

# BMJ Open

BMJ Open is committed to open peer review. As part of this commitment we make the peer review history of every article we publish publicly available.

When an article is published we post the peer reviewers' comments and the authors' responses online. We also post the versions of the paper that were used during peer review. These are the versions that the peer review comments apply to.

The versions of the paper that follow are the versions that were submitted during the peer review process. They are not the versions of record or the final published versions. They should not be cited or distributed as the published version of this manuscript.

BMJ Open is an open access journal and the full, final, typeset and author-corrected version of record of the manuscript is available on our site with no access controls, subscription charges or pay-per-view fees (<http://bmjopen.bmj.com>).

If you have any questions on BMJ Open's open peer review process please email [info.bmjopen@bmj.com](mailto:info.bmjopen@bmj.com)

# BMJ Open

## Vaccination or restriction?: COVID-19 vaccine hesitancy and vaccine passports

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2022-060829
Article Type:	Original research
Date Submitted by the Author:	06-Jan-2022
Complete List of Authors:	Okamoto, Shohei; Tokyo Metropolitan Institute of Gerontology, Research team for social participation and community health; National Center for Global Health and Medicine, Institute for Global Health Policy Research Kamimura, Kazuki; Konan University, Hirao School of Management Komamura, Kohei; Keio University, Faculty of Economics
Keywords:	COVID-19, HEALTH ECONOMICS, Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, Infection control < INFECTIOUS DISEASES, Public health < INFECTIOUS DISEASES

SCHOLARONE™  
Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our [licence](#).

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which [Creative Commons](#) licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

1  
2  
3 Vaccination or restriction?: COVID-19 vaccine hesitancy and vaccine passports  
4

5 Short title: COVID-19 vaccine hesitancy and vaccine passports  
6  
7  
8  
9

10 Shohei Okamoto<sup>\*1, 2, 3</sup>, Kazuki Kamimura<sup>3, 4</sup>, Kohei Komamura<sup>3, 5</sup>  
11  
12  
13

14  
15 <sup>1</sup> Research Team for Social Participation and Community Health, Tokyo Metropolitan  
16 Institute of Gerontology, Tokyo, Japan  
17

18  
19 <sup>2</sup> Institute for Global Health Policy Research, National Center for Global Health and  
20 Medicine, Tokyo, Japan  
21

22  
23 <sup>3</sup> Research Center for Financial Gerontology, Keio University, Tokyo, Japan  
24

25  
26 <sup>4</sup> Hirao School of Management, Konan University, Hyogo, Japan  
27

28  
29 <sup>5</sup> Faculty of Economics, Keio University, Tokyo, Japan  
30  
31  
32

33 Corresponding author: Dr Shohei Okamoto, Research Team for Social Participation  
34 and Community Health, Tokyo Metropolitan Institute of Gerontology: 35-2 Sakae-cho,  
35 Itabashi-ku, Tokyo, Japan 1730015 (E-mail: [shohei@z2.keio.jp](mailto:shohei@z2.keio.jp))  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



## Abstract

*Objectives:* While the development of vaccines against the novel coronavirus (COVID-19) brought the hope of establishing herd immunity, which might help end the global pandemic, vaccine hesitancy can hinder the progress towards herd immunity. In this study, we assess the determinants of vaccine hesitancy, reasons for hesitation, and effectiveness of vaccine passports in relaxing public health restrictions.

*Methods:* Through an online survey that includes a conjoint experiment of a demographically representative sample of 5,000 Japanese adults aged 20–74, we assess the determinants of vaccine hesitancy, reasons for hesitation, and effectiveness of hypothetical vaccine passports.

*Results:* We found that about 30% of respondents did not intend to vaccinate or have not yet decided, with major reasons for vaccine hesitancy being related to concerns about the safety and side effects of the vaccine. In line with previous findings, younger age, lower socioeconomic status, and psychological factors such as weaker COVID-19 fear were associated with vaccine hesitancy. The easing of public health restrictions such as travel, wearing face masks, and dining out at night was associated with an increase in vaccine acceptance by 4–10%.

*Conclusion:* Vaccine hesitancy can be reduced by mitigating the concerns about vaccine safety and side effects, as well as by relaxing public health restrictions. However, the feasibility of vaccine passports needs to be sufficiently assessed, taking the ethical issues of passports and the public health impacts of the relaxation of restrictions into careful consideration.

1  
2  
3 *Strengths and limitations of this study*  
4

- 5 ● This study includes timely data on COVID-19 vaccine hesitancy, obtained from a  
6 demographically representative sample of 5,000 Japanese adults.  
7  
8 ● A conjoint experiment allows assessing the effectiveness of easing public health  
9 restrictions on vaccine acceptance.  
10  
11 ● Actual behaviour may diverge from the survey responses or fluctuate due to the  
12 pandemic situation and the timing of the survey.  
13  
14 ● Results may not be applicable in other countries, since the pandemic situation,  
15 government responses to the pandemic, and reasons for vaccine hesitancy can  
16 vary across countries.  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Introduction

After a period when nations have managed to curb the spread of the new coronavirus disease (COVID-19), mainly by non-pharmaceutical interventions such as containment and closure policies, the development of COVID-19 vaccines brought hope that the pandemic may end soon. Although the degree and duration of vaccine efficacy as well as the efficacy against new virus variants remain unconfirmed, widespread vaccination can contribute to establishing herd immunity against COVID-19. While the required proportions of individuals with immunity could vary by country (e.g. due to demographic structure and frequency of human contact), it is estimated that approximately 70% of the population needs immunity to achieve herd immunity against COVID-19, which would require more than 30 million deaths worldwide due to natural infection [1]. Therefore, global vaccination is a necessary step to end the pandemic.

However, the vaccine hesitancy, defined as a 'delay in acceptance or refusal of vaccines despite availability of vaccine services' by a working group advising the World Health Organization [2], can hinder achieving herd immunity. The findings of systematic reviews and meta-analyses suggest that the vaccine acceptance rates are around 60–75% but show large discrepancies across regions, months of study, and whether an answer of 'unsure' is available to survey respondents [3, 4]. Together with the global disparities in vaccine availability for COVID-19, full vaccination rates are considerably low, and only about a third of the world population had received at least one dose of a vaccine against COVID-19 by August 2021 [5]. While this low vaccine uptake may be due to many reasons, including factors other than individual preferences, such as system failures, it is important to identify why people are reluctant to vaccinate to establish herd immunity by avoiding preventable vaccine hesitancy.

1  
2  
3 Whether an individual accepts vaccination is a consequence of a complex  
4 decision-making process, which occurs on the continuum between complete  
5 acceptance and refusal [2]. The above-mentioned working group developed the ‘three  
6 Cs vaccine hesitancy model’, which comprises confidence, complacency, and  
7 convenience, indicating that historic, socio-cultural, environmental, health  
8 system/institutional, economic or political factors, as well as personal perception and  
9 vaccine/vaccination characteristics matter towards vaccine hesitancy. Moreover, from  
10 a utilitarian perspective, voluntary vaccinations can deviate from the social optimum  
11 due to the positive externalities of vaccinated individuals; hence, Pigouvian subsidies,  
12 external regulations, or strategies to improve vaccine awareness is needed,  
13 depending on the nature of vaccine-preventable diseases and vaccines [6, 7].  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27

28 Therefore, it is important to understand the reasons of those who tend not to  
29 accept a COVID-19 vaccine, in addition to strategies to raise the vaccination rates. In  
30 the following section, we review the literature on the determinants of COVID-19  
31 vaccine hesitancy.  
32  
33  
34  
35  
36  
37  
38  
39

#### 40 Literature on COVID-19 vaccine hesitancy

##### 41 (1) Socio-demographic factors

42 Given the concerns of the increasing hesitancy towards COVID-19 vaccination, many  
43 empirical studies have hitherto assessed factors associated with COVID-19 vaccine  
44 hesitancy [3, 8-11]. These studies suggest that many empirical papers find that older  
45 people compared to their younger counterparts and men compared to women are  
46 more likely to accept a COVID-19 vaccine. Older people are susceptible to the disease  
47 and while men and women can decline vaccination for different reasons, the  
48 differences in perceived risks, efficacies, and knowledge may mediate these gender  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 differences [11]. In addition to age and gender, educational attainment is identified as  
4 the most frequent predictor, with higher acceptance among people with higher  
5 education levels [3]. While highly educated individuals can be vaccine-hesitant  
6 because of the influence of social groups and other authorities, education may play an  
7 important role in understanding disease severity and vaccination benefits [11].  
8  
9  
10  
11  
12  
13  
14  
15  
16

## 17 (2) Psychological and behavioural factors

18  
19 Vaccination is a consequence of one's utility maximisation, considering costs and  
20 benefits. Based on the health belief model, by modifying socio-demographic factors,  
21 individuals can decide whether to vaccinate as a reflection of their personal beliefs  
22 about a disease and its preventive measures, such as susceptibility, severity, benefits,  
23 barriers, and self-efficacy [12, 13]. A systematic review identifies that vaccine  
24 acceptance is higher among those with greater perceived risk, threat, vulnerability,  
25 and susceptibility to infection [8, 9]. Furthermore, the beliefs about the vaccine are  
26 predictors of vaccine hesitancy, including mistrust in its safety or efficacy and  
27 conspiracy beliefs, which can be induced by a low health literacy and negative  
28 information in the media [8].  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41

42 Together with one's perceptions regarding vaccines and infection, individual  
43 preferences matter for health-related decision-making, including vaccination [14, 15].  
44 Time preference affects one's vaccination intentions because individuals will benefit  
45 from the vaccination in the future, despite having to bear its present costs. Therefore,  
46 those discounted future benefits would lead them to decide not to vaccinate. Moreover,  
47 the attitudes toward risks are attributed to vaccination decision-making, that is, risk-  
48 averse individuals would feel conflicted between the risk of infection without  
49 vaccination and the vaccines' side effects. This would explain why younger people  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 tend to be vaccine-hesitant, considering they are less likely to develop symptoms than  
4 their older counterparts [16] and have more frequent side effects [17]. In addition to  
5 individuals' attributes and beliefs, vaccine characteristics are important determinants  
6 of vaccination intention, being highly relevant to individuals' perceptions and  
7 preference for vaccines. In particular, individuals prefer vaccines with higher efficacy,  
8 longer duration of disease protection, and safety (i.e. none or few adverse effects) [8,  
9 18].

### 20 21 Vaccination campaigns

22 To increase vaccination rates, considering the determinants of vaccine hesitancy  
23 discussed above and vaccine characteristics, potential strategies would include  
24 removing the (mis)perceived effectiveness and risks of vaccination and infection,  
25 minimising the costs associated with vaccination (i.e. out-of-pocket payments and  
26 opportunity cost), and increasing the benefits of vaccination by providing various  
27 incentives. In fact, several approaches, such as communication, financial and non-  
28 financial incentives, and reminder-recall interventions, have been adopted and  
29 evaluated so far [19, 20].

30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42 Vaccination campaign frameworks have also been adopted to increase the  
43 COVID-19 vaccination uptake. Aiming at a better understanding of the population for  
44 COVID-19 vaccines, public organisations disseminate information about the efficacy  
45 and safety of vaccines [21, 22]. Additionally, a study suggests that emphasising the  
46 benefits of vaccination and inducing feelings of vaccine ownership are useful [23, 24],  
47 thus suggesting the importance of information campaigns. In some countries, the  
48 convenience of vaccination locations is enhanced by providing these services within  
49 the areas of citizens' daily lives, such as train stations and supermarkets [25, 26].  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 Furthermore, the incentives toward vaccination attract the attention of some  
4 policymakers [27] although their effectiveness remains inconclusive and may depend  
5 on how incentives are given [28, 29].  
6  
7  
8  
9

10 With remaining ethical concerns, vaccine passports, which fully or partially  
11 exempt vaccinated individuals from public health restrictions [30, 31], are considered  
12 in many regions. While only a limited number of related studies are available, the  
13 freedom allowed by vaccine passports can affect vaccine acceptance and preference  
14 [29, 32]. Despite the concern about 'breakthrough infections', it would be worth  
15 considering the applicability of vaccine passports if and only if the passports largely  
16 contribute to achieving herd immunity against COVID-19 by increasing vaccine  
17 acceptance.  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30

### 31 Contributions of this study

32  
33 Previous studies have documented the determinants of vaccine hesitancy by  
34 analysing the association of socio-demographic, psychological, and vaccine  
35 characteristics with vaccine intentions. Meanwhile, the evidence on how to increase  
36 COVID-19 vaccine acceptance remains scarce. In alignment with the policies in  
37 several regions, the evidence on communication strategies and the incentives for  
38 reducing vaccine hesitancy have gained increasing attention, as discussed above,  
39 while the effectiveness of vaccine passports in raising vaccine acceptance has been  
40 limited. While countries such as Israel, France, and Italy attempt to utilise vaccine  
41 passports, other countries may also consider similar schemes to return to a 'normal  
42 life'. If so, it is immensely important to accelerate herd immunity by reducing avoidable  
43 vaccine hesitancy, to which the benefits of the vaccine passports may contribute.  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57

58 Therefore, we assess the effectiveness of easing public health restrictions  
59  
60

1  
2  
3 after vaccination by vaccine passports based on our analysis of a conjoint experiment.  
4  
5 By decomposing the freedom factors allowed by the passport based on government  
6  
7 regulations, we first evaluate an effective type of relaxation of public health restrictions  
8  
9 to increase vaccine acceptance, which would be useful for health policymakers to  
10  
11 design vaccine passports and deliver attractive information on the benefits of  
12  
13 vaccination for vaccine-hesitant individuals.  
14  
15  
16  
17  
18

## 19 **Methods**

### 20 **Data**

21  
22 The data come from a demographically representative sample of 5,000 Japanese  
23  
24 adults aged 20–74, which was conducted online during 21–23 July 2021. Survey  
25  
26 respondents were recruited from registered panels of Cross Marketing Inc. To ensure  
27  
28 that the survey is nationally representative regarding respondents' age and gender,  
29  
30 we recruited respondents using quota sampling for each of the 14 age groups of the  
31  
32 2015 population census (i.e. age categories of 20s, 30s, 40s, 50s, 60s, and early 70s  
33  
34 by gender).  
35  
36  
37  
38  
39

40 While we did not use regional quotas to recruit respondents, we addressed  
41  
42 the potential non-representativeness arising from this by using weights for all analyses  
43  
44 and estimated by population structures in each region. Specifically, we used eight  
45  
46 categories for residential areas (i.e. Hokkaido, Tohoku, and Kanto, except for the  
47  
48 Tokyo Metropolitan Area, Tokyo Metropolitan Area, Chubu, Kinki, Chugoku, Shikoku,  
49  
50 and Kyusyu) and eleven categories for each five-year age group from 20 to 74.  
51  
52  
53  
54  
55

### 56 **Ethical approval**

57  
58 This study was approved by the Institutional Review Board of the Institute of  
59  
60



1  
2  
3 Economics Studies, Keio University (No. 21009R) and all participants provided  
4 informed consent.  
5  
6  
7  
8  
9

#### 10 Patient and Public Involvement statement

11  
12 There was no patient and public involvement in this study.  
13  
14  
15

#### 16 Definitions of variables

##### 17 (1) Vaccine-related questions

18  
19 To measure vaccine hesitancy, we asked respondents their vaccination intentions,  
20 based on response options: already vaccinated, willing to vaccinate, undecided, and  
21 unwilling to vaccinate. Following the definition of vaccine hesitancy [2], we  
22 operationally defined those who were undecided and unwilling to vaccinate as vaccine  
23 hesitant.  
24  
25  
26  
27  
28  
29  
30  
31  
32

33 In instances where respondents hesitated to vaccinate, we additionally asked  
34 them about the reasons for the unacceptance of a vaccine and asked them to indicate  
35 if each reason mattered to them. Referring to previous investigations [33, 34], we  
36 identified 18 items, such as concerns about the vaccine's side effects, safety, efficacy,  
37 and other reasons.  
38  
39  
40  
41  
42  
43  
44  
45  
46

##### 47 (2) Independent variables

48  
49 To account for the factors associated with vaccine hesitancy, as indicated by previous  
50 findings [3, 8-11], we obtained demographic, socioeconomic, health-related, and  
51 psychological information on each respondent.  
52  
53  
54  
55

56 The demographic and socioeconomic status of respondents included  
57 information on age, gender, co-resident family members, occupation, education, and  
58  
59  
60

1  
2  
3 income. Respondents living with members with chronic illnesses, aged 65 or over, and  
4 aged 11 or younger may be more likely to vaccinate because they are considered  
5 vulnerable to infection or not eligible for COVID-19 vaccination in Japan. In terms of  
6 occupation, we used three categories of essential healthcare workers, frontline  
7 essential workers, and other workers, following existing definitions [35]. Educational  
8 attainment of respondents included three categories of high school or lower, junior  
9 college or vocational school, and university or higher. Income refers to annual  
10 household income, obtained as the median value in 19 ranges.

11  
12 We also used two health measures of self-rated health and depressive  
13 symptoms measured by the Kessler Psychological Distress Scale (K10), which have  
14 been validated by previous studies [36, 37]. Higher scores indicate better health for  
15 the former scale, whereas lower scores indicate worse health for the latter.

16  
17 Finally, we used the following items to measure psychological and  
18 behavioural factors. Time and risk preferences, which relate to individuals' responses  
19 to uncertain risks of vaccination and infection, were measured in the following two  
20 ways. The time preference was measured by the relative value of a larger later gain  
21 (13 months later) instead of a smaller immediate rewards (i.e. JPY 10,000 one month  
22 later) [38]. The risk preference was obtained as the sum of the responses to seven  
23 questions on risk attitudes measured using a seven-point Likert scale [39], which  
24 indicate higher scores representing more risk-loving. To measure respondents'  
25 perceived seriousness of COVID-19, we used the Fear of COVID-19 Scale [40, 41].  
26 We defined respondents' numeracy as the number of correct answers to the same  
27 three questions proposed in a previous study [42].

28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58 Empirical strategy  
59  
60

1  
2  
3 To assess the determinants of vaccine hesitancy, the reasons for hesitating  
4 vaccination, and efficacies of the relaxation of public health restrictions on vaccine  
5 acceptance, we conducted the following three analyses.  
6  
7  
8  
9

### 10 11 12 (1) Determinants of vaccine hesitancy 13

14 We evaluated the association between vaccine hesitancy and its determinants,  
15 including demographic, socioeconomic, health, and psychological factors. In the base  
16 model, we analysed the association using a logit model with a dichotomised outcome  
17 (i.e. unwilling to vaccinate or undecided vs. willing to vaccinate or already vaccinated).  
18  
19 To test the robustness of the results, we assessed the association using a three-level  
20 nominal outcome (unwilling to vaccinate vs. undecided vs. willing to vaccinate or  
21 already vaccinated).  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32

### 33 (2) Reasons for vaccine hesitancy 34

35 We investigated the determinants of the reasons for vaccine hesitancy by analysing  
36 the association between demographic, socioeconomic, health, and psychological  
37 factors and each reason given by the individuals hesitating to vaccinate. We estimated  
38 the marginal effects of the factors for each reason using a logit model.  
39  
40  
41  
42  
43  
44  
45  
46  
47

### 48 (3) Conjoint analysis: vaccine passport 49

50 To evaluate the association between the relaxation of public health restrictions by  
51 vaccine passports and vaccine acceptance, we utilised a conjoint experimental design  
52 [18, 43]. The conjoint experiment is useful in assessing the effects of varied attributes  
53 at different levels, reducing the number of necessary assignments using an orthogonal  
54 table.  
55  
56  
57  
58  
59  
60

1  
2  
3 Using this design, in a hypothetical situation, we asked each respondent  
4 whether they would vaccinate, assuming that some or all four public health restrictions  
5 are relaxed. The four public health restrictions included travel across prefectures,  
6 dining out at night, joining gatherings and events, and going out without face masks,  
7 which correspond to government requests in Japan.  
8  
9

10  
11  
12 Without the design, we would need to assign 16 (= 2<sup>4</sup>) questions to assess  
13 each attribute of vaccine passports to each respondent; however, we reduced  
14 assignments by half, as shown in Table 1.  
15  
16

17  
18  
19  
20  
21 <Table 1>  
22

23  
24 In the conjoint experiment, all respondents provided their vaccination  
25 intentions for each hypothetical vaccine passport. To account for potential non-random  
26 variance across respondents arising from repeated measures, we fitted population-  
27 average panel-data models using the method of generalised estimating equations [44],  
28 estimating robust standard errors, and considering logit models with binominal  
29 distributions of outcomes.  
30  
31  
32  
33  
34  
35  
36

37 All analyses were conducted using Stata MP, version 17.1 (StataCorp LLC,  
38 College Station, United States of America).  
39  
40  
41  
42  
43

## 44 **Results**

### 45 Descriptive statistics

46  
47 Table 2 summarises the descriptive statistics of the sample. Of a total of 5,000  
48 respondents, about 30% hesitated to vaccinate (i.e. unwilling to vaccinate: 12.5% and  
49 undecided: 17.9%). Vaccination intentions and status can change over time due to  
50 various factors, such as infection situation and vaccine availability. At the time of the  
51 survey, about 38% of the Japanese population had at least one dose of the COVID-  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 19 vaccine[5], health professionals and older adults being prioritized. The proportion  
4 of the vaccinated population was almost identical to that of our sample (36.6%),  
5  
6 indicating that our sample reflects the Japanese context well.  
7  
8

9  
10 <Table 2>  
11

12 Table 3 presents the reasons for vaccine hesitancy among the individuals who  
13 hesitate to vaccinate. The most major concerns were the vaccine's side effects and  
14 safety (87%), as well as other reasons related to vaccine safety, preference, and  
15  
16 mistrust being commonly reported by respondents.  
17  
18  
19

20  
21 <Table 3>  
22

23  
24  
25  
26 Determinants of vaccine hesitancy  
27

28 Table 4 shows the determinants of vaccine hesitancy. Compared to those aged 45–  
29 49, younger people aged 25–44 were likely to hesitate to vaccinate, resulting in  
30 estimated odds ratios (ORs) ranging between 1.32 and 1.87, with 95% confidence  
31 intervals (CI) ranging from 1.01 to 2.44. Meanwhile, older adults aged 55–74 tended  
32 to accept vaccination, showing estimated ORs between 0.17 and 0.67 with 95% CI  
33 from 0.11 to 0.89. Female respondents tended to express vaccine hesitancy more  
34 than their male counterparts (OR: 1.18, 95% CI: 1.02 – 1.37). Additionally, those living  
35 with older adults and members with chronic illness tended to accept vaccination with  
36 higher probabilities of 16–44% compared to their counterparts not living with these  
37 population categories.  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49

50  
51 Socioeconomic factors are also associated with vaccine hesitancy. Healthcare  
52 workers, frontline essential workers, and those performing paid work were likely to be  
53 non-vaccine-hesitant compared to non-employed individuals: the former two groups  
54 were more likely to accept vaccination, showing ORs of 0.23 (95% CI: 0.16–0.33) and  
55  
56  
57  
58  
59  
60

1  
2  
3 0.71 (95% CI: 0.59–0.86), respectively. Furthermore, higher education and income  
4  
5 were associated with a lower likelihood of being vaccine-hesitant.  
6  
7

8 Those with poorer health, measured by self-rated health and the K10  
9  
10 depression scale, were less likely to hesitate to vaccinate by 18% (95% CI: 0.76–0.89)  
11  
12 and 1% (95% CI: 1.00–1.02), respectively. Psychological and behavioural factors such  
13  
14 as time preference and fear of COVID-19 were also predictors of vaccine hesitancy.  
15  
16

17 <Table 4>  
18

19 To check the robustness of the results, we decomposed vaccine hesitancy  
20  
21 into two groups: those unwilling to vaccinate and those who have not yet decided.  
22  
23 Similar results were observed for the findings estimated from the binary outcomes  
24  
25 (Appendix Table A-1).  
26  
27  
28  
29  
30

### 31 Reasons for vaccine hesitancy

32  
33 In Figure 1 and 2, we present the results of the analyses on the reasons related to the  
34  
35 side effects and safety of the vaccine and vaccine mistrust, which were the most  
36  
37 common. While we did not find remarkable heterogeneity across most factors, a higher  
38  
39 numeracy was associated with vaccine hesitancy due to concerns about vaccine side  
40  
41 effects and safety.  
42  
43

44 <Figure 1>  
45

46 <Figure 2>  
47  
48

49 Additionally, the results for other reasons are shown in Appendix Figures A-1,  
50  
51 A-2, A-3, and A-4. Again, we did not find systematic trends in the determinants of the  
52  
53 reasons for vaccine hesitancy.  
54  
55  
56  
57

### 58 Effectiveness of vaccine passport

59  
60

1  
2  
3 From the conjoint experiment, we observed that 45% of all the vaccine hesitant  
4 intended to accept vaccination when all public health restrictions were relaxed, while  
5  
6  
7  
8 18% intended so if no restrictions were relaxed.  
9

10 In Figure 3, we present the estimation results for the association between the  
11 relaxation of each public health restrictions and vaccine acceptance, suggesting that  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60  
In particular, the relaxation of travel restriction across prefectures was the most effective, showing a 10% increase (95% CI: 9-11%) in vaccine acceptance, if permitted.

Moreover, we analysed the potential heterogeneity among younger people aged 44 or younger, who were more likely to be vaccine-hesitant in our previous analysis. We found that the results remained unchanged and these policies were effective for younger people.

<Figure 3>

Additionally, we conducted the following robustness tests. First, we excluded the respondents whose choices may have been nontransitive. Some individuals preferred not to vaccinate when an additional relaxation was offered, although they expressed their willingness to vaccinate with fewer options. Although this may suggest that they did not prefer to ease certain restrictions regardless of vaccination status, we re-analysed the association by excluding them. However, the results remained unchanged (Appendix Figure A-5). Second, we separately analysed respondents who were undecided and unwilling to vaccinate. Although marginal effects among those unwilling to vaccinate become smaller while the estimates undecided respondents became larger, we found that the relaxation of public health restrictions were evidently effective to increase vaccine acceptance (Appendix A-6). Third, we included respondents who intended to vaccinate earlier or have already been vaccinated, and

1  
2  
3 the same results were still observed (Appendix Figure A-7). Next, from among the  
4 individuals hesitating to vaccinate, we excluded those who provided a uniform answer  
5 to all options (i.e. all yes or no), the results remaining unchanged (Appendix Figure A-  
6 8). Finally, to relax the assumption of the independence of irrelevant alternatives, we  
7 estimated our main model by a multilevel mixed-effects logistic regression and  
8 confirmed the results were still robust (Appendix Figure A-9).  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18

### 19 Stated and revealed preferences

20  
21 About four months after this survey (i.e. between 10th and 20th of November 2021),  
22 we conducted a follow-up survey and obtained 4,367 responses out of 5,000  
23 participants in the first wave (87.3%). For respondents who had not vaccinated yet at  
24 the first survey, we present descriptive statistics on vaccination status at the follow-up  
25 survey (Table 5). More than 90% of respondents who intended to vaccinate actually  
26 receive it while smaller proportions among those undecided and unwilling to vaccinate  
27 did so. About 29% of undecided and 69% of unwilling individuals remain vaccine  
28 hesitant in the follow-up survey.  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42

### 43 Discussion

44 This study primarily assessed whether easing public health restrictions after  
45 vaccination increases vaccine acceptance, as well as investigated determinants of  
46 vaccine hesitancy and reasons for vaccine hesitancy. As the first study to explore the  
47 effectiveness of the relaxation of public health restrictions, by decomposing what can  
48 be permitted by vaccination, we obtained three main findings. First, in line with  
49 previous findings [3, 8-11], our analysis suggests that demographic, socioeconomic,  
50 health-related, and psychological factors predict vaccine hesitancy. In particular,  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



1  
2  
3 younger age seems to be the strongest predictor of vaccine hesitancy, while other  
4 factors, such as gender and socioeconomic factors, were also associated with vaccine  
5 hesitancy. Second, concerns about the side effects and safety of the COVID-19  
6 vaccine, as well as mistrust of vaccines and the government in general, were dominant  
7 reasons for vaccine hesitancy. Meanwhile, we did not observe remarkable  
8 heterogeneity in the association between age, which was found to be a strong  
9 predictor of vaccine hesitancy, and the reasons for vaccine hesitancy. Third, we found  
10 that vaccination acceptance increases by easing public health restrictions, especially  
11 travel restrictions across prefectures. This result was particularly evident among  
12 younger people, who had higher probabilities of vaccine hesitancy than their older  
13 counterparts.

14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

One reason why younger people tend to hesitate to vaccinate is the expected balance between the costs and benefits of vaccination, as predicted by the health belief model and economic theory [7, 13]. Considering that younger people are less likely to develop severe COVID-19 symptoms than older people [16] and given the higher likelihood of the side effects of the vaccine (e.g. headache and fatigue) among them [17], they could decide not to vaccinate from a utilitarian perspective. While we did not observe remarkable trends for the association between age and the reasons for hesitating to vaccinate, vaccine safety and side effects were the most common reasons, which has also been reported by other studies [33, 34]. Moreover, we found that statistical numeracy predicts vaccine hesitancy due to the concerns about vaccine safety and side effects. This may suggest that, being related to prospect theory, statistical capacity is related to inconsistent preferences and overestimating health losses of vaccination [45].

Our study also suggests that vaccine passports, which allow citizens freedom

1  
2  
3 in their daily lives, could increase vaccine acceptance. In many countries, including  
4  
5 Japan, individuals are subject to containment and closure policies by governments to  
6  
7 curb the spread of the virus, which requires them to avoid non-essential activities, such  
8  
9 as eating out, travelling, and mass gatherings. As stay-at-home orders and social  
10  
11 distancing behaviours can deteriorate citizens' well-being and mental health through  
12  
13 distress, boredom, loneliness, and social isolation [46], eliminating public health  
14  
15 restrictions and returning to a normal life may be what many citizens are eager to attain.  
16  
17

18  
19 Based on our findings, several policy implications can be drawn. First,  
20  
21 information campaigns to convey accurate messages are extremely important to  
22  
23 enhance the understanding and remove vaccine mistrust. Utilising behavioural  
24  
25 insights, better designs on how to best communicate with people to enhance vaccine  
26  
27 uptake are considered [23, 24]. Second, emphasising benefits other than health (e.g.  
28  
29 the relaxation of public health restrictions), if applicable, may enhance vaccine  
30  
31 acceptance. Even under the concerns about breakthrough infections, the overall public  
32  
33 health benefits may be in surplus if and only if a rise in vaccine acceptance largely  
34  
35 reduces severe symptoms and the mortality rate from infection given the confirmed  
36  
37 safety of the vaccine by contributing to the establishment of herd immunity against  
38  
39 COVID-19. The continuous evaluations and careful consideration of the efficacy,  
40  
41 duration of effectiveness, and side effects of the vaccine, as well as potential public  
42  
43 health impacts and ethical issues of vaccine passports are indispensable. With the  
44  
45 uncertain duration of vaccine efficacy and the efficacy against new virus variants, it  
46  
47 would be realistic to issue vaccine passports for a limited time, maintaining moderate  
48  
49 infectious control measures. Furthermore, these types of passports must not be used  
50  
51 to discriminate and eliminate those not vaccinating from society, allowing them to use  
52  
53 alternative services, such as a certificate for a negative COVID-19 test result.  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 In this study, we first provided evidence on the effectiveness of vaccine  
4 passports to relax the public health restrictions, decomposing the activities allowed by  
5 passports, on reducing vaccine hesitancy. Nevertheless, several limitations should be  
6 noted due to caveats. First, our study was based on a hypothetical experiment and not  
7 a real situation. Therefore, actual behaviour may diverge from the survey responses.  
8 Notwithstanding this limitation, our findings should still be helpful, based on previous  
9 reports that more than 80% of the stated and revealed preferences corresponded [47,  
10 48]. Second, our findings are based on a single survey, in which the sample was  
11 obtained from registered panels that may not be identical to the general public.  
12 Although we utilised weights estimated by population structures by region, other  
13 factors than these could not be representative. Also, vaccination intentions may  
14 fluctuate due to the pandemic situation and the timing of the survey. Furthermore, our  
15 results may not be applicable in other countries, since the pandemic situation,  
16 government responses to the pandemic, and reasons for vaccine hesitancy can vary  
17 across countries. In Japan, compared to Western countries, the COVID-19 mortality  
18 rate is much lower [49], and government responses to the pandemic are less stringent  
19 [50]; hence, the attitude of the Japanese population toward the vaccine and vaccine  
20 passports availability may differ from other countries. Therefore, intertemporal and  
21 cross-national evidence needs to be accumulated through further studies.  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48

## 49 **Conclusions**

50  
51 In conclusion, this work offers encouraging findings regarding the vaccination  
52 intentions of the Japanese people. Although some individuals hesitate to get  
53 vaccinated against COVID-19, this can be reduced by mitigating concerns about  
54 vaccine safety and side effects throughout appropriate and effective information  
55  
56  
57  
58  
59  
60

1  
2  
3 campaigns. Additionally, the relaxation of public health restrictions, such as travel  
4  
5 across prefectures, wearing face masks, and dining out at night, is effective in  
6  
7 enhancing vaccine acceptance. To assist the progress toward herd immunity, the  
8  
9 feasibility of vaccine passports needs to be sufficiently assessed by taking the ethical  
10  
11 issues of the passports and public health impacts of the relaxation of restrictions into  
12  
13 careful consideration.  
14  
15

16  
17  
18  
19 **Acknowledgements:** We thank Dr Rei Goto, Dr Hirotaka Kato, Mr Shingo Kasahara,  
20  
21 Mr Tatsunari Miyayama, and Ms Tomomi Maeda at Keio University for their helpful  
22  
23 feedback. We are also grateful to Ms Haruka Umijima at Keio University for her  
24  
25 administrative assistance to conduct the study.  
26  
27  
28  
29

### 30 31 **a. Contributorship statement**

32  
33 Okamoto, Kamimura, and Komamura conceptualised the study and were engaged in  
34  
35 the data collection. Okamoto and Kamimura conducted analyses, which was further  
36  
37 refined and finalised by Okamoto. Komamura also provided critical comments to refine  
38  
39 analysis. Okamoto prepared a first draft, which was reviewed by Kamimura and  
40  
41 Komamura.  
42  
43  
44  
45

### 46 47 **b. Competing interests**

48  
49 We declare no conflicts of interest associated with this study.  
50  
51  
52

### 53 54 **c. Funding**

55  
56 Shohei Okamoto is supported by a Grant-in-Aid for JSPS Fellows (No. 20J00394) and  
57  
58 the Murata Science Foundation (No. Not Applicable). This research was supported in  
59  
60

1  
2  
3 part by financial supports by the Research Centre for Financial Gerontology of Keio  
4 University (No. Not Applicable). However, all founders were not involved in  
5 conceptualisation, design, data collection, analysis, the decision to publish, or  
6 preparation of the manuscript.  
7  
8  
9  
10  
11  
12  
13

14 **d. Data sharing statement:** The data underlying this article cannot be shared publicly  
15 for the privacy of individuals that participated in the study. We did not obtain consents  
16 from respondents to make the data open.  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## References

- 1 Randolph HE, Barreiro LB. Herd Immunity: Understanding COVID-19. *Immunity* 2020;**52**:737-41.
- 2 MacDonald NE, Sage Working Group on Vaccine Hesitancy. Vaccine hesitancy: Definition, scope and determinants. *Vaccine* 2015;**33**:4161-4.
- 3 Wang Q, Yang L, Jin H, *et al*. Vaccination against COVID-19: A systematic review and meta-analysis of acceptability and its predictors. *Prev Med* 2021;**150**:106694.
- 4 Robinson E, Jones A, Lesser I, *et al*. International estimates of intended uptake and refusal of COVID-19 vaccines: A rapid systematic review and meta-analysis of large nationally representative samples. *Vaccine* 2021;**39**:2024-34.
- 5 Mathieu E, Ritchie H, Ortiz-Ospina E, *et al*. A global database of COVID-19 vaccinations. *Nat Hum Behav* 2021;**5**:947-53.
- 6 Bauch CT, Galvani AP, Earn DJ. Group interest versus self-interest in smallpox vaccination policy. *Proc Natl Acad Sci U S A* 2003;**100**:10564-7.
- 7 Chen F, Toxvaerd F. The economics of vaccination. *J Theor Biol* 2014;**363**:105-17.
- 8 Al-Amer R, Maneze D, Everett B, *et al*. COVID-19 vaccination intention in the first year of the pandemic: A systematic review. *J Clin Nurs* 2021.
- 9 Troiano G, Nardi A. Vaccine hesitancy in the era of COVID-19. *Public Health* 2021;**194**:245-51.
- 10 Sallam M. COVID-19 Vaccine Hesitancy Worldwide: A Concise Systematic Review of Vaccine Acceptance Rates. *Vaccines (Basel)* 2021;**9**.
- 11 Truong J, Bakshi S, Wasim A, *et al*. What factors promote vaccine hesitancy or acceptance during pandemics? A systematic review and thematic analysis. *Health Promot Int* 2021.
- 12 Champion VL, Skinner CS. The health belief model. *Health behavior and health education: Theory, research, and practice* 2008;**4**:45-65.
- 13 Carico RR, Jr., Sheppard J, Thomas CB. Community pharmacists and communication in the time of COVID-19: Applying the health belief model. *Res Social Adm Pharm* 2021;**17**:1984-7.
- 14 Cawley J, Ruhm CJ. Chapter Three - The Economics of Risky Health Behaviors  
We thank the editors of this Handbook, Pedro Pita Barros, Tom McGuire, and Mark Pauly, for their feedback and helpful guidance. We also thank the other authors in this volume for their valuable feedback and comments at the Authors' Conference, and we are grateful to Abigail Friedman for transcribing the comments at that conference. In: Pauly MV, McGuire TG, Barros PP, eds. *Handbook of Health Economics*: Elsevier 2011:95-199.
- 15 Tsutsui Y, Benzion U, Shahrabani S, *et al*. A policy to promote influenza vaccination: a behavioral economic approach. *Health Policy* 2010;**97**:238-49.
- 16 Poletti P, Tirani M, Cereda D, *et al*. Association of Age With Likelihood of Developing Symptoms and Critical Disease Among Close Contacts Exposed to Patients With Confirmed SARS-CoV-2 Infection in Italy. *JAMA Netw Open* 2021;**4**:e211085.
- 17 Menni C, Klaser K, May A, *et al*. Vaccine side-effects and SARS-CoV-2 infection after vaccination in users of the COVID Symptom Study app in the UK: a prospective observational study. *The Lancet Infectious Diseases* 2021;**21**:939-49.
- 18 Motta M. Can a COVID-19 vaccine live up to Americans' expectations? A conjoint analysis of how vaccine characteristics influence vaccination intentions. *Soc Sci Med* 2021;**272**:113642.

- 1  
2  
3 19 Jarrett C, Wilson R, O'Leary M, *et al.* Strategies for addressing vaccine  
4 hesitancy - A systematic review. *Vaccine* 2015;**33**:4180-90.  
5 20 Giles EL, Robalino S, McColl E, *et al.* The effectiveness of financial incentives  
6 for health behaviour change: systematic review and meta-analysis. *PLoS One*  
7 2014;**9**:e90347.  
8 21 World Health Organization. Vaccines explained. 2021.  
9 22 Centers for Disease Control and Prevention. Myths and Facts about COVID-  
10 19 Vaccines. 2021.  
11 23 Ashworth M, Thunstrom L, Cherry TL, *et al.* Emphasize personal health  
12 benefits to boost COVID-19 vaccination rates. *Proc Natl Acad Sci U S A* 2021;**118**.  
13 24 Dai H, Saccardo S, Han MA, *et al.* Behavioural nudges increase COVID-19  
14 vaccinations. *Nature* 2021.  
15 25 Biesemans B. Lagging in COVID-19 vaccinations, Brussels takes vaccination  
16 campaign to shops. *Reuters* 2021.  
17 26 The Metropolitan Transportation Authority. Get your COVID-19 vaccine for  
18 free in subway and train stations. 2021.  
19 27 Volpp KG, Cannuscio CC. Incentives for Immunity - Strategies for Increasing  
20 Covid-19 Vaccine Uptake. *N Engl J Med* 2021;**385**:e1.  
21 28 Kreps S, Dasgupta N, Brownstein JS, *et al.* Public attitudes toward COVID-19  
22 vaccination: The role of vaccine attributes, incentives, and misinformation. *NPJ*  
23 *Vaccines* 2021;**6**:73.  
24 29 Kluver H, Hartmann F, Humphreys M, *et al.* Incentives can spur COVID-19  
25 vaccination uptake. *Proc Natl Acad Sci U S A* 2021;**118**.  
26 30 Hall MA, Studdert DM. "Vaccine Passport" Certification - Policy and Ethical  
27 Considerations. *N Engl J Med* 2021.  
28 31 Osama T, Razai MS, Majeed A. Covid-19 vaccine passports: access, equity,  
29 and ethics. *BMJ* 2021;**373**:n861.  
30 32 Eshun-Wilson I, Mody A, Tram KH, *et al.* Preferences for COVID-19 vaccine  
31 distribution strategies in the US: A discrete choice survey. *PLoS One*  
32 2021;**16**:e0256394.  
33 33 Nguyen KH, Srivastav A, Razzaghi H, *et al.* COVID-19 vaccination intent,  
34 perceptions, and reasons for not vaccinating among groups prioritized for early  
35 vaccination - United States, September and December 2020. *Am J Transplant*  
36 2021;**21**:1650-6.  
37 34 Nomura S, Eguchi A, Yoneoka D, *et al.* Reasons for being unsure or unwilling  
38 regarding intention to take COVID-19 vaccine among Japanese people: A large cross-  
39 sectional national survey. *Lancet Reg Health West Pac* 2021;**14**:100223.  
40 35 Centers for Disease Control and Prevention. Interim List of Categories of  
41 Essential Workers Mapped to Standardized Industry Codes and Titles. 2021.  
42 36 Chandola T, Jenkinson C. Validating self-rated health in different ethnic  
43 groups. *Ethn Health* 2000;**5**:151-9.  
44 37 Andrews G, Slade T. Interpreting scores on the Kessler Psychological Distress  
45 Scale (K10). *Aust N Z J Public Health* 2001;**25**:494-7.  
46 38 Frederick S, Loewenstein G, O'donoghue T. Time Discounting and Time  
47 Preference: A Critical Review. *J Econ Lit* 2002;**40**:351-401.  
48 39 Meertens RM, Lion R. Measuring an Individual's Tendency to Take Risks: The  
49 Risk Propensity Scale. *J Appl Soc Psychol* 2008;**38**:1506-20.  
50 40 Wakashima K, Asai K, Kobayashi D, *et al.* The Japanese version of the Fear  
51 of COVID-19 scale: Reliability, validity, and relation to coping behavior. *PLoS One*  
52 2020;**15**:e0241958.  
53  
54  
55  
56  
57  
58  
59  
60



- 1  
2  
3 41 Ahorsu DK, Lin CY, Imani V, *et al.* The Fear of COVID-19 Scale: Development  
4 and Initial Validation. *Int J Ment Health Addict* 2020;1-9.  
5 42 Lusardi A, Mitchell OS. Baby Boomer retirement security: The roles of  
6 planning, financial literacy, and housing wealth. *Journal of Monetary Economics*  
7 2007;**54**:205-24.  
8 43 Hainmueller J, Hopkins DJ, Yamamoto T. Causal Inference in Conjoint  
9 Analysis: Understanding Multidimensional Choices via Stated Preference  
10 Experiments. *Political Analysis* 2017;**22**:1-30.  
11 44 Schober P, Vetter TR. Repeated Measures Designs and Analysis of  
12 Longitudinal Data: If at First You Do Not Succeed-Try, Try Again. *Anesth Analg*  
13 2018;**127**:569-75.  
14 45 Låg T, Bauger L, Lindberg M, *et al.* The Role of Numeracy and Intelligence in  
15 Health-Risk Estimation and Medical Data Interpretation. *Journal of Behavioral*  
16 *Decision Making* 2014;**27**:95-108.  
17 46 Giuntella O, Hyde K, Saccardo S, *et al.* Lifestyle and mental health disruptions  
18 during COVID-19. *Proc Natl Acad Sci U S A* 2021;**118**.  
19 47 de Bekker-Grob EW, Swait JD, Kassahun HT, *et al.* Are Healthcare Choices  
20 Predictable? The Impact of Discrete Choice Experiment Designs and Models. *Value*  
21 *Health* 2019;**22**:1050-62.  
22 48 de Bekker-Grob EW, Donkers B, Bliemer MCJ, *et al.* Can healthcare choice  
23 be predicted using stated preference data? *Soc Sci Med* 2020;**246**:112736.  
24 49 World Health Organization. WHO Coronavirus (COVID-19) Dashboard.  
25 2021.  
26 50 Hale T, Angrist N, Goldszmidt R, *et al.* A global panel database of pandemic  
27 policies (Oxford COVID-19 Government Response Tracker). *Nat Hum Behav*  
28 2021;**5**:529-38.  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



Table 1. Conjoint experimental design

	Available relaxations of restrictions by vaccine passports				Vaccine intensions
	Travel across prefectures	Dining out after 8 p.m.	Joining gatherings and events	Going out without face masks	Yes / No
Pattern A	x	x	x	x	
Pattern B	x	x	○	○	
Pattern C	x	○	x	○	
Pattern D	x	○	○	x	
Pattern E	○	x	x	○	
Pattern F	○	x	○	x	
Pattern G	○	○	x	x	
Pattern H	○	○	○	○	

For peer review only

Table 2. Descriptive statistics (n = 5,000)

Variable	Mean or proportion	Standard deviation
Vaccine intentions: No	12.5%	
Undecided	17.9%	
Yes	33.1%	
Already vaccinated	36.6%	
Age	48.40	14.80
Female	50.3%	
Co-residence: Aged 65 or older	33.3%	
Aged 11 or younger	14.4%	
Chronic illness	25.0%	
Occupation: Healthcare worker	6.4%	
Frontline essential workers	26.3%	
Other occupations	31.8%	
Not employed (Ref.)	35.5%	
Education: High school or lower (Ref.)	31.2%	
Junior college or vocational	19.5%	
University or higher	49.2%	
Household income (million JPY)	5.60	3.78
Self-rated health	3.52	1.02
K10 depression scale	17.95	9.18
Numeracy	1.58	0.78
Time preference	21.08	16.21
Risk preference	27.85	8.3
Fear of COVID-19	19.63	5.46
Residential area: Hokkaido	4.6%	
Tohoku	5.9%	
Kanto	26.1%	
Chubu	14.9%	
Kinki	14.3%	
Chugoku	19.3%	
Shikoku	6.7%	
Kyushu	8.0%	

Table 3. Reasons for vaccine hesitancy

Reasons	%
Concern about side effects and safety of the vaccine	87%
Plan to wait and see if it is safe and may get it later	79%
Concern that the vaccine is being developed too quickly	73%
Plan to use masks/other precautions instead	69%
Do not trust the government	67%
Do not like vaccines	63%
Do not like needles	48%
Do not know I needed a vaccine against COVID-19	45%
The vaccine could give me COVID-19	37%
The vaccine will not work	31%
I will not need vaccinate because vaccination of other people will establish herd immunity	29%
Vaccination site is far	28%
COVID-19 is not a serious illness	26%
Too busy to visit a vaccination site	25%
Had COVID-19 and should be immune	11%
Doctor has not recommended a COVID-19 vaccine to me	11%
Pregnant	7%
For religious reasons	5%

Note: Percentages among 1,518 respondents hesitating vaccination.

Table 4. Determinants of vaccine hesitancy

Vaccine hesitancy	Odds ratio	95%CI
Age (Ref. 45-49): 20-24	1.13	0.82 - 1.58
25-29	1.87**	1.44 - 2.44
30-34	1.67**	1.26 - 2.21
35-39	1.83**	1.42 - 2.36
40-44	1.32*	1.01 - 1.73
50-54	0.79	0.60 - 1.04
55-59	0.67**	0.50 - 0.89
60-64	0.40**	0.30 - 0.53
65-69	0.17**	0.11 - 0.26
70-74	0.18**	0.12 - 0.27
Female	1.18*	1.02 - 1.37
Co-residence: Aged 65 or older	0.84*	0.71 - 1.00
Aged 11 or younger	0.92	0.76 - 1.13
Chronic illness	0.56**	0.47 - 0.67
Occupation: Healthcare worker	0.23**	0.16 - 0.33
Frontline essential workers	0.71**	0.59 - 0.86
Other occupations	0.80*	0.67 - 0.95
Education: Junior college or vocational	0.85	0.70 - 1.03
University or higher	0.68**	0.58 - 0.80
Household income	0.95**	0.93 - 0.97
Self-rated health	0.82**	0.76 - 0.89
K10 depression scale	1.01**	1.00 - 1.02
Statistical literacy	0.96	0.87 - 1.05
Time preference	1.01**	1.00 - 1.01
Risk preference	1.00	0.99 - 1.01
Fear of COVID-19	0.97**	0.96 - 0.99
Constant	3.91**	2.07 - 7.42
Observations	5,000	

Note: Vaccine hesitancy refers to individuals who were undecided and unwilling to vaccinate; The outcome reference is 'Willing to vaccinate or have already vaccinated'; \*\* p<0.01, \* p<0.05; 95% confidence intervals (CI) were estimated by robust standard errors; Adjusted for residential area with the population weight for each age group by region.

Table 5. Stated and revealed preferences

Wave1 \ Wave2	Vaccinated	Intend to vaccinate	Undecided	Unwilling to vaccinate	Total
Intend to vaccinate	94.9%	2.9%	1.3%	1.0%	1,424
Undecided	66.3%	4.5%	17.5%	11.8%	756
Unwilling to vaccinate	29.0%	1.3%	13.8%	55.9%	538
Total	73.9%	3.0%	8.2%	14.9%	2,718

Note: Wave1 was conducted between 21–23 July 2021, while Wave2 was held between 10-20 November 2021 as a follow-up survey of Wave1.

For peer review only

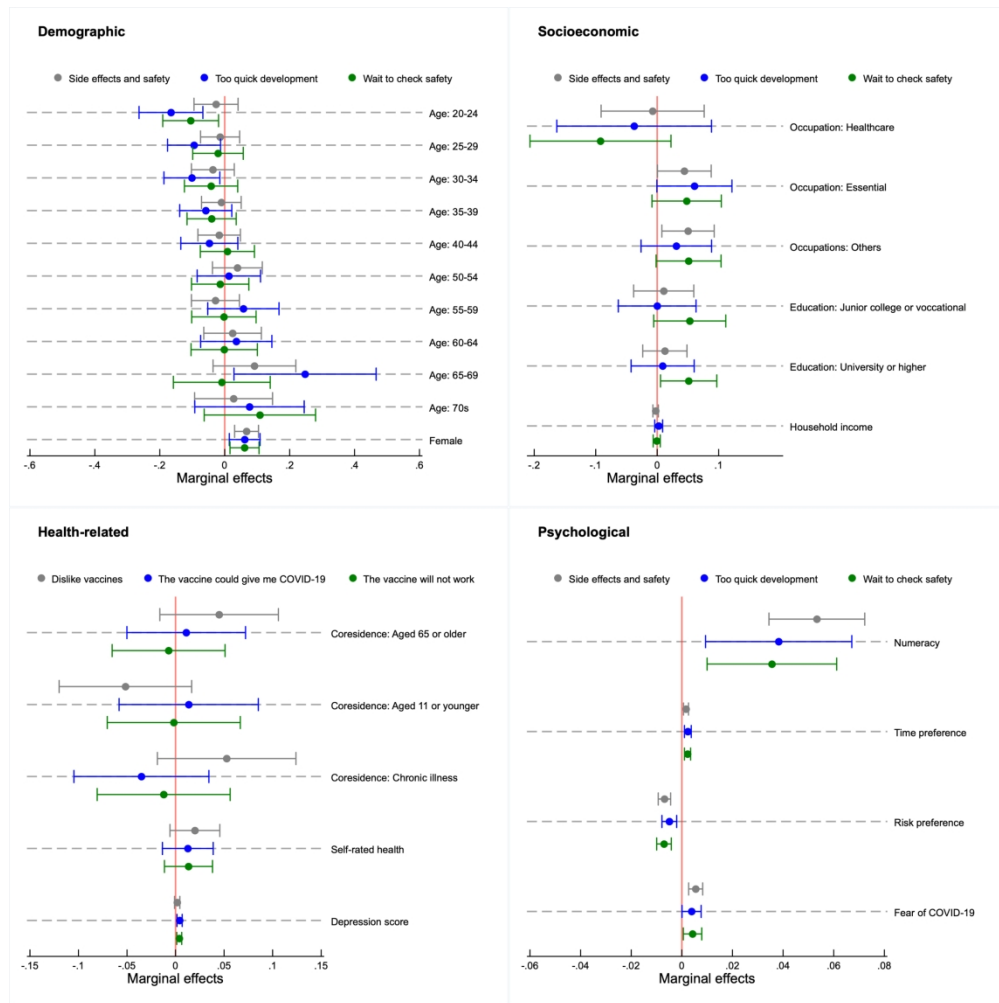


Figure 1. Determinants of reasons for vaccine hesitancy: Side effects and safety

Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Adjusted for residential area with the population weight for each age group.

987x987mm (72 x 72 DPI)

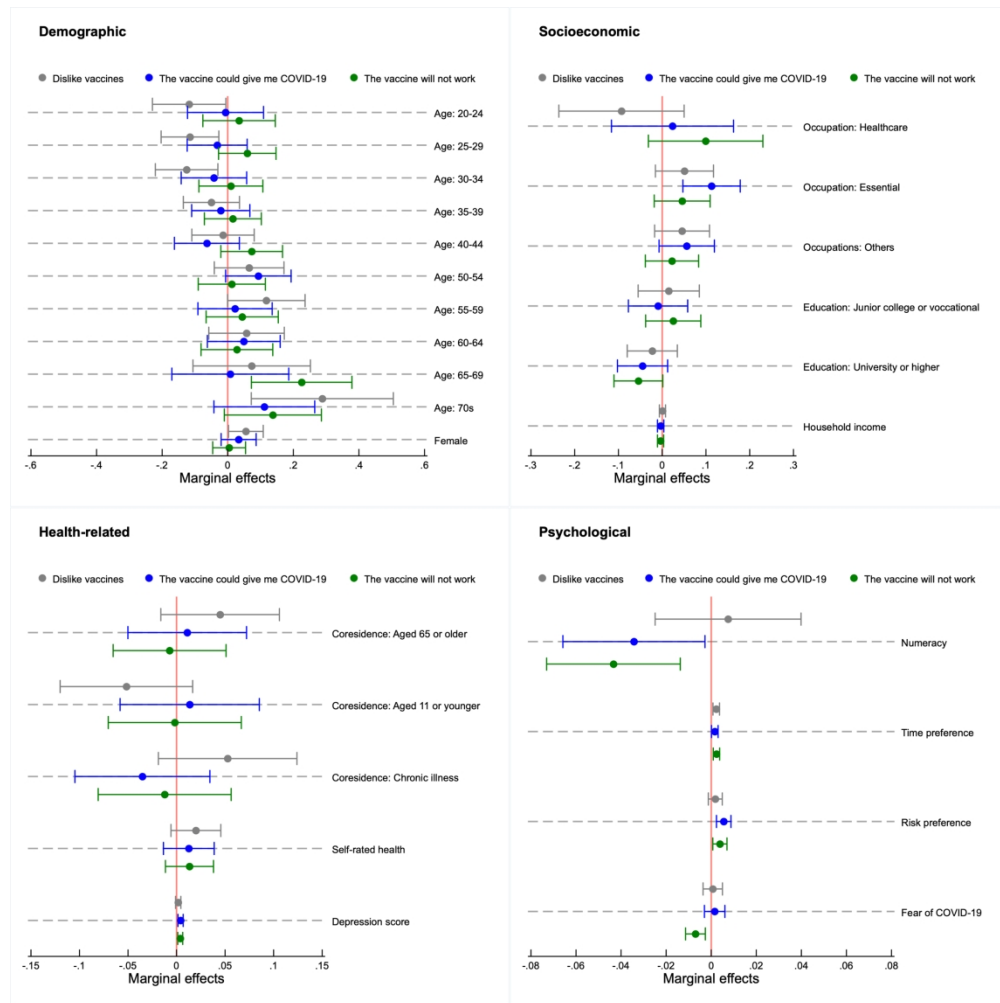


Figure 2. Determinants of reasons for vaccine hesitancy: Vaccine mistrust

Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Adjusted for residential area with the population weight for each age group.

987x987mm (72 x 72 DPI)

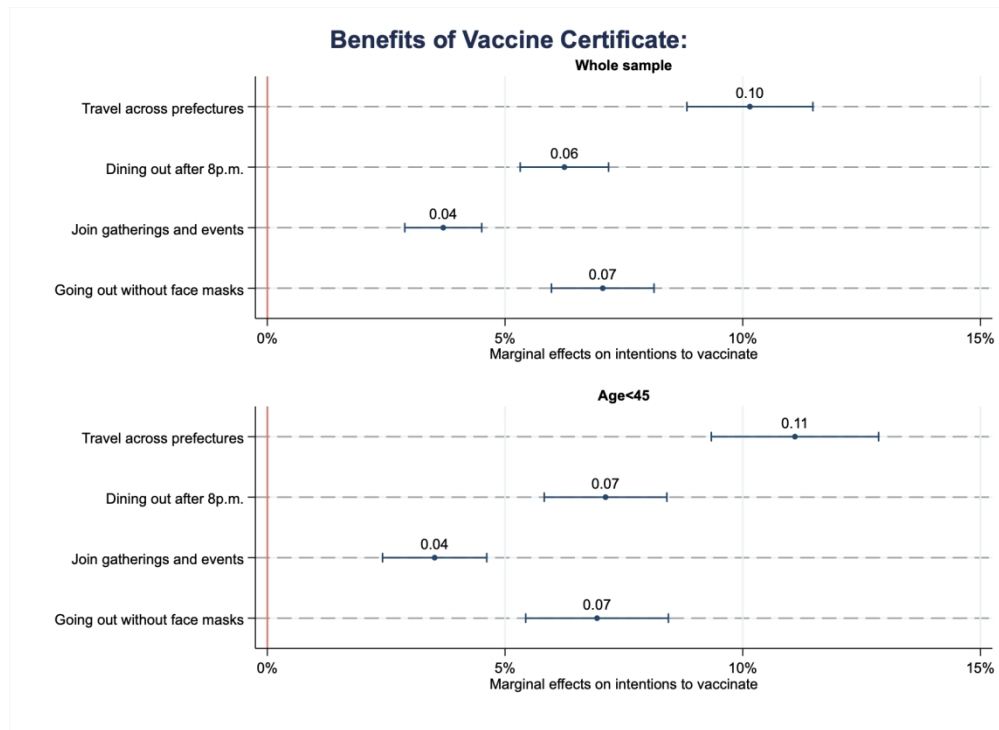


Figure 3. Effectiveness of vaccine passport

Note: Estimates among individuals who were undecided and unwilling to vaccinate (n= 1,518 for all age groups and n= 884 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Full results are available upon request.

317x231mm (144 x 144 DPI)



1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22

## Supplementary Material for Vaccination or restriction?: COVID-19 vaccine hesitancy and vaccine passports

23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

Shohei Okamoto<sup>\*1, 2, 3</sup>, Kazuki Kamimura<sup>3, 4</sup>, Kohei Komamura<sup>3, 5</sup>

<sup>1</sup> Research Team for Social Participation and Community Health, Tokyo Metropolitan Institute of Gerontology, Tokyo, Japan

<sup>2</sup> Institute for Global Health Policy Research, National Center for Global Health and Medicine, Tokyo, Japan

<sup>3</sup> Research Center for Financial Gerontology, Keio University, Tokyo, Japan

<sup>4</sup> Hirao School of Management, Konan University, Hyogo, Japan

<sup>5</sup> Faculty of Economics, Keio University, Tokyo, Japan

Corresponding author: Dr Shohei Okamoto, Research Team for Social Participation and Community Health, Tokyo Metropolitan Institute of Gerontology: 35-2 Sakae-cho, Itabashi-ku, Tokyo, Japan 1730015 (E-mail: [shohei@z2.keio.jp](mailto:shohei@z2.keio.jp))

### Contents

#### Appendix Tables:

Appendix Table A-1. Determinants of vaccine hesitancy

#### Appendix Figures:

Appendix Figure A-1. Determinants of reasons for vaccine hesitancy: Other mistrust

Appendix Figure A-2. Determinants of reasons for vaccine hesitancy: Attitudes toward COVID-19

Appendix Figure A-3. Determinants of reasons for vaccine hesitancy: Health-related reasons

Appendix Figure A-4. Determinants of reasons for vaccine hesitancy: Other reasons

Appendix Figure A-5. Vaccine passport: Preference transitivity

Appendix Figure A-6. Vaccine passport: Separate analyses of those undecided and unwilling to vaccinate

Appendix Figure A-7. Vaccine passport: Include those willing to vaccinate

Appendix Figure A-8. Vaccine passport: Exclude uniform individuals

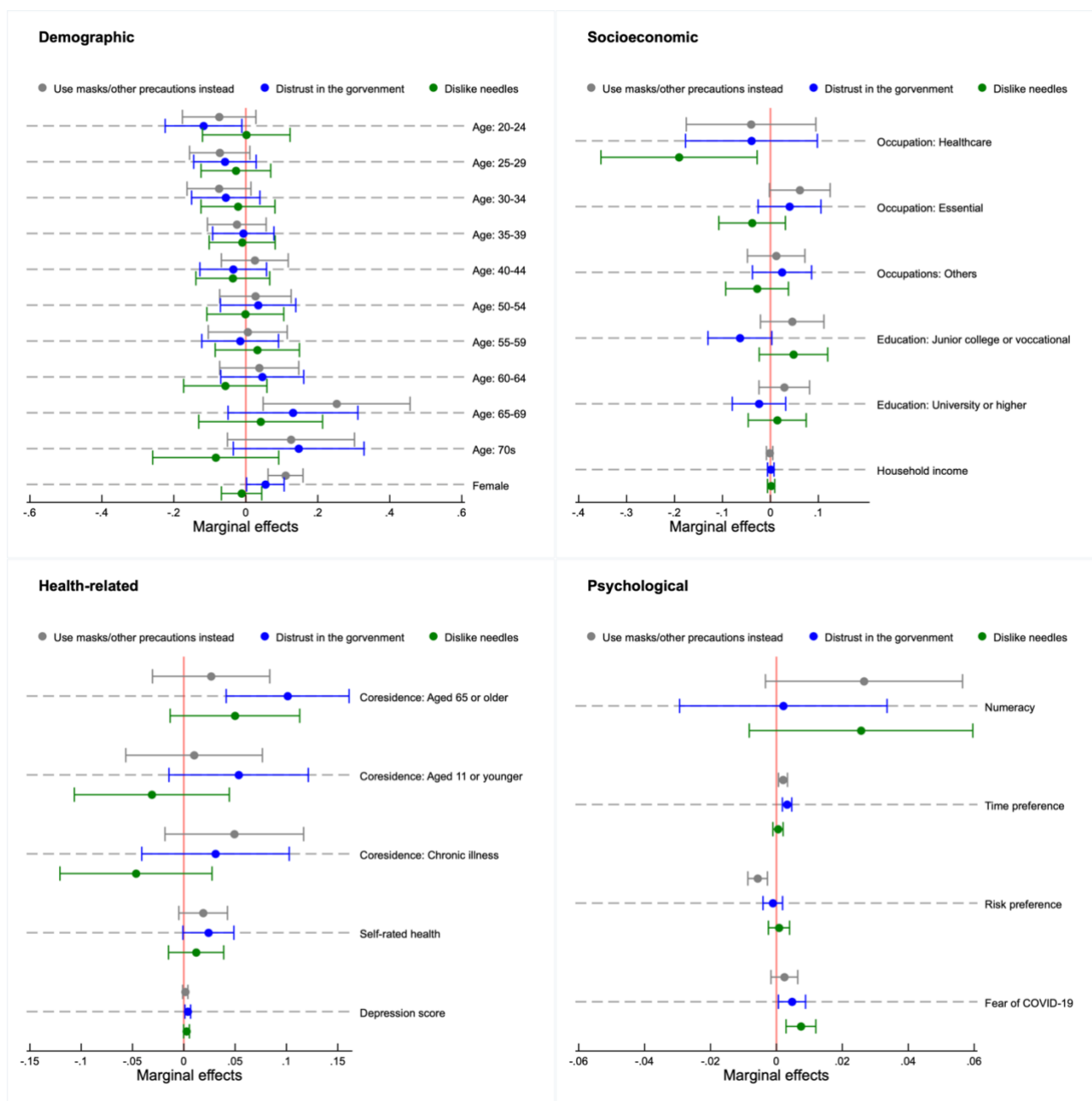
Appendix Figure A-9. Vaccine passport: Estimates by multilevel mixed-effects logistic regression

Appendix Table A-1. Determinants of vaccine hesitancy

Vaccine hesitancy	Will not vaccinate		Undecided	
	Relative risk ratios	95%CI	Relative risk ratios	95%CI
Age (Ref. 45-49): 20-24	1.48	0.95 - 2.30	0.94	0.63 - 1.41
25-29	1.97**	1.36 - 2.85	1.83**	1.35 - 2.47
30-34	2.08**	1.40 - 3.09	1.47*	1.07 - 2.03
35-39	2.22**	1.55 - 3.18	1.63**	1.22 - 2.19
40-44	1.46	0.99 - 2.15	1.25	0.92 - 1.70
50-54	0.87	0.58 - 1.29	0.75	0.55 - 1.04
55-59	0.89	0.59 - 1.35	0.55**	0.38 - 0.78
60-64	0.53**	0.35 - 0.79	0.33**	0.23 - 0.47
65-69	0.24**	0.13 - 0.42	0.14**	0.08 - 0.23
70-74	0.30**	0.18 - 0.51	0.11**	0.07 - 0.20
Female	1.08	0.88 - 1.32	1.26**	1.06 - 1.51
Co-residence: Aged 65 or older	0.75*	0.60 - 0.95	0.91	0.74 - 1.11
Aged 11 or younger	0.68*	0.50 - 0.92	1.10	0.88 - 1.38
Chronic illness	0.53**	0.41 - 0.68	0.59**	0.47 - 0.73
Occupation: Healthcare worker	0.26**	0.16 - 0.43	0.20**	0.13 - 0.33
Other essential workers	0.56**	0.43 - 0.73	0.83	0.67 - 1.04
Other occupations	0.70**	0.55 - 0.89	0.88	0.71 - 1.09
Education: Junior college or vocational	0.82	0.63 - 1.07	0.87	0.69 - 1.10
University or higher	0.60**	0.48 - 0.75	0.74**	0.61 - 0.90
Household income	0.96*	0.94 - 0.99	0.94**	0.92 - 0.97
Self-rated health	0.79**	0.71 - 0.88	0.85**	0.78 - 0.92
K10 depression scale	1.01**	1.00 - 1.03	1.01	1.00 - 1.02
Statistical literacy	0.85**	0.75 - 0.96	1.05	0.94 - 1.17
Time preference	1.01*	1.00 - 1.01	1.01*	1.00 - 1.01
Risk preference	1.00	0.99 - 1.02	0.99	0.98 - 1.00
Fear of COVID-19	0.95**	0.93 - 0.97	0.99	0.98 - 1.01
Constant	3.01*	1.25 - 7.22	1.35	0.64 - 2.85
Observations		5,000		

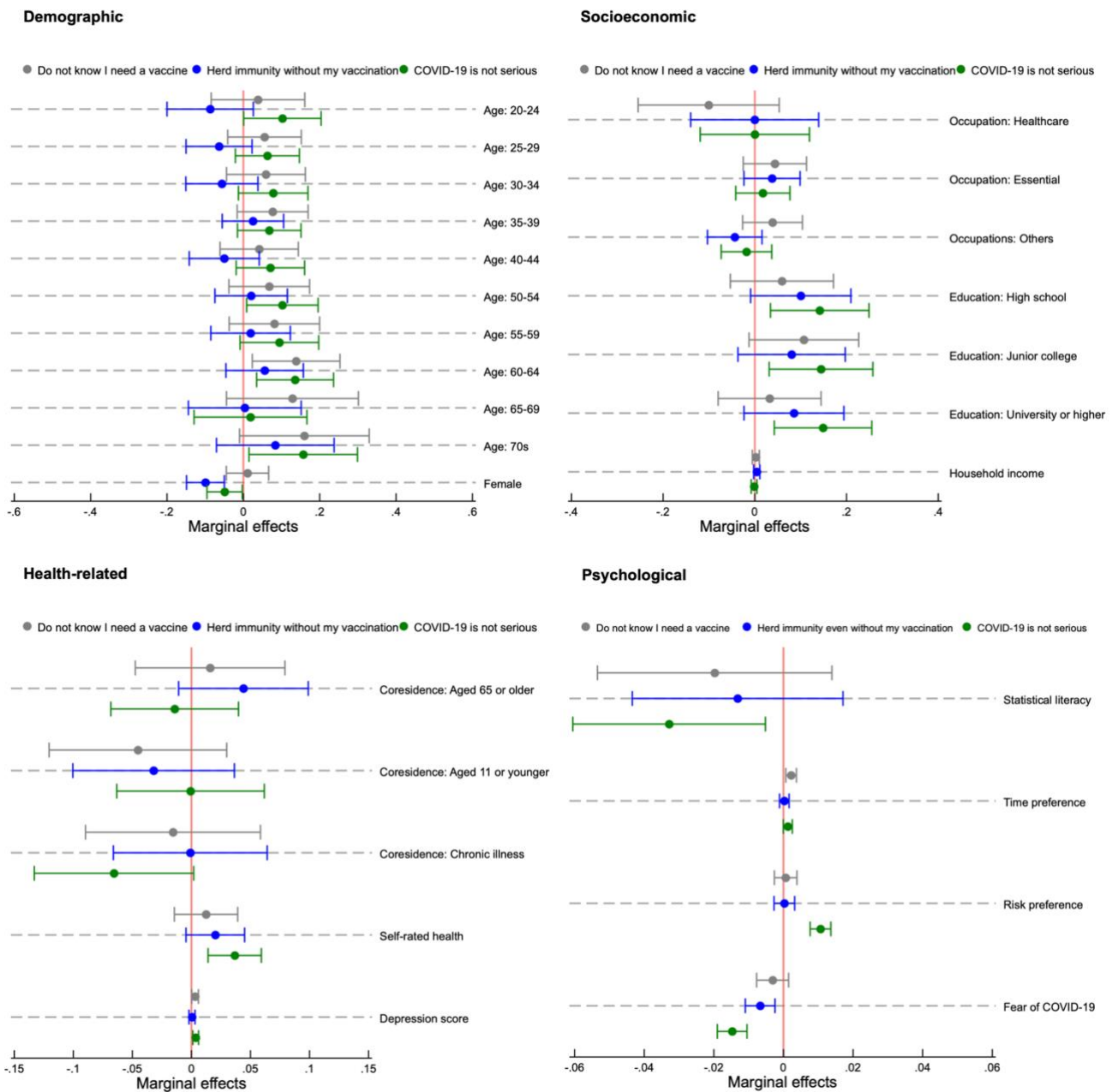
Note: The outcome reference is 'Willing to vaccinate or have already vaccinated'; \*\* p<0.01, \* p<0.05; 95% confidence intervals (CI) were estimated by robust standard errors; Adjusted for residential area with the population weight for each age group by region.

Appendix Figure A-1. Determinants of reasons for vaccine hesitancy: Other mistrust



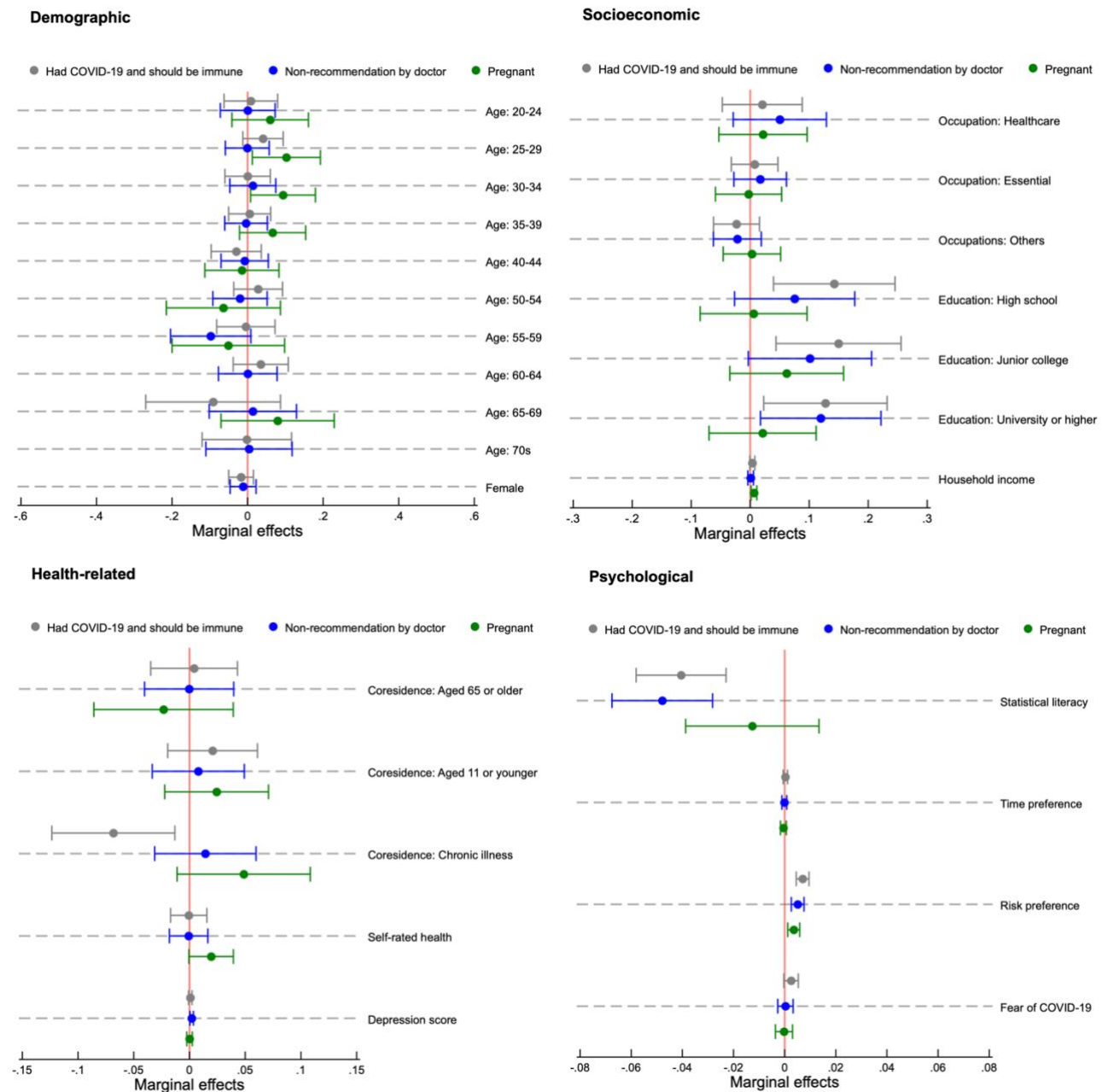
Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Adjusted for residential area with the population weight for each age group.

Appendix Figure A-2. Determinants of reasons for vaccine hesitancy: Attitudes toward COVID-19



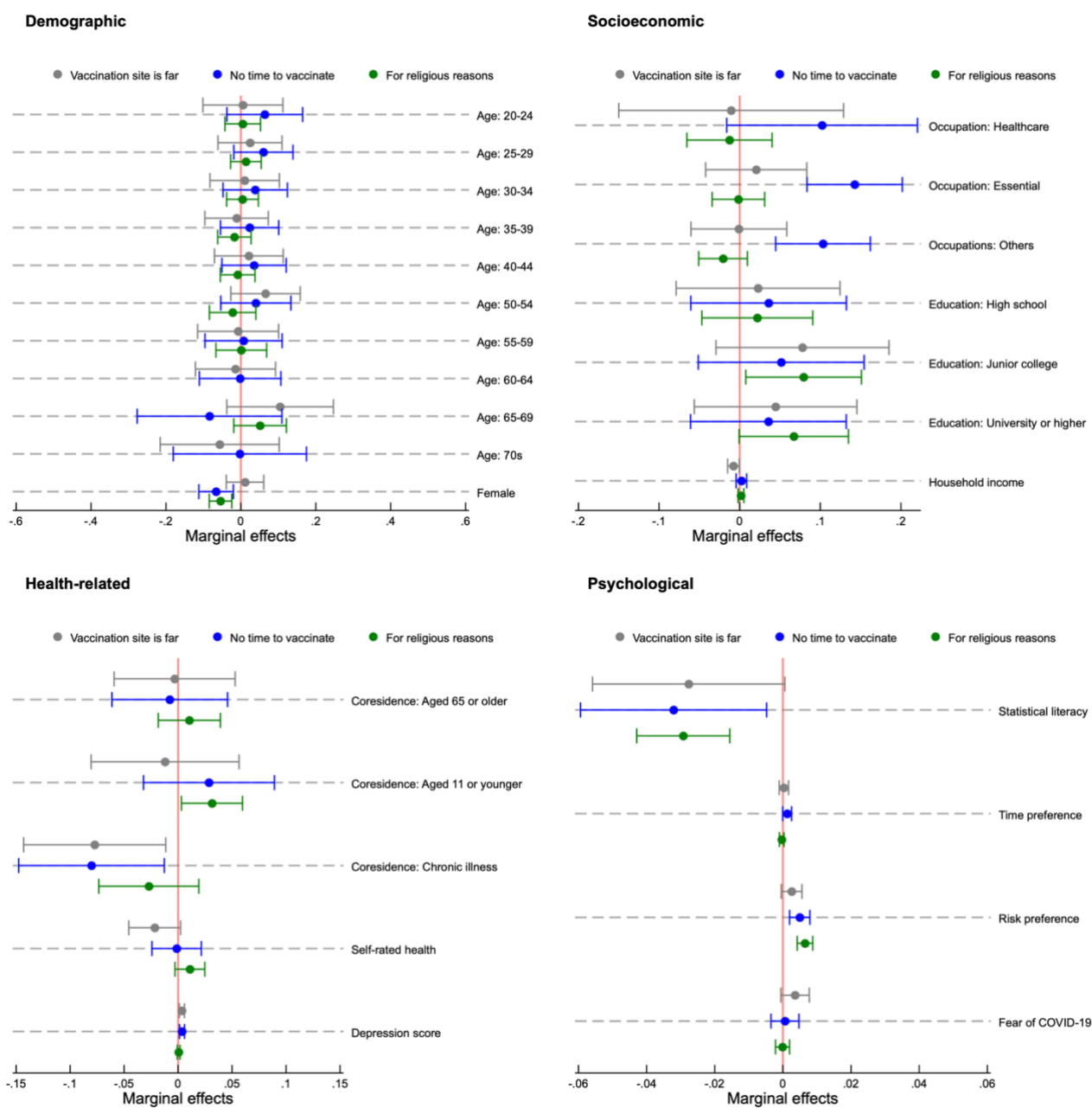
Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Adjusted for residential area with the population weight for each age group;

Appendix Figure A-3. Determinants of reasons for vaccine hesitancy: Health-related reasons



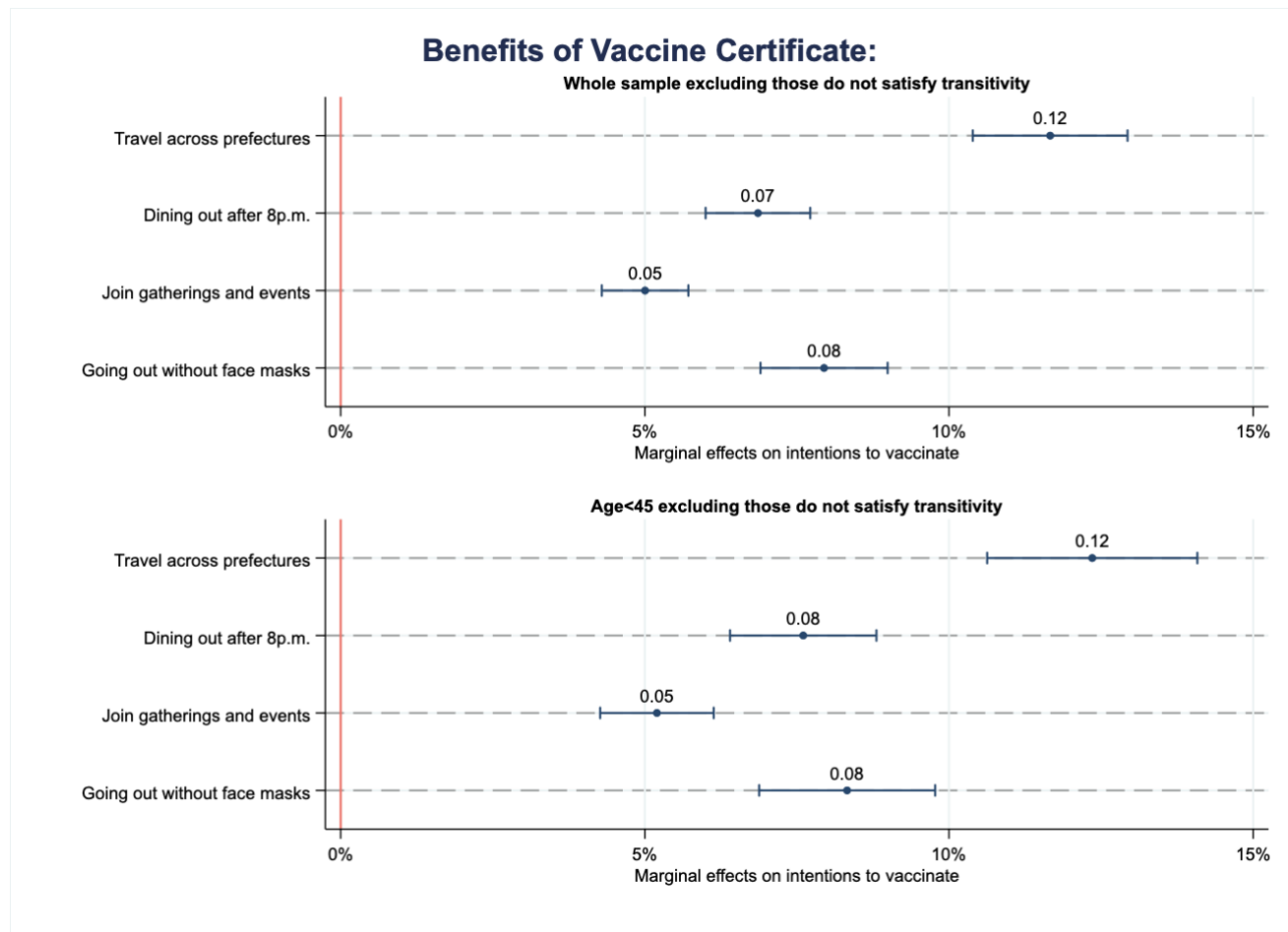
Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Adjusted for residential area with the population weight for each age group;

Appendix Figure A-4. Determinants of reasons for vaccine hesitancy: Other reasons



Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Adjusted for residential area with the population weight for each age group;

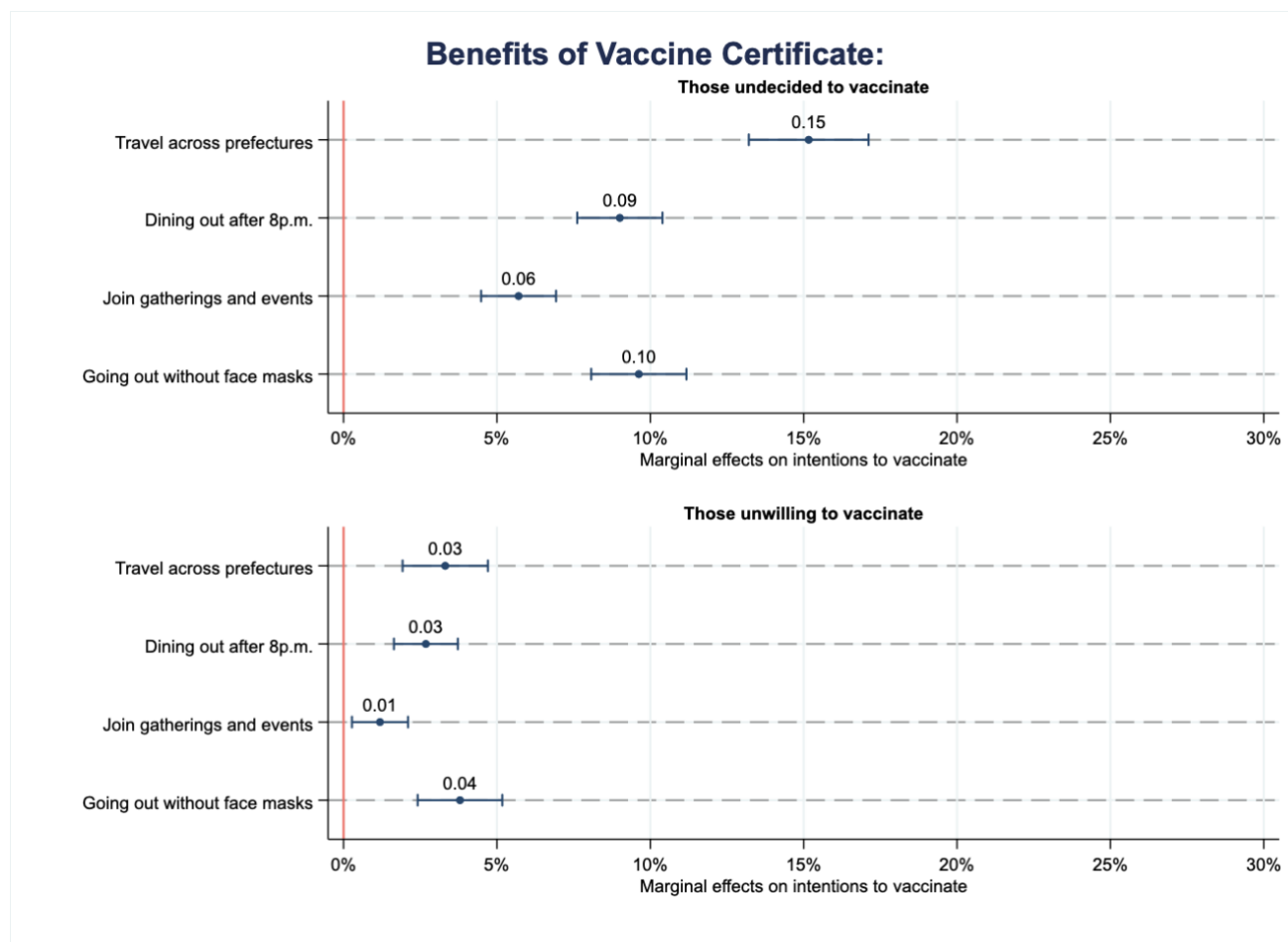
Appendix Figure A-5. Vaccine passport: Exclude those with non-transitive preferences



Note: Estimates among individuals who were undecided and unwilling to vaccinate, excluding those who did not satisfy transitivity of the vaccine preference (n= 1,416 for all age groups and n= 815 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Full results are available upon request.



