms, PrEP, and how often they are used)?
c) What do you know about the support Pentecostal PLHIV receives from Pentecostal Christian leaders in this community? (Probe social, emotional financial, material, spiritual, projects, programs or activities, etc.)?
d) What challenges do you think Pentecostal Christian leaders face while supporting Pentecostal PLHIV who are not adhering to ART in this community?
e) Is there anything that you will like to tell me concerning Pentecostal Christian leaders and adherence to ART in this community?

Thank you for your time