I – Characteristics of the participating physicians

Sex:  Age:

Marital status:

Religion:

How many patients do you care for during the shift?

How long do you work in the ICU (years)?

Do you work in another hospital? [ ] No  [ ] Yes

Do you work solely in the private sector? ( ) No  ( ) Yes

Did you have conflicts in the last week?
   ( ) No conflicts  ( ) With family  ( ) With patients  ( ) With nurses
   ( ) Attending physician  ( ) with other professionals

How many night shifts did you work in the last week?

How many patients you cared for died in the last week?

How often do you participate in the decision-making to limit invasive measures?

How is your relationship with the multidisciplinar team?
   ( ) Bad  ( ) Regular  ( ) Good  ( ) Great

Have you considering quitting your job for demotivation in the last week?
   ( ) No  ( ) Yes

Do you have a good structure and/or Family life? [ ] No  [ ] Yes

How many work absences in the last month?

Did you had been diagnosed with COVID-19? [ ] No  [ ] Yes

Did someone in your Family has been infected by COVID-19? [ ] No  [ ] Yes

Did you lost someone close to the COVID-19? [ ] No  [ ] Yes
Day-to-day life impact of the pandemic

How the pandemic changed your day to day?

Insomnia
( ) Never ( ) Raramente ( ) algumas vezes ( ) Frequentemente ( )

Lack of appetite
( ) Never ( ) Rarely ( ) Sometimes ( ) Often ( ) Always

Overspending
( ) Never ( ) Rarely ( ) Sometimes ( ) Often ( ) Always

Irritability
( ) Never ( ) Rarely ( ) Sometimes ( ) Often ( ) Always

Decreased libido
( ) Never ( ) Rarely ( ) Sometimes ( ) Often ( ) Always

Fear of being infected
( ) Never ( ) Rarely ( ) Sometimes ( ) Often ( ) Always

Fear of infecting loved ones
( ) Never ( ) Rarely ( ) Sometimes ( ) Often ( ) Always

Consumption of tobacco
( ) No consume ( ) consumption equal to the period before the pandemic
( ) consumption increased after pandemic

Drinking of alcohol:
( ) No consume ( ) consumption equal to the period before the pandemic
( ) consumption increased after pandemic

Regular physical activity
[ ] Do not do ( ) practice similar to the period before the pandemic ( ) practice increased after pandemic

Psychotherapeutic or psychiatric treatment
[ ] Do not do [ ] Done previously [ ] Started after pandemic

Suicidal thoughts
( ) Never ( ) Rarely ( ) Sometimes ( ) Often ( ) Always
Burnout measurement - Maslach Burnout Inventory

For each statement, answer according to the frequency below:

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<tbody>
<tr>
<td></td>
<td>Never</td>
<td>Rarely</td>
<td>Sometimes</td>
<td>Often</td>
<td>Always</td>
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1) Feel emotionally drained from work.
2) Feel used up at the end of the workday.
3) Feel fatigued when get up in the morning.
4) Can easily understand patients’ feelings.
5) Treat patients as impersonal “objects”.
6) Working with people puts too much stress.
7) Deal effectively with the patients’ problems.
8) Feel burned out from work.
9) Feel positively influencing people's lives.
10) Become more callous toward people.
11) Worry that job is hardening emotionally.
12) Feel very energetic.
13) Feel frustrated by job.
14) Feel working too hard on the job.
15) Don’t really care what happens to patients.
16) Working with patients is a strain.
17) Can easily create a relaxed atmosphere.
18) Feel exhilarated after working with patients.
19) Have accomplished worthwhile things in job.
20) Feel like at the end of the rope.
21) Deal with emotional problems calmly.
22) Feel patients blame for their problems.