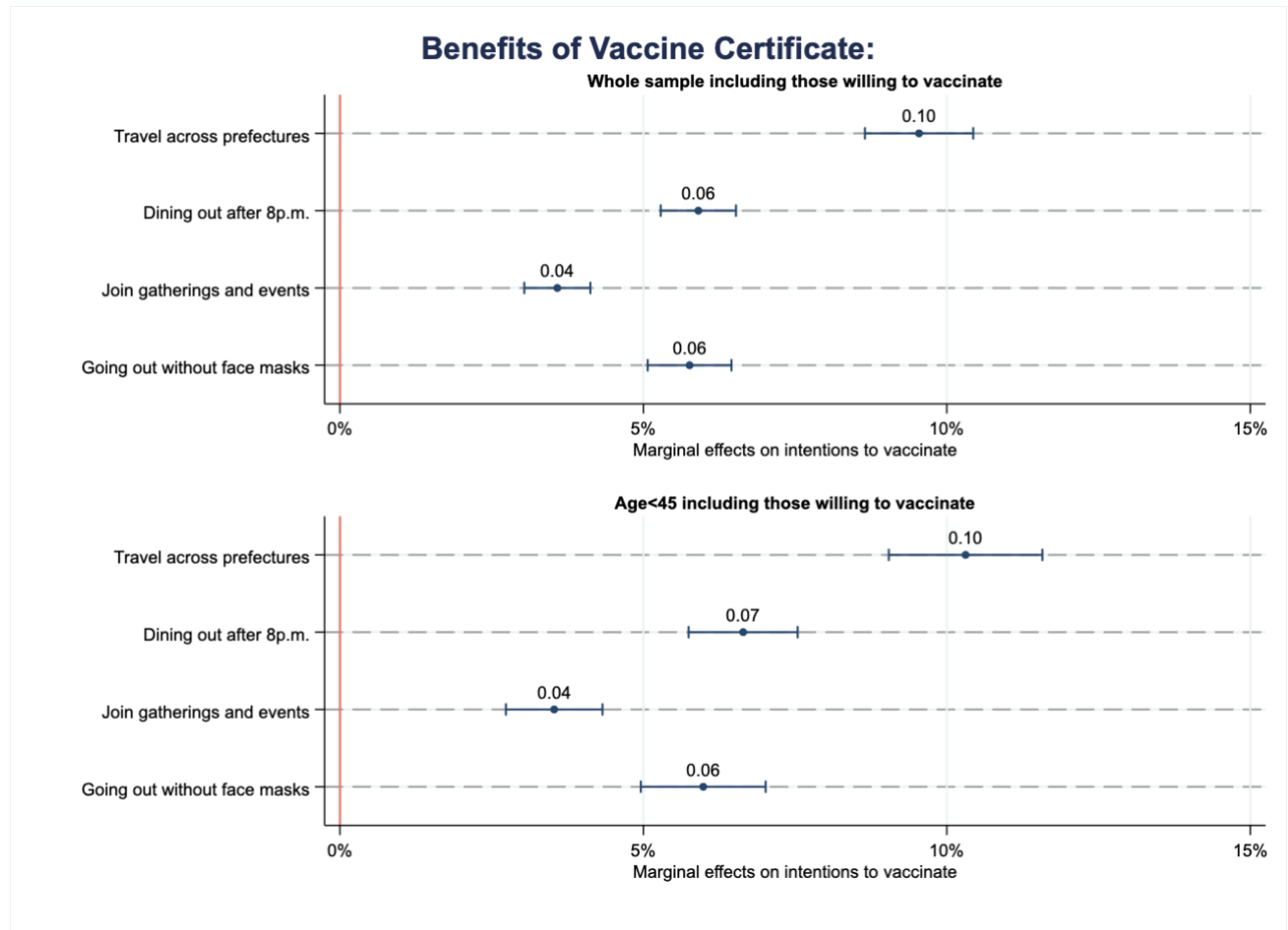
Appendix Figure A-6. Vaccine passport: Separate analyses of those undecided and unwilling to vaccinate



Note: Estimates among individuals who were unwilling to vaccinate (n= 894 for those undecided to vaccinate and n= 624 for those unwilling to vaccinate); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Full results are available upon request.

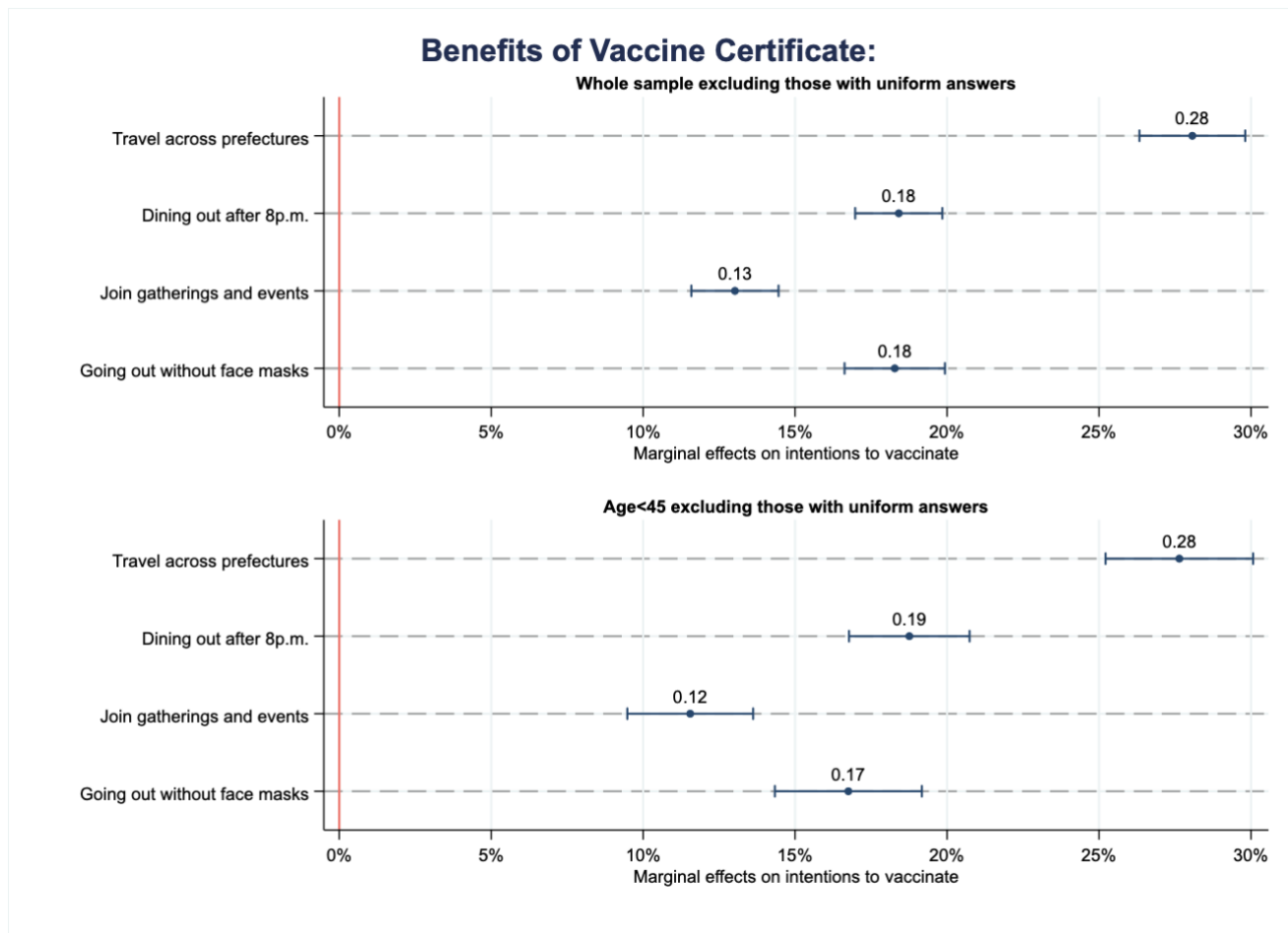


Appendix Figure A-7. Vaccine passport: Include those willing to vaccinate



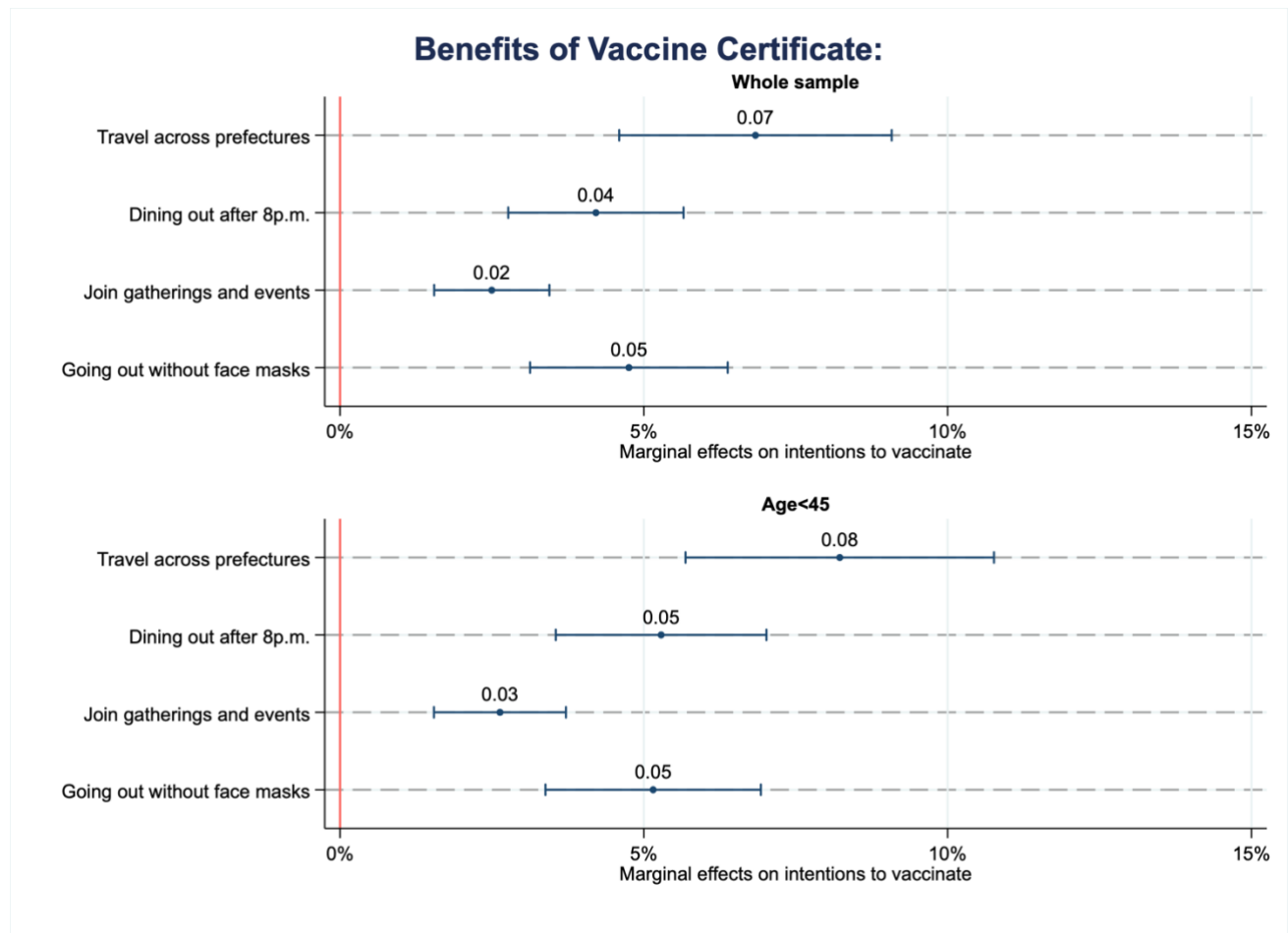
Note: Estimates among individuals who have not vaccinated yet, including 'Unwilling,' 'Undecided,' and 'Willing' (n= 3,171 for all age groups and n= 1,644 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Full results are available upon request.

Appendix Figure A-8. Vaccine passport: Exclude uniform individuals



Note: Estimates among individuals who were undecided and unwilling to vaccinate, excluding those who provided uniform answers regarding their vaccination intentions regardless of available options (n= 1,531 for all age groups and n= 754 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Full results are available upon request.

Appendix Figure A-9. Vaccine passport: Estimates by multilevel mixed-effects logistic regression



Note: Estimated by multilevel mixed-effects logistic regression with random intercepts by individuals among those who were undecided and unwilling to vaccinate ( $n = 1,518$  for all age groups and  $n = 884$  for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Full results are available upon request.

## STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation	Page No
<b>Title and abstract</b>	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	4
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	4
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	5-9
Objectives	3	State specific objectives, including any prespecified hypotheses	9
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	10
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	10
Participants	6	(a) <i>Cohort study</i> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants	10
		(b) <i>Cohort study</i> —For matched studies, give matching criteria and number of exposed and unexposed <i>Case-control study</i> —For matched studies, give matching criteria and the number of controls per case	NA
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	11, 12
Data sources/measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	10-12
Bias	9	Describe any efforts to address potential sources of bias	10
Study size	10	Explain how the study size was arrived at	10
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	11-14
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	13, 14
		(b) Describe any methods used to examine subgroups and interactions	13, 14
	(c) Explain how missing data were addressed	NA	
	(d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed <i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy	10	

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

(e) Describe any sensitivity analyses

14-
17

Continued on next page

For peer review only

<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	10
		(b) Give reasons for non-participation at each stage	NA
		(c) Consider use of a flow diagram	NA
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	14
		(b) Indicate number of participants with missing data for each variable of interest	NA
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	NA
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	NA
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	NA
		<i>Cross-sectional study</i> —Report numbers of outcome events or summary measures	14
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	15-18
		(b) Report category boundaries when continuous variables were categorized	NA
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	NA
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	15-18
<b>Discussion</b>			
Key results	18	Summarise key results with reference to study objectives	18-19
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	20, 21
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	18-20
Generalisability	21	Discuss the generalisability (external validity) of the study results	21
<b>Other information</b>			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	2

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at [www.strobe-statement.org](http://www.strobe-statement.org).

# BMJ Open

## COVID-19 vaccine hesitancy and vaccine passports: A conjoint experiment in Japan

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2022-060829.R1
Article Type:	Original research
Date Submitted by the Author:	12-Apr-2022
Complete List of Authors:	Okamoto, Shohei; Tokyo Metropolitan Institute of Gerontology, Research team for social participation and community health; National Center for Global Health and Medicine, Institute for Global Health Policy Research Kamimura, Kazuki; Konan University, Hirao School of Management Komamura, Kohei; Keio University, Faculty of Economics
<b>Primary Subject Heading</b>:	Health policy
Secondary Subject Heading:	Health economics, Health policy, Health services research, Infectious diseases, Immunology (including allergy)
Keywords:	COVID-19, HEALTH ECONOMICS, Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, Infection control < INFECTIOUS DISEASES, Public health < INFECTIOUS DISEASES

SCHOLARONE™  
Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our [licence](#).

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which [Creative Commons](#) licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.



1  
2  
3 COVID-19 vaccine hesitancy and vaccine passports: A conjoint experiment in Japan  
4

5 Short title: COVID-19 vaccine hesitancy and vaccine passports  
6  
7  
8  
9

10 Shohei Okamoto<sup>\*1, 2, 3</sup>, Kazuki Kamimura<sup>3, 4</sup>, Kohei Komamura<sup>3, 5</sup>  
11  
12  
13

14  
15 <sup>1</sup> Research Team for Social Participation and Community Health, Tokyo Metropolitan  
16 Institute of Gerontology, Tokyo, Japan  
17

18  
19 <sup>2</sup> Institute for Global Health Policy Research, National Center for Global Health and  
20 Medicine, Tokyo, Japan  
21

22  
23 <sup>3</sup> Research Center for Financial Gerontology, Keio University, Tokyo, Japan  
24

25  
26 <sup>4</sup> Hirao School of Management, Konan University, Hyogo, Japan  
27

28  
29 <sup>5</sup> Faculty of Economics, Keio University, Tokyo, Japan  
30  
31  
32

33 Corresponding author: Dr Shohei Okamoto, Research Team for Social Participation  
34 and Community Health, Tokyo Metropolitan Institute of Gerontology: 35-2 Sakae-cho,  
35 Itabashi-ku, Tokyo, Japan 1730015 (E-mail: [shohei@z2.keio.jp](mailto:shohei@z2.keio.jp))  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Abstract

*Objectives:* While the development of vaccines against the novel coronavirus (COVID-19) brought hope of establishing herd immunity and ending the global pandemic, vaccine hesitancy can hinder the progress towards herd immunity. In this study, by analysing the data collected when citizens undergo public health restrictions due to the pandemic, we assess the determinants of vaccine hesitancy, reasons for hesitation, and potential effectiveness of vaccine passports used to relax public health restrictions on mitigating vaccine hesitancy.

*Methods:* We carried out the study in July 2021 by using an online survey that includes a conjoint experiment of a demographically representative sample of 5,000 Japanese adults aged 20–74.

*Results:* We found that about 30% of respondents did not intend to get vaccinated or had not yet decided, with major reasons for vaccine hesitancy relating to concerns about the safety and side effects of the vaccine. In line with previous findings, younger age, lower socioeconomic status, and psychological and behavioural factors such as weaker COVID-19 fear were associated with vaccine hesitancy. Easing of public health restrictions such as travel, wearing face masks, and dining out at night was associated with an increase in vaccine acceptance by 4–10%. Moreover, we found that more than 90% of respondents who intended to get vaccinated actually received it while smaller proportions among those undecided and unwilling to get vaccinated did so.

*Conclusion:* With a major concern about vaccine safety and side effects, interventions to mitigate against these may help reduce vaccine hesitancy. Moreover, when citizens are imposed with restrictions, vaccine passports that increase their freedom may be helpful to increase vaccination rates. However, the feasibility of vaccine passports

1  
2  
3 needs to be sufficiently assessed, taking the ethical issues of passports and the public  
4  
5 health impacts of the relaxation of restrictions into careful consideration.  
6  
7  
8  
9

### 10 *Strengths and limitations of this study*

- 11 ● This study includes timely data on COVID-19 vaccine hesitancy, obtained from a  
12 demographically representative sample of 5,000 Japanese adults.  
13
- 14 ● The data were collected in July 2021 when the citizens were imposed with public  
15 health restrictions.  
16
- 17 ● A conjoint experiment allows assessing the effectiveness of easing public health  
18 restrictions on vaccine acceptance.  
19
- 20 ● Actual behaviour may diverge from the survey responses or fluctuate due to the  
21 pandemic situation and the timing of the survey.  
22
- 23 ● Results may not be applicable in other countries, since the pandemic situation,  
24 government responses to the pandemic, and reasons for vaccine hesitancy can  
25 vary across countries.  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Introduction

After a period when nations have managed to curb the spread of the new coronavirus disease (COVID-19), mainly by non-pharmaceutical interventions such as containment and closure policies, the development of COVID-19 vaccines brought hope that the pandemic may end soon. Although the degree and duration of vaccine efficacy as well as the efficacy against new virus variants remain unconfirmed, widespread vaccination can contribute to establishing herd immunity against COVID-19. While the required proportions of individuals with immunity could vary by country (e.g. due to demographic structure and frequency of human contact), it is estimated that approximately 70% of the population needs immunity to achieve herd immunity against COVID-19, which would require more than 30 million deaths worldwide due to natural infection<sup>1</sup>. Therefore, global vaccination is a necessary step to end the pandemic.

However, vaccine hesitancy, defined as a 'delay in acceptance or refusal of vaccines despite availability of vaccine services' by a working group advising the World Health Organization<sup>2</sup>, can hinder achieving herd immunity. The findings of systematic reviews and meta-analyses suggest that the vaccine acceptance rates are approximately 60–75% but show large discrepancies across regions, months of studies, and whether an answer of 'unsure' is available to survey respondents<sup>3 4</sup>. Together with the global disparities in vaccine availability for COVID-19, full vaccination rates are considerably low, and only approximately a third of the world population had received at least one dose of a vaccine against COVID-19 by August 2021<sup>5</sup>. While this low vaccine uptake may be due to many reasons, including individual preferences and other factors, such as system failures, identifying why people are reluctant to be vaccinated is important.

1  
2  
3 Whether an individual accepts vaccination is a consequence of a complex  
4 decision-making process, which occurs on the continuum between complete  
5 acceptance and refusal<sup>2</sup>. The above-mentioned working group developed the 'three  
6 Cs vaccine hesitancy model', which comprises confidence, complacency, and  
7 convenience, indicating that historic, socio-cultural, environmental, health  
8 system/institutional, economic, or political factors, as well as personal perception and  
9 vaccine/vaccination characteristics influence vaccine hesitancy. Moreover, from a  
10 utilitarian perspective, voluntary vaccinations can deviate from the social optimum  
11 owing to the positive externalities of vaccinated individuals; hence, Pigouvian  
12 subsidies, external regulations, or strategies to improve vaccine awareness are  
13 needed, depending on the nature of vaccine-preventable diseases and vaccines<sup>6 7</sup>.

14  
15 Therefore, it is important to understand the reasons for COVID-19 vaccine  
16 hesitancy, in addition to strategies to raise the vaccination rates. In the following  
17 section, we review the literature on the determinants of COVID-19 vaccine hesitancy.

## 18 Literature on COVID-19 vaccine hesitancy

### 19 (1) Socio-demographic factors

20 Given the concerns of the increasing hesitancy towards COVID-19 vaccination, many  
21 empirical studies have hitherto assessed factors associated with COVID-19 vaccine  
22 hesitancy<sup>3 8-11</sup>. These studies suggest that many empirical papers find that older  
23 people compared to their younger counterparts and men compared to women are  
24 more likely to accept a COVID-19 vaccine. Older people are susceptible to the disease,  
25 and while men and women can decline vaccination for various reasons, the differences  
26 in perceived risks, efficacies, and knowledge may inform these gender differences<sup>11</sup>.  
27 In addition to age and gender, educational attainment is identified as the most frequent  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 predictor, with higher acceptance among people with higher education levels<sup>3</sup>. While  
4 highly educated individuals can be vaccine-hesitant because of the influence of social  
5 groups and other authorities, education may play an important role in understanding  
6 disease severity and vaccination benefits<sup>11</sup>.  
7  
8  
9  
10  
11  
12  
13

## 14 (2) Psychological and behavioural factors

15  
16 Vaccination is a consequence of one's utility maximisation, considering costs and  
17 benefits. Based on the health belief model, by modifying socio-demographic factors,  
18 individuals can decide whether to be vaccinated as a reflection of their personal beliefs  
19 about a disease and its preventive measures, such as susceptibility, severity, benefits,  
20 barriers, and self-efficacy<sup>12 13</sup>. A systematic review identifies that vaccine acceptance  
21 is higher among those with greater perceived risk, threat, vulnerability, and  
22 susceptibility to infection<sup>8 9</sup>. Furthermore, the beliefs about the vaccine are predictors  
23 of vaccine hesitancy, including mistrust in its safety or efficacy and conspiracy beliefs,  
24 which can be induced by low health literacy and negative information in the media<sup>8</sup>.  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37

38 Together with one's perceptions regarding vaccines and infection, individual  
39 preferences matter for health-related decision-making, including vaccination<sup>14 15</sup>. Time  
40 preference affects one's vaccination intentions because individuals will benefit from  
41 the vaccination in the future, despite having to bear its present costs. Therefore, those  
42 discounting future benefits would lead them to decide not to be vaccinated. Moreover,  
43 the attitudes toward risks are attributed to vaccination decision-making, that is, risk-  
44 averse individuals would feel conflicted between the risk of infection without  
45 vaccination and the vaccines' side effects. This would explain why younger people  
46 tend to be vaccine-hesitant, considering they are less likely to develop symptoms than  
47 their older counterparts<sup>16</sup> and have more frequent side effects<sup>17</sup>. In addition to  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 individuals' attributes and beliefs, vaccine characteristics are important determinants  
4 of vaccination intention, being highly relevant to individuals' perceptions and  
5 preferences for vaccines. In particular, individuals prefer vaccines with higher efficacy,  
6 longer duration of disease protection, and safety (that is, none or few adverse effects)<sup>8</sup>  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

18.

### Vaccination campaigns

To increase vaccination rates, considering the determinants of vaccine hesitancy discussed above and vaccine characteristics, potential strategies would include removing the (mis)perceived effectiveness and risks of vaccination and infection, minimising the costs associated with vaccination (i.e. out-of-pocket payments and opportunity cost), and increasing the benefits of vaccination by providing various incentives. In fact, several approaches, such as communication, financial and non-financial incentives, and reminder-recall interventions, have been adopted and evaluated so far<sup>19 20</sup>.

Vaccination campaign frameworks have also been adopted to increase COVID-19 vaccination uptake. Aiming at a better understanding of the population for COVID-19 vaccines, public organisations disseminate information about the efficacy and safety of vaccines<sup>21 22</sup>. Additionally, a study suggests that emphasising the benefits of vaccination and inducing feelings of vaccine ownership are useful<sup>23 24</sup>, thus suggesting the importance of information campaigns. In some countries, the convenience of vaccination locations is enhanced by providing these services within the areas of citizens' daily lives, such as train stations and supermarkets<sup>25 26</sup>. Furthermore, the incentives towards vaccination attract the attention of some policymakers<sup>27</sup>, although their effectiveness remains inconclusive and may depend on

1  
2  
3 how incentives are given<sup>28 29</sup>.  
4

5 With remaining ethical concerns, 'vaccine passports', which denote  
6 certifications of vaccinations to fully or partially exempt vaccinated individuals from  
7 public health restrictions<sup>30 31</sup>, are considered in many regions. The core rationale of  
8 vaccine passports is that public health restrictions due to the pandemic should be  
9 tailored to respond to public demands for the relaxation of the restrictions, when the  
10 scheme would be safe for at least some individuals. Despite these relative merits of  
11 vaccine passports, this scheme may work negatively for some individuals as requiring  
12 certifications to re-engage in social activities can essentially be a violation of individual  
13 freedom of choice<sup>31</sup>. While only a limited number of related studies are available, the  
14 freedom allowed by vaccine passports can affect vaccine acceptance and preference  
15 both positively and negatively: A study found that more freedom allowed by  
16 vaccination can increase vaccination uptake<sup>29 32</sup>. In contrast, some studies suggest  
17 that people do not prefer vaccination used as permission to engage in social  
18 activities<sup>33 34</sup>, and thereby vaccine passports could be viewed negatively among some  
19 socio-demographic groups<sup>32</sup>. Despite the concern about 'breakthrough infections', it  
20 would be worth considering the applicability of vaccine passports if and only if the  
21 passports largely contribute to achieving herd immunity against COVID-19 by  
22 increasing vaccine acceptance.  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48

#### 49 Literature gaps and aims of this study

50  
51 Previous studies have documented the determinants of vaccine hesitancy by  
52 analysing the association of socio-demographic, psychological, and vaccine  
53 characteristics with vaccine intentions. Meanwhile, the evidence on how to increase  
54 COVID-19 vaccine acceptance remains scarce. In alignment with the policies in  
55  
56  
57  
58  
59  
60



1  
2  
3 several regions, the evidence on communication strategies and the incentives for  
4 reducing vaccine hesitancy have gained increasing attention, as discussed above,  
5 while the effectiveness of vaccine passports in raising vaccine acceptance has been  
6 limited. While countries such as Israel, France, and Italy attempt to utilise vaccine  
7 passports, other countries may also consider similar schemes to return to a 'normal  
8 life'. If so, it is immensely important to accelerate herd immunity by reducing avoidable  
9 vaccine hesitancy, to which the benefits of the vaccine passports may contribute.  
10 However, whether vaccine passports can contribute to increasing vaccination uptake  
11 is debatable.  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22

23  
24 Therefore, by analysing the data obtained when the citizens were exposed to  
25 public health restrictions, we assessed the effectiveness of easing public health  
26 restrictions by vaccine passports based on our analysis of a conjoint experiment. By  
27 decomposing the freedom factors allowed by the passport based on government  
28 regulations, we first evaluate an effective type of relaxation of public health restrictions  
29 to increase vaccine acceptance, which would be useful for health policymakers to  
30 design vaccine passports and curate compelling information on the benefits of  
31 vaccination for vaccine-hesitant individuals.  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44

## 45 **Methods**

### 46 **Data**

47  
48  
49 The data come from a demographically representative sample of 5,000 Japanese  
50 adults aged 20–74 from an online survey conducted from 21–23 July 2021. In a non-  
51 experimental study setting that analyses the data by logistic regression, a previous  
52 study suggests that taking a minimum sample size of 500 is necessary to obtain  
53 reliable parameter estimates<sup>35</sup>: The sample size that we initially planned to collect was  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 well above this number, and thereby sufficient to obtain reliable estimates from an  
4 unbiased population. Survey respondents were recruited from registered panels of  
5 Cross Marketing Inc. To ensure that the survey is nationally representative regarding  
6 respondents' age and gender, we recruited respondents using quota sampling for  
7 each of the 14 age groups of the 2015 population census (that is, age categories of  
8 20s, 30s, 40s, 50s, 60s, and early 70s by gender).  
9  
10  
11  
12  
13  
14  
15  
16

17 While we did not use regional quotas to recruit respondents, we addressed  
18 the potential non-representativeness arising from this by using weights for all analyses  
19 and estimated by population structures in each region. Specifically, we used eight  
20 categories for residential areas (i.e. Hokkaido, Tohoku, and Kanto except for the Tokyo  
21 Metropolitan Area, Tokyo Metropolitan Area, Chubu, Kinki, Chugoku, Shikoku, and  
22 Kyusyu) and eleven categories for each five-year age group from 20 to 74. The  
23 pandemic situation during the study period varied across regions, with most per-day  
24 COVID-19 new cases confirmed in Tokyo, Kanto (for example, Saitama and  
25 Kanagawa), Kinki (for example, Osaka), and Kyushu (for example, Okinawa).  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36

37 About four months after this survey (i.e. between 10th and 20th of November  
38 2021), we conducted a follow-up survey of the same respondents to compare their  
39 vaccination intention and status during the first and second waves, respectively. We  
40 obtained 4,367 responses out of 5,000 participants in the first wave (87.3%).  
41  
42  
43  
44  
45  
46  
47  
48

#### 49 COVID-19 situation in Japan

50  
51 During the survey, approximately 5,000 COVID-19 cases were reported per day as  
52 the number kept increasing. The state of emergency or quasi-state of emergency was  
53 declared in Tokyo, Okinawa, Saitama, Chiba, Kanagawa, and Osaka. In these areas,  
54 individuals and business owners were requested to refrain from engaging in non-  
55  
56  
57  
58  
59  
60

1  
2  
3 essential activities. In addition to the citizens in these prefectures, all the citizens in  
4  
5 Japan were requested by the government to take preventive measures from the  
6  
7 infection, such as wearing a face mask, hand washing, avoiding 'Three Cs' (i.e. closed  
8  
9 spaces, crowded places, and close-contact settings), and ensuring adequate  
10  
11 ventilation.  
12  
13  
14  
15  
16

### 17 Ethical approval

18  
19 This study was approved by the Institutional Review Board of the Institute of  
20  
21 Economics Studies, Keio University (No. 21009R and 21011R). We obtained informed  
22  
23 consent from the participants by providing information about the study and asking  
24  
25 them to participate only if they understood the survey and agreed to join before  
26  
27 answering the questionnaire.  
28  
29  
30  
31  
32

### 33 Patient and Public Involvement statement

34  
35 There was no patient and public involvement in this study.  
36  
37  
38  
39

### 40 Definitions of variables

#### 41 (1) Vaccine-related questions

42  
43 To measure vaccine hesitancy, we asked respondents their vaccination intentions,  
44  
45 based on response options: already vaccinated, willing to be vaccinated, undecided,  
46  
47 and unwilling to be vaccinated. Following the definition of vaccine hesitancy<sup>2</sup>, we  
48  
49 operationally defined those who were undecided and unwilling to vaccinate as  
50  
51 vaccine-hesitant.  
52  
53  
54

55  
56 In instances where respondents hesitated to be vaccinated, we additionally  
57  
58 asked them about the reasons for rejecting a vaccine and the importance of those  
59  
60

1  
2  
3 reasons. Referring to previous investigations<sup>36 37</sup>, we identified 18 items, such as  
4 concerns about the vaccine's side effects, safety, efficacy, and other reasons.  
5  
6  
7  
8  
9

## 10 (2) Independent variables

11  
12 To account for the factors associated with vaccine hesitancy, as indicated by previous  
13 findings<sup>3 8-11</sup>, we obtained demographic, socioeconomic, health-related, and  
14 psychological information on each respondent.  
15  
16  
17  
18

19 The demographic and socioeconomic status of respondents included  
20 information on age, gender, co-resident family members, occupation, education, and  
21 income. Respondents living with members with chronic illnesses, aged 65 or over, and  
22 aged 11 or younger would be more likely to be vaccinated because they are  
23 considered vulnerable to infection or not eligible for COVID-19 vaccination in Japan.  
24 In terms of occupation, we used three categories; essential healthcare workers,  
25 frontline essential workers, and other workers, following existing definitions by the  
26 Centers for Disease Control and Prevention<sup>38</sup>. Specifically, frontline essential workers  
27 include those working in manufacturing, wholesale/retail,  
28 transportation/shipping/postal services, education, primary industry, and critical  
29 infrastructure (i.e. electricity, gas, heat supplying services, and waterworks), whose  
30 works must be performed on-site. Educational attainment of respondents included  
31 three categories—high school or lower, junior college or vocational school, and  
32 university or higher. Income refers to annual household income, obtained as the  
33 median value in 19 ranges.  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52

53 We also used two health measures of self-rated health and depressive  
54 symptoms measured by the Kessler Psychological Distress Scale (K10), which have  
55 been validated by previous studies<sup>39 40</sup>. Higher scores indicate better health for the  
56  
57  
58  
59  
60

1  
2  
3 former scale, whereas lower scores indicate worse health for the latter.  
4

5  
6 Finally, we used the following items, identified as predictors of one's  
7  
8 preventive behaviours, to measure psychological and behavioural factors: to measure  
9  
10 respondents' perceived seriousness of COVID-19, we used the Fear of COVID-19  
11  
12 Scale<sup>41 42</sup>. Time and risk preferences, which relate to individuals' responses to  
13  
14 uncertain risks of vaccination and infection, were measured in the following two ways:  
15  
16 the time preference was measured by a question, 'If you were to receive some funds  
17  
18 in 13 months, instead of obtaining it in 1 month, how much is the lowest amount that  
19  
20 would be adequate for your needs?'<sup>43</sup> The risk preference was obtained as the sum  
21  
22 of the responses to seven questions on risk attitudes measured using a seven-point  
23  
24 Likert scale<sup>44</sup>, which indicates higher scores representing higher risk-taking.  
25  
26

27  
28 To measure respondents' ability to understand the risks of infection and  
29  
30 potential risks and benefits of vaccination based on the health belief model<sup>12 13</sup>, we  
31  
32 used respondents' numeracy defined as the number of correct answers to the three  
33  
34 questions used in a previous study<sup>45</sup>: (1) *If the chance of getting a disease is 10%,*  
35  
36 *how many people out of 1,000 would be expected to get the disease?;* (2) *If 5 people*  
37  
38 *all have the winning number in the lottery and the prize is 2 million dollars, how much*  
39  
40 *will each of them get?;* (3) *Let's say you have 200 dollars in a savings account. The*  
41  
42 *account earns 10% interest per year. How much would you have in the account at the*  
43  
44 *end of two years?*  
45  
46  
47  
48  
49

## 50 51 Empirical strategy

52  
53 To assess the determinants of vaccine hesitancy, reasons for hesitating vaccination,  
54  
55 and efficacies of the relaxation of public health restrictions on vaccine acceptance, we  
56  
57 conducted the following three analyses.  
58  
59  
60

### (1) Determinants of vaccine hesitancy

We evaluated the association between vaccine hesitancy and its determinants, including demographic, socioeconomic, health, and psychological/behavioural factors. In the base model, we analysed the association using a logit model with a dichotomised outcome (i.e. unwilling to be vaccinated or undecided vs. willing to be vaccinated or already vaccinated). To test the robustness of the results, we assessed the association using a three-level nominal outcome (unwilling to be vaccinated vs. undecided vs. willing to be vaccinated or already vaccinated).

### (2) Reasons for vaccine hesitancy

We investigated the determinants of the reasons for vaccine hesitancy by analysing the association between demographic, socioeconomic, health, and psychological/behavioural factors and each reason given by the individuals hesitating to be vaccinated. In our main analysis, we present results of our analysis on the determinants of vaccine hesitancy due to concerns about vaccine safety and side effects (i.e. concern about side effects and safety of the vaccine, plan to wait and see if it is safe and may get it later, or concern that the vaccine is being developed too quickly), and vaccine mistrust (i.e. dislike vaccines, the vaccine could give me COVID-19, or the vaccine will not work). We estimated the marginal effects of the factors for each reason using a logit model.

### (3) Conjoint analysis: vaccine passport

To evaluate the association between the relaxation of public health restrictions by vaccine passports and vaccine acceptance, we utilised a conjoint experimental

1  
2  
3 design<sup>18 46</sup>. The conjoint experiment is useful in assessing the effects of varied  
4 attributes at different levels, with the reduced number of necessary assignments using  
5 an orthogonal table.  
6  
7  
8  
9

10 To develop conjoint tasks, we followed the ISPOR guideline<sup>47</sup>. Using this  
11 design, in a hypothetical situation, we asked each respondent whether they would be  
12 vaccinated, assuming that some or all public health restrictions are relaxed. While  
13 many types of attributes can affect vaccination intention, which were identified by our  
14 literature review, we focused on attributes about public health restrictions to reduce  
15 the burden of conjoint tasks by limiting the number of attributes and assigned tasks.  
16 Only with this, the respondents may implicitly assume that they are vaccinated by  
17 different types of vaccine; hence, we provided the information about the frequencies  
18 of side effects from the COVID-19 vaccine, which were obtained from the web site of  
19 the Ministry of Health, Labour, and Welfare<sup>48</sup>.  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32

33 To determine the attributes of public health restrictions included in our conjoint  
34 experiment, considering the public health policy relevance, we selected four attributes,  
35 which correspond to the government requests to the citizens to be compliant with:  
36 travelling across prefectures, dining out at night, joining gatherings and events, and  
37 going out without face masks. For each public health restriction, there are two attribute  
38 levels of being exempted from the restrictions or not exempted.  
39  
40  
41  
42  
43  
44  
45  
46

47 Without the design, we would need to assign 16 (= 2<sup>4</sup>) questions to assess  
48 each attribute of vaccine passports to each respondent; however, we reduced  
49 assignments by half, as shown in Table 1. This process was done by generating an  
50 orthogonal and balanced design, assuming that each attribute was independent. As  
51 the number of tasks was within the acceptable range<sup>47</sup>, we asked each respondent to  
52 complete all the eight tasks.  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 In the conjoint experiment, all respondents provided their vaccination  
4 intentions for each hypothetical vaccine passport. To account for potential non-random  
5 variance across respondents arising from repeated measures, we fitted population-  
6 average panel-data models using the method of generalised estimating equations<sup>49</sup>,  
7 estimating robust standard errors, and considering logit models with binominal  
8 distributions of outcomes.  
9

10  
11 To assess potential heterogeneity across individual characteristics, we further  
12 conducted a sub-group analysis focusing on individuals aged 45 or younger, who were  
13 associated with higher probabilities of vaccine hesitancy in our analysis as discussed  
14 later.  
15

16  
17 Moreover, we conducted five additional analyses to check the robustness of  
18 our findings: a) analysis without the respondents whose choices may have been  
19 nontransitive; b) separate analysis for respondents who were undecided and unwilling  
20 to be vaccinated; c) analysis including respondents who intended to be vaccinated  
21 earlier or had already been vaccinated; d) analysis without those who provided a  
22 uniform answer to all options; e) analysis by a multilevel mixed-effects logistic  
23 regression to relax the assumption of the independence of irrelevant alternatives.  
24 Regarding the robustness test (a), we excluded the respondents whose choices may  
25 have been nontransitive. Some individuals preferred not to be vaccinated when an  
26 additional relaxation was offered, although they expressed their willingness to be  
27 vaccinated with fewer options. Although this may suggest that they did not prefer to  
28 ease certain restrictions regardless of vaccination status, we re-analysed the  
29 association by excluding them, assuming that their choices were irrational. For the  
30 robustness test (c), from among the individuals hesitating to be vaccinated, we  
31 excluded those who provided a uniform answer to all options (that is, all yes or no), to  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



1  
2  
3 focus solely on individuals whose intention changed with vaccine passports.  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

For peer review only

Table 1. Conjoint experimental design

	Available relaxations of restrictions by vaccine passports				Vaccine intensions
	Travel across prefectures	Dining out after 8 p.m.	Joining gatherings and events	Going out without face masks	Yes / No
Pattern A	x	x	x	x	
Pattern B	x	x	○	○	
Pattern C	x	○	x	○	
Pattern D	x	○	○	x	
Pattern E	○	x	x	○	
Pattern F	○	x	○	x	
Pattern G	○	○	x	x	
Pattern H	○	○	○	○	

For peer review only

#### (4) Stated and revealed intention to vaccination

By comparing responses from both the first and second surveys, we present the data showing whether stated vaccination intention reflects revealed vaccination behaviour. With matched responses and behaviours, this would provide a partial validation for relying on a questionnaire about the vaccination intention, even though not on the actual vaccination status.

All analyses were conducted using Stata MP, version 17.0 (StataCorp LLC, College Station, United States of America).

## Results

### Descriptive statistics

Table 2 summarises the descriptive statistics of the sample. Out of a total of 5,000 respondents, approximately 30% hesitated to be vaccinated (i.e. unwilling to be vaccinated: 12.5% and undecided: 17.9%). Vaccination intentions and status can change over time due to various factors, such as infection situation and vaccine availability. At the time of the survey, approximately 38% of the Japanese population had at least one dose of the COVID-19 vaccine<sup>5</sup>, health professionals and older adults being prioritised. The proportion of the vaccinated population was almost identical to that of our sample (36.6%), indicating that our sample reflects the Japanese context well.

1  
2  
3  
4 Table 3 presents the reasons for vaccine hesitancy among the individuals who  
5  
6  
7 hesitate to vaccinate. The most major concerns were the vaccine's side effects and safety  
8  
9  
10 (87%), as well as other reasons related to vaccine safety, preference, and mistrust being  
11  
12  
13 commonly reported by respondents.  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

For peer review only

Table 2. Descriptive statistics (n = 5,000)

Variable	Mean or proportion	Standard deviation
Vaccine intentions: No	12.5%	
Undecided	17.9%	
Yes	33.1%	
Already vaccinated	36.6%	
Age	48.40	14.80
Female	50.3%	
Co-residence: Aged 65 or older	33.3%	
Aged 11 or younger	14.4%	
Chronic illness	25.0%	
Occupation: Healthcare worker	6.4%	
Frontline essential workers	26.3%	
Other occupations	31.8%	
Not employed (Ref.)	35.5%	
Education: High school or lower (Ref.)	31.2%	
Junior college or vocational	19.5%	
University or higher	49.2%	
Household income (million JPY)	5.60	3.78
Self-rated health	3.52	1.02
K10 depression scale	17.95	9.18
Numeracy	1.58	0.78
Time preference	21.08	16.21
Risk preference	27.85	8.3
Fear of COVID-19	19.63	5.46
Residential area: Hokkaido	4.6%	
Tohoku	5.9%	
Kanto	26.1%	
Chubu	14.9%	
Kinki	14.3%	
Chugoku	19.3%	
Shikoku	6.7%	
Kyushu	8.0%	

Table 3. Reasons for vaccine hesitancy

Reasons	%
Concern about side effects and safety of the vaccine	87%
Plan to wait and see if it is safe and may get it later	79%
Concern that the vaccine is being developed too quickly	73%
Plan to use masks/other precautions instead	69%
Do not trust the government	67%
Do not like vaccines	63%
Do not like needles	48%
Do not know I needed a vaccine against COVID-19	45%
The vaccine could give me COVID-19	37%
The vaccine will not work	31%
I will not need vaccinate because vaccination of other people will establish herd immunity	29%
Vaccination site is far	28%
COVID-19 is not a serious illness	26%
Too busy to visit a vaccination site	25%
Had COVID-19 and should be immune	11%
Doctor has not recommended a COVID-19 vaccine to me	11%
Pregnant	7%
For religious reasons	5%

Note: Percentages among 1,518 respondents hesitating vaccination.

## Determinants of vaccine hesitancy

Table 4 shows the determinants of vaccine hesitancy. Compared to those aged 45–49, younger people aged 25–44 were likely to hesitate to get vaccinated, resulting in estimated odds ratios (ORs) ranging between 1.32 and 1.87, with 95% confidence intervals (CI) ranging from 1.01 to 2.44. Meanwhile, older adults aged 55–74 tended to accept vaccination, showing estimated ORs between 0.17 and 0.67 with 95% CI from 0.11 to 0.89. Female respondents tended to express vaccine hesitancy more than their male counterparts (OR: 1.18, 95% CI: 1.02 – 1.37). Additionally, those living with older adults and members with chronic illness tended to accept vaccination with higher probabilities compared to their counterparts not living with these population categories.

Socioeconomic factors are also associated with vaccine hesitancy. Healthcare workers, frontline essential workers, and those performing paid work were likely to be non-vaccine-hesitant compared to non-employed individuals: the former two groups were more likely to accept vaccination, showing ORs of 0.23 (95% CI: 0.16–0.33) and 0.71 (95% CI: 0.59–0.86), respectively. Furthermore, higher education and income were associated with a lower likelihood of being vaccine-hesitant.

Those with poorer health, measured by self-rated health and the K10 depression scale, were less likely to hesitate to get vaccinated with OR: 1.18 (95% CI: 0.76–0.89) and OR: 1.01 (95% CI: 1.00–1.02), respectively. Psychological and behavioural factors such as

1  
2  
3  
4 time preference and fear of COVID-19 were also predictors of vaccine hesitancy.  
5  
6

7           When distinguishing those unwilling to get vaccinated and those who had not yet  
8  
9  
10 decided, similar results were observed for the findings estimated from the binary outcomes  
11  
12  
13 (Appendix Table A-1).  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

For peer review only



Table 4. Determinants of vaccine hesitancy

Vaccine hesitancy	Odds ratio	95%CI
Age (Ref. 45-49): 20-24	1.13	0.82 - 1.58
25-29	1.87**	1.44 - 2.44
30-34	1.67**	1.26 - 2.21
35-39	1.83**	1.42 - 2.36
40-44	1.32*	1.01 - 1.73
50-54	0.79	0.60 - 1.04
55-59	0.67**	0.50 - 0.89
60-64	0.40**	0.30 - 0.53
65-69	0.17**	0.11 - 0.26
70-74	0.18**	0.12 - 0.27
Female	1.18*	1.02 - 1.37
Co-residence: Aged 65 or older	0.84*	0.71 - 1.00
Aged 11 or younger	0.92	0.76 - 1.13
Chronic illness	0.56**	0.47 - 0.67
Occupation: Healthcare worker	0.23**	0.16 - 0.33
Frontline essential workers	0.71**	0.59 - 0.86
Other occupations	0.80*	0.67 - 0.95
Education: Junior college or vocational	0.85	0.70 - 1.03
University or higher	0.68**	0.58 - 0.80
Household income	0.95**	0.93 - 0.97
Self-rated health	0.82**	0.76 - 0.89
K10 depression scale	1.01**	1.00 - 1.02
Statistical literacy	0.96	0.87 - 1.05
Time preference	1.01**	1.00 - 1.01
Risk preference	1.00	0.99 - 1.01
Fear of COVID-19	0.97**	0.96 - 0.99
Constant	3.91**	2.07 - 7.42
Observations	5,000	

Note: Vaccine hesitancy refers to individuals who were undecided and unwilling to vaccinate; The outcome reference is 'Willing to vaccinate or have already vaccinated'; \*\* p<0.01, \* p<0.05; 95% confidence intervals (CI) were estimated by robust standard errors; Adjusted for residential area with the population weight for each age group by region.

## Reasons for vaccine hesitancy

In Figure 1 and 2, we present the results of the analyses on the reasons related to vaccine side effects and safety and mistrust, which were the most common. While we did not find remarkable heterogeneity across most factors, a higher numeracy was associated with vaccine hesitancy due to concerns about vaccine side effects and safety. Also, people aged 65 or older tended to show vaccine hesitancy due to both concerns about vaccine side effects or safety and mistrust. In contrast, vaccine hesitancy due to vaccine mistrust was less observed among younger people (i.e. individuals aged 25–29 and 30–34).

<Figure 1>

<Figure 2>

Additionally, the results for the determinants of vaccine hesitancy due to each reason are shown in Appendix Figures A-1, A-2, A-3, A-4, A-5, and A-6. Again, we did not find systematic trends in the determinants of the reasons for vaccine hesitancy.

## Effectiveness of vaccine passport

From the conjoint experiment, we observed that 45% of all the vaccine-hesitant respondents intended to accept vaccination when all public health restrictions were relaxed, while 18% intended to do so if no restrictions were relaxed.

In Figure 3, we present the estimation results for the association between the

1  
2  
3  
4 relaxation of each public health restrictions and vaccine acceptance, suggesting that relaxing  
5  
6  
7 all restrictions was effective in increasing vaccine acceptance by 4–10%. In particular, the  
8  
9  
10 relaxation of travel restriction across prefectures was the most effective, showing a 10%  
11  
12  
13 increase (95% CI: 9-11%) in vaccine acceptance, if permitted.  
14  
15

16 Moreover, we analysed the potential heterogeneity among younger people aged 44  
17  
18 or younger, who were more likely to be vaccine-hesitant in our previous analysis. We found  
19  
20  
21 that the results remained unchanged and these policies were particularly effective for younger  
22  
23  
24  
25 people.  
26  
27

28 <Figure 3>  
29  
30

31 Additionally, we conducted the following five robustness tests. First, we excluded the  
32  
33 respondents whose choices may have been nontransitive. However, the results remained  
34  
35 unchanged (Appendix Figure A-7). Second, we separately analysed respondents who were  
36  
37 undecided and unwilling to get vaccinated. Although marginal effects among those unwilling  
38  
39 to get vaccinated became smaller while the estimation for undecided respondents became  
40  
41 larger, we found that the relaxation of public health restrictions was evidently effective to  
42  
43 increase vaccine acceptance (Appendix A-8). Third, we included respondents who intended  
44  
45 to get vaccinated earlier or had already been vaccinated, and the same results were still  
46  
47 observed (Appendix Figure A-9). Next, from among the individuals hesitating to be vaccinated,  
48  
49 we excluded those who provided a uniform answer to all options (i.e. all yes or no), the results  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4 remained unchanged (Appendix Figure A-10). Finally, to relax the assumption of the  
5  
6  
7 independence of irrelevant alternatives, we estimated our main model by a multilevel mixed-  
8  
9  
10 effects logistic regression and confirmed the results were still robust (Appendix Figure A-11).  
11  
12  
13  
14  
15

## 16 Stated and revealed vaccination intention

17  
18  
19 To check if participants' responses to the question about vaccination intention reflect their  
20  
21  
22 actual vaccination behaviour, for respondents who had not been vaccinated yet during the  
23  
24  
25 first survey, we present descriptive statistics on vaccination status at the follow-up survey  
26  
27  
28 (Table 5). More than 90% of respondents who intended to get vaccinated actually received  
29  
30  
31 it, while smaller proportions among those undecided and unwilling to be vaccinated did so  
32  
33  
34 afterwards. Approximately 29% of undecided and 69% of unwilling individuals remain  
35  
36  
37 vaccine-hesitant in the follow-up survey.  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

Table 5. Stated and revealed intention to vaccination

Wave1 \ Wave2	Vaccinated	Intend to vaccinate	Undecided	Unwilling to vaccinate	Total
Intend to vaccinate	94.9%	2.9%	1.3%	1.0%	1,424
Undecided	66.3%	4.5%	17.5%	11.8%	756
Unwilling to vaccinate	29.0%	1.3%	13.8%	55.9%	538
Total	73.9%	3.0%	8.2%	14.9%	2,718

Note: Wave1 was conducted between 21–23 July 2021, while Wave2 was held between 10-20 November 2021 as a follow-up survey of Wave1.

## Discussion

During the time when citizens were imposed with public health restrictions due to the pandemic, this study primarily assessed whether easing public health restrictions by vaccine passports increases vaccine acceptance, especially among those with vaccine hesitancy, as well as investigated determinants of vaccine hesitancy and reasons for vaccine hesitancy. As the first study to explore the effectiveness of the relaxation of public health restrictions, by decomposing what can be permitted by vaccination, we obtained three main findings. First, in line with previous findings<sup>3 8-11</sup>, our analysis suggests that demographic, socioeconomic, health-related, and psychological/behavioural factors predict vaccine hesitancy. In particular, younger age seems to be the strongest predictor of vaccine hesitancy, while other factors, such as gender and socioeconomic factors, were also associated with vaccine hesitancy. Second, concerns about the side effects and safety of the COVID-19 vaccine, as well as mistrust of vaccines and the government in general, were dominant reasons for vaccine hesitancy. Third, we found that vaccination acceptance increases by easing public health restrictions, especially travel restrictions across prefectures, at least when the citizens underwent public health restrictions. This result was particularly evident among younger people, who had higher probabilities of vaccine hesitancy than their older counterparts.

One reason why younger people tend to hesitate to be vaccinated is the expected balance between the costs and benefits of vaccination, as predicted by the health belief

1  
2  
3  
4 model and economic theory<sup>7 13</sup>. Considering that younger people are less likely to develop  
5  
6  
7 severe COVID-19 symptoms than older people<sup>16</sup>, and given the higher likelihood of the side  
8  
9  
10 effects of the vaccine (for example, headache and fatigue) among them<sup>17</sup>, they could decide  
11  
12  
13 not to be vaccinated from a utilitarian perspective. While we did not observe remarkable  
14  
15  
16 trends for the association between age and the reasons for hesitating to vaccinate, vaccine  
17  
18  
19 safety and side effects were the most common reasons, which has also been reported by  
20  
21  
22 other studies<sup>36 37</sup>. Moreover, we found that statistical numeracy predicts vaccine hesitancy  
23  
24  
25 due to the concerns about vaccine safety and side effects. This may suggest that, being  
26  
27  
28 related to prospect theory, statistical capacity is related to inconsistent preferences and  
29  
30  
31 overestimating health losses of vaccination<sup>50</sup>.

32  
33  
34 Our study also suggests that vaccine passports, which allow citizens freedom in their  
35  
36  
37 daily lives, could increase vaccine acceptance when they are imposed with public health  
38  
39  
40 restrictions due to the COVID-19 pandemic. Our finding is in line with the existing evidence  
41  
42  
43 that the freedom allowed by vaccine passports has positive impacts on vaccine acceptance<sup>29</sup>.  
44  
45  
46 In many countries, including Japan, individuals are subject to containment and closure  
47  
48  
49 policies by governments to curb the spread of the virus, which requires them to avoid non-  
50  
51  
52 essential activities, such as eating out, travelling, and mass gatherings. As stay-at-home  
53  
54  
55 orders and social distancing behaviours can deteriorate citizens' well-being and mental health  
56  
57  
58 through distress, boredom, loneliness, and social isolation<sup>51</sup>, eliminating public health  
59  
60

1  
2  
3  
4 restrictions and returning to a normal life may be what many citizens are eager to attain.  
5  
6  
7 Particularly for younger people whose health benefits of vaccination could be less than that  
8  
9  
10 of older people, more freedom in their daily lives allowed by vaccine passports may be more  
11  
12  
13 attractive than mere health benefits obtained through vaccination.  
14  
15

16 Based on our findings, several policy implications can be drawn. First, information  
17  
18  
19 campaigns to convey accurate messages are extremely important to enhance the  
20  
21  
22 understanding of vaccination and remove avoidable vaccine mistrust. Utilising behavioural  
23  
24  
25 insights, better designs on how to best communicate with people to enhance vaccine uptake  
26  
27  
28 should be considered<sup>23 24</sup>. Second, emphasising benefits other than health (e.g. the relaxation  
29  
30  
31 of public health restrictions), if applicable, may enhance vaccine acceptance, when the  
32  
33  
34 citizens are imposed with the restrictions.  
35  
36

37 Even under the concerns about breakthrough infections, the overall public health  
38  
39  
40 benefits may be in surplus if and only if a rise in vaccine acceptance largely reduces severe  
41  
42  
43 symptoms and the mortality rate from infection given the confirmed safety of the vaccine by  
44  
45  
46 contributing to the establishment of herd immunity against COVID-19. The continuous  
47  
48  
49 evaluations and careful consideration of the efficacy, duration of effectiveness, and side  
50  
51  
52 effects of the vaccine, as well as potential public health impact and ethical issues of vaccine  
53  
54  
55 passports are indispensable. With the uncertain duration of vaccine efficacy and the efficacy  
56  
57  
58 against new virus variants, it would be realistic to issue vaccine passports for a limited time,  
59  
60



1  
2  
3  
4 maintaining moderate infectious control measures.  
5  
6

7 Furthermore, these types of passports must not be used to discriminate and eliminate  
8  
9  
10 the unvaccinated from society, allowing them to use alternative services, such as a certificate  
11  
12  
13 for a negative COVID-19 test result. Requiring these types of passports to re-engage in social  
14  
15  
16 activities may essentially violate the freedom of choice<sup>31</sup>, which could be why some studies  
17  
18  
19 suggest that this type of scheme was viewed as negative<sup>33 34</sup>. Given the potential health risks  
20  
21  
22 of vaccination, it may not be feasible to mandate vaccination. In Japan, there is no vaccine  
23  
24  
25 mandate, not only for COVID-19 but for other diseases, while some of these are determined  
26  
27  
28 by law as non-binding obligations of the citizens. At least in the Japan's context, personal  
29  
30  
31 decision making for COVID-19 vaccination should reflect respect of their autonomy, with  
32  
33  
34 appropriate strategies to enhance understanding of benefits and risks about the vaccine and  
35  
36  
37 its attractiveness.  
38  
39

40 In this study, we first provided evidence on the effectiveness of vaccine passports to  
41  
42  
43 relax the public health restrictions, decomposing the activities allowed by passports, on  
44  
45  
46 reducing vaccine hesitancy in the context that the citizens were imposed with public health  
47  
48  
49 restrictions. Nevertheless, several limitations should be noted due to caveats. First, our study  
50  
51  
52 was based on a hypothetical experiment and not a real situation. Therefore, actual behaviour  
53  
54  
55 may diverge from the survey responses. Notwithstanding this limitation, our findings should  
56  
57  
58 still be helpful, based on previous reports that more than 80% of the stated and revealed  
59  
60

1  
2  
3  
4 preferences corresponded <sup>52</sup> <sup>53</sup>. Also, in our study, a high proportion of the respondents  
5  
6  
7 provided consistent vaccination intentions and behaviours. Second, our findings are based  
8  
9  
10 on a survey, in which the sample was obtained from registered panels that may not be  
11  
12  
13 identical to the general public. Although we utilised weights estimated by population  
14  
15  
16 structures by region and vaccination rate/intention were similar to the official statistics and  
17  
18  
19 other surveys in Japan, other factors could not be representative. Also, vaccination intentions  
20  
21  
22 may fluctuate due to the pandemic situation and the timing of the survey. Furthermore, our  
23  
24  
25 results may not be applicable in other countries, since the pandemic situation, government  
26  
27  
28 responses to the pandemic, and reasons for vaccine hesitancy may vary across countries. In  
29  
30  
31 Japan, compared to Western countries, the COVID-19 mortality rate is much lower <sup>54</sup>, and  
32  
33  
34 government responses to the pandemic are less stringent<sup>55</sup>; hence, the attitude of the  
35  
36  
37 Japanese population toward the vaccine and vaccine passports availability may differ from  
38  
39  
40 other countries. Therefore, intertemporal and cross-national evidence needs to be  
41  
42  
43 accumulated through further studies.  
44  
45  
46  
47  
48

## 49 **Conclusions**

51  
52 This study offers encouraging findings regarding the vaccination intentions of the  
53  
54  
55 Japanese people. Some individuals hesitate to get vaccinated against COVID-19 as the  
56  
57  
58 safety and side effects of the vaccine are a major concern; therefore, interventions to mitigate  
59  
60

1  
2  
3  
4 these concerns through appropriate and effective information campaigns may help reduce  
5  
6  
7 vaccine hesitancy. Additionally, the relaxation of public health restrictions, such as travel  
8  
9  
10 across prefectures, wearing face masks, and dining out at night, is effective in enhancing  
11  
12  
13 vaccine acceptance when citizens undergo these restrictions. To assist the progress toward  
14  
15  
16 herd immunity, the feasibility of vaccine passports needs to be sufficiently assessed by taking  
17  
18  
19 the ethical issues of the passports and public health impacts of the relaxation of restrictions  
20  
21  
22 into careful consideration.  
23  
24  
25  
26  
27

28 **Acknowledgements:** The authors thank Dr Rei Goto, Dr Hiroataka Kato, Mr Shingo Kasahara,  
29  
30  
31 Mr Tatsunari Miyayama, and Ms Tomomi Maeda at Keio University for their helpful feedback.  
32  
33  
34 The authors are grateful to Ms Haruka Umijima at Keio University for her administrative  
35  
36  
37 assistance when conducting the study.  
38  
39  
40  
41  
42

#### 43 **a. Contributorship statement**

44  
45  
46 Okamoto, Kamimura, and Komamura conceptualised the study and were engaged in the data  
47  
48  
49 collection. Okamoto and Kamimura conducted analyses, which were further refined and  
50  
51  
52 finalised by Okamoto. Komamura also provided critical comments to refine the analyses.  
53  
54  
55 Okamoto prepared a first draft, which was reviewed by Kamimura and Komamura.  
56  
57  
58  
59  
60

## b. Competing interests

The authors declare no conflicts of interest associated with this study.

## c. Funding

This research is supported in part by a Grant-in-Aid for JSPS Fellows (No. 20J00394), the Murata Science Foundation (No. Not Applicable), and the Research Centre for Financial Gerontology of Keio University (No. Not Applicable). However, none of them was involved in conceptualisation, design, data collection, analysis, the decision to publish, or preparation of the manuscript.

**d. Data sharing statement:** The data underlying this article cannot be shared publicly to maintain the anonymity of the study participants. The authors did not obtain consent from respondents to make the data open to the public. The full questionnaire used for the study is available from <https://github.com/sokamoto-github/COVID-19-vaccine-hesitancy-and-vaccine-passports>.

## References

1. Randolph HE, Barreiro LB. Herd Immunity: Understanding COVID-19. *Immunity* 2020;52(5):737-41. doi: 10.1016/j.immuni.2020.04.012 [published Online First: 2020/05/21]
2. MacDonald NE, Sage Working Group on Vaccine Hesitancy. Vaccine hesitancy: Definition, scope and determinants. *Vaccine* 2015;33(34):4161-4. doi: 10.1016/j.vaccine.2015.04.036 [published Online First: 2015/04/22]
3. Wang Q, Yang L, Jin H, et al. Vaccination against COVID-19: A systematic review and meta-analysis of acceptability and its predictors. *Prev Med* 2021;150:106694. doi: 10.1016/j.yjpm.2021.106694 [published Online First: 2021/06/26]
4. Robinson E, Jones A, Lesser I, et al. International estimates of intended uptake and refusal of COVID-19 vaccines: A rapid systematic review and meta-analysis of large nationally representative samples. *Vaccine* 2021;39(15):2024-34. doi: 10.1016/j.vaccine.2021.02.005 [published Online First: 2021/03/17]
5. Mathieu E, Ritchie H, Ortiz-Ospina E, et al. A global database of COVID-19 vaccinations. *Nat Hum Behav* 2021;5(7):947-53. doi: 10.1038/s41562-021-01122-8 [published Online First: 2021/05/12]
6. Bauch CT, Galvani AP, Earn DJ. Group interest versus self-interest in smallpox vaccination policy. *Proc Natl Acad Sci U S A* 2003;100(18):10564-7. doi: 10.1073/pnas.1731324100 [published Online First: 2003/08/16]
7. Chen F, Toxvaerd F. The economics of vaccination. *J Theor Biol* 2014;363:105-17. doi: 10.1016/j.jtbi.2014.08.003 [published Online First: 2014/08/12]
8. Al-Amer R, Maneze D, Everett B, et al. COVID-19 vaccination intention in the first year of the pandemic: A systematic review. *J Clin Nurs* 2021 doi: 10.1111/jocn.15951 [published Online First: 2021/07/07]
9. Troiano G, Nardi A. Vaccine hesitancy in the era of COVID-19. *Public Health* 2021;194:245-51. doi: 10.1016/j.puhe.2021.02.025 [published Online First: 2021/05/10]
10. Sallam M. COVID-19 Vaccine Hesitancy Worldwide: A Concise Systematic Review of Vaccine Acceptance Rates. *Vaccines (Basel)* 2021;9(2) doi: 10.3390/vaccines9020160 [published Online First: 2021/03/07]
11. Truong J, Bakshi S, Wasim A, et al. What factors promote vaccine hesitancy or acceptance during pandemics? A systematic review and thematic analysis. *Health Promot Int* 2021 doi: 10.1093/heapro/daab105 [published Online First: 2021/07/11]
12. Champion VL, Skinner CS. The health belief model. *Health behavior and health education: Theory, research, and practice* 2008;4:45-65.
13. Carico RR, Jr., Sheppard J, Thomas CB. Community pharmacists and communication in the time of COVID-19: Applying the health belief model. *Res Social Adm Pharm*

- 2021;17(1):1984-87. doi: 10.1016/j.sapharm.2020.03.017 [published Online First: 2020/04/06]
14. Cawley J, Ruhm CJ. Chapter Three - The Economics of Risky Health Behaviors<sup>11</sup>We thank the editors of this Handbook, Pedro Pita Barros, Tom McGuire, and Mark Pauly, for their feedback and helpful guidance. We also thank the other authors in this volume for their valuable feedback and comments at the Authors' Conference, and we are grateful to Abigail Friedman for transcribing the comments at that conference. In: Pauly MV, McGuire TG, Barros PP, eds. *Handbook of Health Economics*: Elsevier 2011:95-199.
  15. Tsutsui Y, Benzion U, Shahrabani S, et al. A policy to promote influenza vaccination: a behavioral economic approach. *Health Policy* 2010;97(2-3):238-49. doi: 10.1016/j.healthpol.2010.05.008 [published Online First: 2010/06/15]
  16. Poletti P, Tirani M, Cereda D, et al. Association of Age With Likelihood of Developing Symptoms and Critical Disease Among Close Contacts Exposed to Patients With Confirmed SARS-CoV-2 Infection in Italy. *JAMA Netw Open* 2021;4(3):e211085. doi: 10.1001/jamanetworkopen.2021.1085 [published Online First: 2021/03/11]
  17. Menni C, Klaser K, May A, et al. Vaccine side-effects and SARS-CoV-2 infection after vaccination in users of the COVID Symptom Study app in the UK: a prospective observational study. *The Lancet Infectious Diseases* 2021;21(7):939-49. doi: 10.1016/s1473-3099(21)00224-3
  18. Motta M. Can a COVID-19 vaccine live up to Americans' expectations? A conjoint analysis of how vaccine characteristics influence vaccination intentions. *Soc Sci Med* 2021;272:113642. doi: 10.1016/j.socscimed.2020.113642 [published Online First: 2021/01/09]
  19. Jarrett C, Wilson R, O'Leary M, et al. Strategies for addressing vaccine hesitancy - A systematic review. *Vaccine* 2015;33(34):4180-90. doi: 10.1016/j.vaccine.2015.04.040 [published Online First: 2015/04/22]
  20. Giles EL, Robalino S, McColl E, et al. The effectiveness of financial incentives for health behaviour change: systematic review and meta-analysis. *PLoS One* 2014;9(3):e90347. doi: 10.1371/journal.pone.0090347 [published Online First: 2014/03/13]
  21. World Health Organization. Vaccines explained 2021 [Available from: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/covid-19-vaccines/explainers> accessed 2 September 2021.
  22. Centers for Disease Control and Prevention. Myths and Facts about COVID-19 Vaccines 2021 [Available from: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html> accessed 2 September 2021.
  23. Ashworth M, Thunstrom L, Cherry TL, et al. Emphasize personal health benefits to boost COVID-19 vaccination rates. *Proc Natl Acad Sci U S A* 2021;118(32) doi:

- 1  
2  
3 10.1073/pnas.2108225118 [published Online First: 2021/07/29]  
4  
5 24. Dai H, Saccardo S, Han MA, et al. Behavioural nudges increase COVID-19 vaccinations.  
6 *Nature* 2021 doi: 10.1038/s41586-021-03843-2 [published Online First: 2021/08/03]  
7  
8 25. Biesemans B. Lagging in COVID-19 vaccinations, Brussels takes vaccination campaign  
9 to shops. *Reuters* 2021 31 August 2021.  
10  
11 26. The Metropolitan Transportation Authority. Get your COVID-19 vaccine for free in subway  
12 and train stations 2021 [Available from: [https://new.mta.info/coronavirus/popup-](https://new.mta.info/coronavirus/popup-vaccination-stations)  
13 [vaccination-stations](https://new.mta.info/coronavirus/popup-vaccination-stations) accessed 2 September 2021].  
14  
15 27. Volpp KG, Cannuscio CC. Incentives for Immunity - Strategies for Increasing Covid-19  
16 Vaccine Uptake. *N Engl J Med* 2021;385(1):e1. doi: 10.1056/NEJMp2107719  
17 [published Online First: 2021/05/27]  
18  
19 28. Kreps S, Dasgupta N, Brownstein JS, et al. Public attitudes toward COVID-19  
20 vaccination: The role of vaccine attributes, incentives, and misinformation. *NPJ*  
21 *Vaccines* 2021;6(1):73. doi: 10.1038/s41541-021-00335-2 [published Online First:  
22 2021/05/16]  
23  
24 29. Kluver H, Hartmann F, Humphreys M, et al. Incentives can spur COVID-19 vaccination  
25 uptake. *Proc Natl Acad Sci U S A* 2021;118(36) doi: 10.1073/pnas.2109543118  
26 [published Online First: 2021/08/21]  
27  
28 30. Hall MA, Studdert DM. "Vaccine Passport" Certification - Policy and Ethical  
29 Considerations. *N Engl J Med* 2021 doi: 10.1056/NEJMp2104289 [published Online  
30 First: 2021/04/01]  
31  
32 31. Osama T, Razai MS, Majeed A. Covid-19 vaccine passports: access, equity, and ethics.  
33 *BMJ* 2021;373:n861. doi: 10.1136/bmj.n861 [published Online First: 2021/04/03]  
34  
35 32. de Figueiredo A, Larson HJ, Reicher SD. The potential impact of vaccine passports on  
36 inclination to accept COVID-19 vaccinations in the United Kingdom: Evidence from a  
37 large cross-sectional survey and modeling study. *EClinicalMedicine* 2021;40:101109.  
38 doi: 10.1016/j.eclinm.2021.101109 [published Online First: 20210909]  
39  
40 33. Eshun-Wilson I, Mody A, Tram KH, et al. Preferences for COVID-19 vaccine distribution  
41 strategies in the US: A discrete choice survey. *PLoS One* 2021;16(8):e0256394. doi:  
42 10.1371/journal.pone.0256394 [published Online First: 2021/08/21]  
43  
44 34. Porat T, Burnell R, Calvo RA, et al. "Vaccine Passports" May Backfire: Findings from a  
45 Cross-Sectional Study in the UK and Israel on Willingness to Get Vaccinated against  
46 COVID-19. *Vaccines (Basel)* 2021;9(8) doi: 10.3390/vaccines9080902 [published  
47 Online First: 20210814]  
48  
49 35. Bujang MA, Sa'at N, Sidik T, et al. Sample Size Guidelines for Logistic Regression from  
50 Observational Studies with Large Population: Emphasis on the Accuracy Between  
51 Statistics and Parameters Based on Real Life Clinical Data. *Malays J Med Sci*  
52 2018;25(4):122-30. doi: 10.21315/mjms2018.25.4.12 [published Online First:  
53  
54  
55  
56  
57  
58  
59  
60



20180830]

36. Nguyen KH, Srivastav A, Razzaghi H, et al. COVID-19 vaccination intent, perceptions, and reasons for not vaccinating among groups prioritized for early vaccination - United States, September and December 2020. *Am J Transplant* 2021;21(4):1650-56. doi: 10.1111/ajt.16560 [published Online First: 2021/04/01]
37. Nomura S, Eguchi A, Yoneoka D, et al. Reasons for being unsure or unwilling regarding intention to take COVID-19 vaccine among Japanese people: A large cross-sectional national survey. *Lancet Reg Health West Pac* 2021;14:100223. doi: 10.1016/j.lanwpc.2021.100223 [published Online First: 2021/08/10]
38. Centers for Disease Control and Prevention. Interim List of Categories of Essential Workers Mapped to Standardized Industry Codes and Titles 2021 [Available from: <https://www.cdc.gov/vaccines/covid-19/categories-essential-workers.html> accessed 9 September 2021.
39. Chandola T, Jenkinson C. Validating self-rated health in different ethnic groups. *Ethn Health* 2000;5(2):151-9. doi: 10.1080/713667451
40. Andrews G, Slade T. Interpreting scores on the Kessler Psychological Distress Scale (K10). *Aust N Z J Public Health* 2001;25(6):494-7. doi: 10.1111/j.1467-842x.2001.tb00310.x [published Online First: 2002/02/05]
41. Wakashima K, Asai K, Kobayashi D, et al. The Japanese version of the Fear of COVID-19 scale: Reliability, validity, and relation to coping behavior. *PLoS One* 2020;15(11):e0241958. doi: 10.1371/journal.pone.0241958 [published Online First: 2020/11/06]
42. Ahorsu DK, Lin CY, Imani V, et al. The Fear of COVID-19 Scale: Development and Initial Validation. *Int J Ment Health Addict* 2020:1-9. doi: 10.1007/s11469-020-00270-8 [published Online First: 2020/04/01]
43. Frederick S, Loewenstein G, O'donoghue T. Time Discounting and Time Preference: A Critical Review. *J Econ Lit* 2002;40(2):351-401. doi: 10.1257/jel.40.2.351
44. Meertens RM, Lion R. Measuring an Individual's Tendency to Take Risks: The Risk Propensity Scale. *J Appl Soc Psychol* 2008;38(6):1506-20. doi: 10.1111/j.1559-1816.2008.00357.x
45. Lusardi A, Mitchell OS. Baby Boomer retirement security: The roles of planning, financial literacy, and housing wealth. *Journal of Monetary Economics* 2007;54(1):205-24. doi: 10.1016/j.jmoneco.2006.12.001
46. Hainmueller J, Hopkins DJ, Yamamoto T. Causal Inference in Conjoint Analysis: Understanding Multidimensional Choices via Stated Preference Experiments. *Political Analysis* 2017;22(1):1-30. doi: 10.1093/pan/mpt024
47. Bridges JF, Hauber AB, Marshall D, et al. Conjoint analysis applications in health--a checklist: a report of the ISPOR Good Research Practices for Conjoint Analysis Task



- 1  
2  
3 Force. *Value Health* 2011;14(4):403-13. doi: 10.1016/j.jval.2010.11.013 [published  
4 Online First: 2011/06/15]  
5  
6 48. Ministry of Health, Labor and Welfare. About reports on the suspect of side effects 2021  
7 [Available from: [https://www.mhlw.go.jp/stf/newpage\\_19142.html](https://www.mhlw.go.jp/stf/newpage_19142.html) accessed 6 2021.  
8  
9 49. Schober P, Vetter TR. Repeated Measures Designs and Analysis of Longitudinal Data: If  
10 at First You Do Not Succeed-Try, Try Again. *Anesth Analg* 2018;127(2):569-75. doi:  
11 10.1213/ANE.0000000000003511 [published Online First: 2018/06/16]  
12  
13 50. Låg T, Bauger L, Lindberg M, et al. The Role of Numeracy and Intelligence in Health-Risk  
14 Estimation and Medical Data Interpretation. *Journal of Behavioral Decision Making*  
15 2014;27(2):95-108. doi: 10.1002/bdm.1788  
16  
17 51. Giuntella O, Hyde K, Saccardo S, et al. Lifestyle and mental health disruptions during  
18 COVID-19. *Proc Natl Acad Sci U S A* 2021;118(9) doi: 10.1073/pnas.2016632118  
19 [published Online First: 2021/02/12]  
20  
21 52. de Bekker-Grob EW, Swait JD, Kassahun HT, et al. Are Healthcare Choices Predictable?  
22 The Impact of Discrete Choice Experiment Designs and Models. *Value Health*  
23 2019;22(9):1050-62. doi: 10.1016/j.jval.2019.04.1924 [published Online First:  
24 2019/09/13]  
25  
26 53. de Bekker-Grob EW, Donkers B, Bliemer MCJ, et al. Can healthcare choice be predicted  
27 using stated preference data? *Soc Sci Med* 2020;246:112736. doi:  
28 10.1016/j.socscimed.2019.112736 [published Online First: 2019/12/31]  
29  
30 54. World Health Organization. WHO Coronavirus (COVID-19) Dashboard 2021 [Available  
31 from: <https://covid19.who.int> accessed 9 September 2021.  
32  
33 55. Hale T, Angrist N, Goldszmidt R, et al. A global panel database of pandemic policies  
34 (Oxford COVID-19 Government Response Tracker). *Nat Hum Behav* 2021;5(4):529-  
35 38. doi: 10.1038/s41562-021-01079-8 [published Online First: 2021/03/10]  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Figure legends

### Figure 1. Determinants of reasons for vaccine hesitancy: Demographic and socioeconomic factors

Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for the residential area with the population weight for each age group; To have sufficient variability for estimates, those aged 65 or older were categorised into one group; 'Side effects and safety' denote vaccine hesitancy due to (a) concern about side effects and safety of the vaccine, (b) plan to wait and see if it is safe and may get it later, or (c) concern that the vaccine is being developed too quickly; 'Vaccine mistrust' denote vaccine hesitancy due to (a) do not like vaccines, (b) the vaccine could give me COVID-19, or (c) the vaccine will not work.

### Figure 2. Determinants of reasons for vaccine hesitancy: Health-related and psychological/behavioural factors

Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for the residential area with the population weight for each age group; To have sufficient variability for estimates, those aged 65 or older were categorised into one group; 'Side effects and safety' denote vaccine hesitancy due to (a) concern about side effects and safety of the vaccine, (b) plan to wait and see if it is safe and may get it later, or (c) concern that the vaccine is being developed too quickly; 'Vaccine mistrust' denote vaccine hesitancy due to (a) do not like vaccines, (b) the vaccine could give me COVID-19, or (c) the vaccine will not work.

### Figure 3. Effectiveness of vaccine passport

Note: Estimates among individuals who were undecided and unwilling to vaccinate (n= 1,518 for all age groups and n= 884 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Full results are available upon request.

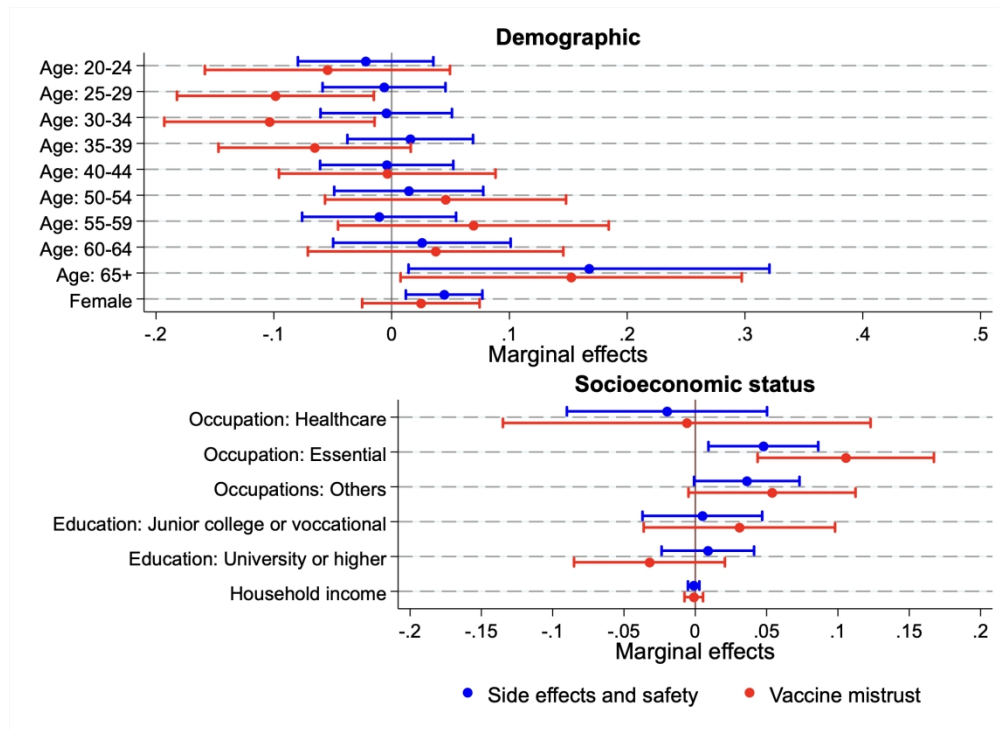


Figure 1. Determinants of reasons for vaccine hesitancy: Demographic and socioeconomic factors

Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for the residential area with the population weight for each age group; To have sufficient variability for estimates, those aged 65 or older were categorised into one group; 'Side effects and safety' denote vaccine hesitancy due to (a) concern about side effects and safety of the vaccine, (b) plan to wait and see if it is safe and may get it later, or (c) concern that the vaccine is being developed too quickly; 'Vaccine mistrust' denote vaccine hesitancy due to (a) do not like vaccines, (b) the vaccine could give me COVID-19, or (c) the vaccine will not work.

395x287mm (144 x 144 DPI)

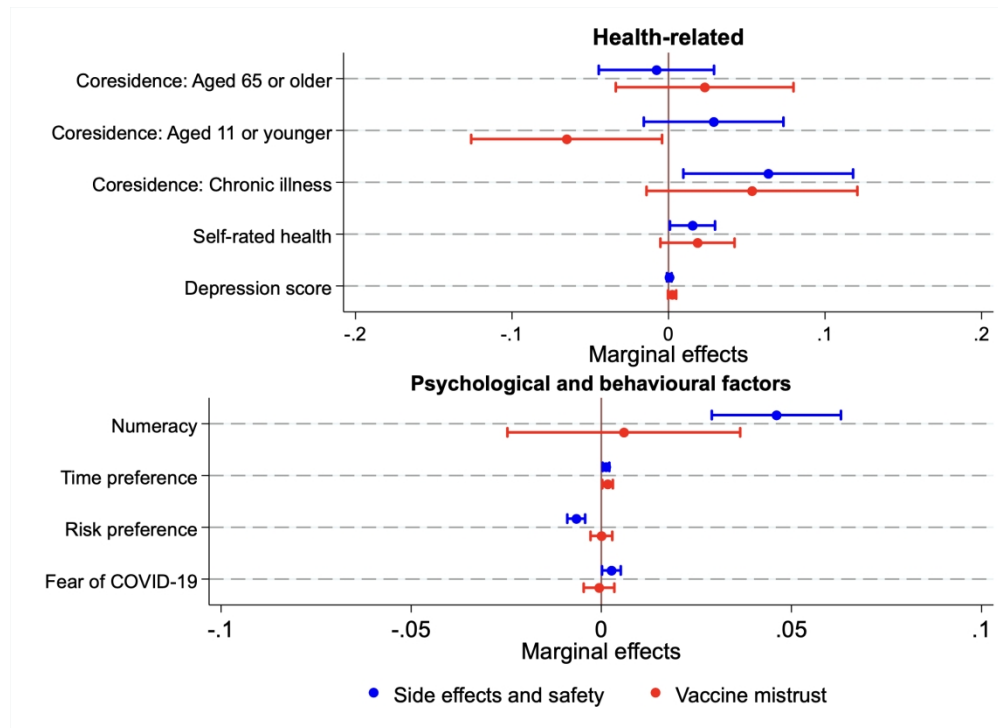


Figure 2. Determinants of reasons for vaccine hesitancy: Health-related and psychological/behavioural factors

Note: Analyses among individuals who were undecided and unwilling to vaccinate ( $n = 1,518$ ); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for the residential area with the population weight for each age group; To have sufficient variability for estimates, those aged 65 or older were categorised into one group; 'Side effects and safety' denote vaccine hesitancy due to (a) concern about side effects and safety of the vaccine, (b) plan to wait and see if it is safe and may get it later, or (c) concern that the vaccine is being developed too quickly; 'Vaccine mistrust' denote vaccine hesitancy due to (a) do not like vaccines, (b) the vaccine could give me COVID-19, or (c) the vaccine will not work.

395x287mm (144 x 144 DPI)

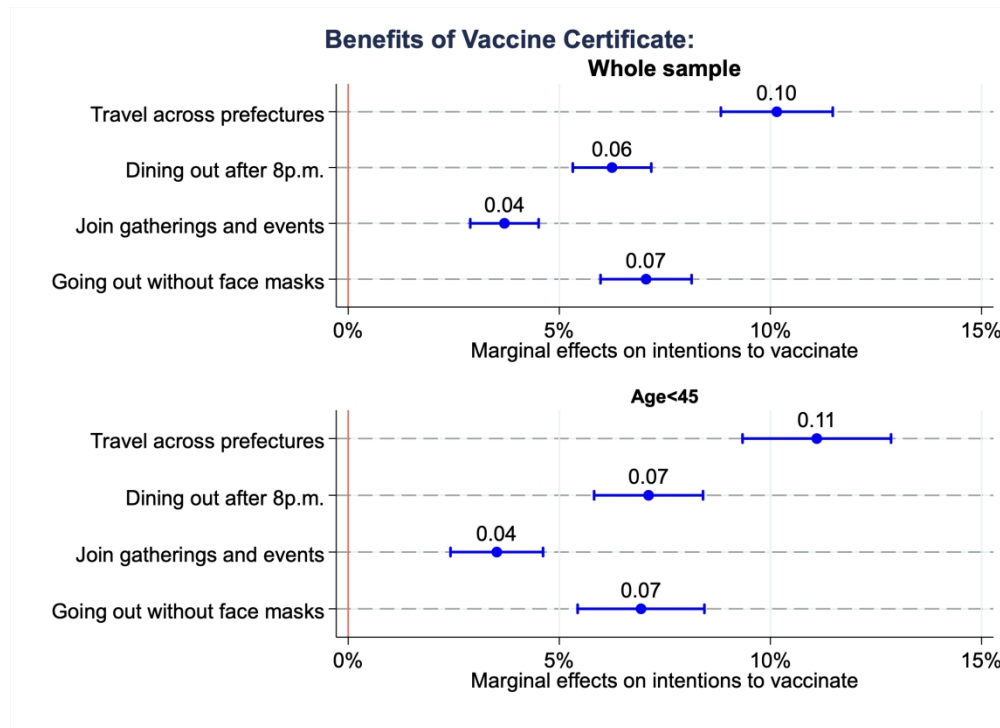


Figure 3. Effectiveness of vaccine passport

Note: Estimates among individuals who were undecided and unwilling to vaccinate (n= 1,518 for all age groups and n= 884 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Full results are available upon request.

