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# BMJ Open

## CHILDHOOD DEATHS, DEPRIVATION, AND MODIFIABLE FACTORS: FINDINGS FROM THE NATIONAL CHILD MORTALITY DATABASE

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## CHILDHOOD DEATHS, DEPRIVATION, AND MODIFIABLE FACTORS: FINDINGS FROM THE NATIONAL CHILD MORTALITY DATABASE

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**ABSTRACT**

**Objectives:** The aim of this analysis is to identify and report the patterns of social deprivation in relation to childhood mortality; and identify potential points where public health, social and education interventions or health policy may be best targeted.

**Design:** Decile of deprivation and underlying population distribution was derived using Office for National Statistics (ONS) data. The risk of death was then derived using a Poisson regression model, calculating the increasing risk of death for each increasing deprivation decile.

**Setting:** England

**Participants:** 2688 childhood deaths in England reviewed between the April 2019 and March 2020.

**Main Outcome Measures:** The relationship between deprivation and risk of death; for deaths with, and without modifiable factors.

**Results:** There was evidence of increasing mortality risk with increase in deprivation decile (RR 1.08 (1.07 to 1.10)), with the gradient of risk stronger in children who died with modifiable factors than those without (RR 1.12 (1.09 to 1.15)) vs (RR 1.07 (1.05 to 1.08)). Deprivation sub-domains of Employment, Adult Education, Barriers to Housing and Services, and Indoor Living Environments appeared to be the most important predictors of child mortality

**Conclusions:** There is a clear gradient of increasing child mortality across England as measures of deprivation increase; with a striking finding that this varied little by area, age or other demographic factor. Over a fifth of all child deaths may be avoided if the most deprived half of the population had the same mortality as the least deprived. Children dying in more deprived areas may have a greater proportion of avoidable deaths. Adult employment and education, and improvements to housing, may be the most efficient place to target resources to reduce these inequalities.

## BACKGROUND

The death of every child is a devastating loss that profoundly affects bereaved parents as well as siblings, grandparents, extended family members, friends and professionals. The evidence relating to social deprivation and death is strongest for infant mortality however the effects appear measurable across the life course.[1] A systematic review examining the relationship between social factors and early childhood health and developmental outcomes provides strong evidence that factors such as neighbourhood deprivation, lower parental income, unemployment and educational attainment, lower occupational social class, heavy physical occupational demands, lack of housing tenure, and material deprivation in the household are all independently associated with a wide range of adverse health outcomes.[2]

We know that early child development plays a major role in affecting future life chances and health throughout the life course[3] with adverse exposures having greater impacts on younger children[4]. While initiatives have been proposed to reduce the impact of deprivation on health[5]; babies, children, and young people remain the most vulnerable in society. Currently England has one of the highest infant mortality rates in Europe[6,7] and while much of the variation may be due to socioeconomic factors[8], it is clear that since infant mortality among the most deprived groups continues to rise[9], effective policies and other interventions are either lacking or have not been successfully implemented. While the COVID pandemic continues to impact delivery of social and healthcare programs across the world, the longer term impact on economies and social and healthcare budgets is likely to be substantial, and social inequalities even in developed nations, may worsen.

The National Child Mortality Database (NCMD) Programme was established in 2018 to collate and analyse data about all children in England who die before their 18<sup>th</sup> birthday, with statutory death notifications required within 48 hours[10]. The data are collated from the 58 Child Death Overview Panels (CDOPs) in England who carry out detailed analysis of the circumstances of death and identify the modifiable contributory factors relevant to the death as part of the child death review (CDR) process with the aim of identifying common themes to guide learning and inform actions to reduce future child deaths.[11] The CDR process is statutory, with the Children Act 2004 mandating the review and analysis of all child deaths so the circumstances of death that relate to the welfare of children locally and nationally, or to public health and safety, are identified and understood, and preventive actions established. This work is based on the NCMD Programme's first thematic report[12].

### Aims

The aim of this analysis is to identify and report the patterns of social deprivation, and modifiable factors in relation to childhood mortality, and identify potential intervention points and high risk groups where public health, social and education, or health policy may be best targeted.

## METHODS

Three external sources of data were linked to the child death review data using the smallest geographical level of the deprivation index (the Lower Super Output Area (LSOA)). This allowed further estimation of the population estimates of age and sex[13], its rural (Rural town and fringe, Rural village) or urban (Urban city and town, Urban major conurbation) status[14] and its location in England (East Midlands, East of England, London, North East, North West, South East, South West, West Midlands, Yorkshire and the Humber)[15]

### Exploratory Variables

For the primary exploratory analysis variables of interest were:

- Age of death (age as a continuous measure) then coded for analysis and presentation as <1 year, 1-4 years, 5-9 years, 10-14 years and 15-17 years).
- Sex (male, female, or missing (including “indeterminate”, “not known”, “N/A”, “NULL” etc)).
- Area of residence: Urban vs Rural[15]
- Region of England.
- Ethnicity was coded as White, Asian or British Asian, Black or British Black, Mixed or Other.

### Specific Detailed Data from Child Death Review Process

The CDOP is responsible for identifying any modifiable factors in relation to the child’s death. Modifiable factors are those which may have contributed to the death of the child and which might, by means of a locally or nationally achievable intervention, be modified to reduce the risk of future deaths. Factors identified by the CDOP were further classified as:

- Characteristics of the child (e.g. loss of key relationships, risk taking behaviour, comorbidity, prematurity, congenital anomaly, learning disability, eating disorder, suicidal ideation or previous suicide attempt)
- Social Environment (e.g. abuse, parenting, consanguinity, financial pressures/hardship)
- Physical Environment (e.g. animal attack, homicide, vehicle related deaths, safety within the home, unsafe infant sleeping practices, and public equipment)
- Service Provision (e.g. gaps in service provision, failure to follow guidelines, poor communication, staffing issues and bed occupancy)

Category of death was allocated by the CDOP while reviewing the case and was categorised as; Acute Medical and Surgical, Congenital Anomalies, Chronic Medical, Deliberately inflicted injury, Infection, Malignancy, Perinatal, Sudden Unexplained Death in Childhood (SUDIC), Suicide or deliberate self-inflicted harm or Trauma.

### Analysis

Initially the characteristics of all child deaths reviewed between April 2019 and March 2020 were derived, stratified by the available covariates (listed above). Next we derived the proportion of deaths in each deprivation decile. Evidence of any trend in proportions by increasing deprivation decile were tested using a nonparametric test for trend across ordered groups[16]. This was then repeated for each category of death.

Second, to assess any association between deprivation and the risk of death, the population distribution was derived using ONS data for each LSOA producing a dataset with the predicted numbers of children of each age, sex, rural/urban status and region. The risk of death was then derived using a Poisson regression model, calculating the increasing risk of death for each increasing deprivation decile, with the model then adjusted for the other known underlying population characteristics or possible confounders (sex, age, rural/urban area and region). Lastly both the unadjusted and adjusted model were repeated for each reported category of death and tested (using the likelihood ratio test) to assess if the association between deprivation measures and overall mortality was modified by sex, age category, region or rural/urban status. Finally for overall mortality a separate model was derived for those children in the lowest five vs the highest five deciles of deprivation, and used to estimate the population attributable risk fraction for those children living in the most deprived five deciles.

Next, to interrogate the possible causes we initially derived the number, proportion and evidence of trend[16] of modifiable factors identified at the CDOP review across each deprivation decile. We then calculated the increasing risk of death for each increasing deprivation decile separately for those deaths with, or without, modifiable factors identified. The analyses were repeated, stratified by the sub-categories of modifiable factors, and by the category of death.

## Role of Funding Source

NHS England provided additional funding to the NCMD to enable rapid set up of the real-time surveillance system and staff time to support its function.

## Patient and public involvement

Parent and public involvement is at the heart of the NCMD programme. We are indebted to Charlotte Bevan (Sands - Stillbirth and Neonatal Death Charity), Therese McAlorum (Child Bereavement UK) and Jenny Ward (Lullaby Trust), who represent bereaved families on the NCMD programme steering group.

## RESULTS

A total of 2688 childhood deaths were reviewed by CDOPs between April 2019 and March 2020 and linked to deprivation measures (Table 1).

**Table 1. Characteristics of the populations of child deaths reviewed by CDOPs in England during 2019/2020**

Measure	N	Child deaths reviewed 2019/2020
<b>All Deaths</b>	2688	-
<b>Age of Death</b>	2688	
<1 year		1675 (62.3%)
1-4 Years		322 (12.0%)
5-9 Years		211 (7.9%)
10-14 Years		227 (8.4%)
15-17 Years		253 (9.4%)
<b>Sex</b>	2670	
Male		1505 (56.4%)
Female		1165 (43.6%)
<b>Area of residence</b>	2688	
Rural		328 (12.2%)
Urban		2360 (87.8%)
<b>Ethnicity</b>	2390	
White		1554 (65.0%)
Asian or British Asian		427 (17.9%)
Black or British Black		188 (7.9%)
Mixed		136 (5.7%)
Other		85 (3.6%)
<b>Region of residence</b>	2688	
East Midlands		214 (8.0%)
East of England		211 (8.2%)
London		473 (17.6%)
North East		109 (4.1%)
North West		362 (13.5%)
South East		336 (12.5%)
South West		232 (8.6%)
West Midlands		400 (12.9%)
Yorkshire and the Humber		341 (12.7%)



The most common age at death was less than 1 year (62.3%) and more boys than girls died (56.5 vs 43.6% respectively). The majority lived in areas defined as urban (87.8%) and most were of a white ethnic background (65.0%). Deaths were more common in children in the most deprived deciles (Table 2) ( $p=0.003$ ).

**Table 2. Deaths by deprivation decile, stratified by the category of death and patient characteristics of child deaths**

Measure	Deprivation Decile					Median (IQR)	P <sub>trend</sub>
	1/2 N (%) (Least Deprived)	3/4 N (%)	5/6 N (%)	7/8 N (%)	9/10 N (%) (Most Deprived)		
All Deaths	293 (10.9%)	383 (14.2%)	476 (17.7%)	644 (24.0%)	892 (33.2%)	7 (4-9)	0.003
<b>Category of Death</b>							
Acute Medical and Surgical	22 (12.9%)	30 (17.5%)	28 (16.4%)	46 (27.0%)	45 (26.3%)	7 (4-9)	0.017
Congenital Anomalies	60 (9.0%)	71 (10.7%)	117 (17.6%)	147 (22.1%)	270 (40.6%)	7 (5-9)	0.003
Chronic Medical	15 (11.2%)	16 (11.9%)	30 (22.4%)	31 (23.1%)	42 (31.3%)	7 (5-9)	0.006
Deliberately inflicted injury	8 (13.1%)	8 (13.1%)	8 (13.1%)	16 (26.2%)	21 (34.4%)	8 (4-9)	0.025
Infection	23 (13.4%)	15 (8.7%)	25 (14.5%)	54 (31.4%)	55 (32.0%)	7 (5-9)	0.021
Malignancy	38 (18.1%)	41 (19.5%)	42 (20.0%)	36 (17.1%)	53 (25.2%)	5 (3-8)	0.326
Perinatal	74 (8.8%)	128 (15.1%)	152 (18.0%)	223 (26.4%)	268 (31.7%)	7 (4-9)	0.006
SUDIC	17 (8.0%)	30 (14.2%)	44 (20.8%)	48 (22.6%)	73 (34.4%)	7 (4-9)	0.003
Suicide or deliberate self-inflicted harm	19 (18.6%)	20 (19.6%)	17 (16.7%)	18 (17.7%)	28 (27.5%)	6 (3-9)	0.296
Trauma	17 (14.7%)	24 (20.7%)	13 (11.2%)	25 (21.6%)	37 (31.9%)	7 (3-9)	0.038

When looking at the categories of death, deaths due to acute medical or surgical disease ( $p=0.017$ ), congenital anomalies ( $p=0.003$ ), chronic medical ( $p=0.006$ ), deliberate inflicted injury ( $p=0.025$ ), infection ( $p=0.021$ ), perinatal ( $p=0.006$ ), SUDIC ( $p=0.003$ ) and trauma ( $p=0.038$ ) appeared to be associated with increasing deprivation. There was little evidence of an association between increasing deprivation and deaths from malignancy ( $p=0.326$ ) or suicide or deliberate self-inflicted harm ( $p=0.296$ ).

When estimating the relative risk of death using an unadjusted Poisson model, there was an increasing risk of all cause mortality as measures of deprivation increased (RR 1.11 (95% CI 1.09-1.12),  $p<0.001$ ); but also for death categorised as acute medical or surgical ( $p=0.030$ ), congenital anomalies ( $p<0.001$ ), chronic medical ( $p=0.004$ ), deliberately inflicted injury ( $p=0.009$ ), infection ( $p<0.001$ ), perinatal ( $p<0.001$ ), and SUDIC ( $p<0.001$ ) (Table 3). After adjusting for age, sex, region and rural status, the association with all cause mortality (RR 1.08 (95% CI 1.07-1.10),  $p<0.001$ ) and for congenital anomalies ( $p<0.001$ ), chronic medical ( $p=0.007$ ), deliberately inflicted injury ( $p=0.040$ ), infection ( $p<0.001$ ), perinatal ( $p<0.001$ ), and SUDIC ( $p<0.001$ ) remained. However, in the adjusted analysis, the association between death in the acute medical or surgical category with increasing measures of deprivation weakened slightly ( $p=0.052$ ).

There was little evidence to suggest an association with malignancy ( $p=0.868$ ), suicide or deliberate self-inflicted harm ( $p=0.831$ ) or trauma ( $p=0.075$ ) in the unadjusted ( $p=0.868$ ,  $p=0.831$  and  $p=0.075$  respectively) or in the adjusted analyses ( $p=0.979$ ,  $p=0.475$  and  $p=0.174$  respectively) (Table 3).

**Table 3. Relative risk of death for increasing deprivation stratified by category of death, and testing for interactions by characteristics of the child deaths**

Measure	Unadjusted			Adjusted*			
	n	RR 95% CI	p	n	RR 95% CI	p	
All Deaths	2688	1.11 (1.09-1.12)	<0.001	2670	1.08 (1.07-1.10)	<0.001	
Acute Medical and Surgical	171	1.06 (1.01-1.12)	0.030	170	1.06 (1.00-1.12)	0.052	
Congenital Anomalies	665	1.17 (1.14-1.21)	<0.001	658	1.13 (1.10-1.17)	<0.001	
Chronic Medical	134	1.09 (1.03-1.16)	0.004	134	1.09 (1.02-1.17)	0.007	
Deliberately inflicted injury	61	1.13 (1.03-1.24)	0.009	61	1.11 (1.00-1.22)	0.040	
Infection	172	1.13 (1.07-1.19)	<0.001	172	1.11 (1.05-1.18)	<0.001	
Malignancy	210	1.00 (0.95-1.04)	0.868	210	1.00 (0.95-1.05)	0.979	
Perinatal	845	1.11 (1.09-1.14)	<0.001	836	1.07 (1.04-1.10)	<0.001	
SUDIC	212	1.13 (1.08-1.19)	<0.001	211	1.10 (1.05-1.16)	<0.001	
Suicide or deliberate self-inflicted harm	102	1.01 (0.94-1.08)	0.831	102	1.03 (0.96-1.10)	0.475	
Trauma and other external factors	116	1.06 (0.99-1.13)	0.075	116	1.05 (0.98-1.12)	0.174	
<b>Interactions</b>		<b>RR 95% CI</b>	<b>p</b>	<b>Pinteraction</b>	<b>RR 95% CI</b>	<b>p</b>	<b>Pinteraction</b>
<b>Sex</b>				0.227			0.196
Female	1165	1.11 (1.09-1.13)	<0.001		1165	1.07 (1.05-1.09)	<0.001
Male	1505	1.10 (1.08-1.11)	<0.001		1505	1.09 (1.07-1.11)	<0.001
<b>Age</b>				0.003			<0.001
<1 year	1675	1.11 (1.09-1.13)	<0.001		1659	1.10 (1.08-1.12)	<0.001
1-4 Years	322	1.10 (1.06-1.14)	<0.001		321	1.09 (1.05-1.13)	<0.001
5-9 Years	211	1.00 (0.96-1.05)	0.956		210	0.99 (0.95-1.04)	0.785
10-14 Years	227	1.07 (1.03-1.12)	0.002		227	1.07 (1.02-1.11)	0.006
15-17 Years	253	1.06 (1.01-1.10)	0.011		253	1.05 (1.01-1.09)	0.028
<b>Area</b>				0.616			0.463
Urban	2360	1.10 (1.09-1.12)	<0.001		2342	1.08 (1.06-1.10)	<0.001
Rural	328	1.12 (1.07-1.17)	<0.001		328	1.10 (1.05-1.16)	<0.001
<b>Region</b>				0.074			0.165
East Midlands	214	1.07 (1.02-1.12)	0.004		214	1.06 (1.01-1.11)	0.023
East of England	221	1.07 (1.02-1.13)	0.005		220	1.06 (1.01-1.11)	0.030
London	473	1.06 (1.02-1.10)	0.003		464	1.06 (1.01-1.10)	0.007
North East	109	1.06 (0.99-1.13)	0.098		109	1.04 (0.97-1.12)	0.233
North West	362	1.10 (1.06-1.14)	<0.001		360	1.08 (1.04-1.12)	<0.001
South East	336	1.11 (1.07-1.15)	<0.001		336	1.09 (1.05-1.14)	<0.001
South West	232	1.10 (1.05-1.16)	<0.001		232	1.09 (1.03-1.14)	0.001
West Midlands	400	1.16 (1.11-1.20)	<0.001		395	1.14 (1.09-1.19)	<0.001
Yorkshire and the Humber	3411	1.10 (1.06-1.14)	<0.001		340	1.09 (1.05-1.13)	<0.001

\* Adjusted for age, sex, region and rural/urban area

There was strong evidence that the association between number of deaths and the deprivation index was modified by age (fully adjusted;  $p<0.001$ ), but not sex (fully adjusted;  $p=0.196$ ) or rural/urban status (fully adjusted;  $p=0.463$ ). In the unadjusted model there was some weak evidence that the relationship may be modified by the region of England ( $p=0.0743$ ), although this weakened in the adjusted model further ( $p=0.165$ ).

In the final, adjusted, regression model, estimating the risk of death (adjusted for age, sex and rural/urban area), comparing the risk of death in the most deprived five deciles with the least deprived five deciles, gave compatible

results to those from the main analysis (RR 1.47 (1.35-1.60),  $p < 0.001$ ), and a population attributable risk fraction of 21.2% (95% CI 16.7%-25.4%).

