

BMJ Open From registration, protocol to report: are COVID-19-related RCTs in mainland China consistent? A systematic review of clinical trial registry and literature

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ABSTRACT

Objective To provide a comprehensive review of registered COVID-19-related randomised controlled trials (RCTs) in mainland China and evaluate the transparency of reporting through comparison of registrations, protocols and full reports.

Design Systematic review of trial registrations and publications.

Data sources International Clinical Trials Registry Platform, Chinese Clinical Trial Registry, ClinicalTrials.gov, the ISRCTN registry and EU Clinical Trial Register were accessed on 1 February 2022. Publications were searched in PubMed, Embase, Cochrane Library, Google Scholar, CNKI.net and Wanfangdata from 10 February 2022 to 12 February 2022.

Eligibility criteria Eligible trials were COVID-19 related RCTs carried out in mainland China. Observational studies, non-randomised trials and single-arm trials were excluded.

Data extraction and synthesis Two reviewers independently extracted data from registrations, publications and performed risk of bias assessment for trial reports. Information provided by registrations and publications was compared. The findings were summarised with descriptive statistics.

Results The number of eligible studies was 415. From these studies 20 protocols and 77 RCT reports were published. Seven trials published both protocol and RCT full report. Between registrations and publications, discrepancy or omission was found in sample size (7, 35.0% for protocols and 47, 61.0% for reports, same below), trial setting (13, 65.0% and 43, 55.8%), inclusion criteria (12, 60.0% and 57, 74.0%), exclusion criteria (10, 50.0% and 54, 70.1%), masking method (9, 45.0% and 35, 45.5%) and primary outcome or time frame of primary outcome measurement (14, 70.0% and 51, 66.2%). Between protocols and full reports, 5 (71.4%) reports had discrepancy in primary outcome or time frame of primary outcome measurement.

Conclusions Discrepancy among registrations, protocols and reports revealed compromised transparency in reporting of COVID-19-related RCTs in mainland China. The importance of trial registration should be further emphasised to enhance transparent RCT reporting.

STRENGTHS AND LIMITATIONS OF THIS STUDY

- ⇒ The study provided a full coverage of publicly registered randomised controlled trials (RCTs) related to the prevention, treatment or prognosis of COVID-19 infection.
- ⇒ The study identified publications citing these registration records and examined the consistency of methodology among registrations, protocols and full reports.
- ⇒ The study included only RCTs performed in mainland China.
- ⇒ RCT reports that did not cite any registration number (if any) were not included in the analysis.

INTRODUCTION

Evidence-based medicine aims to achieve optimal decision making in the care of individual patients, using the current best evidence.¹ Among all types of evidence, randomised controlled trials (RCT), together with systematic reviews of RCTs, are accorded the highest level of credibility and thus play an important role in evidence-based medicine.² However, not all RCTs are of the same quality, which leads to clinical research methodologists' emphasis on transparency in RCT reporting.³

'The whole of medicine depends on the transparent reporting of clinical trials.'⁴ Transparent reporting requires a complete description of methodology through which the trial data are collected and analysed, a report without omitting any data generated by the trial and a standard way of writing.³ Much effort has been spent on promoting transparent reporting, including the International Committee of Medical Journal Editors (ICMJE) member's requirement for registration in public trial registry prior to enrollment⁵ and the announcement of CONSolidated Standards Of Reporting Trials (CONSORT) statement.⁶ However, the overall transparency of RCTs remains



suboptimal, and incomplete or selective reporting in publication remains an issue. Before mandatory clinical trial registration was enforced by ICMJE in 2005, Chan *et al* reported 62% published trial report had modified, introduced or omitted in comparing the trial protocols approved by the Scientific-Ethical Committees for Copenhagen and Frederiksberg⁷; when similar approach was applied to trials approved for funding by the Canadian Institutes of Health Research, researchers found that primary outcome differed between reports and protocols in 40% of the trials.⁸

To ensure transparency in trial reporting and reduce selective reporting, the ICMJE initiative encouraged researchers to make trial information available to the public.⁵ Since then, the number of registrations has increased greatly.^{9–10} Prospective registration is a powerful tool in reducing selective reporting as it reflects researchers' intention at planning stage of the trials, and can be compared with published full reports.¹¹ Mathieu *et al* compared registrations and publications of RCTs in journals with highest impact factors in cardiology, rheumatology and gastroenterology, finding that 31% or properly registered RCTs had discrepancies between registered and published primary outcomes¹²; according to Rayhill *et al*, only about 25% of RCTs published in the core headache medicine journals displayed proper compliance with trial registration.¹³ In two systematic reviews summarising studies that compared registrations with full reports, Jones *et al* found the median proportion of trials with identified discrepancy in primary outcome was 31%,¹⁴ and Li *et al* also reported high level of inconsistency in outcome reporting ranging from 14% to 100%.¹¹

The ongoing pandemic of COVID-19 is a major public health concern. Numerous clinical trials have been registered and published to address scientific questions regarding the prevention, treatment and prognosis of the disease, and so far, many reports have been published. Kataoka *et al* examined COVID-19 RCT articles in medRxiv and PubMed, revealing problems in research methods and the impact on report quality associated with accelerated publication.¹⁵ However, no study has examined the transparency and selective reporting in COVID-19 trials by comparing full reports with trial registrations. In this study, we aimed to provide a comprehensive review of characteristics of registered COVID-19-related RCTs in mainland China, and evaluate the level of transparency and selective reporting by comparing trial registrations, published protocols and full reports.

METHODS

Clinical trial registration screening

International Clinical Trials Registry Platform (ICTRP), Chinese Clinical Trial Registry (ChiCTR), ClinicalTrials.gov (NCT), the ISRCTN registry (ISRCTN) and EU Clinical Trial Register (EUCTR) were accessed on 1 February 2022. A complete list of COVID-19 trials updated on 22 January 2022 was retrieved from ICTRP. Eligible studies

were RCTs related to prevention, treatment or prognosis of COVID-19 infection. Studies were excluded if they were observational, non-randomised, single-arm trials or outside of mainland China. For multicentre trials, all centres must be located in mainland China to be eligible for analysis. From ChiCTR, index of studies of COVID-19 updated on 22 December 2021 was obtained. Studies registered after this date were screened manually. From NCT, list of interventional clinical studies related to COVID-19 was accessed, and map panel was used to select studies performed in mainland China. For ISRCTN and EUCTR, searches were conducted manually with keywords “COVID-19”, “COVID-19”, “SARS-Cov-2” or “2019-nCov” and the results were screened for eligibility according to above mentioned criteria (for review protocol and detailed search strategy, see online supplemental file 1).

We extracted registration ID, date of registration, date of last update, date of first enrolment, scientific/official title, objective, intervention of interest, comparator, primary purpose, recruitment status, estimated enrolment, arms, ethical approval information (ChiCTR only), name and location of centres, randomisation (ChiCTR only), masking, inclusion and exclusion criteria, primary outcomes and other relevant information from registration records. Repeated registration was identified through examining similarity of trial characteristics. For multiregistered trials, only the record cited by publication and (if all/none of repeated registration records was cited) the most recently updated record shall be eligible for further analysis. Characteristics of included registrations were summarised and presented as count (%) or median (IQR). Scatter plot and line chart were plotted to illustrate the trend of registered trials in each province of mainland China.

Literature search

Literatures citing these registrations were searched from 10 February 2022 to 12 February 2022 in PubMed, Embase, Cochrane Library, Google Scholar and two frequently used databases for Chinese language literature, CNKI.net and Wanfangdata, using registration ID as unique identifiers. From published protocols and trial reports, date of first enrolment, estimated enrolment, arms, centre names, inclusion/exclusion criteria, primary/secondary outcomes and information regarding randomisation and masking were extracted. Risk of bias assessment for published trial reports was performed using RoB 2.¹⁶ Next, information extracted from registration records, published protocols and reports was compared, and the level of consistency was evaluated.

Registration screening, literature search, data extraction, risk of bias assessment and comparison were independently performed by two reviewers and consensus was reached through discussion.