395x287mm (144 x 144 DPI)

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Supplementary Material for

### COVID-19 vaccine hesitancy and vaccine passports: A conjoint experiment in Japan

Shohei Okamoto<sup>\*1, 2, 3</sup>, Kazuki Kamimura<sup>3, 4</sup>, Kohei Komamura<sup>3, 5</sup>

<sup>1</sup> Research Team for Social Participation and Community Health, Tokyo Metropolitan Institute of Gerontology, Tokyo, Japan

<sup>2</sup> Institute for Global Health Policy Research, National Center for Global Health and Medicine, Tokyo, Japan

<sup>3</sup> Research Center for Financial Gerontology, Keio University, Tokyo, Japan

<sup>4</sup> Hirao School of Management, Konan University, Hyogo, Japan

<sup>5</sup> Faculty of Economics, Keio University, Tokyo, Japan

Corresponding author: Dr Shohei Okamoto, Research Team for Social Participation and Community Health, Tokyo Metropolitan Institute of Gerontology: 35-2 Sakae-cho, Itabashi-ku, Tokyo, Japan 1730015 (E-mail: [shohei@z2.keio.jp](mailto:shohei@z2.keio.jp))

### Contents

#### Appendix Tables:

Appendix Table A-1. Determinants of vaccine hesitancy

#### Appendix Figures:

Appendix Figure A-1. Determinants of reasons for vaccine hesitancy: Vaccine safety and side-effects

Appendix Figure A-2. Determinants of reasons for vaccine hesitancy: Vaccine mistrust

Appendix Figure A-3. Determinants of reasons for vaccine hesitancy: Other mistrust

Appendix Figure A-4. Determinants of reasons for vaccine hesitancy: Attitudes toward COVID-19

Appendix Figure A-5. Determinants of reasons for vaccine hesitancy: Health-related reasons

Appendix Figure A-6. Determinants of reasons for vaccine hesitancy: Other reasons

Appendix Figure A-7. Vaccine passport: Preference transitivity

Appendix Figure A-8. Vaccine passport: Separate analyses of those undecided and unwilling to vaccinate

Appendix Figure A-9. Vaccine passport: Include those willing to vaccinate

Appendix Figure A-10. Vaccine passport: Exclude uniform individuals

Appendix Figure A-11. Vaccine passport: Estimates by multilevel mixed-effects logistic regression

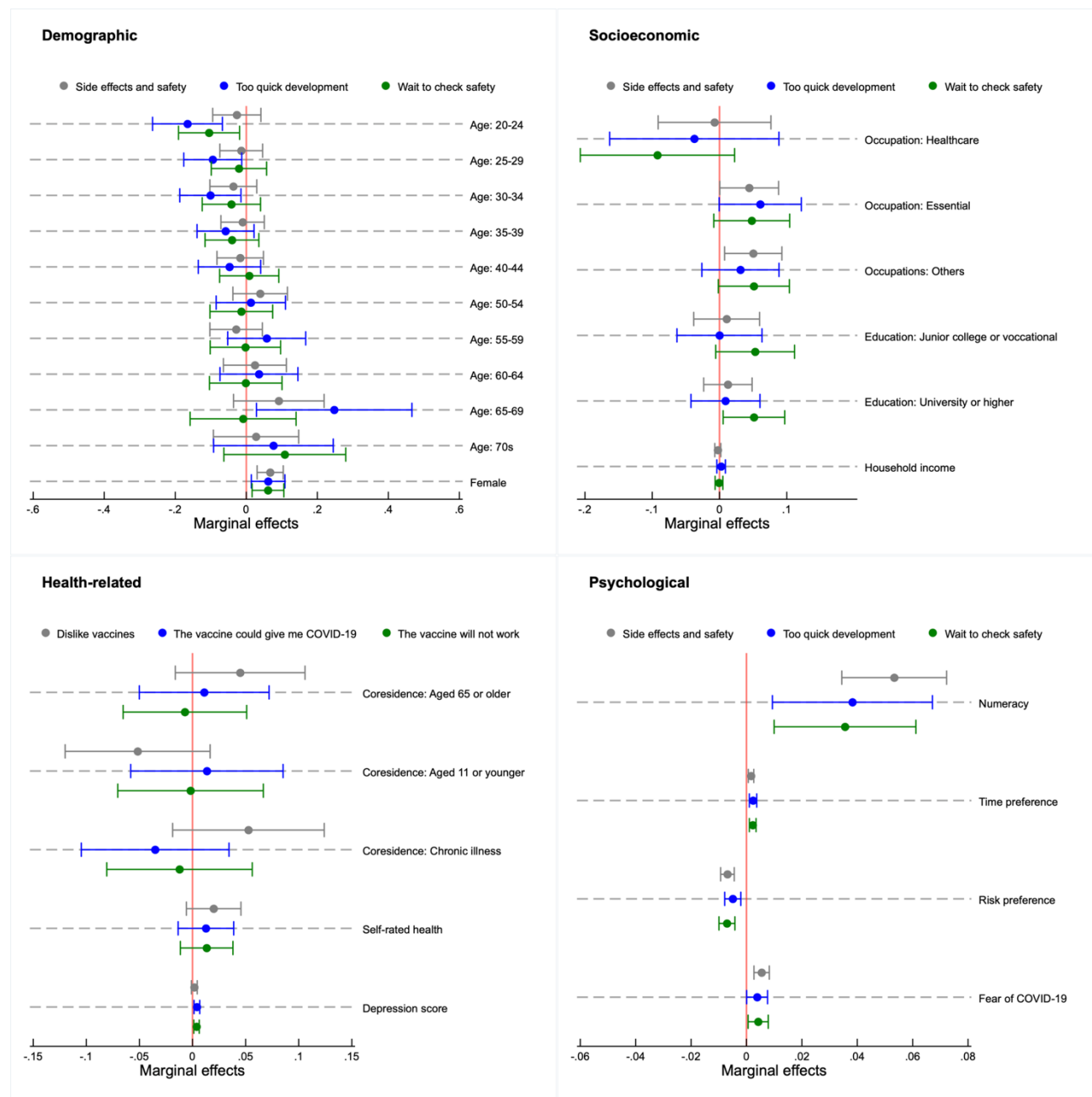
Appendix Table A-1. Determinants of vaccine hesitancy

Vaccine hesitancy	Will not vaccinate		Undecided	
	Relative risk ratios	95%CI	Relative risk ratios	95%CI
Age (Ref. 45-49): 20-24	1.48	0.95 - 2.30	0.94	0.63 - 1.41
25-29	1.97**	1.36 - 2.85	1.83**	1.35 - 2.47
30-34	2.08**	1.40 - 3.09	1.47*	1.07 - 2.03
35-39	2.22**	1.55 - 3.18	1.63**	1.22 - 2.19
40-44	1.46	0.99 - 2.15	1.25	0.92 - 1.70
50-54	0.87	0.58 - 1.29	0.75	0.55 - 1.04
55-59	0.89	0.59 - 1.35	0.55**	0.38 - 0.78
60-64	0.53**	0.35 - 0.79	0.33**	0.23 - 0.47
65-69	0.24**	0.13 - 0.42	0.14**	0.08 - 0.23
70-74	0.30**	0.18 - 0.51	0.11**	0.07 - 0.20
Female	1.08	0.88 - 1.32	1.26**	1.06 - 1.51
Co-residence: Aged 65 or older	0.75*	0.60 - 0.95	0.91	0.74 - 1.11
Aged 11 or younger	0.68*	0.50 - 0.92	1.10	0.88 - 1.38
Chronic illness	0.53**	0.41 - 0.68	0.59**	0.47 - 0.73
Occupation: Healthcare worker	0.26**	0.16 - 0.43	0.20**	0.13 - 0.33
Other essential workers	0.56**	0.43 - 0.73	0.83	0.67 - 1.04
Other occupations	0.70**	0.55 - 0.89	0.88	0.71 - 1.09
Education: Junior college or vocational	0.82	0.63 - 1.07	0.87	0.69 - 1.10
University or higher	0.60**	0.48 - 0.75	0.74**	0.61 - 0.90
Household income	0.96*	0.94 - 0.99	0.94**	0.92 - 0.97
Self-rated health	0.79**	0.71 - 0.88	0.85**	0.78 - 0.92
K10 depression scale	1.01**	1.00 - 1.03	1.01	1.00 - 1.02
Statistical literacy	0.85**	0.75 - 0.96	1.05	0.94 - 1.17
Time preference	1.01*	1.00 - 1.01	1.01*	1.00 - 1.01
Risk preference	1.00	0.99 - 1.02	0.99	0.98 - 1.00
Fear of COVID-19	0.95**	0.93 - 0.97	0.99	0.98 - 1.01
Constant	3.01*	1.25 - 7.22	1.35	0.64 - 2.85
Observations		5,000		

Note: The outcome reference is 'Willing to vaccinate or have already vaccinated'; \*\* p<0.01, \* p<0.05; 95% confidence intervals (CI) were estimated by robust standard errors; Adjusted for residential area with the population weight for each age group by region.



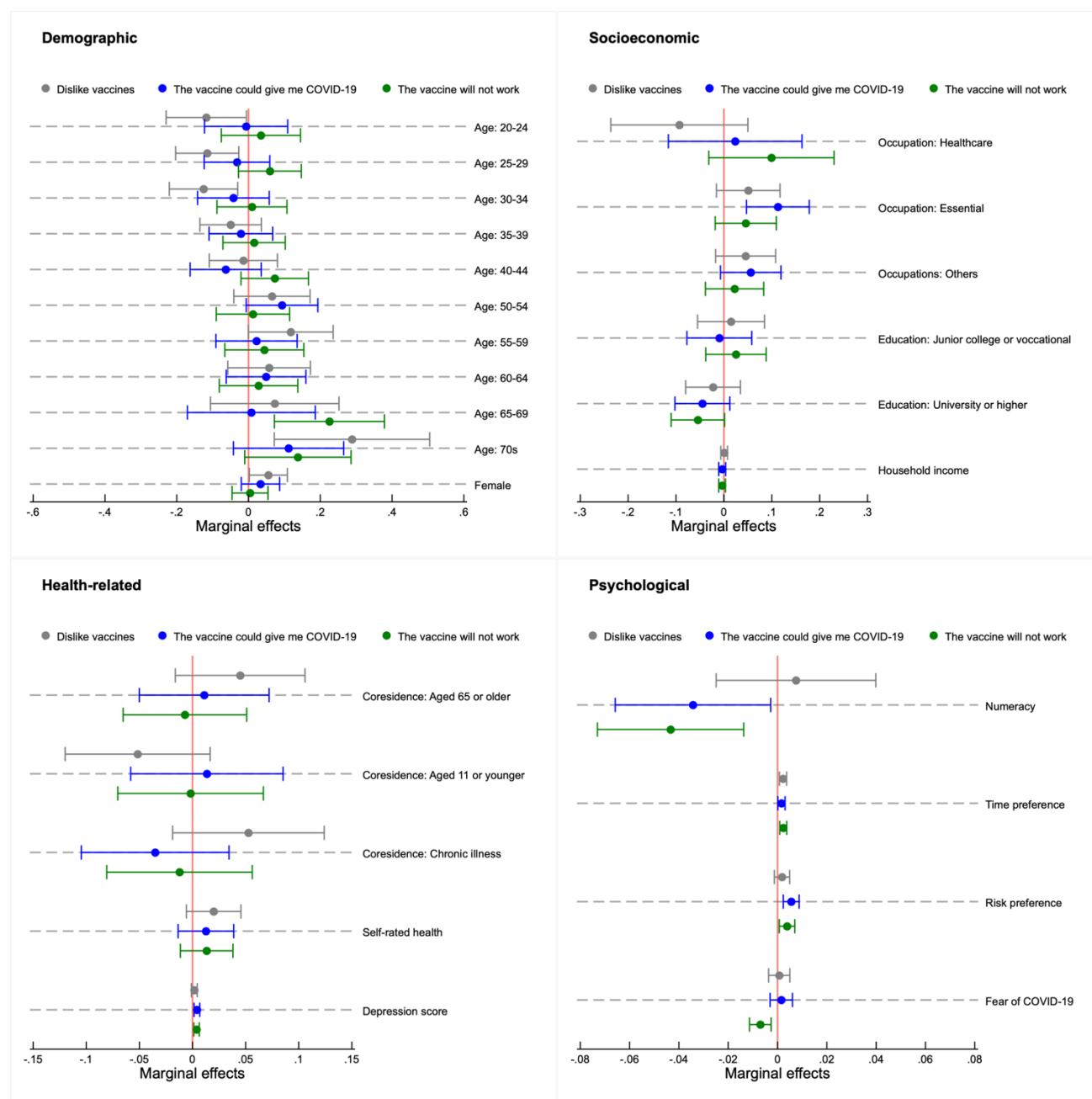
Appendix Figure A-1. Determinants of reasons for vaccine hesitancy: Vaccine safety and side effects



Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for the residential area with the population weight for each age group.

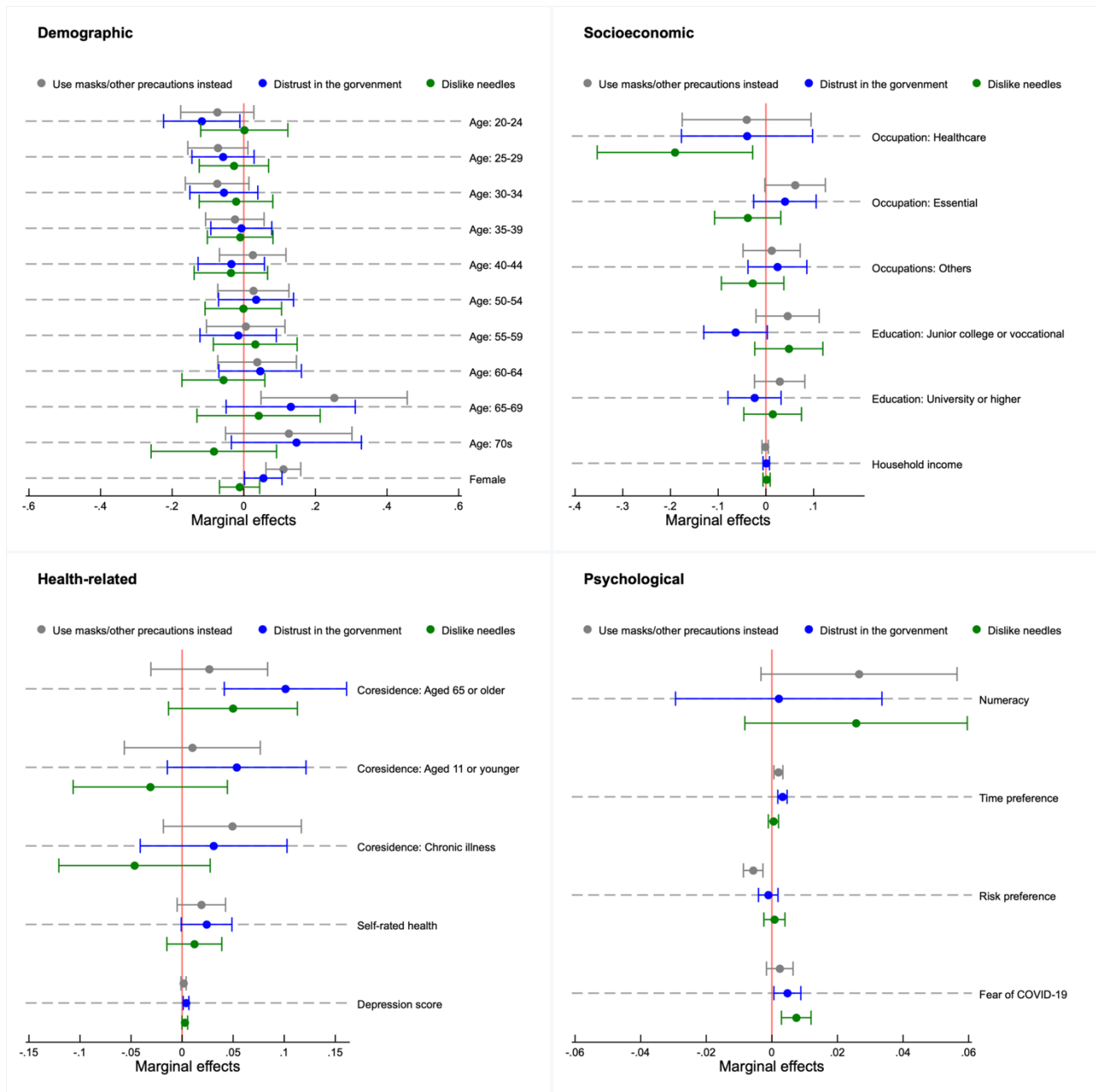


Appendix Figure A-2. Determinants of reasons for vaccine hesitancy: Vaccine mistrust



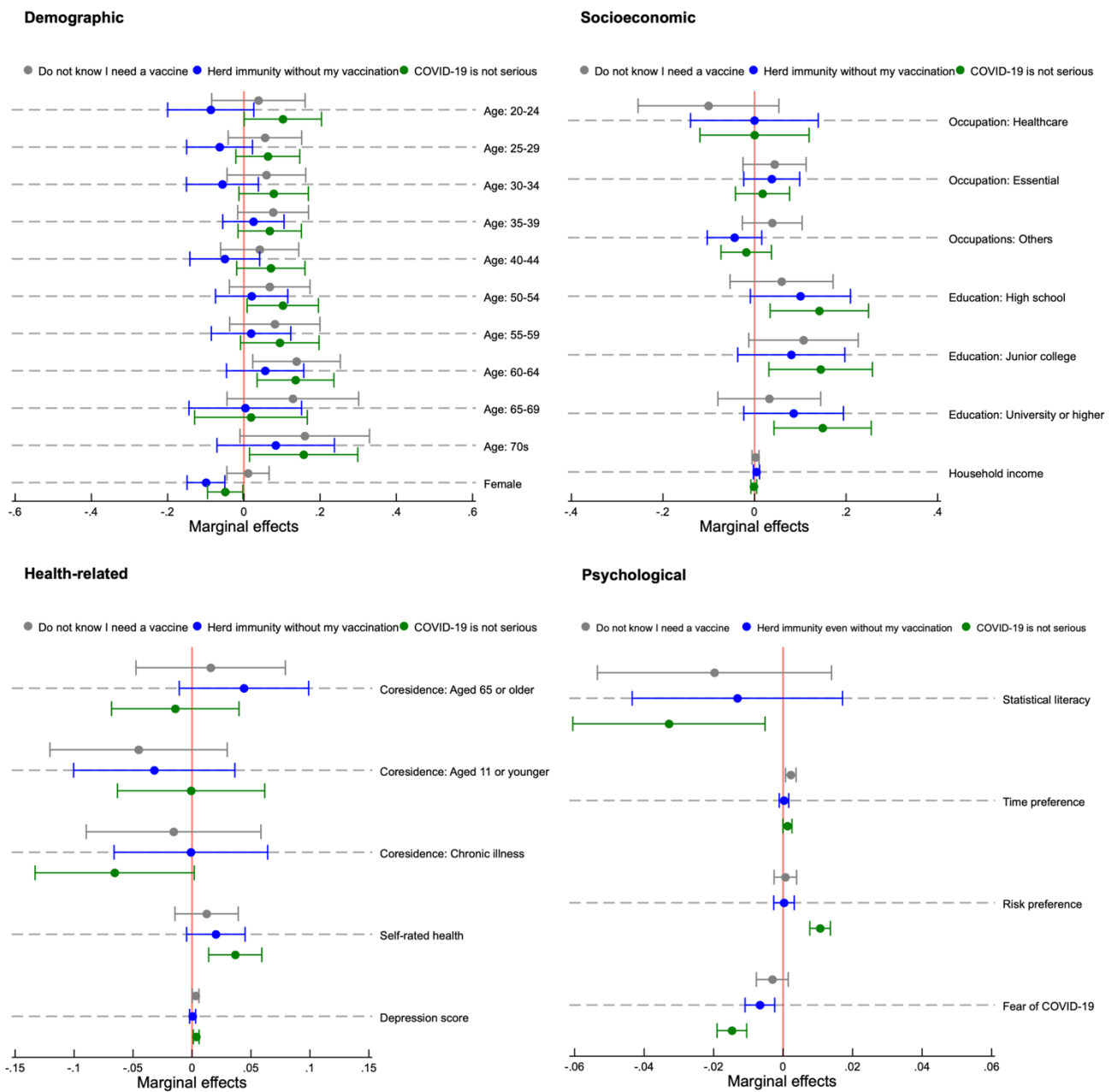
Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for the residential area with the population weight for each age group.

Appendix Figure A-3. Determinants of reasons for vaccine hesitancy: Other mistrust



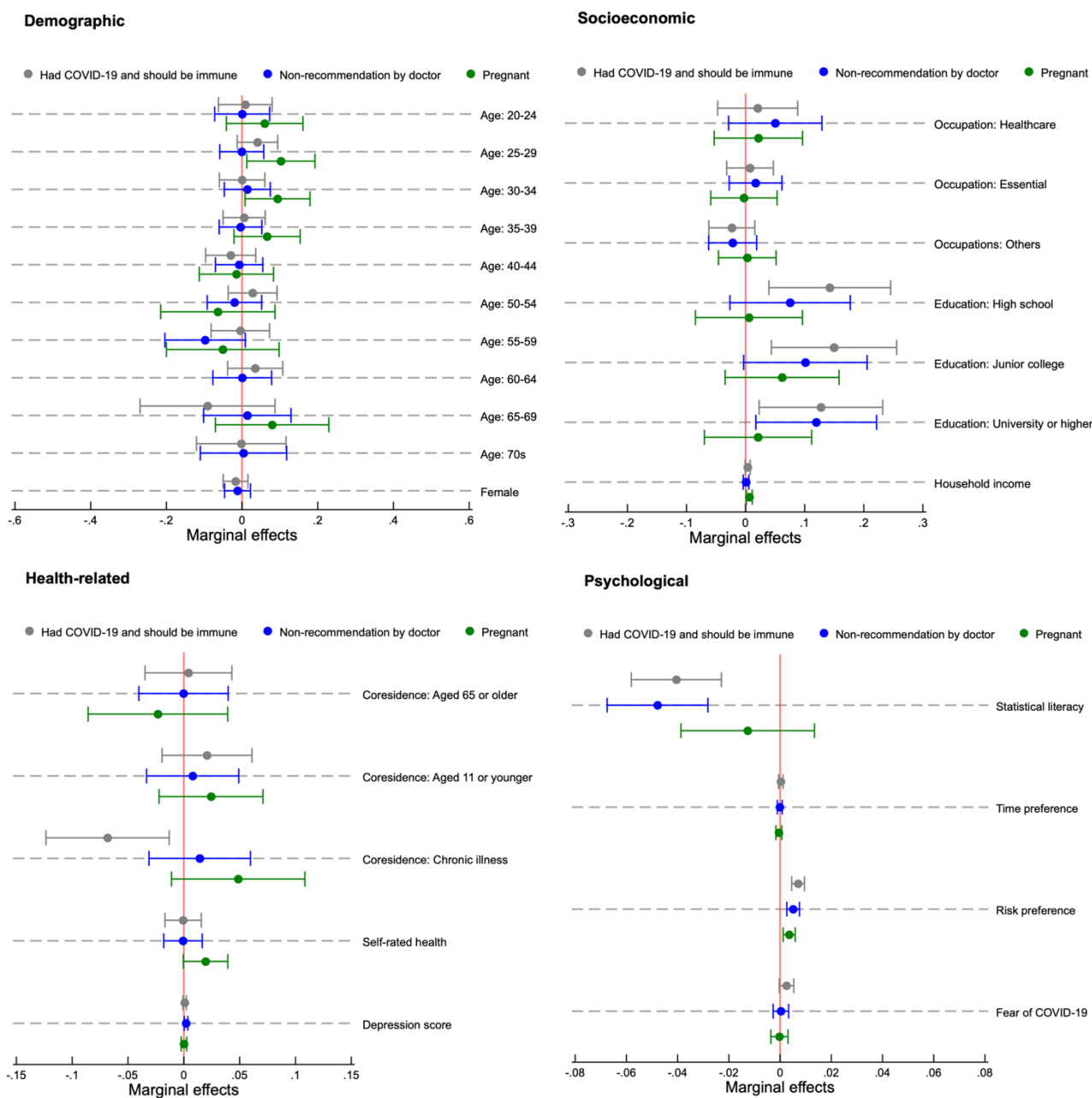
Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for the residential area with the population weight for each age group.

Appendix Figure A-4. Determinants of reasons for vaccine hesitancy: Attitudes toward COVID-19



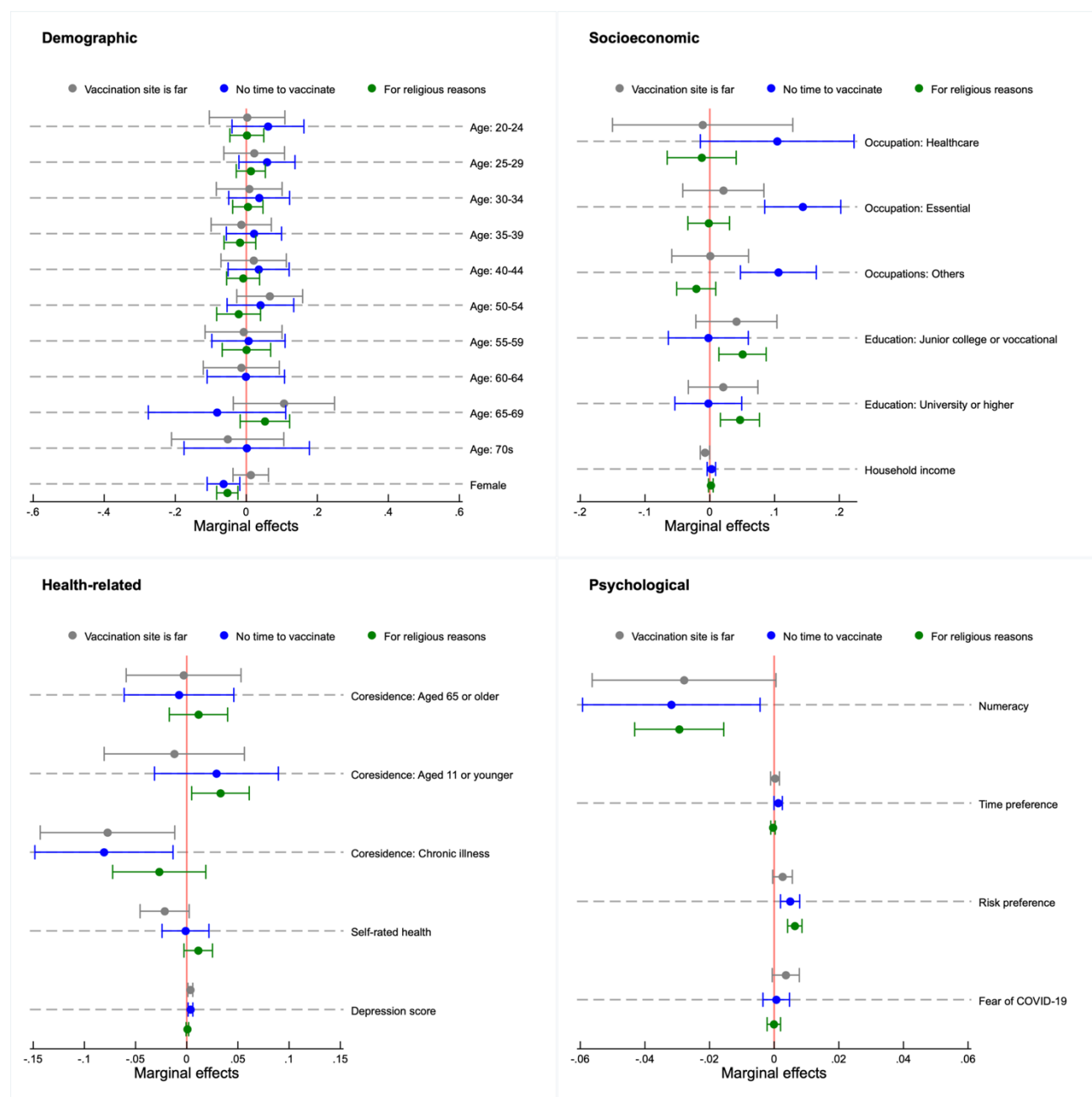
Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for residential area with the population weight for each age group;

Appendix Figure A-5. Determinants of reasons for vaccine hesitancy: Health-related reasons



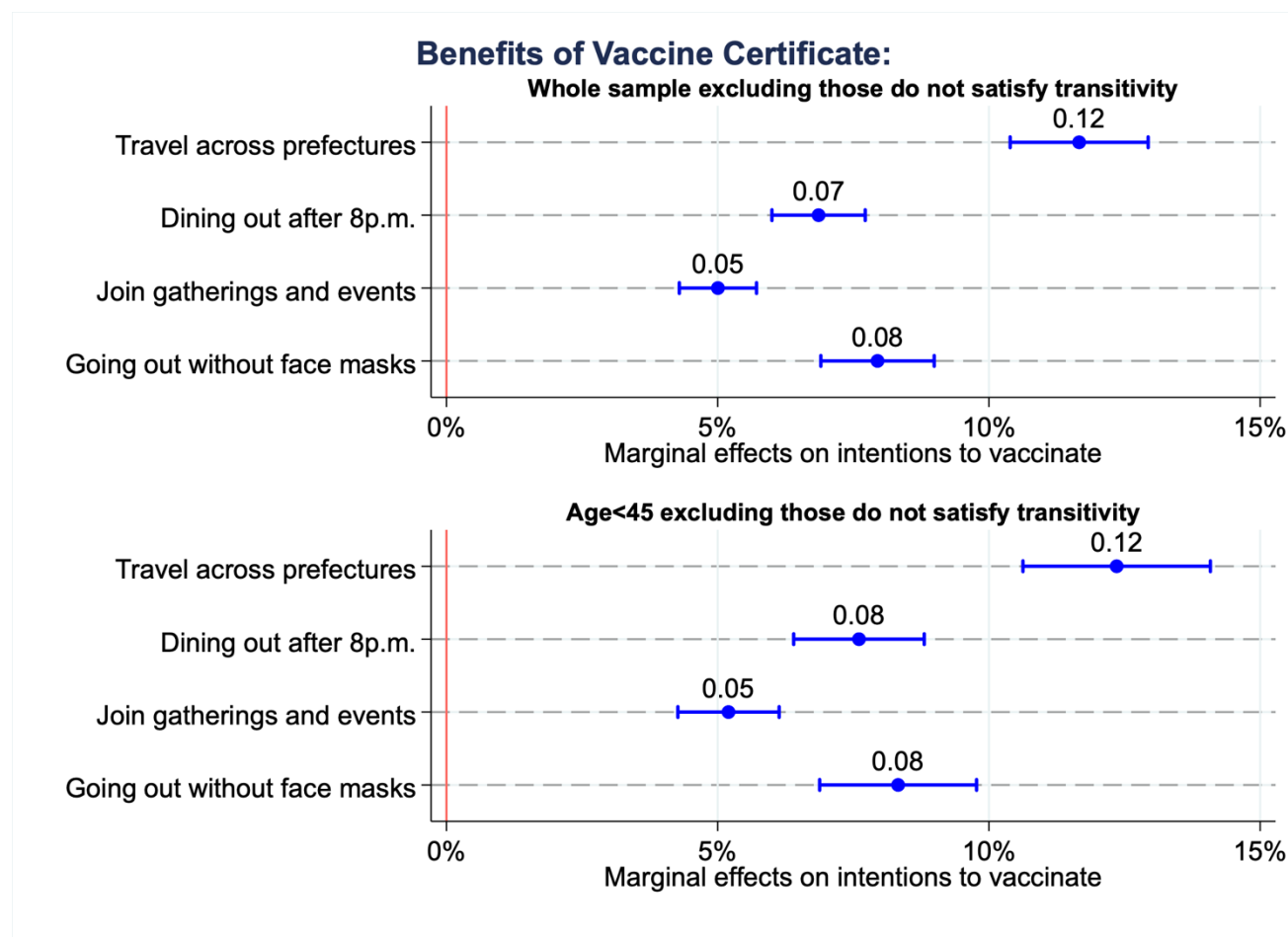
Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for residential area with the population weight for each age group;

Appendix Figure A-6. Determinants of reasons for vaccine hesitancy: Other reasons



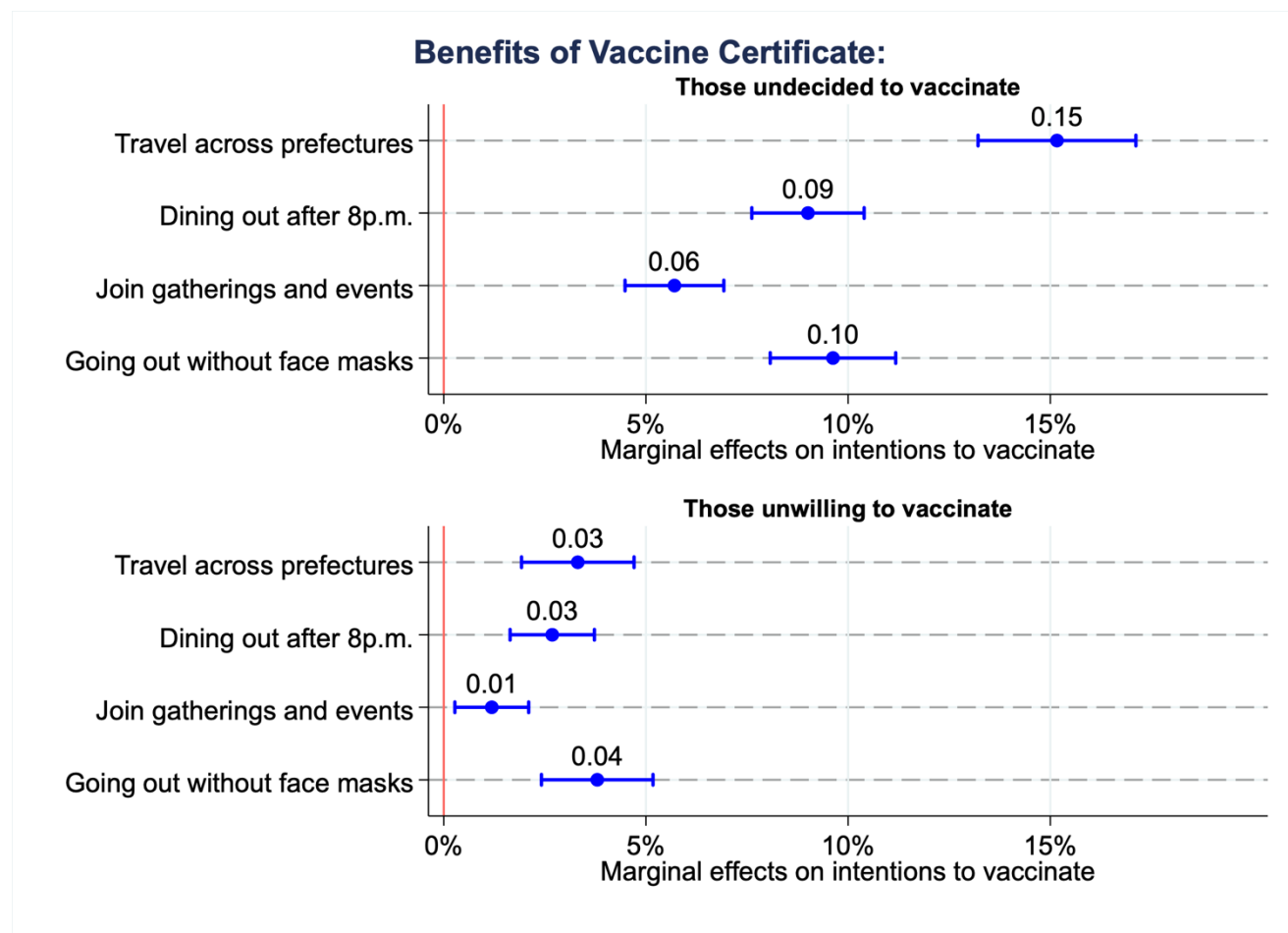
Note: Analyses among individuals who were undecided and unwilling to vaccinate (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Adjusted for residential area with the population weight for each age group;

Appendix Figure A-7. Vaccine passport: Exclude those with non-transitive preferences



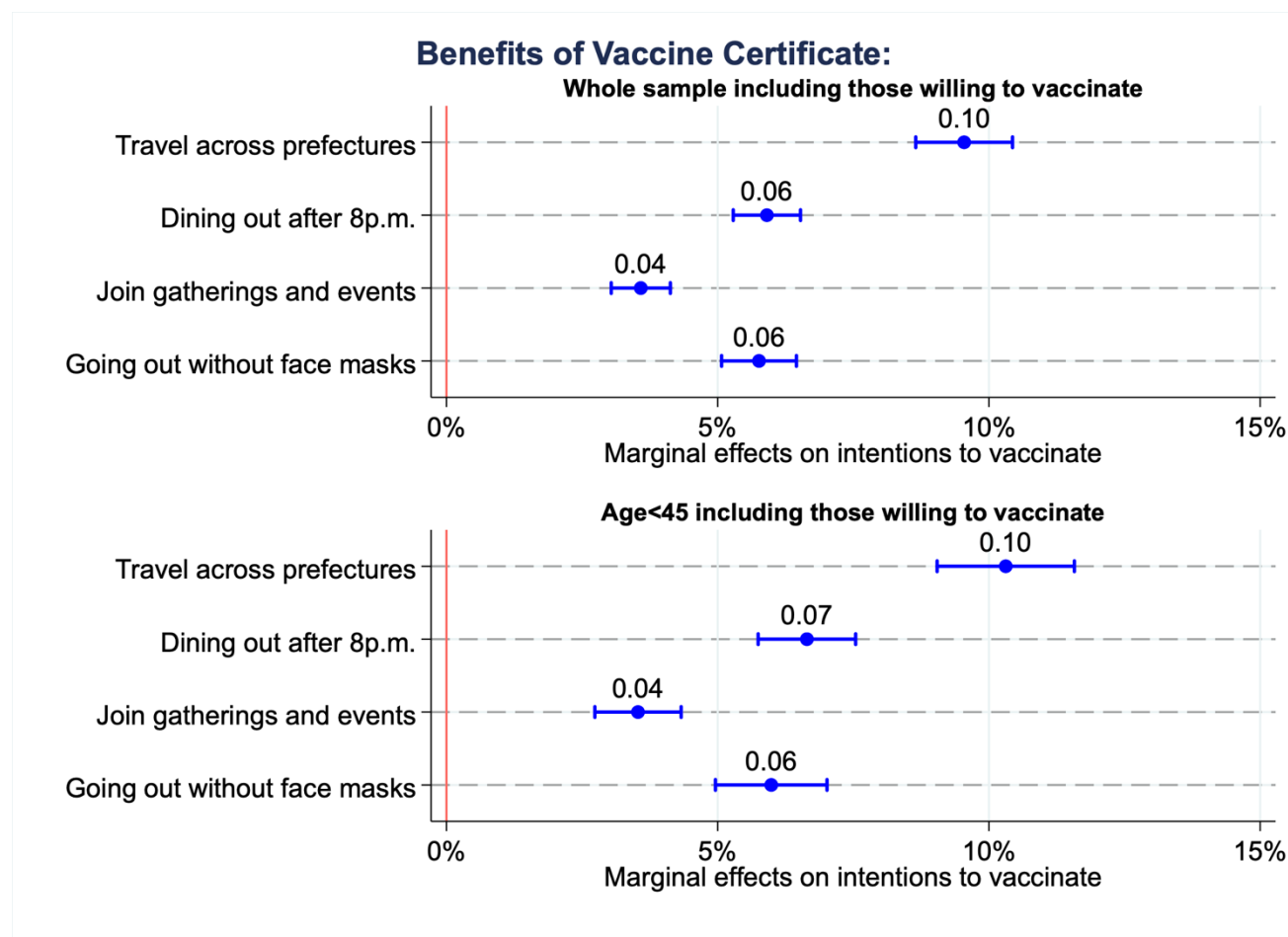
Note: Estimates among individuals who were undecided and unwilling to vaccinate, excluding those who did not satisfy transitivity of the vaccine preference (n= 1,416 for all age groups and n= 815 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Full results are available upon request.

Appendix Figure A-8. Vaccine passport: Separate analyses of those undecided and unwilling to vaccinate



Note: Estimates among individuals who were unwilling to vaccinate (n= 894 for those undecided to vaccinate and n= 624 for those unwilling to vaccinate); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Full results are available upon request.

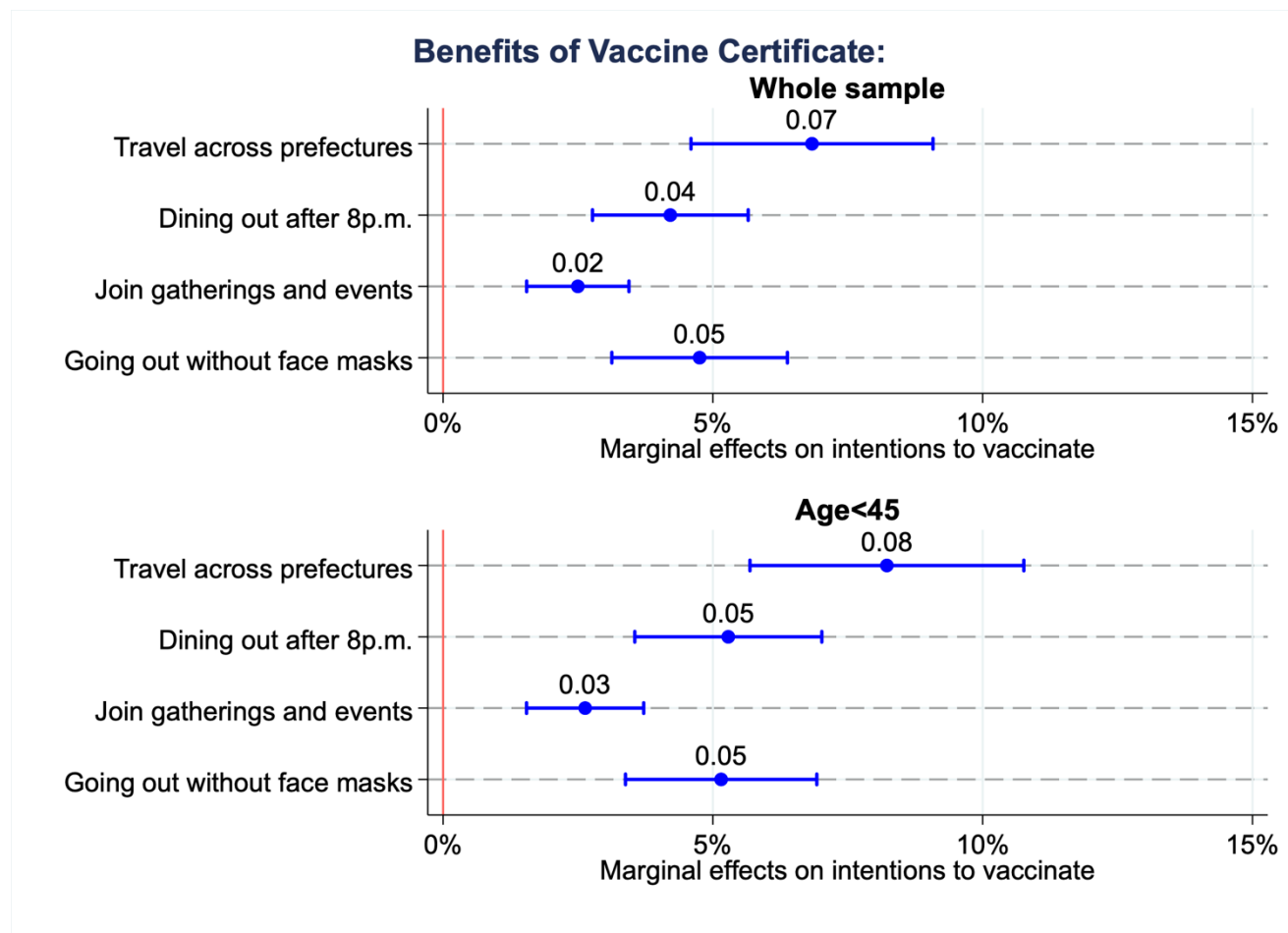
Appendix Figure A-9. Vaccine passport: Include those willing to vaccinate



Note: Estimates among individuals who have not vaccinated yet, including 'Unwilling,' 'Undecided,' and 'Willing' (n= 3,171 for all age groups and n= 1,644 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Full results are available upon request.