The absolute number of deaths where modifiable factors were identified increased as measures of deprivation increased (Figure 1), with additional strong evidence that the proportion of deaths with modifiable contributory factors identified at the CDOP review increased with increasing measures of deprivation; with 24.2% of deaths in the least deprived, compared with 35.1% of deaths in the most ( $p_{\text{trend}} < 0.001$ ) (Table 4).

**Table 4. The number of deaths, in each deprivation decile with identified modifiable factors; and the relative risk of death for each increasing deprivation decile with, or without them; split by category of death.**

Category of Death	Percentage of deaths with modifiable factors						Relative risk of death for increasing deprivation decile*		
	All deciles	Split by Deprivation Decile							
		1/2 N (%) (Least Deprived)	3/4 N (%)	5/6 N (%)	7/8 N (%)	9/10 N (%) (Most Deprived)	$P_{\text{trend}}$	Death without Modifiable Factors	Deaths with Modifiable Factors
<b>All Deaths</b>	842 (31.3%)	71 (24.2%)	114 (29.8%)	125 (26.3%)	219 (34.0%)	313 (35.1%)	<0.001	1.07 (1.05-1.08)	1.12 (1.09-1.15)
<b>Split by type of Modifiable Factors</b>									
<b>Characteristics of the child</b>	70 (2.6%)	9 (3.1%)	14 (3.7%)	6 (1.3%)	15 (2.3%)	26 (2.9%)	0.797	1.08 (1.07-1.10)	1.10 (1.01-1.21)
<b>Physical Environment</b>	185 (6.9%)	18 (6.1%)	30 (7.8%)	29 (6.1%)	41 (6.4%)	67 (7.5%)	0.764	1.08 (1.07-1.10)	1.08 (1.02-1.14)
<b>Service Provision</b>	243 (7.9%)	26 (8.9%)	43 (11.2%)	47 (9.9%)	57 (8.9%)	70 (7.9%)	0.131	1.08 (1.07-1.10)	1.07 (1.02-1.12)
<b>Social Environment</b>	416 (15.5%)	29 (9.9%)	46 (12.0%)	51 (10.7%)	106 (16.5%)	184 (20.6%)	<0.001	1.07 (1.05-1.09)	1.15 (1.11-1.20)
<b>Split by Category of Death</b>									
<b>Acute Medical and Surgical</b>	42 (24.6%)	5 (22.7%)	8 (26.7%)	7 (25.0%)	9 (20.0%)	13 (29.0%)	0.815	1.05 (0.98-1.12)	1.10 (0.98-1.24)
<b>Congenital Anomalies</b>	99 (14.9%)	5 (8.3%)	6 (8.5%)	11 (9.4%)	27 (18.4%)	50 (18.5%)	0.001	1.11 (1.07-1.15)	1.27 (1.16-1.40)
<b>Chronic Medical</b>	21 (15.7%)	1 (6.7%)	2 (12.5%)	6 (20.0%)	4 (12.9%)	8 (19.1%)	0.597	1.09 (1.01-1.17)	1.14 (0.96-1.35)
<b>Deliberately inflicted injury</b>	43 (70.5%)	4 (50.0%)	7 (87.5%)	6 (75.0%)	12 (75.0%)	14 (66.7%)	0.911	1.08 (0.90-1.29)	1.12 (0.99-1.26)
<b>Infection</b>	61 (35.5%)	6 (26.1%)	1 (6.7%)	13 (52.0%)	20 (37.0%)	21 (38.2%)	0.126	1.07 (1.00-1.15)	1.20 (1.07-1.33)
<b>Malignancy</b>	11 (5.2%)	0 (0.0%)	1 (2.4%)	5 (11.9%)	2 (5.6%)	3 (5.7%)	0.181	0.99 (0.94-1.05)	1.15 (0.91-1.46)
<b>Perinatal</b>	270 (32.0%)	18 (24.3%)	39 (30.5%)	34 (22.4%)	83 (37.2%)	96 (35.8%)	0.015	1.06 (1.03-1.10)	1.09 (1.04-1.14)
<b>SUDIC</b>	157 (75.1%)	9 (52.9%)	23 (76.7%)	28 (63.6%)	38 (79.2%)	59 (80.8%)	0.045	1.02 (0.92-1.12)	1.14 (1.07-1.21)
<b>Suicide</b>	59 (57.8%)	12 (63.2%)	9 (45.0%)	8 (47.1%)	9 (50.0%)	21 (75.0%)	0.317	1.01 (0.90-1.12)	1.04 (0.95-1.14)
<b>Trauma</b>	79 (68.1%)	11 (64.7%)	18 (75.0%)	7 (53.9%)	15 (60.0%)	28 (75.7%)	0.743	1.00 (0.89-1.12)	1.07 (0.99-1.17)

\* Adjusted for age, sex, region and rural/urban area

Children who died with modifiable factors showed a stronger gradient with increasing deprivation (RR 1.12 (1.09-1.15)) compared to those who died without (RR 1.07 (1.05-1.08)). Individually, only those modifiable factors relating to social environment appeared to show this gradient ( $p < 0.001$ ), with less evidence (but small numbers) for those factors around the child, services, or their physical environment. When stratifying by the category of death there was evidence that modifiable factors were more commonly identified in deaths in areas of greater deprivation for congenital anomalies ( $p = 0.001$ ), perinatal ( $p = 0.045$ ) and SUDIC ( $p = 0.045$ ) deaths; with corresponding greater relative risks with deprivation compared to deaths without modifiable factors identified (e.g. Relative risk of death from a congenital abnormality with increasing deprivation was 1.11 (1.07-1.15) for deaths without modifiable factors, and 1.27 (1.16-1.40) for those with).

When analysing the associations between the risk of childhood death and the deprivation sub-domains (Appendix 1), many of the components of the IMD appeared to be closely correlated, with Income and Employment the highest correlation of 0.939 (Appendix 2). The sub-domains selected by the adaptive model, as the strongest associations with childhood deaths (and each categories of death), are shown in Table 5.

**Table 5. Sub-decile measures identified as stongest associations with childhood death**

IMD Sub-decile	Category of Death										
	All Deaths	Acute Medical and Surgical	Congenital Anomalies	Chronic Medical	Deliberately Inflicted Injury	Infection	Malignancy	Perinatal	SUDIC	Suicide or deliberate self-harm	Trauma
Income											
Employment	1.04 (1.01-1.07)							1.04 (1.01-1.07)		1.12 (1.02-1.23)	
Child Education						1.11 (1.05-1.18)					
Adult Education	1.03 (1.00-1.05)		1.12 (1.08-1.16)								
Health		1.07 (1.01-1.14)		1.13 (1.05-1.21)							
Crime	0.97 (0.95-0.99)		0.95 (0.91-0.99)							0.90 (0.82-0.99)	
Geographic Barriers											
Wider Barriers	1.06 (1.03-1.08)		1.07 (1.02-1.12)					1.06 (1.02-1.11)			
Outdoor Living Environment			1.04 (1.01-1.07)								
Indoor Living Environment	1.03 (1.01-1.05)		1.05 (1.01-1.09)								

\* Adjusted for age, sex, region and rural/urban area

Red boxes show measures where increase in deprivation measures are associated with high risks of death  
Green boxes show measures where increase in deprivation measures are associated with lower risks of death

Measures of deprivation in the domains of Employment, Adult Education, Wider barriers and Indoor Living Environments were identified as most correlated with all cause mortality. Crime also appeared correlated, but in the opposite direction to the others (i.e. increasing measures of deprivation was associated with lower mortality). There was no clear association of any sub-domain and death by malignancy or deliberately inflicted injury; while in contrast the model for perinatal deaths (the single most common category of death) identified measures of Employment and Wider Barriers as possible predictors. Due to the unexpected association between measures of Crime and reductions in risk of death in the adaptive models, a post-hoc analysis was performed to assess the association between this measure and overall mortality. In this model (without the other sub-domain measures of deprivation), increases in measures of deprivation related to crime were associated with increased child mortality (RR 1.06 (1.03-1.09), p<0.001).

Repeating the main analysis but using the IDAC1 as the measure of deprivation also gave similar results to the main analysis (unadjusted RR 1.10 (1.09-1.12), p<0.001)); fully adjusted RR 1.08 (1.06-1.09), p<0.001).

**DISCUSSION**

Over a fifth of all child deaths may be avoided if the most deprived half of the population had the same mortality as the least deprived, alongside pervasive evidence of a clear gradient of increasing childhood mortality across England as measures of deprivation increase; with a striking finding that this varied little by area, age or other demographic factors. While we acknowledge this gradient is not new[17], the magnitude of the associations is sobering and this study adds detail around the social

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3 patterning of potentially modifiable factors. The proportion of modifiable factors increased with  
4 increasing deprivation; and this appeared to be restricted to social factors such as financial difficulties,  
5 homelessness or poor maternal nutrition. In this detailed analysis an association was seen in most of  
6 the categories of death (including the largest category, perinatal); with only causation of death by  
7 malignancies, suicide or deliberate self-inflicted harm, and trauma not having clear evidence of an  
8 association. .  
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13 Chance and statistical power are always potential limitations in any statistical analysis, although  
14 results in this work were relatively precise. As death notifications are a statutory requirement, the  
15 NCMD data is likely to have captured the vast majority of deaths, although some may not have been  
16 reported. In addition, postcode data may not have been the child's only residence; so other  
17 influences, unmeasured in this work, may have also impacted on their outcome. However this seems  
18 unlikely to have introduced significant bias, and the population nature of the index is more likely to  
19 reduce any direct effect of inequalities than introduce a false association. It is important to note that  
20 measures of deprivation are derived from neighbourhood measures, and even if directly relevant to  
21 the child, assumptions of causality are complex. In contrast, the relative increase in reported  
22 modifiable factors, as the index of deprivation increases does suggest that some of the excess  
23 mortality estimated here maybe avoidable. This work is novel, with the ability to report and review an  
24 individual/record level cohort of childhood mortality, alongside the detailed information obtained at the  
25 multi-agency review of every death.  
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33 The population attributable risk (of 20%) identified here is crude, but a worrying estimate of the impact  
34 of deprivation in child mortality in England; and would equate to over 700 excess deaths a year in  
35 England. It highlights the importance of future work to identify the causal pathways involved and to  
36 develop interventions that effectively address the causes and improve survival. While some areas  
37 appear relatively unrelated to deprivation (e.g. malignancy) most of these represent relatively  
38 uncommon categories of death. Perinatal events, which was the most prevalent, were strongly  
39 associated with deprivation and modifiable factors.  
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45 We did identify some levels of variation of this association across some measures available to us, but  
46 overall the increasing risk with deprivation and child mortality was seen across the whole of England,  
47 in all age groups, and communities. Children under 1 living in areas of greater deprivation did appear  
48 to have the highest risk of death and this needs further analysis and exploration of potential causal  
49 mechanisms but may be due to different disease processes affecting children at different ages, or the  
50 differential impact of deprivation at critical periods of the children's lives. This finding is consistent with  
51 the findings from the national perinatal mortality surveillance data, which reported that women living in  
52 the most deprived areas are at an 80% higher risk of stillbirth and neonatal death compared to women  
53 living in the least deprived areas[18]. Given that death caused by perinatal events also represents the  
54 biggest number of childhood deaths in England[19], these findings provide further evidence for the  
55 importance of prioritising interventions around pregnancy and the start of life when parents are  
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3 especially open to support, and targeting families at higher risk[1]. The Marmot review and  
4 subsequent reviews recommend that equity be placed at the heart of national decisions about  
5 education policy and funding[1]. This study provides further evidence for continued investment in  
6 current policies such as the National Healthy Child Programme which are based in the concept of  
7 proportionate universalism and designed to address health inequalities for children aged 0-19[20].  
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11 Like the wider association with all deaths, the mechanisms are likely to be highly complex, and a  
12 combination of the intergenerational impact of poverty on family health and lifestyle choices such as  
13 maternal diet and family nutrition[21], parental smoking[22], as well as the environmental impacts of  
14 deprivation, such as housing quality, road traffic pollution, and access to health and social care  
15 services which create intersectional disadvantage. Further evaluation of community level interventions  
16 is needed, for example there is evidence that programmes such as Sure Start reduced the likelihood  
17 of hospitalisation among children of primary school age with greater impact on children living in the  
18 most deprived areas[23].  
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25 Reviewing the components which make up the deprivation index, it should be noted that many of the  
26 measures remain very inter-dependent (e.g. income and education) and interpretation should be  
27 cautious. Despite universal healthcare, employment was a key association for several of the cause of  
28 death categories, and access to care is likely to be an important mediating factor that is amenable to  
29 change[24]. A strong association between child mortality and income inequality has been reported  
30 amongst the wealthier OECD countries[25] and the UK has among the highest levels of income  
31 inequality in Europe.[26] The highest reported measure of income inequality in the UK over the last  
32 decade was in the period April 2019 to March 2020[27] and impacts from the COVID pandemic are  
33 likely to have worsened this trend. It is notable that Employment, Adult Education, Wider barriers and  
34 Indoor Living Environments appear important predictors of child mortality suggesting that adult  
35 employment and education opportunities, and access and improvements to housing, may be the most  
36 efficient place to target resources in order to reduce these inequalities. This triangulates with  
37 qualitative work which identified the lack of cleanliness, unsuitable accommodation (e.g. overcrowding  
38 or damp/mould) and financial issues being commonly reported modifiable factors after a child  
39 dies.[12] Some component of reverse causality is possible, with households moving to more deprived  
40 areas due to family impact of childhood ill health and disability; although children with chronic health  
41 conditions may find accessing services or housing/financial support more difficult than others.[12]  
42 One other interesting finding was that death by malignancy did not appear strongly associated with  
43 any measure of deprivation, and is a childhood condition where outcomes after diagnosis have  
44 improved dramatically in recent decades. This supports the view that delivery of healthcare (at least  
45 for this condition) does not appear heavily influenced by social inequality. It may be the case that for  
46 some of the other categories of death, for example, preterm birth, much of the impact of deprivation  
47 relates to the risks of developing the disease/condition in the first place rather than the healthcare  
48 delivery afterwards. However further work, looking at differential impact of outcomes after similar  
49 clinical presentation may help clarify this. The unexpected association, in the multivariable model, was  
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3 that of an inverse relationship (compared to the other data) with measures of crime. While it should be  
4 noted that before adjusting for other, correlated, measures of deprivation, increasing measures of  
5 crime remained associated with increased risk of childhood death; the finding is interesting, and some  
6 component measured in the crime metric provides additional and novel information in this area.  
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8 Currently the child death review data collection form contains a free text area where social deprivation  
9 related factors are noted if considered relevant by the CDOP review panel. The form does not include  
10 specific and prompting questions for possible factors relating to social deprivation, and improvements  
11 in collecting these data in a standardised format would assist in more detailed analysis of future  
12 deaths. Any future analyses should explore the information collected about the circumstances of  
13 death and modifiable factors in greater detail while analyses following on from this will also need to  
14 interpret the results in the context of the economic and social impact of the COVID-19 pandemic.  
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### 20 **Conclusion**

21 There is evidence of a clear gradient of increasing child mortality across England as measures of  
22 deprivation increase; with a striking finding that this varied little by area, age or other demographic  
23 factor. Over a fifth of all child deaths may be avoided if the most deprived half of the population had  
24 the same mortality as the least deprived. Children dying in more deprived areas may have a greater  
25 proportion of avoidable deaths, while adult employment and education opportunities, and access and  
26 improvements to housing, may be the most efficient place to target resources in order to reduce these  
27 inequalities.  
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### Competing Interests

David O: I have no conflicts of interest.

SS: I have no conflicts of interest.

TW: I have no conflicts of interest.

Dawn O: I have no conflicts of interest.

JK: I have no conflicts of interest.

IW: I have no conflicts of interest.

KL: I have no conflicts of interest.

### Ethics approval and consent to participate

The NCMD legal basis to collect confidential and personal level data under the Common Law Duty of Confidentiality has been established through the Children Act 2004 Sections M - N, Working Together to Safeguard Children 2018 ([https://consult.education.gov.uk/child-protection-safeguarding-and-family-law/working-together-to-safeguard-children-revisions-/supporting\\_documents/Working%20Together%20to%20Safeguard%20Children.pdf](https://consult.education.gov.uk/child-protection-safeguarding-and-family-law/working-together-to-safeguard-children-revisions-/supporting_documents/Working%20Together%20to%20Safeguard%20Children.pdf)) and associated Child Death Review Statutory & Operational Guidance [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/859302/child-death-review-statutory-and-operational-guidance-england.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/859302/child-death-review-statutory-and-operational-guidance-england.pdf)).

The NCMD legal basis to collect personal data under the General Data Protection Regulation (GDPR) without consent is defined by GDPR Article 6 (e) Public task and 9 (h) Health or social care (with a basis in law).

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5 provided additional funding to the NCMD to enable rapid set up of the real-time surveillance system  
6 and staff time to support its function but had no input into the data analysis or interpretation.  
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### 10 **Availability of data**

11 Aggregate data may be available on request to the corresponding author, and subject to approval by  
12 HQIP.  
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### 16 **Authors Contributions**

17 David O: I declare that I participated in the study concept and design, contributed to acquisition,  
18 analysis and interpretation of data, drafting and review of the manuscript and that I have seen and  
19 approved the final version.  
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22 SS: I declare that I participated in the study design, contributed to data acquisition, linkage, analysis  
23 and interpretation of analysis, drafting and review of the manuscript; and that I have seen and  
24 approved the final version.  
25

26 TW: I declare that I participated in the study design, contributed to data acquisition, linkage, analysis  
27 and interpretation of data analyses, reviewing the manuscript; and that I have seen and approved the  
28 final version.  
29

30 Dawn O: I declare that I contributed to study design, interpretation of data analysis, reviewing the  
31 manuscript; and that I have seen and approved the final version.  
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33 JK: I declare that I contributed to study design, interpretation of data analysis, reviewing the  
34 manuscript; and that I have seen and approved the final version.  
35

36 IW: I declare that I contributed to study design, interpretation of data analysis, reviewing the  
37 manuscript; and that I have seen and approved the final version.  
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39 KL: I declare that I obtained funding for this work, participated in the study concept and design,  
40 contributed to data acquisition and interpretation of data, drafting and reviewing the manuscript; and  
41 that I have seen and approved the final version.  
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1 **Figure 1. Number of deaths with modifiable factors identified at review, split by measure of local deprivation**  
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Figure 1. Number of Deaths with Modifiable Factors identified at review, split by measure of local deprivation.

