**Supplementary Material 3 – Selection Process**

1. **Identification**
   - Records identified through database searching
     \( (n = \quad) \)
   - Additional records identified through other sources
     \( (n = \quad) \)

2. **Records after duplicates removed**
   \( (n = \quad) \)

3. **Screening**
   - Records screened
     \( (n = \quad) \)
   - Records excluded
     \( (n = \quad) \)

4. **Eligibility**
   - Full-text articles assessed for eligibility
     \( (n = \quad) \)
   - Full-text articles excluded, with reasons
     \( (n = \quad) \)

5. **Included**
   - Studies included
     \( (n = \quad) \)