



TOPIC GUIDE: INTERVIEW WITH OLDER ADULTS

- **Participant profile**
 - Age, gender
 - Past occupation/present occupation and hobbies
 - Living situation
- **Daily routines**
 - What did a typical day look like before COVID-19?
 - What does a typical day during the COVID-19 lockdown period look like? What has changed?
- **Social network**
 - Are you part of a community/association/social group?
 - How often did you meet?
 - What was your role in this group?
 - With whom did/do you regularly keep in contact?
 - What ways of contact do you have? What different communication methods do you use now with your loved ones?
 - Many older adults express a sense of isolation during this lockdown. What is your view on that?
- **Understanding of COVID-19**
 - What are the current guidelines on COVID-19?
 - Have these shifted since the beginning of the outbreak?
 - Where do you get your information from?
 - Do you check your sources more frequently?
 - Who do you talk with the most about this?
- **Risk**
 - What is your interpretation of the term 'risk' with regards to COVID-19?
 - Who is at risk? What is risky behaviour?
 - Where do you get your information around 'risk'?
- **Decision-making**
 - When did you decide this was something serious?
 - When did you decide to self-isolate?
 - What does this look like for you?
 - What are the challenges of doing this?
 - How has this self-isolation and physical distancing affected your social networks (i.e. community groups, friends, family, caregivers)

- Do you regularly get phone calls from family/friends? Has this always been the case, or has it changed since COVID-19?
- **Vulnerability**
 - What do you think of the guidelines calling for older adults over 70 to self-isolate?
 - Do you feel 'vulnerable' – a term used by the UK government?
 - What are your views about the media reporting around COVID-19? What about the portrayal of risk attributed to older people?
 - Do you feel this accurately describes you and your peers?
- **Topics important to the participant**
 - Which topics have we not covered that are important around COVID-19?
- **Is there anything else you would like to add?**