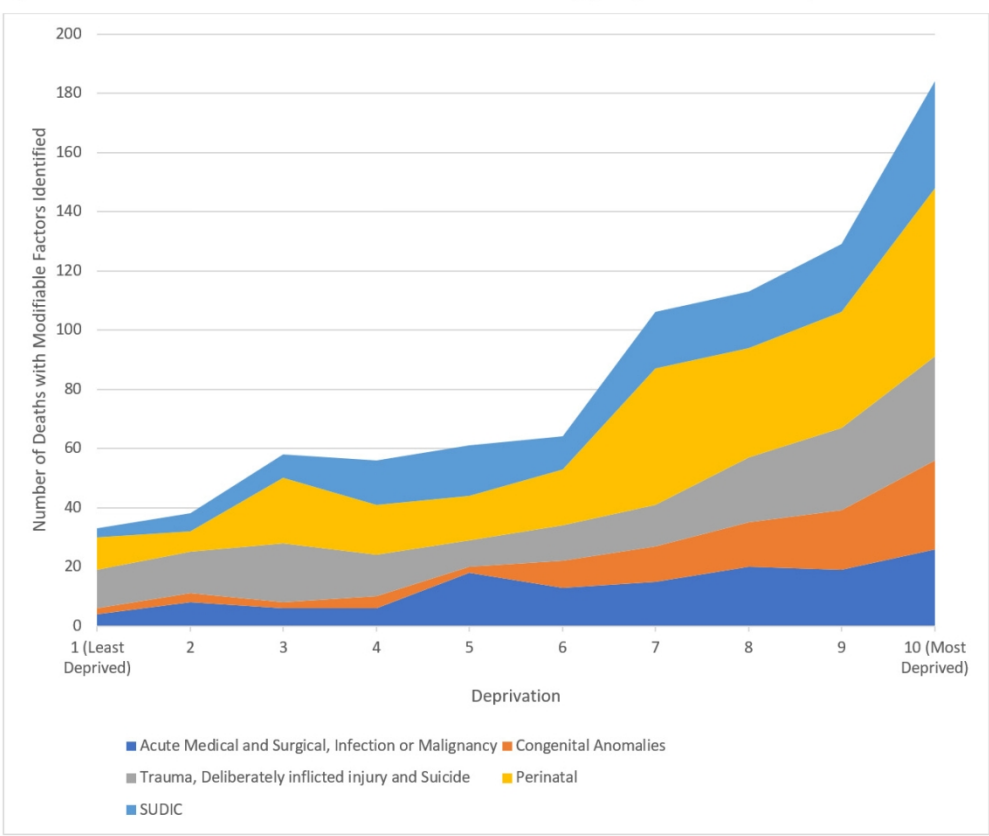


Figure 1. Number of deaths with modifiable factors identified at review, split by measure of local deprivation

468x407mm (72 x 72 DPI)

## Appendix 1. Sub-domains of deprivation (Weight for the overall IMD in brackets).

### Income Deprivation (22.5%)

The Income Deprivation Domain measures the proportion of the population in an area experiencing deprivation relating to low income.

### Employment Deprivation (22.5%)

The Employment Deprivation Domain measures the proportion of the working-age population in an area involuntarily excluded from the labour market; this includes people who are unable to work due to unemployment, sickness or disability, or caring responsibilities.

### Education, Skills and Training Deprivation (13.5%)

The Education, Skills and Training Domain measures the lack of attainment and skills in the local population. The indicators fall into two sub-domains: one relating to children and young people and one relating to adult skills. The Children and Young People Sub-domain measures the attainment of qualifications and associated measures, while the Adult Skills Sub-domain measures the lack of qualifications in the resident working-age adult population.

### Health Deprivation and Disability (13.5%)

The Health Deprivation and Disability Domain measures the risk of premature death and the impairment of quality of life through poor physical or mental health. The domain measures morbidity, disability and premature mortality but not aspects of behaviour or environment that may be predictive of future health deprivation.

### Crime (9.3%)

The Crime Domain measures the risk of personal and material victimisation at local level.

### Barriers to Housing and Services (9.3%)

The Barriers to Housing and Services Domain measures the physical and financial accessibility of housing and local services. The indicators fall into two sub-domains: the Geographical Barriers Sub-domain, which relates to the physical proximity of local services, and the Wider Barriers Sub-domain which includes issues relating to access to housing such as affordability.

### Living Environment Deprivation (9.3%)

The Living Environment Deprivation Domain measures the quality of the local environment. The indicators fall into two sub-domains. The Indoors Sub-domain measures the quality of housing; while the Outdoors Sub-domain contains measures of air quality and road traffic accidents.

1 **Appendix 2. Weights of each sub-decile domain towards the total score, and correlations between domains.**

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	Income	Employment	Health	Crime	Child Education	Adult Education	Geographic Barriers	Wider Barriers	Indoor Living Environment	Outdoor Living Environment
Income	1.000									
Employment	0.938	1.000								
Health	0.800	0.849	1.000							
Crime	0.652	0.607	0.591	1.000						
Child Education	0.733	0.723	0.659	0.456	1.000					
Adult Education	0.784	0.799	0.701	0.499	0.769	1.00				
Geographic Barriers	-0.443	-0.380	-0.367	-0.464	-0.228	-0.251	1.000			
Wider Barriers	0.539	0.393	0.273	0.512	0.295	0.298	-0.487	1.00		
Indoor Living Environment	0.173	0.137	0.168	0.187	0.124	0.047	-0.191	0.133	1.00	
Outdoor Living Environment	0.257	0.153	0.131	0.447	0.009	0.083	-0.410	0.575	0.150	1.00

17 Off-diagonal measures are correlation between sub-deciles of the IMD.

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STROBE Statement—Checklist of items that should be included in reports of *cohort studies*

	Item No	Recommendation	Page No
<b>Title and abstract</b>	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found	1 3
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	4
Objectives	3	State specific objectives, including any prespecified hypotheses	4
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	5
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	5
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up (b) For matched studies, give matching criteria and number of exposed and unexposed	5-6
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	5-6
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	5-6
Bias	9	Describe any efforts to address potential sources of bias	5
Study size	10	Explain how the study size was arrived at	5
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	5
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding (b) Describe any methods used to examine subgroups and interactions (c) Explain how missing data were addressed (d) If applicable, explain how loss to follow-up was addressed (e) Describe any sensitivity analyses	5-6 5-6 5 5 6
<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (b) Give reasons for non-participation at each stage (c) Consider use of a flow diagram	6 - -
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders (b) Indicate number of participants with missing data for each variable of interest (c) Summarise follow-up time (eg, average and total amount)	Table 1 Table 1 -
Outcome data	15*	Report numbers of outcome events or summary measures over time	6



1	Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	7
2			(b) Report category boundaries when continuous variables were categorized	-
3			(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	-
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9	Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	7-8
10				
11	<b>Discussion</b>			
12				
13	Key results	18	Summarise key results with reference to study objectives	8
14	Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	8-9
15				
16				
17	Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	9-10
18				
19	Generalisability	21	Discuss the generalisability (external validity) of the study results	9-10
20				
21	<b>Other information</b>			
22	Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	12
23				
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26 \*Give information separately for exposed and unexposed groups.

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28 **Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and  
29 published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely  
30 available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at  
31 <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is  
32 available at <http://www.strobe-statement.org>.  
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# BMJ Open

## WHAT IS THE RELATIONSHIP BETWEEN DEPRIVATION, MODIFIABLE FACTORS, AND CHILDHOOD DEATHS. A COHORT STUDY USING THE ENGLISH NATIONAL CHILD MORTALITY DATABASE

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<b>Primary Subject Heading</b>:	Epidemiology
Secondary Subject Heading:	Paediatrics, Public health
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# WHAT IS THE RELATIONSHIP BETWEEN DEPRIVATION, MODIFIABLE FACTORS, AND CHILDHOOD DEATHS. A COHORT STUDY USING THE ENGLISH NATIONAL CHILD MORTALITY DATABASE

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## Key Words:

deprivation, inequalities, pandemic, mortality, death, child, infant

**Word Count:** 3700

## ABSTRACT

**Objectives:** The aim of this analysis is to identify the patterns of social deprivation and childhood mortality; and identify potential points where public health, social and education interventions, or health policy may be best targeted.

**Design:** Decile of deprivation and underlying population distribution was derived using Office for National Statistics data. The risk of death was then derived using a Poisson regression model, calculating the increasing risk of death for each increasing deprivation decile.

**Setting:** England

**Participants:** 2688 deaths before 18 years of age reviewed between the April 2019 and March 2020.

**Main Outcome Measures:** The relationship between deprivation and risk of death; for deaths with, and without modifiable factors.

**Results:** There was evidence of increasing mortality risk with increase in deprivation decile, with children in the least deprived areas having a mortality of 13.25 (11.78-14.86) per 100000 person-years, compared to 31.14 (29.13-33.25) in the most deprived decile (RR 1.08 (1.07 to 1.10)); with the gradient of risk stronger in children who died with modifiable factors than those without (RR 1.12 (1.09 to 1.15)) vs (RR 1.07 (1.05 to 1.08)). Deprivation sub-domains of Employment, Adult Education, Barriers to Housing and Services, and Indoor Living Environments appeared to be the most important predictors of child mortality

**Conclusions:** There is a clear gradient of increasing child mortality across England as measures of deprivation increase; with a striking finding that this varied little by area, age or other demographic factor. Over a fifth of all child deaths may be avoided if the most deprived half of the population had the same mortality as the least deprived. Children dying in more deprived areas may have a greater proportion of avoidable deaths. Adult employment, and improvements to housing, may be the most efficient place to target resources to reduce these inequalities.

### Strengths and limitations of this study

- Based on statutory death registrations
- High level of data completeness
- Detailed measures on all childhood deaths
- Limited precision due to small numbers of individual events
- Denominators based on population estimates.

## BACKGROUND

The death of every child is a devastating loss that profoundly affects bereaved parents as well as siblings, grandparents, extended family members, friends and professionals. The evidence relating to social deprivation and death is strongest for infant mortality however the effects appear measurable across the life course.[1] A systematic review examining the relationship between social factors and early childhood health and developmental outcomes provides strong evidence that factors such as neighbourhood deprivation, lower parental income, unemployment and educational attainment, lower occupational social class, heavy physical occupational demands, lack of housing tenure, and material deprivation in the household are all independently associated with a wide range of adverse health outcomes.[2]

We know that early child development plays a major role in affecting future life chances and health throughout the life course[3] with adverse exposures having greater impacts on younger children.[4] While initiatives have been proposed to reduce the impact of deprivation on health,[5] babies, children, and young people remain the most vulnerable in society. Currently England has one of the highest infant mortality rates in Europe[6, 7] and while much of the variation may be due to socioeconomic factors,[8] it is clear that since infant mortality among the most deprived groups continues to rise,[9] effective policies and other interventions are either lacking or have not been successfully implemented. While the COVID pandemic continues to impact delivery of social and healthcare programs across the world, the longer term impact on economies and social and healthcare budgets is likely to be substantial, and social inequalities even in developed nations, may worsen.

The National Child Mortality Database (NCMD) Programme was established in 2018 to collate and analyse data about all children in England who die before their 18<sup>th</sup> birthday, with statutory death notifications required within 48 hours[10]. The data are collated from the 58 Child Death Overview Panels (CDOPs) in England who carry out detailed analysis of the circumstances of death and identify the modifiable contributory factors relevant to the death as part of the child death review (CDR) process with the aim of identifying common themes to guide learning and inform actions to reduce future child deaths.[11] The CDR process is statutory, with the Children Act 2004 mandating the review and analysis of all child deaths so the circumstances of death that relate to the welfare of children locally and nationally, or to public health and safety, are identified and understood, and preventive actions established. This work is based on the NCMD Programme's first thematic report.[12]

### Aims

The aim of this analysis is to identify and report the patterns of social deprivation, and modifiable factors in relation to childhood mortality, and identify potential intervention points and high risk groups where public health, social and education, or health policy may be best targeted.

## METHODS

Three external sources of data were linked to the child death review data using the smallest geographical level of the deprivation index (the Lower Super Output Area (LSOA)). The main measure of deprivation used here is derived from the ONS Index of Multiple Deprivation; which is a complex summary statistic[13] and then split into 10 equal sized (by people) deciles. In this work, a higher decile of deprivation represents a higher level of deprivation in the area where the child lived. The LSOA code also allowed further estimation of the population estimates of age and sex,[14] its rural (Rural town and fringe, Rural village) or urban (Urban city and town, Urban major conurbation) status[15] and its location in England (East Midlands, East of England, London, North East, North West, South East, South West, West Midlands, Yorkshire and the Humber).[16]

## Exploratory Variables

For the primary exploratory analysis variables of interest were:

- Age of death (age as a continuous measure) then coded for analysis and presentation as <1 year, 1-4 years, 5-9 years, 10-14 years and 15-17 years).
- Sex (male, female, or missing (including “indeterminate”, “not known”, “N/A”, “NULL” etc)).
- Area of residence: Urban vs Rural[15]
- Region of England.
- Ethnicity was coded as White, Asian or British Asian, Black or British Black, Mixed or Other.

## Specific Detailed Data from Child Death Review Process

The CDOP is responsible for identifying any modifiable factors in relation to the child’s death. Modifiable factors are those which may have contributed to the death of the child and which might, by means of a locally or nationally achievable intervention, be modified to reduce the risk of future deaths. Factors identified by the CDOP were further classified as (aligning with the statutory Child Death Review categories):

- Characteristics of the child (e.g. loss of key relationships, risk taking behaviour, comorbidity, prematurity, congenital anomaly, learning disability, eating disorder, suicidal ideation or previous suicide attempt)
- Social Environment (e.g. abuse, parenting, consanguinity, financial pressures/hardship)
- Physical Environment (e.g. animal attack, homicide, vehicle related deaths, safety within the home, unsafe infant sleeping practices, and public equipment)
- Service Provision (e.g. gaps in service provision, failure to follow guidelines, poor communication, staffing issues and bed occupancy)

Category of death was allocated by the CDOP while reviewing the case and was categorised as; Acute Medical and Surgical, Congenital Anomalies, Chronic Medical, Deliberately inflicted injury, Infection, Malignancy, Perinatal, Sudden Unexplained Death in Childhood (SUDIC), Suicide or deliberate self-inflicted harm or Trauma.

## Analysis

Initially the characteristics of all child deaths reviewed between April 2019 and March 2020 were derived, stratified by the available covariates (listed above). Next we derived the proportion of deaths in each deprivation decile. Evidence of any trend in proportions by increasing deprivation decile were tested using a nonparametric test for trend across ordered groups.[17] This was then repeated for each category of death.

Second, to assess any association between deprivation and the risk of death, the population distribution was derived using ONS data for each LSOA producing a dataset with the predicted numbers of children of each age, sex, rural/urban status and region. The risk of death was then derived using a Poisson regression model, calculating the increasing risk of death for each increasing deprivation decile, with the model then adjusted for the other known underlying population characteristics or possible confounders (sex, age, rural/urban area and region). Lastly both the unadjusted and adjusted model were repeated for each reported category of death and tested (using the likelihood ratio test) to assess if the association between deprivation measures and overall mortality was modified by sex, age category, region, rural/urban status or local population density (total population per 100 m<sup>2</sup>). Finally for overall mortality a separate model was derived for those children in the lowest five vs the highest five deciles of deprivation, and used to estimate the population attributable risk fraction for those children living the in the most deprived five deciles.

Next, to interrogate the possible causes we initially derived the number, proportion and evidence of trend of modifiable factors identified at the CDOP review across each deprivation decile. We then calculated the increasing risk of death

for each increasing deprivation decile separately for those deaths with, or without, modifiable factors identified. The analyses were repeated, stratified by the sub-categories of modifiable factors, and by the category of death.

### Role of Funding Source

NHS England provided additional funding to the NCMD to enable rapid set up of the real-time surveillance system and staff time to support its function.

### Patient and public involvement

Parent and public involvement is at the heart of the NCMD programme. We are indebted to Charlotte Bevan (Sands - Stillbirth and Neonatal Death Charity), Therese McAlorum (Child Bereavement UK) and Jenny Ward (Lullaby Trust), who represent bereaved families on the NCMD programme steering group.

### Data availability

Aggregate data may be available on request to the corresponding author, and subject to approval by HQIP.

## RESULTS

A total of 2688 childhood deaths were reviewed by CDOPs between April 2019 and March 2020 and linked to deprivation measures (Table 1).

**Table 1. Characteristics of the populations of child deaths reviewed by CDOPs in England during 2019/2020**

Measure	N	Child deaths reviewed 2019/2020
<b>All Deaths</b>	2688	-
<b>Age of Death</b>	2688	
<1 year		1675 (62.3%)
1-4 Years		322 (12.0%)
5-9 Years		211 (7.9%)
10-14 Years		227 (8.4%)
15-17 Years		253 (9.4%)
<b>Sex</b>	2670	
Male		1505 (56.4%)
Female		1165 (43.6%)
<b>Area of residence</b>	2688	
Rural		328 (12.2%)
Urban		2360 (87.8%)
<b>Ethnicity</b>	2390	
White		1554 (65.0%)
Asian or British Asian		427 (17.9%)
Black or British Black		188 (7.9%)
Mixed		136 (5.7%)
Other		85 (3.6%)
<b>Region of residence</b>	2688	
East Midlands		214 (8.0%)
East of England		211 (8.2%)
London		473 (17.6%)
North East		109 (4.1%)
North West		362 (13.5%)
South East		336 (12.5%)
South West		232 (8.6%)
West Midlands		400 (12.9%)
Yorkshire and the Humber		341 (12.7%)



The most common age at death was less than 1 year (62.3%) and more boys than girls died (56.5 vs 43.6% respectively). The majority lived in areas defined as urban (87.8%) and most were of a white ethnic background (65.0%). The number of deaths ( $p_{\text{trend}}=0.003$ ), and the risk of death ( $p_{\text{trend}}<0.001$ ) was more common for children in the most deprived deciles (Table 2). Children in the least deprived two deciles had a mortality risk of 13.25 (95% CI 11.78-14.86) per 100,00 person-years, compared to 31.14 (95% CI 29.13-33.25) in the most deprived 2 deciles.