Patient and public involvement

Patients or public was not involved in the design, conduct, reporting or dissemination plans, since the

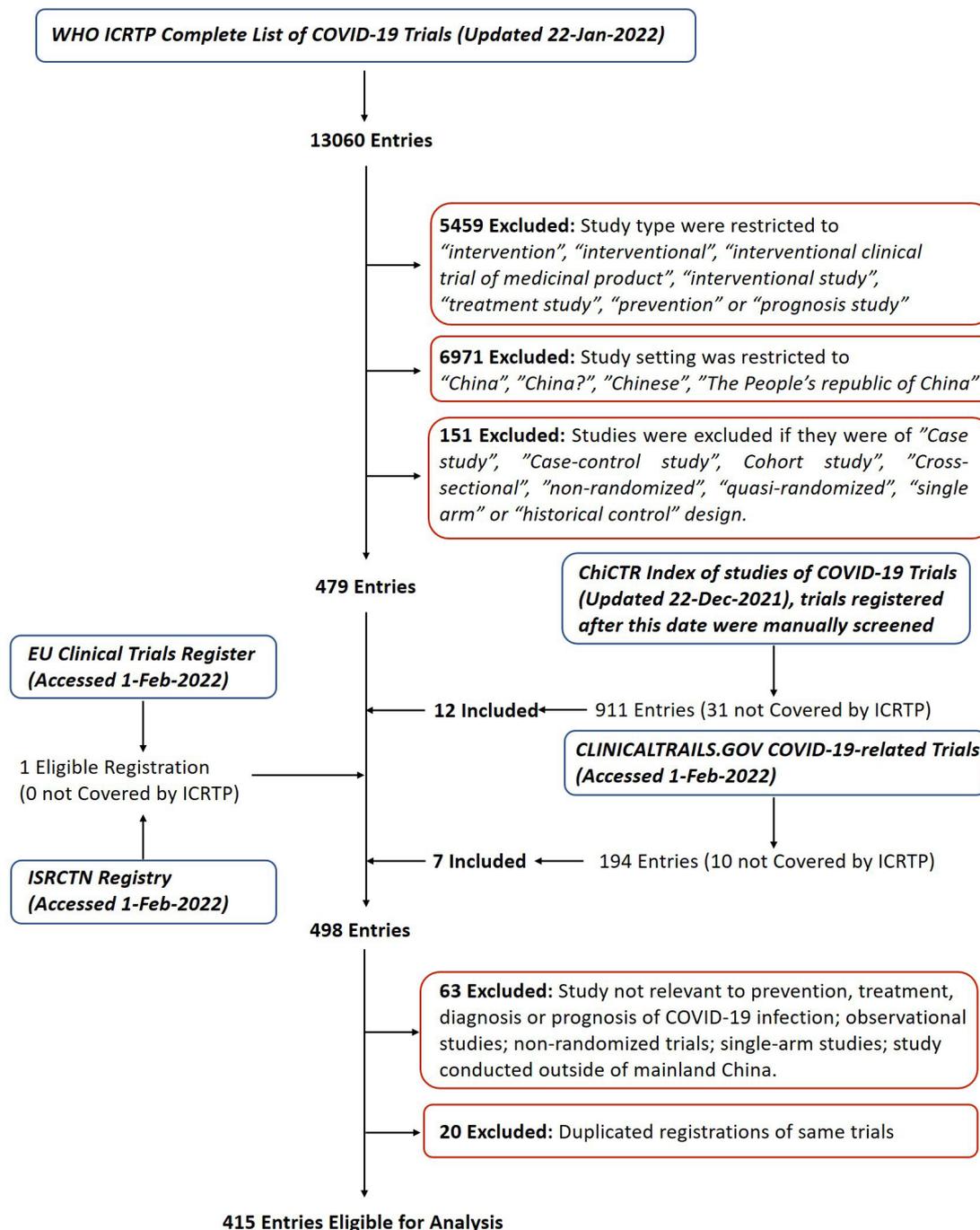


Figure 1 The screening process of registration records.

research question of this study made such involvement unnecessary.

RESULTS

A total of 435 registration records met eligibility criteria, in which 20 studies were repeatedly registered on ChiCTR and NCT, making the number of eligible studies 415 (see online supplemental file 2). The flow chart of screening process is shown in figure 1.

Characteristics of registered trials

Among all included studies, 303 (73.0%) were registered in ChiCTR, 111 (26.7%) in NCT and 1 (0.2%) in

ISRCTN and 243 (58.6%) were registered before the date of first enrolment. Most of the trials aimed to investigate the prevention (105, 25.3%) or treatment (290, 69.9%) of COVID-19. At the time of the most recent update, 133 (32.0%) trials did not start recruitment, 206 (49.6%) were recruiting and 55 (13.3%) trials completed recruitment, while 21 (5.1%) studies were suspended, terminated or withdrawn. The median estimated enrolment was 120. 32.8% trials (126) were multicentred and 68.4% (284) were two-armed. For participants, 285 (68.7%) trials recruited clinical diagnosed COVID-19-infected patients, 8 (1.9%) recruited suspected cases or close contacts of diagnosed patients, and 122 (29.4%)



recruited participants not infected by COVID-19. 39.5% (164) registrations did not specify any masking method, 125 (30.1%) were open-label studies and single/double masking was applied in 126 (30.4%) studies. A total of 415 trials registered a total of 2951 outcomes, including 1048 primary outcomes and 1903 secondary outcomes. A total of 186 (44.8%) trials specified 1 primary outcome in registration record and 226 (54.5%) declared more than one primary outcomes. Primary outcome was missing for 3 (0.9%) registrations. 313 (75.4%) registrations had prespecified secondary outcomes (table 1).

Charts were plotted to illustrate the trend of increasing trial registration in mainland China and each Province. The first COVID-19 trial in mainland China was registered on 23 January 2020. As the pandemic began in Wuhan, COVID-19-related RCTs emerged in Hubei province first, and then expanded to other provinces. The next 4 months witnessed dramatic increase of trial registrations. this trend reached plateau around June 2020 and was thereafter steadily increasing until the day of data extraction (figure 2A).

Publications from registered trials

From the 415 registered trials, 85 reports and 20 protocols were published; eight reports were excluded from analysis since the study design was described as non-RCT (see online supplemental file 1). Risk of bias assessment was performed for 77 RCT reports. Overall, high risk was found in 35 (45.5%) reports; 33 (42.9%) reports had some concerns; 9 (11.7%) were at low risk. The most common risk of bias was selection of reported result, with 60 (77.9%) reports having some concerns or high risk. Deviations from intended interventions (43, 55.9% for studies with some concerns or high risk, same below) and randomisation issues (31, 40.3%) were also frequently documented. (figure 2B)

Comparison between protocols and trial registrations

In 20 published protocols, 6 (30.0%) had deviation in sample size and 8 (40.0%) had discrepancy in setting; More than half of them differed in inclusion criteria (12, 60.0%) or exclusion criteria (10, 50.0%); 9 (45.0%) did not specify who was masked in the text or registration. There were 11 (55%) discrepancies in nature of the primary outcomes between the registrations and the protocols. This included introducing new primary outcomes in protocol (8, 40.0%), omitting registered primary outcomes (8, 40.0%) and describing registered primary outcomes as secondary outcomes (9, 45.5%). None of the protocols declared outcome change and rationale. Only two (10.0%) protocols were consistent in all domains (table 2) (see online supplemental file 2).

Comparison between reports and trial registrations

From 74 registrations, 77 RCT reports eligible for analysis were published. Forty-seven (61.0%) of the reports had discrepancies in sample size and the deviation was more than 20% in 36 (46.8%) of them. Discrepancy in

Table 1 Characteristics of all included studies

Characteristic	Value	Proportion (%)
Count of eligible Studies	415	100
Registry		
ChiCTR	303	73.0
ClinicalTrials.gov	111	26.7
ISRCTN	1	0.2
Registration Status		
Prospective	243	58.6
Retrospective	172	41.4
Primary purpose		
Prevention	105	25.3
Treatment	290	69.9
Prognosis/quality of Life	19	4.6
Health services research	1	0.2
Multicentre research		
Yes	136	32.8
No	273	65.8
Unknown	6	1.4
Recruitment status		
Not yet recruiting	133	32.0
Recruiting	206	49.6
Completed	55	13.3
Suspended, terminated or withdrawn	21	5.1
Suspended research	34	8.2
Estimated enrolment		
Median (IQR)	120 (240)	
Min, Max	0, 29 000	
Missing	3	0.9
No of arms		
2 arms	284	68.4
3 arms	59	14.2
4 arms	31	7.5
5 arms	5	1.2
6–10 arms	25	6.0
More than 10 arms	11	2.7
Participants		
Patient	285	68.7
Suspected or close contact of confirmed patient	8	1.9
Healthy	122	29.4
Masking		
Single/double blind	126	30.4
Open label	125	30.1
Not stated	164	39.5
Count of primary outcome		
0	3	0.7
1	186	44.8
2	101	24.3
3	49	11.8

Continued

Table 1 Continued

Characteristic	Value	Proportion (%)
4	28	6.7
5	14	3.4
More than 5 primary outcomes	34	8.2
Median (IQR)	2 (2)	
Min, Max	0, 23	
Total no of primary outcomes	1048	
Count of secondary outcome		
0	102	24.6
>0	313	75.4
Median (IQR)	4 (6)	
Min, Max	0, 32	
Publication		
None	322	77.6
Protocol only	13	3.1
Report only	73	17.6
Both protocol and report	7	1.7

setting was present in 21 (27.3%) reports. Fifty-four (70.1%) reports had deviation in inclusion criteria and 46 (59.7%) had different exclusion criteria. Seven (9.1%) reports had deviation in masking method, among which masking was upgraded (open-label changed to single/double-blind or single-blind changed to double-blind) in five (6.5%) studies and downgraded in two (2.6%) study. In primary outcome, 4 (5.2%) reports did not specify primary outcome in text or corresponding registration; 34 (44.2%) reports had deviation in primary outcome, including introducing new primary outcomes (18, 23.4%), omitting registered primary outcomes (23, 29.9%), describing registered secondary outcomes as primary outcomes (7, 9.1%) and describing registered primary outcomes as secondary outcomes (15, 19.5%). Furthermore, seven (9.1%) reports did not specify time frame of primary outcome measurement in registry/text and six (7.8%) had deviation in time frame of primary outcome measurement. None of the reports declared outcome change and rationale. Only four (5.2%) reports maintained full consistency in all domains (table 2). Among the 183 primary outcomes of the 74 registrations, 59 (32.2%) were correctly reported (see online supplemental file 2).

Comparison between protocols and full reports

There were seven trials where both protocol and RCT report were published. When comparing full reports to protocols, deviation in sample size and setting was found in six (85.7%) and three (42.9%) reports, respectively. More than half of the reports four (57.1%) differed from protocols in inclusion criteria and three (42.9%) differed in exclusion criteria. Deviation in masking was found in one (14.3%) report. Five (71.4%) reports had difference in primary outcome or time frame of primary outcome. None of the reports disclosed outcome change

and rationale. None of the reports maintained full consistency with the protocols (table 3) (see online supplemental file 2).

DISCUSSION

To summarise, 20 protocols and 77 RCT reports were published from 415 registrations in mainland China. Comparing to registrations, 90% protocols and 94.8% reports had discrepancy in at least one domain, in which deviation in primary outcome or time frame of primary outcome measurement occurred in 60% (12/20) protocols and 51.9% (40/77) reports. In trials where both protocol and report were published, 71.4% (5/7) full reports had discrepancies in primary outcome or time frame of measurement comparing to the protocols. Furthermore, risk of bias assessment revealed that a majority (88.4%) of the RCT reports had some concerns or high risk in overall bias, and selection of reported result was the most prevalent issue.

Since the pandemic of COVID-19 is a major public health issue, RCT evidence is urgently needed to support clinical decision making in the prevention, treatment or prognosis of this disease. However, methodological concerns in such trials were noted. Previously, Kataoka *et al* reported research methods and reporting problems in medRxiv and PubMed publications related to COVID-19 RCTs, and inconsistency with trial registration was identified in 62% of 13 medRxiv literatures and 30% of 16 PubMed articles; the authors pointed out that these problems might result from the accelerated publication process,¹⁵ yet the study only covered a limited number of publications because it was performed in June 2020. One year and a half later, our comprehensive review of COVID-19 trial registrations, protocols and reports suggested the finding was not incidental.

To assess the significance of our findings, we compared the results with other studies that evaluated the consistency among trial registrations, protocols and reports. In 2011, Dwan *et al* systematically reviewed cohort studies comparing contents of trial registry entries or protocols with trial reports, and in 33% to 67% of RCTs primary outcome was the same in protocol as in publication, while in 69%–82% of RCTs primary outcome in report was consistent with trial registration¹⁷; in the study of Li *et al*, the median inconsistency of outcome reporting was 54% (IQR: 29%–72%)¹¹; Jones *et al* reported a median proportion of 31% trials had discrepancy between registered and published primary outcome. The rates of discrepancy reported by our study were higher than Dwan *et al* or Jones *et al* studies, and were similar to the median rate reported by Li *et al*.

These results revealed compromised transparency in COVID-19 related RCT reporting in mainland China, and also suggested the presence of selective reporting in RCTs in other fields of study. Such findings are noteworthy especially for peer-reviewers and journal editors, as compromised transparency might undermine the value of

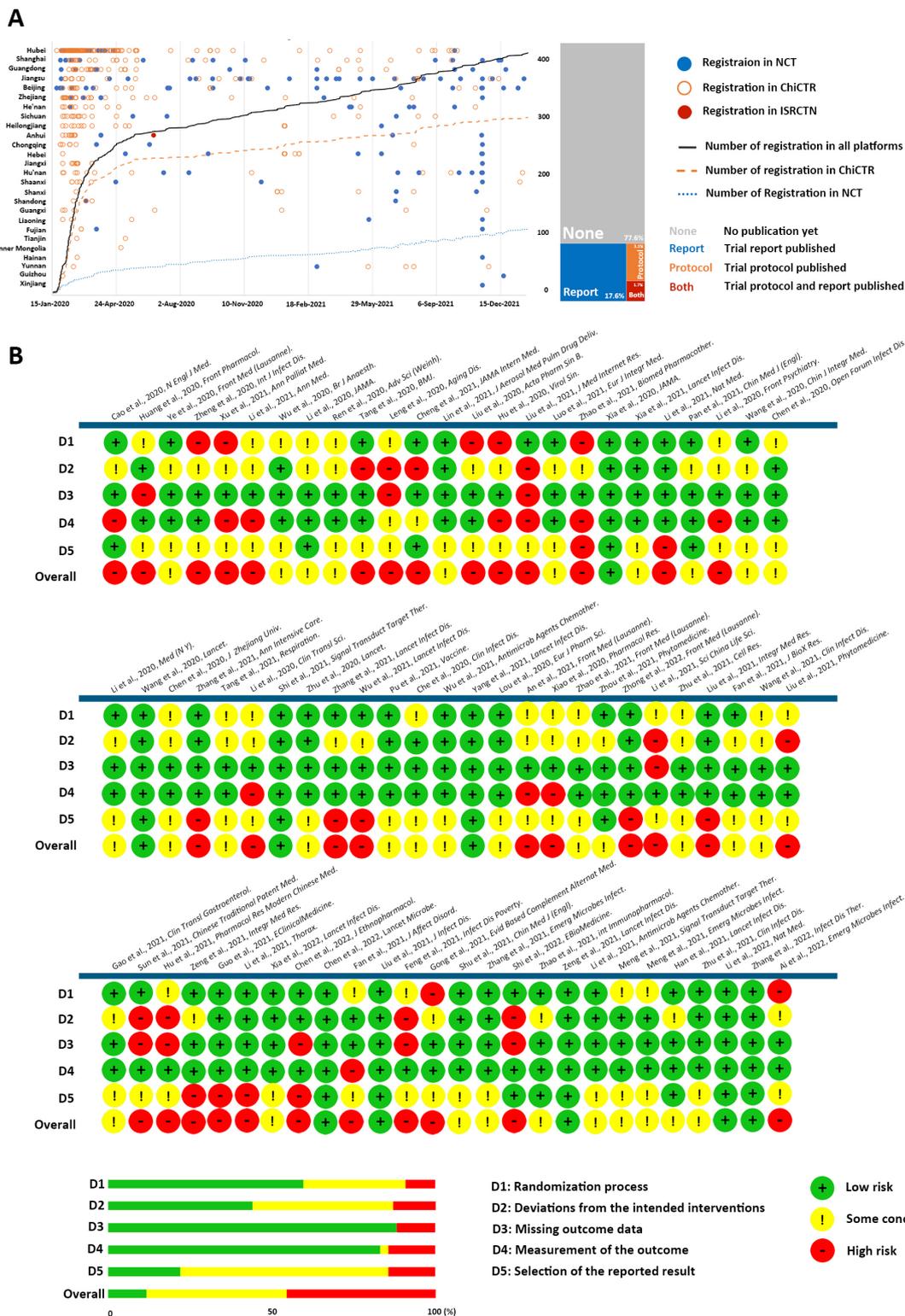


Figure 2 (A) The trend of registration of COVID-19-related RCTs in total and in each Province. When a trial is multicentred and recruited participants in multiple provinces, the trial is considered to take place in these provinces simultaneously. The publication status of these registered trials is also shown. (B) Results of risk of bias assessment are shown for each RCT report included in this review, the risks in each domain and overall risk are also summarised. RCT, randomised controlled trial.

these trials. Furthermore, the fact that RCT reports were published by less than a quarter of registered trials indicated potential presence of publication bias: a phenomenon of selective publication of studies depending on the results.¹⁸ However, since our research methods were not

designed to detect publication bias, we decided to leave this question to future research.

ICMJE’s policy of mandatory prospective registration in member journals led to dramatic increase of trial registrations, while the registration data were often inadequate,

Table 2 Comparison between registration records and publications

Domain	Protocol N=20	Report N=77
Sample size		
Not specified in registry or publication	1 (5.0%)	0
Deviation (any)	6 (30.0%)	47 (61.0%)
Deviation ≥1%	5 (25.0%)	47 (61.0%)
Deviation ≥20%	5 (25.0%)	36 (46.8%)
Deviation ≥50%	4 (20.0%)	25 (32.5%)
Deviation ≥100%	4 (20.0%)	2 (2.6%)
Setting (centre)		
Not specified in registry or publication	5 (25.0%)	22 (28.6%)
Deviation (any)	8 (40.0%)	21 (27.3%)
Inclusion criteria		
Not specified in registry or publication	0	3 (3.9%)
Deviation (any)	12 (60.0%)	54 (70.1%)
Exclusion criteria		
Not specified in registry or publication	0	8 (10.4%)
Deviation (any)	10 (50.0%)	46 (59.7%)
Masking		
Not specified in registry or publication	9 (45.0%)	28 (36.4%)
Deviation (any)	0	7 (9.1%)
Masking upgraded in publication	0	5 (6.5%)
Masking downgraded in publication	0	2 (2.6%)
Primary outcome		
Not specified in registry or publication	0	4 (5.2%)
Deviation in nature of primary outcome (any)	11 (55.0%)	34 (44.2%)
New primary outcome introduced in publication	8 (40.0%)	18 (23.4%)
Registered primary outcome omitted in publication	8 (40.0%)	23 (29.9%)
Secondary outcome in registry described as primary outcome in publication	0	7 (9.1%)
Primary outcome in registry described as secondary outcome in publication	9 (45.0%)	15 (19.5%)
Not specified time frame of primary outcome in registry or publication (if no deviation in nature of primary outcome)	2 (10.0%)	7 (9.1%)
Deviation in time frame of primary outcome in registry or publication (if no deviation in nature of primary outcome)	1 (5.0%)	6 (7.8%)