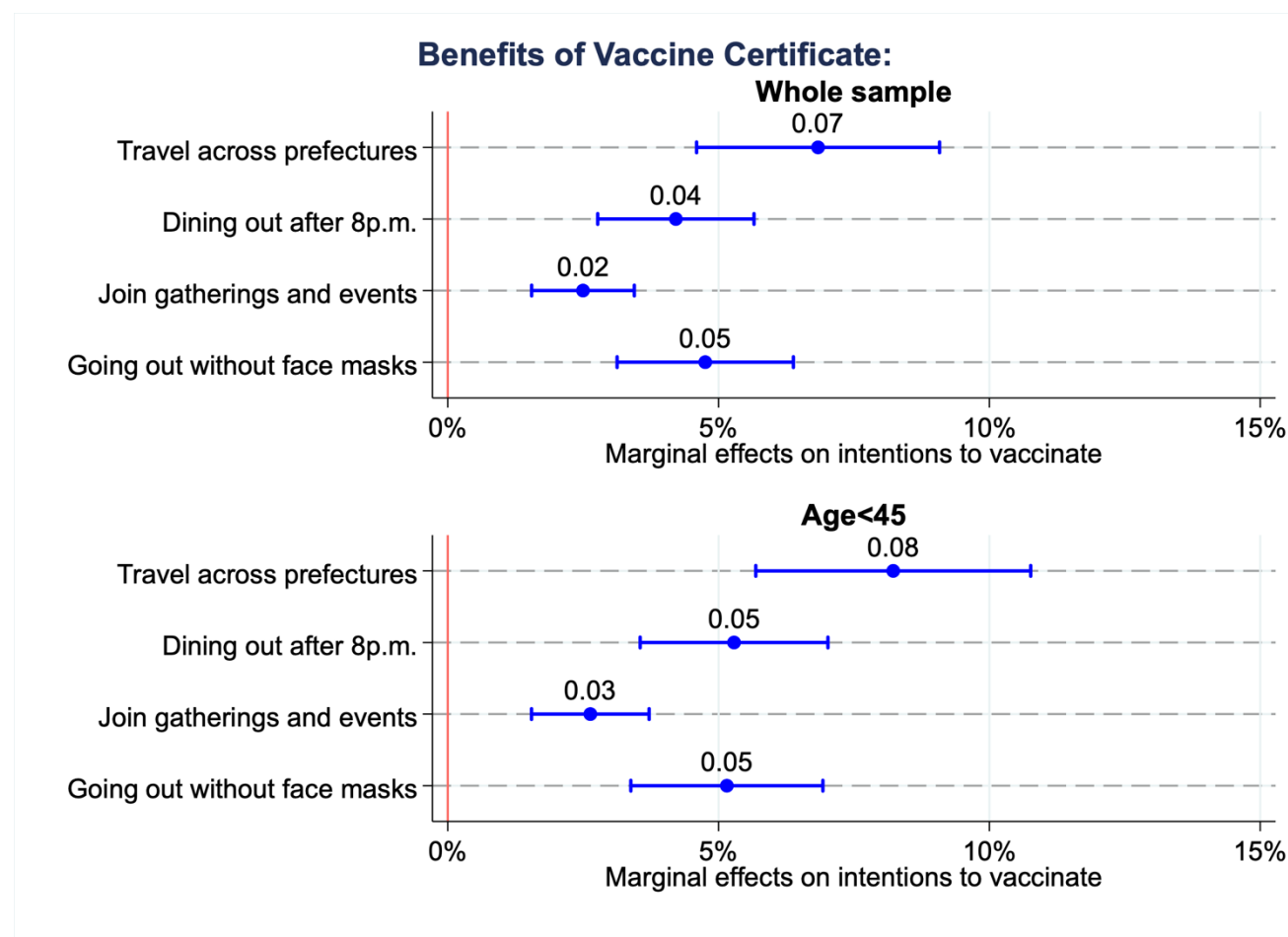


Appendix Figure A-10. Vaccine passport: Exclude uniform individuals



Note: Estimates among individuals who were undecided and unwilling to vaccinate, excluding those who provided uniform answers regarding their vaccination intentions regardless of available options (n= 1,531 for all age groups and n= 754 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Full results are available upon request.

Appendix Figure A-11. Vaccine passport: Estimates by multilevel mixed-effects logistic regression



Note: Estimated by multilevel mixed-effects logistic regression with random intercepts by individuals among those who were undecided and unwilling to vaccinate ( $n = 1,518$  for all age groups and  $n = 884$  for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to vaccinate; Full results are available upon request.

## STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation	Page No
<b>Title and abstract</b>	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	4
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	4
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	5-9
Objectives	3	State specific objectives, including any prespecified hypotheses	9
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	10
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	10
Participants	6	(a) <i>Cohort study</i> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants	10
		(b) <i>Cohort study</i> —For matched studies, give matching criteria and number of exposed and unexposed <i>Case-control study</i> —For matched studies, give matching criteria and the number of controls per case	NA
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	11, 12
Data sources/measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	10-12
Bias	9	Describe any efforts to address potential sources of bias	10
Study size	10	Explain how the study size was arrived at	10
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	11-14
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	13, 14
		(b) Describe any methods used to examine subgroups and interactions	13, 14
	(c) Explain how missing data were addressed	NA	
	(d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed <i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy	10	

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

(e) Describe any sensitivity analyses

14-  
17

Continued on next page

For peer review only

<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	10
		(b) Give reasons for non-participation at each stage	NA
		(c) Consider use of a flow diagram	NA
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	14
		(b) Indicate number of participants with missing data for each variable of interest	NA
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	NA
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	NA
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	NA
		<i>Cross-sectional study</i> —Report numbers of outcome events or summary measures	14
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	15-18
		(b) Report category boundaries when continuous variables were categorized	NA
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	NA
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	15-18
<b>Discussion</b>			
Key results	18	Summarise key results with reference to study objectives	18-19
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	20, 21
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	18-20
Generalisability	21	Discuss the generalisability (external validity) of the study results	21
<b>Other information</b>			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	2

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at [www.strobe-statement.org](http://www.strobe-statement.org).

# BMJ Open

## COVID-19 vaccine hesitancy and vaccine passports: A cross-sectional conjoint experiment in Japan

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2022-060829.R2
Article Type:	Original research
Date Submitted by the Author:	20-May-2022
Complete List of Authors:	Okamoto, Shohei; Tokyo Metropolitan Institute of Gerontology, Research team for social participation and community health; National Center for Global Health and Medicine, Institute for Global Health Policy Research Kamimura, Kazuki; Konan University, Hirao School of Management Komamura, Kohei; Keio University, Faculty of Economics
<b>Primary Subject Heading</b>:	Health policy
Secondary Subject Heading:	Health economics, Health policy, Health services research, Infectious diseases, Immunology (including allergy)
Keywords:	COVID-19, HEALTH ECONOMICS, Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, Infection control < INFECTIOUS DISEASES, Public health < INFECTIOUS DISEASES

SCHOLARONE™  
Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our [licence](#).

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which [Creative Commons](#) licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

1  
2  
3 COVID-19 vaccine hesitancy and vaccine passports: A cross-sectional conjoint  
4  
5  
6 experiment in Japan

7 Short title: COVID-19 vaccine hesitancy and vaccine passports  
8  
9

10  
11  
12 Shohei Okamoto<sup>\*1, 2, 3</sup>, Kazuki Kamimura<sup>3, 4</sup>, Kohei Komamura<sup>3, 5</sup>  
13  
14

15  
16  
17 <sup>1</sup> Research Team for Social Participation and Community Health, Tokyo Metropolitan  
18 Institute of Gerontology, Tokyo, Japan

19  
20  
21 <sup>2</sup> Institute for Global Health Policy Research, National Center for Global Health and  
22 Medicine, Tokyo, Japan

23  
24  
25 <sup>3</sup> Research Center for Financial Gerontology, Keio University, Tokyo, Japan

26  
27  
28 <sup>4</sup> Hirao School of Management, Konan University, Hyogo, Japan

29  
30  
31 <sup>5</sup> Faculty of Economics, Keio University, Tokyo, Japan  
32  
33

34  
35 Corresponding author: Dr Shohei Okamoto, Research Team for Social Participation  
36 and Community Health, Tokyo Metropolitan Institute of Gerontology: 35-2 Sakae-cho,  
37 Itabashi-ku, Tokyo, Japan 1730015 (E-mail: [shohei@z2.keio.jp](mailto:shohei@z2.keio.jp))  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



## Abstract

*Objectives:* While the development of vaccines against the novel coronavirus (COVID-19) brought hope of establishing herd immunity and ending the global pandemic, vaccine hesitancy can hinder the progress towards herd immunity. In this study, by analysing the data collected when citizens undergo public health restrictions due to the pandemic, we assess the determinants of vaccine hesitancy, reasons for hesitation, and potential effectiveness of vaccine passports used to relax public health restrictions on mitigating vaccine hesitancy.

*Design:* Cross-sectional study, longitudinal study, and conjoint experimental design.

*Setting:* An online survey conducted in Japan in July 2021

*Participants:* A demographically representative sample of 5,000 Japanese adults aged 20–74.

*Primary outcome measures:* COVID-19 vaccination intention

*Results:* We found that about 30% of respondents did not intend to get vaccinated or had not yet decided, with major reasons for vaccine hesitancy relating to concerns about the safety and side effects of the vaccine. In line with previous findings, younger age, lower socioeconomic status, and psychological and behavioural factors such as weaker COVID-19 fear were associated with vaccine hesitancy. Easing of public health restrictions such as travel, wearing face masks, and dining out at night was associated with an increase in vaccine acceptance by 4–10%. Moreover, we found that more than 90% of respondents who intended to get vaccinated actually received it while smaller proportions among those undecided and unwilling to get vaccinated did so.

*Conclusion:* With a major concern about vaccine safety and side effects, interventions to mitigate against these may help reduce vaccine hesitancy. Moreover, when citizens

1  
2  
3 are imposed with restrictions, vaccine passports that increase their freedom may be  
4  
5 helpful to increase vaccination rates.  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

For peer review only

### *Strengths and limitations of this study*

- This study includes timely data on COVID-19 vaccine hesitancy, obtained from a demographically representative sample of 5,000 Japanese adults.
- The data were collected in July 2021 when the citizens were imposed with public health restrictions.
- A conjoint experiment allows assessing the effectiveness of easing public health restrictions on vaccine acceptance.
- Actual behaviour may diverge from the survey responses or fluctuate due to the pandemic situation and the timing of the survey.
- Results may not be applicable in other countries, since the pandemic situation, government responses to the pandemic, and reasons for vaccine hesitancy can vary across countries.

## Introduction

After a period when nations have managed to curb the spread of the new coronavirus disease (COVID-19), mainly by non-pharmaceutical interventions such as containment and closure policies, the development of COVID-19 vaccines brought hope that the pandemic may end soon. Although the degree and duration of vaccine efficacy as well as the efficacy against new virus variants remain unconfirmed, widespread vaccination can contribute to establishing herd immunity against COVID-19. While the required proportions of individuals with immunity could vary by country (e.g. due to demographic structure and frequency of human contact), it is estimated that approximately 70% of the population needs immunity to achieve herd immunity against COVID-19, which would require more than 30 million deaths worldwide due to natural infection<sup>1</sup>. Therefore, global vaccination is a necessary step to end the pandemic.

However, vaccine hesitancy, defined as a 'delay in acceptance or refusal of vaccines despite availability of vaccine services' by a working group advising the World Health Organization<sup>2</sup>, can hinder achieving herd immunity. The findings of systematic reviews and meta-analyses suggest that the vaccine acceptance rates are approximately 60–75% but show large discrepancies across regions, months of studies, and whether an answer of 'unsure' is available to survey respondents<sup>3 4</sup>. Together with the global disparities in vaccine availability for COVID-19, full vaccination rates are considerably low, and only approximately a third of the world population had received at least one dose of a vaccine against COVID-19 by August 2021<sup>5</sup>. While this low vaccine uptake may be due to many reasons, including individual preferences and other factors, such as system failures, identifying why people are reluctant to be vaccinated is important.

1  
2  
3 Whether an individual accepts vaccination is a consequence of a complex  
4 decision-making process, which occurs on the continuum between complete  
5 acceptance and refusal<sup>2</sup>. The above-mentioned working group developed the 'three  
6 Cs vaccine hesitancy model', which comprises confidence, complacency, and  
7 convenience, indicating that historic, socio-cultural, environmental, health  
8 system/institutional, economic, or political factors, as well as personal perception and  
9 vaccine/vaccination characteristics influence vaccine hesitancy. Moreover, from a  
10 utilitarian perspective, voluntary vaccinations can deviate from the social optimum  
11 owing to the positive externalities of vaccinated individuals; hence, Pigouvian  
12 subsidies, external regulations, or strategies to improve vaccine awareness are  
13 needed, depending on the nature of vaccine-preventable diseases and vaccines<sup>6 7</sup>.

14  
15 Therefore, it is important to understand the reasons for COVID-19 vaccine  
16 hesitancy, in addition to strategies to raise the vaccination rates. In the following  
17 section, we review the literature on the determinants of COVID-19 vaccine hesitancy.

## 18 Literature on COVID-19 vaccine hesitancy

### 19 (1) Socio-demographic factors

20 Given the concerns of the increasing hesitancy towards COVID-19 vaccination, many  
21 empirical studies have hitherto assessed factors associated with COVID-19 vaccine  
22 hesitancy<sup>3 8-11</sup>. These studies suggest that many empirical papers find that older  
23 people compared to their younger counterparts and men compared to women are  
24 more likely to accept a COVID-19 vaccine. Older people are susceptible to the disease,  
25 and while men and women can decline vaccination for various reasons, the differences  
26 in perceived risks, efficacies, and knowledge may inform these gender differences<sup>11</sup>.  
27 In addition to age and gender, educational attainment is identified as the most frequent  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 predictor, with higher acceptance among people with higher education levels<sup>3</sup>. While  
4 highly educated individuals can be vaccine-hesitant because of the influence of social  
5 groups and other authorities, education may play an important role in understanding  
6 disease severity and vaccination benefits<sup>11</sup>.  
7  
8  
9  
10  
11  
12  
13

## 14 (2) Psychological and behavioural factors

15  
16 Vaccination is a consequence of one's utility maximisation, considering costs and  
17 benefits. Based on the health belief model, by modifying socio-demographic factors,  
18 individuals can decide whether to be vaccinated as a reflection of their personal beliefs  
19 about a disease and its preventive measures, such as susceptibility, severity, benefits,  
20 barriers, and self-efficacy<sup>12 13</sup>. A systematic review identifies that vaccine acceptance  
21 is higher among those with greater perceived risk, threat, vulnerability, and  
22 susceptibility to infection<sup>8 9</sup>. Furthermore, the beliefs about the vaccine are predictors  
23 of vaccine hesitancy, including mistrust in its safety or efficacy and conspiracy beliefs,  
24 which can be induced by low health literacy and negative information in the media<sup>8</sup>.  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36

37 Together with one's perceptions regarding vaccines and infection, individual  
38 preferences matter for health-related decision-making, including vaccination<sup>14 15</sup>. Time  
39 preference affects one's vaccination intentions because individuals will benefit from  
40 the vaccination in the future, despite having to bear its present costs. Therefore, those  
41 discounting future benefits would lead them to decide not to be vaccinated. Moreover,  
42 the attitudes toward risks are attributed to vaccination decision-making, that is, risk-  
43 averse individuals would feel conflicted between the risk of infection without  
44 vaccination and the vaccines' side effects. This would explain why younger people  
45 tend to be vaccine-hesitant, considering they are less likely to develop symptoms than  
46 their older counterparts<sup>16</sup> and have more frequent side effects<sup>17</sup>. In addition to  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 individuals' attributes and beliefs, vaccine characteristics are important determinants  
4 of vaccination intention, being highly relevant to individuals' perceptions and  
5 preferences for vaccines. In particular, individuals prefer vaccines with higher efficacy,  
6 longer duration of disease protection, and safety (that is, none or few adverse effects)<sup>8</sup>  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

18.

### Vaccination campaigns

To increase vaccination rates, considering the determinants of vaccine hesitancy discussed above and vaccine characteristics, potential strategies would include removing the (mis)perceived effectiveness and risks of vaccination and infection, minimising the costs associated with vaccination (i.e. out-of-pocket payments and opportunity cost), and increasing the benefits of vaccination by providing various incentives. In fact, several approaches, such as communication, financial and non-financial incentives, and reminder-recall interventions, have been adopted and evaluated so far<sup>19 20</sup>.

Vaccination campaign frameworks have also been adopted to increase COVID-19 vaccination uptake. Aiming at a better understanding of the population for COVID-19 vaccines, public organisations disseminate information about the efficacy and safety of vaccines<sup>21 22</sup>. Additionally, a study suggests that emphasising the benefits of vaccination and inducing feelings of vaccine ownership are useful<sup>23 24</sup>, thus suggesting the importance of information campaigns. In some countries, the convenience of vaccination locations is enhanced by providing these services within the areas of citizens' daily lives, such as train stations and supermarkets<sup>25 26</sup>. Furthermore, the incentives towards vaccination attract the attention of some policymakers<sup>27</sup>, although their effectiveness remains inconclusive and may depend on

1  
2  
3 how incentives are given<sup>28 29</sup>.  
4

5 With remaining ethical concerns, 'vaccine passports', which denote  
6 certifications of vaccinations to fully or partially exempt vaccinated individuals from  
7 public health restrictions<sup>30 31</sup>, are considered in many regions. The core rationale of  
8 vaccine passports is that public health restrictions due to the pandemic should be  
9 tailored to respond to public demands for the relaxation of the restrictions, when the  
10 scheme would be safe for at least some individuals. Despite these relative merits of  
11 vaccine passports, this scheme may work negatively for some individuals as requiring  
12 certifications to re-engage in social activities can essentially be a violation of individual  
13 freedom of choice<sup>31</sup>. While only a limited number of related studies are available, the  
14 freedom allowed by vaccine passports can affect vaccine acceptance and preference  
15 both positively and negatively: A study found that more freedom allowed by  
16 vaccination can increase vaccination uptake<sup>29 32</sup>. In contrast, some studies suggest  
17 that people do not prefer vaccination used as permission to engage in social  
18 activities<sup>33 34</sup>, and thereby vaccine passports could be viewed negatively among some  
19 socio-demographic groups<sup>32</sup>. Despite the concern about 'breakthrough infections', it  
20 would be worth considering the applicability of vaccine passports if and only if the  
21 passports largely contribute to achieving herd immunity against COVID-19 by  
22 increasing vaccine acceptance.  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48

#### 49 Literature gaps and aims of this study

50  
51 Previous studies have documented the determinants of vaccine hesitancy by  
52 analysing the association of socio-demographic, psychological, and vaccine  
53 characteristics with vaccine intentions. Meanwhile, the evidence on how to increase  
54 COVID-19 vaccine acceptance remains scarce. In alignment with the policies in  
55  
56  
57  
58  
59  
60



1  
2  
3 several regions, the evidence on communication strategies and the incentives for  
4 reducing vaccine hesitancy have gained increasing attention, as discussed above,  
5 while the effectiveness of vaccine passports in raising vaccine acceptance has been  
6 limited. While countries such as Israel, France, and Italy attempt to utilise vaccine  
7 passports, other countries may also consider similar schemes to return to a 'normal  
8 life'. If so, it is immensely important to accelerate herd immunity by reducing avoidable  
9 vaccine hesitancy, to which the benefits of the vaccine passports may contribute.  
10 However, whether vaccine passports can contribute to increasing vaccination uptake  
11 is debatable.  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22

23  
24 Therefore, by analysing the data obtained when the citizens were exposed to  
25 public health restrictions, we assessed the effectiveness of easing public health  
26 restrictions by vaccine passports based on our analysis of a conjoint experiment. By  
27 decomposing the freedom factors allowed by the passport based on government  
28 regulations, we first evaluate an effective type of relaxation of public health restrictions  
29 to increase vaccine acceptance, which would be useful for health policymakers to  
30 design vaccine passports and curate compelling information on the benefits of  
31 vaccination for vaccine-hesitant individuals.  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44

## 45 **Methods**

### 46 **Data**

47  
48 The data come from a demographically representative sample of 5,000 Japanese  
49 adults aged 20–74 from an online survey conducted from 21–23 July 2021. In a non-  
50 experimental study setting that analyses the data by logistic regression, a previous  
51 study suggests that taking a minimum sample size of 500 is necessary to obtain  
52 reliable parameter estimates<sup>35</sup>: The sample size that we initially planned to collect was  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 well above this number, and thereby sufficient to obtain reliable estimates from an  
4 unbiased population. Survey respondents were recruited from registered panels of  
5 Cross Marketing Inc. To ensure that the survey is nationally representative regarding  
6 respondents' age and gender, we recruited respondents using quota sampling for  
7 each of the 14 age groups of the 2015 population census (that is, age categories of  
8 20s, 30s, 40s, 50s, 60s, and early 70s by gender).  
9

10  
11 While we did not use regional quotas to recruit respondents, we addressed  
12 the potential non-representativeness arising from this by using weights for all analyses  
13 and estimated by population structures in each region. Specifically, we used eight  
14 categories for residential areas (i.e. Hokkaido, Tohoku, and Kanto except for the Tokyo  
15 Metropolitan Area, Tokyo Metropolitan Area, Chubu, Kinki, Chugoku, Shikoku, and  
16 Kyusyu) and eleven categories for each five-year age group from 20 to 74. The  
17 pandemic situation during the study period varied across regions, with most per-day  
18 COVID-19 new cases confirmed in Tokyo, Kanto (for example, Saitama and  
19 Kanagawa), Kinki (for example, Osaka), and Kyushu (for example, Okinawa).  
20  
21

22  
23 About four months after this survey (i.e. between 10th and 20th of November  
24 2021), we conducted a follow-up survey of the same respondents to compare their  
25 vaccination intention and status during the first and second waves, respectively. We  
26 obtained 4,367 responses out of 5,000 participants in the first wave (87.3%).  
27  
28

## 29 COVID-19 situation in Japan

30  
31 During the survey, approximately 5,000 COVID-19 cases were reported per day as  
32 the number kept increasing. The state of emergency or quasi-state of emergency was  
33 declared in Tokyo, Okinawa, Saitama, Chiba, Kanagawa, and Osaka. In these areas,  
34 individuals and business owners were requested to refrain from engaging in non-  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 essential activities. In addition to the citizens in these prefectures, all the citizens in  
4  
5 Japan were requested by the government to take preventive measures from the  
6  
7 infection, such as wearing a face mask, hand washing, avoiding 'Three Cs' (i.e. closed  
8  
9 spaces, crowded places, and close-contact settings), and ensuring adequate  
10  
11 ventilation.  
12  
13  
14  
15  
16

### 17 Ethical approval

18  
19 This study was approved by the Institutional Review Board of the Institute of  
20  
21 Economics Studies, Keio University (No. 21009R and 21011R). We obtained informed  
22  
23 consent from the participants by providing information about the study and asking  
24  
25 them to participate only if they understood the survey and agreed to join before  
26  
27 answering the questionnaire.  
28  
29  
30  
31  
32

### 33 Patient and Public Involvement statement

34  
35 There was no patient and public involvement in this study.  
36  
37  
38  
39

### 40 Definitions of variables

#### 41 (1) Vaccine-related questions

42  
43 To measure vaccine hesitancy, we asked respondents their vaccination intentions,  
44  
45 based on response options: already vaccinated, willing to be vaccinated, undecided,  
46  
47 and unwilling to be vaccinated. Following the definition of vaccine hesitancy<sup>2</sup>, we  
48  
49 operationally defined those who were undecided and unwilling to vaccinate as  
50  
51 vaccine-hesitant.  
52  
53  
54

55  
56 In instances where respondents hesitated to be vaccinated, we additionally  
57  
58 asked them about the reasons for rejecting a vaccine and the importance of those  
59  
60

1  
2  
3 reasons. Referring to previous investigations<sup>36 37</sup>, we identified 18 items, such as  
4 concerns about the vaccine's side effects, safety, efficacy, and other reasons.  
5  
6  
7  
8  
9

## 10 (2) Independent variables

11  
12 To account for the factors associated with vaccine hesitancy, as indicated by previous  
13 findings<sup>3 8-11</sup>, we obtained demographic, socioeconomic, health-related, and  
14 psychological information on each respondent.  
15  
16  
17  
18

19 The demographic and socioeconomic status of respondents included  
20 information on age, gender, co-resident family members, occupation, education, and  
21 income. Respondents living with members with chronic illnesses, aged 65 or over, and  
22 aged 11 or younger would be more likely to be vaccinated because they are  
23 considered vulnerable to infection or not eligible for COVID-19 vaccination in Japan.  
24 In terms of occupation, we used three categories; essential healthcare workers,  
25 frontline essential workers, and other workers, following existing definitions by the  
26 Centers for Disease Control and Prevention<sup>38</sup>. Specifically, frontline essential workers  
27 include those working in manufacturing, wholesale/retail,  
28 transportation/shipping/postal services, education, primary industry, and critical  
29 infrastructure (i.e. electricity, gas, heat supplying services, and waterworks), whose  
30 works must be performed on-site. Educational attainment of respondents included  
31 three categories—high school or lower, junior college or vocational school, and  
32 university or higher. Income refers to annual household income, obtained as the  
33 median value in 19 ranges.  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52

53 We also used two health measures of self-rated health and depressive  
54 symptoms measured by the Kessler Psychological Distress Scale (K10), which have  
55 been validated by previous studies<sup>39 40</sup>. Higher scores indicate better health for the  
56  
57  
58  
59  
60

1  
2  
3 former scale, whereas lower scores indicate worse health for the latter.  
4

5  
6 Finally, we used the following items, identified as predictors of one's  
7 preventive behaviours, to measure psychological and behavioural factors: to measure  
8 respondents' perceived seriousness of COVID-19, we used the Fear of COVID-19  
9 Scale<sup>41 42</sup>. Time and risk preferences, which relate to individuals' responses to  
10 uncertain risks of vaccination and infection, were measured in the following two ways:  
11 the time preference was measured by a question, 'If you were to receive some funds  
12 in 13 months, instead of obtaining it in 1 month, how much is the lowest amount that  
13 would be adequate for your needs?'<sup>43</sup> The risk preference was obtained as the sum  
14 of the responses to seven questions on risk attitudes measured using a seven-point  
15 Likert scale<sup>44</sup>, which indicates higher scores representing higher risk-taking.  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27

28 To measure respondents' ability to understand the risks of infection and  
29 potential risks and benefits of vaccination based on the health belief model<sup>12 13</sup>, we  
30 used respondents' numeracy defined as the number of correct answers to the three  
31 questions used in a previous study<sup>45</sup>: (1) *If the chance of getting a disease is 10%,  
32 how many people out of 1,000 would be expected to get the disease?*; (2) *If 5 people  
33 all have the winning number in the lottery and the prize is 2 million dollars, how much  
34 will each of them get?*; (3) *Let's say you have 200 dollars in a savings account. The  
35 account earns 10% interest per year. How much would you have in the account at the  
36 end of two years?*  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50

## 51 Empirical strategy

52 To assess the determinants of vaccine hesitancy, reasons for hesitating vaccination,  
53 and efficacies of the relaxation of public health restrictions on vaccine acceptance, we  
54 conducted the following three analyses.  
55  
56  
57  
58  
59  
60

### (1) Determinants of vaccine hesitancy

We evaluated the association between vaccine hesitancy and its determinants, including demographic, socioeconomic, health, and psychological/behavioural factors. In the base model, we analysed the association using a logit model with a dichotomised outcome (i.e. unwilling to be vaccinated or undecided vs. willing to be vaccinated or already vaccinated). To test the robustness of the results, we assessed the association using a three-level nominal outcome (unwilling to be vaccinated vs. undecided vs. willing to be vaccinated or already vaccinated).

### (2) Reasons for vaccine hesitancy

We investigated the determinants of the reasons for vaccine hesitancy by analysing the association between demographic, socioeconomic, health, and psychological/behavioural factors and each reason given by the individuals hesitating to be vaccinated. In our main analysis, we present results of our analysis on the determinants of vaccine hesitancy due to concerns about vaccine safety and side effects (i.e. concern about side effects and safety of the vaccine, plan to wait and see if it is safe and may get it later, or concern that the vaccine is being developed too quickly), and vaccine mistrust (i.e. dislike vaccines, the vaccine could give me COVID-19, or the vaccine will not work). We estimated the marginal effects of the factors for each reason using a logit model.

### (3) Conjoint analysis: vaccine passport

To evaluate the association between the relaxation of public health restrictions by vaccine passports and vaccine acceptance, we utilised a conjoint experimental

1  
2  
3 design<sup>18 46</sup>. The conjoint experiment is useful in assessing the effects of varied  
4 attributes at different levels, with the reduced number of necessary assignments using  
5 an orthogonal table.  
6  
7  
8  
9

10 To develop conjoint tasks, we followed the ISPOR guideline<sup>47</sup>. Using this  
11 design, in a hypothetical situation, we asked each respondent whether they would be  
12 vaccinated, assuming that some or all public health restrictions are relaxed. While  
13 many types of attributes can affect vaccination intention, which were identified by our  
14 literature review, we focused on attributes about public health restrictions to reduce  
15 the burden of conjoint tasks by limiting the number of attributes and assigned tasks.  
16 Only with this, the respondents may implicitly assume that they are vaccinated by  
17 different types of vaccine; hence, we provided the information about the frequencies  
18 of side effects from the COVID-19 vaccine, which were obtained from the web site of  
19 the Ministry of Health, Labour, and Welfare<sup>48</sup>.  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32

33 To determine the attributes of public health restrictions included in our conjoint  
34 experiment, considering the public health policy relevance, we selected four attributes,  
35 which correspond to the government requests to the citizens to be compliant with:  
36 travelling across prefectures, dining out at night, joining gatherings and events, and  
37 going out without face masks. For each public health restriction, there are two attribute  
38 levels of being exempted from the restrictions or not exempted.  
39  
40  
41  
42  
43  
44  
45  
46

47 Without the design, we would need to assign 16 (= 2<sup>4</sup>) questions to assess  
48 each attribute of vaccine passports to each respondent; however, we reduced  
49 assignments by half, as shown in Table 1. This process was done by generating an  
50 orthogonal and balanced design, assuming that each attribute was independent. As  
51 the number of tasks was within the acceptable range<sup>47</sup>, we asked each respondent to  
52 complete all the eight tasks.  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 In the conjoint experiment, all respondents provided their vaccination  
4 intentions for each hypothetical vaccine passport. To account for potential non-random  
5 variance across respondents arising from repeated measures, we fitted population-  
6 average panel-data models using the method of generalised estimating equations<sup>49</sup>,  
7 estimating robust standard errors, and considering logit models with binominal  
8 distributions of outcomes.  
9

10  
11 To assess potential heterogeneity across individual characteristics, we further  
12 conducted a sub-group analysis focusing on individuals aged 45 or younger, who were  
13 associated with higher probabilities of vaccine hesitancy in our analysis as discussed  
14 later.  
15

16  
17 Moreover, we conducted five additional analyses to check the robustness of  
18 our findings: a) analysis without the respondents whose choices may have been  
19 nontransitive; b) separate analysis for respondents who were undecided and unwilling  
20 to be vaccinated; c) analysis including respondents who intended to be vaccinated  
21 earlier or had already been vaccinated; d) analysis without those who provided a  
22 uniform answer to all options; e) analysis by a multilevel mixed-effects logistic  
23 regression to relax the assumption of the independence of irrelevant alternatives.  
24 Regarding the robustness test (a), we excluded the respondents whose choices may  
25 have been nontransitive. Some individuals preferred not to be vaccinated when an  
26 additional relaxation was offered, although they expressed their willingness to be  
27 vaccinated with fewer options. Although this may suggest that they did not prefer to  
28 ease certain restrictions regardless of vaccination status, we re-analysed the  
29 association by excluding them, assuming that their choices were irrational. For the  
30 robustness test (c), from among the individuals hesitating to be vaccinated, we  
31 excluded those who provided a uniform answer to all options (that is, all yes or no), to  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

focus solely on individuals whose intention changed with vaccine passports.

For peer review only

Table 1. Conjoint experimental design

	Available relaxations of restrictions by vaccine passports				Vaccine intensions
	Travel across prefectures	Dining out after 8 p.m.	Joining gatherings and events	Going out without face masks	Yes / No
Pattern A	x	x	x	x	
Pattern B	x	x	○	○	
Pattern C	x	○	x	○	
Pattern D	x	○	○	x	
Pattern E	○	x	x	○	
Pattern F	○	x	○	x	
Pattern G	○	○	x	x	
Pattern H	○	○	○	○	

#### (4) Stated and revealed intention to vaccination

By comparing responses from both the first and second surveys, we present the data showing whether stated vaccination intention reflects revealed vaccination behaviour. With matched responses and behaviours, this would provide a partial validation for relying on a questionnaire about the vaccination intention, even though not on the actual vaccination status.

All analyses were conducted using Stata MP, version 17.0 (StataCorp LLC, College Station, United States of America).

## Results

### Descriptive statistics

Table 2 summarises the descriptive statistics of the sample. Out of a total of 5,000 respondents, approximately 30% hesitated to be vaccinated (i.e. unwilling to be vaccinated: 12.5% and undecided: 17.9%). Vaccination intentions and status can change over time due to various factors, such as infection situation and vaccine availability. At the time of the survey, approximately 38% of the Japanese population had at least one dose of the COVID-19 vaccine<sup>5</sup>, health professionals and older adults being prioritised. The proportion of the vaccinated population was almost identical to that of our sample (36.6%), indicating that our sample reflects the Japanese context well.

1  
2  
3  
4 Table 3 presents the reasons for vaccine hesitancy among the individuals who  
5  
6  
7 hesitate to get vaccinated. The most major concerns were the vaccine's side effects and  
8  
9  
10 safety (87%), as well as other reasons related to vaccine safety, preference, and mistrust  
11  
12  
13 being commonly reported by respondents.  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

For peer review only

Table 2. Descriptive statistics (n = 5,000)

Variable	Mean or proportion	Standard deviation
Vaccine intentions: No	12.5%	
Undecided	17.9%	
Yes	33.1%	
Already vaccinated	36.6%	
Age	48.40	14.80
Female	50.3%	
Co-residence: Aged 65 or older	33.3%	
Aged 11 or younger	14.4%	
Chronic illness	25.0%	
Occupation: Healthcare worker	6.4%	
Frontline essential workers	26.3%	
Other occupations	31.8%	
Not employed (Ref.)	35.5%	
Education: High school or lower (Ref.)	31.2%	
Junior college or vocational	19.5%	
University or higher	49.2%	
Household income (million JPY)	5.60	3.78
Self-rated health	3.52	1.02
K10 depression scale	17.95	9.18
Numeracy	1.58	0.78
Time preference	21.08	16.21
Risk preference	27.85	8.3
Fear of COVID-19	19.63	5.46
Residential area: Hokkaido	4.6%	
Tohoku	5.9%	
Kanto	26.1%	
Chubu	14.9%	
Kinki	14.3%	
Chugoku	19.3%	
Shikoku	6.7%	
Kyushu	8.0%	

Table 3. Reasons for vaccine hesitancy

Reasons	%
Concern about side effects and safety of the vaccine	87%
Plan to wait and see if it is safe and may get it later	79%
Concern that the vaccine is being developed too quickly	73%
Plan to use masks/other precautions instead	69%
Do not trust the government	67%
Do not like vaccines	63%
Do not like needles	48%
Do not know I needed a vaccine against COVID-19	45%
The vaccine could give me COVID-19	37%
The vaccine will not work	31%
I will not need to get vaccinated because vaccination of other people will establish herd immunity	29%
Vaccination site is far	28%
COVID-19 is not a serious illness	26%
Too busy to visit a vaccination site	25%
Had COVID-19 and should be immune	11%
Doctor has not recommended a COVID-19 vaccine to me	11%
Pregnant	7%
For religious reasons	5%

Note: Percentages among 1,518 respondents hesitating vaccination.

## Determinants of vaccine hesitancy

Table 4 shows the determinants of vaccine hesitancy. Compared to those aged 45–49, younger people aged 25–44 were likely to hesitate to get vaccinated, resulting in estimated odds ratios (ORs) ranging between 1.32 and 1.87, with 95% confidence intervals (CI) ranging from 1.01 to 2.44. Meanwhile, older adults aged 55–74 tended to accept vaccination, showing estimated ORs between 0.17 and 0.67 with 95% CI from 0.11 to 0.89. Female respondents tended to express vaccine hesitancy more than their male counterparts (OR: 1.18, 95% CI: 1.02 – 1.37). Additionally, those living with older adults and members with chronic illness tended to accept vaccination with higher probabilities compared to their counterparts not living with these population categories.

Socioeconomic factors are also associated with vaccine hesitancy. Healthcare workers, frontline essential workers, and those performing paid work were likely to be non-vaccine-hesitant compared to non-employed individuals: the former two groups were more likely to accept vaccination, showing ORs of 0.23 (95% CI: 0.16–0.33) and 0.71 (95% CI: 0.59–0.86), respectively. Furthermore, higher education and income were associated with a lower likelihood of being vaccine-hesitant.

Those with poorer health, measured by self-rated health and the K10 depression scale, were less likely to hesitate to get vaccinated with OR: 1.18 (95% CI: 0.76–0.89) and OR: 1.01 (95% CI: 1.00–1.02), respectively. Psychological and behavioural factors such as

1  
2  
3  
4 time preference and fear of COVID-19 were also predictors of vaccine hesitancy.  
5  
6

7           When distinguishing those unwilling to get vaccinated and those who had not yet  
8  
9  
10 decided, similar results were observed for the findings estimated from the binary outcomes  
11  
12  
13 (Appendix Table A-1).  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

For peer review only



Table 4. Determinants of vaccine hesitancy

Vaccine hesitancy	Odds ratio	95%CI
Age (Ref. 45-49): 20-24	1.13	0.82 - 1.58
25-29	1.87**	1.44 - 2.44
30-34	1.67**	1.26 - 2.21
35-39	1.83**	1.42 - 2.36
40-44	1.32*	1.01 - 1.73
50-54	0.79	0.60 - 1.04
55-59	0.67**	0.50 - 0.89
60-64	0.40**	0.30 - 0.53
65-69	0.17**	0.11 - 0.26
70-74	0.18**	0.12 - 0.27
Female	1.18*	1.02 - 1.37
Co-residence: Aged 65 or older	0.84*	0.71 - 1.00
Aged 11 or younger	0.92	0.76 - 1.13
Chronic illness	0.56**	0.47 - 0.67
Occupation: Healthcare worker	0.23**	0.16 - 0.33
Frontline essential workers	0.71**	0.59 - 0.86
Other occupations	0.80*	0.67 - 0.95
Education: Junior college or vocational	0.85	0.70 - 1.03
University or higher	0.68**	0.58 - 0.80
Household income	0.95**	0.93 - 0.97
Self-rated health	0.82**	0.76 - 0.89
K10 depression scale	1.01**	1.00 - 1.02
Statistical literacy	0.96	0.87 - 1.05
Time preference	1.01**	1.00 - 1.01
Risk preference	1.00	0.99 - 1.01
Fear of COVID-19	0.97**	0.96 - 0.99
Constant	3.91**	2.07 - 7.42
Observations	5,000	

Note: Vaccine hesitancy refers to individuals who were undecided and unwilling to get vaccinated; The outcome reference is 'Willing to get vaccinated or have already vaccinated'; \*\* p<0.01, \* p<0.05; 95% confidence intervals (CI) were estimated by robust standard errors; Adjusted for residential area with the population weight for each age group by region.

## Reasons for vaccine hesitancy

In Figure 1 and 2, we present the results of the analyses on the reasons related to vaccine side effects and safety and mistrust, which were the most common. While we did not find remarkable heterogeneity across most factors, a higher numeracy was associated with vaccine hesitancy due to concerns about vaccine side effects and safety. Also, people aged 65 or older tended to show vaccine hesitancy due to both concerns about vaccine side effects or safety and mistrust. In contrast, vaccine hesitancy due to vaccine mistrust was less observed among younger people (i.e. individuals aged 25–29 and 30–34).

<Figure 1>

<Figure 2>

Additionally, the results for the determinants of vaccine hesitancy due to each reason are shown in Appendix Figures A-1, A-2, A-3, A-4, A-5, and A-6. Again, we did not find systematic trends in the determinants of the reasons for vaccine hesitancy.

## Effectiveness of vaccine passport

From the conjoint experiment, we observed that 45% of all the vaccine-hesitant respondents intended to accept vaccination when all public health restrictions were relaxed, while 18% intended to do so if no restrictions were relaxed.

In Figure 3, we present the estimation results for the association between the

1  
2  
3  
4 relaxation of each public health restrictions and vaccine acceptance, suggesting that relaxing  
5  
6  
7 all restrictions was effective in increasing vaccine acceptance by 4–10%. In particular, the  
8  
9  
10 relaxation of travel restriction across prefectures was the most effective, showing a 10%  
11  
12  
13 increase (95% CI: 9-11%) in vaccine acceptance, if permitted.  
14  
15

16 Moreover, we analysed the potential heterogeneity among younger people aged 44  
17  
18 or younger, who were more likely to be vaccine-hesitant in our previous analysis. We found  
19  
20  
21 that the results remained unchanged and these policies were particularly effective for younger  
22  
23  
24  
25 people.  
26  
27

28 <Figure 3>  
29  
30

31 Additionally, we conducted the following five robustness tests. First, we excluded the  
32  
33 respondents whose choices may have been nontransitive. However, the results remained  
34  
35  
36 unchanged (Appendix Figure A-7). Second, we separately analysed respondents who were  
37  
38  
39 undecided and unwilling to get vaccinated. Although marginal effects among those unwilling  
40  
41  
42 to get vaccinated became smaller while the estimation for undecided respondents became  
43  
44  
45 larger, we found that the relaxation of public health restrictions was evidently effective to  
46  
47  
48 increase vaccine acceptance (Appendix A-8). Third, we included respondents who intended  
49  
50  
51 to get vaccinated earlier or had already been vaccinated, and the same results were still  
52  
53  
54 observed (Appendix Figure A-9). Next, from among the individuals hesitating to be vaccinated,  
55  
56  
57 we excluded those who provided a uniform answer to all options (i.e. all yes or no), the results  
58  
59  
60

1  
2  
3  
4 remained unchanged (Appendix Figure A-10). Finally, to relax the assumption of the  
5  
6  
7 independence of irrelevant alternatives, we estimated our main model by a multilevel mixed-  
8  
9  
10 effects logistic regression and confirmed the results were still robust (Appendix Figure A-11).  
11  
12  
13  
14  
15

## 16 Stated and revealed vaccination intention

17  
18  
19 To check if participants' responses to the question about vaccination intention reflect their  
20  
21  
22 actual vaccination behaviour, for respondents who had not been vaccinated yet during the  
23  
24  
25 first survey, we present descriptive statistics on vaccination status at the follow-up survey  
26  
27  
28 (Table 5). More than 90% of respondents who intended to get vaccinated actually received  
29  
30  
31 it, while smaller proportions among those undecided and unwilling to be vaccinated did so  
32  
33  
34 afterwards. Approximately 29% of undecided and 69% of unwilling individuals remain  
35  
36  
37 vaccine-hesitant in the follow-up survey.  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

Table 5. Stated and revealed intention to vaccination

Wave1 \ Wave2	Vaccinated	Intend to get vaccinated	Undecided	Unwilling	Total
Intend to get vaccinated	94.9%	2.9%	1.3%	1.0%	1,424
Undecided	66.3%	4.5%	17.5%	11.8%	756
Unwilling	29.0%	1.3%	13.8%	55.9%	538
Total	73.9%	3.0%	8.2%	14.9%	2,718

Note: Wave1 was conducted between 21–23 July 2021, while Wave2 was held between 10-20 November 2021 as a follow-up survey of Wave1.