**Table 2. Deaths and risk of death by deprivation decile, stratified by the category of death and patient characteristics of child deaths**

Measure	Deprivation Decile					Median Decile (IQR)	$P_{\text{trend}}$
	1/2 (Least Deprived)	3/4	5/6	7/8	9/10 (Most Deprived)		
<b>Numbers of Deaths</b>	<b>N (%)</b>						
<b>All Deaths</b>	293 (10.9%)	383 (14.2%)	476 (17.7%)	644 (24.0%)	892 (33.2%)	7 (4-9)	0.003
<b>Category of Death</b>							
<b>Acute Medical and Surgical</b>	22 (12.9%)	30 (17.5%)	28 (16.4%)	46 (27.0%)	45 (26.3%)	7 (4-9)	0.017
<b>Congenital Anomalies</b>	60 (9.0%)	71 (10.7%)	117 (17.6%)	147 (22.1%)	270 (40.6%)	7 (5-9)	0.003
<b>Chronic Medical</b>	15 (11.2%)	16 (11.9%)	30 (22.4%)	31 (23.1%)	42 (31.3%)	7 (5-9)	0.006
<b>Deliberately inflicted injury</b>	8 (13.1%)	8 (13.1%)	8 (13.1%)	16 (26.2%)	21 (34.4%)	8 (4-9)	0.025
<b>Infection</b>	23 (13.4%)	15 (8.7%)	25 (14.5%)	54 (31.4%)	55 (32.0%)	7 (5-9)	0.021
<b>Malignancy</b>	38 (18.1%)	41 (19.5%)	42 (20.0%)	36 (17.1%)	53 (25.2%)	5 (3-8)	0.326
<b>Perinatal</b>	74 (8.8%)	128 (15.1%)	152 (18.0%)	223 (26.4%)	268 (31.7%)	7 (4-9)	0.006
<b>SUDIC</b>	17 (8.0%)	30 (14.2%)	44 (20.8%)	48 (22.6%)	73 (34.4%)	7 (4-9)	0.003
<b>Suicide or deliberate self-inflicted harm</b>	19 (18.6%)	20 (19.6%)	17 (16.7%)	18 (17.7%)	28 (27.5%)	6 (3-9)	0.296
<b>Trauma</b>	17 (14.7%)	24 (20.7%)	13 (11.2%)	25 (21.6%)	37 (31.9%)	7 (3-9)	0.038
	<b>Risk (per 100,000 children) (95% CI)</b>					<b>Overall Risk (95% CI)</b>	
<b>All Deaths</b>	13.25 (11.78-14.86)	17.78 (16.04-19.65)	21.10 (19.25-23.09)	26.01 (24.04-28.10)	31.14 (29.13-33.25)	26.01 (24.04-28.10)	<0.001
<b>Category of Death</b>							
<b>Acute Medical and Surgical</b>	1.00 (0.62-1.51)	1.39 (0.94-1.99)	1.24 (0.82-1.79)	1.86 (1.36-2.48)	1.57 (1.15-2.10)	1.43 (1.22-1.66)	0.030
<b>Congenital Anomalies</b>	2.71 (2.07-3.49)	3.30 (2.57-4.16)	5.19 (4.29-6.22)	5.94 (5.02-6.98)	9.43 (8.33-10.62)	5.56 (5.15-6.00)	<0.001
<b>Chronic Medical</b>	0.68 (0.38-1.12)	0.75 (0.42-1.21)	1.33 (0.90-1.90)	1.25 (0.85-1.78)	1.47 (1.06-1.98)	1.12 (0.94-1.33)	0.004
<b>Deliberately inflicted injury</b>	0.13 (0.16-0.71)	0.37 (0.16-0.73)	0.35 (0.15-0.70)	0.65 (0.37-1.050)	0.73 (0.45-1.12)	0.51 (0.39-0.66)	0.009
<b>Infection</b>	1.04 (0.66-1.56)	0.70 (0.39-1.15)	1.11 (0.72-1.64)	2.18 (1.64-2.85)	1.92 (1.45-2.50)	1.44 (1.23-1.67)	<0.001
<b>Malignancy</b>	1.72 (1.22-2.36)	1.91 (1.37-2.58)	1.86 (1.34-2.52)	1.45 (1.02-2.01)	1.85 (1.39-2.42)	1.76 (1.53-2.01)	0.868
<b>Perinatal</b>	3.35 (2.63-4.20)	5.94 (4.96-7.07)	6.74 (5.71-7.90)	9.01 (7.86-10.27)	9.36 (8.27-10.54)	7.06 (6.60-7.56)	<0.001
<b>SUDIC</b>	0.77 (0.45-1.23)	1.39 (0.94-1.99)	1.95 (1.42-2.62)	1.94 (1.43-2.57)	2.55 (2.00-3.20)	1.77 (1.54-2.03)	<0.001
<b>Suicide or deliberate self-inflicted harm</b>	0.86 (0.52-1.34)	0.93 (0.57-1.43)	0.75 (0.44-1.21)	0.73 (0.43-1.15)	0.98 (0.65-1.41)	0.85 (0.70-1.04)	0.831
<b>Trauma</b>	0.77 (0.45-1.23)	1.11 (0.71-1.66)	0.58 (0.31-0.99)	1.01 (0.65-1.49)	1.29 (0.91-1.78)	0.97 (0.80-1.16)	0.075

N.B. In this work an increase in the deprivation decile indicates a higher level of local deprivation

When looking at the categories of death, deaths due to acute medical or surgical disease ( $p_{\text{trend}}=0.017$ ), congenital anomalies ( $p_{\text{trend}}=0.003$ ), chronic medical ( $p_{\text{trend}}=0.006$ ), deliberate inflicted injury ( $p_{\text{trend}}=0.025$ ), infection ( $p_{\text{trend}}=0.021$ ), perinatal ( $p_{\text{trend}}=0.006$ ), SUDIC ( $p_{\text{trend}}=0.003$ ) and trauma ( $p_{\text{trend}}=0.038$ ) appeared to be associated with increasing deprivation. There was little evidence of an association between increasing deprivation and deaths from malignancy ( $p_{\text{trend}}=0.326$ ) or suicide or deliberate self-inflicted harm ( $p_{\text{trend}}=0.296$ ).

Overall, child mortality was estimated at 22.47(95% CI 21.63-23.34) per 100,000 children/year (Table 3). When estimating the relative risk of death using an unadjusted Poisson model, there was an increasing risk of all-cause mortality as measures of deprivation increased (RR 1.11 (95% CI 1.09-1.12),  $p<0.001$ ); but also for death categorised as acute medical or surgical (RR 1.06 (95% CI 1.01-1.12),  $p=0.030$ ), congenital anomalies (RR 1.17 (95% CI 1.14-1.21),  $p<0.001$ ), chronic medical (RR 1.09 (95% CI 1.03-1.16),  $p=0.004$ ), deliberately inflicted injury (RR 1.13 (95% CI 1.03-1.24),  $p=0.009$ ), infection (RR 1.13 (95% CI 1.07-1.19),  $p<0.001$ ), perinatal (RR 1.11 (95% CI 1.09-1.14),  $p<0.001$ ), and SUDIC (RR 1.13 (95% CI 1.08-1.19),  $p<0.001$ ) (Table 3). After adjusting for age, sex, region and rural status, the association with all-cause mortality (RR 1.08 (95% CI 1.07-1.10),  $p<0.001$ ) and for congenital

anomalies (RR 1.13 (95% CI 1.10-1.17),  $p < 0.001$ ), chronic medical (RR 1.09 (95% CI 1.02-1.17),  $p = 0.007$ ), deliberately inflicted injury (RR 1.11 (95% CI 1.00-1.22),  $p = 0.040$ ), infection (RR 1.11 (95% CI 1.05-1.18),  $p < 0.001$ ), perinatal (RR 1.07 (95% CI 1.04-1.10),  $p < 0.001$ ), and SUDIC (RR 1.10 (95% CI 1.05-1.16),  $p < 0.001$ ) remained. However, in the adjusted analysis, the association between death in the acute medical or surgical category with increasing measures of deprivation weakened slightly (RR 1.06 (95% CI 1.00-1.12),  $p = 0.052$ ). There was little evidence to suggest an association with malignancy (RR 1.00 (95% CI 0.95-1.05),  $p = 0.979$ ), suicide or deliberate self-inflicted harm (RR 1.03 (95% CI 0.96-1.10),  $p = 0.475$ ) or trauma (RR 1.05 (95% CI 0.98-1.12),  $p = 0.174$ ) in the adjusted (or unadjusted) analyses (Table 3).

**Table 3. Relative risk of death for increasing deprivation stratified by category of death, and testing for interactions by characteristics of the child deaths**

Measure	Unadjusted				Adjusted*			
	n	Risk per 100,00 children/year	RR 95% CI	p	n	RR 95% CI	p	
All Deaths	2688	22.47 (21.63-23.34)	1.11 (1.09-1.12)	<0.001	2670	1.08 (1.07-1.10)	<0.001	
Acute Medical and Surgical	171	1.43 (1.22-1.66)	1.06 (1.01-1.12)	0.030	170	1.06 (1.00-1.12)	0.052	
Congenital Anomalies	665	5.56 (5.15-6.00)	1.17 (1.14-1.21)	<0.001	658	1.13 (1.10-1.17)	<0.001	
Chronic Medical	134	1.12 (0.94-1.33)	1.09 (1.03-1.16)	0.004	134	1.09 (1.02-1.17)	0.007	
Deliberately inflicted injury	61	0.51 (0.39-0.66)	1.13 (1.03-1.24)	0.009	61	1.11 (1.00-1.22)	0.040	
Infection	172	1.44 (1.23-1.67)	1.13 (1.07-1.19)	<0.001	172	1.11 (1.05-1.18)	<0.001	
Malignancy	210	1.76 (1.53-2.01)	1.00 (0.95-1.04)	0.868	210	1.00 (0.95-1.05)	0.979	
Perinatal	845	7.06 (6.60-7.56)	1.11 (1.09-1.14)	<0.001	836	1.07 (1.04-1.10)	<0.001	
SUDIC	212	1.77 (1.54-2.03)	1.13 (1.08-1.19)	<0.001	211	1.10 (1.05-1.16)	<0.001	
Suicide or deliberate self-inflicted harm	102	0.85 (0.70-1.04)	1.01 (0.94-1.08)	0.831	102	1.03 (0.96-1.10)	0.475	
Trauma and other external factors	116	0.97 (0.80-1.16)	1.06 (0.99-1.13)	0.075	116	1.05 (0.98-1.12)	0.174	
Interactions			RR 95% CI	p		RR 95% CI	p	Pinteraction
Sex								0.227
Female	1165	19.98 (18.85-21.16)	1.11 (1.09-1.13)	<0.001	1165	1.07 (1.05-1.09)	<0.001	
Male	1505	24.55 (23.33-25.83)	1.10 (1.08-1.11)	<0.001	1505	1.09 (1.07-1.11)	<0.001	
Age								0.003
<1 year	1675	261.81 (249.42-274.66)	1.11 (1.09-1.13)	<0.001	1659	1.10 (1.08-1.12)	<0.001	
1-4 Years	322	11.88 (10.62-13.25)	1.10 (1.06-1.14)	<0.001	321	1.09 (1.05-1.13)	<0.001	
5-9 Years	211	5.99 (5.21-6.85)	1.00 (0.96-1.05)	0.956	210	0.99 (0.95-1.04)	0.785	
10-14 Years	227	6.93 (6.06-7.89)	1.07 (1.03-1.12)	0.002	227	1.07 (1.02-1.11)	0.006	
15-17 Years	253	13.97 (12.30-15.80)	1.06 (1.01-1.10)	0.011	253	1.05 (1.01-1.09)	0.028	
Area								0.616
Urban	2360	23.30 (22.37-24.26)	1.10 (1.09-1.12)	<0.001	2342	1.08 (1.06-1.10)	<0.001	
Rural	328	17.89 (16.00-19.93)	1.12 (1.07-1.17)	<0.001	328	1.10 (1.05-1.16)	<0.001	
Region								0.074
East Midlands	214	21.47 (18.69-24.54)	1.07 (1.02-1.12)	0.004	214	1.06 (1.01-1.11)	0.023	
East of England	221	16.54 (14.43-18.87)	1.07 (1.02-1.13)	0.005	220	1.06 (1.01-1.11)	0.030	
London	473	23.38 (21.32-25.59)	1.06 (1.02-1.10)	0.003	464	1.06 (1.01-1.10)	0.007	
North East	109	20.56 (16.88-24.80)	1.06 (0.99-1.13)	0.098	109	1.04 (0.97-1.12)	0.233	
North West	362	23.29 (20.95-25.95)	1.10 (1.06-1.14)	<0.001	360	1.08 (1.04-1.12)	<0.001	
South East	336	17.16 (15.37-19.09)	1.11 (1.07-1.15)	<0.001	336	1.09 (1.05-1.14)	<0.001	
South West	232	21.03 (18.41-23.92)	1.10 (1.05-1.16)	<0.001	232	1.09 (1.03-1.14)	0.001	
West Midlands	400	30.93 (27.98-34.12)	1.16 (1.11-1.20)	<0.001	395	1.14 (1.09-1.19)	<0.001	
Yorkshire and the Humber	3411	29.24 (26.22-32.51)	1.10 (1.06-1.14)	<0.001	340	1.09 (1.05-1.13)	<0.001	

N.B. In this work an increase in the deprivation decile indicates a higher level of local deprivation  
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\* Adjusted for age, sex, region and rural/urban area

There was strong evidence that the association between number of deaths and the deprivation index was modified by age (fully adjusted;  $p_{\text{interaction}} < 0.001$ ), but not sex (fully adjusted;  $p_{\text{interaction}} = 0.196$ ) or rural/urban status (fully adjusted;  $p_{\text{interaction}} = 0.463$ ). In the unadjusted model there was some weak evidence that the relationship may be modified by the region of England ( $p_{\text{interaction}} = 0.0743$ ) and population density ( $p_{\text{interaction}} = 0.022$ ) although both measures weakened in the adjusted model further (Region;  $p_{\text{interaction}} = 0.165$ , Population Density;  $p_{\text{interaction}} = 0.281$ ).

In the final, adjusted, regression model, estimating the risk of death (adjusted for age, sex and rural/urban area), comparing the risk of death in the most deprived five deciles with the least deprived five deciles, gave compatible results to those from the main analysis (RR 1.47 (95% CI 1.35-1.60),  $p < 0.001$ ), and a population attributable risk fraction of 21.2% (95% CI 16.7%-25.4%).

The absolute number of deaths where modifiable factors were identified increased as measures of deprivation increased (Figure 1), with additional strong evidence that the proportion of deaths with modifiable contributory factors identified at the CDOP review increased with increasing measures of deprivation; with 24.2% of deaths in the least deprived, compared with 35.1% of deaths in the most ( $p_{\text{trend}} < 0.001$ ) (Table 4).

**Table 4. The number of deaths, in each deprivation decile with identified modifiable factors; and the relative risk of death for each increasing deprivation decile with, or without them; split by category of death.**

Category of Death	Percentage of deaths with modifiable factors							Relative risk of death for increasing deprivation decile*	
	All deciles	Split by Deprivation Decile					$P_{\text{trend}}$	Death without Modifiable Factors	Deaths with Modifiable Factors
		1/2 N (%) (Least Deprived)	3/4 N (%)	5/6 N (%)	7/8 N (%)	9/10 N (%) (Most Deprived)			
<b>All Deaths</b>	842 (31.3%)	71 (24.2%)	114 (29.8%)	125 (26.3%)	219 (34.0%)	313 (35.1%)	<0.001	1.07 (1.05-1.08)	1.12 (1.09-1.15)
<b>Split by type of Modifiable Factors</b>									
<b>Characteristics of the child</b>									
<b>Physical Environment</b>	70 (2.6%)	9 (3.1%)	14 (3.7%)	6 (1.3%)	15 (2.3%)	26 (2.9%)	0.797	1.08 (1.07-1.10)	1.10 (1.01-1.21)
<b>Service Provision</b>	185 (6.9%)	18 (6.1%)	30 (7.8%)	29 (6.1%)	41 (6.4%)	67 (7.5%)	0.764	1.08 (1.07-1.10)	1.08 (1.02-1.14)
<b>Social Environment</b>	243 (7.9%)	26 (8.9%)	43 (11.2%)	47 (9.9%)	57 (8.9%)	70 (7.9%)	0.131	1.08 (1.07-1.10)	1.07 (1.02-1.12)
<b>Social Environment</b>	416 (15.5%)	29 (9.9%)	46 (12.0%)	51 (10.7%)	106 (16.5%)	184 (20.6%)	<0.001	1.07 (1.05-1.09)	1.15 (1.11-1.20)
<b>Split by Category of Death</b>									
<b>Acute Medical and Surgical</b>	42 (24.6%)	5 (22.7%)	8 (26.7%)	7 (25.0%)	9 (20.0%)	13 (29.0%)	0.815	1.05 (0.98-1.12)	1.10 (0.98-1.24)
<b>Congenital Anomalies</b>	99 (14.9%)	5 (8.3%)	6 (8.5%)	11 (9.4%)	27 (18.4%)	50 (18.5%)	0.001	1.11 (1.07-1.15)	1.27 (1.16-1.40)
<b>Chronic Medical</b>	21 (15.7%)	1 (6.7%)	2 (12.5%)	6 (20.0%)	4 (12.9%)	8 (19.1%)	0.597	1.09 (1.01-1.17)	1.14 (0.96-1.35)
<b>Deliberately inflicted injury</b>	43 (70.5%)	4 (50.0%)	7 (87.5%)	6 (75.0%)	12 (75.0%)	14 (66.7%)	0.911	1.08 (0.90-1.29)	1.12 (0.99-1.26)
<b>Infection</b>	61 (35.5%)	6 (26.1%)	1 (6.7%)	13 (52.0%)	20 (37.0%)	21 (38.2%)	0.126	1.07 (1.00-1.15)	1.20 (1.07-1.33)
<b>Malignancy</b>	11 (5.2%)	0 (0.0%)	1 (2.4%)	5 (11.9%)	2 (5.6%)	3 (5.7%)	0.181	0.99 (0.94-1.05)	1.15 (0.91-1.46)
<b>Perinatal</b>	270 (32.0%)	18 (24.3%)	39 (30.5%)	34 (22.4%)	83 (37.2%)	96 (35.8%)	0.015	1.06 (1.03-1.10)	1.09 (1.04-1.14)
<b>SUDIC</b>	157 (75.1%)	9 (52.9%)	23 (76.7%)	28 (63.6%)	38 (79.2%)	59 (80.8%)	0.045	1.02 (0.92-1.12)	1.14 (1.07-1.21)
<b>Suicide</b>	59 (57.8%)	12 (63.2%)	9 (45.0%)	8 (47.1%)	9 (50.0%)	21 (75.0%)	0.317	1.01 (0.90-1.12)	1.04 (0.95-1.14)
<b>Trauma</b>	79 (68.1%)	11 (64.7%)	18 (75.0%)	7 (53.9%)	15 (60.0%)	28 (75.7%)	0.743	1.00 (0.89-1.12)	1.07 (0.99-1.17)

N.B. In this work an increase in the deprivation decile indicates a higher level of local deprivation

\* Adjusted for age, sex, region and rural/urban area

Children who died with modifiable factors showed a stronger gradient with increasing deprivation (RR 1.12 (1.09-1.15)) compared to those who died without (RR 1.07 (1.05-1.08)). Individually, only those modifiable factors relating to social environment appeared to show this gradient ( $p_{\text{trend}} < 0.001$ ), with less evidence (but small numbers) for those factors around the child, services, or their physical environment. When stratifying by the category of death there was evidence that modifiable factors were more commonly identified in deaths in areas of greater deprivation for congenital anomalies ( $p_{\text{trend}} = 0.001$ ), perinatal ( $p_{\text{trend}} = 0.045$ ) and SUDIC ( $p_{\text{trend}} = 0.045$ ) deaths; with corresponding greater relative risks with deprivation compared to deaths without modifiable factors identified (e.g. Relative risk of death from a congenital abnormality with increasing deprivation was 1.11 (95% CI 1.07-1.15) for deaths without modifiable factors, and 1.27 (95% CI 1.16-1.40) for those with).

When analysing the associations between the risk of childhood death and the deprivation sub-domains (Appendix 1), many of the components of the IMD appeared to be closely correlated, with Income and Employment the highest correlation of 0.939 (Appendix 2). The sub-domains selected by the adaptive model, as the strongest associations with childhood deaths (and each categories of death), are shown in Table 5.

**Table 5. Sub-domain measures identified as strongest associations with childhood death**

IMD Sub-decile	Category of Death										
	All Deaths	Acute Medical and Surgical	Congenital Anomalies	Chronic Medical	Deliberately Inflicted Injury	Infection	Malignancy	Perinatal	SUDIC	Suicide or deliberate self-harm	Trauma
Income											
Employment	1.04 (1.01-1.07)							1.04 (1.01-1.07)		1.12 (1.02-1.23)	
Child Education						1.11 (1.05-1.18)					
Adult Education	1.03 (1.00-1.05)		1.12 (1.08-1.16)								
Health		1.07 (1.01-1.14)		1.13 (1.05-1.21)							
Crime	0.97 (0.95-0.99)		0.95 (0.91-0.99)							0.90 (0.82-0.99)	
Geographic Barriers											
Wider Barriers	1.06 (1.03-1.08)		1.07 (1.02-1.12)					1.06 (1.02-1.11)			
Outdoor Living Environment			1.04 (1.01-1.07)								
Indoor Living Environment	1.03 (1.01-1.05)		1.05 (1.01-1.09)								

\* Adjusted for age, sex, region and rural/urban area

Red boxes show measures where increase in deprivation measures are associated with high risks of death

Green boxes show measures where increase in deprivation measures are associated with lower risks of death

Measures of deprivation in the domains of Employment, Adult Education, Wider barriers (includes issues relating to housing such as affordability and homelessness) and Indoor Living Environments were identified as most correlated with all-cause mortality. Crime also appeared correlated, but in the opposite direction to the others (i.e. increasing measures of deprivation was associated with lower mortality). There was no clear association of any sub-domain and death by malignancy or deliberately inflicted injury; while in contrast the model for perinatal deaths (the single most common category of death) identified measures of Employment and Wider Barriers as possible predictors. Due to the unexpected association between measures of Crime and reductions in risk of death in the adaptive models, a post-hoc analysis was performed to assess the association between this measure and overall mortality. In this model (without the other sub-domain measures of deprivation), increases in measures of deprivation related to crime were associated with increased child mortality (RR 1.06 (95% CI 1.03-1.09),  $p < 0.001$ ).

1 Repeating the main analysis but using the Income Deprivation Affecting Children Index (IDACI), a metric for the  
2 proportion of all children (aged 0 to 15) living in income deprived families, gave similar results to the main analysis  
3 (unadjusted RR 1.10 (95% CI 1.09-1.12),  $p < 0.001$ ); fully adjusted RR 1.08 (95% CI 1.06-1.09),  $p < 0.001$ ).  
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## 6 **DISCUSSION**

### 7 **Key Findings**

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10 Over a fifth of all child deaths may be avoided if the most deprived half of the population had the same mortality as the  
11 least deprived, alongside pervasive evidence of a clear gradient of increasing childhood mortality across England as  
12 measures of deprivation increase; with a striking finding that this varied little by area, age or other demographic  
13 factors. While we acknowledge this gradient is not new[9], the magnitude of the associations is sobering and this  
14 study adds detail around the social patterning of potentially modifiable factors. The proportion of modifiable factors  
15 increased with increasing deprivation; and this appeared to be restricted to social factors such as financial difficulties,  
16 homelessness or poor maternal nutrition. In this detailed analysis an association was seen in most of the categories of  
17 death (including the largest category, perinatal); with only causation of death by malignancies, suicide or deliberate  
18 self-inflicted harm, and trauma not having clear evidence of an association. .  
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### 25 **Strengths and Limitations**

26  
27 Chance and statistical power are always potential limitations in any statistical analysis, although results in this work  
28 were relatively precise. NCMD data is likely to have captured the vast majority of deaths, as child death notifications in  
29 England to the NCMD are a statutory requirement, and comparisons with ONS child mortality data for 0-15 year olds  
30 in England in 2020, show that there were 1% more deaths reported in NCMD.[18] However, we acknowledge that  
31 some deaths may not have been reported. In addition, postcode data may not have been the child's only residence;  
32 so other influences, unmeasured in this work, may have also impacted on their outcome. However this seems unlikely  
33 to have introduced significant bias, and the population nature of the index may be more likely to reduce any direct  
34 effect of inequalities than introduce a false association at the individual level. It is important to note that measures of  
35 deprivation are derived from neighbourhood measures, and even if directly relevant to the child, assumptions of  
36 causality are complex. In contrast, the relative increase in reported modifiable factors, as the index of deprivation  
37 increases does suggest that some of the excess mortality estimated here maybe avoidable. This work is novel, with  
38 the ability to report and review an individual/record level cohort of childhood mortality, alongside the detailed  
39 information obtained at the multi-agency review of every death.  
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### 47 **Results in Context**

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49 The population attributable risk (of 20%) identified here is crude, but a worrying estimate of the impact of deprivation in  
50 child mortality in England; and would equate to over 700 excess deaths a year in England. It highlights the importance  
51 of future work to identify the causal pathways involved and to develop interventions that effectively address the causes  
52 and improve survival. While some areas appear relatively unrelated to deprivation (e.g. malignancy) most of these  
53 represent relatively uncommon categories of death. Perinatal events, which was the most prevalent, were strongly  
54 associated with deprivation and modifiable factors. We did identify some levels of variation of this association across  
55 some measures available to us, but overall the increasing risk with deprivation and child mortality was seen across the  
56 whole of England, in all age groups, and communities. Children under 1 living in areas of greater deprivation did  
57 appear to have the highest risk of death and this needs further analysis and exploration of potential causal  
58 mechanisms but may be due to different disease processes affecting children at different ages, or the differential  
59  
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1 impact of deprivation at critical periods of the children's lives. This finding is consistent with the findings from the  
2 national perinatal mortality surveillance data, which reported that women living in the most deprived areas are at an  
3 80% higher risk of stillbirth and neonatal death compared to women living in the least deprived areas.[19] Given that  
4 death caused by perinatal events also represents the biggest number of childhood deaths in England,[20] these  
5 findings provide further evidence for the importance of prioritising interventions around pregnancy and the start of life  
6 when parents are especially open to support, and targeting families at higher risk.[1] The Marmot review and  
7 subsequent reviews recommend that equity be placed at the heart of national decisions about education policy and  
8 funding.[1] This study provides further evidence for continued investment in current policies such as the National  
9 Healthy Child Programme which are based in the concept of proportionate universalism and designed to address  
10 health inequalities for children aged 0-19.[21]

11 Like the wider association with all deaths, the mechanisms are likely to be highly complex, and a combination of the  
12 intergenerational impact of poverty on family health and lifestyle choices such as maternal diet and family nutrition,[22]  
13 parental smoking,[23] as well as the environmental impacts of deprivation, such as housing quality, road traffic  
14 pollution, and access to health and social care services which create intersectional disadvantage. Further evaluation  
15 of community level interventions is needed, for example there is evidence that programmes such as Sure Start  
16 reduced the likelihood of hospitalisation among children of primary school age with greater impact on children living in  
17 the most deprived areas.[24]

## 28 **Wider Implications**

29 Reviewing the components which make up the deprivation index, it should be noted that many of the measures  
30 remain very inter-dependent (e.g. income and education) and interpretation should be cautious. Despite universal  
31 healthcare, employment was a key association for several of the cause of death categories, and access to care is  
32 likely to be an important mediating factor that is amenable to change.[25] A strong association between child mortality  
33 and income inequality has been reported amongst the wealthier OECD countries[26] and the UK has among the  
34 highest levels of income inequality in Europe.[27] The highest reported measure of income inequality in the UK over  
35 the last decade was in the period April 2019 to March 2020[28] and impacts from the COVID pandemic are likely to  
36 have worsened this trend. It is notable that Employment, Adult Education, Wider barriers and Indoor Living  
37 Environments appear important predictors of child mortality suggesting that adult employment and education  
38 opportunities, and access and improvements to housing, may be the most efficient place to target resources in order  
39 to reduce these inequalities. This triangulates with qualitative work which identified the lack of cleanliness, unsuitable  
40 accommodation (e.g. overcrowding or damp/mould) and financial issues being commonly reported modifiable factors  
41 after a child dies.[12] Some component of reverse causality is possible, with households moving to more deprived  
42 areas due to family impact of childhood ill health and disability; although children with chronic health conditions may  
43 find accessing services or housing/financial support more difficult than others. [12] The unexpected association, in the  
44 multivariable model, was that of an inverse relationship (compared to the other data) with measures of crime. While it  
45 should be noted that before adjusting for other, correlated, measures of deprivation, increasing measures of crime  
46 remained associated with increased risk of childhood death; the finding is interesting, and some component measured  
47 in the crime metric provides additional and novel information in this area.

48 Currently the child death review data collection form contains a free text area where social deprivation related factors  
49 are noted if considered relevant by the CDOP review panel. The form does not include specific and prompting  
50 questions for possible factors relating to social deprivation, and improvements in collecting these data in a  
51 standardised format would assist in more detailed analysis of future deaths; and comparisons with control population  
52

1 would be vital in placing future work in context. Any future analyses should explore the information collected about the  
2 circumstances of death and modifiable factors in greater detail while analyses following on from this will also need to  
3 interpret the results in the context of the economic and social impact of the COVID-19 pandemic.  
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## 7 **Conclusion**

8 There is evidence of a clear gradient of increasing child mortality across England as measures of deprivation increase;  
9 with a striking finding that this varied little by area, age or other demographic factor. Over a fifth of all child deaths may  
10 be avoided if the most deprived half of the population had the same mortality as the least deprived. Children dying in  
11 more deprived areas may have a greater proportion of avoidable deaths, while adult employment and education  
12 opportunities, and access and improvements to housing, may be the most efficient place to target resources in order  
13 to reduce these inequalities.  
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We thank the NCMD team for technical and administrative support.

## Ethics approval and consent to participate

The NCMD legal basis to collect confidential and personal level data under the Common Law Duty of Confidentiality has been established through the Children Act 2004 Sections M - N, Working Together to Safeguard Children 2018 ([https://consult.education.gov.uk/child-protection-safeguarding-and-family-law/working-together-to-safeguard-children-revisions-t/supporting\\_documents/Working%20Together%20to%20Safeguard%20Children.pdf](https://consult.education.gov.uk/child-protection-safeguarding-and-family-law/working-together-to-safeguard-children-revisions-t/supporting_documents/Working%20Together%20to%20Safeguard%20Children.pdf)) and associated Child Death Review Statutory & Operational Guidance ([https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/859302/child-death-review-statutory-and-operational-guidance-england.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/859302/child-death-review-statutory-and-operational-guidance-england.pdf)).

The NCMD legal basis to collect personal data under the General Data Protection Regulation (GDPR) without consent is defined by GDPR Article 6 (e) Public task and 9 (h) Health or social care (with a basis in law).

## Authors Contributions

David O: I declare that I participated in the study concept and design, contributed to acquisition, analysis and interpretation of data, drafting and review of the manuscript and that I have seen and approved the final version.

SS: I declare that I participated in the study design, contributed to data acquisition, linkage, analysis and interpretation of analysis, drafting and review of the manuscript; and that I have seen and approved the final version.

TW: I declare that I participated in the study design, contributed to data acquisition, linkage, analysis and interpretation of data analyses, reviewing the manuscript; and that I have seen and approved the final version.

Dawn O: I declare that I contributed to study design, interpretation of data analysis, reviewing the manuscript; and that I have seen and approved the final version.

JK: I declare that I contributed to study design, interpretation of data analysis, reviewing the manuscript; and that I have seen and approved the final version.

IW: I declare that I contributed to study design, interpretation of data analysis, reviewing the manuscript; and that I have seen and approved the final version.

KL: I declare that I obtained funding for this work, participated in the study concept and design, contributed to data acquisition and interpretation of data, drafting and reviewing the manuscript; and that I have seen and approved the final version.

## Competing Interests

David O: I have no conflicts of interest.

SS: I have no conflicts of interest.

TW: I have no conflicts of interest.

Dawn O: I have no conflicts of interest.



1 JK: I have no conflicts of interest.

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3 KL: I have no conflicts of interest.

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## 25 **Availability of data**

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27 Aggregate data may be available on request to the corresponding author, and subject to approval by HQIP.  
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For peer review only

**Figure 1. Number of deaths with modifiable factors identified at review, split by measure of local deprivation**

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Figure 1. Number of Deaths with Modifiable Factors identified at review, split by measure of local deprivation.

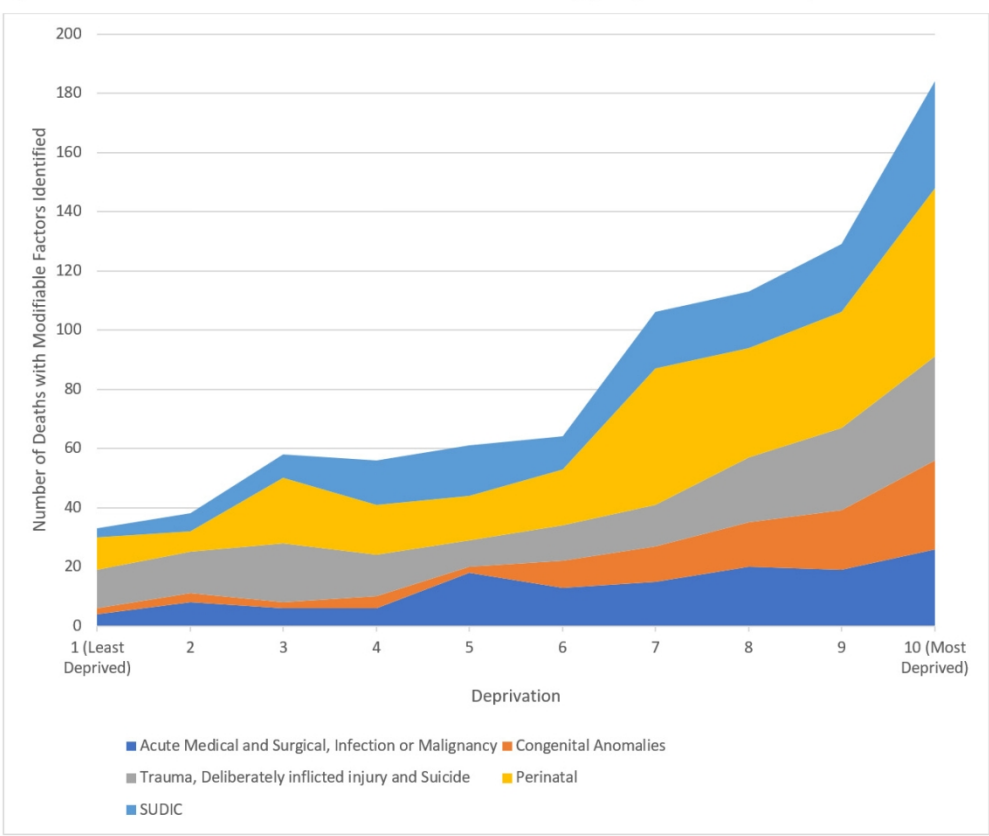


Figure 1. Number of deaths with modifiable factors identified at review, split by measure of local deprivation

468x407mm (72 x 72 DPI)

## Appendix 1. Sub-domains of deprivation (Weight for the overall IMD in brackets).

### Income Deprivation (22.5%)

The Income Deprivation Domain measures the proportion of the population in an area experiencing deprivation relating to low income.

### Employment Deprivation (22.5%)

The Employment Deprivation Domain measures the proportion of the working-age population in an area involuntarily excluded from the labour market; this includes people who are unable to work due to unemployment, sickness or disability, or caring responsibilities.

### Education, Skills and Training Deprivation (13.5%)

The Education, Skills and Training Domain measures the lack of attainment and skills in the local population. The indicators fall into two sub-domains: one relating to children and young people and one relating to adult skills. The Children and Young People Sub-domain measures the attainment of qualifications and associated measures, while the Adult Skills Sub-domain measures the lack of qualifications in the resident working-age adult population.

### Health Deprivation and Disability (13.5%)

The Health Deprivation and Disability Domain measures the risk of premature death and the impairment of quality of life through poor physical or mental health. The domain measures morbidity, disability and premature mortality but not aspects of behaviour or environment that may be predictive of future health deprivation.

### Crime (9.3%)

The Crime Domain measures the risk of personal and material victimisation at local level.

