

Introduction

Information about the research project.

Overall aim, length, and structure of the interview.

Ethical aspects: confidential processing and presentation of data, opportunity to end participation, informed consent etc.

Introductory question: Describe your job and your role in the work with overweight adolescents.

Interview themes:

I. Bariatric surgery and behavior change

Please reflect upon your experiences of clinical practice or research work within bariatric surgery. What aspects are important to highlight and discuss from your point of view?

Describe your view of what currently does and doesn't work when working with overweight adolescents. What is needed in order to improve the long-term results of the operation?

Please describe your thoughts and experiences regarding surgery and behavior change.

I. Obesity, health, and lifestyle

Please describe your perception of how your patients/study participants feel and your thoughts regarding their health and life situation.

Tell me about your patients' opportunities and barriers in terms of making lifestyle changes in relation to their situation.

Please reflect about the opportunities and driving forces that you feel your patients have for undergoing bariatric surgery and behaviour changes?

II. Support through digital solutions

Which aspects do you believe would be useful to include in an mHealth intervention to promote healthy lifestyle habits among your patients? Please share your thoughts about how the structure and content regarding the intervention could be designed.

Explain if, and in what way you think you would benefit from getting support from an app before and after the operation. Consider the advantages and disadvantages of an app compared with other methods (such as meeting a professional).

III. Other

Is there anything else you would like to add that we haven't talked about?