## Discussion

During the time when citizens were imposed with public health restrictions due to the pandemic, this study primarily assessed whether easing public health restrictions by vaccine passports increases vaccine acceptance, especially among those with vaccine hesitancy, as well as investigated determinants of vaccine hesitancy and reasons for vaccine hesitancy. As the first study to explore the effectiveness of the relaxation of public health restrictions, by decomposing what can be permitted by vaccination, we obtained three main findings. First, in line with previous findings<sup>3 8-11</sup>, our analysis suggests that demographic, socioeconomic, health-related, and psychological/behavioural factors predict vaccine hesitancy. In particular, younger age seems to be the strongest predictor of vaccine hesitancy, while other factors, such as gender and socioeconomic factors, were also associated with vaccine hesitancy. Second, concerns about the side effects and safety of the COVID-19 vaccine, as well as mistrust of vaccines and the government in general, were dominant reasons for vaccine hesitancy. Third, we found that vaccination acceptance increases by easing public health restrictions, especially travel restrictions across prefectures, at least when the citizens underwent public health restrictions. This result was particularly evident among younger people, who had higher probabilities of vaccine hesitancy than their older counterparts.

One reason why younger people tend to hesitate to be vaccinated is the expected balance between the costs and benefits of vaccination, as predicted by the health belief

1  
2  
3  
4 model and economic theory<sup>7 13</sup>. Considering that younger people are less likely to develop  
5  
6  
7 severe COVID-19 symptoms than older people<sup>16</sup>, and given the higher likelihood of the side  
8  
9  
10 effects of the vaccine (for example, headache and fatigue) among them<sup>17</sup>, they could decide  
11  
12  
13 not to be vaccinated from a utilitarian perspective. While we did not observe remarkable  
14  
15  
16 trends for the association between age and the reasons for hesitating to get vaccinated,  
17  
18  
19 vaccine safety and side effects were the most common reasons, which has also been  
20  
21  
22 reported by other studies<sup>36 37</sup>. Moreover, we found that statistical numeracy predicts vaccine  
23  
24  
25 hesitancy due to the concerns about vaccine safety and side effects. This may suggest that,  
26  
27  
28 being related to prospect theory, statistical capacity is related to inconsistent preferences and  
29  
30  
31 overestimating health losses of vaccination<sup>50</sup>.

32  
33  
34 Our study also suggests that vaccine passports, which allow citizens freedom in their  
35  
36  
37 daily lives, could increase vaccine acceptance when they are imposed with public health  
38  
39  
40 restrictions due to the COVID-19 pandemic. Our finding is in line with the existing evidence  
41  
42  
43 that the freedom allowed by vaccine passports has positive impacts on vaccine acceptance<sup>29</sup>.  
44  
45  
46 In many countries, including Japan, individuals are subject to containment and closure  
47  
48  
49 policies by governments to curb the spread of the virus, which requires them to avoid non-  
50  
51  
52 essential activities, such as eating out, travelling, and mass gatherings. As stay-at-home  
53  
54  
55 orders and social distancing behaviours can deteriorate citizens' well-being and mental health  
56  
57  
58 through distress, boredom, loneliness, and social isolation<sup>51</sup>, eliminating public health  
59  
60

1  
2  
3  
4 restrictions and returning to a normal life may be what many citizens are eager to attain.  
5  
6  
7 Particularly for younger people whose health benefits of vaccination could be less than that  
8  
9  
10 of older people, more freedom in their daily lives allowed by vaccine passports may be more  
11  
12  
13 attractive than mere health benefits obtained through vaccination.  
14  
15

16 Based on our findings, several policy implications can be drawn. First, information  
17  
18  
19 campaigns to convey accurate messages are extremely important to enhance the  
20  
21  
22 understanding of vaccination and remove avoidable vaccine mistrust. Utilising behavioural  
23  
24  
25 insights, better designs on how to best communicate with people to enhance vaccine uptake  
26  
27  
28 should be considered<sup>23 24</sup>. Second, emphasising benefits other than health (e.g. the relaxation  
29  
30  
31 of public health restrictions), if applicable, may enhance vaccine acceptance, when the  
32  
33  
34 citizens are imposed with the restrictions.  
35  
36

37 Even under the concerns about breakthrough infections, the overall public health  
38  
39  
40 benefits may be in surplus if and only if a rise in vaccine acceptance largely reduces severe  
41  
42  
43 symptoms and the mortality rate from infection given the confirmed safety of the vaccine by  
44  
45  
46 contributing to the establishment of herd immunity against COVID-19. The continuous  
47  
48  
49 evaluations and careful consideration of the efficacy, duration of effectiveness, and side  
50  
51  
52 effects of the vaccine, as well as potential public health impact and ethical issues of vaccine  
53  
54  
55 passports are indispensable. With the uncertain duration of vaccine efficacy and the efficacy  
56  
57  
58 against new virus variants, it would be realistic to issue vaccine passports for a limited time,  
59  
60



1  
2  
3  
4 maintaining moderate infectious control measures.  
5  
6

7 Furthermore, these types of passports must not be used to discriminate and eliminate  
8  
9  
10 the unvaccinated from society, allowing them to use alternative services, such as a certificate  
11  
12  
13 for a negative COVID-19 test result. Requiring these types of passports to re-engage in social  
14  
15  
16 activities may essentially violate the freedom of choice<sup>31</sup>, which could be why some studies  
17  
18  
19 suggest that this type of scheme was viewed as negative<sup>33 34</sup>. Given the potential health risks  
20  
21  
22 of vaccination, it may not be feasible to mandate vaccination. In Japan, there is no vaccine  
23  
24  
25 mandate, not only for COVID-19 but for other diseases, while some of these are determined  
26  
27  
28 by law as non-binding obligations of the citizens. At least in the Japan's context, personal  
29  
30  
31 decision making for COVID-19 vaccination should reflect respect of their autonomy, with  
32  
33  
34 appropriate strategies to enhance understanding of benefits and risks about the vaccine and  
35  
36  
37 its attractiveness.  
38  
39

40 In this study, we first provided evidence on the effectiveness of vaccine passports to  
41  
42  
43 relax the public health restrictions, decomposing the activities allowed by passports, on  
44  
45  
46 reducing vaccine hesitancy in the context that the citizens were imposed with public health  
47  
48  
49 restrictions. Nevertheless, several limitations should be noted due to caveats. First, our study  
50  
51  
52 was based on a hypothetical experiment and not a real situation. Therefore, actual behaviour  
53  
54  
55 may diverge from the survey responses. Notwithstanding this limitation, our findings should  
56  
57  
58 still be helpful, based on previous reports that more than 80% of the stated and revealed  
59  
60

1  
2  
3  
4 preferences corresponded <sup>52</sup> <sup>53</sup>. Also, in our study, a high proportion of the respondents  
5  
6  
7 provided consistent vaccination intentions and behaviours. Second, our findings are based  
8  
9  
10 on a survey, in which the sample was obtained from registered panels that may not be  
11  
12  
13 identical to the general public. Although we utilised weights estimated by population  
14  
15  
16 structures by region and vaccination rate/intention were similar to the official statistics and  
17  
18  
19 other surveys in Japan, other factors could not be representative. Also, vaccination intentions  
20  
21  
22 may fluctuate due to the pandemic situation and the timing of the survey. Furthermore, our  
23  
24  
25 results may not be applicable in other countries, since the pandemic situation, government  
26  
27  
28 responses to the pandemic, and reasons for vaccine hesitancy may vary across countries. In  
29  
30  
31 Japan, compared to Western countries, the COVID-19 mortality rate is much lower <sup>54</sup>, and  
32  
33  
34 government responses to the pandemic are less stringent<sup>55</sup>; hence, the attitude of the  
35  
36  
37 Japanese population toward the vaccine and vaccine passports availability may differ from  
38  
39  
40 other countries. Therefore, intertemporal and cross-national evidence needs to be  
41  
42  
43 accumulated through further studies.  
44  
45  
46  
47  
48

## 49 **Conclusions**

51  
52 This study offers encouraging findings regarding the vaccination intentions of the  
53  
54  
55 Japanese people. Some individuals hesitate to get vaccinated against COVID-19 as the  
56  
57  
58 safety and side effects of the vaccine are a major concern; therefore, interventions to mitigate  
59  
60

1  
2  
3  
4 these concerns through appropriate and effective information campaigns may help reduce  
5  
6  
7 vaccine hesitancy. Additionally, the relaxation of public health restrictions, such as travel  
8  
9  
10 across prefectures, wearing face masks, and dining out at night, is effective in enhancing  
11  
12  
13 vaccine acceptance, particularly when citizens undergo these restrictions. To assist the  
14  
15  
16 progress toward herd immunity, the feasibility of vaccine passports needs to be sufficiently  
17  
18  
19 assessed by taking the ethical issues of the passports and public health impacts of the  
20  
21  
22 relaxation of restrictions into careful consideration.  
23  
24  
25  
26  
27

28 **Acknowledgements:** The authors thank Dr Rei Goto, Dr Hirotaka Kato, Mr Shingo Kasahara,  
29  
30  
31 Mr Tatsunari Miyayama, and Ms Tomomi Maeda at Keio University for their helpful feedback.  
32  
33  
34 The authors are grateful to Ms Haruka Umijima at Keio University for her administrative  
35  
36  
37 assistance when conducting the study.  
38  
39  
40  
41  
42

#### 43 **a. Contributorship statement**

44  
45  
46 Okamoto, Kamimura, and Komamura conceptualised the study and were engaged in the data  
47  
48  
49 collection. Okamoto and Kamimura conducted analyses, which were further refined and  
50  
51  
52 finalised by Okamoto. Komamura also provided critical comments to refine the analyses.  
53  
54  
55 Okamoto prepared a first draft, which was reviewed by Kamimura and Komamura.  
56  
57  
58  
59  
60

## b. Competing interests

The authors declare no conflicts of interest associated with this study.

## c. Funding

This research is supported in part by a Grant-in-Aid for JSPS Fellows (No. 20J00394), the Murata Science Foundation (No. Not Applicable), and the Research Centre for Financial Gerontology of Keio University (No. Not Applicable). However, none of them was involved in conceptualisation, design, data collection, analysis, the decision to publish, or preparation of the manuscript.

**d. Data sharing statement:** The data underlying this article cannot be shared publicly to maintain the anonymity of the study participants. The authors did not obtain consent from respondents to make the data open to the public. The full questionnaire used for the study is available from <https://github.com/sokamoto-github/COVID-19-vaccine-hesitancy-and-vaccine-passports>.

## References

1. Randolph HE, Barreiro LB. Herd Immunity: Understanding COVID-19. *Immunity* 2020;52(5):737-41. doi: 10.1016/j.immuni.2020.04.012 [published Online First: 2020/05/21]
2. MacDonald NE, Sage Working Group on Vaccine Hesitancy. Vaccine hesitancy: Definition, scope and determinants. *Vaccine* 2015;33(34):4161-4. doi: 10.1016/j.vaccine.2015.04.036 [published Online First: 2015/04/22]
3. Wang Q, Yang L, Jin H, et al. Vaccination against COVID-19: A systematic review and meta-analysis of acceptability and its predictors. *Prev Med* 2021;150:106694. doi: 10.1016/j.yjpm.2021.106694 [published Online First: 2021/06/26]
4. Robinson E, Jones A, Lesser I, et al. International estimates of intended uptake and refusal of COVID-19 vaccines: A rapid systematic review and meta-analysis of large nationally representative samples. *Vaccine* 2021;39(15):2024-34. doi: 10.1016/j.vaccine.2021.02.005 [published Online First: 2021/03/17]
5. Mathieu E, Ritchie H, Ortiz-Ospina E, et al. A global database of COVID-19 vaccinations. *Nat Hum Behav* 2021;5(7):947-53. doi: 10.1038/s41562-021-01122-8 [published Online First: 2021/05/12]
6. Bauch CT, Galvani AP, Earn DJ. Group interest versus self-interest in smallpox vaccination policy. *Proc Natl Acad Sci U S A* 2003;100(18):10564-7. doi: 10.1073/pnas.1731324100 [published Online First: 2003/08/16]
7. Chen F, Toxvaerd F. The economics of vaccination. *J Theor Biol* 2014;363:105-17. doi: 10.1016/j.jtbi.2014.08.003 [published Online First: 2014/08/12]
8. Al-Amer R, Maneze D, Everett B, et al. COVID-19 vaccination intention in the first year of the pandemic: A systematic review. *J Clin Nurs* 2021 doi: 10.1111/jocn.15951 [published Online First: 2021/07/07]
9. Troiano G, Nardi A. Vaccine hesitancy in the era of COVID-19. *Public Health* 2021;194:245-51. doi: 10.1016/j.puhe.2021.02.025 [published Online First: 2021/05/10]
10. Sallam M. COVID-19 Vaccine Hesitancy Worldwide: A Concise Systematic Review of Vaccine Acceptance Rates. *Vaccines (Basel)* 2021;9(2) doi: 10.3390/vaccines9020160 [published Online First: 2021/03/07]
11. Truong J, Bakshi S, Wasim A, et al. What factors promote vaccine hesitancy or acceptance during pandemics? A systematic review and thematic analysis. *Health Promot Int* 2021 doi: 10.1093/heapro/daab105 [published Online First: 2021/07/11]
12. Champion VL, Skinner CS. The health belief model. *Health behavior and health education: Theory, research, and practice* 2008;4:45-65.
13. Carico RR, Jr., Sheppard J, Thomas CB. Community pharmacists and communication in the time of COVID-19: Applying the health belief model. *Res Social Adm Pharm*

- 2021;17(1):1984-87. doi: 10.1016/j.sapharm.2020.03.017 [published Online First: 2020/04/06]
14. Cawley J, Ruhm CJ. Chapter Three - The Economics of Risky Health Behaviors<sup>11</sup>We thank the editors of this Handbook, Pedro Pita Barros, Tom McGuire, and Mark Pauly, for their feedback and helpful guidance. We also thank the other authors in this volume for their valuable feedback and comments at the Authors' Conference, and we are grateful to Abigail Friedman for transcribing the comments at that conference. In: Pauly MV, McGuire TG, Barros PP, eds. Handbook of Health Economics: Elsevier 2011:95-199.
15. Tsutsui Y, Benzion U, Shahrabani S, et al. A policy to promote influenza vaccination: a behavioral economic approach. *Health Policy* 2010;97(2-3):238-49. doi: 10.1016/j.healthpol.2010.05.008 [published Online First: 2010/06/15]
16. Poletti P, Tirani M, Cereda D, et al. Association of Age With Likelihood of Developing Symptoms and Critical Disease Among Close Contacts Exposed to Patients With Confirmed SARS-CoV-2 Infection in Italy. *JAMA Netw Open* 2021;4(3):e211085. doi: 10.1001/jamanetworkopen.2021.1085 [published Online First: 2021/03/11]
17. Menni C, Klaser K, May A, et al. Vaccine side-effects and SARS-CoV-2 infection after vaccination in users of the COVID Symptom Study app in the UK: a prospective observational study. *The Lancet Infectious Diseases* 2021;21(7):939-49. doi: 10.1016/s1473-3099(21)00224-3
18. Motta M. Can a COVID-19 vaccine live up to Americans' expectations? A conjoint analysis of how vaccine characteristics influence vaccination intentions. *Soc Sci Med* 2021;272:113642. doi: 10.1016/j.socscimed.2020.113642 [published Online First: 2021/01/09]
19. Jarrett C, Wilson R, O'Leary M, et al. Strategies for addressing vaccine hesitancy - A systematic review. *Vaccine* 2015;33(34):4180-90. doi: 10.1016/j.vaccine.2015.04.040 [published Online First: 2015/04/22]
20. Giles EL, Robalino S, McColl E, et al. The effectiveness of financial incentives for health behaviour change: systematic review and meta-analysis. *PLoS One* 2014;9(3):e90347. doi: 10.1371/journal.pone.0090347 [published Online First: 2014/03/13]
21. World Health Organization. Vaccines explained 2021 [Available from: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/covid-19-vaccines/explainers> accessed 2 September 2021.
22. Centers for Disease Control and Prevention. Myths and Facts about COVID-19 Vaccines 2021 [Available from: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/facts.html> accessed 2 September 2021.
23. Ashworth M, Thunstrom L, Cherry TL, et al. Emphasize personal health benefits to boost COVID-19 vaccination rates. *Proc Natl Acad Sci U S A* 2021;118(32) doi:

- 1  
2  
3 10.1073/pnas.2108225118 [published Online First: 2021/07/29]  
4  
5 24. Dai H, Saccardo S, Han MA, et al. Behavioural nudges increase COVID-19 vaccinations.  
6 *Nature* 2021 doi: 10.1038/s41586-021-03843-2 [published Online First: 2021/08/03]  
7  
8 25. Biesemans B. Lagging in COVID-19 vaccinations, Brussels takes vaccination campaign  
9 to shops. *Reuters* 2021 31 August 2021.  
10  
11 26. The Metropolitan Transportation Authority. Get your COVID-19 vaccine for free in subway  
12 and train stations 2021 [Available from: [https://new.mta.info/coronavirus/popup-](https://new.mta.info/coronavirus/popup-vaccination-stations)  
13 [vaccination-stations](https://new.mta.info/coronavirus/popup-vaccination-stations) accessed 2 September 2021].  
14  
15 27. Volpp KG, Cannuscio CC. Incentives for Immunity - Strategies for Increasing Covid-19  
16 Vaccine Uptake. *N Engl J Med* 2021;385(1):e1. doi: 10.1056/NEJMp2107719  
17 [published Online First: 2021/05/27]  
18  
19 28. Kreps S, Dasgupta N, Brownstein JS, et al. Public attitudes toward COVID-19  
20 vaccination: The role of vaccine attributes, incentives, and misinformation. *NPJ*  
21 *Vaccines* 2021;6(1):73. doi: 10.1038/s41541-021-00335-2 [published Online First:  
22 2021/05/16]  
23  
24 29. Kluver H, Hartmann F, Humphreys M, et al. Incentives can spur COVID-19 vaccination  
25 uptake. *Proc Natl Acad Sci U S A* 2021;118(36) doi: 10.1073/pnas.2109543118  
26 [published Online First: 2021/08/21]  
27  
28 30. Hall MA, Studdert DM. "Vaccine Passport" Certification - Policy and Ethical  
29 Considerations. *N Engl J Med* 2021 doi: 10.1056/NEJMp2104289 [published Online  
30 First: 2021/04/01]  
31  
32 31. Osama T, Razai MS, Majeed A. Covid-19 vaccine passports: access, equity, and ethics.  
33 *BMJ* 2021;373:n861. doi: 10.1136/bmj.n861 [published Online First: 2021/04/03]  
34  
35 32. de Figueiredo A, Larson HJ, Reicher SD. The potential impact of vaccine passports on  
36 inclination to accept COVID-19 vaccinations in the United Kingdom: Evidence from a  
37 large cross-sectional survey and modeling study. *EClinicalMedicine* 2021;40:101109.  
38 doi: 10.1016/j.eclinm.2021.101109 [published Online First: 20210909]  
39  
40 33. Eshun-Wilson I, Mody A, Tram KH, et al. Preferences for COVID-19 vaccine distribution  
41 strategies in the US: A discrete choice survey. *PLoS One* 2021;16(8):e0256394. doi:  
42 10.1371/journal.pone.0256394 [published Online First: 2021/08/21]  
43  
44 34. Porat T, Burnell R, Calvo RA, et al. "Vaccine Passports" May Backfire: Findings from a  
45 Cross-Sectional Study in the UK and Israel on Willingness to Get Vaccinated against  
46 COVID-19. *Vaccines (Basel)* 2021;9(8) doi: 10.3390/vaccines9080902 [published  
47 Online First: 20210814]  
48  
49 35. Bujang MA, Sa'at N, Sidik T, et al. Sample Size Guidelines for Logistic Regression from  
50 Observational Studies with Large Population: Emphasis on the Accuracy Between  
51 Statistics and Parameters Based on Real Life Clinical Data. *Malays J Med Sci*  
52 2018;25(4):122-30. doi: 10.21315/mjms2018.25.4.12 [published Online First:  
53  
54  
55  
56  
57  
58  
59  
60



20180830]

36. Nguyen KH, Srivastav A, Razzaghi H, et al. COVID-19 vaccination intent, perceptions, and reasons for not vaccinating among groups prioritized for early vaccination - United States, September and December 2020. *Am J Transplant* 2021;21(4):1650-56. doi: 10.1111/ajt.16560 [published Online First: 2021/04/01]
37. Nomura S, Eguchi A, Yoneoka D, et al. Reasons for being unsure or unwilling regarding intention to take COVID-19 vaccine among Japanese people: A large cross-sectional national survey. *Lancet Reg Health West Pac* 2021;14:100223. doi: 10.1016/j.lanwpc.2021.100223 [published Online First: 2021/08/10]
38. Centers for Disease Control and Prevention. Interim List of Categories of Essential Workers Mapped to Standardized Industry Codes and Titles 2021 [Available from: <https://www.cdc.gov/vaccines/covid-19/categories-essential-workers.html> accessed 9 September 2021.
39. Chandola T, Jenkinson C. Validating self-rated health in different ethnic groups. *Ethn Health* 2000;5(2):151-9. doi: 10.1080/713667451
40. Andrews G, Slade T. Interpreting scores on the Kessler Psychological Distress Scale (K10). *Aust N Z J Public Health* 2001;25(6):494-7. doi: 10.1111/j.1467-842x.2001.tb00310.x [published Online First: 2002/02/05]
41. Wakashima K, Asai K, Kobayashi D, et al. The Japanese version of the Fear of COVID-19 scale: Reliability, validity, and relation to coping behavior. *PLoS One* 2020;15(11):e0241958. doi: 10.1371/journal.pone.0241958 [published Online First: 2020/11/06]
42. Ahorsu DK, Lin CY, Imani V, et al. The Fear of COVID-19 Scale: Development and Initial Validation. *Int J Ment Health Addict* 2020:1-9. doi: 10.1007/s11469-020-00270-8 [published Online First: 2020/04/01]
43. Frederick S, Loewenstein G, O'donoghue T. Time Discounting and Time Preference: A Critical Review. *J Econ Lit* 2002;40(2):351-401. doi: 10.1257/jel.40.2.351
44. Meertens RM, Lion R. Measuring an Individual's Tendency to Take Risks: The Risk Propensity Scale. *J Appl Soc Psychol* 2008;38(6):1506-20. doi: 10.1111/j.1559-1816.2008.00357.x
45. Lusardi A, Mitchell OS. Baby Boomer retirement security: The roles of planning, financial literacy, and housing wealth. *Journal of Monetary Economics* 2007;54(1):205-24. doi: 10.1016/j.jmoneco.2006.12.001
46. Hainmueller J, Hopkins DJ, Yamamoto T. Causal Inference in Conjoint Analysis: Understanding Multidimensional Choices via Stated Preference Experiments. *Political Analysis* 2017;22(1):1-30. doi: 10.1093/pan/mpt024
47. Bridges JF, Hauber AB, Marshall D, et al. Conjoint analysis applications in health--a checklist: a report of the ISPOR Good Research Practices for Conjoint Analysis Task



- 1  
2  
3 Force. *Value Health* 2011;14(4):403-13. doi: 10.1016/j.jval.2010.11.013 [published  
4 Online First: 2011/06/15]  
5  
6 48. Ministry of Health, Labor and Welfare. About reports on the suspect of side effects 2021  
7 [Available from: [https://www.mhlw.go.jp/stf/newpage\\_19142.html](https://www.mhlw.go.jp/stf/newpage_19142.html) accessed 6 2021.  
8  
9 49. Schober P, Vetter TR. Repeated Measures Designs and Analysis of Longitudinal Data: If  
10 at First You Do Not Succeed-Try, Try Again. *Anesth Analg* 2018;127(2):569-75. doi:  
11 10.1213/ANE.0000000000003511 [published Online First: 2018/06/16]  
12  
13 50. Låg T, Bauger L, Lindberg M, et al. The Role of Numeracy and Intelligence in Health-Risk  
14 Estimation and Medical Data Interpretation. *Journal of Behavioral Decision Making*  
15 2014;27(2):95-108. doi: 10.1002/bdm.1788  
16  
17 51. Giuntella O, Hyde K, Saccardo S, et al. Lifestyle and mental health disruptions during  
18 COVID-19. *Proc Natl Acad Sci U S A* 2021;118(9) doi: 10.1073/pnas.2016632118  
19 [published Online First: 2021/02/12]  
20  
21 52. de Bekker-Grob EW, Swait JD, Kassahun HT, et al. Are Healthcare Choices Predictable?  
22 The Impact of Discrete Choice Experiment Designs and Models. *Value Health*  
23 2019;22(9):1050-62. doi: 10.1016/j.jval.2019.04.1924 [published Online First:  
24 2019/09/13]  
25  
26 53. de Bekker-Grob EW, Donkers B, Bliemer MCJ, et al. Can healthcare choice be predicted  
27 using stated preference data? *Soc Sci Med* 2020;246:112736. doi:  
28 10.1016/j.socscimed.2019.112736 [published Online First: 2019/12/31]  
29  
30 54. World Health Organization. WHO Coronavirus (COVID-19) Dashboard 2021 [Available  
31 from: <https://covid19.who.int> accessed 9 September 2021.  
32  
33 55. Hale T, Angrist N, Goldszmidt R, et al. A global panel database of pandemic policies  
34 (Oxford COVID-19 Government Response Tracker). *Nat Hum Behav* 2021;5(4):529-  
35 38. doi: 10.1038/s41562-021-01079-8 [published Online First: 2021/03/10]  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Figure legends

### Figure 1. Determinants of reasons for vaccine hesitancy: Demographic and socioeconomic factors

Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for the residential area with the population weight for each age group; To have sufficient variability for estimates, those aged 65 or older were categorised into one group; 'Side effects and safety' denote vaccine hesitancy due to (a) concern about side effects and safety of the vaccine, (b) plan to wait and see if it is safe and may get it later, or (c) concern that the vaccine is being developed too quickly; 'Vaccine mistrust' denote vaccine hesitancy due to (a) do not like vaccines, (b) the vaccine could give me COVID-19, or (c) the vaccine will not work.

### Figure 2. Determinants of reasons for vaccine hesitancy: Health-related and psychological/behavioural factors

Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for the residential area with the population weight for each age group; To have sufficient variability for estimates, those aged 65 or older were categorised into one group; 'Side effects and safety' denote vaccine hesitancy due to (a) concern about side effects and safety of the vaccine, (b) plan to wait and see if it is safe and may get it later, or (c) concern that the vaccine is being developed too quickly; 'Vaccine mistrust' denote vaccine hesitancy due to (a) do not like vaccines, (b) the vaccine could give me COVID-19, or (c) the vaccine will not work.

### Figure 3. Effectiveness of vaccine passport

Note: Estimates among individuals who were undecided and unwilling to get vaccinated (n= 1,518 for all age groups and n= 884 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Full results are available upon request.

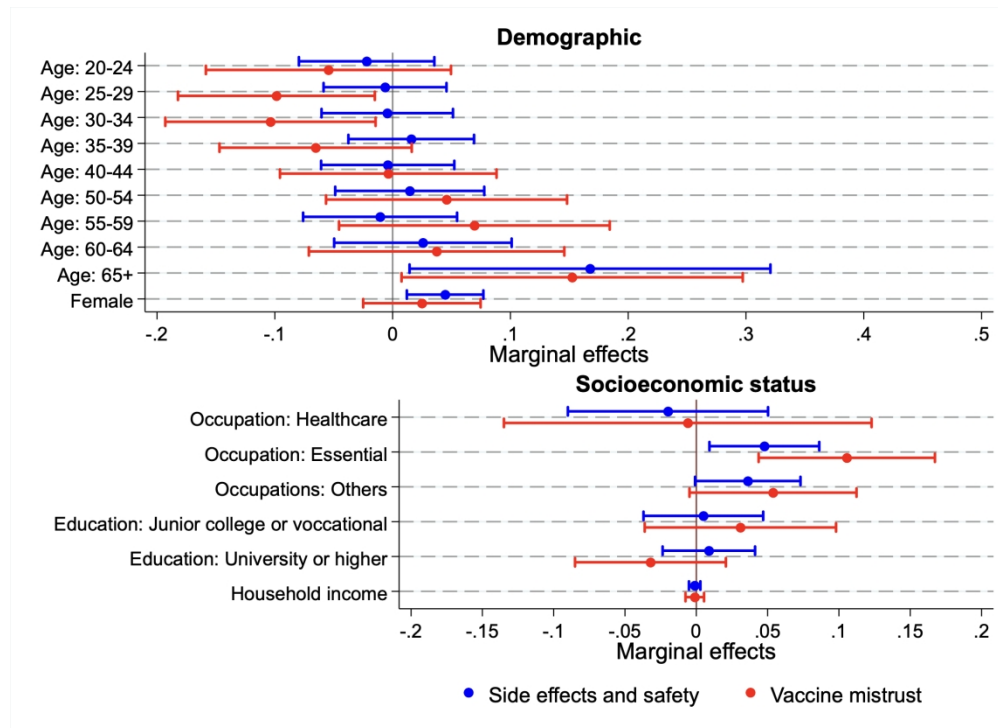


Figure 1. Determinants of reasons for vaccine hesitancy: Demographic and socioeconomic factors

Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for the residential area with the population weight for each age group; To have sufficient variability for estimates, those aged 65 or older were categorised into one group; 'Side effects and safety' denote vaccine hesitancy due to (a) concern about side effects and safety of the vaccine, (b) plan to wait and see if it is safe and may get it later, or (c) concern that the vaccine is being developed too quickly; 'Vaccine mistrust' denote vaccine hesitancy due to (a) do not like vaccines, (b) the vaccine could give me COVID-19, or (c) the vaccine will not work.

395x287mm (144 x 144 DPI)

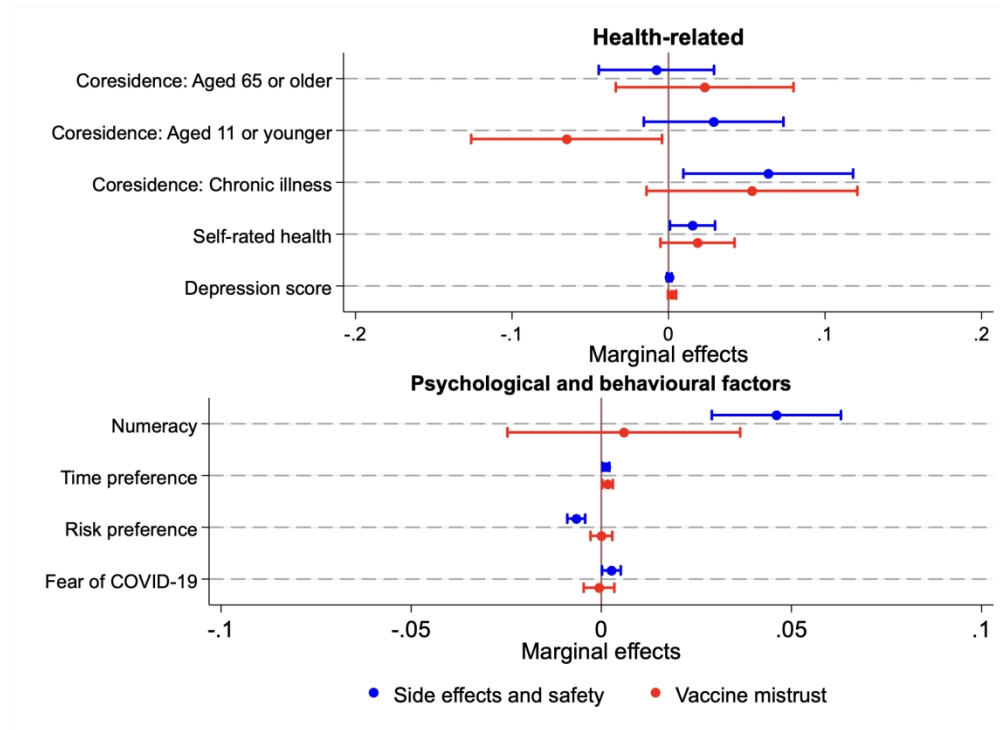


Figure 2. Determinants of reasons for vaccine hesitancy: Health-related and psychological/behavioural factors

Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for the residential area with the population weight for each age group; To have sufficient variability for estimates, those aged 65 or older were categorised into one group; 'Side effects and safety' denote vaccine hesitancy due to (a) concern about side effects and safety of the vaccine, (b) plan to wait and see if it is safe and may get it later, or (c) concern that the vaccine is being developed too quickly; 'Vaccine mistrust' denote vaccine hesitancy due to (a) do not like vaccines, (b) the vaccine could give me COVID-19, or (c) the vaccine will not work.

395x287mm (144 x 144 DPI)

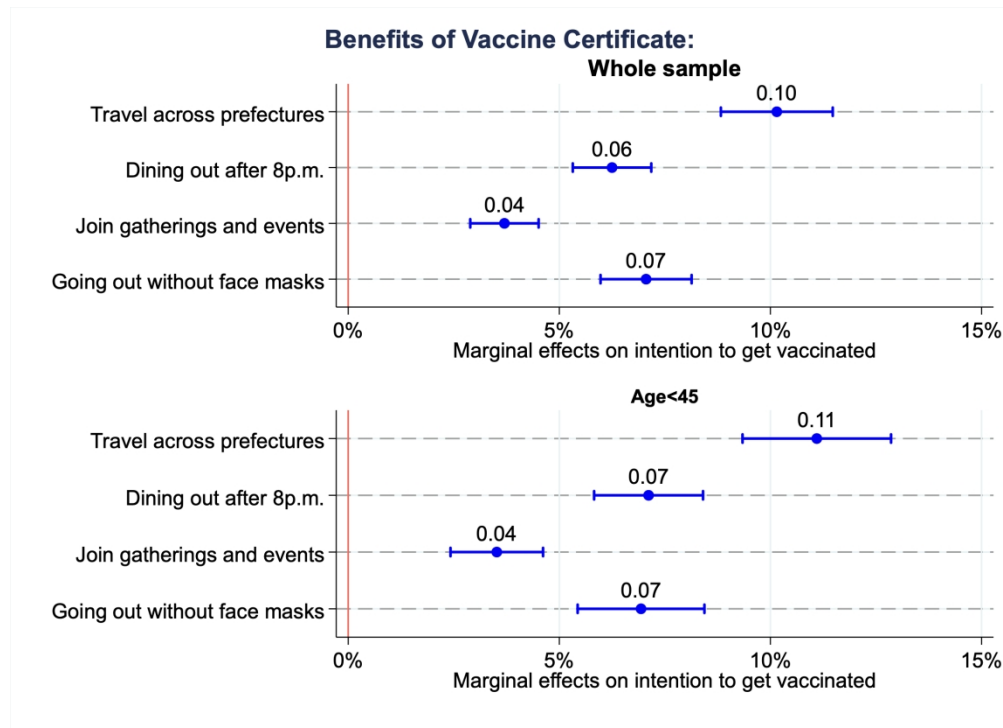


Figure 3. Effectiveness of vaccine passport

Note: Estimates among individuals who were undecided and unwilling to get vaccinated (n= 1,518 for all age groups and n= 884 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Full results are available upon request.

395x287mm (144 x 144 DPI)

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Supplementary Material for COVID-19 vaccine hesitancy and vaccine passports: A cross-sectional conjoint experiment in Japan

Shohei Okamoto<sup>\*1, 2, 3</sup>, Kazuki Kamimura<sup>3, 4</sup>, Kohei Komamura<sup>3, 5</sup>

<sup>1</sup> Research Team for Social Participation and Community Health, Tokyo Metropolitan Institute of Gerontology, Tokyo, Japan

<sup>2</sup> Institute for Global Health Policy Research, National Center for Global Health and Medicine, Tokyo, Japan

<sup>3</sup> Research Center for Financial Gerontology, Keio University, Tokyo, Japan

<sup>4</sup> Hirao School of Management, Konan University, Hyogo, Japan

<sup>5</sup> Faculty of Economics, Keio University, Tokyo, Japan

Corresponding author: Dr Shohei Okamoto, Research Team for Social Participation and Community Health, Tokyo Metropolitan Institute of Gerontology: 35-2 Sakae-cho, Itabashi-ku, Tokyo, Japan 1730015 (E-mail: [shohei@z2.keio.jp](mailto:shohei@z2.keio.jp))

### Contents

#### Appendix Tables:

Appendix Table A-1. Determinants of vaccine hesitancy

#### Appendix Figures:

Appendix Figure A-1. Determinants of reasons for vaccine hesitancy: Vaccine safety and side-effects

Appendix Figure A-2. Determinants of reasons for vaccine hesitancy: Vaccine mistrust

Appendix Figure A-3. Determinants of reasons for vaccine hesitancy: Other mistrust

Appendix Figure A-4. Determinants of reasons for vaccine hesitancy: Attitudes toward COVID-19

Appendix Figure A-5. Determinants of reasons for vaccine hesitancy: Health-related reasons

Appendix Figure A-6. Determinants of reasons for vaccine hesitancy: Other reasons

Appendix Figure A-7. Vaccine passport: Preference transitivity

Appendix Figure A-8. Vaccine passport: Separate analyses of those undecided and unwilling to get vaccinated

Appendix Figure A-9. Vaccine passport: Include those willing to get vaccinated

Appendix Figure A-10. Vaccine passport: Exclude uniform individuals

Appendix Figure A-11. Vaccine passport: Estimates by multilevel mixed-effects logistic regression

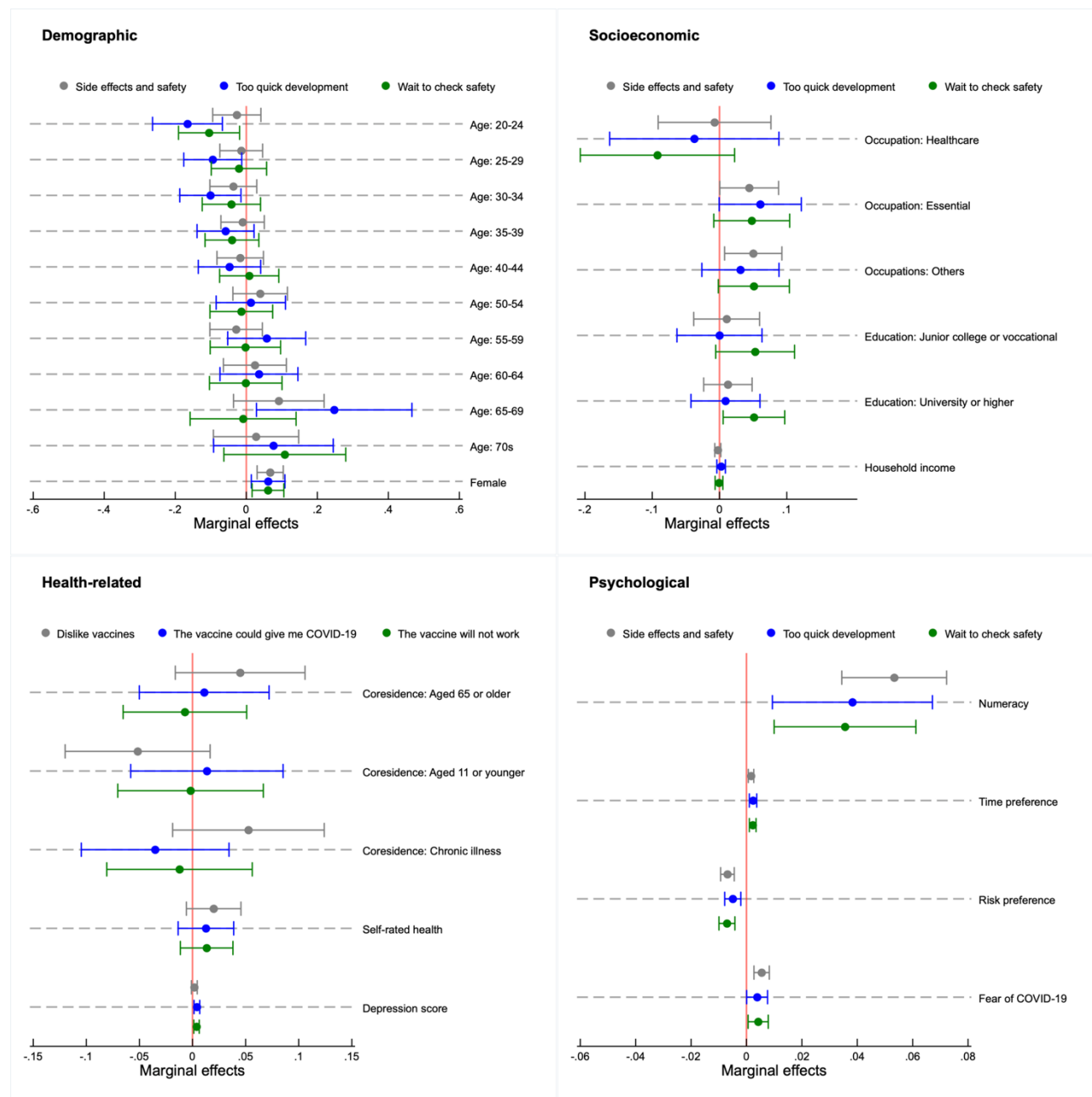
Appendix Table A-1. Determinants of vaccine hesitancy

Vaccine hesitancy	Will not get vaccinated		Undecided	
	Relative risk ratios	95%CI	Relative risk ratios	95%CI
Age (Ref. 45-49): 20-24	1.48	0.95 - 2.30	0.94	0.63 - 1.41
25-29	1.97**	1.36 - 2.85	1.83**	1.35 - 2.47
30-34	2.08**	1.40 - 3.09	1.47*	1.07 - 2.03
35-39	2.22**	1.55 - 3.18	1.63**	1.22 - 2.19
40-44	1.46	0.99 - 2.15	1.25	0.92 - 1.70
50-54	0.87	0.58 - 1.29	0.75	0.55 - 1.04
55-59	0.89	0.59 - 1.35	0.55**	0.38 - 0.78
60-64	0.53**	0.35 - 0.79	0.33**	0.23 - 0.47
65-69	0.24**	0.13 - 0.42	0.14**	0.08 - 0.23
70-74	0.30**	0.18 - 0.51	0.11**	0.07 - 0.20
Female	1.08	0.88 - 1.32	1.26**	1.06 - 1.51
Co-residence: Aged 65 or older	0.75*	0.60 - 0.95	0.91	0.74 - 1.11
Aged 11 or younger	0.68*	0.50 - 0.92	1.10	0.88 - 1.38
Chronic illness	0.53**	0.41 - 0.68	0.59**	0.47 - 0.73
Occupation: Healthcare worker	0.26**	0.16 - 0.43	0.20**	0.13 - 0.33
Other essential workers	0.56**	0.43 - 0.73	0.83	0.67 - 1.04
Other occupations	0.70**	0.55 - 0.89	0.88	0.71 - 1.09
Education: Junior college or vocational	0.82	0.63 - 1.07	0.87	0.69 - 1.10
University or higher	0.60**	0.48 - 0.75	0.74**	0.61 - 0.90
Household income	0.96*	0.94 - 0.99	0.94**	0.92 - 0.97
Self-rated health	0.79**	0.71 - 0.88	0.85**	0.78 - 0.92
K10 depression scale	1.01**	1.00 - 1.03	1.01	1.00 - 1.02
Statistical literacy	0.85**	0.75 - 0.96	1.05	0.94 - 1.17
Time preference	1.01*	1.00 - 1.01	1.01*	1.00 - 1.01
Risk preference	1.00	0.99 - 1.02	0.99	0.98 - 1.00
Fear of COVID-19	0.95**	0.93 - 0.97	0.99	0.98 - 1.01
Constant	3.01*	1.25 - 7.22	1.35	0.64 - 2.85
Observations		5,000		

Note: The outcome reference is 'Willing to get vaccinated or have already vaccinated'; \*\* p<0.01, \* p<0.05; 95% confidence intervals (CI) were estimated by robust standard errors; Adjusted for residential area with the population weight for each age group by region.



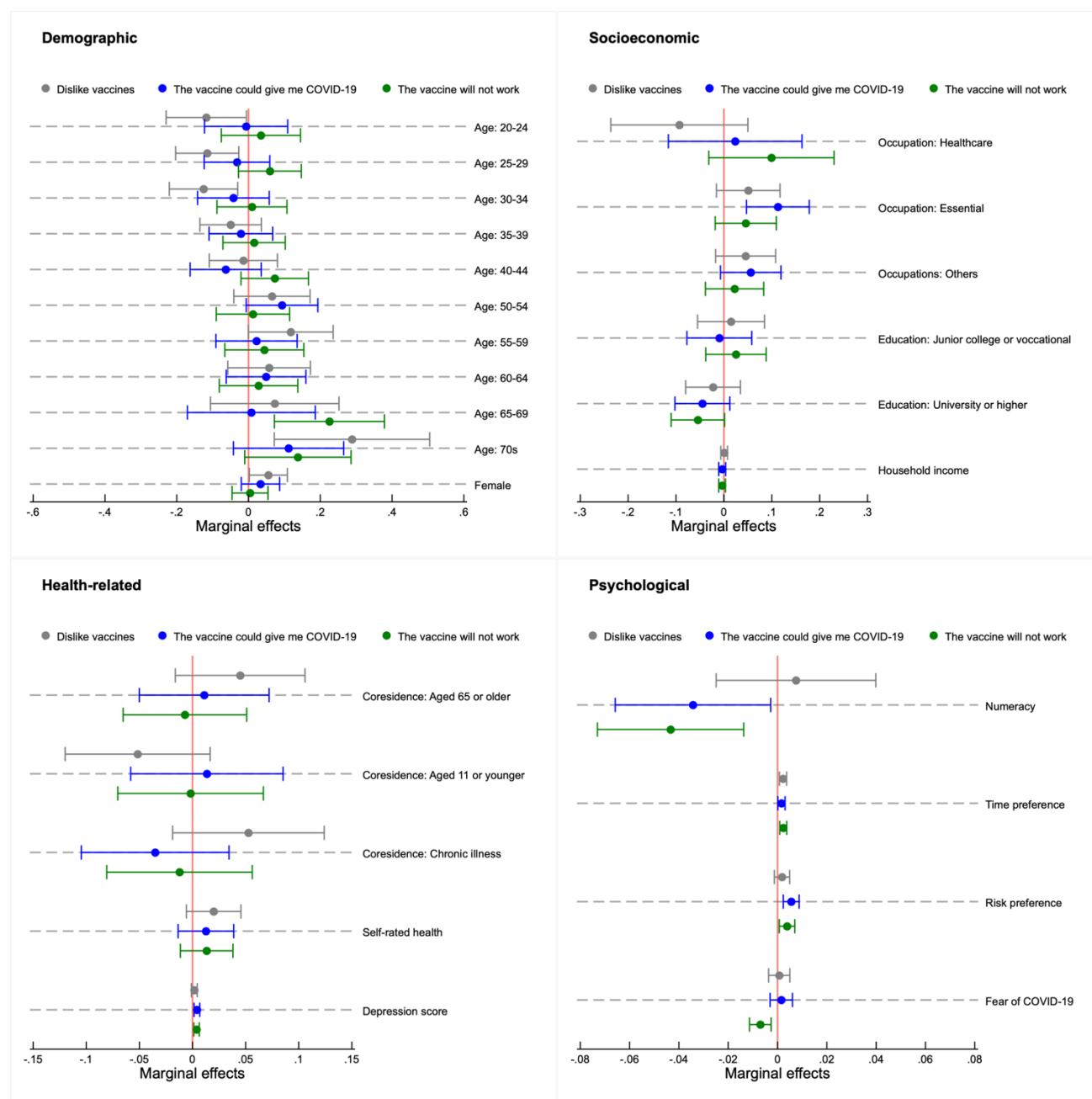
Appendix Figure A-1. Determinants of reasons for vaccine hesitancy: Vaccine safety and side effects



Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for the residential area with the population weight for each age group.

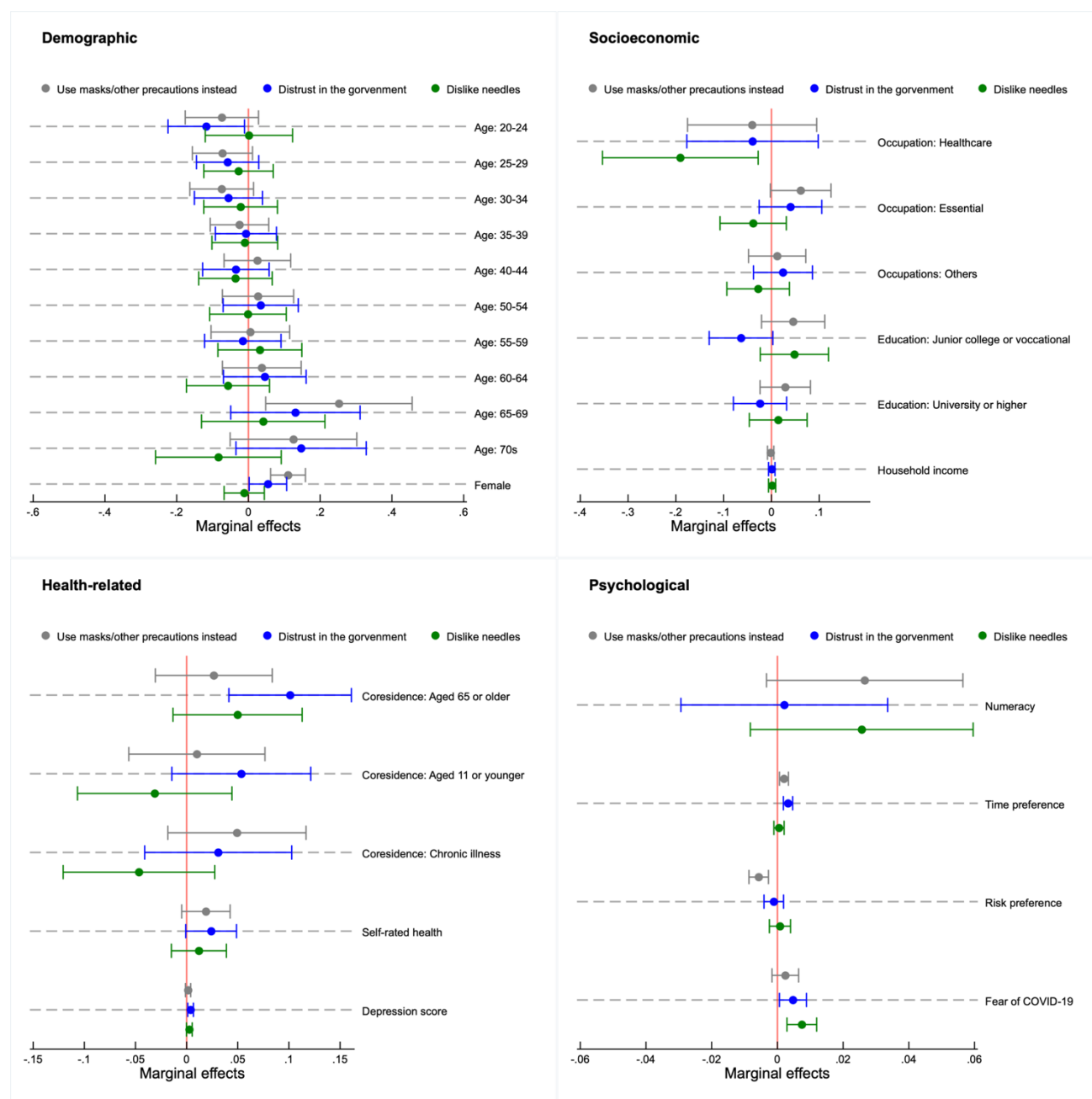


Appendix Figure A-2. Determinants of reasons for vaccine hesitancy: Vaccine mistrust



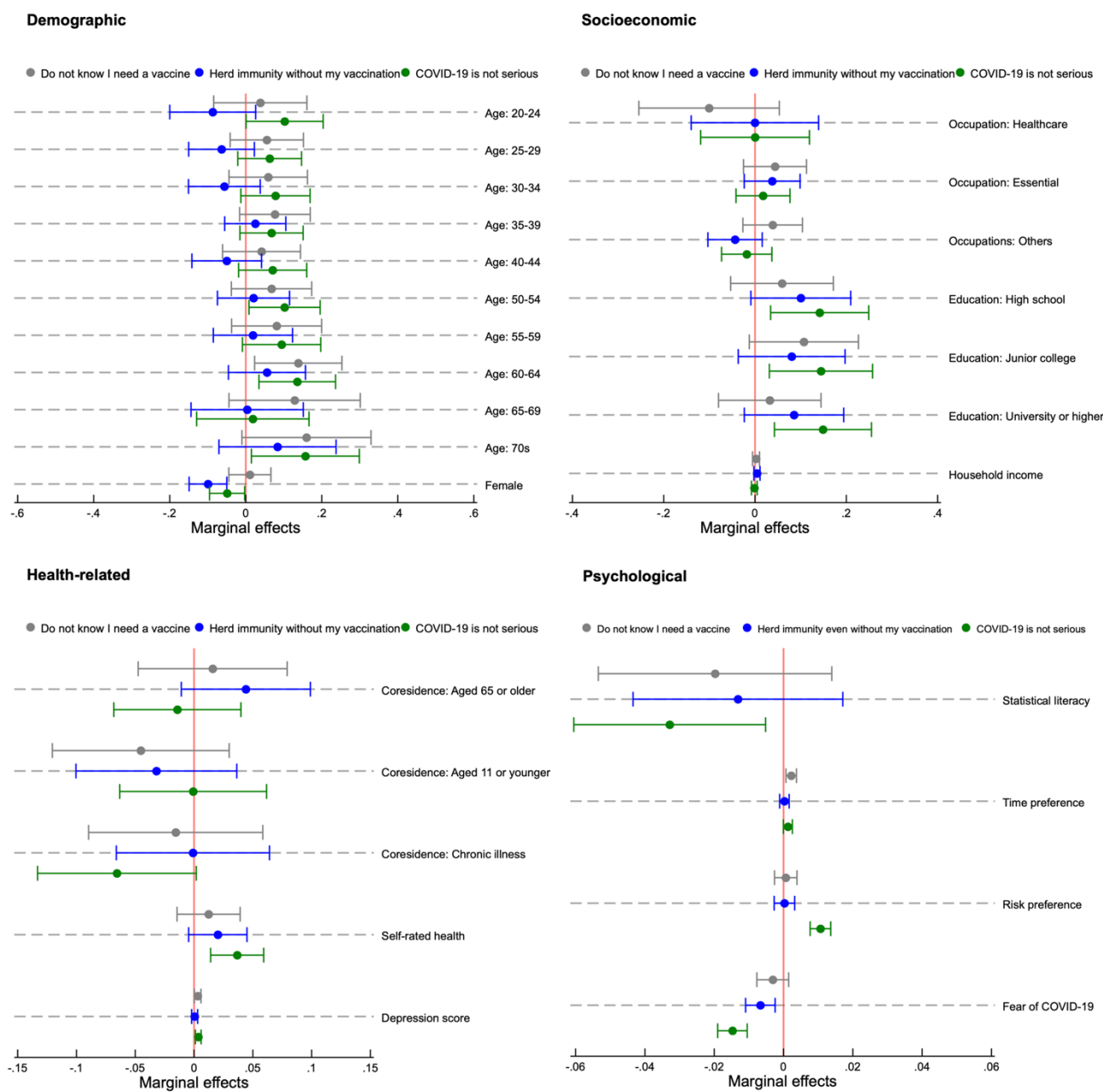
Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for the residential area with the population weight for each age group.

Appendix Figure A-3. Determinants of reasons for vaccine hesitancy: Other mistrust



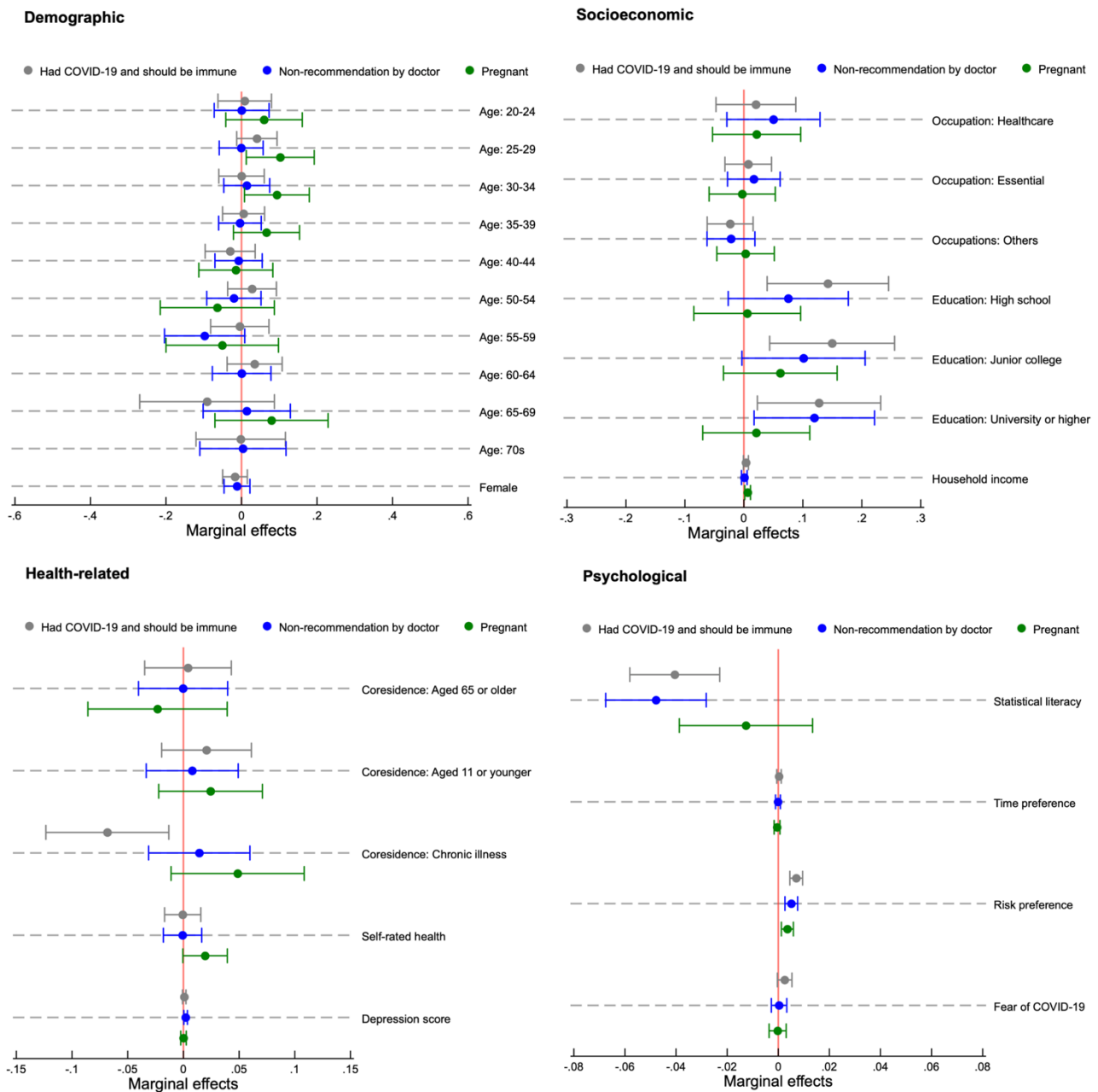
Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for the residential area with the population weight for each age group.

### Appendix Figure A-4. Determinants of reasons for vaccine hesitancy: Attitudes toward COVID-19



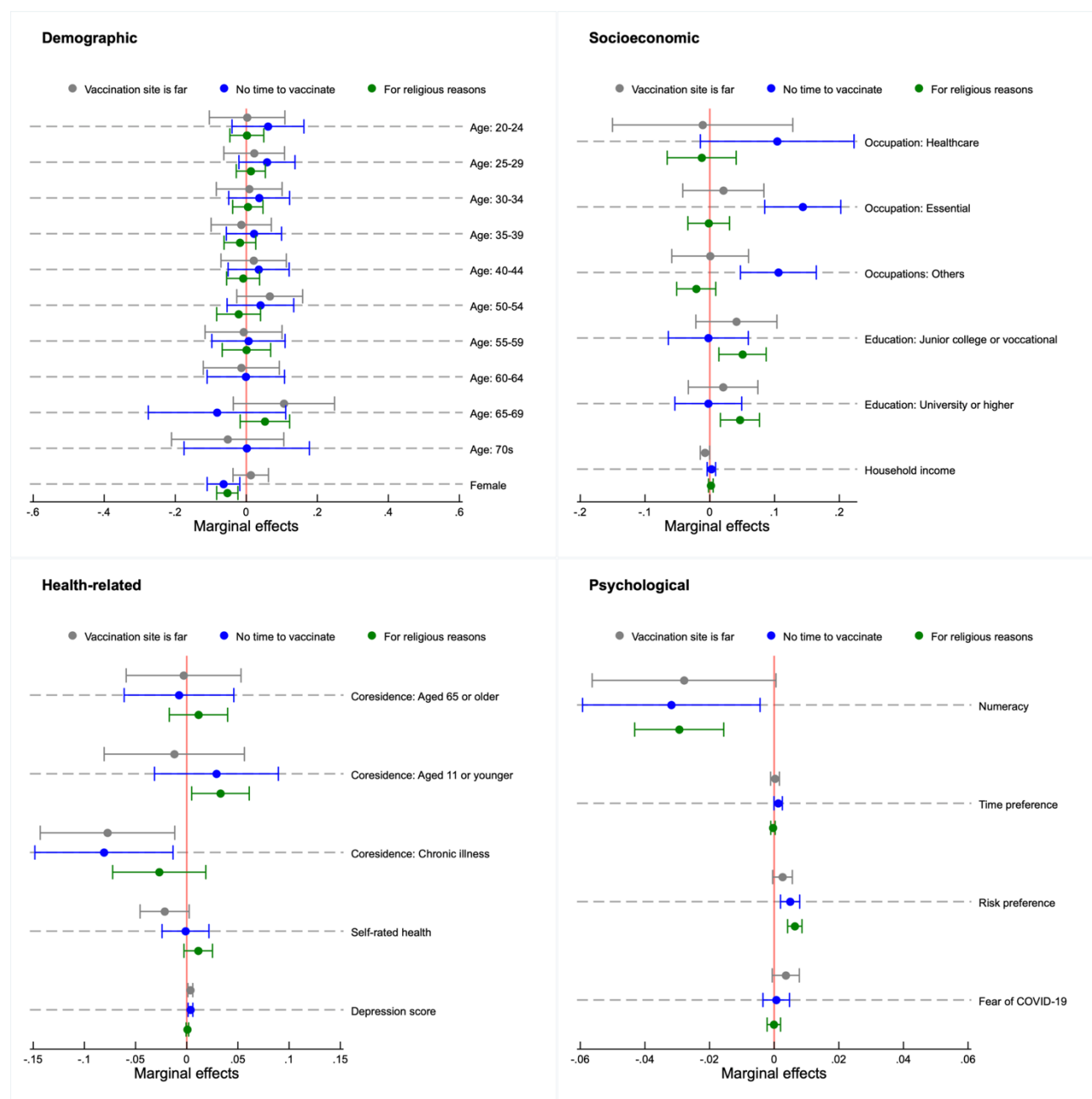
Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for residential area with the population weight for each age group;

Appendix Figure A-5. Determinants of reasons for vaccine hesitancy: Health-related reasons



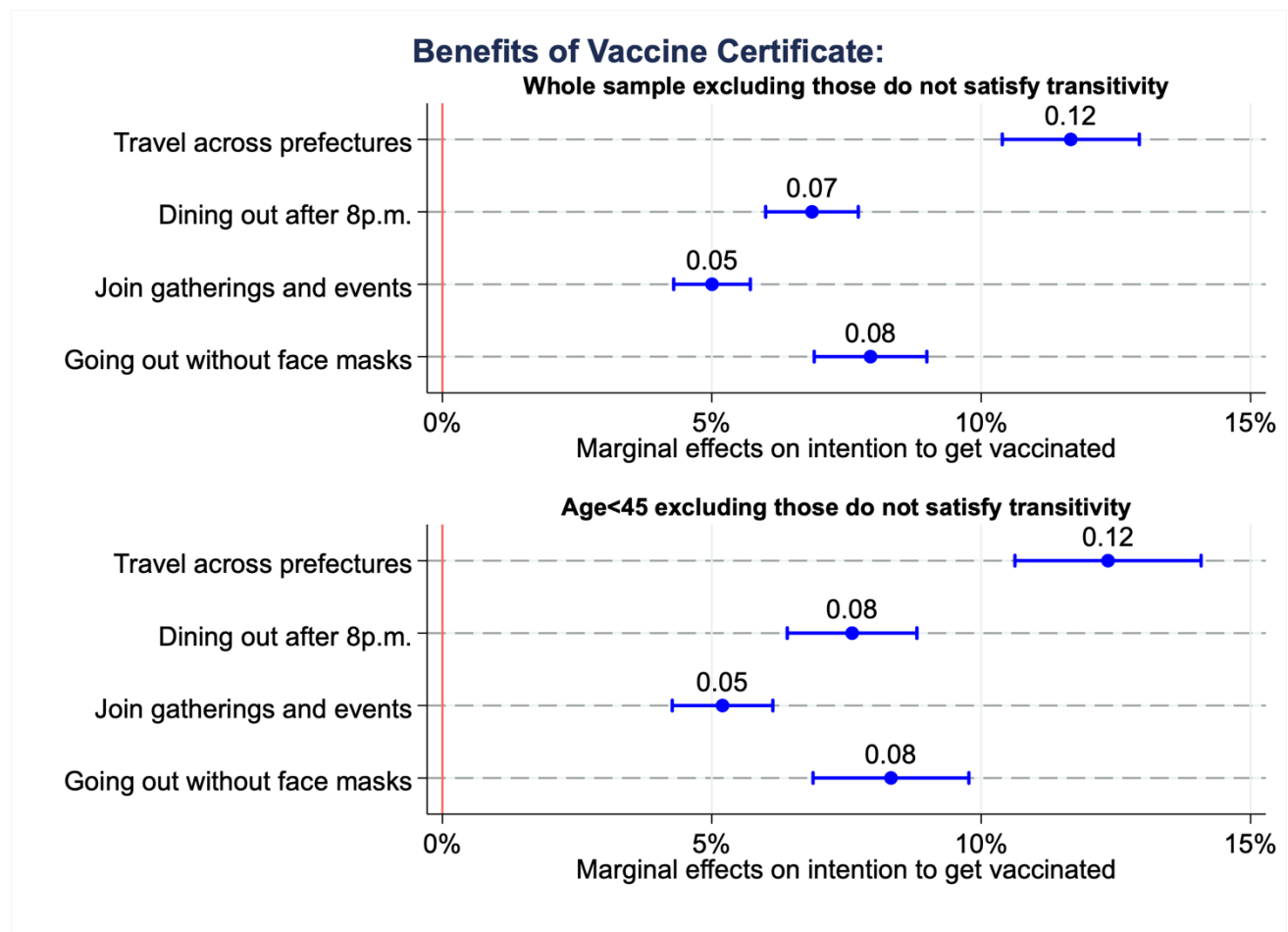
Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for residential area with the population weight for each age group;

Appendix Figure A-6. Determinants of reasons for vaccine hesitancy: Other reasons



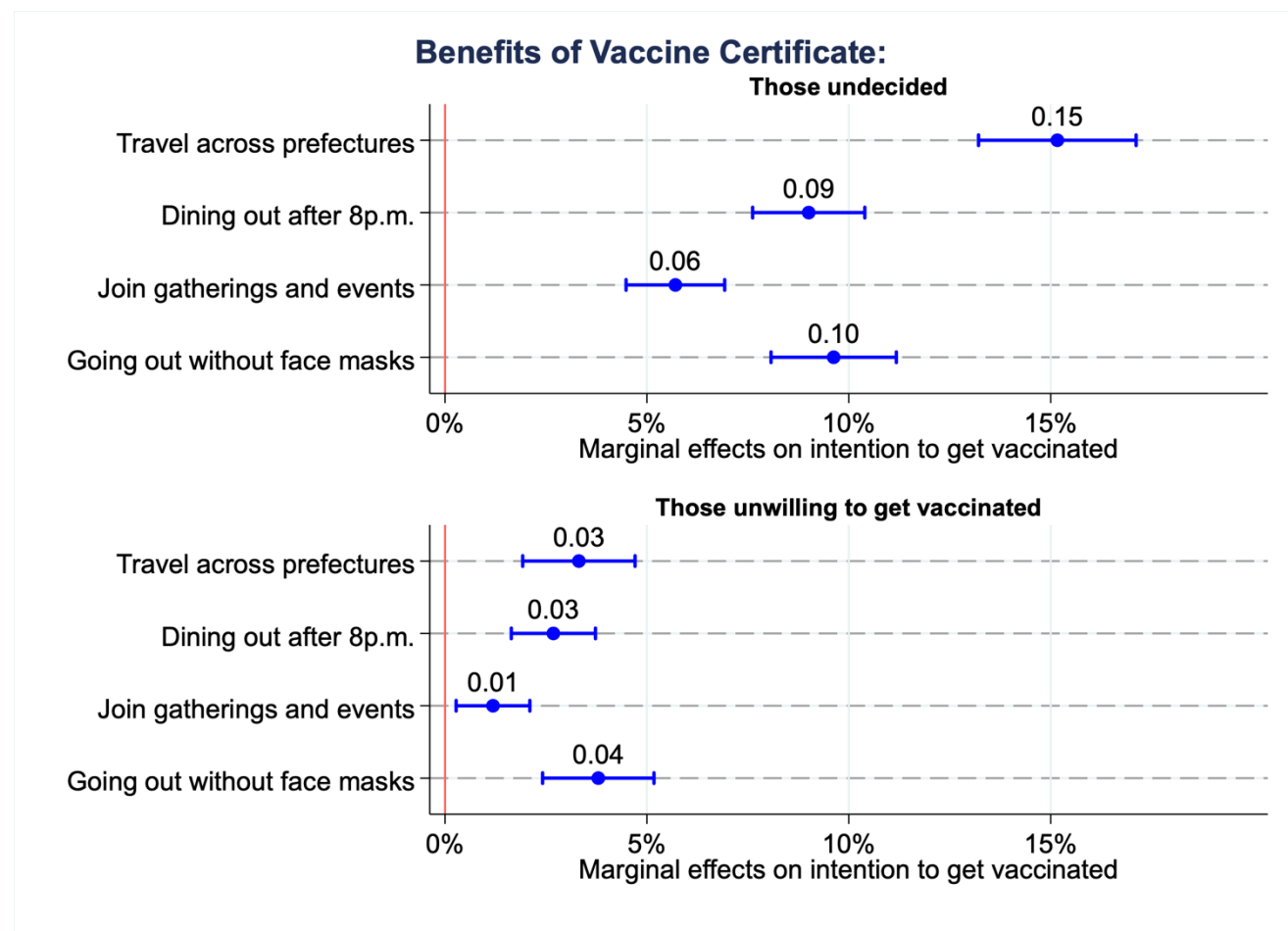
Note: Analyses among individuals who were undecided and unwilling to get vaccinated (n= 1,518); Markers represent marginal effects with error bars showing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Adjusted for residential area with the population weight for each age group;

Appendix Figure A-7. Vaccine passport: Exclude those with non-transitive preferences



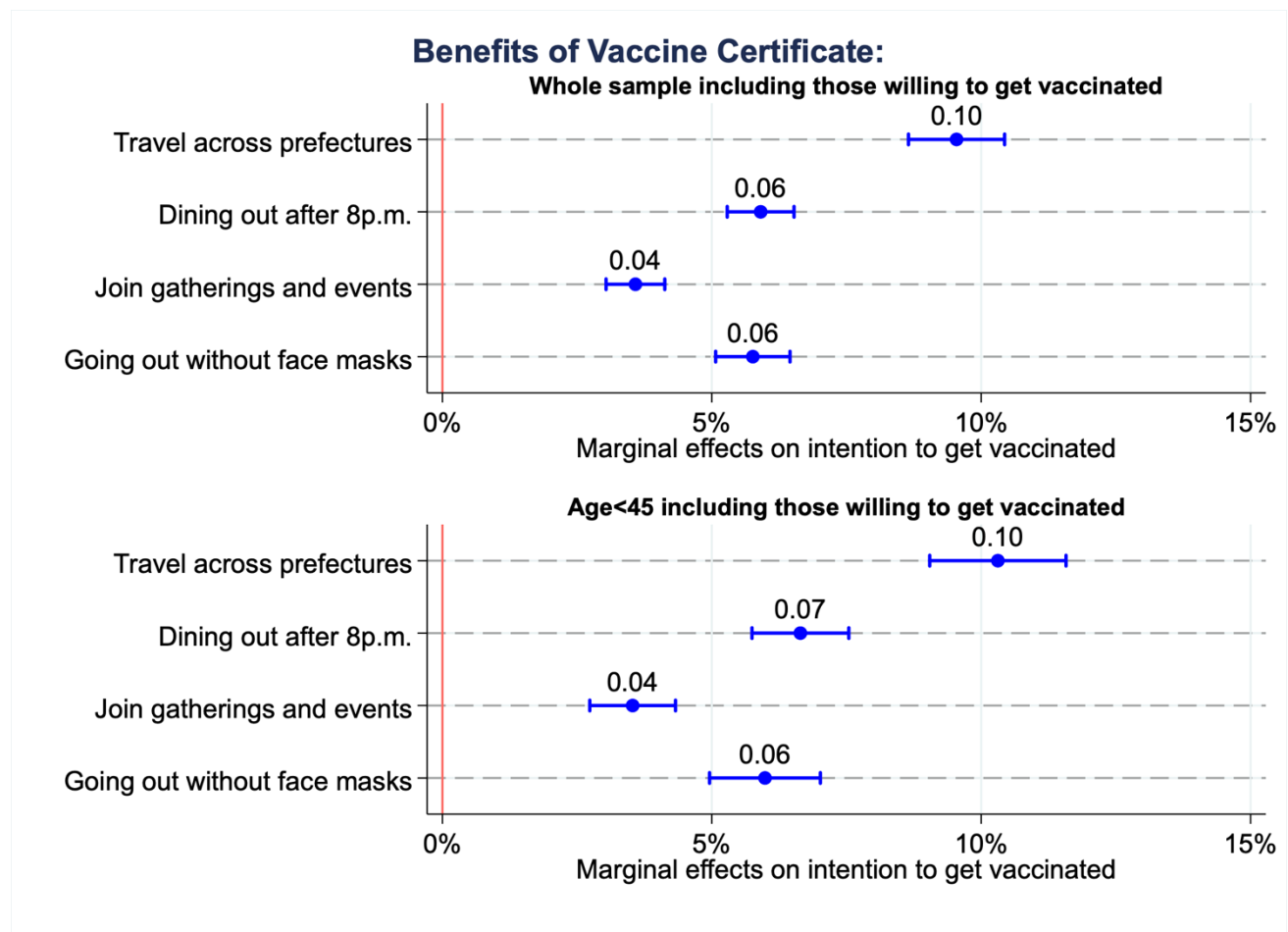
Note: Estimates among individuals who were undecided and unwilling to get vaccinated, excluding those who did not satisfy transitivity of the vaccine preference (n= 1,416 for all age groups and n= 815 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Full results are available upon request.

Appendix Figure A-8. Vaccine passport: Separate analyses of those undecided and unwilling to get vaccinated



Note: Estimates among individuals who were unwilling to get vaccinated ( $n = 894$  for those undecided to get vaccinated and  $n = 624$  for those unwilling to get vaccinated); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Full results are available upon request.

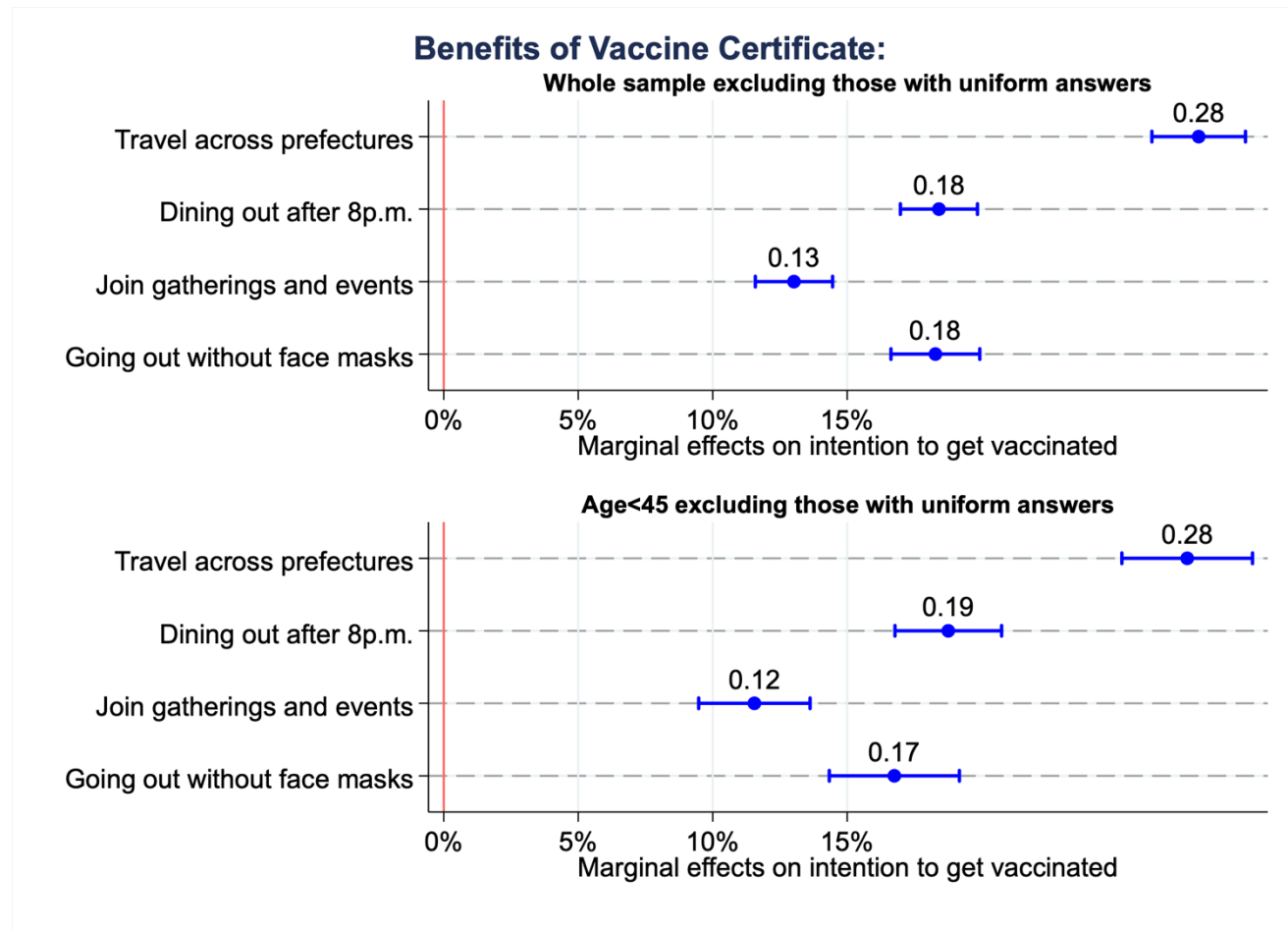
Appendix Figure A-9. Vaccine passport: Include those willing to get vaccinated



Note: Estimates among individuals who have not vaccinated yet, including 'Unwilling,' 'Undecided,' and 'Willing' (n= 3,171 for all age groups and n= 1,644 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Full results are available upon request.

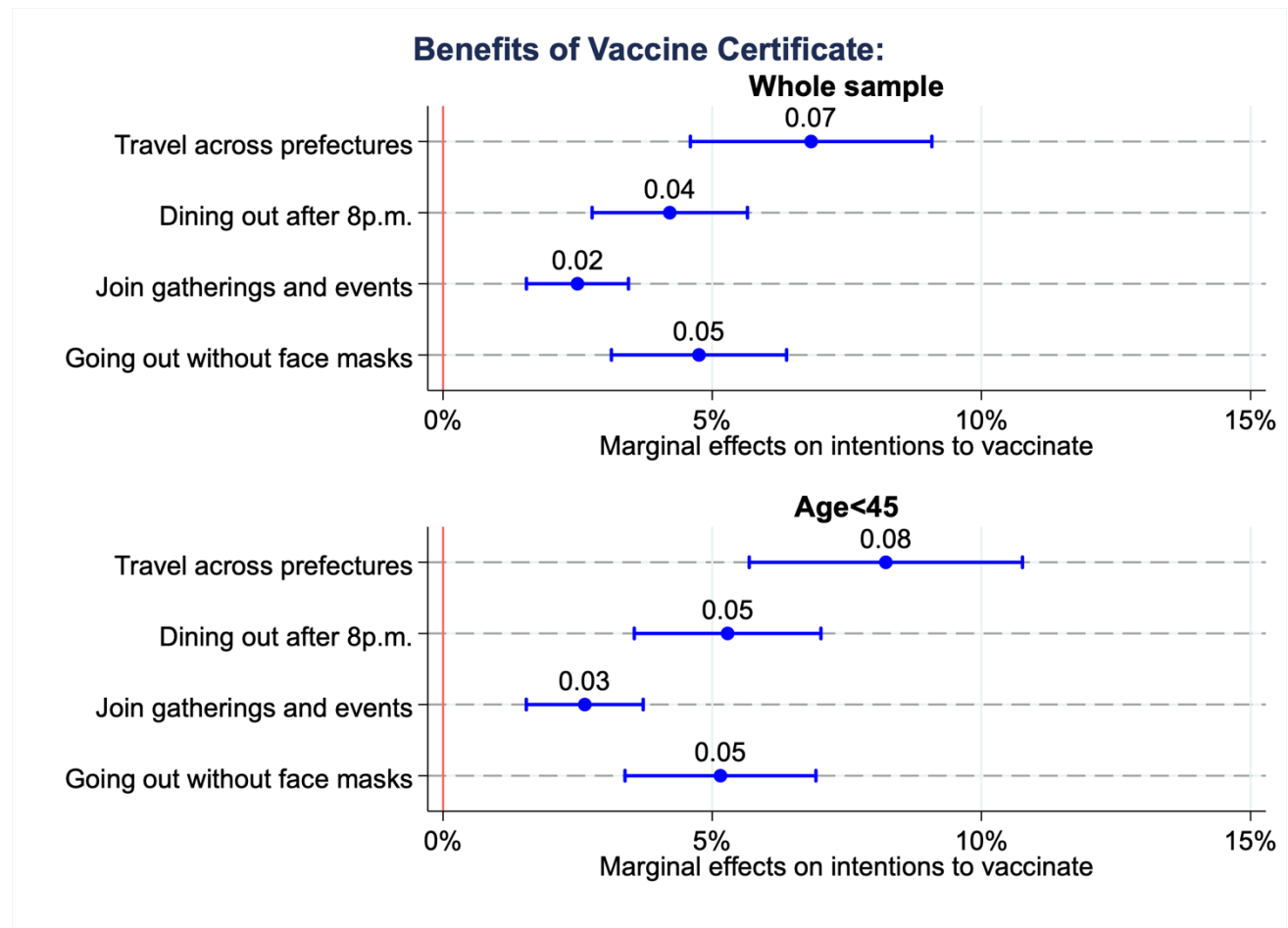


Appendix Figure A-10. Vaccine passport: Exclude uniform individuals



Note: Estimates among individuals who were undecided and unwilling to get vaccinated, excluding those who provided uniform answers regarding their vaccination intentions regardless of available options (n= 1,531 for all age groups and n= 754 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Full results are available upon request.

Appendix Figure A-11. Vaccine passport: Estimates by multilevel mixed-effects logistic regression



Note: Estimated by multilevel mixed-effects logistic regression with random intercepts by individuals among those who were undecided and unwilling to get vaccinated (n= 1,518 for all age groups and n= 884 for those aged 45 or younger); Adjusted for age, gender, co-resident family members, occupation, education, income, health status, statistical literacy, time preference, risk preference, fear of COVID-19, residential area, and vaccine attributes with the population weight for each age group by region; Values and markers are marginal effects with bars representing 95% confidence intervals estimated by robust standard errors; Marginal effects denote differences in the probability of being willing to get vaccinated; Full results are available upon request.

## STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation	Page No
<b>Title and abstract</b>	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	4
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	4
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	5-9
Objectives	3	State specific objectives, including any prespecified hypotheses	9
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	10
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	10
Participants	6	(a) <i>Cohort study</i> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants	10
		(b) <i>Cohort study</i> —For matched studies, give matching criteria and number of exposed and unexposed <i>Case-control study</i> —For matched studies, give matching criteria and the number of controls per case	NA
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	11, 12
Data sources/measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	10-12
Bias	9	Describe any efforts to address potential sources of bias	10
Study size	10	Explain how the study size was arrived at	10
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	11-14
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	13, 14
		(b) Describe any methods used to examine subgroups and interactions	13, 14
	(c) Explain how missing data were addressed	NA	
	(d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed <i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy	10	

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

(e) Describe any sensitivity analyses

14-  
17

Continued on next page

For peer review only

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	10
		(b) Give reasons for non-participation at each stage	NA
		(c) Consider use of a flow diagram	NA
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	14
		(b) Indicate number of participants with missing data for each variable of interest	NA
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	NA
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	NA
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	NA
		<i>Cross-sectional study</i> —Report numbers of outcome events or summary measures	14
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	15-18
		(b) Report category boundaries when continuous variables were categorized	NA
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	NA
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	15-18
<b>Discussion</b>			
Key results	18	Summarise key results with reference to study objectives	18-19
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	20, 21
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	18-20
Generalisability	21	Discuss the generalisability (external validity) of the study results	21
<b>Other information</b>			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	2

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at [www.strobe-statement.org](http://www.strobe-statement.org).