### Barriers to Housing and Services (9.3%)

The Barriers to Housing and Services Domain measures the physical and financial accessibility of housing and local services. The indicators fall into two sub-domains: the Geographical Barriers Sub-domain, which relates to the physical proximity of local services, and the Wider Barriers Sub-domain which includes issues relating to access to housing such as affordability.

### Living Environment Deprivation (9.3%)

The Living Environment Deprivation Domain measures the quality of the local environment. The indicators fall into two sub-domains. The Indoors Sub-domain measures the quality of housing; while the Outdoors Sub-domain contains measures of air quality and road traffic accidents.

1 **Appendix 2. Weights of each sub-decile domain towards the total score, and correlations between domains.**

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	Income	Employment	Health	Crime	Child Education	Adult Education	Geographic Barriers	Wider Barriers	Indoor Living Environment	Outdoor Living Environment
Income	1.000									
Employment	0.938	1.000								
Health	0.800	0.849	1.000							
Crime	0.652	0.607	0.591	1.000						
Child Education	0.733	0.723	0.659	0.456	1.000					
Adult Education	0.784	0.799	0.701	0.499	0.769	1.00				
Geographic Barriers	-0.443	-0.380	-0.367	-0.464	-0.228	-0.251	1.000			
Wider Barriers	0.539	0.393	0.273	0.512	0.295	0.298	-0.487	1.00		
Indoor Living Environment	0.173	0.137	0.168	0.187	0.124	0.047	-0.191	0.133	1.00	
Outdoor Living Environment	0.257	0.153	0.131	0.447	0.009	0.083	-0.410	0.575	0.150	1.00

17 Off-diagonal measures are correlation between sub-deciles of the IMD.

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STROBE Statement—Checklist of items that should be included in reports of *cohort studies*

	Item No	Recommendation	Page No
<b>Title and abstract</b>	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found	1 3
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	4
Objectives	3	State specific objectives, including any prespecified hypotheses	4
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	5
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	5
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up (b) For matched studies, give matching criteria and number of exposed and unexposed	5-6
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	5-6
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	5-6
Bias	9	Describe any efforts to address potential sources of bias	5
Study size	10	Explain how the study size was arrived at	5
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	5
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding (b) Describe any methods used to examine subgroups and interactions (c) Explain how missing data were addressed (d) If applicable, explain how loss to follow-up was addressed (e) Describe any sensitivity analyses	5-6 5-6 5 5 6
<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (b) Give reasons for non-participation at each stage (c) Consider use of a flow diagram	6 - -
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders (b) Indicate number of participants with missing data for each variable of interest (c) Summarise follow-up time (eg, average and total amount)	Table 1 Table 1 -
Outcome data	15*	Report numbers of outcome events or summary measures over time	6



1	Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	7
2			(b) Report category boundaries when continuous variables were categorized	-
3			(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	-
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9	Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	7-8
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11	<b>Discussion</b>			
12				
13	Key results	18	Summarise key results with reference to study objectives	8
14	Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	8-9
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17	Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	9-10
18				
19	Generalisability	21	Discuss the generalisability (external validity) of the study results	9-10
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21	<b>Other information</b>			
22	Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	12
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26 \*Give information separately for exposed and unexposed groups.

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28 **Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and  
29 published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely  
30 available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at  
31 <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is  
32 available at <http://www.strobe-statement.org>.  
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# BMJ Open

## WHAT IS THE RELATIONSHIP BETWEEN DEPRIVATION, MODIFIABLE FACTORS, AND CHILDHOOD DEATHS. A COHORT STUDY USING THE ENGLISH NATIONAL CHILD MORTALITY DATABASE

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Date Submitted by the Author:	20-Oct-2022
Complete List of Authors:	Odd, David; Cardiff University, Division of Population Medicine; University of Bristol, National Child Mortality Database Stoianova, Sylvia; University of Bristol, National Child Mortality Database Williams, Tom; University of Bristol, National Child Mortality Database Odd, Dawn; University of the West of England, School of Health and Social Wellbeing Kurinczuk, Jennifer; University of Oxford, National Perinatal Epidemiology Unit Wolfe, Ingrid; King's College London, Department of Women's and Children's Health Luyt, Karen; University of Bristol, National Child Mortality Database
<b>Primary Subject Heading</b>:	Epidemiology
Secondary Subject Heading:	Paediatrics, Public health
Keywords:	EPIDEMIOLOGY, PAEDIATRICS, PUBLIC HEALTH

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**WHAT IS THE RELATIONSHIP BETWEEN DEPRIVATION, MODIFIABLE FACTORS, AND CHILDHOOD DEATHS.  
A COHORT STUDY USING THE ENGLISH NATIONAL CHILD MORTALITY DATABASE**

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**Key Words:**

deprivation, inequalities, pandemic, mortality, death, child, infant

**Word Count:** 3700

## ABSTRACT

**Objectives:** The aim of this analysis is to identify the patterns of social deprivation and childhood mortality; and identify potential points where public health, social and education interventions, or health policy may be best targeted.

**Design:** Decile of deprivation and underlying population distribution was derived using Office for National Statistics data. The risk of death was then derived using a Poisson regression model, calculating the increasing risk of death for each increasing deprivation decile.

**Setting:** England

**Participants:** 2688 deaths before 18 years of age reviewed between the April 2019 and March 2020.

**Main Outcome Measures:** The relationship between deprivation and risk of death; for deaths with, and without modifiable factors.

**Results:** There was evidence of increasing mortality risk with increase in deprivation decile, with children in the least deprived areas having a mortality of 13.25 (11.78-14.86) per 100000 person-years, compared to 31.14 (29.13-33.25) in the most deprived decile (RR 1.08 (1.07 to 1.10)); with the gradient of risk stronger in children who died with modifiable factors than those without (RR 1.12 (1.09 to 1.15)) vs (RR 1.07 (1.05 to 1.08)). Deprivation sub-domains of Employment, Adult Education, Barriers to Housing and Services, and Indoor Living Environments appeared to be the most important predictors of child mortality

**Conclusions:** There is a clear gradient of increasing child mortality across England as measures of deprivation increase; with a striking finding that this varied little by area, age or other demographic factor. Over a fifth of all child deaths may be avoided if the most deprived half of the population had the same mortality as the least deprived. Children dying in more deprived areas may have a greater proportion of avoidable deaths. Adult employment, and improvements to housing, may be the most efficient place to target resources to reduce these inequalities.

### Strengths and limitations of this study

- Based on statutory death registrations
- High level of data completeness
- Detailed measures on all childhood deaths
- Limited precision due to small numbers of individual events
- Denominators based on population estimates.

## BACKGROUND

The death of every child is a devastating loss that profoundly affects bereaved parents as well as siblings, grandparents, extended family members, friends and professionals. The evidence relating to social deprivation and death is strongest for infant mortality however the effects appear measurable across the life course.[1] A systematic review examining the relationship between social factors and early childhood health and developmental outcomes provides strong evidence that factors such as neighbourhood deprivation, lower parental income, unemployment and educational attainment, lower occupational social class, heavy physical occupational demands, lack of housing tenure, and material deprivation in the household are all independently associated with a wide range of adverse health outcomes.[2]

We know that early child development plays a major role in affecting future life chances and health throughout the life course[3] with adverse exposures having greater impacts on younger children.[4] While initiatives have been proposed to reduce the impact of deprivation on health,[5] babies, children, and young people remain the most vulnerable in society. Currently England has one of the highest infant mortality rates in Europe[6, 7] and while much of the variation may be due to socioeconomic factors,[8] it is clear that since infant mortality among the most deprived groups continues to rise,[9] effective policies and other interventions are either lacking or have not been successfully implemented. While the COVID pandemic continues to impact delivery of social and healthcare programs across the world, the longer term impact on economies and social and healthcare budgets is likely to be substantial, and social inequalities even in developed nations, may worsen.

The National Child Mortality Database (NCMD) Programme was established in 2018 to collate and analyse data about all children in England who die before their 18<sup>th</sup> birthday, with statutory death notifications required within 48 hours[10]. The data are collated from the 58 Child Death Overview Panels (CDOPs) in England who carry out detailed analysis of the circumstances of death and identify the modifiable contributory factors relevant to the death as part of the child death review (CDR) process with the aim of identifying common themes to guide learning and inform actions to reduce future child deaths.[11] The CDR process is statutory, with the Children Act 2004 mandating the review and analysis of all child deaths so the circumstances of death that relate to the welfare of children locally and nationally, or to public health and safety, are identified and understood, and preventive actions established. This work is based on the NCMD Programme's first thematic report.[12]

### Aims

The aim of this analysis is to identify and report the patterns of social deprivation, and modifiable factors in relation to childhood mortality, and identify potential intervention points and high risk groups where public health, social and education, or health policy may be best targeted.

## METHODS

Three external sources of data were linked to the child death review data using the smallest geographical level of the deprivation index (the Lower Super Output Area (LSOA)). The main measure of deprivation used here is derived from the ONS Index of Multiple Deprivation; which is a complex summary statistic[13] and then split into 10 equal sized (by people) deciles. In this work, a higher decile of deprivation represents a higher level of deprivation in the area where the child lived. The LSOA code also allowed further estimation of the population estimates of age and sex,[14] its rural (Rural town and fringe, Rural village) or urban (Urban city and town, Urban major conurbation) status[15] and its location in England (East Midlands, East of England, London, North East, North West, South East, South West, West Midlands, Yorkshire and the Humber).[16]

## Exploratory Variables

For the primary exploratory analysis variables of interest were:

- Age of death (age as a continuous measure) then coded for analysis and presentation as <1 year, 1-4 years, 5-9 years, 10-14 years and 15-17 years).
- Sex (male, female, or missing (including “indeterminate”, “not known”, “N/A”, “NULL” etc)).
- Area of residence: Urban vs Rural[15]
- Region of England.
- Ethnicity was coded as White, Asian or British Asian, Black or British Black, Mixed or Other.

## Specific Detailed Data from Child Death Review Process

The CDOP is responsible for identifying any modifiable factors in relation to the child’s death. Modifiable factors are those which may have contributed to the death of the child and which might, by means of a locally or nationally achievable intervention, be modified to reduce the risk of future deaths. Factors identified by the CDOP were further classified as (aligning with the statutory Child Death Review categories):

- Characteristics of the child (e.g. loss of key relationships, risk taking behaviour, comorbidity, prematurity, congenital anomaly, learning disability, eating disorder, suicidal ideation or previous suicide attempt)
- Social Environment (e.g. abuse, parenting, consanguinity, financial pressures/hardship)
- Physical Environment (e.g. animal attack, homicide, vehicle related deaths, safety within the home, unsafe infant sleeping practices, and public equipment)
- Service Provision (e.g. gaps in service provision, failure to follow guidelines, poor communication, staffing issues and bed occupancy)

Category of death was allocated by the CDOP while reviewing the case and was categorised as; Acute Medical and Surgical, Congenital Anomalies, Chronic Medical, Deliberately inflicted injury, Infection, Malignancy, Perinatal, Sudden Unexplained Death in Childhood (SUDIC), Suicide or deliberate self-inflicted harm or Trauma.

## Analysis

Initially the characteristics of all child deaths reviewed between April 2019 and March 2020 were derived, stratified by the available covariates (listed above). Next we derived the proportion of deaths in each deprivation decile. Evidence of any trend in proportions by increasing deprivation decile were tested using a nonparametric test for trend across ordered groups.[17] This was then repeated for each category of death.

Second, to assess any association between deprivation and the risk of death, the population distribution was derived using ONS data for each LSOA producing a dataset with the predicted numbers of children of each age, sex, rural/urban status and region. The risk of death was then derived using a Poisson regression model, calculating the increasing risk of death for each increasing deprivation decile, with the model then adjusted for the other known underlying population characteristics or possible confounders (sex, age, rural/urban area and region). Lastly both the unadjusted and adjusted model were repeated for each reported category of death and tested (using the likelihood ratio test) to assess if the association between deprivation measures and overall mortality was modified by sex, age category, region, rural/urban status or local population density (total population per 100 m<sup>2</sup>). Finally for overall mortality a separate model was derived for those children in the lowest five vs the highest five deciles of deprivation, and used to estimate the population attributable risk fraction for those children living the in the most deprived five deciles.

Next, to interrogate the possible causes we initially derived the number, proportion and evidence of trend of modifiable factors identified at the CDOP review across each deprivation decile. We then calculated the increasing risk of death

for each increasing deprivation decile separately for those deaths with, or without, modifiable factors identified. The analyses were repeated, stratified by the sub-categories of modifiable factors, and by the category of death.

### Role of Funding Source

NHS England provided additional funding to the NCMD to enable rapid set up of the real-time surveillance system and staff time to support its function.

### Patient and public involvement

Parent and public involvement is at the heart of the NCMD programme. We are indebted to Charlotte Bevan (Sands - Stillbirth and Neonatal Death Charity), Therese McAlorum (Child Bereavement UK) and Jenny Ward (Lullaby Trust), who represent bereaved families on the NCMD programme steering group.

### Data availability

Aggregate data may be available on request to the corresponding author, and subject to approval by HQIP.

## RESULTS

A total of 2688 childhood deaths were reviewed by CDOPs between April 2019 and March 2020 and linked to deprivation measures (Table 1).

**Table 1. Characteristics of the populations of child deaths reviewed by CDOPs in England during 2019/2020**

Measure	N	Child deaths reviewed 2019/2020
<b>All Deaths</b>	2688	-
<b>Age of Death</b>	2688	
<1 year		1675 (62.3%)
1-4 Years		322 (12.0%)
5-9 Years		211 (7.9%)
10-14 Years		227 (8.4%)
15-17 Years		253 (9.4%)
<b>Sex</b>	2670	
Male		1505 (56.4%)
Female		1165 (43.6%)
<b>Area of residence</b>	2688	
Rural		328 (12.2%)
Urban		2360 (87.8%)
<b>Ethnicity</b>	2390	
White		1554 (65.0%)
Asian or British Asian		427 (17.9%)
Black or British Black		188 (7.9%)
Mixed		136 (5.7%)
Other		85 (3.6%)
<b>Region of residence</b>	2688	
East Midlands		214 (8.0%)
East of England		211 (8.2%)
London		473 (17.6%)
North East		109 (4.1%)
North West		362 (13.5%)
South East		336 (12.5%)
South West		232 (8.6%)
West Midlands		400 (12.9%)
Yorkshire and the Humber		341 (12.7%)



The most common age at death was less than 1 year (62.3%) and more boys than girls died (56.5 vs 43.6% respectively). The majority lived in areas defined as urban (87.8%) and most were of a white ethnic background (65.0%). The number of deaths ( $p_{\text{trend}}=0.003$ ), and the risk of death ( $p_{\text{trend}}<0.001$ ) was more common for children in the most deprived deciles (Table 2). Children in the least deprived two deciles had a mortality risk of 13.25 (95% CI 11.78-14.86) per 100,00 person-years, compared to 31.14 (95% CI 29.13-33.25) in the most deprived 2 deciles.

**Table 2. Deaths and risk of death by deprivation decile, stratified by the category of death and patient characteristics of child deaths**

Measure	Deprivation Decile					Median Decile (IQR)	$P_{\text{trend}}$
	1/2 (Least Deprived)	3/4	5/6	7/8	9/10 (Most Deprived)		
<b>Numbers of Deaths</b>	<b>N (%)</b>						
<b>All Deaths</b>	293 (10.9%)	383 (14.2%)	476 (17.7%)	644 (24.0%)	892 (33.2%)	7 (4-9)	0.003
<b>Category of Death</b>							
<b>Acute Medical and Surgical</b>	22 (12.9%)	30 (17.5%)	28 (16.4%)	46 (27.0%)	45 (26.3%)	7 (4-9)	0.017
<b>Congenital Anomalies</b>	60 (9.0%)	71 (10.7%)	117 (17.6%)	147 (22.1%)	270 (40.6%)	7 (5-9)	0.003
<b>Chronic Medical</b>	15 (11.2%)	16 (11.9%)	30 (22.4%)	31 (23.1%)	42 (31.3%)	7 (5-9)	0.006
<b>Deliberately inflicted injury</b>	8 (13.1%)	8 (13.1%)	8 (13.1%)	16 (26.2%)	21 (34.4%)	8 (4-9)	0.025
<b>Infection</b>	23 (13.4%)	15 (8.7%)	25 (14.5%)	54 (31.4%)	55 (32.0%)	7 (5-9)	0.021
<b>Malignancy</b>	38 (18.1%)	41 (19.5%)	42 (20.0%)	36 (17.1%)	53 (25.2%)	5 (3-8)	0.326
<b>Perinatal</b>	74 (8.8%)	128 (15.1%)	152 (18.0%)	223 (26.4%)	268 (31.7%)	7 (4-9)	0.006
<b>SUDIC</b>	17 (8.0%)	30 (14.2%)	44 (20.8%)	48 (22.6%)	73 (34.4%)	7 (4-9)	0.003
<b>Suicide or deliberate self-inflicted harm</b>	19 (18.6%)	20 (19.6%)	17 (16.7%)	18 (17.7%)	28 (27.5%)	6 (3-9)	0.296
<b>Trauma</b>	17 (14.7%)	24 (20.7%)	13 (11.2%)	25 (21.6%)	37 (31.9%)	7 (3-9)	0.038
	<b>Risk (per 100,000 children) (95% CI)</b>					<b>Overall Risk (95% CI)</b>	
<b>All Deaths</b>	13.25 (11.78-14.86)	17.78 (16.04-19.65)	21.10 (19.25-23.09)	26.01 (24.04-28.10)	31.14 (29.13-33.25)	26.01 (24.04-28.10)	<0.001
<b>Category of Death</b>							
<b>Acute Medical and Surgical</b>	1.00 (0.62-1.51)	1.39 (0.94-1.99)	1.24 (0.82-1.79)	1.86 (1.36-2.48)	1.57 (1.15-2.10)	1.43 (1.22-1.66)	0.030
<b>Congenital Anomalies</b>	2.71 (2.07-3.49)	3.30 (2.57-4.16)	5.19 (4.29-6.22)	5.94 (5.02-6.98)	9.43 (8.33-10.62)	5.56 (5.15-6.00)	<0.001
<b>Chronic Medical</b>	0.68 (0.38-1.12)	0.75 (0.42-1.21)	1.33 (0.90-1.90)	1.25 (0.85-1.78)	1.47 (1.06-1.98)	1.12 (0.94-1.33)	0.004
<b>Deliberately inflicted injury</b>	0.13 (0.16-0.71)	0.37 (0.16-0.73)	0.35 (0.15-0.70)	0.65 (0.37-1.050)	0.73 (0.45-1.12)	0.51 (0.39-0.66)	0.009
<b>Infection</b>	1.04 (0.66-1.56)	0.70 (0.39-1.15)	1.11 (0.72-1.64)	2.18 (1.64-2.85)	1.92 (1.45-2.50)	1.44 (1.23-1.67)	<0.001
<b>Malignancy</b>	1.72 (1.22-2.36)	1.91 (1.37-2.58)	1.86 (1.34-2.52)	1.45 (1.02-2.01)	1.85 (1.39-2.42)	1.76 (1.53-2.01)	0.868
<b>Perinatal</b>	3.35 (2.63-4.20)	5.94 (4.96-7.07)	6.74 (5.71-7.90)	9.01 (7.86-10.27)	9.36 (8.27-10.54)	7.06 (6.60-7.56)	<0.001
<b>SUDIC</b>	0.77 (0.45-1.23)	1.39 (0.94-1.99)	1.95 (1.42-2.62)	1.94 (1.43-2.57)	2.55 (2.00-3.20)	1.77 (1.54-2.03)	<0.001
<b>Suicide or deliberate self-inflicted harm</b>	0.86 (0.52-1.34)	0.93 (0.57-1.43)	0.75 (0.44-1.21)	0.73 (0.43-1.15)	0.98 (0.65-1.41)	0.85 (0.70-1.04)	0.831
<b>Trauma</b>	0.77 (0.45-1.23)	1.11 (0.71-1.66)	0.58 (0.31-0.99)	1.01 (0.65-1.49)	1.29 (0.91-1.78)	0.97 (0.80-1.16)	0.075

N.B. In this work an increase in the deprivation decile indicates a higher level of local deprivation

When looking at the categories of death, deaths due to acute medical or surgical disease ( $p_{\text{trend}}=0.017$ ), congenital anomalies ( $p_{\text{trend}}=0.003$ ), chronic medical ( $p_{\text{trend}}=0.006$ ), deliberate inflicted injury ( $p_{\text{trend}}=0.025$ ), infection ( $p_{\text{trend}}=0.021$ ), perinatal ( $p_{\text{trend}}=0.006$ ), SUDIC ( $p_{\text{trend}}=0.003$ ) and trauma ( $p_{\text{trend}}=0.038$ ) appeared to be associated with increasing deprivation. There was little evidence of an association between increasing deprivation and deaths from malignancy ( $p_{\text{trend}}=0.326$ ) or suicide or deliberate self-inflicted harm ( $p_{\text{trend}}=0.296$ ).

Overall, child mortality was estimated at 22.47(95% CI 21.63-23.34) per 100,000 children/year (Table 3). When estimating the relative risk of death using an unadjusted Poisson model, there was an increasing risk of all-cause mortality as measures of deprivation increased (RR 1.11 (95% CI 1.09-1.12),  $p<0.001$ ); but also for death categorised as acute medical or surgical (RR 1.06 (95% CI 1.01-1.12),  $p=0.030$ ), congenital anomalies (RR 1.17 (95% CI 1.14-1.21),  $p<0.001$ ), chronic medical (RR 1.09 (95% CI 1.03-1.16),  $p=0.004$ ), deliberately inflicted injury (RR 1.13 (95% CI 1.03-1.24),  $p=0.009$ ), infection (RR 1.13 (95% CI 1.07-1.19),  $p<0.001$ ), perinatal (RR 1.11 (95% CI 1.09-1.14),  $p<0.001$ ), and SUDIC (RR 1.13 (95% CI 1.08-1.19),  $p<0.001$ ) (Table 3). After adjusting for age, sex, region and rural status, the association with all-cause mortality (RR 1.08 (95% CI 1.07-1.10),  $p<0.001$ ) and for congenital

anomalies (RR 1.13 (95% CI 1.10-1.17), p<0.001), chronic medical (RR 1.09 (95% CI 1.02-1.17), p=0.007), deliberately inflicted injury (RR 1.11 (95% CI 1.00-1.22), p=0.040), infection (RR 1.11 (95% CI 1.05-1.18), p<0.001), perinatal (RR 1.07 (95% CI 1.04-1.10), p<0.001), and SUDIC (RR 1.10 (95% CI 1.05-1.16), p<0.001) remained. However, in the adjusted analysis, the association between death in the acute medical or surgical category with increasing measures of deprivation weakened slightly (RR 1.06 (95% CI 1.00-1.12), p=0.052). There was little evidence to suggest an association with malignancy (RR 1.00 (95% CI 0.95-1.05), p=0.979), suicide or deliberate self-inflicted harm (RR 1.03 (95% CI 0.96-1.10), p=0.475) or trauma (RR 1.05 (95% CI 0.98-1.12), p=0.174) in the adjusted (or unadjusted) analyses (Table 3).

**Table 3. Relative risk of death for increasing deprivation stratified by category of death, and testing for interactions by characteristics of the child deaths**

Measure	Unadjusted				Adjusted*			
	n	Risk per 100,00 children/year	RR 95% CI	p	n	RR 95% CI	p	
All Deaths	2688	22.47 (21.63-23.34)	1.11 (1.09-1.12)	<0.001	2670	1.08 (1.07-1.10)	<0.001	
Acute Medical and Surgical	171	1.43 (1.22-1.66)	1.06 (1.01-1.12)	0.030	170	1.06 (1.00-1.12)	0.052	
Congenital Anomalies	665	5.56 (5.15-6.00)	1.17 (1.14-1.21)	<0.001	658	1.13 (1.10-1.17)	<0.001	
Chronic Medical	134	1.12 (0.94-1.33)	1.09 (1.03-1.16)	0.004	134	1.09 (1.02-1.17)	0.007	
Deliberately inflicted injury	61	0.51 (0.39-0.66)	1.13 (1.03-1.24)	0.009	61	1.11 (1.00-1.22)	0.040	
Infection	172	1.44 (1.23-1.67)	1.13 (1.07-1.19)	<0.001	172	1.11 (1.05-1.18)	<0.001	
Malignancy	210	1.76 (1.53-2.01)	1.00 (0.95-1.04)	0.868	210	1.00 (0.95-1.05)	0.979	
Perinatal	845	7.06 (6.60-7.56)	1.11 (1.09-1.14)	<0.001	836	1.07 (1.04-1.10)	<0.001	
SUDIC	212	1.77 (1.54-2.03)	1.13 (1.08-1.19)	<0.001	211	1.10 (1.05-1.16)	<0.001	
Suicide or deliberate self-inflicted harm	102	0.85 (0.70-1.04)	1.01 (0.94-1.08)	0.831	102	1.03 (0.96-1.10)	0.475	
Trauma and other external factors	116	0.97 (0.80-1.16)	1.06 (0.99-1.13)	0.075	116	1.05 (0.98-1.12)	0.174	
Interactions			RR 95% CI	p	Pinteraction	RR 95% CI	p	Pinteraction
Sex					0.227			0.196
Female	1165	19.98 (18.85-21.16)	1.11 (1.09-1.13)	<0.001	1165	1.07 (1.05-1.09)	<0.001	
Male	1505	24.55 (23.33-25.83)	1.10 (1.08-1.11)	<0.001	1505	1.09 (1.07-1.11)	<0.001	
Age					0.003			<0.001
<1 year	1675	261.81 (249.42-274.66)	1.11 (1.09-1.13)	<0.001	1659	1.10 (1.08-1.12)	<0.001	
1-4 Years	322	11.88 (10.62-13.25)	1.10 (1.06-1.14)	<0.001	321	1.09 (1.05-1.13)	<0.001	
5-9 Years	211	5.99 (5.21-6.85)	1.00 (0.96-1.05)	0.956	210	0.99 (0.95-1.04)	0.785	
10-14 Years	227	6.93 (6.06-7.89)	1.07 (1.03-1.12)	0.002	227	1.07 (1.02-1.11)	0.006	
15-17 Years	253	13.97 (12.30-15.80)	1.06 (1.01-1.10)	0.011	253	1.05 (1.01-1.09)	0.028	
Area					0.616			0.463
Urban	2360	23.30 (22.37-24.26)	1.10 (1.09-1.12)	<0.001	2342	1.08 (1.06-1.10)	<0.001	
Rural	328	17.89 (16.00-19.93)	1.12 (1.07-1.17)	<0.001	328	1.10 (1.05-1.16)	<0.001	
Region					0.074			0.165
East Midlands	214	21.47 (18.69-24.54)	1.07 (1.02-1.12)	0.004	214	1.06 (1.01-1.11)	0.023	
East of England	221	16.54 (14.43-18.87)	1.07 (1.02-1.13)	0.005	220	1.06 (1.01-1.11)	0.030	
London	473	23.38 (21.32-25.59)	1.06 (1.02-1.10)	0.003	464	1.06 (1.01-1.10)	0.007	
North East	109	20.56 (16.88-24.80)	1.06 (0.99-1.13)	0.098	109	1.04 (0.97-1.12)	0.233	
North West	362	23.29 (20.95-25.95)	1.10 (1.06-1.14)	<0.001	360	1.08 (1.04-1.12)	<0.001	
South East	336	17.16 (15.37-19.09)	1.11 (1.07-1.15)	<0.001	336	1.09 (1.05-1.14)	<0.001	
South West	232	21.03 (18.41-23.92)	1.10 (1.05-1.16)	<0.001	232	1.09 (1.03-1.14)	0.001	
West Midlands	400	30.93 (27.98-34.12)	1.16 (1.11-1.20)	<0.001	395	1.14 (1.09-1.19)	<0.001	
Yorkshire and the Humber	341	29.24 (26.22-32.51)	1.10 (1.06-1.14)	<0.001	340	1.09 (1.05-1.13)	<0.001	

N.B. In this work an increase in the deprivation decile indicates a higher level of local deprivation  
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\* Adjusted for age, sex, region and rural/urban area

There was strong evidence that the association between number of deaths and the deprivation index was modified by age (fully adjusted;  $p_{\text{interaction}} < 0.001$ ), but not sex (fully adjusted;  $p_{\text{interaction}} = 0.196$ ) or rural/urban status (fully adjusted;  $p_{\text{interaction}} = 0.463$ ). In the unadjusted model there was some weak evidence that the relationship may be modified by the region of England ( $p_{\text{interaction}} = 0.0743$ ) and population density ( $p_{\text{interaction}} = 0.022$ ) although both measures weakened in the adjusted model further (Region;  $p_{\text{interaction}} = 0.165$ , Population Density;  $p_{\text{interaction}} = 0.281$ ).

In the final, adjusted, regression model, estimating the risk of death (adjusted for age, sex and rural/urban area), comparing the risk of death in the most deprived five deciles with the least deprived five deciles, gave compatible results to those from the main analysis (RR 1.47 (95% CI 1.35-1.60),  $p < 0.001$ ), and a population attributable risk fraction of 21.2% (95% CI 16.7%-25.4%).

The absolute number of deaths where modifiable factors were identified increased as measures of deprivation increased (Figure 1), with additional strong evidence that the proportion of deaths with modifiable contributory factors identified at the CDOP review increased with increasing measures of deprivation; with 24.2% of deaths in the least deprived, compared with 35.1% of deaths in the most ( $p_{\text{trend}} < 0.001$ ) (Table 4).

**Table 4. The number of deaths, in each deprivation decile with identified modifiable factors; and the relative risk of death for each increasing deprivation decile with, or without them; split by category of death.**

Category of Death	Percentage of deaths with modifiable factors						Relative risk of death for increasing deprivation decile*		
	All deciles	Split by Deprivation Decile					$P_{\text{trend}}$	Death without Modifiable Factors	Deaths with Modifiable Factors
	1/2 N (%) (Least Deprived)	3/4 N (%)	5/6 N (%)	7/8 N (%)	9/10 N (%) (Most Deprived)				
<b>All Deaths</b>	842 (31.3%)	71 (24.2%)	114 (29.8%)	125 (26.3%)	219 (34.0%)	313 (35.1%)	<0.001	1.07 (1.05-1.08)	1.12 (1.09-1.15)
<b>Split by type of Modifiable Factors</b>									
<b>Characteristics of the child</b>									
<b>Physical Environment</b>	70 (2.6%)	9 (3.1%)	14 (3.7%)	6 (1.3%)	15 (2.3%)	26 (2.9%)	0.797	1.08 (1.07-1.10)	1.10 (1.01-1.21)
<b>Service Provision</b>	185 (6.9%)	18 (6.1%)	30 (7.8%)	29 (6.1%)	41 (6.4%)	67 (7.5%)	0.764	1.08 (1.07-1.10)	1.08 (1.02-1.14)
<b>Social Environment</b>	243 (7.9%)	26 (8.9%)	43 (11.2%)	47 (9.9%)	57 (8.9%)	70 (7.9%)	0.131	1.08 (1.07-1.10)	1.07 (1.02-1.12)
	416 (15.5%)	29 (9.9%)	46 (12.0%)	51 (10.7%)	106 (16.5%)	184 (20.6%)	<0.001	1.07 (1.05-1.09)	1.15 (1.11-1.20)
<b>Split by Category of Death</b>									
<b>Acute Medical and Surgical</b>	42 (24.6%)	5 (22.7%)	8 (26.7%)	7 (25.0%)	9 (20.0%)	13 (29.0%)	0.815	1.05 (0.98-1.12)	1.10 (0.98-1.24)
<b>Congenital Anomalies</b>	99 (14.9%)	5 (8.3%)	6 (8.5%)	11 (9.4%)	27 (18.4%)	50 (18.5%)	0.001	1.11 (1.07-1.15)	1.27 (1.16-1.40)
<b>Chronic Medical</b>	21 (15.7%)	1 (6.7%)	2 (12.5%)	6 (20.0%)	4 (12.9%)	8 (19.1%)	0.597	1.09 (1.01-1.17)	1.14 (0.96-1.35)
<b>Deliberately inflicted injury</b>	43 (70.5%)	4 (50.0%)	7 (87.5%)	6 (75.0%)	12 (75.0%)	14 (66.7%)	0.911	1.08 (0.90-1.29)	1.12 (0.99-1.26)
<b>Infection</b>	61 (35.5%)	6 (26.1%)	1 (6.7%)	13 (52.0%)	20 (37.0%)	21 (38.2%)	0.126	1.07 (1.00-1.15)	1.20 (1.07-1.33)
<b>Malignancy</b>	11 (5.2%)	0 (0.0%)	1 (2.4%)	5 (11.9%)	2 (5.6%)	3 (5.7%)	0.181	0.99 (0.94-1.05)	1.15 (0.91-1.46)
<b>Perinatal</b>	270 (32.0%)	18 (24.3%)	39 (30.5%)	34 (22.4%)	83 (37.2%)	96 (35.8%)	0.015	1.06 (1.03-1.10)	1.09 (1.04-1.14)
<b>SUDIC</b>	157 (75.1%)	9 (52.9%)	23 (76.7%)	28 (63.6%)	38 (79.2%)	59 (80.8%)	0.045	1.02 (0.92-1.12)	1.14 (1.07-1.21)
<b>Suicide</b>	59 (57.8%)	12 (63.2%)	9 (45.0%)	8 (47.1%)	9 (50.0%)	21 (75.0%)	0.317	1.01 (0.90-1.12)	1.04 (0.95-1.14)
<b>Trauma</b>	79 (68.1%)	11 (64.7%)	18 (75.0%)	7 (53.9%)	15 (60.0%)	28 (75.7%)	0.743	1.00 (0.89-1.12)	1.07 (0.99-1.17)

N.B. In this work an increase in the deprivation decile indicates a higher level of local deprivation

\* Adjusted for age, sex, region and rural/urban area

Children who died with modifiable factors showed a stronger gradient with increasing deprivation (RR 1.12 (1.09-1.15)) compared to those who died without (RR 1.07 (1.05-1.08)). Individually, only those modifiable factors relating to social environment appeared to show this gradient ( $p_{\text{trend}} < 0.001$ ), with less evidence (but small numbers) for those factors around the child, services, or their physical environment. When stratifying by the category of death there was evidence that modifiable factors were more commonly identified in deaths in areas of greater deprivation for congenital anomalies ( $p_{\text{trend}} = 0.001$ ), perinatal ( $p_{\text{trend}} = 0.045$ ) and SUDIC ( $p_{\text{trend}} = 0.045$ ) deaths; with corresponding greater relative risks with deprivation compared to deaths without modifiable factors identified (e.g. Relative risk of death from a congenital abnormality with increasing deprivation was 1.11 (95% CI 1.07-1.15) for deaths without modifiable factors, and 1.27 (95% CI 1.16-1.40) for those with).

When analysing the associations between the risk of childhood death and the deprivation sub-domains (Appendix 1), many of the components of the IMD appeared to be closely correlated, with Income and Employment the highest correlation of 0.939 (Appendix 2). The sub-domains selected by the adaptive model, as the strongest associations with childhood deaths (and each categories of death), are shown in Table 5.

**Table 5. Sub-domain measures identified as strongest associations with childhood death**

IMD Sub-decile	Category of Death										
	All Deaths	Acute Medical and Surgical	Congenital Anomalies	Chronic Medical	Deliberately Inflicted Injury	Infection	Malignancy	Perinatal	SUDIC	Suicide or deliberate self-harm	Trauma
Income											
Employment	1.04 (1.01-1.07)							1.04 (1.01-1.07)		1.12 (1.02-1.23)	
Child Education						1.11 (1.05-1.18)					
Adult Education	1.03 (1.00-1.05)		1.12 (1.08-1.16)								
Health		1.07 (1.01-1.14)		1.13 (1.05-1.21)							
Crime	0.97 (0.95-0.99)		0.95 (0.91-0.99)							0.90 (0.82-0.99)	
Geographic Barriers											
Wider Barriers	1.06 (1.03-1.08)		1.07 (1.02-1.12)					1.06 (1.02-1.11)			
Outdoor Living Environment			1.04 (1.01-1.07)								
Indoor Living Environment	1.03 (1.01-1.05)		1.05 (1.01-1.09)								

\* Adjusted for age, sex, region and rural/urban area

Red boxes show measures where increase in deprivation measures are associated with high risks of death

Green boxes show measures where increase in deprivation measures are associated with lower risks of death

Measures of deprivation in the domains of Employment, Adult Education, Wider barriers (includes issues relating to housing such as affordability and homelessness) and Indoor Living Environments were identified as most correlated with all-cause mortality. Crime also appeared correlated, but in the opposite direction to the others (i.e. increasing measures of deprivation was associated with lower mortality). There was no clear association of any sub-domain and death by malignancy or deliberately inflicted injury; while in contrast the model for perinatal deaths (the single most common category of death) identified measures of Employment and Wider Barriers as possible predictors. Due to the unexpected association between measures of Crime and reductions in risk of death in the adaptive models, a post-hoc analysis was performed to assess the association between this measure and overall mortality. In this model (without the other sub-domain measures of deprivation), increases in measures of deprivation related to crime were associated with increased child mortality (RR 1.06 (95% CI 1.03-1.09),  $p < 0.001$ ).

1 Repeating the main analysis but using the Income Deprivation Affecting Children Index (IDACI), a metric for the  
2 proportion of all children (aged 0 to 15) living in income deprived families, gave similar results to the main analysis  
3 (unadjusted RR 1.10 (95% CI 1.09-1.12),  $p < 0.001$ ); fully adjusted RR 1.08 (95% CI 1.06-1.09),  $p < 0.001$ ).  
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## 6 **DISCUSSION**

### 7 **Key Findings**

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10 Over a fifth of all child deaths may be avoided if the most deprived half of the population had the same mortality as the  
11 least deprived, alongside pervasive evidence of a clear gradient of increasing childhood mortality across England as  
12 measures of deprivation increase; with a striking finding that this varied little by area, age or other demographic  
13 factors. While we acknowledge this gradient is not new[9], the magnitude of the associations is sobering and this  
14 study adds detail around the social patterning of potentially modifiable factors. The proportion of modifiable factors  
15 increased with increasing deprivation; and this appeared to be restricted to social factors such as financial difficulties,  
16 homelessness or poor maternal nutrition. In this detailed analysis an association was seen in most of the categories of  
17 death (including the largest category, perinatal); with only causation of death by malignancies, suicide or deliberate  
18 self-inflicted harm, and trauma not having clear evidence of an association. .  
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### 25 **Strengths and Limitations**

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27 Chance and statistical power are always potential limitations in any statistical analysis, although results in this work  
28 were relatively precise. NCMD data is likely to have captured the vast majority of deaths, as child death notifications in  
29 England to the NCMD are a statutory requirement, and comparisons with ONS child mortality data for 0-15 year olds  
30 in England in 2020, show that there were 1% more deaths reported in NCMD.[18] However, we acknowledge that  
31 some deaths may not have been reported. In addition, postcode data may not have been the child's only residence;  
32 so other influences, unmeasured in this work, may have also impacted on their outcome. However this seems unlikely  
33 to have introduced significant bias, and the population nature of the index may be more likely to reduce any direct  
34 effect of inequalities than introduce a false association at the individual level. It is important to note that measures of  
35 deprivation are derived from neighbourhood measures, and even if directly relevant to the child, assumptions of  
36 causality are complex. In contrast, the relative increase in reported modifiable factors, as the index of deprivation  
37 increases does suggest that some of the excess mortality estimated here maybe avoidable. This work is novel, with  
38 the ability to report and review an individual/record level cohort of childhood mortality, alongside the detailed  
39 information obtained at the multi-agency review of every death.  
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### 47 **Results in Context**

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49 The population attributable risk (of 20%) identified here is crude, but a worrying estimate of the impact of deprivation in  
50 child mortality in England; and would equate to over 700 excess deaths a year in England. It highlights the importance  
51 of future work to identify the causal pathways involved and to develop interventions that effectively address the causes  
52 and improve survival. While some areas appear relatively unrelated to deprivation (e.g. malignancy) most of these  
53 represent relatively uncommon categories of death. Perinatal events, which was the most prevalent, were strongly  
54 associated with deprivation and modifiable factors. We did identify some levels of variation of this association across  
55 some measures available to us, but overall the increasing risk with deprivation and child mortality was seen across the  
56 whole of England, in all age groups, and communities. Children under 1 living in areas of greater deprivation did  
57 appear to have the highest risk of death and this needs further analysis and exploration of potential causal  
58 mechanisms but may be due to different disease processes affecting children at different ages, or the differential  
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1 impact of deprivation at critical periods of the children's lives. This finding is consistent with the findings from the  
2 national perinatal mortality surveillance data, which reported that women living in the most deprived areas are at an  
3 80% higher risk of stillbirth and neonatal death compared to women living in the least deprived areas.[19] Given that  
4 death caused by perinatal events also represents the biggest number of childhood deaths in England,[20] these  
5 findings provide further evidence for the importance of prioritising interventions around pregnancy and the start of life  
6 when parents are especially open to support, and targeting families at higher risk.[1] The Marmot review and  
7 subsequent reviews recommend that equity be placed at the heart of national decisions about education policy and  
8 funding.[1] This study provides further evidence for continued investment in current policies such as the National  
9 Healthy Child Programme which are based in the concept of proportionate universalism and designed to address  
10 health inequalities for children aged 0-19.[21]

11 Like the wider association with all deaths, the mechanisms are likely to be highly complex, and a combination of the  
12 intergenerational impact of poverty on family health and lifestyle choices such as maternal diet and family nutrition,[22]  
13 parental smoking,[23] as well as the environmental impacts of deprivation, such as housing quality, road traffic  
14 pollution, and access to health and social care services which create intersectional disadvantage. Further evaluation  
15 of community level interventions is needed, for example there is evidence that programmes such as Sure Start  
16 reduced the likelihood of hospitalisation among children of primary school age with greater impact on children living in  
17 the most deprived areas.[24]

## 28 **Wider Implications**

29 Reviewing the components which make up the deprivation index, it should be noted that many of the measures  
30 remain very inter-dependent (e.g. income and education) and interpretation should be cautious. Despite universal  
31 healthcare, employment was a key association for several of the cause of death categories, and access to care is  
32 likely to be an important mediating factor that is amenable to change.[25] A strong association between child mortality  
33 and income inequality has been reported amongst the wealthier OECD countries[26] and the UK has among the  
34 highest levels of income inequality in Europe.[27] The highest reported measure of income inequality in the UK over  
35 the last decade was in the period April 2019 to March 2020[28] and impacts from the COVID pandemic are likely to  
36 have worsened this trend. It is notable that Employment, Adult Education, Wider barriers and Indoor Living  
37 Environments appear important predictors of child mortality suggesting that adult employment and education  
38 opportunities, and access and improvements to housing, may be the most efficient place to target resources in order  
39 to reduce these inequalities. This triangulates with qualitative work which identified the lack of cleanliness, unsuitable  
40 accommodation (e.g. overcrowding or damp/mould) and financial issues being commonly reported modifiable factors  
41 after a child dies.[12] Some component of reverse causality is possible, with households moving to more deprived  
42 areas due to family impact of childhood ill health and disability; although children with chronic health conditions may  
43 find accessing services or housing/financial support more difficult than others. [12] The unexpected association, in the  
44 multivariable model, was that of an inverse relationship (compared to the other data) with measures of crime. While it  
45 should be noted that before adjusting for other, correlated, measures of deprivation, increasing measures of crime  
46 remained associated with increased risk of childhood death; the finding is interesting, and some component measured  
47 in the crime metric provides additional and novel information in this area.

48 Currently the child death review data collection form contains a free text area where social deprivation related factors  
49 are noted if considered relevant by the CDOP review panel. The form does not include specific and prompting  
50 questions for possible factors relating to social deprivation, and improvements in collecting these data in a  
51 standardised format would assist in more detailed analysis of future deaths; and comparisons with control population  
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1 would be vital in placing future work in context. Any future analyses should explore the information collected about the  
2 circumstances of death and modifiable factors in greater detail while analyses following on from this will also need to  
3 interpret the results in the context of the economic and social impact of the COVID-19 pandemic.  
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## 7 **Conclusion**

8 There is evidence of a clear gradient of increasing child mortality across England as measures of deprivation increase;  
9 with a striking finding that this varied little by area, age or other demographic factor. Over a fifth of all child deaths may  
10 be avoided if the most deprived half of the population had the same mortality as the least deprived. Children dying in  
11 more deprived areas may have a greater proportion of avoidable deaths, while adult employment and education  
12 opportunities, and access and improvements to housing, may be the most efficient place to target resources in order  
13 to reduce these inequalities.  
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## Ethics approval and consent to participate

The NCMD legal basis to collect confidential and personal level data under the Common Law Duty of Confidentiality has been established through the Children Act 2004 Sections M - N, Working Together to Safeguard Children 2018 ([https://consult.education.gov.uk/child-protection-safeguarding-and-family-law/working-together-to-safeguard-children-revisions-t/supporting\\_documents/Working%20Together%20to%20Safeguard%20Children.pdf](https://consult.education.gov.uk/child-protection-safeguarding-and-family-law/working-together-to-safeguard-children-revisions-t/supporting_documents/Working%20Together%20to%20Safeguard%20Children.pdf)) and associated Child Death Review Statutory & Operational Guidance ([https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/859302/child-death-review-statutory-and-operational-guidance-england.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/859302/child-death-review-statutory-and-operational-guidance-england.pdf)).

The NCMD legal basis to collect personal data under the General Data Protection Regulation (GDPR) without consent is defined by GDPR Article 6 (e) Public task and 9 (h) Health or social care (with a basis in law).

## Authors Contributions

David O: I declare that I participated in the study concept and design, contributed to acquisition, analysis and interpretation of data, drafting and review of the manuscript and that I have seen and approved the final version.

SS: I declare that I participated in the study design, contributed to data acquisition, linkage, analysis and interpretation of analysis, drafting and review of the manuscript; and that I have seen and approved the final version.

TW: I declare that I participated in the study design, contributed to data acquisition, linkage, analysis and interpretation of data analyses, reviewing the manuscript; and that I have seen and approved the final version.

Dawn O: I declare that I contributed to study design, interpretation of data analysis, reviewing the manuscript; and that I have seen and approved the final version.

JK: I declare that I contributed to study design, interpretation of data analysis, reviewing the manuscript; and that I have seen and approved the final version.

IW: I declare that I contributed to study design, interpretation of data analysis, reviewing the manuscript; and that I have seen and approved the final version.

KL: I declare that I obtained funding for this work, participated in the study concept and design, contributed to data acquisition and interpretation of data, drafting and reviewing the manuscript; and that I have seen and approved the final version.

## Competing Interests

David O: I have no conflicts of interest.

SS: I have no conflicts of interest.

TW: I have no conflicts of interest.

Dawn O: I have no conflicts of interest.



1 JK: I have no conflicts of interest.

2 IW: I have no conflicts of interest.

3 KL: I have no conflicts of interest.

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9  
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14 develop the National Clinical Audit and Patient Outcomes Programme (NCAPOP), comprising around 40 projects  
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18 NCMD to enable rapid set up of the real-time surveillance system and staff time to support its function but had no  
19 input into the data analysis or interpretation.  
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## 25 **Availability of data**

26 Aggregate data may be available on request to the corresponding author, and subject to approval by HQIP.  
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**Figure 1. Number of deaths with modifiable factors identified at review, split by measure of local deprivation**

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Figure 1. Number of Deaths with Modifiable Factors identified at review, split by measure of local deprivation.

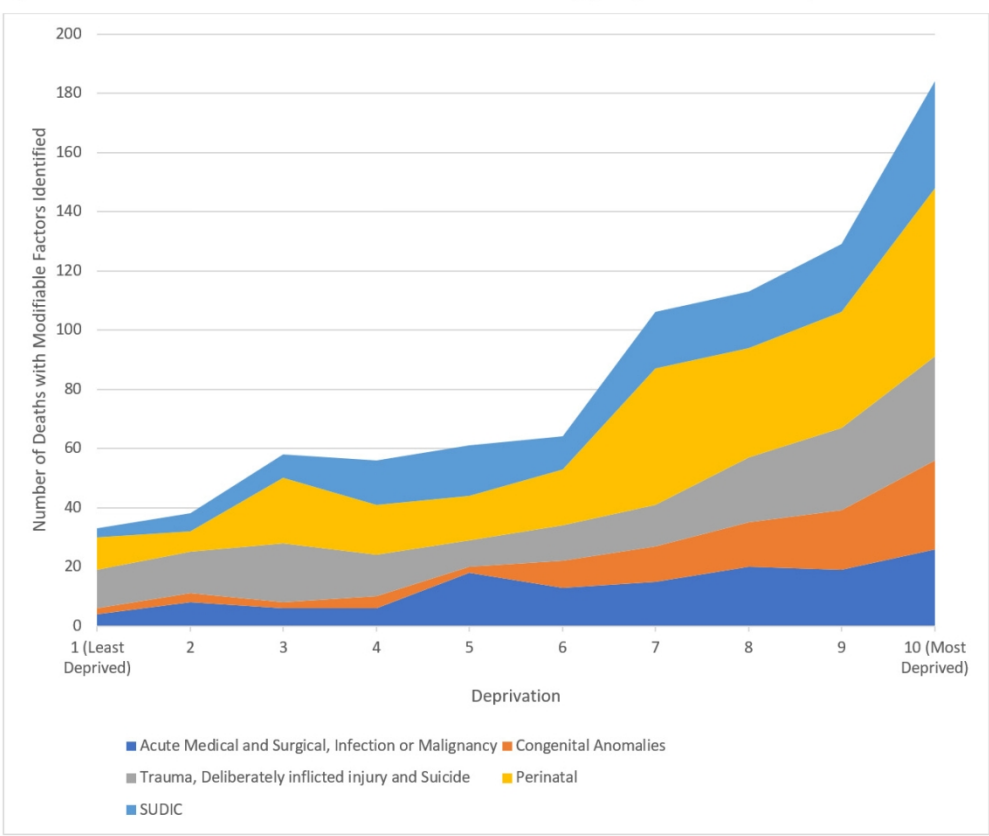


Figure 1. Number of deaths with modifiable factors identified at review, split by measure of local deprivation

468x407mm (72 x 72 DPI)

## Appendix 1. Sub-domains of deprivation (Weight for the overall IMD in brackets).

### Income Deprivation (22.5%)

The Income Deprivation Domain measures the proportion of the population in an area experiencing deprivation relating to low income.

### Employment Deprivation (22.5%)

The Employment Deprivation Domain measures the proportion of the working-age population in an area involuntarily excluded from the labour market; this includes people who are unable to work due to unemployment, sickness or disability, or caring responsibilities.

### Education, Skills and Training Deprivation (13.5%)

The Education, Skills and Training Domain measures the lack of attainment and skills in the local population. The indicators fall into two sub-domains: one relating to children and young people and one relating to adult skills. The Children and Young People Sub-domain measures the attainment of qualifications and associated measures, while the Adult Skills Sub-domain measures the lack of qualifications in the resident working-age adult population.

### Health Deprivation and Disability (13.5%)

The Health Deprivation and Disability Domain measures the risk of premature death and the impairment of quality of life through poor physical or mental health. The domain measures morbidity, disability and premature mortality but not aspects of behaviour or environment that may be predictive of future health deprivation.

### Crime (9.3%)

The Crime Domain measures the risk of personal and material victimisation at local level.

### Barriers to Housing and Services (9.3%)

The Barriers to Housing and Services Domain measures the physical and financial accessibility of housing and local services. The indicators fall into two sub-domains: the Geographical Barriers Sub-domain, which relates to the physical proximity of local services, and the Wider Barriers Sub-domain which includes issues relating to access to housing such as affordability.

### Living Environment Deprivation (9.3%)

The Living Environment Deprivation Domain measures the quality of the local environment. The indicators fall into two sub-domains. The Indoors Sub-domain measures the quality of housing; while the Outdoors Sub-domain contains measures of air quality and road traffic accidents.

1 **Appendix 2. Weights of each sub-decile domain towards the total score, and correlations between domains.**

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	Income	Employment	Health	Crime	Child Education	Adult Education	Geographic Barriers	Wider Barriers	Indoor Living Environment	Outdoor Living Environment
Income	1.000									
Employment	0.938	1.000								
Health	0.800	0.849	1.000							
Crime	0.652	0.607	0.591	1.000						
Child Education	0.733	0.723	0.659	0.456	1.000					
Adult Education	0.784	0.799	0.701	0.499	0.769	1.00				
Geographic Barriers	-0.443	-0.380	-0.367	-0.464	-0.228	-0.251	1.000			
Wider Barriers	0.539	0.393	0.273	0.512	0.295	0.298	-0.487	1.00		
Indoor Living Environment	0.173	0.137	0.168	0.187	0.124	0.047	-0.191	0.133	1.00	
Outdoor Living Environment	0.257	0.153	0.131	0.447	0.009	0.083	-0.410	0.575	0.150	1.00

17 Off-diagonal measures are correlation between sub-deciles of the IMD.

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STROBE Statement—Checklist of items that should be included in reports of *cohort studies*

	Item No	Recommendation	Page No
<b>Title and abstract</b>	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found	1 3
<b>Introduction</b>			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	4
Objectives	3	State specific objectives, including any prespecified hypotheses	4
<b>Methods</b>			
Study design	4	Present key elements of study design early in the paper	5
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	5
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up (b) For matched studies, give matching criteria and number of exposed and unexposed	5-6
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	5-6
Data sources/measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	5-6
Bias	9	Describe any efforts to address potential sources of bias	5
Study size	10	Explain how the study size was arrived at	5
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	5
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding (b) Describe any methods used to examine subgroups and interactions (c) Explain how missing data were addressed (d) If applicable, explain how loss to follow-up was addressed (e) Describe any sensitivity analyses	5-6 5-6 5 5 6
<b>Results</b>			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (b) Give reasons for non-participation at each stage (c) Consider use of a flow diagram	6 - -
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders (b) Indicate number of participants with missing data for each variable of interest (c) Summarise follow-up time (eg, average and total amount)	Table 1 Table 1 -
Outcome data	15*	Report numbers of outcome events or summary measures over time	6



1	Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	7
2			(b) Report category boundaries when continuous variables were categorized	-
3			(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	-
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9	Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	7-8
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11	<b>Discussion</b>			
12				
13	Key results	18	Summarise key results with reference to study objectives	8
14	Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	8-9
15				
16				
17	Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	9-10
18				
19	Generalisability	21	Discuss the generalisability (external validity) of the study results	9-10
20				
21	<b>Other information</b>			
22	Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	12
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26 \*Give information separately for exposed and unexposed groups.

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28 **Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and  
29 published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely  
30 available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at  
31 <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is  
32 available at <http://www.strobe-statement.org>.  
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