changed over time and differed between registration and publication.¹⁹ The goal of ICMJE's policy was to promote transparent reporting of trials, yet this could not be achieved unless journal editors and reviewers fully utilise information provided by trial registration: a survey by Mathieu *et al* suggested only around one-third reviewers routinely used registration information when evaluating manuscripts.²⁰ Changes in primary outcome or other domains of trial design might be due to either good reasons or investigators' effort to produce favourable results from the data.¹⁴ In either case, the validity of evidence provided by the trial could not be confidently assessed without emphasising transparency of reporting.

Cooperation of different stakeholders is required to promote transparency. We suggest principal investigators should ensure that the trial is prospectively registered and registration information is properly filled; peer reviewers should routinely use trial registries to assess manuscripts and demand explanation whenever discrepancy occurs; journal editors should prioritise the evaluation of trial registration in peer review process.^{11 14} Future studies will be needed to reveal the trend of consistency over time and assess possible improvement caused by increasing scrutiny of peer reviewers, new policy of journals and ascensive familiarity of investigators with trial registration process.

**Table 3** Comparison between protocols and full reports

Domain	RCT full reports N=7
Sample size	
Not specified in protocol or report	0
Deviation (any)	6 (85.7%)
Deviation $\geq 1\%$	6 (85.7%)
Deviation $\geq 20\%$	5 (71.4%)
Deviation $\geq 50\%$	3 (42.9%)
Deviation $\geq 100\%$	0
Setting (centre)	
Not specified in protocol or report	2 (28.6%)
Deviation (any)	3 (42.9%)
Inclusion criteria	
Not specified in protocol or report	0
Deviation (any)	4 (57.1%)
Exclusion criteria	
Not specified in protocol or report	0
Deviation (any)	3 (42.9%)
Masking	
Not specified in protocol or report	1 (14.3%)
Deviation (any)	1 (14.3%)
Masking upgraded in report	1 (14.3%)
Masking downgraded in report	0
Primary outcome	
Not specified in protocol or report	0
Deviation in nature of primary outcome (any)	3 (42.9%)
New primary outcome introduced in report	1 (14.3%)
Registered primary outcome omitted in report	1 (14.3%)
Secondary outcome in protocol described as primary outcome in report	1 (14.3%)
Primary outcome in protocol described as secondary outcome in report	2 (28.6%)
Not specified time frame of primary outcome in protocol or report (if no deviation in nature of primary outcome)	0
Deviation in time frame of primary outcome in protocol or report (if no deviation in nature of primary outcome)	2 (28.6%)

RCT, randomised controlled trial.

The study had several limitations. First, the complete lists of COVID-19-related clinical trials were retrieved from ICTRP and ChiCTR and filtered by the labels provided by these lists, thus, the completeness and precision of record screening relied on the correctness of these lists. Second, the search of publications for eligible registration record was conducted with trial registration number as unique

identifiers; if a publication did not cite any registration number, the article could not be included in analysis. This approach might lead to omission of publications that did not contain any trial identifier, but provided definitive evidence in linking registrations to publications and minimised the possibility of making mistakes. Third, the reviewers only analysed the most recent updated version of registration record, without considering the historical changes, yet the validity of conclusion of this review is not jeopardised, since this approach tended to overestimate, but not underestimate, the overall transparency, in that registrations are often modified after trial completion to display false consistency with publications.^{14 19} Last, our search results were limited to peer-reviewed English and Chinese literatures, and the findings could not reliably represent studies published in languages other than English or Chinese. We did not review any literatures that had not undergone peer-review process (eg, manuscripts posted on preprint servers). However, without quality control in review process, it would be reasonable to assume that such preprints have no lower rate of discrepancy compared with peer-reviewed publications.

CONCLUSION

The high rates of discrepancy among registrations, protocols and full reports of COVID-19-related RCTs in mainland China revealed compromised transparency in trial reporting. Investigators, peer reviewers and journal editors should make efforts to improve the utilisation of trial registration information and promote transparent reporting.

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