APPENDIX 1: INTERVIEW GUIDE

Interview guide for exploring the needs and expectations of women suffering from recurrent cystitis

Recurrent cystitis is a frequent complaint among women, its management is highly variable and needs to be improved. Our interview aims to better understand the needs and expectations of these women to develop an information leaflet intended to provide them with accurate explanations of the causes of these recurring infections and the means of addressing them.

Thank you for participating. Questions are deliberately « open » so that your personal experience can be recorded as completely as possible in view of improving this information leaflet. Your answers will be recorded and later analysed anonymously of course.

Question 1
Tell me about your latest episode of cystitis

Question 2
How long have you been suffering from recurring cystitis? In what way does the problem affect your daily life? What bothers you most?

Question 3
How do you explain your episodes of cystitis?

Question 4
What do you do to prevent or treat an episode of cystitis?

Question 5
What information have you been given by your physician(s) and how?

Question 6
What information have you obtained from other sources? What other information would you wish to have, and how would you wish to have it?

Question 7
What do you think about the way your recurrent cystitis is managed? How would you like it to be managed?

Quantitative questionnaire

Age

Educational level:

Social/professional category: Farmers / Agricultural employees / Industrial and commercial employers / Professionals and senior managers / Middle management / Employees / Workers / Service personnel / Others

Area of residence: Urban / semi-rural / rural

Age at initial episodes of cystitis:
Physician consulted for recurring cystitis:
General practitioner / gynaecologist / urologist / infectious disease specialist/ other

Past medical history:
Gynaecological:
Urological:
Digestive system:
Immunosuppression, smoking:

Family history of recurring cystitis:

Other:

Would you be willing to read the information leaflet developed on the basis of all the comments collected during this survey; and eventually share your opinion with us during a brief telephone interview?