

Informed consent form: Mothers

You are being invited to participate in a research study titled 'Singing for maternal low mood'. This study is being run by the World Health Organization Regional Office for Europe, University College London, and Regional Udvikling, Region Midtjylland.

The purpose of this study is to test the feasibility of the introduction of arts and health interventions in different cultural and linguistic contexts.

If you agree to participate in the study you will be asked to complete some evaluation materials, and attend a weekly class for 10 weeks. Each class will last one hour. There will be option to take part in focus groups to review the intervention after it has taken place. The focus group will take 1-2 hours if you choose to take part. You are also invited to keep a journal of reflections about the intervention.

Consent

I would like to ask for your consent to some specific points. Please indicate if you agree with the following points:

	Please tick
You confirm that you I have read and understood the participant information sheet	
Your participation is completely voluntary	
All your answers will be used for scientific research purposes to investigate the ease of rolling out arts and health interventions in different cultural contexts and potential policy changes that results from this research	
Your answers will be stored securely; however, personal information will be anonymized (surveys) or pseudonymized (focus groups and interviews)	
Your answers gathered in this study will be shared anonymously with relevant researchers and agencies	
You agree to the inclusion of your answers in the analysis in accordance with the information provided here.	
You are aware that the analysis, and possibly some of your answers, will be published in anonymous form.	

If you would like more information about the inclusion of your answers in the analysis and publication, I am happy to provide you with this information.

Please contact me when research results are released

Signature:

Date: